

The Healing Power Of The Sacred Woman Health Creativity And Fertility For The Soul

The Handbook of Women's Mysteries Christine R. Page 2018-03-08 Are you eager to be seen as a beautiful woman standing in her power? Do you want to feel the joy of flowing with your body's own natural rhythms? Is it time to become rooted in Mother Earth and embody her fiery dragon energy? Are you ready to stop trying to be a mini-man and become a female pioneer and leader? If the answer to these questions is "yes", then the Handbook of Women's Mysteries is for you--whatever your age There's a tsunami of change moving across the planet. Women and girls are stepping forward to be seen, heard and respected for their unique female gifts and power, not as mini-men but as fully empowered and beautiful leaders of the future. In ancient times, every girl was taught the mysteries of womanhood from puberty onwards. But these teachings went underground 3,500 years ago with the rise of the patriarchy. This handbook aims to unearth these mysteries so they can be shared with women and girls everywhere. When women embrace their inner strengths, align to their natural rhythms and embody their creative powers, a new world of peace, cooperation, and abundance will be born.

When God Had a Wife Lynn Picknett 2019-12-10 Reveals the tradition of goddess worship in early Judaism and how Jesus attempted to restore the feminine side of the faith • Provides historical and archaeological evidence for an earlier form of Hebrew worship with both male and female gods, including a 20th-century discovery of a Hebrew temple dedicated to both Yahweh and the warrior

goddess Anat • Explores the Hebrew pantheon of goddesses, including Yahweh's wife, Asherah, goddess of fertility and childbirth • Shows how both Jesus and his great rival Simon Magus were attempting to restore the ancient, goddess-worshipping religion of the Israelites Despite what Jews and Christians--and indeed most people--believe, the ancient Israelites venerated several deities besides the Old Testament god Yahweh, including the goddess Asherah, Yahweh's wife, who was worshipped openly in the Jerusalem Temple. After the reforms of King Josiah and Prophet Jeremiah, the religion recognized Yahweh alone, and history was rewritten to make it appear that it had always been that way. The worship of Asherah and other goddesses was now heresy, and so the status of women was downgraded and they were blamed for God's wrath. However, as Lynn Picknett and Clive Prince reveal, the spiritual legacy of the Jewish goddesses and the Sacred Feminine lives on. Drawing on historical research, they examine how goddess worship thrived in early Judaism and included a pantheon of goddesses. They share new evidence for an earlier form of Hebrew worship that prayed to both male and female gods, including a 20th-century archaeological discovery of a Hebrew temple dedicated to both Yahweh and the goddess Anat. Uncovering the Sacred Feminine in early Christianity, the authors show how, in the first century AD, both Jesus and his great rival, Simon Magus, were attempting to restore the goddess-worshipping religion of the Israelites. The authors reveal how both men accorded great honor to the women they adored and who traveled with them as priestesses, Jesus's Mary Magdalene and Simon's Helen. But, as had happened centuries before, the Church rewrote history to erase the feminine side of the faith, deliberately ignoring Jesus's real message and again condemning women to marginalization and worse. Providing all the necessary evidence to restore the goddess to both Judaism and Christianity, Picknett and Prince expose the disastrous consequences of the suppression of the feminine from these two great

religions and reveal how we have been collectively and instinctively craving the return of the Sacred Feminine for millennia.

Womb Wisdom Padma Aon Prakasha 2011-01-21 Tools to awaken the creative powers of the womb

- Contains exercises to open the womb's energetic pathways, release toxic emotions, and harness creative potential
- Reveals how the womb's energies are crucial for the spiritual shift of 2012: birthing a new civilization
- Shows how the awakened womb can also bring about male spiritual transformation

In the past and in present-day indigenous traditions, women have known that the womb houses the greatest power a woman possesses: the power to create on all levels. Utilized in the process of giving birth, this power of creation can also be tapped in the birth of projects, careers, personal healing, spirituality, and relationships. However, because the womb stores the energetic imprint of every intimate encounter--loving or not--the creative voice of the womb is often muffled or absent altogether, affecting the emotional, mental, and spiritual health of women and their relationships. Drawing on sacred traditions from ancient India, Tibet, Egypt, Gnostic Christianity, and Judaism, the practice of Womb Wisdom empowers women to become aware of the intuitive voice of the womb outside of pregnancy and the moon cycle to unlock this potent inner source for creativity, birthing the new conscious children, spiritual growth, and transformation not only for themselves but also for their male partners. The authors include exercises to clear the past, release toxic emotions, open the womb's energetic pathways, activate the sacred sensual self, bring balance to relationships, and harness creative potential. Including intimate, individual stories of women experiencing the opening of the womb, this book also explores the forgotten sacred sites of the womb around the world as well as how the womb's energies are crucial to birth a new civilization in the spiritual shift of 2012.

