

How To Please A Woman Sexually With Your Hands

What Women Want - Stefan Bechtel 2000-04-22
2,102 women invite you between these covers
These women want to share intimate secrets about their sex. Secrets that most mortal men never get to hear. You'll learn their real desires-- and exactly what it takes to woo, win, and please them, now and forever. What Women Want is the most comprehensive, revealing, fascinating study of women and sex ever undertaken on behalf of men like you. Inside, Laurence Roy Stains and Stefan Bechtel-- the authors of Sex: A Man's Guide, a million-copy bestseller-- report in eloquent, manly language on their findings from interviews with more than 2,100 women. These women let their hair down. They tell how often they fake orgasm and why. (You'll be surprised.) They talk about whether they are after your money, your soul, or both. They reveal what makes them hot and what turns them cold. And they confess that they like sex. They really do. And they really do like men. But they know better than to tell you that. For the first time, under one cover, you have in your hands the indisputable truth about what women think about love, men, sex, and relationships. Read this book, and you'll have an unfair advantage in matters of love-- where all is fair-- and in the war of the sexes-- where victory occurs only when everybody wins.

Extended Massive Orgasm - Steve Bodansky 2013-03-12
Hunter House has a new year's resolution you can stick to: better sex! Published just in time for the new year, the second edition of *Extended Massive Orgasm* offers even more in-depth information on how to achieve great sexual pleasure, so that your goals for 2013 can include: 1. Longer and more intense orgasms 2. More pleasure 3. A deepened relationship The authors of this book reveal techniques that everyone can use to give and receive extended massive orgasms. Readers will learn how to produce an extended orgasm manually, with

fingers and hands touching the genitals in a precise way. With a strong focus on how to pleasure a woman, the authors also discuss pleasing men. They describe how satisfying your partner in this way is an ecstatic experience for both parties and can enhance your relationship. New updates in this edition include: new techniques for focusing on pleasure 14 new diagrams and drawings for understanding techniques new stroking techniques for the clitoris expanded section on the male orgasm expanded section on communication and relationships Additionally, the authors have rewritten some of the original material, with insights gained from the decade of teaching sexual ecstasy that has passed since the first edition was published. Rewritten parts include: Positions for optimum orgasm Detailed training techniques The nature of orgasm and the capabilities of the human nervous system The difference between sensuality and sexuality Safe sex practices Overcoming resistance to pleasure Understanding how both partners benefit from extended massive orgasm Filled with specific techniques, methods, ideas, and scientific and anatomical information phrased in an accessible and readable style, this book explores the nature of pleasure and why it is so difficult to achieve in our society. The authors discuss the differences and similarities between the sexes and how to exploit those to achieve a fantastic relationship. They also include information on how to seduce your partner, how to explore your own sexuality through learning how you enjoy being touched, and how to communicate your desires to your partner clearly and joyfully. The benefits to both partners of an extended massive orgasm are immeasurable. Women who thought they were unable to experience orgasm at all have learned to become fully orgasmic through the techniques in this book. These women experienced such pleasurable intensity and sensation in their bodies for an extended time period that the

preconceptions and limitations they had placed on themselves and their sexual potential were totally vanquished. And this is available to anyone who reads the book and applies and practices the methods described in Extended Massive Orgasm.

Delightful Hands - Andrew Pace 2014-08-31
 SECRETS TO AN EXHILARATING SEX LIFE
 Andrew Pace reveals that the first secret for consistently powerful orgasms is knowing how best to stimulate all, not just one or two, of a woman's sexually sensitive places on her body (her erotic zones). The second secret is realizing that for most men, it is all about his hands, not what's between his legs, that will empower him to fully satisfy her. Pace has observed that what works sexually for one woman quite often does not for another. Consequently he offers a wide range of orgasm techniques (over thirty) to insure that each reader can fully satisfy his partner. As a bonus, he recommends several methods that women can adopt to maximize their own sexual responses. Using these techniques, a man can reliably and consistently pleasure his woman to orgasm and often multiple orgasms with sensations so powerful and engrossing as to produce a trancelike state of mind. Couples will relish and appreciate this delightful experience which keeps their sex life lively, fresh and exhilarating.

