

# Sacred Sexuality Living The Vision Of The Erotic Spirit

*Sex Shamans* - KamalaDevi McClure 2020-02-04  
20 transformative stories and sexual healing practices from international pioneers in the sexual shamanism movement • Reveals intimate details about how each sex shaman overcame personal struggles with heartache, jealousy, mental illness, or social shame to realize their calling as a sacred sexual healer • Includes 20 in-depth embodiment exercises such as soul gazing, contacting your spirit guides, sexual divination, energetic sex, self-pleasuring, moon blood rituals, and sacred sexual storytelling • Includes contributions from 20 diverse voices in the sexual shamanism community, all part of the mystery school ISTA: International School of Temple Arts Drawing on traditional and modern practices, a sex shaman uses the power of erotic energy as a healing medicine. They channel divine love and embrace sexuality freely, practicing polyamory, sexual healing, and even sex magic. They teach tantra, trance dance, kundalini yoga, and other techniques for healing shame, guilt, fear, and sexual trauma. Designed to guide the reader on a journey into their own sacred sexual awakening, this book shares true stories from 20 visionary pioneers in the sexual shamanism movement, all of them associated with the International School of Temple Arts (ISTA), a mystery school that works to illuminate the path of sexual shamanism and heal the split between sex and spirit, release the shame surrounding sexual awakening, and inspire more sexual liberation around the world. The teachers reveal intimate details of their life stories and sexual awakening journeys, showing how, by surrendering to the wisdom of the erotic current of the universe, transformation occurs. Each story is accompanied by an in-depth embodiment exercise with step-by-step instructions, including soul gazing, contacting your spirit guides, sexual divination, energetic sex, self-pleasuring, moon blood rituals, and sacred sexual storytelling. Underlying these exercises is the belief that the

body is a temple that opens with pleasurable worship so spirit may dwell more fully within. The 20 contributors include Baba Dez Nichols, Bruce Lyon, Crystal Dawn Morris, Dawn Cherie, Deborah Taj Anapol, Ellie Wilde, Janine Ma-Ree, KamalaDevi McClure, Komala Lyra, Laurie Handlers, Lin Holmquist, Matooka Moonbear, Mia Mor, Ohad Pele Ezrahi, Patrik Olterman, Raffaello Manacorda, Ria Bloom, Sean O'Faolain, Stephanie Phillips, and Stephen SouLove.

**The Erotic Word** - David M. Carr 2005-02-24  
Historically, the Bible has been used to drive a wedge between the spirit and the body. In this provocative book, David Carr argues that the Bible affirms erotic passion. Sexuality and spirituality, he contends, are intricately interwoven; the journey toward God and the life-long engagement with our own sexual embodiment are inseparable.

New Directions in Sex Therapy - Peggy J. Kleinplatz 2013-05-13

*New Directions in Sex Therapy: Innovations and Alternatives* focuses on cutting-edge therapy paradigms as alternatives to conventional sex therapy and expands the definition of the field. Replete with helpful clinical illustrations to demonstrate these new approaches in action, this book is intended for anyone who deals with sexual issues and concerns in therapy, clinicians of every kind, in addition to sex therapists.

**Sacred Sexuality** - Georg Feuerstein 2003-11-14

A historical, cross-cultural survey of sexuality as a sacred spiritual practice • Examines sacred sexuality in the world's religious and mystery traditions • Explores contemporary "sexual stress syndrome" resulting from the absence of the sacred in sexual practice • Reveals how to find the sacred in the ordinary This book examines the history of sexuality as a sacramental act. In spite of our culture's recent sexual liberalizations, sexual intimacy often

remains unfulfilling. Georg Feuerstein instructs that the fulfillment we long for in our sex lives can only be attained once we have explored the spiritual depths of our erotic natures. Feuerstein delves into a wide variety of spiritual traditions--including Christianity, Judaism, goddess worship, Taoism, and Hinduism--in search of sacred truths regarding sexuality. He reveals that all of these great teachings share the hidden message that spirituality is, in essence, erotic and that sexuality is inherently spiritual. From the erotic cult of the Great Mother and the archaic ritual of hieros gamos (sacred marriage) to the institution of sacred prostitution and the erotic spirituality practiced in the mystery traditions, Feuerstein offers a wealth of historical practices and perspectives that serve as the bases for a positive sexual spirituality suited to our contemporary needs.

