

When Sex Isn't Just Sex A Guide To Understanding

Sex Positions - Rachel Meurisse
2019-12-04

Try This Sex Positions Guide If You Want To Rekindle Your Sex Life! Research says that most couples only use up to four sex positions. Of course, you may be perfectly satisfied with your sex life even if you alternate between two positions.

However, for a woman, even a slight change in position can spark totally different sensations - so sticking to the basics makes her miss out on LOTS of pleasure. Admittedly there are hundreds of sex position guides on the market. Why is this particular book so special? It provides literally DOZENS of sex positions that you can try right now. The positions are classified according to experience level and the type of intercourse. And there are options to spice

up your love-making even further by the use of toys and accessories. Besides, this book isn't just about mechanical movements. It touches upon topics such as sexual compatibility and the role of sex in your relationship. Here's what you'll discover in this book: DOZENS of sex positions - ranging from the classics for beginners to some hardcore experimenting for experienced lovers A guide to sex GAMES and role-play for couples Tips for couples who want to UNLEASH their sexual energy with erotic massage The MAGIC factor in bed! The SECRETS of sexual compatibility that no one else will tell you! Even if you think you're fully satisfied with your favorite position... well, think again. Physical changes such as pregnancy can make certain

positions impossible, painful or potentially harmful, and you'll have to rethink your preferences. Then you'll just open this guide and find something to try! Besides, learning together with your partner will increase your levels of trust and intimacy so sex will become even hotter! Are you ready for the best sex of your life? Scroll up, click on "Buy Now with 1-Click", and Get Your Copy Now!

More than Just Sex - Ali Campbell 2012-05-03

Have you ever seen a couple and thought 'what does she see in him?' He might be overweight, bald, badly dressed or just really 'reliable and average', and yet he's with a gorgeous girl. And there you are - smart, intelligent, funny... but single! So what's his secret? The answer is remarkably simple. He has something that she wants... and so do you! You just don't know what it is yet. While most men focus on creating the impression THEY THINK is attractive to women, if you play to your natural strengths and

her desires in the ways outlined in this book, you'll stand out from the crowd and be an instant hit! This straight-talking dating guide will help you stop sabotaging yourself, and learn how to:

- get clear on who you are, your values, and what you need to satisfy you
- play to your natural strengths, AND her desires
- avoid making unspoken schoolboy errors
- perfect your personal brand
- understand what modern women really want from you.

Tantric Sexuality for Beginners Learn How to Have Minblowing Sex Using Tantra Techniques for Men, Woman and Couples -

Panagiotis Papadopoulos
2020-05-08

How to spice up the bedroom with tantric techniques, even if your sex life is completely vanilla. Are you and your partner bored in the bedroom? Have you lost that spark that existed in the beginning of your relationship? Do you long to feel the passion that used to leave you unable to keep your hands off each other? You need

tantric sex, and luckily for you, this book is a complete guide. Sex isn't just a physical experience, but an emotional one too. It involves more than just your body. It also involves your spirit. Tantric sex teaches you how to get in touch with your essence, your chakras, and your spirituality so that you approach love making with your whole being. Once you do, you'll experience your partner like never before. Of course, tantra isn't just for those in relationships. Since tantra is all about connection, this book will also show you how to connect with yourself first and a partner second. In addition, you'll discover: What tantra is and why it applies in the bedroom The seven chakras and how they relate to tantra The secrets of sex magic How to achieve an energy orgasm Tantric sex tips for men, women, and couples And so much more! You can experience sex on a whole new level with the help of tantra. There are no complicated positions that are impossible to achieve, and you don't have to

have any special training. Tantra is for everyone and at the end of the day, that's what matters. If you're ready for mindblowing sex and a heightened connection with your partner, click "add to cart" and give tantric sex a try today.