The Healing Power of the Sacred Woman Christine R. Page 2012-11-20 How to enhance well-being by reconnecting to sacred womanhood • Shares ways to embody the power, wisdom, and compassion of the Great Mother • Reveals a woman's purpose is to give birth not only to new life but also to new levels of consciousness • Shows how female illnesses represent a disconnection from our true identity as women Four thousand years ago, women were seen as living representatives of the Great Mother, whose cyclical and potent energy gave birth to all existence. Today, this sacred awareness has been lost or distorted, causing a collective amnesia among women around the world. However, there is one symbol of the Great Mother's loving presence that has remained unchanged for tens of thousands of years: the physical body. Its curves, sensuality, softness, and monthly flow are constant reminders of this deep loving connection. When illness appears, especially within the breasts and fertility organs, a woman is being reminded to return to her pure and sacred identity, where death and birth are essential for growth and love flows without expectations. Combining more than 30 years' experience in health care with in-depth research into the history and mythology of the divine feminine, Christine R. Page, M.D., reveals that women are the foundation of the birth of new levels of consciousness, without which the evolution of humanity will become barren and dry. Yet, such birth can occur only when women have the courage to reject the beliefs and images of the feminine imposed upon them four thousand years ago and reclaim their true identity. Through a fascinating journey into the body, Dr. Page shows the importance of self-love and self-respect and explains how sex is a natural process of unification where women take the lead, similar to the ancient sacred priestesses. Dr. Page reminds women to reconnect to the potent and creative energy of Mother Earth, which gives power to the intuitive voice of the heart and nurtures new seeds of inspiration and enlightenment through the womb.

The Ultimate Guide to Chakras Athena Perrakis 2018-09-11 With *The Ultimate Guide to Chakras*, tune in to your chakras, the power centers connecting your physical body and the world of energy. Your chakras are the power centers that translate between the seen world of the physical body and the unseen world of energy. First discussed in ancient Hindu texts and studied for thousands of years in numerous spiritual traditions, including acupuncture, meditation, and yoga, chakras hold the key to our well-being. By tapping into the power of our chakras, we can live healthier, balanced, and more abundant lives. Athena Perrakis, leading metaphysical teacher and creator of the world's largest online metaphysical resource website, SageGoddess.com, addresses the nine major chakras we can tap into to balance, heal, and manifest. This guide explains how and why different crystals, essential oils, and sacred plants help to support each chakra. Each chapter of *The Ultimate Guide to Chakras* includes magical exercises for accessing the energy of each chakra, including meditations, journal exercises, and working with goddesses and spirit guides. Readers will even learn how to create a dedicated chakra altar. Lavishly photographed and illustrated, this guide promises to be an essential volume for beginners and experienced energy workers alike. *The Ultimate Guide to...* series offers comprehensive beginner's guides to discovering a range of mind, body, spirit topics, including tarot, divination, crystal grids, numerology, witchcraft, aromatherapy, and more. Filled with beautiful illustrations and designed to give easy access to the information you're looking for, each of these references provides simple-to-follow expert guidance as you learn and master your practice.

Sacred Woman Queen Afua 2012-06-20 The twentieth anniversary edition of a transformative blueprint for ancestral healing—featuring new material and gateways, from the renowned herbalist, natural health expert, and healer of women's bodies and souls “This book was one of the first that

helped me start practices as a young woman that focused on my body and spirit as one.”—Jada Pinkett Smith Through extraordinary meditations, affirmations, holistic healing plant-based medicine, KMT temple teachings, and The Rites of Passage guidance, Queen Afua teaches us how to love and rejoice in our bodies by spiritualizing the words we speak, the foods we eat, the relationships we attract, the spaces we live and work in, and the transcendent woman spirit we manifest. With love, wisdom, and passion, Queen Afua guides us to accept our mission and our mantle as Sacred Women—to heal ourselves, the generations of women in our families, our communities, and our world.

Mothering from Your Center Tami Lynn Kent 2013-02-19 Learn how to access the root of feminine energy and power to heal from pregnancy and birth and discover joy within yourself and your family. Create new forms of mothering and learn to facilitate daily access to the power, spirit, and joy that mothering from the center brings. Building on themes from Tami Lynn Kent’s award-winning *Wild Feminine*, *Mothering from Your Center* takes a groundbreaking, holistic approach to women’s health as Kent provides gentle guidance through the emotional and physical transformative process of pregnancy, birth, and motherhood. Revealing her own soul-filled journey from miscarriage to motherhood, Kent offers an intimate and comprehensive guide to reclaiming the energetic center of the female body. Drawing on her work with thousands of women and the energy of the pelvic bowl, Kent teaches you to access the creative potential of your center and the profound medicine it contains for all aspects of mothering and living creatively. Learn how to • engage the energetic power of the pelvic bowl; • heal from pregnancy and birth; • strengthen the bond between mother and child; • create holistic family harmony; • find balance between work and home; • enhance creativity and joy. Whether you are pregnant, trying to conceive, recovering from childbirth, or

raising children today, *Mothering from Your Center* will help you tap into your core feminine energy and explore your full creative range.

