

Sex Addiction Facilities

Treating Alcoholism Robert R. Perkinson 2004-08-12 Help your clients find the path to overcoming their addiction Alcoholics are one of the most difficult client groups to treat effectively. To preserve their way of life, they may lie about their problem or deny that one exists; that is the nature of this profoundly powerful disease. Yet if you can guide each of your clients through their own resistance towards the truth, not only will you be rewarded with starting them on the road to recovery, you will no doubt have saved their life as well. Achieving such a victory goes to the heart of being an addiction counselor; it is the experience of healing on a direct and tangible level. *Treating Alcoholism* provides a complete road map for assessing, diagnosing, and treating this multifaceted and tenacious illness. Detailed clinical information on the disease accompanies ready-to-use tools for practice. With a special emphasis on the 12 Steps of Alcoholics Anonymous, the author walks you through the first five steps of this established methodology in comprehensive detail, showing how to easily apply each one to treatment. Other useful resources in *Treating Alcoholism* include: * A sample treatment plan * Copies of alcohol screening tests (SMAST and CAGE questionnaires) * Tests for other potentially related problems such as gambling and sexual addiction * A sample behavioral contract for use with adolescents * Listings of additional resources The treatment of alcoholism is fraught with struggles and hazards for both client and caregiver. Written in a lively tone that resonates with the author's compassion for his own clients, *Treating Alcoholism* gives you reliable, up-to-date, and practice-tested information and materials you need to successfully confront this deadly disease and start your clients on the path to recovery.

Systemic Sex Therapy Katherine M. Hertlein 2010-06-10 *Systemic Sex Therapy* serves as an introduction to the field of sex therapy

from a systems perspective. It is an excellent resource for graduate students in marriage and family therapy programs or students and professionals who want a truly fresh perspective on sex therapy. This approach moves beyond traditional behavioral approaches to incorporate individual, couple, and intergenerational factors in etiology and treatment. Unlike current books on the market that are outdated, too advanced, simplistic, unfocused, or too diffuse in content, Systemic Sex Therapy is comprehensive, concise, highly focused on treatment, user-friendly, and contains features not found in other sex therapy texts, such as a systemic/behavioral focus, clinical innovation, and a greater focus on implementation rather than competing works.

The Psychology of Human Sexuality Justin J. Lehmiller
2023-10-13 The Psychology of HUMAN SEXUALITY New edition of an authoritative guide to human sexual behavior from a biopsychosocial perspective The Psychology of Human Sexuality is a comprehensive guide to major theoretical perspectives on human sexuality and the vast diversity of sexual attitudes and behaviors around the world, with broad coverage of topics including anatomy, gender and sexual orientation, sexual behaviors, sexual difficulties and solutions, sex work and pornography. Written from a sex-positive perspective with material that is inclusive and respectful of a diverse audience, the text includes cutting edge research on the origins of sexual orientation and gender identity, as well as new treatments for sexually transmitted infections and diseases. To aid in student learning, the text is accompanied by online resources, including a test bank and instructor slides. Separate chapters deal with attraction and relationship processes. The Psychology of Human Sexuality includes information on: Sex science studies that researchers have failed to reliably replicate since the 2nd Edition was published, and the broader “replication crisis” in psychology “Graysexual” identities that fall on the spectrum between

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allosexual and asexual, and the sex recession of modern times
Recent studies that shed light on sexual behavior in cultures that
have previously been the subject of very little study Sex and
disability, and "take-home messages" to allow readers to
implement beneficial changes in their lives An important and
comprehensive text that provides readers with a better
understanding of, and appreciation for, the science of sex and
sexual diversity, The Psychology of Human Sexuality is an
essential resource for students of human sexuality in both
intermediate and advanced undergraduate courses.

Clinical Management of Sex Addiction Patrick Carnes

2013-06-17 This is the first comprehensive volume of the clinical
management of sex addiction. Collecting the work of 28 leaders in
this emerging field, the editors provide a long-needed primary
text about how to approach treatment with these challenging
patients. The book serves as an excellent introduction for
professionals new to the field as well as serving as a useful
reference tool. The contributors are literally the pioneers of one
of the last frontiers of addiction medicine and sex therapy. With a
growing awareness of sex addiction as a problem, plus the advent
of cybersex compulsion, professional clinicians are being
confronted with sexual compulsion with little clinical or academic
preparation. This is the first book distilling the experience of the
leaders in this emerging field. With a focus on special
populations, it also becomes a handy problem-solving tool.
Readable, concise, and filled with useful interventions, it is a key
text for a problem clinicians must be able to identify. It is
destined to be a classic reference.