Sex Positions - Scarlett Gray
2020-10-30

Are you looking for a guide on sex position to spark your sexual relationship? Then keep reading... There is no better place to start than with all of the classic sex positions that everybody has heard of. These positions are the ones that you would think of when you think 'sex positions'. For any healthy relationship to prosper, the couple must indulge in healthy sex. Sex isn't just one of the basic primal needs. But at the same time, it is the way to create a bond that strengthens the two people who are a part of it. When we talk of sex, the kind of topic it encompasses is huge and wide. Not everyone gets to enjoy the best level of sex which infers that there is something which some of us miss out on. This book aspires

to help you reconnect with your inner sexual drive. Learn the best ways by which you can maximize your sexual potential and live every fantasy.

According to psychologists, a relationship that lacks intimacy will fail to thrive and will ultimately end up with two unhappy parties, likely separated, divorced, or otherwise split up. The importance of intimacy runs deep, as it is specifically the intimate connection between two people who are in love.

You can have love without intimacy, but you cannot have a romantic relationship without intimacy. There may be periods where intimacy waxes and wanes, but overall the intimacy should always be present or in the very close background of a relationship. When the intimacy starts to die down, it is always a good idea to put in a little extra effort to bring it back up. So, it is time to shed all inhibitions as far as getting intimate is concerned. This book isn't meant solely for reading purposes. It will take you on a ride which will

unravel the different layers of your body and help you understand your true sexual drive. This book covers the following topics: - Sexual Positions - Illustrations of Sexual Positions - Tantra - Kamasutra - Sex Games - Advice for Beginners - Sex Positions for Beginners - How to Discover Your Sexual Fantasies and Fetishes - Have Fun and Play Dirty - Spice up Your Locations - Beyond the Bedroom If you have been sexually exploring for some time now, you have without a doubt tried most of the sex positions included in this section before. Whether you have or not though, you might not be aware of the nuances or the different forms that these positions can take. For each of these classic positions, there is also a variation of it that you can try. If you are a fan of missionary for example, try the variation position for something new that you will likely enjoy just as much as missionary. Maybe it has been a while and you want to try these classic positions all over

again, back to basics is never a bad thing! I know you are exciting now to read this book. All you need to do is click the buy button and start to memorize and apply it!

When Sex Isn't Just Sex - Raymond Fletcher 2004-06-01

When Sex Isn't Just Sex doesn't pull punches. Every interview in When Sex Isn't Just Sex is real and so are the people, as well as their problems. The interviews are candid and outspoken. Women offer their preference for circumcised or natural penises. Couples speak openly about the sex they have, don't have and don't want. Couples talk about infidelity and spouse sharing. When Sex Isn't Just Sex allows the reader to understand that what might seem perverse in a relationship might actually be common. What makes When Sex Isn't Just Sex different from other books on intimacy, relationships and sexuality is the fact When Sex Isn't Just Sex answers why women don't like sex, why sex is important to men and what sex really means to men and women.

When Sex Isn't Just Sex takes a look behind closed doors and reveals the normalcy of what many people experience, but believe is a sin or perverse. When Sex Isn't Just Sex helps readers understand why their relationships are the way they are. When Sex Isn't Just Sex shows men and women how to overcome their problems and find newness in one another.

How to Talk Dirty - Art Of Seduction 2020-02-28

If you are looking to spice up your sex life you've come to the right place! What if with few new habits you could master the art of dirty talk? What if you can find a clever way to connect with your partner intimately when you're apart? Imagine if you knew all the Secret Weapons of Seduction. The first thing to understand is that dirty talk isn't dirty. There's nothing shameful or wrong about it. The Art of Seduction knows the art of communicating with your partner on a sexual level, and is going to reveal all the secrets to you. When you engage in dirty talk, you will

When Sex Isn't Just Sex A Guide To Understanding

find that a whole new world has just been opened to you. Regardless of what level of dirty talking you and/or your partner are at, this book can help to increase understanding of the role dirty talk plays, get into the basics, and improvise from given examples. However, dirty talking is not as "easy" as people make it seem. It's not just a matter of using every swear word the sailors taught you. There is an art and even a science to shock the senses. Effectively, dirty talking is a careful balancing act of expressing desire, of smart communication between two different lovers, and letting yourself feel the emotion of the moment. In this guide, you will learn exactly how to talk dirty and how to do it right. Give me one week and I'll double your sexual confidence Give me one month and I'll make sure you're not just comfortable saying the right words, you know exactly how to form them into sentences that drive him wild. By the time you reach the last chapter, you'll understand why it's the ONLY guide that can