Sex Positions for Couples - Brenda Desire 2019-11-21
 If you're looking to take things with your partner to the next level sexually, then keep reading! Sex Positions for Couples: How to Improve Your Sex Life: The Ultimate Guide for Beginners with Spectacular Sex Positions for Couples and Sex Tips is the book for you. While most people enjoy sex and feel that they may have a strong knowledge of what to do in the bedroom, people tend to stick to doing the same few things when it comes to sex with their partner. However, this is not the full potential that you and your partner could be reaching sexually, as there is an abundance of information that many people don't know when it comes to sex that can be extremely helpful to improve your overall experience. If you've decided that you'd like to spice things up and improve your sex life no matter what level you feel like you're at sexually, you've come to the right place. In this book, you

will find everything that you need to know about having a great sex life with your partner from beginning to end. At first, we'll begin by introducing you to the topics of intimacy and desire, and how they relate both to your partner and your sex life, as well as how to improve those things for better sex and a better relationship. From there, we'll talk all about the concept of orgasms, from how they work for a man or woman to what it is that often triggers them, and how to do it yourself. We'll talk about both oral sex and anal sex and how you can be having the best of either one with a few important pieces of knowledge. After that, we'll launch into all of the best sex positions for male orgasms, female orgasms, enjoyable orgasms for both parties, and positions that are sure to keep a woman coming, as well as how to perform them. Following that, we'll talk about sexual desires and teach you how to go about communicating them with your partner. We'll then talk about satisfying your partner with just your hands, both for leading up to sex and bringing them to climax. In the end, we'll give you a low down of the different types of lubrication, vibrators, and other fun toys to use in the bedroom. Inside you will find: The different types of intimacy and how to improve them How intimacy relates to sex How to regain your sexual desire with your partner How orgasms work and how to make them happen The best positions for oral sex Tips and tricks for giving oral How to have better and more pleasurable anal sex All of the best sex positions for whatever you may be looking for How to communicate your sexual fantasy with your partner How to pleasure your partner and bring them to climax using just your hands What the different types of lubrication are and what they're best for What the different types of vibrators are and why they're different How to effectively use vaginal beads for a better sex life If you really want to improve your Sex Life scroll up and click the buy now button!

Enjoy! - Joyce J. Penner 2017-09-05
 Do you want a stronger, more exciting sex life with your husband? As a married woman, you have the power to increase sexual fulfillment for you and your husband—if you aren't stymied by false assumptions about a wife's role in sex. In Enjoy: The Gift of Sexual Pleasure for Women,

Dr. Clifford and Joyce Penner dispel assumptions that can keep women from accepting and expressing their God-given sexuality in marriage. After more than forty years as sex therapists and educators, the Penners have learned what helps couples build lasting, mutually enjoyable sex in marriage. Their knowledge is culled from the stories of thousands of individuals and couples who sought help with frustrations and have found relief and mutual fulfillment. In this book they share step-by-step, practical ways for wives to move from duty and disappointment to pleasure and fulfillment. Learn how the woman's biblical role for sex in marriage is to pursue all of who she is sexually and share her sexuality with her husband, which will, in turn, increase his satisfaction. Be empowered as a woman to embrace your sexuality and find deeper enjoyment with your husband. This title is a companion to *The Married Guy's Guide to Great Sex*, also by the Penners.

The Mystery of the UNDERCOVER CLITORIS—Orgasmic Fingertip Touching Every Woman Craves - Dr. Sadie Allison

2014-01-31

Sexy women are talking about you. Sadly, it's not flattering. Too bad - because it's not your fault! You don't have a clitoris, after all. So how could you EVER really know the many special ways a woman Wants/Hopes/Prays you'll treat hers? I'm Dr. Sadie, America's Pleasure Coach. It's my job to clue-in guys like you about all the ways to tease and please a clitoris - so every woman sees you as a true Sex God. I'm not kidding! You don't need Hollywood good looks either. Just magic in your fingertips. My sex-e-book hands you that orgasmic magic. And how do you think a turned-on, orgasmically SATISFIED woman returns all that pleasure to you? In spades! And many, many times over! Here's the problem. If you're like most guys, I bet you THINK you already know my secrets. But if you could listen in to what most women confide to each other - in private - you'd know that most guys RARELY score well on clitoral savvy. Most get no higher than a disappointing 3 or 4! Now: Think about the woman (or women!) who you want to see you as Sex God: that flirt at work . . . that hottie in the hood . . . your girlfriend . . . wife . . . first date . . . whoever!

