

Adult Survivors Of Child Sexual Abuse

Counselling Adult Survivors of Child Sexual Abuse Christiane Sanderson 2006 This updated and expanded edition provides comprehensive coverage of the theory and practice of counselling survivors of child sexual abuse (CSA). In a reasoned and thoughtful approach, this book honestly addresses the complex issues in this important area of work, providing practical strategies valuable and new insights for counsellors.

The Gentling Workbook for Teen and Adult Survivors of Child Abuse William E. Krill 2015-12-23 "Gentling is a therapeutic approach to people who have experienced physical, emotional, and sexual abuse as children and have acquired Post Traumatic Stress Disorder (PTSD) as a result. Gentling has redefined PTSD in child abuse survivors by identifying child-specific behavioral signs commonly seen, and offers a means to individualize treatment and measure therapeutic outcomes through understanding each suffering individual's unique symptom profile. The practical and easily understood "Gentling" approaches and techniques can be learned by clinicians, spouses, and adolescent and adult survivors of child abuse and all other caregivers in relationship to survivors. The approach can effect real and lasting healing. With the "Gentling Workbook, you will: Learn how to gently explore and process your abuse history, at your own pace and comfort level Gain the practical, and effective treatment tools that really help to reduce PTSD discomforts Learn how to manage the often intense reactivity seen in stress episodes Use the Stress Profile to understand your own unique symptom profile and to guide your healing process Praise for Krill's Gentling model "William Krill reminds us that 'gentleness is free', but the methodology and philosophy he puts into designing a protocol for treating stress disordered children is priceless. In this world where children are often disenfranchised in trauma care--and all too often treated with the same techniques as adults--Krill makes a compelling case for how to adapt proven post-trauma treatment to the world of a child." --Michele Rosenthal, HealMyPTSD.com "William Krill's approach to treating PTSD in abused children employs a common sense oriented treatment that will not only help the child but will direct the clinician through the 'where do I go next?' question. This book is so needed in the world of PTSD and provides step-by-step understanding and treatment of the battered child." --Marjorie McKinnon, Author of "Repair for Kids: A Children's Program for Recovery from Incest & Childhood Sexual Abuse Learn more at www.Gentling.org From the New Horizons in Therapy Series Loving Healing Press www.LHPress.com

Counselling Survivors of Childhood Sexual Abuse Claire Burke Draucker 2006-05-18 Praise for the Second Edition: "This is a user-friendly, readable, practical guide to assist survivors of childhood sexual abuse that will be particularly useful to students and practitioners who are new to this field" - Journal of Child and Adolescent Mental Health "This is a book that should give those who find themselves working with sexual abuse survivors some tools and skills for the job" - Young Minds Magazine "This book will be found valuable by all therapists and counsellors, not just those who have a special interest in childhood sexual abuse. Many will want to follow up the well-selected references the author gives. The detailed index will also help one to browse and read selectively" - Sexual and Relationship Therapy The experience of childhood sexual abuse is a trauma which continues to have an impact on survivors throughout their lives. The pervasive and long-term effects that stem from sexual abuse make it vital that counsellors become adept at addressing the unique and complex needs of survivors. In this Third Edition of *Counselling Survivors of Childhood Sexual Abuse*, Claire Burke Draucker and Donna S Martsof identify the significant healing processes which are essential to achieve recovery. These include: "disclosing the abuse" reinterpreting it from an adult perspective "addressing issues related to the context of the abuse; and "making desired life changes. Each of these processes is discussed in conjunction with the most effective counselling interventions to facilitate resolution. Carefully chosen case examples demonstrate the appropriate use of interventions in practice. The Third Edition includes a wealth of new material covering memory retrieval, outcome research, multicultural counselling, emerging therapeutic approaches, and neuroscience and counseling. Dynamics and difficulties in the therapeutic relationship are also discussed in great depth.

Adult Survivors of Sexual Abuse Mic Hunter 1995-04-03 The contributors to this book are all clinicians who have experienced working with people who have been severely sexually abused. In their quest to reduce human suffering, they have developed practical and effective methods of treatment, which they describe in this volume. Following a clear review of dynamically based theories which help in the understanding and treatment of adult survivors, topics discussed include survivors' sexual problems, such as compulsivity, and clients with special needs, such as survivors with personality disorders. Clinicians will find much of value in this practical volume.

