

# **My Sex Hormone Binding Globulin High**

**Testosterone** Susan Nieschlag 2012-12-06 New developments in testosterone therapy are summarized here by internationally renowned experts. They review both basic and clinical knowledge in fourteen chapters. The book begins with the biochemistry of testosterone, its biosynthesis, metabolism and mechanisms of action in target organs. Three chapters deal with specific aspects of testosterone action, namely its role in spermatogenesis, its psychotropic effects and its effects on bones. Syndromes caused by androgen resistance are described in order to highlight the importance of properly functioning enzymes and receptors in the target organs. Causes and symptoms of male hypogonadism, the major indication for testosterone treatment, are described. Five chapters are devoted to the pharmacology, pharmacokinetics and clinical uses and abuses of testosterone preparations. The new transdermal testosterone application is described in detail. Side effects of testosterone treatment are reviewed. The possible role of androgens in the development of prostatic hypertrophy and carcinoma is discussed extensively since this question is of major concern to the clinician.

**Improving Access to Quality Care in Family Planning** World Health Organization 2001 This document provides recommendations for appropriate medical eligibility criteria for selecting methods of contraception. It is based on the latest clinical and epidemiological data and summarises the results of a scientific working group meeting held at the WHO, Geneva 8-10 March 2000. It is intended for use by policy makers, family planning programme managers and the scientific community.

**Testosterone Deficiency in Men** Hugh Jones 2008-09-25 This book provides a background of essential knowledge on testosterone deficiency in men, including diagnosis and treatment. It also explores the associations of testosterone deficiency with organ systems and their diseases e.g diabetes, osteoporosis.

*Why Can't I Keep Up Anymore?* Deborah Matthew, MD 2020-11-06 If you want to live a high performance life, you need to treat yourself like a high performance vehicle! If you drove a Porsche or Ferrari, would you fill the tank with low quality gasoline, take it off-roading or leave it out in a hailstorm? Of course not! You'd buy premium motor oil and get the engine tuned! Why don't you treat yourself that way? The good news is that it is possible to boost your horsepower and performance! In this book you will: Learn why you shouldn't blame your symptoms on your age Discover why your doctor doesn't have a drug to fix you Identify common problems that may be causing your symptoms Learn the pros and cons of various treatment options Develop a specific plan to get back your energy, drive, and confidence

**Hormones and Aging** Gerald Litwack 2021-03-09 Hormones and Aging, Volume 115 in the Vitamins and Hormones series, highlights advances in the field, with this new volume presenting timely topics, including hypothalamic aging and hormones, endocannabinoids and aging-inflammation, neuroplasticity, mood and pain, the impact of hormones and bone loss across the menopause transition, and much more. Provides the authority and expertise of leading contributors from an international board of authors Presents the latest release in the Vitamins and Hormones series Includes the latest information on Hormones and Aging

*Androgen Excess Disorders in Women* Ricardo Azziz 2007-11-08 The field of androgen excess disorders has advanced substantially since the original publication of this book. The Androgen

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Excess Society (AES) was founded to bring together investigators in the field. A better understanding of the screening, progression, and molecular genetics of nonclassic adrenal hyperplasia (NCAH) has improved the clinical care and diagnostic accuracy of these patients. New criteria for the diagnosis of the polycystic ovary syndrome (PCOS) were proposed in Rotterdam, criteria that have resulted in controversy and, hopefully, initiation of new studies. The association of insulin resistance with PCOS has been strengthened, and the role of metformin in treating the infertility of the PCOS has been validated. Risks for diabetes and, more controversially, cardiovascular disease in women with PCOS have received substantial investigation. Our understanding of the epidemiology and economic impact of these disorders has expanded, emphasizing their critical importance. These are but a few highlights of how the terrain has changed in a relatively brief period of time. In keeping with these advances, the title of this book has been revised to reflect the growing importance of PCOS as the most prevalent androgen excess disorder in women, and arguably, as the one that might have the most serious adverse consequences for general health. There are fewer chapters to provide a more focused elucidation of the area. Several chapters were penned by new (and young) authors who are conducting cutting-edge research in the field.