How differently would she lock eyes with you if she knew you weren't clitorally challenged - but a Perfect Ten in the spine-tingling orgasmic touch she craves and adores! I'll be glad to answer that for ALL womankind:

"YESSSSSSSSSSSS!!!" My quick-read, beautifully illustrated sex-e-book will give you that skill as well as that confidence . . . because now you'll know . . . * How to find her clitoris (even if it's hiding), and what to touch - but even more important: What NOT to touch! * How to instantly activate her thousands of clitoral pleasure receptors with a magic elixir you've got an unlimited supply of! * How to adjust your personal touch by a mere quarter-inch in a way that'll skyrocket her orgasmic pleasure. * How to caress her vaginal lips so they become your ally in arousal - heating up her clitoris like you could never achieve on your own. * How to adjust your clitoral touch from what women describe as "feels like sandpaper" to "feels like Nirvana!" * How to tease your lover in a way that's so over-the-top exciting, her clitoris will actually CHASE your fingertip for the orgasmic satisfaction she craves. * How to fine-tune your touch when your lover's on the verge of coming - so you don't scare her orgasm away - but amplify it beyond anything she's ever felt! * And so much more . . . I encourage you to click for the FREE preview of my sex-e-book now, to whet your curiosity, and hold the honor of giving your lover the MOST INTIMATE PLEASURES she'll experience in her lifetime. Because when a passionate woman melts into your hands in orgasmic ecstasy, she's fully inspired to send that passion coming back to you.

Petals of Love Orally Pleasing Her - Agnes M Wilson 2015-04-15

Millions of men want to be sure that when their partner says, "Yes, I came," she's saying it with the flush of a real orgasm on her face, and the weak knees of a woman who's just experienced something that she'd only suspected could exist. Don't live with uncertainty. Join the happy men who know that their partner will never look elsewhere! Play it or fake it, if you do it well you would have won your ticket to sexual happiness. This book is about how to become unselfish and satisfy your woman with the best orgasm possible. Women are sexually satisfied when there is a deeper intimate level. Intimacy is

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enhanced through interaction during sexual activities. Often 98% of these activities are empty leading to her having a boring sex, boring relationship, and hence a boring partner. You will learn; understanding her body and techniques of giving unforgettable oral sex the secret around breasts from admiring to stimulating them how to use your hands on her body It is Unfortunate, many men do not learn these true principles of women sexuality at the outset and so, even with the best of intentions, their form is without substance. That's a shame, because mastering her is the most effective way to bring a woman to orgasm and that is one of the most pleasurable acts-for both of you.

The Art of Female Pleasure - Gabrielle Cerise
2007-04-01

Want to Really Satisfy a Woman? Then read on...Based on empirical evidence, women in same sex encounters report more pleasure and satisfaction. According to the groundbreaking Shere Hite report on Female Sexuality (described as one of the 100 key books of our time by the Times) 52% of women in the UK ALWAYS orgasm when with a woman!! In Australia and New Zealand that's even higher! 60 % and 61% respectively. Furthermore when asked 'are you curious or would you like to try a sexual relationship with a woman'. . . .71% of UK women said yes! And in Australia and New Zealand its 78% and 80%.Furthermore ancient texts advocate the immense sexual potential of women, in fact in 15AD a spiritual leader in the East declared that when God was giving out sexual desire one tenth went to men, and a whopping nine tenths went to women! Through it all, one truth has remained - women inherently know how to please and satisfy women in a way that, until now, has received little recognition. The Kama Sutra, Ananga Ranga, The Perfumed Garden, and The Tao have all touched upon these areas, but none have fully explored the process and learning to be gained by women who love women.Intense desire, coupled with a not so fulfilling bedroom life, means a tide of sexual frustration sweeping many women!However the situation is not as bleak as it seems. In discussions with numerous bisexual and lesbian women a number of factors have been isolated which may hold the key to bringing pleasure and satisfaction to many