Decolonizing Pathways towards Integrative Healing in Social Work Kris Clarke 2020-10-01
Taking a new and innovative angle on social work, this book seeks to remedy the lack of holistic perspectives currently used in Western social work practice by exploring Indigenous and other culturally diverse understandings and experiences of healing. This book examines six core areas of healing through a holistic lens that is grounded in a decolonizing perspective. Situating integrative healing within social work education and theory, the book takes an interdisciplinary approach, drawing from social memory and historical trauma, contemplative traditions, storytelling, healing literatures, integrative health, and the traditional environmental knowledge of Indigenous Peoples. In exploring issues of water, creative expression, movement, contemplation, animals, and the natural world in relation to social work practice, the book will appeal to all scholars, practitioners, and community members interested in decolonization and Indigenous studies.

A Woman's Book of Yoga Machel M. Seibel 2002-11-11 Interest in yoga is at an all-time high, especially among women. Whether readers wish to begin the practice or are already involved in yoga, this innovative book will help them understand the unique benefits yoga provides for a woman's health and mental well-being. The authors lead women of all ages through the health and life cycles specific to females by illustrating the spiritual and physical advantages of Kundalini yoga, as taught by yoga master Yogi Bhajan. Hari Khalsa applies ancient wisdom to explain how to determine and enhance one's own special relationship with the mind, body, and soul. Using his expertise on women's health issues, Dr. Siebel reveals the scientific basis for yoga's positive effects on the brain. Together, Dr. Siebel and Hari Khalsa create a dialogue of spiritualism and science,

elucidating how every woman can reap the rewards of yoga for a lifetime.

EBOOK: A Sociology of Mental Health and Illness Anne Rogers 2014-05-16 How do we understand mental health problems in their social context? A former BMA Medical Book of the Year award winner, this book provides a sociological analysis of major areas of mental health and illness. The book considers contemporary and historical aspects of sociology, social psychiatry, policy and therapeutic law to help students develop an in-depth and critical approach to this complex subject. New developments for the fifth edition include: Brand new chapter on prisons, criminal justice and mental health Expanded coverage of stigma, class and social networks Updated material on the Mental Capacity Act, Mental Health Act and the Deprivation of Liberty A classic in its field, this well established textbook offers a rich and well-crafted overview of mental health and illness unrivalled by competitors and is essential reading for students and professionals studying a range of medical sociology and health-related courses. It is also highly suitable for trainee mental health workers in the fields of social work, nursing, clinical psychology and psychiatry. "Rogers and Pilgrim go from strength to strength! This fifth edition of their classic text is not only a sociology but also a psychology, a philosophy, a history and a polity. It combines rigorous scholarship with radical argument to produce incisive perspectives on the major contemporary questions concerning mental health and illness. The authors admirably balance judicious presentation of the range of available understandings with clear articulation of their own positions on key issues. This book is essential reading for everyone involved in mental health work." Christopher Dowrick, Professor of Primary Medical Care, University of Liverpool, UK "Pilgrim and Rogers have for the last twenty years given us the key text in the sociology of mental health and illness. Each edition has captured the multi-layered and ever changing landscape of theory and practice around psychiatry and mental health,

providing an essential tool for teachers and researchers, and much loved by students for the dexterity in combining scope and accessibility. This latest volume, with its focus on community mental health, user movements criminal justice and the need for inter-agency working, alongside the more classical sociological critiques around social theories and social inequalities, demonstrates more than ever that sociological perspectives are crucial in the understanding and explanation of mental and emotional healthcare and practice, hence its audience extends across the related disciplines to everyone who is involved in this highly controversial and socially relevant arena."

Gillian Bendelow, School of Law Politics and Sociology, University of Sussex, UK "From the classic bedrock studies to contemporary sociological perspectives on the current controversy over which scientific organizations will define diagnosis, Rogers and Pilgrim provide a comprehensive, readable and elegant overview of how social factors shape the onset and response to mental health and mental illness. Their sociological vision embraces historical, professional and socio-cultural context and processes as they shape the lives of those in the community and those who provide care; the organizations mandated to deliver services and those that have ended up becoming unsuitable substitutes; and the successful and unsuccessful efforts to improve the lives through science, challenge and law." Bernice Pescosolido, Distinguished Professor of Sociology, Indiana University, USA