**Hyperandrogenism in Women** R. Pasquali 2019-09-09 Hyperandrogenism profoundly affects women's lives from lowering self-esteem to changing cognition and affective motivation. The polycystic ovary syndrome (PCOS) is the most common androgen excess disorder worldwide. While it is not the focus of this book, some aspects are discussed. The aim of this book is to improve understanding of androgen excess and its impact on several conditions. Topics include development of adipose tissue in females, insulin sensitivity, congenital adrenal hyperplasia, and Cushing's

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disease/syndrome. There is also a discussion of PCOS with emphasis on in utero origins and specific genetic and epigenetic factors. This book provides a wealth of relevant information for every endocrinologist and gynecologist who wants to broaden their knowledge of androgens in various conditions.

*My Fertility Guide* Attilio D'Alberto 2019-07-17 *My Fertility Guide* is based on the latest scientific evidence sourced from over 350 research studies. This self-help guide blends modern fact-based research together with the ancient theories of Chinese medicine to deliver a powerful and concise understanding of natural conception. This book contains a lot of in-depth information which will greatly increase your chances of having a baby. By following my simple advice you too can fall pregnant naturally like the thousands of people I have treated. In my experience treating different types of infertility, I've found that people require a lot more in-depth information than is often provided in other fertility books. I've therefore tried my best to include as much detailed information as possible in my guide, but in a concise and easy-to-understand way. *My Fertility Guide* explains the menstrual cycle, when ovulation occurs, how to know when you are your most fertile and the best time to try and conceive. It also outlines the various causes of male and female infertility and how to avoid them, from chemicals in the environment, in food, cosmetics and household products to pollution, plastics, heavy metals, pharmaceutical drugs and electromagnetic waves (EMWs). In-depth explanations are given on how to optimise your lifestyle from exercising, work, sleep to clothing, footwear and even baths versus showers all based on the latest cutting-edge research together with the tried and tested theories of Chinese medicine. In addition, Chinese medical imbalances are explained and how you can find yours and fix it to improve your fertility. Pre and post-ovulation fertility diet plans (seeding) are given to enhance hormone levels to maximise natural

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conception. A vast range of supplement advice sourced from fact-based research is given that can improve both male and female fertility, regulate your hormone levels and increase egg and sperm quality to enhance your fertility potential. Based on the latest scientific research, My Fertility Guide explains how to deal with infertility problems such as irregular menstrual cycles, unexplained infertility, irregular FSH levels, poor egg quality (low AMH levels), endometriosis, PCOS and poor sperm motility and morphology. Advice on aiding natural conception is given based upon research evidence of the beneficial effects of acupuncture and Chinese herbal medicines. Further advice is given on the use of western medical treatments to enhance natural conception, such as ovulation drugs and intra-uterine insemination (IUI). Dr (TCM) Attilio D'Alberto has been treating couples with infertility since 2004, from those with simple to complex fertility issues and has a vast array of knowledge that he delivers in My Fertility Guide. This book is a treasure-trove of information that is invaluable to all couples trying to have a baby. Available in paperback, Kindle and audiobook. Also available in French and German languages. "My husband and I have been trying for a baby for six years... We started a course of acupuncture and a new diet...Then, to my surprise, within six weeks I found out I was pregnant!"- Dr (TCM) Attilio D'Alberto - Bachelor of Medicine (Beijing), BSc (Hons) TCM

*Biosociology of Dominance and Deference* Allan Mazur 2005 This short, engaging volume develops new and sociologically sophisticated concepts to bring the fields of biology and sociology together. It is about the social biology of face-to-face dominance interactions and explores the evolution of behavior through connections among biology, language, culture, and socialization. Meant to be a self-contained exploration\_sociologists would require no prior knowledge of biology; biologists would require no prior knowledge of sociology\_this book is a fun, informative supplement for courses

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throughout sociology and the social sciences.

