

Sex Power And Pleasure

Gender, Pleasure, and

Violence - Agnieszka

Kościańska 2021-01-01

Behind the Iron Curtain, the politics of sexuality and gender were, in many ways, more progressive than the West.

While Polish citizens undoubtedly suffered under the oppressive totalitarianism of socialism, abortion was legal, clear laws protected victims of rape, and it was relatively easy to legally change one's gender.

In *Gender, Pleasure, and Violence*, Agnieszka Kościańska reveals that

sexologists—experts such as physicians, therapists, and educators—not only treated patients but also held sex education classes at school, published regular columns in the press, and authored highly popular sex manuals that sold millions of copies. Yet strict gender roles within the home meant that true equality was

never fully within reach.

Drawing on interviews, participant observation, and archival work, Kościańska shares how professions like sexologists defined the notions of sexual pleasure and sexual violence under these sweeping cultural changes. By tracing the study of sexual human behavior as it was developed and professionalized in Poland since the 1960s, *Gender, Pleasure, and Violence* explores how the collapse of socialism brought both restrictions in gender rights and new opportunities.

[Women, Sex, Power, And Pleasure](#) - Evelyn Resh, CNM/MPH 2013-03-01

In her new book, *Women, Sex, Power & Pleasure*, Evelyn Resh, a sexuality counselor and certified nurse-midwife, takes an innovative approach to helping women create the lives - and sex lives - they want.

With a funny and compassionate, yet tell-it-like-it-is style, she looks at the relationship between feeling powerful in life and accessing life's pleasures, and their combined effect on sexual desire. Resh introduces six essential qualities that women must have to live healthfully, stating that when these are out of balance women seem to exist in lives devoid of pleasure, self-empowerment, and sex. These markers of emotional well-being are: • Self-confidence and self-esteem • Healthy Habits • Spiritual Satisfaction • Creativity • Self-assurance/re-assurance • Compassion and Empathy Once the six traits are laid out, Resh devotes the rest of the book to exploring how, when one or more of a woman's markers of emotional well-being are off kilter, their reasons for avoiding sex mount exponentially. She looks at some of the most common excuses she's heard over her many years as a sexuality counselor - I Feel Nothing, It's All He Thinks About, I'm Too

Busy!, I'm Too Fat to Have Sex - and outlines the specific imbalances that create this void of sexual desire and activity. With practical guidance, self-assessment questions, and stories from her practice and personal life, Resh explains to modern women how to regain their emotional wellness and live a powerful life that includes a steady relationship with pleasure and sexual satisfaction. This book is a must read for all women.

From housewives to sophisticated urban corporate types, from new moms to post-menopausal women - this book will help any woman who feels estranged from her sexual energy and a sense of empowerment, and deprived of pleasure, or who views sex as just another thing to tick off her overwhelming to-do list. **Tantra, the Key to Sexual Power and Pleasure** - Ashley Thirleby 1978

Discovering Your Couple Sexual Style - Barry W. McCarthy 2011-03-17

Winner of the 2009 Smart

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Marriages® Impact Award
Think all sex should be earth shattering? The quality of most couple sex doesn't measure up to the much distorted image of the perfect romantic love/passionate sex encounter portrayed in popular culture. In *Discovering Your Couple Sexual Style: Sharing Desire, Pleasure, and Satisfaction*, renowned marital and sex therapist Barry McCarthy and his wife Emily McCarthy urge couples to ignore what they see on TV, in books, or online, and discover their own unique sexual style. The McCarthys offer three guidelines for sexual satisfaction: develop positive, realistic sexual expectations; explore sensual and sexual options; and communicate sexual desires. With this foundation, couples can take a straightforward survey to determine which of four couple sexual styles best fits their relationship. Based on three years of research and treating more than 4,000 individuals and couples, *Discovering Your Couple Sexual Style* provides

information, guidelines, exercises, and case studies that will help readers find their own sexual voice and develop a mutually satisfying sexual style.