You Are a Goddess Sophie Bashford 2018-11-20 Discover the Goddess energies that lie within you through nine Goddess archetypes—an empowering guide on finding healing, strength, and transformation, for readers of Warrior Goddess Training The Goddess is guiding your life . . . You know 'the Goddess' as a divine feminine figure of myth, art and faith—but are you aware that, in truth, the Goddess is a life force that lives in you? Did you know that your multi-faceted experiences

of life as a woman are influenced by Goddess consciousness? Do you sense that you have a hidden feminine energy that longs to be seen, accepted, valued—and used for a healing purpose? In this highly engaging and stirring book, leading intuitive Sophie Bashford takes you on a journey to meet nine Goddess archetypes, which will help you to:

- Understand the many ups and downs, emotions and cycles of your life through the ‘eyes of the Goddess’
- Discover how the Goddesses can ignite your spiritual growth and uncover your feminine healing gifts
- Learn how to work with each Goddess for self-healing, positive inner change and empowerment
- Get in touch with a divine feminine support and healing system comprising nine archetypes, including Kali, Mary Magdalene, Aphrodite and Isis

Sharing intuitively channeled messages, beautiful guided meditations and moving personal experiences, Sophie leads you into safe territories where your darkest fears can be healed, your deepest dreams awakened and your entire life transformed.

Goddess Power Isabella Price 2017-10-28 “A fascinating ‘herstory’ of the Divine Feminine, rich in heart, depth and wisdom . . . an empowering message of hope and inspiration.” —Katherine Woodward Thomas, New York Times–bestselling author *At the Dawn of Religion, God Was a Woman*. The Divine Feminine is known by innumerable names and symbol-rich manifestations across the world’s cultures. Throughout the ages the Goddess has been honored and worshiped as the Virgin Mary, Isis, Inanna, Asherah, Diana, Kuan Yin, Kali, Oshun, Athena, Pele, Sarasvati, Demeter, and White Buffalo Calf Woman, to mention just a few. *Goddess Power* takes you on a fascinating and, at times, surprising journey into the enduring essence of the Divine Feminine. Inside this book you will learn:

- How the Goddess path offers an empowering message and inspiration
- The importance of re-establishing a healthy balance and integration of both the “masculine” and the “feminine” archetypes
- That the notion of God as archetypal “Sky-Father” is fairly recent in Western culture

Why the wisdom of the Goddess/Sacred Feminine has been ignored, distorted, and oppressed for centuries • How archetypes, mythic narratives, and qualities of Goddesses are alive within you and how they reveal intimate truths about yourself and others • How Goddesses can serve as empowering guides in your personal and professional life • Why especially black Goddesses/dark-skinned Mothers (e.g., Kali or Black Madonna) are a powerful symbol and catalyst for change in our times, both individually and collectively • And much, much more! “An empowering message and inspiration that can be drawn from the Goddess so humanity might evolve toward higher awareness.” —Karen Tate, author of *Walking an Ancient Path and Goddess 2.0*

Spirit Weaver Seren Bertrand 2022-05-24 • Explains how to awaken your spiritual Womb to find strength within and how to reclaim your softness and vulnerability as a feminine superpower • Explores Earth Magic, the Moon Mysteries, Flower of Life teachings, Dragon wisdom, the shamanic powers of grief, the feminine archetypes of the Witch and the Priestess, and powerful goddesses from around the world • Reveals sacred spaces in the world where the power of the Goddess lives on The Womb is the seat of our primal power and intuition--our “wild knowing.” Spirit weavers are those who have heard this wild voice from within and have followed that call--embarking on a grail quest to follow the feminine path of magic, awaken to the depths of their soul, and embody their true feminine essence. Inviting you onto the spiral path of the spirit weaver, Seren Bertrand shares wisdom teachings and rituals from the feminine path of magic and her own ancestral lineage of old European witches and faerie folk, spirit keepers and story weavers. She explores Flower of Life teachings, the moon mysteries, and dragon wisdom. She unveils the shamanic powers of grief and deeply examines the feminine archetypes of the witch and the priestess. Drawing on powerful feminine spiritual icons from around the world, such as Kali, Isis, Teresa of Ávila, and Mary

Magdalene, she explains how to awaken your spiritual Womb to find strength within and how to reclaim your soft powers of heart-opening vulnerability. She explores the lost traditions of the Goddess lineage and reveals sacred spaces in the world where her memory lives on. She shares the Womb Mysteries of alchemical union, revealing how to awaken the wild feminine and wild masculine and become sacred lovers who balance their light and shadow. From working with the cycles of the moon and learning how to root your power into the earth to healing the ancestral wounds left by the generations before you, Seren's medicine teachings, like secret spells, cast an enchantment over your feminine soul, awakening its fertility and wild inner magic.