Misinformation Concerning Child Sexual Abuse and Adult Survivors Paul Jay Fink 2019-11-20 Successfully navigate the minefield of misinformation that can prevent justice from being done in child sexual abuse cases! From the Foreword, by Robert Geffner, PhD, editor of the Journal of Child Sexual Abuse: "Too often, the public and some professionals have been misled by media publicity and articles . . . that appear scientific, but in reality, are biased opinions or over-generalized research. Forensic cases are being decided in many courts based upon the recommendations of so-called 'expert witnesses' who do not actually know the clinical research or understand the dynamics of such abusive relationships." This much-needed book points out and corrects misinformation that everyone who works with victims, offenders, or families in which sexual abuse has occurred needs to understand clearly. Especially vital in today's political climate, *Misinformation Concerning Child Sexual Abuse and Adult Survivors* gives you state-of-the-science information on such myths as "false memory syndrome," "recovered memory therapy," and the "lack of harm" to some sexually abused boys. *Misinformation Concerning Child Sexual Abuse and Adult Survivors* examines: forensic issues, including the "false memory" defense and how the long-term impact of childhood sexual abuse is often misrepresented in court three separate expert examinations of Rind, Tromovitch, and Bauserman's well-known--and often misrepresented--review of long-term child sexual abuse outcomes treatment recommendations and guidelines for addressing the memory controversy in clinical practice the fascinating case history/cautionary tale of the child molester Robert Halsey, who was convicted and sentenced to two life sentences in 1993, and how public and academic resources were misused to claim he was wrongly convicted

Cognitive-behavioral Treatment for Adult Survivors of Childhood Trauma Mervin R. Smucker 1999 With the use of both imagery and verbal interventions to activate the entire fear memory and to identify, challenge, modify, and reprocess the recurring traumatic imagery and abuse-related beliefs, a more adaptive schema is created. The authors comprehensively describe this treatment program, offering step-by-step procedures for each session."--BOOK JACKET.

Working with Adult Survivors of Childhood Sexual Abuse Liezel Anguelova 2018-03-20 This book provides a framework for addressing the extended treatment needs of adult survivors of child sexual abuse. It is based on a therapeutic intervention model that provides flexibility for therapists to work according to their training and skills set while incorporating practical techniques structured around the needs of survivors. The book begins by providing therapists with crucial information about sex abuse survivors—such as ethical considerations, types of abuse, the stages of abuse, and the effects of the abuse on the child—as well as a method useful in the putting together of an abuse profile which ultimately assists in identifying treatment needs. The second part of the book provides client homework exercises for treatment and covers working with memories; denial; problematic emotions such as guilt, self-blame, and shame; depression and anxiety; sexuality; as well as parents, partners, and more. This accessible yet comprehensive guide will be of utmost use to mental health professionals who work with adult survivors of childhood sexual abuse.

Vulnerable Populations Suzanne M. Sgroi 1988 Describes the latest clinical methods and advances in the treatment of these victims. Individual chapters treat play therapy, time-limited group therapy for adolescents, stages of recovery, and sexual abuse avoidance training. Annotation copyrighted by Book News, Inc., Portland, OR

Transforming Trauma Anna C. Salter 1995 The premise of this book is that those who do not recognize an internalized perpetrator when they hear one will often be frustrated by the tenacity of the survivor's self

blame. Primarily oriented towards treating adult survivors, this book will also be useful for treating sex offenders. Salter also describes the steps of therapy for survivors and proposes that trauma can be transformed rather than just endured.

Supporting Adult Survivors of Child Sexual Abuse Catherine Beaumont 2020-06-18 Offering a model of care that the church can use with survivors of sexual abuse, this supportive book is backed up by René Girard's Mimetic Theory throughout. The book proposes that the treatment survivors receive in churches could be greatly improved if instead of adding to a survivor's sense of guilt, difference or isolation or trying to change survivors' thoughts, feelings or behaviour they adopt the role of God as benevolent other. It shows that by adopting these beliefs churches can move past unintentional scapegoating of sexual abuse survivors and into a healing community where survivors feel included on churchgoers' journeys towards health and wholeness.