**The Psychospiritual Clinician's Handbook** - Sharon G Mijares 2014-05-12

Learn to treat a variety of diagnostic disorders through various psychospiritual treatment models! Increasing numbers of people are moving beyond psychological therapy to seek alternative spiritual perspectives to medical and mental health care such as yoga and meditation. The Psychospiritual Clinician's Handbook: Alternative Methods for Understanding and Treating Mental Disorders provides the latest theoretical perspectives and practical applications by recognized experts in positive and integrative psychotherapy. Leading clinicians examine and re-examine their therapeutic worldviews and attitudes to focus on the right problems to solve—for the whole person. This essential Handbook is a window on the quiet revolution now sweeping the field of psychology, that of locating the whole human being in the center of the therapeutic process. The Psychospiritual Clinician's Handbook: Alternative Methods for Understanding and Treating Mental Disorders helps you effectively treat the whole person by providing a practical introduction to some of the worldviews and most effective practices like yoga, meditation, and humanological therapy used by psychospiritually oriented therapists. Helpful illustrations of body positions used in yoga and meditation plus photographs, tables, figures, and detailed case studies illustrate the process. The

Psychospiritual Clinician's Handbook: Alternative Methods for Understanding and Treating Mental Disorders will show you: the importance of a therapist's worldview for effective therapeutic outcome new perspectives on alternative treatments for depression, anxiety, eating disorders, OCD, PTSD, ADHD, Alzheimer's disease, and sexual dysfunction how yoga and mindfulness meditation can be used in psychotherapy the use and integration of meditation therapies in emergency situations the therapeutic integration of other alternative treatments, such as Kundalini yoga each contributor's case studies as illustration of effective treatment The Psychospiritual Clinician's Handbook: Alternative Methods for Understanding and Treating Mental Disorders is an invaluable resource for those interested in treating patients with a therapeutic process that is effective, adaptable, and wholly transformational.

**Embodied Spirituality in a Sacred World** - Michael Washburn 2012-02-01

Presents an account of human development from a depth-psychological, transpersonal perspective.

**Religion and the Subtle Body in Asia and the West** - Geoffrey Samuel 2013-04-12

Subtle-body practices are found particularly in Indian, Indo-Tibetan and East Asian societies, but have become increasingly familiar in Western societies, especially through the various healing and yogic techniques and exercises associated with them. This book explores subtle-body practices from a variety of perspectives, and includes both studies of these practices in Asian and Western contexts. The book discusses how subtle-body practices assume a quasi-material level of human existence that is intermediate between conventional concepts of body and mind. Often, this level is conceived of in terms of an invisible structure of channels, associated with the human body, through which flows of quasi-material substance take place. Contributors look at how subtle-body concepts form the basic explanatory structure for a wide range of practices. These include forms of healing, modes of exercise and martial arts as well as religious practices aimed at the refinement and transformation of the human mindbody complex. By highlighting how subtle-

body practices of many kinds have been introduced into Western societies in recent years, the book explores the possibilities for new models of understanding which these concepts open up. It is a useful contribution to studies on Asian Religion and Philosophy.

Belief, Bounty, and Beauty - Albertina Nugteren  
2018-08-14

This study is focused on the interaction of material and symbolic values ascribed to sacred trees in India and expressed in 3,000 years of ritual practice. Point of departure is the contemporary trend of mining religious narratives in order to mobilise environmental awareness.