Cruise Control Robert Weiss 2010-11-26 Robert Weiss, director of
the Sexual Recovery Institute in Santa Monica, California, avoids
political and moral arguments and instead focuses on the clinical
approach, asking the question, "Is your sexual behavior causing
problems in other areas of your life?" Cruise Control leads men to
a better understanding of the difference between sexual

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compulsion and non-addictive sexual behavior within the gay experience, and it explains what resources are available for recovery. A timely and important contribution to the body of recovery literature, Cruise Control provides understanding, empathy and encouragement to gay men seeking healthy sexual expression.

Evidence-Based Addiction Treatment Peter M. Miller

2009-07-08 Evidence-Based Addiction Treatment provides a state-of-the-art compilation of assessment and treatment practices with proven effectiveness. A substantial body of evidence is presented to provide students, academics, and clinicians with specific science-based treatments that work. The book includes contributions by well-known researchers on addiction treatment and explicit case examples. Written at a level appropriate for a variety of audiences, research studies are discussed but highly sophisticated knowledge in research methodology is not required. Treatments that work Explicit case examples Contributions by well-known researchers on addiction treatment Simple ways to evaluate treatment effectiveness

Betrayal Bond, Revised Patrick J. Carnes, PhD 2018-08-17

Some really great books just keep getting better! For seventeen years The Betrayal Bond has been the primary source for therapists and patients wrestling the effects of emotional pain and harm caused by exploitation from someone they trusted. Divorce, litigation, incest and child abuse, domestic violence, kidnapping, professional exploitation and religious abuse are all areas of trauma bonding. These are situations and relationships of incredible intensity or importance lend themselves more easily to an exploitation of trust or power. In The Betrayal Bond, Dr. Carnes presents an in-depth study of these relationships; why they form, who is most susceptible, and how they become so powerful. Dr. Carnes also gives a clear explanation of the bond that compels people to tolerate the intolerable, and for the first time, maps out the brain connection that makes being with

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hurtful people comparable to 'a drug of choice.' Most importantly, Carnes provides practical steps to identify compulsive attachment patterns and ultimately to change or end them for good. This new edition includes: New science for understanding how our brains can make a prison of bad relationships New assessments and insights based on 50,000 research participants A new section utilizing the latest findings in attachment research and narrative therapy to concretely rewrite and rescript bad experiences A redefinition of the factors contributing to addictive relationships

Ending Discrimination Against People with Mental and Substance Use Disorders National Academies of Sciences, Engineering, and Medicine 2016-09-03 Estimates indicate that as many as 1 in 4 Americans will experience a mental health problem or will misuse alcohol or drugs in their lifetimes. These disorders are among the most highly stigmatized health conditions in the United States, and they remain barriers to full participation in society in areas as basic as education, housing, and employment. Improving the lives of people with mental health and substance abuse disorders has been a priority in the United States for more than 50 years. The Community Mental Health Act of 1963 is considered a major turning point in America's efforts to improve behavioral healthcare. It ushered in an era of optimism and hope and laid the groundwork for the consumer movement and new models of recovery. The consumer movement gave voice to people with mental and substance use disorders and brought their perspectives and experience into national discussions about mental health. However over the same 50-year period, positive change in American public attitudes and beliefs about mental and substance use disorders has lagged behind these advances. Stigma is a complex social phenomenon based on a relationship between an attribute and a stereotype that assigns undesirable labels, qualities, and behaviors to a person with that attribute. Labeled individuals are then socially devalued, which leads to inequality and discrimination. This report contributes to national

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efforts to understand and change attitudes, beliefs and behaviors that can lead to stigma and discrimination. Changing stigma in a lasting way will require coordinated efforts, which are based on the best possible evidence, supported at the national level with multiyear funding, and planned and implemented by an effective coalition of representative stakeholders. Ending Discrimination Against People with Mental and Substance Use Disorders: The Evidence for Stigma Change explores stigma and discrimination faced by individuals with mental or substance use disorders and recommends effective strategies for reducing stigma and encouraging people to seek treatment and other supportive services. It offers a set of conclusions and recommendations about successful stigma change strategies and the research needed to inform and evaluate these efforts in the United States.