teach you everything you need to become his sex goddess. In particular in this book, you will master: How to get you and your partner into dirty talk; How to start dirty talking; How to leverage dirty talk to keep the sexual tension high; How to keep things spicy when you're far apart; How to make your intimacy more attractive and vibrant; How to keep the passion burning for a long time; BONUS - Examples of Dirty talking in different situations; Buy this book NOW to Master the art of dirty talking and be ready for a hot, wild, & exciting night (and more than one..)! Pick up your copy today by clicking the BUY NOW button at the top of this page!

[Kama Sutra Sex Positions](#) -

Riley Ashwood 2021-02-13

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everything about Kama

sutra?Your Customers Will

Never Stop To Use This

Amazing Guide! In this book,

we'll explore the ideas of Kama

Sutra and discover how it can

re-connect you with one another, through that invisible umbilical cord that mutually and continually feeds you and your relationship. We'll find out how that existing connection can be the source of renewed sexual joy in your relationship; how it can make the difference between a long-term live-in friendship, and a vibrant, life-long sexual relationship between committed lovers and partners. Being in a committed, loving relationship always seem so easy and natural when we first set our feet on the path. Hand in hand, we walk into the future as a couple, swept away in our love for one another; believing that "forever" isn't such a long time in the company of the one we adore. But life in a long-term romantic relationship isn't as easy as many of us have been led to believe. It's not just about the compromise, listening and understanding. Let's be honest and admit that it's also about the sex. Sexuality in a long-term relationship or marriage can dwindle over the years. If we

have children, their arrival can change the nature of our sexuality. First and foremost is the inevitable transformation of our roles from life-long lovers to parents and guardians. There's also the stress of child-rearing. The baby who won't go to sleep. The dirty nappies. The shift of focus from each other to the new life that demands our care and attention. Some say sexuality between long-time partners can be re-ignited by "spicing things up". Costumes, saucy talk and sex aids can come into play to perhaps make things more fun. But what's really at the basis of your love? What's really the true cornerstone of your relationship? Is there something deeper you can draw on as a resource to lift up your sexuality and make it as enduring as the love you share? It can be hard to believe that your sex life can be improved and changed by words written in a text, but it can. In fact, improving your sex life can be done without help at all, but you need to know yourself 100% if you ever

expect to please someone else (inside and outside of the bedroom). There are so many ways in which each of us are pleased via sexually. Finding out what pleases each and every one of us is the difficult part. The Kama Sutra states that all of us can find pleasure and desire in one another, but only if certain factors are taken into account. This book covers: Is Sexual Compatibility important? Overcome sexual anxiety, shyness and insecurity Turn a boring relationship in an exciting couple game The Top sexual fantasies revealed How to create the right intimacy The best sex positions for couples Increase sexual passion with dirty sexy games Top foods to enhance stamina and libido in your sex With this book, you will be able to identify and implement steps that will change the way you look at yourself, life and sex. You will feel born again with the willingness and want to change or start anew. Having a great sex life isn't just a fairytale or something you see in movies or pornography. A

great sex life is achieved by hard work on your part and life changing practices that are kept up with throughout your life. Nothing in life is easy and this is no exception to that. Buy It NOW And Let Your Customers Get Addicted To This Amazing Book!
SEASONS OF SEX & INTIMACY - EMMA. WARING
2018

The Sex Dare - Tenisha Nicole Collins 2019-07-13

Sex is great and feels real, real good, but there's a lot more to it than that. Societal trends advocate doing whatever feels good, including having sexual intercourse with someone you are not married to. But the truth is, God has reserved great sex for a husband and his own wife -- period!The limelight shining on sex isn't a good one. It's almost impossible to find positive models of sex while married, in any medium, today. Television sitcoms, movies, magazines, romance novels, gossip radio, and talk shows all highlight marriages consumed with

infidelity, trust issues, dehumanizing sex or a lack of sexual intimacy. Most mediums imply that singles are the ones having the best sex of their lives and, if they do marry, great sex ends after the honeymoon. This guide removes all the defective propaganda surrounding sex so that a husband and wife BOTH enjoy sex without any issues. In just 21 days, married couples could be having the best, bed-breaking, intoxicatingly addictive sex with one another. Go ahead and read it...I dare you!