women.- Develop a great appreciation of your partners body. Large, small, simply show your appreciation in words or touch, make her feel truly admired. - Facilitate relaxation. In other words take the time to relax the lady in your life - talk, give her a massage, rub her hands, play some music. Remember relaxation precedes arousal - therefore the more relaxed the lady, the greater will be her arousal, and response to your touch.- Increase your foreplay repertoire! For many couples there seem to be degree of focus on two strategic points. By expanding your vision to include often neglected areas such as the neck, back, forehead, eyes, hips, hands - you will be able to provide greater stimulation to her body, and increase arousal. Just make sure you keep this up for at least 20 - 30 minutes to create the desired effect.- Holistic seduction : Vary the stimulation when seducing your love object. Find out her likes and dislikes, interests, hobbies, and talk about them. Make her really feel listened to.. Now use your body language, words, questions, and atmosphere to create the seduction. Your body language should be open and relaxed; your words gentle and pleasing to the mind; the tone of your voice - deep, gentle and steady; slowly steer your line of questioning to sensual topics - i.e. her favorite food, types of massage she likes, the forms of art she admires. This will stimulate her inherent sensuality.- Holistic lovemaking : involve her mind, body and soul. The central idea here is to fundamentally create a sense of connection. By creating this feeling, you will be involving her mind, body and soul in the process, and thereby increase her response to you and her pleasure. Tantric exercise such as simply looking into each other's eyes - creates an intense bond, and fires neurons in the brain responsible for making us feel grounded, protected, and valued. Lye face to face, or sit face to face and simply gaze into each other's eyes. A variation of this is to sit, lie, or stand face to face (with eyes closed and foreheads touching) and simply feel the connection. Once you are familiar with these exercises try co-ordinating your breathing, to create an even greater feeling of connection.- Discover her body, find out her preferences! Is she a G-Spot or clitoral woman? Taylor you positions to give her - her favorite stimulation. As a general rule - positions which stimulate the

clitoris are usually face to face, and those tha
[Cunnilingus That Pleases Her](#) - Chrissy Wilkes
 2023-10-17

Cunnilingus That Pleases Her THIS IS A GUIDE TO GIVING HER MULTIPLE ORGASMS. A TRUE MEN'S GUIDE TO GIVING HER GOOD HEAD THAT WILL MAKE HER SCREAM, MOAN, SHAKE, QUAKE AND SQUIRT Do You Want To Learn Cunnilingus Techniques to Make Your Woman Scream with Pleasure! Is she grabbing your head with her hands and squeezing it between her thighs as she screams your name? A TRUTH IS EVERY WOMAN ADORES A MAN THAT KNOWS HOW TO GIVE GOOD HEAD. Did you know that giving a woman great oral sex or cunnilingus could make her long for you like never before, that is provided that you know how to give her intense pleasure. In fact, cunnilingus for some women is the only way that they can actually receive an orgasm. That is not just a statement, but it is backed up by many different surveys. Surveys have shown that many women who only received coitus with the penis in the vagina sex never receive an orgasm. But if you add some fingers and a tongue to the mix almost all of them with experience a climax. Some even experience the squirting of their vaginal secretions for the first time and absolutely love it! Most of the women that are surveyed say that they only experience an orgasm from coitus after that have had a mind-blowing screaming orgasm from their husband licking a sucking on their clitoris. I mean come sir, you love her to suck on your cock, so why not take the time to learn how to suck her clit right! Cunnilingus is way more than just taking your tongue and licking her pussy. Instead, it is real art and a skill to be learned and used on the woman you love most in this world. And trust me once you learn how to do it right you will have no trouble getting her to let you use these new-found skills on her. If your ability is not leaving her exhausted and begging for more then you need to learn the skills that are in this book. Trust me after you master these skills just as the title of the book states you will please her and leave her satisfied and wanting more. In this book, [Cunnilingus That Pleases Her](#); Whether you are a beginner or an expert there is still some things that you can learn from this book. You will learn many special cunnilingus techniques. How to apply fingers at