The Recovery Handbook: Understanding Addictions and Evidenced-Based Treatment Practices Nicholas D. Young

Addiction is rapidly becoming one of the most significant challenges to mental health today. According to the latest National Survey on Drug Use and Health (NSDUH, 2018), 19.7 million Americans, aged 12 and older, battled a substance disorder alone in 2017. Additionally, 8.5 million of those individuals also suffered from a mental health disorder, with millions more suffering from a range of other addictive disorders and associated behaviors that interfere with physical, social and emotional health. These alarming statistics highlight the crucial need for mental health providers to be kept up to date with the latest research on the full range of addiction treatment and recovery. 'The Recovery Handbook: Understanding Addictions and Evidenced-Based Treatment Practices' provides a comprehensive examination of the various forms of addiction, its physical and mental complexities, and, unlike other sources on addiction, effective evidence-based interventions that promote a healthy recovery. Particular attention is given to the nature of addiction, including environmental, genetic, and developmental

factors; with authors examining the short- and long-term effects of a variety of addictions such as drug, alcohol, gambling, food, sex, shopping, work, and video gaming to name a few. This book will serve as a valuable resource for counselors, psychologists, professors, graduate students in the helping professions, as well as families of addicts, co-workers, and those suffering from addiction themselves.

Contrary to Love Patrick J Carnes 2009-09-29 This resource identifies the stages and progression of sex addiction, including assessment, intervention, and treatment methods. This resource identifies the stages and progression of sex addiction, including assessment, intervention, and treatment methods. It also covers family structure, bonding, boundaries, and recovery topics.

Out of the Shadows Patrick J Carnes 2009-06-21 Unhooked from regular routines and healthy relationships by the coronavirus pandemic or other traumas, even our most basic human impulses and inputs can become addictive and destructive. An essential resource for those struggling with sexual addiction and compulsions, and those who love them. With the revised information and up-to-date research, Out of the Shadows is the premier work on sex addiction, written by a pioneer in its treatment. Sex is at the core of our identities. And when it becomes a compulsion, it can unravel our lives. Out of the Shadows is the premier work on this disorder, written by a pioneer in its treatment. Revised and updated to include the latest research--and to address the exploding phenomenon of cybersex addiction--this third edition identifies the danger signs, explains the dynamics, and describes the consequences of sexual addiction and dependency. With practical wisdom and spiritual clarity, it points the way out of the shadows of sexual compulsion and back into the light and fullness of life.

Combating Pornography Vinny DiGirolamo 2011-02-23 Combating Pornography: Warnings, Counsel, and Hope is a principle-centered topical guide in the Principles with Promise

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series. It catalogs more than 1,000 principles from numerous articles previously published by The Church of Jesus Christ of Latter-day Saints on the topic of pornography and other addictions. Combating Pornography is designed for doing topical research, seeking guidance, or teaching lessons on hundreds of topics related to pornographic addiction. A sample of the book is available at celestinepublishing.com. Combating Pornography was developed to serve as a vital resource for Stake Presidencies, High Councils, Bishoprics, Relief Societies, Young Men & Women, Leadership, Clinical Psychologists and Counselors, Parents, Families, Children, Educational Facilities, Addiction Recovery Programs, and any other Latter-day Saint who is addressing addiction issues.

Sexual Anorexia Patrick J Carnes 2009-08-07 A first-time examination of sexual anorexia, an extreme fear of sexual intimacy and obsessive avoidance of sex, by the acknowledged leader in the treatment of compulsive sexual behavior and recovery. A first-time examination of sexual anorexia, an extreme fear of sexual intimacy and obsessive avoidance of sex, by the acknowledged leader in the treatment of compulsive sexual behavior and recovery. Author Dr. Patrick Carnes begins by defining sexual anorexia and demonstrating how it and its parallel disorder, sexual addiction and compulsivity, often arise from a background of childhood sexual trauma, neglect, and other forms of abuse, Carnes explores the numerous dimensions of sexual health, examining key issues which must be addressed and resolved for recovery to proceed. Utilizing extensive research and elucidating case studies, Carnes develops concrete tasks and plans for restoring nurturing and sensuality, building fulfilling relationships, exploring intimacy, and creating healthy sexuality. Woven throughout the book are stories of recovery which illustrate sexual healing principles, model new behavior, and support motivation for change. Sexual Anorexia enables those suffering from this disorder to recognize that sex need not be a

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furtive enemy to be fought and defeated but, instead, a deeply sensual, passionate, fulfilling, and spiritual experience that all human beings are innately entitled to.