Sacred Retreat Pia Orleane 2017-09-12 Restoring our biological cycles to heal ourselves, our culture, and our planet • Shows how, just like the tides and the moon phases, both women and men have biological cycles of growth and renewal necessary for healthy bodies and minds • Explains how the seclusion of women during menstruation and of men during vision quests offers a cleansing process for body and mind to awaken innate creativity and sensitivity, re-attune us with the deeper rhythms of the body and nature, and restore harmony between the divine feminine and divine masculine • Reveals how the need for sacred retreat was forgotten when the divine feminine was suppressed by patriarchal culture All of life is interwoven into a living system of cycles, from Earth's seasons to the enzymatic pathways that provide energy to a cell. Waxing and waning from times of growth to times of rest, renewal, and healing, cycles map the most auspicious time for everything in life. Both women and men have biological cycles of active growth and quiet renewal, led by our hormones. By understanding how everything in life moves in cycles, you can become more aware of and comfortable with your own cyclic nature, something that has been forgotten by the modern world's linear views of time. Drawing on the wisdom of ancient cultures, the natural cycles of life,

and her own groundbreaking research, Pia Orleane, Ph.D., offers a template for how we can restore balance to our emotions and health, ease tensions between the sexes, and heal our fractured culture by honoring divine feminine consciousness and re-embracing natural cycles, including our innate need for rest and retreat. She explains the biology of how our bodies operate by hormones released in cycles and shows how balanced hormones help eliminate anger, depression, insomnia, anxiety, and fatigue. Exploring ancient traditions and rituals surrounding blood and sacred retreat, she explains how the seclusion of women during menstruation and of men during vision quests offered a cleansing process for body and mind, alone time to clear suppressed emotions, awaken our innate creativity and sensitivity, re-attune us with the deeper rhythms of the body and nature, and restore harmony between the genders and balance between the divine feminine and masculine. Outlining the sacred retreat process, the author explores dream cycles, divine sexuality, and practices for reconnecting to nature, increasing creativity and intuition, and clearing suppressed emotions. She also looks at the benefits for women and men of separate sleeping during menstruation. Through this wisdom, we can restore our natural cycles, allow the divine feminine to once again blossom alongside the divine masculine, and, with the return of balance, heal our world and our hearts.

Frontiers Of Health Christine Page 2009-05-04 *Frontiers of Health* is an essential guide to healing, combining medical expertise with unique insights into the human condition. Dr Christine Page illuminates our understanding of disease and its purpose for inner spiritual growth. In this excellent introduction to our subtle anatomy, Dr Page explores the chakras and their individual relationship to disease, pathology and soul unfoldment. Drawing upon her experience as a respected doctor, and observations of the many patients who have been her greatest teachers, Dr Page asks us to look fully at wholeness on all levels: body, mind and spirit. · 'A must for professional carers and aspiring

healers' Light, The College of Psychic Studies · 'Fascinating and packed full of thought-provoking advice' Healthy Eating · 'A clearly written, very impressive and important bridge-building book ... for the first time, one can see exactly how healing comes from within the subtle bodies being reflected in their physical counterpart' Aromatherapy Quarterly · '... straightforward, comprehensive and clear. I applaud this very worthwhile book' New Humanity · 'There are some books that are written in such a way that you feel you are reading a letter from a friend. Frontiers of Health is one of them ... without doubt an important and far-sighted work in the field not only of health but also of human consciousness' The London Connection

The Heart of the Great Mother Christine R. Page 2020-02-11 Reveals sacred spiritual tools to connect with the love, passion, and creative powers of the Great Mother for spiritual transformation

- Explores the three faces of the Great Mother's love and wisdom in our lives and how to build our magician's wand, which enables us to be masters of our creativity
- Details the journey of the soul through the twelve signs of the zodiac to integrate the shadow self and embody the soul's true light
- Explains how we are being called to birth a new world, one that embraces the divine feminine qualities of intuition, emotional creative power, and rhythmic renewal

The year 2012 marked the birth of a new cycle of time that will last for the next 26,000 years. In charge of such birth is the Great Mother, the eternal source of all creation. She is calling on the feminine within us all to create a world worthy of the next seven generations and begin an era of peace, abundance, and spiritual evolution. To birth this new world, we must release our hold on old destructive patterns and instead embrace the divine feminine qualities of intuition, powerful creativity, and rhythmic renewal. As Christine Page reveals, the Great Mother hears our heart's yearning to escape our old ways of suffering and struggle to find peace, fulfillment, and joy. She is reaching out to us across the

dimensions, offering spiritual initiation and the chance to know ourselves fully right now. Dr. Page explains how important it is to acknowledge and integrate our shadow selves--the unloved parts of us--so we can radiate our light from the fullness of who we are without shame or judgment. Drawing on alchemy and mythology, the author details the journey of the soul through the twelve signs of the zodiac until our inner light shines. She also explores how to connect with and use sacred spiritual tools to open our hearts and merge with the Great Mother's love and creative powers. Exploring the mythology of the Triple Goddess, the author explains how the three faces of the Great Mother help us on our spiritual journey of transformation: As virgin she inspires us to manifest our dreams. As mother, she teaches us to celebrate and nurture all living things, especially ourselves. As crone, she shows us that creativity changes like the seasons, encouraging us not to be possessed by our creations but to embrace mystery and impermanence. Finally, the Great Mother emboldens us to build our magician's wand, the rod of light along the spine which enables us to be masters of our creativity, bringing forth transformation for ourselves and generations of children still to come as we embark into a new era of expanded consciousness and love.