just the right time. You will also learn when the right time is. How to find out just what she likes. How do get into so real face sitting action Many new positions that make cunnilingus really work for her. Special skills that will turn you into a skilled Cunnilinguist. Special teachings just for the newbies. So, if you want to be one of those men who are a true master of cunnilingus? This book is for you. Do you want to be one of those men who are able to give their women a mind-blowing orgasm and give her more than orgasm at a time with nothing more than their tongue? Then this book is for you. Do you want to give your wife some of the most amazing pleasure and orgasms she has ever felt, then this book is for you. Do you want to leave her shaking and quivering from so much intense please that she can't be touched anymore as she is shaken from her very core, then this book is for you. If you want to watch your woman's body, go into complete ecstasy because of what you have just done to her, then this book is for you. Get a copy of [Cunnilingus That Pleases Her Today!](#)

[Red Hot Touch](#) - JAIYA 2010-05-19

Everyone deserves a happy ending, so go on, give 'em a hand. Your hands can play a piano concerto, perform surgery, juggle—and give your partner mind-blowing pleasure. If you're not using your hands to their fullest potential during sex, you are depriving your partner of untold bliss. It's time to learn how to use your mitts in ways that will have your partner moaning for more. With over fifty ways to stroke, squeeze, and please someone south of the border, and over 100 moves to stimulate other areas of the anatomy from the earlobes to the toes, [Red Hot Touch](#) will help you master the techniques that will take your sex life from average to red hot. Inside you'll find: Techniques for giving your partner an unforgettable orgasm How to use your hands for outstanding oral sex and incredible intercourse Exercises to strengthen the hands and increase your sensitivity Instructions for the world's hottest massage Recommended lubes and massage oils to relax, stimulate, and seduce A map of the body's erogenous zones and how to caress, rub, and touch each one for the maximum effect Tools that will triple the fun And much, much more

[Sex Machine](#) - Charlotte Kane 2019-10-19

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So you'd really like to please her in bed? Well, now you can. In *Sex Machine: A Man's Guide to What Really Pleases a Woman in Bed*, Charlotte Kane gives advice to men about what women really want in bed. If you're ready to expend the effort, you're ready to be all your woman wants and more. You are ready to become a Sex Machine. All men want a sexually satisfied woman but most don't have a clue as to where to start. The thing to realize is that great lovers are made not born. Women aren't that hard to please and pleasing them shouldn't involve any anxiety. What most women want is to be loved and desired. On top of that, they want massive orgasms. You, too, can give your lover sexual pleasure and massive orgasms. This book explains how. You can become the lover she's always wanted you to be. The good news is that it's not something that's beyond your grasp. The better news is that you can have fun while you learn. *Sex Machine: A Man's Guide to What Really Pleases a Woman in Bed* will show you how.

Sex Positions - Laura Lalli 2015-10-25

"You're about to learn how to SUPERCHARGE your sex life This book contains proven steps and strategies on how to make sexy time in the bedroom the best and most explosive for any woman. To women out there, here are some food for the thought: Have nights been unfruitful for you lately? Or has sex life never been truly satisfying at all? Are you stuck with the dull and boring missionary position and doesn't know what other position to try out to sleep with a smile in your face once sex is done? Whoever is reading this book, whether you be a man or a woman, you must admit that it is mostly the men who get the most out of any sexual exercise. In fact, men, more often than women, orgasm. Yes, making women orgasm can be tricky but in a considerable number of cases, women do not get as much pleasure because their partners did not make enough effort to bring them to completion. And that is both sad and unfair. For women reading this, it is time to know that you can take control in the lovemaking process and make sure that you groan and moan your way into ecstasy. The time of simply accepting that pleasure is a hit and miss will finally pass you by. With this book, you will realize that you can take an active role in making sex worth your while. Read this

and suggest to your partner to try these amazing sex positions out with you. As for men who have their hands on this book, you no longer have an excuse on failing to bring that dazzled look to her face every night. After reading this book, surprise your woman during your bedroom time by trying out one of the mind-blowing sex positions illustrated in here and revel in her delight and happiness at a night well spent. Here Is A Preview Of What You'll Learn... The amazing Butterfly Position The irresistible Scissors Position The one and only Sex Squat Modified Missionary position... so hot Much, much more! Download your copy today! Make your dream sex life your own real sex life. "