### **Identification of Endogenous Ligands of Estrogen Related Receptors and Their Role in Breast Cancer**

Faegheh Ghanbari Divshali 2021 "The estrogen-related receptors (ERRs) are orphan nuclear receptors, which play an essential role in human health and disease, notably in breast cancer cells, where ERR $\alpha$  overexpression is correlated with adverse clinical outcomes in breast cancer patients. Although many efforts have been made to discover the endogenous ligands of ERRs, no endogenous ligand, other than cholesterol, was identified for ERRs. Discovering the endogenous ligand for ERRs is crucial to manipulate their pathway and possibly open a new venue for novel therapeutic strategies for breast cancer treatment or other diseases. Our group previously identified a novel endogenous steroid with an estradienolone-like structure (ED) from human pregnancy urine and blood and shows a strong affinity for sex hormone-binding globulin (SHBG) protein. In this thesis, I demonstrated that ED directly binds to ERR $\alpha$  and ERR $\gamma$ , and decreases their transcriptional activity. Importantly, my findings, consistent with our team's previous data, displayed that ED inhibits cell proliferation in a nanomolar range in ER-positive breast cancer (ER+) and triple-negative breast cancer (TNBC) cells. However, it does not show a significant inhibitory effect on non-tumorigenic epithelial breast cells. Moreover, I have demonstrated that ED's inhibitory effect on breast cancer cell proliferation is ERR $\alpha$ -dependent. These findings suggest that the ED-ERR interaction represents a druggable pathway, which may have important implications for breast cancer therapy. In addition, my finding revealed that cholesterol isolated from human pregnancy serum was enriched in beads-GST-ERR $\alpha$ -LBD column and directly binds to ERR $\alpha$ . It has been shown that obesity and high cholesterol intake are associated with a higher risk of breast cancer recurrence and mortality by reprogramming the cancer cells' metabolic pathways. However, the

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underlying mechanism by which cholesterol exerts its pathological effect on altering breast cancer cell metabolism is not well-understood. There is also accumulating evidence that ERRa is overexpressed in breast cancer cells and is involved in the regulation of mitochondrial metabolism. Interestingly, my findings demonstrated that exogenous cholesterol binds directly to ERRa and enhances its interaction with its coactivator, peroxisome proliferator-activated receptor gamma coactivator 1-alpha (PGC-1a). In addition, exogenous cholesterol increases ERRa transcriptional activity in a PGC-1a-dependent manner. This process leads to induced ERRa mRNA and protein levels due to a specific auto-induction and increases ERR's metabolic target genes. Importantly, my findings demonstrated that exogenous cholesterol increases oxidative phosphorylation (OXPHOS) and TCA cycle intermediate levels. In addition, cholesterol augments aerobic glycolysis in TNBC cells although it remains unaltered in ER+ cells. Interestingly, cholesterol does not alter the metabolite levels of glutaminolysis, one-carbon metabolism, or pentose phosphate pathway, but increases the NADPH levels and cellular proliferation, in both cell types. Importantly, I show that the above cholesterol-induced modulations of the metabolic pathways in breast cancer cells are mediated via ERRa. Furthermore, analysis of ERRa metabolic gene signature of basal-like breast tumors of obese versus non-obese patients, using GEO database, shows that obesity may modulate ERRa gene signature in a manner consistent with my in vitro findings with exogenous cholesterol. In summary, the identification and functional characterization of endogenous ED as an inverse agonist and cholesterol as an agonist of ERRa, provide molecular tools to better understand the mechanism of action of ERRa, and in particular, ERRa's role in breast cancer cells' metabolic reprogramming. These findings may have potential therapeutic implications to treat breast cancer patients, particularly in TNBC, where ERRa is overexpressed and associated with a poor prognosis"--

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**Anabolic Steroid Abuse** Geraline C. Lin 1990

*Balancing act* United States. Congress. House. Committee on Government Reform. Subcommittee on Human Rights and Wellness 2005