Fierce Feminine Rising Anaiya Sophia 2020-01-07 A guide for embodying the courage of the Fierce Feminine, or Dark Mother, to heal yourself and the world at large • Describes how to embody the sacred rage of the Fierce Feminine and channel the universal outrage collectively rising in many of us to seek justice for those who can't defend themselves • Details constructive energetic and spiritual practices to help heal from predatory relationships and traumatic experiences, recenter your personal power, and gain control of your sacred rage rather than allowing it to control you • Explains how to gain access to primordial female wisdom within the brain, embrace your inner Kali, and personally deal with sorrow and anger • Includes access to online audio tracks After millennia of

suppression, the Fierce Feminine, or Dark Mother, is making a dramatic resurgence to express our universal outrage. She is rising collectively now, and many women--and men--are feeling a welling up of sacred rage inside, a calling to set things right in our own lives and seek justice for those who can't defend themselves. Offering much-needed perspective, advice, and tools for channeling the righteous energy and sacred rage of the Divine Feminine, Anaiya Sophia explains how to distinguish the Fierce Feminine from personal anger and reveals how it is not a feminist movement set to publicly condemn all that is masculine but a collective spiritual uprising for the greater good of humanity. She shares constructive practices drawn from Eastern tradition to help you embody the courage of the Fierce Feminine to heal from predatory relationships and traumatic experiences, recenter your personal power, and gain control of your sacred rage rather than allowing it to control you. She details sacred sexuality exercises, including those with a yoni egg to clear the womb after lovemaking and dispel any energetic imprint left by an ex-partner. She provides instructions to gain access to the primordial wisdom within the untapped portion of the female brain, embrace your inner Kali, and personally deal with sorrow and anger. Through this passionate step-by-step guide to comfort your spiritual anguish and dispel the helplessness of not knowing what to do, Anaiya Sophia encourages those who feel the call of the Fierce Feminine to embrace their sacred mission and allow it to rebalance the powers that govern the planet as well as harmonize our minds. When we allow the justice of the Fierce Feminine to flow within us, we each become an active participant in the embodiment of change.

Sacred Sexual Union Anaiya Sophia 2013-05-05 Experience the orgasmic rapture of Sacred Union with your Twin Soul and the Divine • Includes practices in sacred sexuality, emotional intimacy, and soul awareness to awaken the Love, Power, and Wisdom of your soul, attract your Twin Soul, and

satisfy your soul's longing to reunite with God • Draws on teachings from Gnosticism, Sufi mysticism, the Kabbalah, Kundalini yoga, sexual shamanism, the Egyptian Mystery schools, and Christ Consciousness • Offers examples of Sacred Union, including Jesus and Mary Magdalene and Rumi and Shams as well as experiences of modern couples Jesus and Mary Magdalene, Rumi and Shams, King Solomon and the Queen of Sheba, Isis and Osiris--in these sacred unions we recognize the merging not only of Twin Souls but also of these lovers with the Divine. In Sacred Sexual Union, Anaiya Sophia shows this Holy Marriage, complete reunification with your Twin Soul and God, is not a secret reserved for the initiated or a tradition lost to the ages. It is a potent, living spiritual path enabling two beloveds to experience the primordial state of creation as one soul blessed by the Divine Light and Love of their Creator. Drawing on teachings from Gnosticism, Sufi mysticism, the Kabbalah, Kundalini yoga, sexual shamanism, the Egyptian Mystery Schools, and Christ Consciousness, the author reveals the complete alchemical process of Sacred Union. She provides physical, meditative, and psychological practices that combine sacred sexuality, emotional intimacy, and transparent soul awareness to awaken the magnetic energies of your soul, draw your Twin Soul to you, and, with Twin Souls reunited, experience the passionate rapturous remembrance of becoming one with God. She explores ancient writings and rituals of Sacred Union--known as Hieros Gamos in ancient Sumeria, Sacred Marriage in the Kabbalah, Yab Yum in Tibetan Buddhism, and the Bridal Chamber in Gnostic Christianity--and offers examples of Sacred Union throughout the ages, including experiences from her own spiritual journey. More than a meditative or yogic practice, Sacred Sexual Union offers a transformative spiritual path to embrace the threefold flame of Power, Love, and Wisdom and satisfy your soul's longing for wholeness and reunion with the Divine.