Adult Survivors of Child Sexual Abuse Jeanette Margaret Gosney 1995

Treating The Adult Survivor Of Childhood Sexual Abuse Jody Messler Davies 1994-03-21 Presents a model for the treatment of adult survivors of childhood sexual abuse that takes advantage of a relational approach and that integrates psychoanalytic thinking with the latest findings from the literature on psychological trauma and sexual abuse. Case examples illustrate the authors' treatment model. Annotation copyright by Book News, Inc., Portland, OR

Transforming Trauma Anna Salter 1995-05-31 Practitioners helping adult survivors of child sexual abuse need to be aware of the thought processes of offenders. The premise of Anna Salter's major book is that those who do not recognize an internalized perpetrator when they hear one will often be frustrated by the tenacity of the survivor's self blame. Primarily oriented towards treating adult survivors, this invaluable book will also be useful for treating sex offenders. It includes discussion of crucial issues such as: what clinicians who treat survivors need to know about sex offenders; the different ways sadistic and nonsadistic offenders think and the resulting different 'footprints' they leave in the heads of survivors; how trauma affects survivors' world-views;

Breaking Free Kay Toon 2018-02-15 This classic book has helped many thousands of people to manage the impact that childhood sexual abuse has had on their lives. The positive and optimistic approach continues to empower survivors to break free from the past. This new edition by clinical psychologist Kay Toon now refers to types of abuse that have come to light more recently, such as street exploitation, and abuse by celebrities, politicians and football coaches, as well as the use of digital technology to groom children and young people. Breaking Free is regularly recommended by agony aunts and therapists. A Department of Health project provided copies of Breaking Free and the Breaking Free Workbook to NHS Mental Health Provider Trusts. 'The voice of the cowed, betrayed and helpless sexually abused child speaks powerfully throughout this book.' British Journal of Psychiatry 'The way the book instils hope is inspiring' Journal of Social Work Practice 'This book will be enormously helpful to those who have endured sexual abuse.' Nursing Times

Vulnerable Populations Suzanne Sgroi 1988-03-01 In this much-awaited companion book to *Vulnerable Populations, Volume 1*, Dr. Suzanne Sgroi along with sixteen other veteran practitioners describes the latest clinical methods and advances in treating victims of sexual abuse and sexual offenders. Copious in case examples and professional insight, this second volume also addresses and often overlooked but particularly vulnerable population - those with mental retardation

Reclaiming Our Lives Carol Poston 2001 It is estimated that at least one in four or five women and one out of ten men was sexually abused as a child by a family member. Most of those people continue to suffer in adulthood because of undeserved guilt, anxiety, and shame. *Reclaiming Our Lives*, written by a survivor of abuse and a psychotherapist specializing in the treatment of adult survivors of abuse, uses interviews with survivors and a healing approach to track the adult problems and what to do about them. Issues of trust, power, control, sexuality, and intimacy are examined in detail. The book concludes with an alphabet of survival tactics and a fourteen-step guide for growth for the survivor.

Meet Carey Jones Christie Somes 2020-05-21 *Meet Carey Jones* is the result of twelve years of therapy and support groups. What began as a healing journey for the author evolved into research and presentation of help for others. This book is beneficial for adult survivors of childhood sexual abuse. It also provides excellent information for parents and educators helping a child to recover from sexual abuse while providing valuable guidance on the prevention of childhood sexual abuse.

Adult Survivors of Child Sexual Abuse Tom Wilken 2002

Services for Adult Survivors of Child Sexual Abuse Jill Lorraine Gibbons 1999

Cognitive Analytic Therapy for Adult Survivors of Childhood Abuse Philip H. Pollock 2001-08-31 This book considers the aftermath of childhood sexual abuse within the conceptual framework of Cognitive Analytic Therapy, and presents a model for treatment.

