

Opening The Door A Treatment Model For Therapy With Male Survivors Of Sexual Abuse

Accounts of Innocence - Joseph E. Davis 2005

Since a new sensitivity and orientation to victims of injustice arose in the 1960s, categories of victimization have proliferated. Large numbers of people are now characterized and characterize themselves as sufferers of psychological injury caused by the actions of others. In contrast with the familiar critiques of victim culture, Accounts of Innocence offers a new and empirically rich perspective on the question of why we now place such psychological significance on victimization in people's lives. Focusing on the case of adult survivors of childhood sexual abuse, Joseph E. Davis shows how the idea of innocence shaped the emergence of trauma psychology and continues to inform accounts of the past (and hopes for the future) in therapy with survivor clients. His findings shed new light on the ongoing debate over recovered memories of abuse. They challenge the notion that victim accounts are an evasion of personal responsibility. And they suggest important ways in which trauma psychology has had unintended and negative consequences for how victims see themselves and for how others relate to them. An important intervention in the study of victimization in our culture, Accounts of Innocence will interest scholars of clinical psychology, social work, and sociology, as well as therapists and victim activists.

Reclaiming Herstory - Cheryl Bell-Gadsby 2013-06-20

Women who have survived sexual abuse are among the most traumatized individuals who seek therapy. Assisting such clients to reframe transcend their abusive pasts requires enormous sensitivity and therapeutic skill. Reclaiming Herstory: Ericksonian Solution-Focused Therapy for Sexual Abuse will greatly help therapists hone their craft with its solution-focused, Ericksonian approach and highly refined techniques for working with this population. The approach the authors present has evolved through work with hundreds of sexual abuse survivors. The authors have found their techniques to be remarkably effective in helping these clients to regain a sense of freedom and empowerment in their lives. The authors view the healing process as a collaborative partnership in which the therapist co-creates with the client a positive context for healing. This process comprises four distinct stages through which every client must pass in order to achieve their own unique potential. The book clearly describes the primary symptoms and features of the four stages, which are: Breaking the silence and unmasking the secret Becoming visible Reclaiming and reintegration of the self Empowerment and the evolution of the sexual self It also presents, for each stage, a series of detailed metaphorical stories, exercises, and rituals designed to assist a client who is traversing a particular stage. Numerous suggestions, lists, questions, and vivid case studies help the therapist to identify and assess the individual needs of a particular client and then pinpoint those tools that will best facilitate the healing process at a given stage. Recognizing the severe toll that work with sexually abused clients can take on the therapist, Reclaiming Herstory also provides strategies for self-care that can be used during various stages of therapeutic practice. The volume also provides a timely and important discussion of the controversial false memory backlash and its impact on the survivor and implications for the therapist.

True And False Allegations Of Child Sexual Abuse - Tara Ney 2013-06-20

It is important for society that the backlash does not result in the reburial of the problem of child sexual abuse. 'True and False Allegations of Child Sexual Abuse' represents an important contribution to that effort. This book is about conducting evaluations of allegations of child sexual abuse that take into account research knowledge and practice wisdom. It is not a cookbook about how to do evaluations. Rather, it provides a great deal of food for thought and is aimed at child abuse professionals who can critically read and test the material against their experiences in the field. It includes a wide spectrum of information, approaches, and opinions about child sexual abuse evaluation.

Helping Male Survivors of Sexual Violation to Recover - Sarah Van Gogh 2018-04-19

Placing the experiences of men at the heart of this book, Sarah Van Gogh outlines an integrative approach

to effective therapeutic treatment of male sexual abuse. In a culture where to be male is often to be expected to embody strength, power and being in control, male victims of sexual abuse can be particularly challenging to help. This book outlines seven composite detailed case studies representing men from a wide range of backgrounds and demographics. It lays out how the author's pioneering model of an integrative approach which includes psychodynamic, humanistic, relational, cognitive/behavioural, body-based and arts-based approaches can offer an effective model for working with this client group. This key text provides a valuable resource for all those working with male survivors of sexual abuse.

Ending The Cycle Of Abuse - Philip G. Ney 2013-10-28

First published in 1995. Routledge is an imprint of Taylor & Francis, an informa company.

Translating Psychological Research Into Practice - Lisa Grossman 2013-11-15

Print+CourseSmart

Sexual Abuse of Males - Josef Spiegel 2013-08-21

Based on hundreds of case histories, this book examines the sexual abuse of boys, from the perspectives of victim & perpetrator. It adopts a psychosocial context & seeks to develop a multidimensional understanding of dynamics & effects.

