

Great Sex After 50 Reinventing Yourself And Reaching New Sexual Heights At Any Age

Great Sex After 50 - Eve
Cappello 2000-01-01

A positive approach to reinventing yourself and changing the way you think about yourself, no matter what the numbers say. Whether physically challenged, in great health or relieving the inhibitions that kept you out of the sexual mainstream, this power packed gem will show you how to overcome inhibitions, improve sex at any age, how to make sex funtastic, handle body slowdown, maintain sexuality, handle rejection & use tips to reach new sexual heights.

Reimagining our futures together - International
Commission on the Futures of

Education 2021-11-06

The interwoven futures of humanity and our planet are under threat. Urgent action, taken together, is needed to change course and reimagine our futures.

The Ultimate Guide to Sex After Fifty - Joan Price
2014-12-22

The population over age 50 is larger than ever in history. According to the U.S. Census Bureau, 32.1 percent of the U.S. population were age 50 and over in 2011. This demographic is also healthier, more aware, more youthful, and more vocal than any previous older generation. Thanks to ongoing medical discoveries, the sexual

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revolution, and the Internet, today's seniors are also sexier than ever — or at least they're now willing to talk and ask about sex as never before. They are the generation that discovered clitoral orgasms, vibrators, and Viagra, and there's no stopping the thirst for knowledge and pleasure now. Since 2005, Joan Price has penned *Better Than I Ever Expected: Straight Talk About Sex After Sixty* and emerged as the go-to sexpert for the over-50 population. Price's savvy advice, honesty, helpfulness, and humor garnered awareness in the media, in professional circles of therapists and sex educators, and among the huge population of people over 50 who hunger for real information from an age appropriate author. Price tackles it all in this definitive guide to sex and aging: health, fun (and function), disability, dating, illness, orgasms, G-spots, P-spots, polyamory, kink, and much more.

Good Jeans - Diane Gilman

2013-04-02

Diane Gilman, Home Shopping

Sexual Heights At Any Age

Network's #1 fashion personality, wants to help women reinvent and reinvigorate themselves as they approach the over-40 milestone, and beyond. Like so many women who enter the second half of their lives, Diane found herself trudging along, having lost the energy that defined her earlier life. Overweight and newly widowed, she was struggling with how society had defined her as well past her prime. But she rediscovered her passion, and totally invigorated her life. At the age of 60, she has become everything she had ever dreamed she'd be. Now she shares the 10 secrets she discovered for aging agelessly, and assures women that the later years can be a time of mind-expanding work, earth-moving love, foundation rocking sex, and soul-grabbing purpose.

Working Mother - 2001-10

The magazine that helps career moms balance their personal and professional lives.

Ebony - 2000-12

EBONY is the flagship

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magazine of Johnson ~~until 1962. Other criticisms~~ **Sexual Heights At Any Age**

Publishing. Founded in 1945 by John H. Johnson, it still maintains the highest global circulation of any African American-focused magazine.

The Kama Sutra of

Vatsyayana - Vatsyayana

2021-08-29

The Kama Sutra of Vatsyayana Vatsyayana - The Kama Sutra of Vatsyayana by Richard Francis Burton is an edition of the ancient Indian text on sexuality and emotional needs. Vatsyayana was an ancient Indian philosopher who lived during the second or third century. Although it is often thought of as a sex manual, it is much more, with guides on living well, the nature of love, and finding a partner. Indeed, Vatsyayana says himself: 'This work is not to be used merely as an instrument for satisfying our desires'. Burton did not in fact translate the Kama Sutra - it was translated by the Indian scholar Bhagwan Lal Indraji. It was edited by Burton to suit prevailing British attitudes to sex, but was still banned in England and the United States

levelled at Burton's translation is that instead of using English words for the sex organs, he uses the words 'lingam' and 'yoni', despite those words not appearing in the original work. This was seen as an attempt to distance them and make them 'other', rather than about English people's sexual organs. He also removes the agency of women, and where in the original, women's words are direct quotes, in the Burton translation, women's words are removed and put into the passive state (i.e., A woman saying 'Stop!' becomes 'She continually utters words expressive of prohibition'). Despite all this, it has been such an influential translation that even modern editions in the Hindi language are re-translations of the Burton version. The Kama Sutra is an ancient Indian Hindu text widely considered to be the standard work on human sexual behavior in Sanskrit literature written by Vatsyayana. A portion of the work consists of practical

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advice on sexual intercourse. It is largely in prose, with many inserted anustubh poetry verses. "Kama" which is one of the four goals of Hindu life, means desire including sexual desire the latter being the subject of the textbook, and "sutra" literally means a thread or line that holds things together, and more metaphorically refers to an aphorism (or line, rule, formula), or a collection of such aphorisms in the form of a manual. Contrary to popular perception, especially in the western world, Kama sutra is not exclusively a sex manual; it presents itself as a guide to a virtuous and gracious living that discusses the nature of love, family life and other aspects pertaining to pleasure oriented faculties of human life.