*Progesterone and Progestins* C. Wayne Bardin 1983

**Is It Me or My Hormones?** Marcelle Pick 2014-03-03 One of the most common and agonizing problems women face today is hormonal imbalance. Sometimes it's a nightmarish premenstrual syndrome—depression, cravings, bloating, weight gain, irritability, and even out-of-control rage for up to three weeks each month. Sometimes it's periods so painful that you have to arrange your entire life around your cycle. Sometimes it's a rocky passage into perimenopause that changes everything you know about yourself and your body. Luckily, you can resolve these hormonal issues—you just need accurate, actionable information to do so. In *Is It Me or My Hormones?*, Marcelle Pick, author of *The Core Balance Diet* and *Is It Me or My Adrenals?*, delves into the often misunderstood world of female hormonal imbalance. Sharing her personal struggles and her experiences with patients, Marcelle helps you understand how the right diet, exercise, supplements, herbs, and psychological support, occasionally complemented with bioidentical hormones, can free you from hormone disruption. After walking you through the basic science of how your hormones affect your body, mind, and emotions, Marcelle lays out an accessible, easy-to-follow, 28-day program—complete with schedules, exercises, supplements, meal plans, and recipes—that will stabilize your hormones in just one month and make you feel like yourself again. Unlike many medical professionals, Marcelle knows that your symptoms aren't "just a normal part of being a woman" or "not that big a deal." And in this book, she validates your experience of hormonal imbalance and opens your eyes to the power you have over your health. So join Marcelle on this

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journey to implement simple, natural changes that will help eliminate your cravings, depression, mood swings, and weight gain, and make you feel energized, sexual, and in command of your life!

**Plan and Operation of the Third National Health and Nutrition Examination Survey, 1988-94** 1994 Describes the plan and operation of the third National Health and Nutrition Survey. The sample for this study of the U.S. population was selected from households in 81 counties across the United States. About 40,000 persons 2 months of age and over were selected, including large samples of both young and old persons. About 12,000 of the sample persons were black Americans, 12,000 were Mexican-Americans, and the remaining 16,000 were of all other race and ethnicity groups. All selected persons were asked to complete an extensive interview and an examination in a large mobile examination center. The survey period is 1988-94, consisting of two phases of equal length and sample size. Both Phase 1 and Phase 2 were random samples of the U.S. population living in households.

*Polycystic Ovary Syndrome* Andrea Dunaif 2008-01-12 This volume includes the latest diagnostic criteria for PCOS and comprises the most up-to-date information about the genetic features and pathogenesis of PCOS. It critically reviews the methodological approaches and the evidence for various PCOS susceptibility genes. The book also discusses additional familial phenotypes of PCOS and their potential genetic basis. All four editors of this title are extremely prominent in the field of PCOS.

Greenspan's Basic and Clinical Endocrinology, Tenth Edition David G. Gardner 2017-10-13 A full-color guide to the entire field of clinical endocrinology and its scientific underpinnings - updated with the latest breakthroughs and developments Greenspan's Basic & Clinical Endocrinology delivers a succinct, leading-edge overview of the underlying molecular biology of the endocrine

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system and the latest perspectives on the diagnosis and treatment of specific diseases and disorders. Featuring an enhanced design that includes hundreds of full-color illustrations and clinical photographs, Greenspan's is a true must-have during traditional or integrated courses in endocrinology, endocrinology rotation, or exam prep in internal medicine and endocrinology and as reference for disease management. Greenspan's provides clinically relevant coverage of metabolic bone disease, pancreatic hormones and diabetes mellitus, hypoglycemia, obesity, geriatric endocrinology, and many other diseases and disorders. Supporting this essential material is a handy appendix of normal hormone reference ranges across the lifespan. Here's why Greenspan's is an essential tool for learning how to manage endocrine patients:

- The Tenth Edition is enhanced by updated content throughout each chapter
- NEW CHAPTERS on Transgender Endocrinology and Disorders of Sexual Determination and Differentiation
- Important chapter on Evidence-Based Endocrinology and Clinical Epidemiology
- Concise, balanced coverage of both scientific and clinical principles that guide patient management
- The best source for current concepts in endocrine pathophysiology to aid clinical decision making
- The most practical, current insights into diagnostic testing
- More than 270 full-color illustrations and clinical photographs

If you are in need of a well-illustrated, completely up-to-date guide to the entire field of clinical endocrinology, this trusted classic belongs on your desk or computer.