Sex, Love and the Dangers of Intimacy - Helena Lovendale
2002

Case studies offer insight into how to make relationships work. Each chapter contains such exercises as breathing exercises, making a timeline of the relationship, and thoughts to ponder.

Kama Sutra - Nicky Lopez
2020-11-24

Kama Sutra For Beginners:
Discover How To Increase
Intimacy With Your Partner
And Transform Your

Relationship! Have you heard of Kama Sutra but don't know where to begin or will it benefit your relationship? Do you wish to work with your partner on your intimacy and connect on a deeper level? Would you like to explore more about sex and spice up your sex life? If you are you looking to make a change in your life, then keep on reading and discover why this is the perfect book for you! You've probably heard many times someone mentioning Kama Sutra, and how they read something about it or even tried! Kama Sutra is the oldest surviving Hindu text on erotic love. People around the world who tried it claim that it changed their sex life for the better! Kama Sutra isn't only a sex manual on sex positions, but it has a much deeper purpose as it is envisioned as a guide to the "art-of-living" as well. With this guide, you too can uncover the many secrets of Kama Sutra and learn more about the nature of love, finding a life partner, how to maintain love life, and so much more! Do you wish to know

why Kama Sutra has been practiced for thousands of years? Here's what this amazing book on Kama Sutra contains: - What are the best Kama Sutra positions - Various benefits of practicing Kama Sutra - Why is foreplay important and how to master it - The important list of Kama Sutra erogenous zones - Which sex toys couples should try - And much more! Are you ready to try new things in your bedroom? With this guidebook, you will increase the intimacy with your partner and spice up your sex life!

Sex Is Not the Problem (Lust Is) - A Study Guide for Women - Joshua Harris 2010-05-19
Celebrate Purity Overcoming lust is a process that requires diligent focus and accountability from others, and these in-depth guides help establish both. They're designed for a variety of settings, from one-on-one accountability partnerships to Sunday school classes. *Sex Is Not the Problem (Lust Is)* made the statement that lust is a human problem (not just a guy

problem) and that Jesus can free anyone from its power. Going further, these gender-specific study guides feature questions and discussion starters that directly address the temptations unique to men and women. These resources are a must-have for anyone challenged to defeat lust and celebrate purity in their lives. *Lust Is Not Just a Guy Problem* Based on the bestselling message in *Sex Is Not the Problem (Lust Is)*, Joshua and Shannon Harris offer a companion study guide specifically designed to address the issues women face. For use in a personal or group setting, this in-depth guide is a tool to help you apply the book's principles as you go further on your journey to holiness. "Sex Is Not the Problem (Lust Is) offers help and hope—not just for those who are dealing with sexual lust, but for anyone besieged by temptation of any kind." —Nancy Leigh DeMoss Author, host of the Revive Our Hearts radio program Includes a Modesty Heart-Check for Girls

Each of the ten small-group sessions includes:

- **Easy Review:** A quick chapter summary makes review simple.
- **Discussion Questions:** Questions that serve as icebreakers, and then lead to deeper discussion and personal application.
- **Accountability Follow-Up:** Questions to help check each other's progress in a truthful and caring setting.
- **Meditate and Memorize:** Key Scriptures that will help women gain victory over lust.
- **Custom-Tailored Action Plan:** Women will be led in a step-by-step formulation of an Action Plan, uniquely tailored to combat their specific battles.

