

Shawn Johnson Gymnastics Golden Girl Gymnstars Volume 1

Kerri Strug and the Magnificent Seven (Totally True Adventures) - Kaitlin Moore 2016-05-03
Can Kerri Strug help Team USA win Olympic gold? Discover an inspiring American gymnastics story with this unforgettable Totally True Adventure. In 1996, seven gymnasts—the Magnificent Seven—are America’s best chance to win its first team gold medal. Kerri Strug is one of them. After years of training, Kerri wants to do her best for the team. But the competition is tough—and full of surprises! Can Kerri help Team USA make history? This nonfiction chapter book makes an exciting moment in Olympic history accessible for younger readers and features illustrations, photographs, a glossary, Common Core connections, and additional Story Behind the Story facts. Perfect for readers of the *I Survived* and *Who Was . . . ?* series, *Totally True Adventures* are captivating nonfiction stories with not-to-be-missed bonus content.

I Got This - Laurie Hernandez 2017-01-24
New York Times, Wall Street Journal, and USA Today Bestseller! Gold medal-winning Olympic gymnast and Dancing with the Stars champion Laurie Hernandez shares her story in her own words in this debut book for fans of all ages—with never-before-seen photos! At sixteen years old, Laurie Hernandez has already made many of her dreams come true—and yet it’s only the beginning for this highly accomplished athlete. A Latina Jersey girl, Laurie saw her life take a dramatic turn last summer when she was chosen to be a part of the 2016 US Olympic gymnastics team. After winning gold in Rio as part of the Final Five, Laurie also earned an individual silver medal for her performance on the balance beam. Nicknamed “the Human Emoji” for her wide-eyed and animated expressions, Laurie continued to dance her way into everyone’s hearts while competing on the hit reality TV show *Dancing with the Stars*, where she was the youngest-ever winner of the Mirrorball Trophy. Poignant and funny, Laurie’s

story is about growing up with the dream of becoming an Olympian and what it took to win gold. She talks about her loving family, her rigorous training, her intense sacrifices, and her amazing triumphs. Be prepared to fall in love with and be mesmerized by America’s newest sweetheart all over again.

Shawn Johnson: Gymnastics' Golden Girl - Christine Dzidrums 2016-06-10

Shawn Johnson, the young woman from Des Moines, Iowa, captivated the world at the 2008 Beijing Olympics when she snagged a gold medal on the balance beam. *Shawn Johnson: Gymnastics' Golden Girl* chronicles the life and career of one of sport's most beloved athletes.

Nastia Liukin - Christine Dzidrums 2012-03-01
Widely considered America's greatest gymnast ever, Nastia Liukin has inspired an entire generation with her brilliant technique, remarkable sportsmanship and unparalleled artistry. A children's biography, *Nastia Liukin: Ballerina of Gymnastics* traces the Olympic all-around champion's ascent from gifted child prodigy to queen of her sport.

The Flip Side - Shawn Johnson 2016-06-07
An elite teenaged gymnast with Olympic dreams finds it hard to train when an irresistible guy comes along and threatens to throw her whole world off balance.

Future Presidents Club: Girls Rock! - Christine Dzidrums 2017-05-03

Five young girls want to know why there's never been a female president. Ready to change the world, the inspired six-year-olds create a special girls-only club - the Future Presidents Club. These girls are ready to make a difference! In the second book in the Future Presidents Club series, Charlotte takes center stage. When the future President Ballerina learns that her dance recital may be canceled, she convinces her friends to put on a talent show to help her musical friends. Can the Future Presidents Club’s new singing group, The Rainbow Tutus,

help save their school's band program?

Suni Lee - Jon M. Fishman 2022-01-01

Suni Lee won the gymnastics individual all-around gold medal at the Tokyo Olympics in 2021. Learn how this US gymnast achieves her remarkable routines and explore what her life is like outside of gymnastics.

Suni Lee: Golden Trailblazer: GymnStars

Volume 12 - Christine Dzidrums 2021-11-06

Hmong American gymnast Suni Lee became the breakout star of the 2020 Tokyo Olympics. In the women's all-around event, the inspiring teenager soared through four dazzling, complex routines to capture the gold medal, becoming the first Asian American to win the event. But what was Suni's life like before she competed on sports' biggest stage? Packed with color photos, Suni Lee: Golden Trailblazer tells the stirring life story of how a humble gymnast from Minnesota overcame family tragedies, self-doubt, injuries, and a global pandemic to capture Olympic gold and win the hearts of the world.

Sutton Foster: Broadway Sweetheart, TV

Bunhead - Christine Dzidrums 2016-06-12

Musical theater fans first fell for Sutton Foster in her triumphant turn as the title character in *Thoroughly Modern Millie*. Since then the heralded triple threat performer has charmed Broadway audiences in a wide variety of memorable roles, playing a writer, a princess, a movie star, a nightclub singer and a Transylvania farm girl. Now the two-time Tony Award winner is conquering television as the lead in the critically acclaimed series *Bunheads*. A children's biography, *Sutton Foster: Broadway Sweetheart, TV Bunhead* details the role model's rise from a tiny ballerina to the toast of Broadway and Hollywood.

Heart of a Champion - Kim Washburn

2012-05-22

Story of Olympic gymnast and motivational speaker Dominique Dawes. She knew what she wanted—a gold medal in the Olympics—and she worked to make it happen, winning her first at age 19. With her personal motto, "Determination, dedication, and desire," Dominique went on to win two more Olympic gold medals in gymnastics. And today she carries her message to kids and adults as a motivational speaker with a passionate message—Never give up on your dreams!