The Erogenous Pleasure Zones of the Female Body - Jonathan Clark 2016-07-21

Most men would like their female partners to experience the maximum possible pleasure during sex. On the other hand men tend to be rather simple and straightforward creatures when it comes to pleasure and go straight in there without paying attention to foreplay and the pleasure zones. This is a really big and basic mistake and one that many men make - especially (but not only) when they are young and sexually inexperienced. While there's no formula that will please each individual woman, there are a few general ground rules that you can follow. So what's a man to do if he wants new ways to give his sexual partner real pleasure? No matter who you're with it's nice to spice up your sex life with some new moves that she is likely to find pleasurable. If you're doing the same things in bed time after time, things are bound to become a little stale. That's why you need to mix things up and surprise your partner. The pleasure or 'erogenous' zones are placed all over the female body and are easy to find and stimulate. Your partner will love you for it - and I assure you that you will get back at least as much extra pleasure as you give. It's time to go on an erogenous zone exploration! One easy clue to where the erogenous zones are placed is that they are the areas that women draw attention to with perfume and jewellery and other adornments. This is like a sexual signal to men to draw their eyes to these places - the neck (with a necklace or choker), the ear lobes (with ear rings). The most obvious example is the use of lipstick to redden the lips - this

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echoes the reddening of the vaginal lips when sexually excited and is a really basic female human signal of availability (or at least possible availability) for sexual contact. From her head all the way to her toes, here is a selection of the top erogenous zones to turn her on and give her maximum pleasure.

How to Please A Woman - Jeff Gainey 2004
"How To Please A Woman" instructs all men about how to understand, appreciate & communicate with women, how to meet their needs & how to make them happy. It applies to single and married men alike - & also to women; to understand themselves better & what they should expect.

Girl Sex 101 - Allison Moon 2015-04-07
"Girl Sex 101 is the best sex guide in years." - DIVA Magazine
Girl Sex 101 is a sex-ed book like no other, offering helpful info for ladies and lady-lovers of all genders and identities, playful and informative illustrations on each page, and over 100 distinct voices, plus a hot narrative that shows you how to put the info to good use! Learn how to navigate the twists and turns of female sexuality, with special guidance from thirteen guest sex educators including Nina Hartley, Sex Nerd Sandra, Jiz Lee, Tristan Taormino, Julia Serano, Reid Mihalko and more! Girl Sex 101 will teach you... *The bits and pieces that make up female sexual anatomy *Simple ways to communicate in the heat of the moment *How to build a Road Map of your partner's pleasure *Essential moves for cunnilingus, strap-ons, hand sex and more! *Positions to avoid fatigue and generate the power you need to rock your girl's world! You'll gain confidence to please your girl, no matter what your hands-on experience. Buckle your seat belt and get ready to ride!

Mindblowing Mornings, Naughty Nooners, and Wild Nights - Emily Dubberley 2014-01-15
DIVS
Spontaneous sex can be hot, intense, and incredibly satisfying. Whether you are a new couple who can't keep your hands off each other or married with kids, quickies are the perfect way to stoke your libido, beat predictability and performance pressure, and add another dimension of excitement and trust to a relationship. Quickies are also a necessity to a regular sex life for those of us with little time and privacy for extended lovemaking sessions on

a regular basis. Quick sex doesn't have to be less satisfying--it just requires some mindblowing techniques for getting it on fast and good.