Sex, Power and Pleasure -

Mariana Valverde 1987

Text lust -- Body and erotic power -- Heterosexuality:

contested ground -- Lesbianism:

a country that has no language

-- Bisexuality: coping with sexual boundaries --

Pornography: not for men only

-- Imagining desire -- Pleasure and ethics.

The Power and Pleasure of Sex

- Steven West 1977

Sexual Pleasure - Hari Datt

Sharma 1999-11-06

The author guided by his keen observations and case-studies of various shades, has specially written this book in exalted verses, to make married life happy and full of pleasure in sex and love-play.

Straight Sex - Lynne Segal

2015-01-27

Is heterosexual sex inherently

damaging to women? Is it

possible for women to enjoy

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sensuality and pleasure with men that does not increase male power? Lynne Segal's unflinching examination of feminist thinking on sexuality over the past twenty-five years tackles these questions head on. Only two decades ago, politically aware women often declared themselves both sexual liberationists and feminists - their right to sexual fulfillment symbolized their right to selfhood. However, the most positive women's writing on female sexuality in recent years has come primarily from the lesbian community. Segal addresses the silence of heterosexual feminists on questions of sex and love and notes the shift toward sexual conservatism. She looks at the trends that followed Sixties radicalism: sex as a subversive activity, the "liberated orgasm," sex advice literature, gender uncertainties, Queer politics, antipornography campaigns, and the rise of the moral right.

Techniques of Pleasure - Margot Weiss 2011-12-20
In this lively ethnography,

Weiss studies the pansexual BDSM community in the San Francisco Bay Area. Weiss finds that BDSM practice is not as transgressive as the participants imagine, nor is it simply reinforcing of older forms of social domination. Instead she shows how fantasy play depends on pre-existing social hierarchies, even as it also participates in a commodification of desires.

Sacred Pleasure - Riane Eisler 2012-01-03

Riane Eisler shows us how history has consistently promoted the link between sex and violence—and how we can sever this link and move to a politics of partnership rather than domination in all our relations.

Sex, Power and Pleasure - Keely Rochelle Austin 1995

Hard Core - Linda Williams 1999-04-27

On hard core pornographic cinema.

Camming - Angela Jones 2020-02-18

The first inside look at how sex workers use webcams to make

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a living The erotic webcam industry, also known as “camming,” is a thriving global business. Angela Jones takes readers inside this multi-billion dollar industry, revealing how its workers experience intimacy, community, empowerment—and, as she compellingly argues, pleasure. Drawing on in-depth interviews, survey data, web analytics, and more, Jones highlights not only the dangers, but also the rewards, of working in one of the most taboo corners of the Internet. She provides an inside look at the public and private shows between cam models and their customers, from exotic dancing and pornographic videos, to masturbation shows and erotic chatrooms. A fascinating, much-needed glimpse into the lives of cam models, *Camming* takes us behind the webcam lens to experience the power of erotic labor in the twenty-first century.

[Sexuality in China](#) - Howard Chiang 2018-06-15

What was sex like in China, from imperial times through

the post-Mao era? The answer depends, of course, on who was having sex, where they were located in time and place, and what kind of familial, social, and political structures they participated in. This collection offers a variety of perspectives by addressing diverse topics such as polygamy, pornography, free love, eugenics, sexology, crimes of passion, homosexuality, intersexuality, transsexuality, masculine anxiety, sex work, and HIV/AIDS. Following a loose chronological sequence, the chapters examine revealing historical moments in which human desire and power dynamics came into play. Collectively, the contributors undertake a necessary historiographic intervention by reconsidering Western categorizations and exploring Chinese understandings of sexuality and erotic orientation.

Enjoy! - Joyce J. Penner 2017

This book will show married Christian women how to accept and enjoy their sexuality as a gift from God. Doing this allows

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them to improve the sexual relationships with their husbands and strengthen their marriages.

Men and Sex - Power, Pleasure, Pain - C. Mikki
2010-12-07

Jade succumbs to her first lover Dre, a deeply sensual man who tantalizes and teases her body to respond to his every command. His sudden disappearance sends Jade down a sexually destructive path, while Lisa starts a fearful life with the wealthy and mentally controlling, Shawn. Will the friends be able to survive their desperate choices to find true love?