**Immunoassay** Eleftherios P. Diamandis 1996-06-21 Immunoassays are among the most powerful and sensitive technologies now available for patient diagnosis and monitoring. This book is an indispensable guide to information on the theory and practice of immunoassays. It discusses the scientific basis of these technologies in a logical, organized, and heuristic manner and provides protocols for specific assays. The contents of this unique book are balanced among theory, practical

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issues, quality control, automation, and subspecialty areas, making it ideal for health science students, laboratory scientists, and clinicians. Presents up-to-date information Provides extensive cross-referencing Covers theory and practice in full detail Written by leading authorities

**Sex Hormones in Neurodegenerative Processes and Diseases** Gorazd Drevensek 2018-05-02

The book provides chapters on sex hormones and their modulation in neurodegenerative processes and pathologies, from basic molecular mechanisms, physiology, gender differences, to neuroprotection and clinical aspects for potential novel pharmacotherapy approaches. The book contains 14 chapters written by authors from various biomedical professions, from basic researchers in biology and physiology to medicine and veterinary medicine, pharmacologists, psychiatrist, etc. Chapters sum up the past and current knowledge on sex hormones, representing original new insights into their role in brain functioning, mental disorders and neurodegenerative diseases. The book is written for a broad range of audience, from biomedical students to highly profiled medical specialists and biomedical researchers, helping them to expand their knowledge on sex hormones in neurodegenerative processes and opening new questions for further investigation.

**Natural Hormone Balance for Women** Uzzi Reiss 2002 An easy-to-follow anti-aging program draws on the principles of natural hormone replacement to promote a healthier, younger-looking skin, weight control, muscle tone, enhanced energy and sexual function, better sleep habits, balanced moods, better memory, and more. Reprint.

**Cumulated Index Medicus** 1990

Physiological Effects of Immunity Against Reproductive Hormones Robert Geoffrey Edwards  
1976-03-25

**Testosterone and Aging** Institute of Medicine 2004-03-12 Popular culture often equates

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testosterone with virility, strength, and the macho male physique. Viewed by some as an "antiaging tonic," testosterone's reputation and increased use by men of all ages in the United States have outpaced the scientific evidence about its potential benefits and risks. In particular there has been growing concern about an increase in the number of middle-aged and older men using testosterone and the lack of scientific data on the effect it may have on aging males. Studies of testosterone replacement therapy in older men have generally been of short duration, involving small numbers of participants and often lacking adequate controls. Testosterone and Aging weighs the options of future research directions, examines the risks and benefits of testosterone replacement therapy, assesses the potential public health impact of such therapy in the United States, and considers ethical issues related to the conduct of clinical trials. Testosterone therapy remains an attractive option to many men even as speculation abounds regarding its potential.

Androgenic Disorders Geoffrey P. Redmond 1995

**Male Hypogonadism** Stephen J. Winters 2003-12-12 Recent advances in cellular and molecular biology have markedly increased our understanding of normal and abnormal hypothalamic-pituitary-testicular function. Like other volumes in the Contemporary Endocrinology series, the goal of Male Hypogonadism: Basic, Clinical, and Therapeutic Principles is to link current knowledge of basic biology to the practice of medicine. The development of new methods for testosterone replacement has substantially increased the number of men who are seeking to determine whether they are hypogonadal, and who are using testosterone replacement therapy, thus mandating a broader understanding of testosterone deficiency. The chapters of this book were contributed by authors from around the world, and from various scientific and clinical disciplines, who have devoted their careers to the study of the physiology and pathophysiology of the male.

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Thus, this comprehensive and focused volume is intended for a wide audience encompassing both basic scientists and practicing clinicians. Its scope will provide a wealth of information for students and fellows as well.