Therapy Guidelines Kim McGregor 2001

Child Sexual Abuse Reported by Adult Survivors Sinéad Ring 2022-04-28 *Child Sexual Abuse Reported by Adult Survivors* is a wide-ranging and timely critical history and analysis of legal responses to 'historical' or 'non-recent' child sexual abuse (NRCSA) in England and Wales, Ireland and Australia, each of which represents an evolving and progressive approach to this important and complex issue. The book examines the emergence of NRCSA as a distinctive social, political and legal phenomenon in each country and explores the legal responses developed to address its unprecedented challenges. Courts and parliaments in each country have reformed existing doctrine and practice and have created new ways of holding state and private actors accountable and new ways of addressing survivors' injuries. Criminal law, tort law, public inquiries and state reparations have all been to the forefront of these new legal responses, which have transformed law's engagement with NRCSA survivors and understandings of justice itself. However, despite this undeniable progress, the book identifies ways in which the legal responses developed in each country fail to deliver accountability and recognition to NRCSA survivors and argues that such failures betray the law's inherent ambivalence to delivering justice for these survivors. Creating new insights into legal responses to this complex contemporary legal, social and political problem, this book will be of great interest to academic lawyers, political scientists and historians, as well as those working on related topics in criminology, sociology, social policy, cultural studies and gender studies.

Treating Adult Survivors of Childhood Sexual Abuse William C. Nichols 1992 A concrete, how-to-do-it guide for recognizing, assessing, and treating adult survivors of childhood sexual abuse. Includes descriptions of red flags (symptoms that should alert therapists to a possible history of childhood sexual abuse), important differences in treatment methods for adult survivors vs. child victims, current knowledge about sexual abuse, numerous special resources, and more.

Victim Support's Adult Survivors of Child Sexual Abuse Project Debra Allnock 2016 The Adult Survivors of Child Sexual Abuse (ASCSA) project was established by British charity Victim Support to enhance its responses to clients. In the project, Victim Support staff worked together with adult survivors to 'co-create' a service and pilot it in two sites in England. This report presents a qualitative evaluation of the project, focusing on the 'co-creation' process and its impact on participants. The report concludes with recommendations for design and training.

Long-Term Effects of Child Sexual Abuse Paul E. Mullen 1998

12 Healing Steps for Adult Survivors of Childhood Sexual Abuse Adena Bank Lees 2012-03-26 From Adena: This book will help you to know that there is hope and a solution to the after effects of childhood sexual abuse. What makes this guide book so unique is that it is the first to utilize the deep wisdom and healing of the 12 Step Program of Alcoholics Anonymous for the purpose of recovery from childhood sexual abuse. The 12 Step

Program has been a powerful vehicle for millions of people who have used it to anchor them in their recovery. Because these Steps offer such a firm foundation, they are extremely effective for those of us healing from the effects of childhood sexual abuse. I have seen this powerful healing in my own life as well as in my clinical practice. For the purposes of this guide, child sexual abuse is violation of a child to meet the physical or emotional sexual needs of someone they perceive to have more power than they. Often this abuse was from a person the child trusted; one who was supposed to take care of and protect them, not violate them. Practicing the steps has freed me from the reign of the trauma and the offender in a way that I never thought possible. It was necessary for me to follow the suggestions of a sponsor (a childhood sexual abuse survivor who has walked before me) and a mental health professional. Professionally utilizing this philosophy, I have witnessed and been a part of tremendous healing and freedom for my clients they never deemed possible either. Perhaps, you are, like I was, suspicious of the 12-Steps. Is it a religious program/cult or one that forces you to talk about and believe in a "God"? If you are an atheist, agnostic, or have very strong feelings that a belief in a God or a Higher Power is not what you need to be in recovery; I invite you to read on and examine my version of the 12 steps. See if it fits for you. This book is meant to be suggestive only. There are no have-to's so, breathe, take one page and step at a time, and continue to ask yourself, "How free do I really want to be?"