**Sacred Sexuality** - Georg Feuerstein 1992  
Based on a vast diversity of religious and spiritual traditions, this comprehensive exploration of sexuality's spiritual dimensions uncovers deeply hidden messages about sexuality and shows how to incorporate the concepts of Hinduism, Christianity, Judasim, and other philosophies into our lives. Illustrated.  
Tantra & Erotic Trance - John Ryan Haule  
2012-11-01

In Volume One of this study, "Outer Work," we described managing our orgasmic response so as to cultivate "erotic trance," the altered state of consciousness that is the foundation of all Tantric activity; and we used it to climb the "diamond ladder" of mystical ascent to a rung characterized by the management of overwhelming emotions. Now in Volume Two, "Inner Work," we turn our attention away from "outer" goals having to do with our physiology and our relation to society at large and its prescriptions, to the much more subtle "interior" changes occurring in our consciousness. Continuing our climb up the rungs of the diamond ladder, we are introduced to the landscape of mysticism, a topography whose several regions are each characterized by the mastery of a different psychological capacity. Yoga gives us an interior ladder in the form of the subtle body that is comprised of the chakras, each of which opens onto a distinctly different emotional realm. In this work our "feeling function" becomes highly differentiated. Tibetan mandala meditation disciplines our imaginative capacity, as we bring the heavenly palace of copulating gods and goddesses into being. By

cultivating emptiness, we pare away our attachments to the memories that have been holding us back and the aspirations that narrow our future so that we can dwell in the present moment, without the props of doctrine and method. Passing beyond our personal self, we are introduced to the divine oneness of the cosmos, pulsing between accomplished union and the vision of that with which we are united. We return from such ecstasy to live our temporal lives on two planes simultaneously as spiritual wayfarers.

**Asian and Pacific Islander Americans** - Daya Singh Sandhu 1999  
Scholars of psychology, education, social work, and counseling examine such topics as transracial adoption, women's issues, substance abuse, and the racial experiences of 43 different ethnic groups often statistically lumped together. Among the specific topics are Asian Indian women's bicultural experience, political ethnic identity versus cultural ethnic identity, ethnic variations in the adaptation of recent immigrant Asian adolescents regarding, and sexual abuse.

**Tantra** - Georg Feuerstein, Ph.D. 1998-07-28  
Today's foremost yoga researcher offers a clear and lively introduction to the history, philosophy, and practice of the Tantric spiritual tradition Tantra—often associated with Kundalini Yoga—is a fundamental dimension of Hinduism, emphasizing the cultivation of "divine power" (shakti) as a path to infinite bliss. Tantra has been widely misunderstood in the West, however, where its practices are often confused with eroticism and licentious morality. Tantra: The Path of Ecstasy dispels many common misconceptions, providing an accessible introduction to the history, philosophy, and practice of this extraordinary spiritual tradition. The Tantric teachings are geared toward the attainment of enlightenment as well as spiritual power and are present not only in Hinduism but also Jainism and Vajrayana Buddhism. In this book, Georg Feuerstein offers readers a clear understanding of authentic Tantra, as well as appropriate guidance for spiritual practice and the attainment of higher consciousness.

**Bearing Meaning** - Robbie Kahn 1998

The Deeper Dimension of Yoga - Georg

Feuerstein, Ph.D. 2003-07-08

"Here is a comprehensive survey of the full breadth and depth of the 5,000-year-old Yoga tradition, emphasizing its potent philosophy and spiritual vision. Georg Feuerstein demonstrates that Yoga is much more than a system of physical exercises—it is a profound path of self-transformation that encompasses a range of teachings, practices, and sacred texts that can help us cultivate wisdom, balance, and inner freedom, as well as physical health. Feuerstein is one of the few Western scholar-teachers of Yoga whose writing and teaching penetrate the full richness and depth of this ancient tradition. Here he offers a collection of essays touching on all facets of the discipline. Topics include: • The different branches and styles of Yoga • The ethical teachings of Yoga • Yoga and vegetarianism • Meditation and mantras • Choosing a teacher • Tantric Yoga • The experience of ecstasy