**PROSTATE CANCER - ME, my DOCTOR and HOPE!** Stephen Lamb 2015-06-01 Steve had never written a book before and never thought he would. After unexpectedly enduring a prostate cancer experience and the subsequent outcome, he felt inspired to put pen to paper. His inspiration was fueled in the hope that the book raises awareness and ultimately makes a difference for other men and their families who have, or are, facing a prostate cancer journey. Hopefully, it sends an important message in relation to the diagnosis and shows them that there are also amazing alternatives in treatment available to them. He is a firm believer that things happen for a reason. If he hadn't contracted prostate cancer his book would not be a reality today. After a lot of soul searching he chose not to follow the conventional/mainstream path of treatment, 'the norm'. He has his wife Karen to thank for that. Steve's book is very different to 'the normal cancer books on the shelf' in as much as it is a unique marriage of the human story, a cutting-edge scientific, nutritional approach to diagnosis and treatment and a reference book at the same time.

*Osteoporosis in Older Persons* Gustavo Duque 2009-10-13 The book summarizes recent advances in the elucidation of the mechanisms involved in senile osteoporosis as well as its potential treatment, bringing an integrated approach from the bench to the clinical practice. A unique aspect of this book is its emphasis on the application of translational research in the field of osteoporosis and falls. The book provides a complete review on the prevention as well as current and future treatments of osteoporosis.

**Healthy Past 100** Steven M. Teagarden DC 2023-08-10 Healthy Past 100 was written explicitly for  
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those longing to be extraordinarily healthy—even past their 100th birthday. This breakthrough book is based on thousands of cutting-edge science articles identifying the causes of optimal health vs sickness and disease. Healthy Past 100 puts a wealth of cutting-edge, science-based healthcare information at your fingertips, empowering you to make the healthiest choices for you and your family. Healthy Past 100 is several books in one, and it also contains a mouthwatering keto cookbook that's exclusively based on the most nourishing ingredients you can consume. This life-changing book is based on the Short List, i.e., a distillation of the core factors involved in being healthy past 100. The Short List includes: The Metabolic Masterplan Diet: the Metabolic Masterplan Diet may be the world's most advanced ketogenic diet. Nothing improves your health as much as following this research-based, anti-inflammatory, gut-healing ketogenic diet. Nutrition and Supplements: providing your cells with all the nutrients they require to function optimally is key to a long, healthy life. Healthy Past 100 shows you exactly which nutrients you need and which ones to supplement with. Metabolism: carbohydrates and sugar damage your metabolism (the process of creating energy in your cells), causing serious health issues. Healthy Past 100 teaches you to heal and optimize your metabolism, and which tests to rely on to know—not guess—that your metabolism is as healthy as can be. Chronic Inflammation: this widespread health issue underlies all diseases, and must be healed to experience optimal health. Healthy Past 100 rids you of chronic inflammation—now and forever—paving the way to lasting health. Gut Health: most humans deal with significant gut issues. Fortunately, Healthy Past 100's innovative gut healing method leads to lifelong optimized gut health. Psychology: psychology is how you think, feel, act, behave and respond to life's circumstances. Healthy Past 100 provides the tools to heal and optimize your psychology, which is foundational to a healthy, fulfilling life. Thyroid Physiology: inefficient thyroid physiology impairs your body and mind,

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zaps your energy and causes many diseases. Healthy Past 100 explains how thyroid physiology works, how to heal it, and the tests determining if it's in tip-top shape. Exercise: crucial to your health and well-being, exercise must be performed regularly. Healthy Past 100 teaches you which exercises help you become healthy past 100. Detoxification: humans are routinely exposed to dangerous heavy metal toxins. Healthy Past 100 shows you how to rid these harmful metals from your body and minimize your exposure to them in the future. Oxidative Stress: oxidative stress is a primary cause of aging, sickness, disease and death. It has many causes, including carbohydrates, sugar, poor nutrition and impaired gut health. Healthy Past 100 helps you optimize oxidative stress where it matters most: within the mitochondria in your cells. Spiritual/Religious Life: extraordinary health stems from optimal physical, psychological and spiritual well-being. It's just as important to focus on your spiritual fitness as it is to heal your physical body, and Healthy Past 100 helps you do both. This pioneering book has been written to help you experience extraordinary health past your 100th birthday. If you're ready to be healthy past 100, this is the book you've been waiting for!