Female Survivors of Sexual Abuse Christine D. Baker 2014-01-14 How can we treat survivors of sexual abuse more effectively? Sexual abuse against females is a serious problem in society and there is a need for a greater understanding of the presentation and treatment of adult survivors of sexual abuse. In *Female Survivors of Sexual Abuse*, Christine Baker combines her clinical experience with an innovative approach to the treatment of this problem. *Female Survivors of Sexual Abuse* addresses the experience of 180 female adults who were sexually abused in childhood, and provides detailed analyses and treatment approaches. The subject matter is presented in an accessible and compassionate way, imparting personal opinion and experience. It covers: * female survivors: their stories, and the evidence * integration, the alliance and the therapist * the survivor's journey to recovery * the families, disclosure and the role of the mother. This book enables the reader to "enter" the experience of the survivors and follow their progress to recovery, while highlighting the ever-changing state of knowledge in this difficult area. It will be invaluable to practitioners and students of clinical psychology, counselling, and psychiatry.

Adult Survivors of Childhood Emotional, Physical, and Sexual Abuse Francisco Gaspar Cruz 1994 In *Adult Survivors of Childhood Emotional, Physical, and Sexual Abuse: Dynamics and Treatment*, Francisco G. Cruz, M.D., and Laura Essen, L.C.S.W., two senior therapists with years of experience in treating this population, give the clinician the tools he or she needs to work with abused patients. In clear prose, the authors cover clinical assessment of adult survivors, a broad spectrum of multi-modality treatment strategies and techniques for clinical intervention (including dynamic and cognitive approaches), transference and countertransference issues, the therapeutic relationship, defense mechanisms, grief work, and special clinical problems in treatment with adult survivors. The book's eclectic approach makes it accessible to therapists across a wide spectrum of orientations.

Adult Survivors of Child Sexual Abuse Christine A. Courtois 1993

Child Sexual Abuse Reported by Adult Survivors Taylor & Francis Group 2022-04-22 *Child Sexual Abuse Reported by Adult Survivors* is a wide-ranging and timely critical history and analysis of legal responses to 'historical' or 'non-recent' child sexual abuse (NRCSA) in England and Wales, Ireland and Australia, each of which represents an evolving and progressive approach to this important and complex issue. The book examines the emergence of NRCSA as a distinctive social, political and legal phenomenon in each country and explores the legal responses developed to address its unprecedented challenges. Courts and parliaments in each country have reformed existing doctrine and practice, have created new ways of holding state and private actors accountable, and new ways of or addressing survivors' injuries. Criminal law, tort law, public inquiries and state reparations have all been to the forefront of these new legal responses, which have transformed law's engagement with NRCSA survivors and understandings of justice itself. However, despite this undeniable progress, the book identifies ways in which the legal responses developed in each country fail to deliver accountability and recognition to NRCSA survivors and argues that these failures betray the law's inherent ambivalence to delivering justice for these survivors. Creating new insights into legal responses to this complex contemporary legal, social and political problem, this book will be of great interest to academic lawyers, political scientists and historians, as well as those working on related topics in criminology, sociology, social policy, cultural studies and gender studies.

Healing for Adult Survivors of Childhood Sexual Abuse Bonnie J. Collins 1998 This treatment manual presents a complete 12 session program for treating survivors of child sexual abuse. It addresses issues of social isolation, intimacy and mistrust of others and how survivors can gain the support of others.

Push Back the Dark Elizabeth M. Altmaier 2017-01-09 Adults in your church, small group, or other Christian organization are silently suffering the tragic consequences of having been sexually abused as children or youth. Why aren't they coming forward for help? Their reluctance may be related to wounds given by the faithful--religious people they trusted, who said things like "well, it wasn't rape" or "it's been thirty years--why is this such a big deal?" Such responses from people with religious authority deepen victims' need to shrink into anxiety, depression, and self-degradation. This book offers you the tools needed to undertake caring ministry to adults suffering in the aftermath of childhood sexual abuse. Once you understand the scientific research on such topics as trauma memory, consequences of abuse, and forgiveness, you will appreciate how caring collaboration can create hope and healing. In these pages every reader will find helpful content that will take you from feeling out of your depth to knowing you are empowered to be an effective companion in God's transforming work in the lives of survivors of abuse.