A Clinician's Guide to Systemic Sex Therapy Nancy

Gambescia 2015-12-07 The second edition of A Clinician's Guide to Systemic Sex Therapy has been completely revised, updated, and expanded. This volume is written for beginning psychotherapy practitioners in order to guide them through the complexities of sex therapy and help them to be more efficient in their treatment. The authors offer a unique theoretical approach to understanding and treating sexual problems from a systemic perspective, incorporating the multifaceted perspectives of the individual client, the couple, the family, and the other contextual factors. Both beginning and experienced sex/relationship therapists will broaden their perspectives with the Intersystem approach and gain information rarely seen in sex therapy texts such as: how to thoroughly assess each sexual disorder, the implementation of various treatment principles and techniques, how to incorporate homework, dealing with ethical dilemmas, understanding different expressions of sexual behavior, and addressing the impact of medical problems on sexuality. Aside from bringing the diagnostic criteria up-to-date with the DSM 5, this new edition contains a new chapter on sensate focus, an expanded section on assessment, more information about development across the lifespan, and more focus on diversity issues throughout the text.

A Gentle Path Through the 12 Steps and 12 Principles

Bundle Patrick J Carnes 2012-07-17 Two book bundle! Essential Twelve Step Recovery Guides from renown author, Patrick Carnes, Ph.D. Two book bundle! Essential Twelve Step Recovery Guides from renown author, Patrick Carnes, Ph.D. A Gentle Path through the Twelve Steps UPDATED and EXPANDED It was out of his reverence and respect for the wisdom and therapeutic value of the Twelve Steps that Carnes wrote A Gentle Path through the

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12 Steps, now a recovery classic and self-help staple for anyone looking for guidance for life's hardest challenges. Hundreds of thousands of people have found in this book a personal portal to the wisdom of the Twelve Steps. With updated and expanded concepts and a focus on the spiritual principles that lead to lifelong growth and fulfillment, Carnes' new edition invites a fresh generation of readers to the healing and rewarding experience of Twelve Step recovery.

8 Ways to Sustainable Wellbeing for Teens and Their Families

Jamison Monroe 2021 Research shows that Therapeutic Lifestyle Changes (TLCs) are enormously beneficial for adolescents' mental and physical health and well-being. The evidence-based TLCs identified in this practical and inspiring workbook-including changing one's diet, exercise, relaxation, healthy recreation, time outdoors in nature, fostering supportive relationships, spiritual practice and service to others-are profoundly effective for optimizing mental health and supporting recovery from issues such as trauma, depression, anxiety, substance use disorder and eating disorders. With teen mental health issues steadily rising over the last decade, there has never been a more important time for young people and their families to incorporate these simple yet powerful approaches into their daily lives. Dr. Sonnee Weedn, a clinical and forensic psychologist, and author of two award winning books; and Jamison Monroe, founder and Executive Chairman of Newport Healthcare, a nationwide teen and young adult mental health treatment program that has pioneered an industry-leading integrative approach, bring their collective wisdom and experience to this user-friendly guide. Teens who follow the road map they have laid out will not only experience powerful positive changes right away, but will also gain tools to support them for the rest of their lives.

Facing Internet Technology and Gaming Addiction: A Gentle Path to Beginning Recovery from Internet and Video Game Addiction

Hilarie Cash 2021-02-08 The internet,
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smartphones and technology are an integral part of everyday life. But for some users, what often starts out as a method to escape can eventually become a full-blown addiction. Users may find themselves retreating into videogames and other forms of technology to self-medicate loneliness, anxiety or depression, and find themselves isolated and missing out on important areas of life. In *Facing Internet Addiction*, some of the countries leading experts in technology addiction, adapt the groundbreaking thirty task model used by thousands of therapists worldwide, to treat technology and internet addiction. Using innovative tasks and exercises, the reader can engage in a plan designed to defeat addiction and restore lifestyle balance. This book is designed to be used as an adjunct to therapy, and also works well in conjunction with 12 step programs, or other recovery programs such as SMART recovery. Additionally, it is the first in a series, used in conjunction with recovery zone volumes 1 and 2, by Dr. Patrick Carnes.

In the Shadows of the Net Patrick J Carnes 2009-07-30 The much-anticipated second edition of the breakthrough book about recovering from online sexual addiction. As the Internet becomes a more powerful, imposing force in our lives, indeed becoming difficult to avoid, the potential for related problems also increases. This includes troubles of a sexual nature. When accessing porn no longer requires even a trip to the store, when we can view and participate in sexual activities anonymously, when younger and younger children are being exposed to sex online, when virtual interactions take over, limiting and even destroying real-time relationships, we are in crisis. Compulsive online sexual behavior is a real and growing problem. Yet the situation is not without hope. For those who are seeing signs of significant online problems in themselves or a loved one, this updated second edition of *In the Shadows of the Net* provides answers, understanding, and tools for recovery. With the latest statistics, discussion of recent technologies and devices, and new

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thinking on developing a healthy relationship with the Internet and avoiding relapse, this book offers authoritative, professional advice for achieving lasting, healthy change and healing.