Story Behind the Book "I was preparing a message on lust when I realized that the book I wanted to consult hadn't been written. That book would make it clear that only Jesus Christ can free us from the hopeless treadmill of shame and guilt that so many well-intentioned people end up on. It would instill a love for holiness and a hatred for sin without dragging the reader's imagination through the gutter. And it

would be for both men and women, because I've learned that lust isn't just a guy problem—it's a human problem." —Joshua Harris

Tantric Massage: Learn The Incredible Art Of Tantric Massage, Tantric Sex, And The Amazing Tantric Sex Life That Comes With It - Cindy Kole 2019-10-26

Are You Ready To Spice Up Your Sex Life & Rekindle Your Relationship? You're not the only one! Follow thousands of others before you by exploring the tantric sex life and the wonders it can do for your relationship! I know what it's like for sex to get a tad boring, or even dull. The reality is, couples all across the world experience this feeling from time to time. If sexual intimacy isn't nourished properly, it can become just another task or chore, and given enough time can really break down the spirits of both partners in a relationship. Both people become unfulfilled and look for other sources to reach the intimate bond and connection that their sex life used to

provide to them. That was the problem in my marriage, and to be quite honest, I avoided accepting the issue way longer than I should have. My partner and I spent less time together, started sleeping in separate beds, and even kissing became a rarity. Eventually, it became too much for me, and I went down a long road of relearning what sexual intimacy is, and how to rekindle it within a broken relationship (or marriage). That's when I discovered the incredible art of the tantric massage. You see, a tantric sex life isn't just about doing the deed for the sake of it. It's about bringing couples to a higher level of awareness and sexual connection, heightening pleasure while also forming a stronger intimate bond between lovers. Tantric sex explores all facets of the body and mind, building up the raw sexual energy that we're all familiar with and releasing it upwards through the spine. It's not just about the physical pleasure, but about slowing down, and rediscovering each other in a way you've never

seen before. I invite you to come experience this journey with me, and rekindle your relationship in the same way! Here Is What I Will Teach You... The Myths Surrounding A Tantric Sex Life The Exhilarating Tantric Breast Massage The Incredible Yoni Massage The Breathtaking Man's Lingam Massage Secrets Of The "Sacred Spot" In Men & Women Much, much more! Rediscover your intimate lover when you buy your copy today! A new sex life is waiting!

She's Asking for It! - The Sex Your Woman Is Secretly Craving (and How to Give It to Her) - A Guide for Men, Women, and Couples - Eve Kingsley 2011-11-01

EVE KINGLEY'S FOLLOWUP TO THE UNDERGROUND SEX INSTRUCTION CLASSIC, JUST F*CK ME There's Something She Isn't Telling You... Men, this message is for you, so listen up Chances are, right now, the woman you're in a relationship with is craving something beyond the "normal" sex you've been giving her. To be blunt, she wants you to take

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control in the bedroom. And I mean really take control. What she doesn't want is for you to be a douchebag who thinks he's still on the high school football team. That's where most men who try to be an "alpha male" go wrong... I'll help you give her exactly what she wants, satisfying her unfulfilled fantasies of you taking charge and being assertive. I'll show you how to take her to the edge and keep her satisfied, both in and out of the bedroom. Her Deepest Desires... It's time you found out what they really are. This book has been designed for two types of people: 1. The man who is wondering, "How much can I turn up the heat?" 2. The woman who wants more from her man, but isn't sure how to ask for it. There are three sections in this book; one for men, one for women, and one for couples to read together. Each will help you to improve communication with your partner, increase intimacy, and build trust. Don't let unspoken sexual desires put a strain on your relationship. If you're

ready to satisfy your partner, as well as yourself, get this book

[What She Wants](#) - Aubrey Allan
2014-09-26

What She Wants Stop Listening to Your 'Bro' About What Drives Women Wild and What They Want... When it comes to sex, you want to listen to a females' perspective. We know what we like, we know what makes our toes curl and we can tell you exactly what to do. We also know what we hate, what makes us cringe and what we just wish you would stop doing. Seriously guys, some moves just need to be retired. And that is what this book is about. What She Wants is a book for men, but written by a female. This is the ultimate guide to what women actually want and exactly how to give it to us. Inside you'll learn everything you need to know to perform like a modern day Casanova. I wrote this book to be action orientated, I want it to act as a blueprint for you. So don't worry, this isn't just theory, this is all actionable content. You'll learn everything a

women wants, how to take both your sexual experiences to the next level, how to instigate sex and much, much more. Don't make the mistake of thinking you know it all, because trust me, you don't. You might know more than some guys, but you're still woefully undereducated. Take this opportunity to dive into the female psyche and you'll outclass any previous partners she's ever had! Inside you'll learn:

- The 6 Things You NEED To Know About Women & Sex
- How To Set The Stage For Sex So That She Is The One Wanting It More Than You
- The Keys To Dirty Talk & How To Start It
- Foreplay From a Female Perspective
- Sex & How To Take Both Your Orgasms To The Next Level
- The Best Positions She Wants You To Use
- How To Add Some Kinkiness To Your Relationship

And much, much more. So, what are you waiting for? Stop floundering in the waters of mediocre sex and take the opportunity to get inside the female psyche and find out what we TRULY want. You'll

never be the same after reading this book. And, your partner won't be either! You can thank me later. Aubrey. P.S Don't Forget to Check Out The Awesome Free Gift I Put Together For You

[Sex in Mind](#) - Richard Lacey
2004

Feeling sexy begins in the mind. Using ground-breaking hypnotherapy and NLP (Neuro-Linguistic Programming) techniques Sex in Mind reveals the secrets of how you can use your mind to have better sex. Great sex isn't just about toys, positions and partners; by exploring our inner thoughts, we can learn to recognize what we really want, get more of it, and improve what we're getting Sex in Mind explodes conventional wisdom about sex and sexuality. It is packed with practical information about attraction, flirting and seduction, while the accompanying CD is a delicious fusion of deep relaxation and guided erotic fantasy.

The Relate Guide to Sex and Intimacy - Cate Campbell
2015-08-06

Sex and intimacy are what make couple relationships special and different. We may even measure the quality of the relationship by how intimate we feel or how good the sex is. This can be wonderfully reassuring when it goes well, but we all have times in our lives and relationships when we don't feel so close. When sex isn't working well or isn't happening, confidence in the relationship can ebb away too. Yet there is plenty you can do to turn things around and recapture the fading intimacy. In *The Relate Guide to Sex and Intimacy*, Cate Campbell takes a realistic look at modern relationships, steering you through practical exercises, examples, quizzes and talking points to help give your sexual self and your relationship an intimacy makeover. Comprehensively tackling the issues that challenge sex and intimacy, this book will both equip you to understand and manage problems when they arise and to make a good sex life even better.

The Ultimate Sex Guide for

Couples: Have More Intimacy, More Passion and an Amazing Sex Life - Jordan Sex Davis 2015-10-30
Have More Intimacy, More Passion and an Amazing Sex Life This book will teach you how to supercharge your intimacy, rekindle the passion, and enhance your sex life! Sex is the grease that keeps the wheels of romantic relationships turning smoothly. Without it, you will undoubtedly have a hard time having the happiness that you've always wanted in your romantic relationship. When you start going out, you probably find it impossible to resist each other. In fact, you are likely to do crazy sexual things in the park or on your evening commute. When you think about him or her, your heart races and you cannot just wait for the next moment you see him or her. Well, if only this fire could keep burning for the rest of your life, sexless relationships wouldn't exist and cases of having to seek sexual release outside your relationship won't even exist.

When Sex Isn't Just Sex: A Guide To Understanding

Unfortunately, there seems to be a bug that catches many couples in long-term relationships. Sex starts diminishing and it isn't uncommon to hear couples confess that they have sex once a month or just a couple of times a year. Then you might wonder; what really happened that makes him or her less attracted to you sexually? And what can you do to change the situation? Well, this book will help you to understand all that and help you skyrocket your sex life. Even if the passion is there, but you just want to take your relationship to a higher level, this book is for you. I share with you some fun and exciting ways to help you discover how to have more intimacy and passion in your relationship for an amazing sex life. Read on and enjoy sprucing up your relationship! Here Is A Preview Of What You'll Learn... Sex: What Makes Your Spouse Not Want You in Bed Like Before? How to Get Him in the Mood How To Get Her In The Mood Crazy Ways to Supercharge Every

Session Eat For Sex Top 5 Sex Positions to Try Out And More! So What Are You Waiting For? Take Action Now And Grab A Copy Today! Have Sex, Have Fun and Enjoy!