Wheels of Light Rosalyn Bruyere 1994-04-12 A leading figure in the field of healing and mind/body

research presents an intriguing, multidisciplinary, and multicultural study of the human energy field. "A most impressive blend of extensive research and expert personal observation".--Meditation magazine. Photos; drawings.

Womb Awakening Azra Bertrand 2017-08-15 Rediscover the lost ancient mystery teachings of the Cosmic Womb • Explains how each of us has a holographic blueprint of the Womb of Creation, our spiritual Womb • Offers practices to help awaken your spiritual Womb, experience the Womb of God within, and activate the Womb's sacred magic of creation and manifestation • Looks at the power of the moon and its connection to sacred Womb Consciousness • Explores how the lost Womb mystery teachings were encoded in folk and fairy tales, the legends of the Holy Grail, and the traditions of Mary Magdalene and Sophia • Includes access to three guided Womb Awakening audio journeys The Ancients lived by a feminine cosmology of creation, where everything was birthed and dissolved through a sacred universal Womb. Within each of us, whether female or male, lies a holographic blueprint of this Womb of Creation, connecting us to the Web of Life. By awakening your spiritual Womb, the holy of holies within the temple of your body, you can reconnect to the transformative energy of Womb Consciousness and reclaim your sacred powers of creation and love. Drawing on mythical and spiritual traditions from almost every culture, Dr. Azra and Seren Bertrand reconstruct the moon-based feminine mystery teachings of a lost global Womb religion, tracing the tradition all the way back to the Neanderthals and beyond. They explore how these teachings were encoded in the symbolism of folk and fairy tales; the legends of the Holy Grail; the traditions of Mary Magdalene and Sophia; the maiden, queen, and crone archetypes; and the teachings of alchemy and the chakras. They show how sages and shamans across the globe all secretly spoke of the Cosmic Womb and the sacred creative powers of Moon Blood. The authors look at the power of the Moon and its

connection to sacred Womb Consciousness, offering meditations and practices to help awaken your spiritual Womb and activate its sacred magic of creation and manifestation. They explain how to activate the energetic gateways of the Womb and merge the heart and Womb to make sexual union the highest sacrament of love. Revealing how we must reconnect with the Divine Feminine to rebirth the Divine Masculine and restore balance to our world, they show how, as we reawaken the powerful ancient path of the Womb Mysteries, we help return our world to harmony with the wild, untamed creative flows and cyclical rhythms of the cosmos.

Return of the Divine Sophia Tricia McCannon 2015-03-06 An initiatic journey into the Mysteries of the Goddess and humanity's return to an age of peace and celestial light • Details the ceremonies and rituals of initiation into the Fellowship of Isis • Reveals the lost teachings of Jesus about the Divine Mother and Father and how the goddess Sophia is connected to Mary Magdalene as the Female Christ • Explores the many archetypes of the Goddess, including Isis, Brigit, and the Black Madonna, and how we can transform into Homo luminous, spiritual beings of light Called through her dreams by the Priestesses of Isis, Tricia McCannon set out on a spiritual journey into the Mysteries of the Goddess. After a fateful encounter with a high initiate of the ancient Fellowship of Isis, she began researching the history of Judaism and Christianity to find out how and when the Divine Feminine became lost. She discovered a forgotten age when the Creator was honored as female and humanity lived in peaceful societies completely free of war. She shows how we can return to an age of peace and celestial light if we work to bring the masculine and feminine energies of the world back into balance. Sharing her journey into the heart of the Divine Mother, McCannon details her initiation into the Fellowship of Isis, a process rich with ceremony, ritual, and myths of the Goddess from ancient Egyptian, Celtic, Greek, Hebrew, and Native American traditions. She

reveals how the many archetypes of the Goddess, including Isis, Ishtar, Brigit, and the Black Madonna, can become our allies for self-transformation. She explores Mysteries at the heart of Christianity that have remained hidden for nearly 2,000 years and how the Gnostic goddess Sophia is tied to the Second Coming, Mary Magdalene, and the Female Christ. She reveals the lost teachings of Jesus about the Divine Mother and Father and about the Divine Daughter and Son. Through her story and her in-depth research, McCannon takes us on a journey to awaken the creative power of the Divine Feminine within each of us. Equipped with the teachings of the Goddess, we gain the mastery to overcome the deeply rooted masculine-feminine imbalance of the patriarchy and to embark into the future as Homo luminous, beings of light.