**Androgens and the Aging Male** B.J. Oddens 1996-11-15 While menopause in women is a well-established and well documented phenomenon, the andropause in men is a relatively new concept. The terms male menopause and andropause suggest that this is an abrupt phenomenon related to a sudden deprivation of sex hormones. Unlike the menopause, which has a relatively sudden onset, the andropause appears to be a gradual process. It has been hypothesized that an androgen deficiency might develop with aging. *Androgens and the Aging Male* explores this hypothesis. The book focuses on the gradually progressive problems related to the decline in androgens that can occur with advancement of age. It examines the debate about the extent to which an age-dependent decline in androgens leads to health problems that affect or impair the quality of life, and the theory behind it.

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In addition, it reviews studies evaluating the effects of androgen supplementation. Androgens and the Aging Male comprehensively covers androgen function and how it changes over time.

It's My Ovaries, Stupid! Elizabeth Lee Vliet 2003 This landmark work in women's health identifies hormone dysfunction as a missing link afflicting millions of young women, teens, and even children, robbing them of future fertility and contributing to devastating health problems. Includes a self-test.

**Biology of IGF-1** Gregory R. Bock 2005-06-10 An invaluable book containing a series of interdisciplinary discussions between clinical and basic scientists. Biology of IGF-1: Its interaction with insulin and health and malignant states focuses on key issues such as: the definition of danger zones the development of methods for early recognition of malignant states linked to IGF-1 and/or insulin possible approaches to preventative intervention the relevance in this field of research to the development of novel therapeutic approaches to treating certain cancers.

**My Sweet Heart** Ann Fernholm 2015-10-13 "As gripping as a thriller and accessible for people without any scientific education," wrote the biggest Swedish broadsheet, Dagens Nyheter, when My Sweet Heart was released in 2012. The book has been fundamental in the rise of the low-carb movement in Sweden, where the debate surrounding low-fat diets has been raging for almost a decade. Inspired by a woman with type 2 diabetes who, using a strict low-carb diet, was able to stop taking insulin injections and lost 42 kilos in weight, science writer Ann Fernholm, PhD in Molecular Biotechnology, started to examine the science behind low-fat dietary advice. Why should people who need injections to reduce blood sugar fill their plates with carbohydrates that raise blood sugar levels? Like a mystery writer she unravels the story of how, in the mid-1900s, research took a wrong turn. Piece by piece, she also puts together the puzzle surrounding ill health. Why are abdominal fat and type 2 diabetes so dangerous? Why do they increase the risk of heart disease, cancer and

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dementia? What she discovers is that high blood sugar and high insulin levels are real villains in many major public health problems. Readers appreciate Ann Fernholm for her factual depth, at the same time as she has a unique ability to describe science in an understandable, lively manner. My Sweet Heart has received unanimously good reviews in Sweden and has been a turning point in many people's lives.

*100 Questions & Answers About Breast Cancer Sensuality, Sexuality and Intimacy* Michael Krychman 2010-10-25 There are almost 200,000 new cases of breast cancer diagnosed in the United States every year. Virtually all of the women who undergo treatment are plagued by questions of intimacy, sexuality, and personal and professional relationships. *100 Questions and Answers About Breast Cancer: Sensuality, Sexuality and Intimacy* provides authoritative answers to the most common questions asked by women and their partners when coping with intimacy after the trauma of breast cancer. Written by renowned female sexuality and breast cancer physicians, this book offers encouragement and reassurance to those struggling to strengthen and rebuild relationships during and after breast cancer treatment. It is an invaluable guide for anyone dealing with the physical and emotional repercussions of this disease.