Working with Adult Survivors of Childhood Sexual Abuse Liezel Anguelova 2018-03-29 4.5 Therapeutic Session Structure for Working with the Initial Stages of the Therapeutic Intervention Model -- Worksheets on Initial Stages of the Therapeutic Intervention Model -- Chapter 5: Working with Memories and Denial -- 5.1 Introduction -- 5.2 Discussion on Memories -- 5.3 Memory Triggers -- 5.4 Reactions to Memory Triggers -- 5.5 Discussion on Denial -- 5.6 Therapeutic Session Structure for Working with Memories and Denial -- Worksheets on Memories and Denial -- Chapter 6: Working with Stages of Child Sexual Abuse -- 6.1 Introduction -- 6.2 Stages of Child Sexual Abuse -- 6.3 Therapeutic Session Structure for Working with Stages of Sexual Abuse -- Worksheets on Stages of Child Sexual Abuse -- Chapter 7: Working with Prominent Problematic Emotions -- 7.1 Introduction -- 7.2 Discussion of the Prominent Problematic Emotions -- 7.3 Therapeutic Session Structure for Working with Prominent Problematic Emotions -- Worksheets on Prominent Problematic Emotions -- Chapter 8: Working with Life Areas Affected -- 8.1 Introduction -- 8.2 Discussion of the Different Life Areas Affected -- 8.3 Therapeutic Session Structure for Working with Life Areas Affected -- Worksheets on Life Areas Affected -- Chapter 9: Working with Complicated Life Roles -- 9.1 Introduction -- 9.2 Discussion on Complicated Life Roles -- 9.3 The Significance of Attachment -- 9.4 Attachment and Complicated Life Roles -- 9.5 Therapeutic Session Structure for Working with Complicated Life Roles -- Worksheets on Complicated Life Roles -- Chapter 10: Working with Integration and Termination -- 10.1 Introduction -- 10.2 Integration -- 10.3 Termination -- 10.4 Therapeutic Session Structure for Working with Integration and Termination -- Worksheets on Integration and Termination -- Index

Warriors of Truth Kim McGregor 1994 The book is intended for survivors of childhood sexual abuse and their supporters, friends and family. For the general reader the book offers insights into the effects of sexual abuse on the survivors' lives. The first part deals with information about childhood sexual abuse and why children remain silent about it. The second part offers ideas and techniques for victims to understand what has happened and to begin to make changes. Many of the chapters offer exercises to help people deal with their own experience. The third part gives supporters suggestions about how they may be able to help.

Working with Adult Survivors of Child Sexual Abuse Elsa Jones 2018-03-26 The author, working from the Family Institute in Cardiff, has been treating adult survivors of child sexual and physical abuse for several years, and she has clearly and frankly described her work in this book. She begins by describing the context for working with her clients; then describes the way she has welded systemic thinking and a feminist perspective into a theoretical model she uses to understand the problem and to guide her own work with the survivors. The descriptions of the therapeutic process are, at the same time, profound and simply conveyed.

Her work is further clarified by the inclusion of twenty case examples. She shares her own dilemmas about working with adult survivors, and in this way the book offers the reader support for the emotional impact of this work as well as a theoretical framework and suggestions about therapeutic technique.

Transforming Trauma Anna Salter 1995-05-31 The premise of this book is that those who do not recognize an internalized perpetrator when they hear one will often be frustrated by the tenacity of the survivor's self blame. Primarily oriented towards treating adult survivors, this book will also be useful for treating sex offenders. Salter also describes the steps of therapy for survivors and proposes that trauma can be transformed rather than just endured.

Handbook on Sensitive Practice for Health Care Practitioners Candice Schachter 2008 This handbook is designed to help health care practitioners address the needs of adult survivors of childhood sexual abuse. It provides background information about childhood sexual abuse and illustrates how childhood sexual abuse can adversely affect health care encounters with all types of health care providers. The principles and guidelines of Sensitive Practice presented in the Handbook are the product of dialogue between survivors and health care practitioners, and outline comprehensive, practical suggestions that all health care practitioners can incorporate into their clinical practice.

Misinformation Concerning Child Sexual Abuse and Adult Survivors Charles L. Whitfield 2001 A collection of scholarly articles on misinformation about child sexual abuse.