Getting Real about Sex Addiction Graeme Daniels 2022-02-15

This groundbreaking, engaging clinical resource for psychotherapists, sex therapists, and related clinicians is replete with rich and empathetic case material and offers a practical, powerful argument for using psychodynamic approaches when working with sex addicts and their partners to achieve long-lasting relational results.

Stop Sex Addiction Milton S. Magness 2013-04-02 Sex addiction is a growing menace that threatens all strata of our society, destroying millions of marriages, damaging reputations, contributing to suicides and in some cases prison sentences, and wasting mind-boggling amounts of money. But there is hope. Sex addiction is treatable. Through a rigorous recovery program detailed in these pages, it is possible for sex addicts to stop all of their destructive behaviors--forever. The recovery road is long and difficult, but also very rewarding. Marriages have not only been restored, but enriched. by following the Steps described in *Stop Sex Addiction*, addicts and their partners have found the path to freedom from sex addiction. You have taken the first step by reading this summary. The wisdom in this book will lead to real hope and true freedom.

The Circle of Life K. J. Nivin 2009-12-01 *The Circle Of Life - The Process of Sexual Recovery Workbook* (Revised: July. 2011). We discuss and work through the 12 Step recovery process. This is a stand alone workbook for working the 12 Steps for Sexual Addiction. Volume 1 is the first and only workbook for *The Circle of Life* series for sex addiction. Two more volumes exist for recovery from Alcoholism and Compulsive Debting/Spending. Sex addiction is a disease of the body, mind, and spirit. You may believe differently but this is the experience of many of us who are on the road to happy destiny (recovery from sex addiction).

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Our strength is the result of being sponsored through the 12 Steps. Our hope is in recovery from this addiction by witnessing the success of those who have gone before us. The Circle Of Life workbook was developed to help with the basics of recovery. A strong emphasis is placed on obtaining and utilizing a 12 Step program sponsor. We stress attending sexual addiction support meetings and developing a support system. The intention of this workbook is to work through the 12 Steps with a sponsor to develop an understanding of a Higher Power who will keep us sober (God as we understand God - our own concept). This workbook does not address formal religion or dogma. This process of recovery, we believe through our own experience, is spiritual in nature and change through guidance of a power greater than ourselves becomes the key to recovery. The first three chapters give information on our addiction, seeking help for recovery from sex addiction, the feelings that are associated with coming into sexual sobriety, and withdrawal from active sexual compulsive behavior. Chapters four through twelve are dedicated to working the 12 Steps. It is possible to recover from sex addiction. Recovery is possible if one has the capacity to be honest - honest with themselves and honest with their recovering friends.

Thirty Days to Hope & Freedom from Sexual Addiction Milton S. Magness 2011 A concise thirty-day guide to healing from sexual addiction

Letters to a Sex Addict Wendy Conquest 2013-09-10 Sudden changes in routine, bizarre and inexplicable shifts in behavior, in the bedroom and out. Emotional distance and excuses for lack of connection. These are all telltale signs that something is very, very wrong. For a sex addict's spouse or partner, these changes and fluctuations are upsetting and crazy making, leading to thoughts that they have done something wrong, aren't good enough or that there is some other reason for the inconsistent, bewildering behavior. For many, sex or porn addiction is farthest

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from their minds or too scary to consider. Inspired by a career of working with sex addicts and their partners/spouses, Wendy Conquest's collection of letters fuses fiction and nonfiction to astounding results. Diving deeply into the psyches of those whose lives are shattered by betrayal and the resultant feelings of hurt, rage, resentment and despair, this book directly mirrors a partner's experiences from multiple perspectives. Each letter explores a different facet of the relationship dynamic, the addict's illness, and the partner's thoughts and feelings throughout all the stages of this devastating experience. This powerful book is for men and women experiencing the trauma of infidelity caused by their partner's sexual addiction and the fallout that occurs. This informative book was written for anyone needing to understand what is happening to them, that they are not alone, that there is help and that there is recovery. In addition, this book is for addicts to better understand what is happening for their partner, why healing is taking so long and what they can do to help their spouse. Therapists, ministers, counselors, pastors and doctors will be better able to relate to people whose partners are unfaithful. This book is a must read for anyone doing couples work when pornography use or affairs are present to assess how much damage has occurred for the spouse and the relationship. These insightful, gut-wrenching, yet hopeful letters create a well-rounded picture that delivers clarity, understanding and a path of healing. *Letters to a Sex Addict: The Journey Through Grief and Betrayal* will help those affected to regain sanity and clarity and peace of mind.