Fast sex isn't always about positions or orgasms--it is about the thrill of the lusty contact done semi-secretly--such as a hot hand job underneath the table at a restaurant or quick blow job in a public restroom or waking up your husband by riding him in the Cowgirl position.
Mindblowing Mornings, Naughty Nooners, and Wild Nights to the rescue! Try morning quickies, nooners, and nights and learn how to master quick hand jobs, oral techniques, and positions. Whether you're looking to bring yourself (or your partner) to climax fast--or create a teaser for a longer session later, each technique will show you how to create excitement and satisfaction in minutes.

Pleasure - Hilda Hutcherson 2006-10-03
Written in the tone of a supportive and savvy friend who just happens to be a top sex expert, this invaluable guide explores: Redefining pleasure: why the quest for female orgasms is overhyped - and how to relax and truly enjoy sex, with or without them
Discovering the female body's pleasure zones
Communicating with a partner about what feels good (and what doesn't)
Exercising and eating to improve your sex life
Sex positions 101...and 201
A lifetime of pleasure: great sex after pregnancy, after fifty, and more

Gabe's Guide to Good Sex - Gabriel Morris 2012-03-26
"You can read this short little book in a couple of hours or less. But I assure you that you will come away from it with some new, very useful ideas on how you approach sex--whether you're a man or a woman, young or older, a seasoned sex machine or a 40-year-old virgin. The book isn't focused so much on slick moves and techniques; though there are certainly some of those as well. Rather, it explores some of the more fundamental issues when it comes to having really good sex: Tuning into your partner's energy; understanding the fundamental differences between men and women, masculine and feminine; getting out of the head and into your body; increasing the feelings of love between you and your partner, as opposed to just focusing on physical pleasure; making every phase of the sexual experience last longer. These

suggestions and many others will help guide you naturally into finding the right moves, positions, rhythm, etc., so that you can start experiencing deeply satisfying and mind-blowing lovemaking, as opposed to just getting laid." From "Gabe's Guide to Good Sex" by Gabriel Morris Gabriel Morris is author of many books including "How to Make Sacred Love to a Woman" (also available on Amazon.com as both a Kindle e-book and in paperback). "Gabe's Guide to Good Sex" includes 25 potent sex tips (15 for men and 10 for women), with several paragraphs of explanation for each one. It also features three more in-depth essays (two of which are also featured in the book "How to Make Sacred Love to a Woman"). The central focus of these suggestions revolves around the idea that the most important aspect of any sexual encounter is more about the energy you create between yourself and your partner, than simply what you do with your body. Yes, what you do with your body is important as well! And included in this little book are an assortment of tips for both men and women to get more in touch with their bodies. But ultimately, great sex is more about how tuned in you are to your partner, and yourself, rather than simply giving a great performance and showing off the right moves. A few more selections from the book: "Feeling a woman's energy as much as you can is an all-encompassing exercise that should guide everything you do with her, from suggestions for where to go out, to when you make your first move, to how you make love. If you're not sensing into her, then good looks, charm and slick moves will only get you so far. " "The masculine impulse tends to be focused on the goal: get naked, penetrate and orgasm. The feminine wants to savor the moment and take more time with everything: build the energetic connection, more foreplay, longer sex, more orgasms. And if you agree that sex is fun, then why be in a rush to get it over with?" "So, once she signals that she's ready to spread her legs for you and reveal that sweet, beautiful part of her feminine essence, don't just grab your cock and go for the goal. Take your time with it. Admire it. Tell her how beautiful it is. Stroke her thighs, encouraging her to open a little wider. Brush your fingers along her pubic hair, giving her just a little tease of what's to come, how