Women over 50 - Varda

Muhlbauer 2007-08-18

This book analyzes the challenges, benefits, coping strategies, problems, and accomplishments associated with the midlife experience of women. Ten chapters present

~~the state of research (and correct longstanding myths) regarding significant aspects of middle-aged women's lives. The book bridges a major knowledge gap in the feminist-psychology literature. It balances optimism and realism about older women's lives - and younger women's futures.~~

Working Mother - 2001-10

The magazine that helps career moms balance their personal and professional lives.

The Advocate - 2003-01-21

The Advocate is a lesbian, gay, bisexual, transgender (LGBT) monthly newsmagazine. Established in 1967, it is the oldest continuing LGBT publication in the United States.

The Ego and the Id -

Sigmund Freud 2018-03-21

One of Sigmund Freud's most insightful works on the topic of the subconscious, this groundbreaking volume explores the complicated interactions of three elements of the psyche: id, ego, and superego.

The Silver Disobedience

Playbook - Dian Griesel

2019-04-21

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Daily, thousands of women and men respond to short Silver Disobedience® essays posted on an assortment of social media accounts. Not with a mere thumbs-up: Dian's passionate readers share extensive personal responses, stories and gratitude for her heartfelt candor about deep feelings, thoughts, fears, problems and doubts to which so many seem to closely relate. As a "she-ro" to many, and as one who is said to be grounded in the common sense of being real, Dian offers comforting, challenging and practical advice. Her warmth, relatable stories and overall receptive tone encourage readers to contemplate their own ideas and explorations of age and aging. "Silver Disobedients," as her followers proudly call themselves, asked for this collection of daily essays that can be carried, highlighted, read and reread anytime and anywhere, and left close by for meditation. This book is for all seeking to make life and relationships with ourselves and others work with greater

love. It recognizes and embraces our common humanity and challenges, and helps each reader to call forth the inner strength, resilience and courage we might have forgotten we had. A playbook for living and loving agelessly, these essays or meditations, as some call them, remain timelessly relevant for all at any and every phase of life.

Los Angeles Magazine - 2000-12

Los Angeles magazine is a regional magazine of national stature. Our combination of award-winning feature writing, investigative reporting, service journalism, and design covers the people, lifestyle, culture, entertainment, fashion, art and architecture, and news that define Southern California. Started in the spring of 1961, Los Angeles magazine has been addressing the needs and interests of our region for 48 years. The magazine continues to be the definitive resource for an affluent population that is intensely interested in a lifestyle that is uniquely Southern Californian.

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~~Women Writers and Old Age~~ **Sexual Heights At Any Age** in Great Britain, 1750-1850

- Devoney Looser 2008-08-01
This groundbreaking study explores the later lives and late-life writings of more than two dozen British women authors active during the long eighteenth century. Drawing on biographical materials, literary texts, and reception histories, Devoney Looser finds that far from fading into moribund old age, female literary greats such as Anna Letitia Barbauld, Frances Burney, Maria Edgeworth, Catharine Macaulay, Hester Lynch Piozzi, and Jane Porter toiled for decades after they achieved acclaim -- despite seemingly concerted attempts by literary gatekeepers to marginalize their later contributions. Though these remarkable women wrote and published well into old age, Looser sees in their late careers the necessity of choosing among several different paths. These included receding into the background as authors of "classics," adapting to grandmotherly

standards of behavior, attempting to reshape masculinized conceptions of aged wisdom, or trying to create entirely new categories for older women writers. In assessing how these writers affected and were affected by the culture in which they lived, and in examining their varied reactions to the prospect of aging, Looser constructs careful portraits of each of her Subjects and explains why many turned toward retrospection in their later works. In illuminating the powerful and often poorly recognized legacy of the British women writers who spurred a marketplace revolution in their earlier years only to find unanticipated barriers to acceptance in later life, Looser opens up new scholarly territory in the burgeoning field of feminist age studies.
Best Life - 2006-06
Best Life magazine empowers men to continually improve their physical, emotional and financial well-being to better enjoy the most rewarding years of their life.

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~~Popular Mechanics - 2000-01~~

~~2017-10-20~~

Popular Mechanics inspires, instructs and influences readers to help them master the modern world. Whether it's practical DIY home-improvement tips, gadgets and digital technology, information on the newest cars or the latest breakthroughs in science -- PM is the ultimate guide to our high-tech lifestyle.