*Assessment and Management of Hepatobiliary Disease* Lajos Okolicsanyi 1987-09-08 The contributions to this volume cover all aspects of the assessment and management of hepatobiliary disease. The focal points of the book consist of three state-of-the-art summaries. The first of these deals with the highly topical problem of liver transplants from the point of view of patient selection. The second considers drug-induced liver injury in view of the fact that the liver is the main metabolic site for a number of drugs. The final summary deals with liver and aging: it asks whether the liver follows the aging process of the host organisms and whether the liver of aged liver transplant

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candidate donors could be suitable for grafting. Aside from these topics, the volume presents basic research on hepatic transport mechanisms, intrahepatic cholestasis and gall-stone disease, which serves as a background for the topics more specifically concerning the assessment of liver function. Much of the book is then devoted to the management of the commonest forms of liver diseases and their complications, such as chronic active hepatitis, liver cirrhosis, portal hypertension, hepatic encephalopathy, hepatorenal syndrome, and ascites.

*Advances in Research and Applications* Gerald Litwack 2000-01-27 Under the capable and qualified editorial leadership of Dr. Gerald Litwack, Vitamins and Hormones continues to publish cutting-edge reviews of interest to endocrinologists, biochemists, nutritionists, pharmacologists, cell biologists, and molecular biologists. First published in 1943, Vitamins and Hormones is the longest-running serial published by Academic Press. In the early days of the Serial, the subjects of vitamins and hormones were quite distinct. Now, new discoveries have proved that several of the vitamins function as hormones and many of the substances inferred by the title of the serial function in signal transduction processes. Accordingly, the Editor-in-Chief has expanded the scope of the serial to reflect this newer understanding of function-structure relationships in cellular communication. The Editorial Board now reflects expertise in the field of hormone action, vitamin action, X-ray crystal structure, physiology, and enzyme mechanisms.

**Steroid-protein Interactions** Ulrich Westphal 1971

**Progress in Obstetrics & Gynecology** Arun Nagrath 2012-07-31 A comprehensive guide to latest developments and knowledge in obstetrics and gynaecology. Divided into three sections - obstetrics, gynaecology and family planning - each chapter discusses a different condition and its treatment.

The book deals with practical aspects of routine obstetrics, such as the management of foetal growth

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restriction, perinatal asphyxia and resuscitation, anaemia, and exercise during pregnancy; along with newer advances like laparoscopic interventions during pregnancy, cord blood stem cells and use of nitric oxide donors.

**The Type 2 Diabetes Breakthrough** Frank Shallenberger 2005-10 Type-2 Diabetes Breakthrough is a Basic Health Books publication.

*Hormones and Breast Cancer* Malcolm C. Pike 1981

*Testosterone* Alexandre Hohl 2023 Even though research on testosterone is increasing, there is still much controversy regarding its physiology and clinical use. This book provides a broad overview on testosterone, from its basic features to the most recent evidence of clinical applicability. In addition, specific conditions in which testosterone play a pivotal role are discussed in detail, such as hypogonadism, misuse and abuse, puberty, cardiovascular effects and testosterone therapy. The testes are vital organs for reproduction of the human species, besides being the main source of testosterone production in men. Although not essential for survival, these singular structures represent the essence of male biological function. Testosterone is the most important testicular androgen in men. Low serum testosterone levels are associated with cardiovascular morbidity, metabolic syndrome, type 2 diabetes mellitus, atherosclerosis, osteoporosis, sarcopenia, and mortality. Also, there is increasing evidence that serum testosterone is a major biomarker status of men's health in general. Hypogonadism in a male refers to a decrease in one or both of the two major functions of the testes: sperm production or testosterone production. These abnormalities can result from disease of the testes (primary hypogonadism) or disease of the pituitary or hypothalamus (secondary hypogonadism). Currently, the clinical features of male hypogonadism are sufficiently well-recognized, the causes are well-known, and the tests of the hypothalamic-pituitary-testicular

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axis are accurate enough for the diagnosis in most patients. Testosterone, the focus hormone of this book, is used in different forms and routes of administration. Several authors unravel its peculiarities and assist in choosing the most suitable form in each case, as well as the possible risks of its misuse or even abuse in men and women, seeking alternatives to help patients in this situation.

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