**Yoga Journal** - 1992-05

For more than 30 years, Yoga Journal has been helping readers achieve the balance and well-being they seek in their everyday lives. With every issue, Yoga Journal strives to inform and empower readers to make lifestyle choices that are healthy for their bodies and minds. We are dedicated to providing in-depth, thoughtful editorial on topics such as yoga, food, nutrition, fitness, wellness, travel, and fashion and beauty. *The Wiley-Blackwell Handbook of Transpersonal Psychology* - Harris L. Friedman 2013-08-07  
THE WILEY-BLACKWELL HANDBOOK OF Transpersonal Psychology "The new Handbook of Transpersonal Psychology is a necessity today. Many transpersonal psychologists and psychotherapists have been waiting for such a comprehensive work. Congratulations to Harris Friedman and Glenn Hartelius. May this book contribute to an increasingly adventurous, creative, and vibrant universe." Ingo B. Jahrsetz, President, The European Transpersonal Association "The Handbook of Transpersonal Psychology is an outstanding, comprehensive overview of the field. It is a valuable resource for professional transpersonal practitioners, and an excellent introduction for those who are new to this wide-ranging discipline." Frances Vaughan, PhD. Psychologist, author of *Shadows of the Sacred: Seeing Through Spiritual Illusions*

"Finally, the vast literature on transpersonal psychology has been collected in what is clearly the essential handbook for psychologists and others who have either too apologetically endorsed or too critically rejected what undoubtedly will define psychology in the future. If you are not a transpersonal psychologist now, you will be after exploring this handbook. No longer can one dismiss the range of topics confronted by transpersonal psychologists nor demand methodological restraints that refuse to confront the realities transpersonal psychologists explore. This is a marvelous handbook—critical, expansive, and like much of what transpersonal psychologists study, sublime." Ralph W. Hood Jr., University of Tennessee, Chattanooga With contributions from more than fifty scholars, this is the most inclusive resource yet published on transpersonal psychology, which advocates a rounded approach to human well-being, integrating ancient beliefs and modern knowledge. Proponents view the field as encompassing Jungian principles, psychotherapeutic techniques such as Holotropic Breathwork, and the meditative practices found in Hinduism and Buddhism. Alongside the core commentary on transpersonal theories—including holotropic states; science, with chapters on neurobiology and psychometrics; and relevance to feminism or concepts of social justice—the volume includes sections describing transpersonal experiences, accounts of differing approaches to healing, wellness, and personal development, and material addressing the emerging field of transpersonal studies. Chapters on shamanism and psychedelic therapies evoke the multifarious interests of the transpersonal psychology community. The result is a richly flavored distillation of the underlying principles and active ingredients in the field.

**Public Nudity and the Rhetoric of the Body** - Brett Lunceford 2018-12-15

Public Nudity and the Rhetoric of the Body examines instances of public nudity where sexuality is at the forefront of public body display. It presents case studies that raise discussions about identity, self-determination, and sexuality, and illustrate the complicated rhetorical nature of the human body in the

public sphere.

**Naked Politics** - Brett L. Lunceford 2012-06-14

Although public nudity as a form of political action has a history stretching back at least as far as Lady Godiva, *Naked Politics: Nudity, Political Action, and the Rhetoric of the Body* by Brett Lunceford, is one of the few books that examine political nudity from a rhetorical standpoint. Beginning with the notion that the body itself is communicative beyond the ability to speak, this work examines a variety of cases in which people employ the disrobed body for political ends.

*The Way of the Bodyprayerpath* - Barnaby B. Barratt 2004-08

Our sexuality and our spirituality are the selfsame life source that comes from the Sacred Unity of Love. This mystical vision explains how we can be released from the tyranny of human

malice and from the suffering that surrounds our lives. Written by a tantric facilitator, this book demonstrates how malice originates and how we may all return to the spiritual path that comes from the heart and that delights in erotic energy as our uniquely Holy Spirit. This is a guide to living life in the joy, bliss, and ecstasy of meditation and the authenticity of our sexual selves.

Yoga Journal - 1994-05

For more than 30 years, Yoga Journal has been helping readers achieve the balance and well-being they seek in their everyday lives. With every issue, Yoga Journal strives to inform and empower readers to make lifestyle choices that are healthy for their bodies and minds. We are dedicated to providing in-depth, thoughtful editorial on topics such as yoga, food, nutrition, fitness, wellness, travel, and fashion and beauty.

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