Off Balance - Dominique Moceanu 2012-06-12

In this searing and riveting New York Times bestseller, Olympic gold medalist Dominique Moceanu reveals the dark underbelly of Olympic gymnastics, the true price of success...and the shocking secret about her past and her family that she only learned years later. At fourteen years old, Dominique Moceanu was the youngest member of the 1996 US Women's Olympic Gymnastics team, the first and only American women's team to take gold at the Olympics. Her pixyish appearance and ferocious competitive drive quickly earned her the status of media darling. But behind the fame, the flawless floor routines, and the million-dollar smile, her life was a series of challenges and hardships. *Off Balance* vividly delineates each of the dominating characters who contributed to Moceanu's rise to the top, from her stubborn father and long-suffering mother to her mercurial coach, Bela Karolyi. Here, Moceanu finally shares the haunting stories of competition, her years of hiding injuries and pain out of fear of retribution from her coaches, and how she hit rock bottom after a public battle with her parents. But medals, murder plots, drugs, and daring escapes aside (all of which figure into Moceanu's incredible journey), the most unique aspect of her life is the family secret that Moceanu discovers, opening a new and unexpected chapter in her adult life. A mysterious letter from a stranger reveals that she has a second sister—born with a physical disability and given away at birth—who has nonetheless followed in Moceanu's footsteps in an astonishing way. A multilayered memoir that transcends the world of sports, *Off Balance* will touch anyone who has ever dared to dream of a better life.

The Fab Five - Christine Dzidrums 2012-07-10

Profiles the five gymnasts that represented the United States at the 2012 London Olympics.

Suni Lee - Grace Hansen 2021-12-15

This title will introduce readers to the life and accomplishments of American Olympic gymnast Sunisa "Suni" Lee. Complete with awesome photographs and more facts! Aligned to Common Core Standards and correlated to state standards. *Abdo Kids Jumbo* is an imprint of *Abdo Kids*, a division of *ABDO*.

[Mary Lou Retton](#) - Christine Dzidrums 2014-02

A book for young readers, Mary Lou Retton: America's Sweetheart tells the inspirational life story of the most celebrated gymnast in United States history. Discover how a young girl from West Virginia achieved her dream of winning gymnastics' all-around title at the 1984 Olympics. Includes beautiful illustrations, anecdotes from her personal life and career highlights.

Olympic Gymnastics Legends - Martin Gitlin
2020-07-15

Meet some of history's greatest Olympic gymnasts and explore their incredible careers.

10.0: The Nadia Comaneci Story - Ellen Aim
2016-06-10

Perfect for a book report, 10.0: The Nadia Comaneci Story tells the gymnastics legend's moving story that inspired millions. Growing up in Romania, Nadia Comaneci was just a five-year-old kid who performed cartwheels for fun. Nine years later, she tumbled her way into the history books when she became the first gymnast to earn a 10.0 at the Olympics. Discover how Nadia reached perfection en route to winning nine Olympic medals and how she used her post-gymnastics fame to make the world a better place.

Cutters Don't Cry - Christine Dzidrums
2016-06-10

19-year-old Charity Graff engages in self-harm. More specifically she cuts herself to numb emotions. In a series of raw journal entries, the confused teenager writes to her estranged father, filling him in on what's happened in her life since he left her nearly 18 years ago. Throughout the course of her letter writing, Charity chronicles her penchant for cutting, a serious struggle with depression and her inability to vocally express her feelings.

Matt Kemp: True Blue Baseball Star - Christine Dzidrums
2016-06-12

All-Star, Gold Glove Winner and Silver Slugger! Outfielder Matt Kemp is one of the most successful players in Los Angeles Dodgers history. A five-tool player, the star athlete excels at hitting for average, power, base-running, throwing, and fielding. He is also one of the most respected and beloved athletes of his generation. A children's biography, Matt Kemp:

True Blue Baseball Star chronicles the life story of the baseball superstar. Young readers will be inspired to read the tale of how the talented kid from Oklahoma overcame family struggles to become an upstanding role model and All-Star slugger. The King of Chavez Ravine, Matt Kemp will inspire young readers of all ages!

Jennie Finch: Softball Superstar - Christine Dzidrums
2016-06-10

Jennie Finch fell in love with baseball as a four-year-old when her mother took her to Dodger games. A year later, her parents signed her up for softball lessons and the young girl was instantly smitten. As a youngster, Jennie dominated travel softball and later became a star player at La Mirada High School in Southern California. During her time at University of Arizona, she set an NCAA record with 60 consecutive wins. Blessed with remarkable pitching ability, good looks and role-model sportsmanship, Jennie became a breakout celebrity at the 2004 Athens Olympics, where she captured gold with Team USA. A children's biography, Jennie Finch: Softball Superstar details the California native's journey as she transitioned from a shy youngster playing in a t-ball league to become softball's most famous face, a devoted mother of three and a legend in women's sports.

Gymnastics - Rita Brown
2013-04-01

The purpose of this book is to help the beginning to Intermediate level competitive gymnast focus on making each competition the best possible. Advanced level competitors may also benefit from this book by way of reviewing the basics and providing focus on critical elements before, during, and after the competition. Coaches will want to recommend this book as a great reference and reminder for all gymnasts. Unwarranted fears (or butterflies in the stomach) are a major cause of poor performance. If the gymnast is able to face each fear or worry and take a specific action to either eliminate or minimize its effect on her performance, she will have taken a giant step toward winning in the sport of gymnastics and life in general. Preparation is the base that supports you, and the ability to adapt to new and changing competition scenarios is the key to competitive success

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