Living in a Gray World - Zondervan, 2015-12-08

In today's world, the topic of homosexuality seems to be part of daily conversation in the media, in politics, and even inside churches, with pressure to accept one view or the other. And if you're a Christian teen, you may feel overwhelmed by the opinions. New York Times bestselling author Dr. Preston Sprinkle has encountered these same questions, and as a theologian and a college professor he has dealt with these issues firsthand. Through honest conversation, real-life examples, and biblical research, Dr. Sprinkle unpacks what we can know to be true, and how Scripture's overall message to us today allows us to move forward and find answers that align with God's intent. *Living in a Gray World* explores with readers:

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When Sex Isn't Just Sex: A Guide To Understanding

Homosexuality and other related issues, such as what it means to identify as transgender and intersex. What the Bible says about homosexuality. How to cultivate a heart for people. Dr. Sprinkle shares biblical truth and compassion about this important topic. This book isn't just for straight students, it's for all students looking for information and guidance. Living in a Gray World is also an educational book that parents can read and discuss with their children.

Gabe's Guide to Good Sex - Gabriel Morris 2012-03-26
"You can read this short little book in a couple of hours or less. But I assure you that you will come away from it with some new, very useful ideas on how you approach sex—whether you're a man or a woman, young or older, a seasoned sex machine or a 40-year-old virgin. The book isn't focused so much on slick moves and techniques; though there are certainly some of those as well. Rather, it explores some of the more fundamental issues when

it comes to having really good sex: Tuning into your partner's energy; understanding the fundamental differences between men and women, masculine and feminine; getting out of the head and into your body; increasing the feelings of love between you and your partner, as opposed to just focusing on physical pleasure; making every phase of the sexual experience last longer. These suggestions and many others will help guide you naturally into finding the right moves, positions, rhythm, etc., so that you can start experiencing deeply satisfying and mind-blowing lovemaking, as opposed to just getting laid." From "Gabe's Guide to Good Sex" by Gabriel Morris. Gabriel Morris is author of many books including "How to Make Sacred Love to a Woman" (also available on Amazon.com as both a Kindle e-book and in paperback). "Gabe's Guide to Good Sex" includes 25 potent sex tips (15 for men and 10 for women), with several paragraphs of explanation for each one. It also features three

more in-depth essays (two of which are also featured in the book "How to Make Sacred Love to a Woman"). The central focus of these suggestions revolves around the idea that the most important aspect of any sexual encounter is more about the energy you create between yourself and your partner, than simply what you do with your body. Yes, what you do with your body is important as well! And included in this little book are an assortment of tips for both men and women to get more in touch with their bodies. But ultimately, great sex is more about how tuned in you are to your partner, and yourself, rather than simply giving a great performance and showing off the right moves. A few more selections from the book: "Feeling a woman's energy as much as you can is an all-encompassing exercise that should guide everything you do with her, from suggestions for where to go out, to when you make your first move, to how you make love. If you're not sensing into

her, then good looks, charm and slick moves will only get you so far. " "The masculine impulse tends to be focused on the goal: get naked, penetrate and orgasm. The feminine wants to savor the moment and take more time with everything: build the energetic connection, more foreplay, longer sex, more orgasms. And if you agree that sex is fun, then why be in a rush to get it over with?" "So, once she signals that she's ready to spread her legs for you and reveal that sweet, beautiful part of her feminine essence, don't just grab your cock and go for the goal. Take your time with it. Admire it. Tell her how beautiful it is. Stroke her thighs, encouraging her to open a little wider. Brush your fingers along her pubic hair, giving her just a little tease of what's to come, how gentle and sensitive you will be with your hands, and with your manhood once you get to that point." "To whatever extent the man is on top and in the active role, it's essential that he finds the proper rhythm with the

When Sex Isn't Just Sex A Guide To Understanding

woman. Sometimes the man needs a little reminder that if he really wants to merge with the feminine nature and help create a mutually amazing sexual experience, he needs to get out of his own head and make sure to sense into the

woman, both energetically and physically, in order to find a rhythm that's truly in sync with the woman. So, as the woman, it's your job to make it clear when in fact he isn't finding that proper rhythm."

When Sex Isnt Just Sex A Guide To Understanding:

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