New York Magazine -

1996-01-15

New York magazine was born in 1968 after a run as an insert of the New York Herald Tribune and quickly made a place for itself as the trusted resource for readers across the country. With award-winning writing and photography covering everything from politics and food to theater and fashion, the magazine's consistent mission has been to reflect back to its audience the energy and excitement of the city itself, while celebrating New York as both a place and an idea.

Desperately Seeking Self-

Improvement - Carl

Cederström and André Spicer

In these pages, the authors of the widely-acclaimed *The Wellness Syndrome* throw themselves headlong into the world of self-optimization, a burgeoning movement that seeks to transcend the limits placed on us by being merely human, whether the feebleness of our bodies or our mental incapacities. Cederström and Spicer, though willing guinea pigs in an extraordinary (and sometimes downright dangerous) range of techniques and technologies, had hitherto undertaken little by way of self-improvement. They had rarely seen the inside of a gym, let alone utilized apps that deliver electric shocks in pursuit of improved concentration. But, in the course of a year spent researching this book, they wore head-bands designed to optimize meditation, attempted to boost their memory through learning associative techniques (and failed to be admitted to MENSA), trained for weightlifting competitions, wrote what they (still) hope might become a bestselling

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Scandinavian detective story, enrolled in motivational seminars and tantra sex workshops, attended new-age retreats and man-camps, underwent plastic surgery, and experimented with vibrators and productivity drugs. André even addressed a London subway car whilst (nearly) naked in an attempt to boost attention. Somewhat surprisingly, the two young professors survived this year of rigorous research. Further, they have drawn deeply on it to produce a hilarious and eye-opening book. Written in the form of two parallel diaries, *Desperately Seeking Self-Improvement* provides a biting analysis of the narcissism and individual competitiveness that increasingly pervades a culture in which social solutions are receding and individual self-improvement is the only option left.

Middlesex - Jeffrey Eugenides
2003-09-01

Winner of the 2003 Pulitzer Prize for Fiction: the dazzling international bestseller from the author of *The Virgin*

~~Sexual Heights At Any Age~~
~~Suicides - a rollicking family~~
epic like no other!

Sexual Pleasure - Barbara Keesling
2011-02-15

First, here is what SEXUAL PLEASURE is NOT: a general, use your fantasies, get romantic, light-some-incense, create-a-mind-set-for-good-love-and-it-will-happen kind of book. SEXUAL PLEASURE is for everyone interested in experiencing lovemaking as a supremely pleasurable emotional and physical exchange, and in exploring the power of a deeply satisfying sex life. The exercises in the book can be used by people of any sexual orientation, and by those who may have physical limitations, or who are just learning about their sexuality -- anyone seeking the secrets of strong and fulfilling sex. To experience deep sexual pleasure, you must explore your ability to enjoy --openly and sensually--basic human touch and relaxed, anxiety-free caressing. This book shows you how to fully appreciate the pleasure of touching and being touched. It takes you through a

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series of stimulating exercises done both with and without a partner to increase your sensual awareness and experience sexual ecstasy. **SEXUAL PLEASURE** encourages you to focus on your own sexual desire, rather than looking for ways to please your partner. This permission to be more in touch with what you enjoy leads naturally to greater passion, sensitivity, and pleasure for both you and your partner. The book includes the latest information and exercises on achieving mutual arousal and orgasm, including advanced lovemaking techniques such as shifting focus, peaking and plateauing. THIS NEW EDITION focuses more than ever on pleasure, incorporates new sex research, especially on male and female desire, contains a new chapter on oral sex, a new chapter on intercourse, and 20 new exercises, including: draw your orgasm, caress your partner's mouth with your penis, enhance female lubrication,

~~fantasy exercises for women's~~ orgasm, peaking, and teasing the PC muscle. The directions to the exercises have been rewritten for greater clarity, and the text has a flowing reader-friendly approach. Contents include: 1. Relaxation to Heighten Your Pleasure Response 2. The Touch That Transforms Sex 3. Self-Pleasure: Learn the Ways of your Body 4. Partner Caresses that Kindle Desire 5. Oral Pleasures 6. The Sexual Pleasure Cycle (includes both women and men) 7. Getting Better and Better (Erections) All the Time 8. Awakening Your Full Capacity for Arousal 9. Making the Pleasure Last and Last 10. The Pleasures of Intercourse 11. Sensational Orgasms 12. Ejaculation and Orgasm -- From Ordinary to Extraordinary 13. Strengthening the Bonds That Sustain You 14. Beyond Sensate Focus --Sexual Healing and Ecstasy The first edition has been a best-seller; the new edition promises to be even better.

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