Opening The Door - Adrienne Crowder 2014-02-24

The first book available to comprehensively address the treatment of sexually abused males, *Opening the Door: A Treatment Model for Therapy with Male Survivors of Sexual Abuse* is based on current research and the carefully evolved techniques of 41 therapists who have developed expertise in working with sexually abused males. It discusses both the approaches that these therapists bring to their work and presents interventions they have successfully applied in treatment. Written in clear, concise language, *Opening the Door* features a four-phase treatment model and presents, in detail, the therapeutic tasks necessary for each phase. This model makes clear the significant parallels and distinctions between the processes of therapy and abuse. These processes are discussed throughout the text to ensure that therapy will be a healing rather than a harmful experience. The volume presents information about the frequency of male sexual victimization, the impact of this victimization on the individual, primary differences between male and female victimization, and the issues victims typically bring into therapy. The four-phase treatment model for male survivors and the therapeutic tasks of each stage is then addressed. This model serves as a framework for presenting specific therapeutic interventions. Chapters examine such areas as the essential processes that pertain to all therapeutic modalities (individual, group, etc.) when treating male survivors of sexual abuse; contracting with clients, assessment guidelines, and methods of evaluation; individual therapy with male survivors; a two-stage group treatment model for male survivors, which discusses contraindications for group treatment, screening criteria, general ground rules for the group, and effective interventions; critical issues in treating male survivors, including engagement strategies, therapeutic impasses, and client/therapist gender dynamics; and the therapeutic process as it applies to adolescent male survivors, with particular emphasis on how treatment must be carefully tailored to the developmental needs of this group. Included are guidelines for working with adolescents and several interventions that contributors have successfully used with this population. Since working extensively with abuse survivors can exact significant personal costs, the book provides important self-care strategies for therapists to incorporate into their work and lives and discusses seven ways in which to recognize and manage counter-transference. The volume also contains a highly comprehensive list of written, video, and training resources that will provide therapists with numerous avenues to expand their clinical practice and knowledge, as well as seven appendices that include the DES Questionnaire and the Dean Adolescent Inventory Scale. *Opening the Door* will be an invaluable resource for all mental health practitioners who help male victims of sexual abuse to transcend survivorship and learn to live healthy, productive, and vital lives.

Reader's Guide to Lesbian and Gay Studies - Timothy Murphy 2013-10-18

The Reader's Guide to Lesbian and Gay Studies surveys the field in some 470 entries on individuals (Adrienne Rich); arts and cultural studies (Dance); ethics, religion, and philosophical issues (Monastic Traditions); historical figures, periods, and ideas (Germany between the World Wars); language, literature, and communication (British Drama); law and politics (Child Custody); medicine and biological sciences (Health and Illness); and psychology, social sciences, and education (Kinsey Report).

Child Sexual Abuse in Black and Minoritised Communities - Aisha K. Gill 2023-01-01

Child sexual abuse (CSA) is believed to affect one in eight children worldwide (UNICEF, 2020). This authoritative book challenges widely-held problematic beliefs about CSA and discusses societal responses and attitudes to survivors. It brings together multidisciplinary expertise from key researchers and practitioners around the world to better understand CSA in Black and racially minoritised communities and to provide recommendations for improving legal, policy and practical responses. It provides an international overview, covering theory, practice and policy and action-oriented research to determine how countries can individually and collectively work to prevent CSA with specific, vulnerable groups and in general. It also examines how intersectional marginalisation affects experiences of, and responses to, CSA. This essential body of work is thoroughly researched and includes first hand testimony which will deepen the understanding of students, academics, policy-makers and professionals including social workers, service staff and activists working at the frontline. Chapter 7 is available open access under a Creative Commons Attribution 4.0 International License via link.springer.com.

The Long Journey Home - Andrew J. Schmutzer 2011-10-01

Maybe the only thing new about sexual abuse is quality discussion from several professions (psychology, theology, and pastoral care). Here are the insights of over two dozen psychologists, theologians, and those in pastoral care, all targeting the issue of sexual abuse. Designed as a resource for Christian educators, therapists, pastors, social workers, group leaders, and survivors, *The Long Journey Home* combines current research in mental health with rich theological reflection, global concern with fervent pastoral wisdom for the local faith community. Whether you are a counselor, professor, pastor, or spouse of a survivor, you hold in your hand a fresh resource of information and advocacy for those suffering from the devastating effects of sexual abuse and rape. The breadth of material, biblical insight, discussion questions, and helpful resources gathered here just may be the tool of a generation.

Gay Men and Childhood Sexual Trauma - James Cassese 2016-01-20

Learn powerful techniques for healing the scars of early sexual abuse in gay men! The first book of its kind, *Gay Men and Childhood Sexual Trauma: Integrating the Shattered Self* addresses the specific therapeutic needs of gay men in recovery. All too often, gay men hide their childhood memories of being sexually victimized, because of fear, shame, and the stigma of stereotypes which equate homosexuality with child abuse. Some gay men may view these histories as "rites of passage" and dismiss other perspectives as betrayals of their community or inadvertent support for the anti-gay agenda of the religious right. Certain therapists and so-called support groups ridicule them as hysterics with false memories. Groups like the North American Man-Boy Love Association or the Rene Guyon Society dismiss the source of their anguish as wishful thinking or a healthy, consensual intergenerational romance. Finally here is a book that addresses the unique emotional and psychological needs of gay male survivors of sexual abuse. *Gay Men and Childhood Sexual Trauma* offers new hope by separating the crime of pedophilia from the consensual intimacy of an adult male same-sex relationship. It provides specific guidance for therapists working with gay men either in individual or group therapy settings, and offers practical treatment suggestions as well as moving insights into the painful conflicts gay men may have in accepting their own sexuality and revealing their status as child survivor of an adult sexual predator. *Gay Men and Childhood Sexual Trauma* discusses practical ways to help the survivor heal, including: adopting eye movement desensitization and reprocessing techniques to treat traumatized gay men helping gay men to break the old arousal patterns associated with their abusers handling survivors' formidable issues of trust, addictions, depression, and low self-esteem leading survivor groups of mixed sexual orientation discerning the special meaning of HIV to traumatized gay men respecting cross-cultural differences in treating the gay male sexual trauma survivor finding new directions for research This powerful volume offers sufficient technical detail to be useful for