Prodependence Robert Weiss 2018-09-18 "Prodependence," a new psychological term created by Robert Weiss to describe healthy interdependence in the modern world, turns this around. Rather than preaching detachment and distance over continued bonding and assistance, as so many therapists, self-help books, and 12-step groups currently do, prodependence celebrates the human need for and pursuit of intimate connection, viewing this

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as a positive force for change. Simply stated, prodependence occurs when attachment relationships are mutually beneficial--with one person's strengths filling in the weak points of the other, and vice versa. And this can occur even when an addiction is present

Sex Addiction 101 Robert Weiss 2015-10-27 As technology and the internet have become more accessible, the number of affordable, easy links to pleasurable sexual content and activity has increased with it, and so too has the number of people struggling with sex, porn, and love addiction. Unfortunately, very few people possess a comprehensive understanding of this incredibly complicated disease. Sex Addiction 101 covers everything from what sexual addiction is and how it can best be treated, to how it affects various subgroups of the population, such as women, gays, and teenagers, to how sex addicts can protect themselves from the online sexual onslaught. Sex Addiction 101 is intended to enlighten the clinical population as well as actual sex addicts and their loved ones. Along with his mentor Patrick Carnes, Weiss has become the face of and driving force behind understanding and treating sexual addiction; this book should be a core title in every addiction collection.

Sex Offenders J. V. Fenner 2008 This book deals with society's responses to sex offenders. This issue is of vital interest to law enforcement professionals and society at large. This subsection of the population generates as much or more fear than virtually any other segment in the community. The chapters in this book deal with recidivism, tracking and location, impulsivity, long-term care, and reunification.

Sex Addiction 101 Robert Weiss 2016-06-21 Sex Addiction 101: The Workbook presents 24 updated and highly refined exercises designed to walk recovering sex addicts through the process of healing. Intended for use in conjunction with Rob Weiss's full-length book, Sex Addiction 101: A Basic Guide to Healing from Sex, Love, and Porn Addiction, this workbook provides tasks and

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reflective questions that will help sex addicts establish and maintain lasting sobriety.

Dying to Live K. J. Nivin 2010-02-12 Nivin shares his 12 Step program as it developed, his 12 Step philosophy, and how he integrated them into his daily life that led him to becoming a world published author. This heart felt confession is an example to all who learn that: We do not regret the past nor wish to shut the door on it. Visit our website at:

<https://sites.google.com/site/circleoflifefite/>

Out of the Doghouse Robert Weiss 2017-01-03 It's all about cheating--the biggest threat to intimacy. Typically, men are good at creating rifts in relationships but terrible at mending them, especially after they've repeatedly betrayed their partner through sexual infidelity. For the most part, cheating men are both intimacy-challenged and empathy-challenged, and, as such, they lack the skills needed to overcome the damage wrought by their infidelity. Robert Weiss has spent over twenty years in the treatment of sex and intimacy issues. He's helped both cheating men and their betrayed spouses move through the horrors of infidelity. In *Out of the Doghouse* he shares his expertise, illuminating the ways in which men can move beyond their usual feeble efforts to smooth things over. Saying "I'm sorry" and trying to "buy forgiveness" with flowers and jewelry may temporarily calm the stormy seas of infidelity. However, these actions do nothing to re-establish intimacy and trust—the key components to help the distraught woman feel better about her relationship over the long-term and get over the cheating. The simple truth is men and women are very different when it comes to intimacy and relationships. While men are able to compartmentalize things like sexual infidelity, women typically view cheating as an affront to their entire relationship. They think, "If he is lying to me about sex, he's probably lying to me about everything." For betrayed women, trust just flat-out disintegrates. And without proper guidance, men have little hope of restoring it. Weiss provides

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exactly the needed guidance in *Out of the Doghouse*, helping men move past the usual infidelity roadblocks that result from cheating in ways that will not only save a damaged relationship, but restore intimacy to make it better than ever.

Understanding and Treating Sex Addiction Paula Hall 2012
Sex addiction is on the increase - in the media as well as in the therapy room. But while more and more people seek help for their compulsive sexual behaviours, there is still confusion and debate about whether the condition even exists. *Understanding and Treating Sex Addiction* explains why an increasing number of people are inadvertently finding their lives devastated by their sexual behaviours. It explores the latest scientific understandings and research into why pornography, cyber sex, visiting sex workers, fetishes and multiple affairs can come to control some people's lives to the point that they can't stop. It explains how sex addiction is not a moral issue, as some assume, but a health issue that we as a society need to start taking seriously. Throughout the book are the revealing statistics from the UK's latest survey on sex addiction. Three hundred and fifty people who struggle with this condition have bravely and candidly shared their experience for the benefit of their fellow sufferers and those who choose to help them. This book contains support and advice for both the clinician and for those who suffer from sex addiction. As well as practical guidance and techniques for stopping compulsive behaviours and preventing relapse, there is also a thorough exploration of the deeper underlying causes and how these must be addressed.