Counselling Adult Survivors of Childhood Abuse: From Hurting To Healing Zoe Pool 2017-10-16 Childhood abuse in all its forms is a major social and psychological problem in the UK and globally. Without effective help, survivors struggle with enduring anguish and self-harming behaviours that affect all aspects of their lives and relationships. In their new book, Zoë Pool and Michael Jacobs seek to increase our understanding of the therapeutic needs of adult survivors of childhood abuse. They describe the therapeutic services offered by a dedicated counselling agency, founded by the late Moira Walker. Here, relationships between therapist and client, and client and all parts of themselves, are prioritized. Throughout this text, survivor and practitioner perspectives are integrated with current research. Pool and Jacobs explore the impact that working with survivors of traumatic, adverse childhood experiences can have on therapists, including vicarious trauma, and consider what is needed to sufficiently support practitioners. Survivors and those close to them will find this book supportive and validating; helpful and informative. The many practitioners - in the voluntary sector, health and social care, and in private practice - who work with survivors to alleviate their distress, will find much to assist in this much needed book, which combines practice and theory skillfully and thoughtfully. "This is a seminal book. It is clearly and transparently written with a warm relational heart shining through the sensible and straightforward language. It is an intrinsic celebration of Moira Walker's legacy as well as a continuation of it. Professor Michael Jacobs and Zoe Pool and their talented hardworking contributors are to be deeply congratulated." Valerie Sinason, Founder of the Clinic for Dissociative studies, a child psychotherapist and adult psychoanalyst, poet and writer "The stated hope of this book, to affirm and inspire the work of counsellors in the area of abuse, is absolutely fulfilled. A thorough explanation of the needs of clients is outlined based on a clear summary of the impact of abuse. The therapeutic relationship and possibility of longer term therapy are found to be key factors in good outcomes. Awareness of and ways of working with disassociation and taking into account attachment issues are not ignored and honest learning from practice is documented. This book will be a useful resource to a range of people - counsellors, supervisors and managers can gain insight and inspiration from the learning shared especially in regard to setting up an agency, the impact of counselling in this area, the judicial and legal process and supervision." Tanya Orr, Chair of tag "This book is an inspirational account of how voluntary counselling organisations can help survivors of Childhood Sexual Abuse (CSA) to recover and heal from trauma and abuse. It is a welcome and timely book given the increase in the number of disclosures from survivors of CSA and who need therapeutic support and yet have difficulty accessing service provision. This has created a desperate need for specialist counselling services that can address the specific needs of survivors of CSA and provide longer term therapeutic support. This book will be invaluable to anyone working in such agencies to understand how they can help survivors to heal through one to one counselling and group work, and how to navigate and face the challenges of the criminal justice system. The chapters on the impact the work has on practitioners and the importance of supervision are essential reading for all those working in the field to minimise the risk of vicarious traumatisation. The book is a must for all those practitioners, voluntary counsellors, supervisors and support staff in voluntary agencies who provide much needed support to survivors of CSA." Christiane Sanderson, Senior Lecturer in Psychology, University of Roehampton, UK

Surviving and Moving On Kim McGregor 2014-01-21 This book is essential reading for any survivor of child sexual abuse, female or male. Many survivors of sexual abuse have not always been believed or supported through their developmental years. They have had to cope on their own, dealing with the aftermath of the abuse in whatever ways they could. This book offers ideas and techniques for understanding and healing which adult survivors in particular may find useful. It tends to be written with women in mind, but much of the information and many of the exercises may be useful for male survivors as well. This book will also be useful for the partners, families and friends giving support and encouragement to survivors who are healing themselves from the effects of abuse. Many survivors want those around them to understand what they've survived and its effects on their life. Part 1 provides information about child sexual abuse - what it is, why children remain silent about it, some of the effects abuse can have on a survivor's life and how these can be minimised, and who the offenders are. Part 2 is for survivors, helping them to understand and to cope with their unique experience of child sexual abuse. Part 3 is specifically for supporters and caregivers of survivors.

Adult Survivors Of Child Sexual Abuse

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