the therapist working with gay men, yet it is written with enough clarity and compassion to be used as bibliotherapy for men just coming out as gay, as survivor, or as both. *Gay Men and Childhood Sexual Trauma* is an essential resource for mental health professionals, as well as for gay men who have themselves survived sexual abuse or who love someone who did.

Women Survivors of Childhood Sexual Abuse - Terry S Trepper 2014-03-18

Women Survivors of Childhood Sexual Abuse is a detailed discussion of the theoretical and philosophical underpinnings involved in conducting group psychotherapy with women who have experienced childhood sexual abuse. Offering the practical "how to's" of conducting a thirteen-session group, this unique book emphasizes the discovery of solutions, strengths, and internal/external resources and highlights the temporal nature of "being a victim" and "being a survivor" at theoretical and clinical levels. The book's integration of theory and clinical intervention provides a thorough basis for addressing some of the key themes in the resolving of sexual abuse. In *Women Survivors of Childhood Sexual Abuse*, you'll uncover topics related to healing such as: the theoretical rationales for group treatment, which include the Ericksonian approach, the feminist perspective, narrative therapy, and the solution-oriented approach resiliency- and resource-based approaches the importance of language in recovery from sexual abuse how to deal with issues such as relationships, telling one's story of abuse, building safety/boundaries, spirituality, cultivating a future, dealing with flashbacks A practical guide for students in counseling practicums, *Women Survivors of Childhood Sexual Abuse* provides you with a systematic method with which to conceptualize and conduct group work. Experienced counseling practitioners in psychology, social work, psychiatry, and nursing will also benefit as you gain a session-by-session account of how to conduct group work. In today's institutional setting, private practice, and professional climate in general, there is growing interest in how to do more with less, how to maximize financial and professional resources, and how to take care of our therapist selves. This book will help you achieve these goals through leading clients to personal empowerment, self-compassion, and resourcefulness.

Betrayed as Boys - Richard B. Gartner 2001-01-03

More than one in six boys in the United States is sexually victimized by the age of 16. Yet in the growing professional literature on child sexual abuse, few books focus specifically on the experience of victimized boys and men. This much-needed volume examines how sexual betrayal affects boys and the ways they carry this hurt into adulthood. Blending psychoanalytic understanding with insights from trauma-oriented theory and practice, Richard B. Gartner presents effective strategies for meeting the unique therapeutic needs of men with sexual abuse histories. Filled with evocative clinical material, the book draws readers into the direct experience of these clients, the therapists who work with them, and the constantly shifting relational world they inhabit.

Children as 'Risk' - Anne-Marie McAlinden 2018-10-04

Examines the social, legal and cultural challenges navigating the boundaries of 'normal'-'problematic'-'risky' sexual behaviours among peers.

Violence in the Family - Keith Brownlee 2005-02-14

Violence in the Family is a collection of original articles by practitioners and academics that focuses on family violence in rural and northern areas. Geography and attitudes figure centrally in many of these discussions, but more specific problem areas, including types of violence and intervention possibilities, are also discussed in practical and treatment-focused terms. A complement to more general treatments of family violence, this collection, with its scrutiny of family violence in rural and northern areas only, is unique. Professors of social work and other disciplines will find this a valuable supplementary text in a wide variety of courses, such as child welfare, women's issues, direct practice, community work, public health, and social policy.

Choosing to Heal - Laura Ellsworth 2007-04-06

The number of sexual abuse disclosures by children has been increasing at a steady rate. Therapists are faced with the dilemma of limited resources and training to help them best serve this vulnerable population. *Choosing to Heal* breaks new ground as the first resource to use Reality Therapy and Choice Therapy in focusing on the treatment of sexually abused children. Mental health professionals are provided with numerous techniques and strategies to utilize during the treatment process. Parents, caretakers,

teachers and anyone helping children heal from sexual abuse can obtain an understanding of the process in simple and understandable language. *Choosing to Heal* is a must-have resource for anyone helping a child heal from sexual abuse.

Gender Differences at Puberty - Chris Hayward 2003-07-31

This book focuses on the emergence of gender difference, summarizing the most up-to-date interdisciplinary research.

Opening The Door - Adrienne Crowder 2014-02-24

First published in 1995. Routledge is an imprint of Taylor & Francis, an informa company.

Treating Abuse Today - 1996

Opening The Door A Treatment Model For Therapy With Male Survivors Of Sexual Abuse:

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