Always Turned On Robert Weiss 2015-01-04
Technology has significantly changed our world. Sexual imagery and encounters can now be accessed anywhere, anytime, using portable electronic devices. Users can generate a stream of graphic pornography, a wide variety of virtual sexual activities, and casual, anonymous, or paid-for sexual encounters with a click or a tap. We now have greater access to highly stimulating sexual

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content and potential sexual partners with much less built-in accountability. Porn addicts are especially vulnerable to the lure of digital technology and the seemingly endless array of stimulation it provides. Research suggests that cyber-porn addicts spend at least eleven or twelve hours per week online viewing porn. Today, all forms of sex addiction are technology driven—from porn websites to webcams to casual sex hook-up apps via smartphones. Sex addicts organize their lives around the pursuit of sexual activity with self or others, spending inordinate amounts of time viewing and masturbating to porn or planning, pursuing, and engaging in sex acts. At the same time, they neglect important relationships, work, and personal responsibilities. Overwhelming feelings of guilt, shame, and remorse invade when the acting out ends. While it's complicated, recovery is possible. *Always Turned On* shows readers how to turn those temptations off while providing practical long-term solutions for recovery.

A Gentle Path through the Twelve Steps Patrick J Carnes

2012-06-01 A revised and expanded edition of the recovery classic by Patrick Carnes, Ph.D., a leading expert on addictive behaviors. A revised and expanded edition of the recovery classic by Patrick Carnes, Ph.D., a leading expert on addictive behaviors. The Twelve Steps tap into the essential human process of change and will be regarded as one of the intellectual and spiritual landmarks in human history. --Patrick Carnes It was out of his reverence and respect for the wisdom and therapeutic value of the Twelve Steps that Carnes wrote *A Gentle Path through the 12 Steps*, now a recovery classic and self-help staple for anyone looking for guidance for life's hardest challenges. Hundreds of thousands of people have found in this book a personal portal to the wisdom of the Twelve Steps. With updated and expanded concepts and a focus on the spiritual principles that lead to lifelong growth and fulfillment, Carnes' new edition invites a fresh generation of readers to the healing and rewarding experience of Twelve Step

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recovery.'A treasure chest, a rich and powerful resource for anyone working a Twelve Step program.' --Wendy Maltz, M.S.W.'This book emphasizes the common themes at the heart of all Twelve Step fellowships and offers an especially clear explanation of what `working the program' means.' --Claudia Black, Ph.D.Patrick J. Carnes, PhD, is the founder of the International Institute for Trauma and Addiction Professionals (IITAP) and Gentle Path Press. His extensive background in the field of addiction therapy led Dr. Carnes to develop multiple cutting-edge recovery programs aimed at treating addictive disorders. He serves as executive director of the Gentle Path Program, a residential treatment program for sexual addiction in Hattiesburg, Miss. With more than 30 years in the sexual addiction treatment field, Dr. Carnes continues to spread his extensive knowledge as a speaker, presenter and interview subject. His assessment tools and related materials deliver an unprecedented approach to addiction recovery for practitioners of addiction treatment and sexual addicts.

The Myth of Sex Addiction David J. Ley 2014-07-10 In this controversial book, David Ley debunks the myth of sex addiction, showing how labeling it a disorder has wrested responsibility away from philandering men and excused their bad behavior as being out of their control. He takes on those who would label it a disease and ch...

Sexualities and Irish Society Máire Leane 2014-01-13 In Ireland, recent social, cultural and political changes combined with globalisation, commercialisation and new technologies have re-shaped how we understand and think about sexuality. There is now a multiplicity of ways in which individuals can experience their sexuality, negotiate their sexual identities and advocate for sexual rights. Meanwhile, sexualities continue to be denied, problematised and subjected to regulation. The ongoing exchanges between real-life sexualities and the social contexts in which they are forged, provides the core focus of this book.

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Sexualities and Irish Society explores the construction and management of sexualities across a number of different sites, including the family, the legal and education systems, medical and therapeutic settings, and cultural and commercial arenas. Engaging with both theoretical and empirical material, the authors analyse the power relations within which sexualities are constructed, resisted and reconstructed. Written by academics, researchers, advocates and practitioners, this is the first comprehensive academic text on sexualities in Irish society. It showcases the best of recent scholarship from a range of disciplinary perspectives. Sexualities and Irish Society is a valuable resource for undergraduate and postgraduate students in social policy, social care, social work, sociology, women's studies, cultural studies, history, politics and studies of the body. It should also appeal to activists, campaigners and professional practitioners.