gentle and sensitive you will be with your hands, and with your manhood once you get to that point." "To whatever extent the man is on top and in the active role, it's essential that he finds the proper rhythm with the woman. Sometimes the man needs a little reminder that if he really wants to merge with the feminine nature and help create a mutually amazing sexual experience, he needs to get out of his own head and make sure to sense into the woman, both energetically and physically, in order to find a rhythm that's truly in sync with the woman. So, as the woman, it's your job to make it clear when in fact he isn't finding that proper rhythm." [Tickle Your Fancy: A Woman's Guide to Sexual Self-Pleasure](#) - Dr. Sadie Allison 2001-01-15 Love yourself like nobody else! Whether you're a newcomer or an experienced hand, discovering different ways to pleasure yourself will do more than put a smile on your face—it strengthens your self-awareness and self-esteem, and can raise your lovelife to a whole new level. This bestselling book is like a gentle tour to a woman's body. It clears away the myths, and replaces them with fun, safe techniques designed to bring you to orgasm again and again. After all, don't you deserve each one of them? Easy to read and even easier to try, you'll find more than 30 masturbation techniques and 60 tasteful illustrations. Perfect for women of all ages, and for men who want to drive their lovers wild. Learn to free your mind for all the pleasure you deserve Enjoy a private, sensual tour of your body's erotic hotspots Discover the best fingertip touching techniques for the most exciting clitoral orgasms Be enlightened with an introduction to sex toys and self-pleasure techniques Over 60 tasteful guiding illustrations to show you the way Find out how to caress yourself to deep, satisfying G-spot climaxes Pssst. Hey guys... Want to know how to be the best lover you can be? It's not about length or girth. Nope. It's simply about knowing how women want to be touched. And Tickle Your Fancy: A Woman's Guide To Sexual Self-Pleasure will show you just what your lover wants you to do to the most sensitive part of her body: her clitoris. The book's techniques will work for you, too. After all, it's the same touches and strokes she craves--whether it's with her hands--or yours! Think of this as a peek at the "other

team's playbook", and if you'll pardon the pun, the sure way to score. What's inside Tickle Your Fancy? Masturbation is Healthy The Female Anatomy About Orgasm Getting Ready for Pleasure Fantasy and Adult Entertainment Lubrication Clitoral Stimulation Dildos and Vaginal Penetration Vibrators G-spot Play Anal Play Water Fun and Creative Objects Cleanliness and Safety Tips

The Definitive Sex Guide for Couples -

Samantha May 2020-07-25

The Definitive Sex Guide for Couples. 2 Books in 1 Do you wish you understood how to seduce the men you want and have mind-blowing sex? This is the guide for you! Do you wish you were able to attract the women you desire and to keep them satisfied? Then keep reading! Book no. 1 This is a comprehensive guide that has been compiled to help you understand every part of the dating and seduction process. Everything from making him fall for you in your first meeting, to blowing his mind in the bedroom is laid out and explained. You will find proven techniques that you can use to send text messages that will drive any potential partner wild, how to show just the right amount of interest, how to achieve pleasure every single time and how to fix it when you don't, and so much more. So many guides on the market rely on both parties being gymnasts that are light as a feather. The positions and tips in this book are formulated and chosen so average people who want to be able to have exciting, hot encounters with one another. You won't find a more comprehensive guide that explains how to have the sexual encounters that you need and want in your life. You will learn: The art of seduction and how it can come from the most benign interactions How to create an intimate environment with your partner that will keep you both wanting more How to attract the

partners you want and how to send them home satisfied How to flirt and leave them coming back for more every time So much more! You are a strong, sensual woman and you deserve pleasure from each and every one of your sexual encounters. Have potential partners eating out of the palm of your hand and begging for more with the information of this guide. More importantly, see to it that both you and your partner leave every encounter, completely satisfied. Book no. 2 This guide was created for men like you to understand everything a woman is looking for in the ideal sexual partner. With the information in this book, you'll be able to please any woman that crosses your path and you'll be able to attract the kinds of women that you desire the most. So many guides on the market rely on partners being experts with superhuman flexibility. The positions in this guide are meant for regular people to be able to exceed their partner's expectations in the bedroom and to offer pleasure like they've never experienced before. With information on everything from the very first meeting to specifics on how to drive her wild with every encounter in the bedroom, this guide covers everything you need to know! You will learn: How to have her begging for more from the very beginning How to make her orgasm time and time again to give her an experience she'll never forget How to catch the eye of the women you desire the most How to create a reputation for yourself that no woman will want to miss out on So much more! You have much to offer the women in your life, harness your potential and give them pleasure they won't be able to forget. You'll be able to show your potential partners that you're the ideal choice and you'll find it easier and easier to make sure your partner is always pleased. Scroll up and click "Buy Now" to revolutionize your sex life!

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