Women, Sexuality and the Political Power of Pleasure - Susie Jolly
2013-06-13

This pioneering collection explores the ways in which positive, pleasure-focused approaches to sexuality can empower women. Gender and development has tended to engage with sexuality only in relation to violence and ill-health. Although this has been hugely important in challenging violence against

women, over-emphasizing these negative aspects has dovetailed with conservative ideologies that associate women's sexualities with danger and fear. On the other hand, the media, the pharmaceutical industry, and pornography more broadly celebrate the pleasures of sex in ways that can be just as oppressive, often implying that only certain types of people - young, heterosexual, able-bodied, HIV-negative - are eligible for sexual pleasure. Women, Sexuality and the Political Power of Pleasure brings together challenges to these strictures and exclusions from both the South and North of the globe, with examples of activism, advocacy and programming which use pleasure as an entry point. It shows how positive approaches to pleasure and sexuality can enhance equality and empowerment for all.

The Pleasure Plan - Laura Zam
2020-05-05

"Fifty percent of adult women have some form of sexual dysfunction at some point of

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their lives, preventing them from enjoying soul-satisfying sex. Such was the case with Laura Zam, who suffered the blame, shame, and embarrassment of being a terrible lover. For her, sex meant physical pain, zero desire, and emotional scars from being molested in her early years. However, in her late forties, after meeting and marrying the love of her life, Zam was determined to finally fix her sensual self. The Pleasure Plan is what happened when she decided to challenge her hopelessness. In partnership with her initially reluctant husband, she visited a variety of healers and tried an array of pleasure-enhancing methods: from dilators and dildos, to hypnosis and hosting a sex brunch, to cleansing chakras, to making love to her husband in front of a geriatric Tantric goddess. Packed with humor, heart, and a healthy dose of prescriptive advice, this book chronicles Zam's insight as she confronts many issues—from mismatched libidos to female erection enlightenment.

Throughout this journey, she and her husband grow as individuals and as a couple, both in and out of the bedroom"--

Orgasm Unleashed - Eyal Matsliah 2015-09-20

A practical guide to deepen and expand your orgasmic experience by yourself. Based on ancient Tantric teachings, modern sexology and tons of experience, Orgasm Unleashed is filled with inspiring ideas and powerful practices that will transform your sex life. It might even change your life.

Male Lust - Kerwin Brook 2016-01-20

Men from a variety of sexual orientations and ethnic backgrounds overturn myths about male sexuality and desire! Male sexuality comes of age in this provocative collection of personal essays and poetry. Male Lust's nearly 60 contributors explore emotional, social, and political aspects of sex and desire from a diversity of backgrounds, perspectives, and sexual orientations. Answering the long-standing challenge for

men to finally theorize the complexity of their own sexual desires, *Male Lust* (a 2001 Lambda Gay Studies Literary Award Finalist) delves into topics such as commercial sex, sadomasochism, feminism, and white supremacy without lapsing into reactionary, knee-jerk or misogynist stances. This book offers a positive sexual vision that moves far beyond the narrow messages offered in mainstream media. *Male Lust* reveals thoughtful, detailed realities of gay, straight, bisexual, transgender, and same-gender-loving men's personal experiences with sex that lurk behind the stereotypes. Among the many topics that the essays, stories, and poems herein chronicle are: various facets of men's and women's experience with commercial sex, both as consumers and providers social and hormonal phenomena involved in transitioning from

female to male handling the impact of white supremacy on male lust as a man of color the transformational possibilities of S/M women's responses to the lusts of the men in their lives coming of age with a "deviant" gender or sexual orientation healing from rape and other forms of sexual abuse coming to terms with loving and desiring women within a misogynist culture lust and desire within a disabled body Together, the contributors break the noisy silence surrounding male lust, challenge the dominant images of men as unemotional sexual predators, and expose the live, beating hearts, minds, and souls of real men loving, healing, and revealing themselves, each other, and the women in their lives. *Male Lust* heralds the next generation of thinking men--a must-read for anyone seeking cutting-edge ideas on sexuality and desire.

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