Circumplex Model David Olson 2014-04-23 This functional new volume introduces professionals to the Circumplex Model of Family Systems--one of the most respected and widely used approaches of its kind in family studies. Internationally known scholar/practitioners in the marriage and family therapy field demonstrate how the model can be used to assess couple and family dynamics and plan treatment interventions. They extend the use of the Circumplex Model for treating problem families using a range of clinical interventions at both the family level and broader social system level--including specific treatment populations--sex offenders, juvenile delinquents, truants, and multi-problem families. Designed as a multidisciplinary resource, this authoritative and accurate volume will assist social workers, psychologists, pastoral counselors, family therapists, and other mental health professionals who work with individuals in a family treatment context.

Clinical Management of Sex Addiction Patrick J. Carnes
2019-11-28 Clinical Management of Sex Addiction's newest

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edition updates many of the original chapters from 28 leaders in the field with new findings and treatment methods in the field of sex addiction. With a growing awareness of sex addiction as a problem, plus the advent of cybersex compulsion, professional clinicians are being confronted with sexual compulsion with little clinical or academic preparation. This is the first book distilling the experience of the leaders in this emerging field. It additionally provides new chapters on emerging areas of interest, including partner counseling, trauma and sexual addiction, and adolescent sex addiction. With a focus on special populations, the book creates a current and coherent reference for the therapist who faces quickly escalating new constellations of addictive sexual behavior. Readable, concise and filled with useful interventions, it is a key text for professionals new to the field and a classic reference for all clinicians who treat sex addiction.

Expanding Addiction: Critical Essays Robert Granfield 2014-12-09

The study of addiction is dominated by a narrow disease ideology that leads to biological reductionism. In this short volume, editors Granfield and Reinerman make clear the importance of a more balanced contextual approach to addiction by bringing to light critical perspectives that expose the historical and cultural interstices in which the disease concept of addiction is constructed and deployed. The readings selected for this anthology include both classic foundational pieces and cutting-edge contemporary works that constitute critical addiction studies. This book is a welcome addition to drugs or addiction courses in sociology, criminal justice, mental health, clinical psychology, social work, and counseling.

Sex Addiction Barry Reay 2015-08-06 The concept of sex addiction took hold in the 1980s as a product of cultural anxiety. Yet, despite being essentially mythical, sex addiction has to be taken seriously as a phenomenon. Its success as a purported malady lay with its medicalization, both as a self-help movement in terms of self-diagnosis, and as a rapidly growing industry of

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therapists treating the new disease. The media played a role in its history, first with TV, the tabloids and the case histories of claimed celebrity victims all helping to popularize the concept, and then with the impact of the Internet. This book is a critical history of an archetypically modern sexual syndrome. Reay, Attwood and Gooder argue that this strange history of social opportunism, diagnostic amorphism, therapeutic self-interest and popular cultural endorsement is marked by an essential social conservatism: sex addiction has become a convenient term to describe disapproved sex. It is a label without explanatory force. This book will be essential reading for those interested in sexuality studies, contemporary history, psychology, psychiatry, sociology, media studies and studies of the Internet. It will also be of interest to doctors and therapists currently working in this and related fields.

Sex in Recovery Jennifer Matesa 2016-09-01 Healthy sexuality within the context of recovery is rarely talked about openly, in part because the larger culture restricts the space required to name our experiences in open, honest ways. Matesa gives us that space by bringing the language of recovery to this more hidden part of our healing, allowing us to truly “practice these principles in all our affairs.” Sexuality in the context of recovery is rarely talked about openly, in part because our broader culture may inhibit us from sharing our true experiences. For some, the prospect of sober sex feels like uncharted waters—in the past, we’ve rarely had sex without first numbing ourselves with drugs and alcohol. What does it mean to have an intimate relationship in sobriety? Exploring that question deepens our recovery journey. With this groundbreaking work, Jennifer Matesa uncovers the challenges real people encounter when they start taking their clothes off—without drinking or using in order to do so. Providing readers “a meeting between the covers,” Matesa blends first-person accounts bravely shared by diverse members of the recovery community, insights from experts, and her own

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perspectives. The result is a book that creates a space for a vital, new dialogue about sexuality and intimacy. As we find a common language for this more hidden aspect of our healing, we can truly “practice these principles in all our affairs.”

Hope & Freedom for Sexual Addicts and Their Partners Milton S. Magness 2009-08 A compassionate yet concise guide to beginning recovery from sexual addiction.

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