Microdosing with Amanita Muscaria Baba Masha 2022-08-16 • Shows how Amanita microdoses offered help and healing for a broad range of conditions, including hormonal dysfunction, allergies, gingivitis, heartburn, eczema, psoriasis, depression, epilepsy, hypertension, insomnia, and migraine • Reveals how Amanita microdoses are effective for pain relief and for interrupting addictions to alcohol, opiates, nicotine, caffeine, and other narcotics • Details how to safely identify, prepare, and preserve Amanita muscaria, including recipes for tincture, tea, oil, and ointment as well as proper microdose amounts Exploring the results of the first international study on the medicinal effects of microdosing with Amanita muscaria, the psychoactive fly agaric mushroom, Baba Masha, M.D., documents how more than 3,000 volunteers experienced positive outcomes for a broad range of health conditions as well as enhanced creativity and sports performance. Masha discovered that Amanita microdoses offered help and healing for hormonal dysfunction, low libido, allergies, asthma, swelling, gingivitis, nail fungus, digestive issues, and skin conditions such as eczema and psoriasis as well as recovery from stroke and cardiac arrest. She found beneficial effects on depression,

epilepsy, hypertension, insomnia, and low appetite and shows how Amanita microdoses are quite effective for pain relief, including in cases of rheumatoid arthritis, menstrual pain, and migraine. The author also reveals how Amanita microdoses can interrupt addictions to alcohol, nicotine, caffeine, opiates, and other narcotics. The author details how to safely identify, harvest, prepare, and preserve Amanita muscaria, and she includes recipes for tincture, tea, oil, and ointment as well as proper microdose amounts. She shares more than 780 personal Amanita microdose reports from study participants, detailing the positive, negative, and neutral effects they experienced, and she also shares some Amanita large-dose trip reports, cautioning against this practice because of the mushroom's strong dissociative properties, including amnesia. Revealing the vast healing potential of this ancient mushroom ally, Masha's study shows not only how Amanita can help with many health conditions but also how it activates the ability to feel the value and the significance of your own life experience.

Telomerase Vivian 2015-12-24 "Researchers have shown that secretions of the Skene's Glands contain an enzyme that extends the life of cells; hence female ejaculate has been called the nectar of youth or the enzyme of immortality. It is most probable that this enzyme is Telomerase, which decreases the ageing of cells." *The Healing Power of the Sacred Woman: Health, Creativity, and Fertility for the Soul* by Christine R. Page MD Bear & Co (November 20, 2012) Telomerase, also called Telomere Terminal Transferase, is a Ribonucleoprotein that adds the Polynucleotide "TTAGGG" to the 3' end of Telomeres, which are found at the ends of Eukaryotic Chromosomes. This book details another naturally occurring source of Telomerase as well as other beneficial 'prescriptions' available in the body of the divine feminine which can defy ageing, disease and death if consumed as described.

Discovering the Inner Mother Bethany Webster 2021-01-05 Sure to become a classic on female empowerment, a groundbreaking exploration of the personal, cultural, and global implications of intergenerational trauma created by patriarchy, how it is passed down from mothers to daughters, and how we can break this destructive cycle. Why do women keep themselves small and quiet? Why do they hold back professionally and personally? What fuels the uncertainty and lack of confidence so many women often feel? In this paradigm-shifting book, leading feminist thinker Bethany Webster identifies the source of women's trauma. She calls it the Mother Wound—the systemic disenfranchisement of women by the patriarchy—and reveals how this cycle is perpetuated by wounded mothers who unconsciously pass on damaging beliefs and behaviors to their daughters. In her workshops, online courses, and talks, Webster has helped countless women re-examine their lives and their relationships with their mothers, giving them the vocabulary to voice their pain, and encouraging them to share their experiences. In this manifesto and self-help guide, she offers practical tools for identifying the manifestations of the Mother Wound in our daily life and strategies we can use to heal ourselves and prevent our daughters from enduring the same pain. In addition, she offers step-by-step advice on how to reconnect with our inner child, grieve the mother we didn't have, stop people-pleasing, and, ultimately, transform our heartache and anger into healing and self-love. Revealing how women are affected by the Mother Wound, even if they don't personally identify as survivors, Discovering the Inner Mother revolutionizes how we view mother-daughter relationships and gives us the inspiration and guidance we need to improve our lives and ultimately create a more equitable society for all.

The Mirror Of Existence Christine Page 2012-06-30 Dr Christine Page invites us to embark on a journey of self-discovery by stepping into the 'Mirror of Existence' where we will find that our own

thought processes direct our outer experiences. She inspires us to 'tune in' on the higher frequencies of intuition and inspiration so that our creative impulses have maximum benefit for all concerned. Her thought provoking writing and illustrations help us to recognize reflections of ourselves which, until now, were masked; including the beautiful spiritual being who waits within and whom we have so much difficulty acknowledging. Her book, as a mirror, guides us towards wholeness. All we need are the eyes to see and willingness to enter the experience.

The Mystery Tradition of Miraculous Conception Marguerite Mary Rigoglioso 2021-03-30 • Explains how Mary was born into a lineage of powerful women who cultivated and passed on the ability to consciously conceive elevated beings • Includes a complete translation of the Infancy Gospel of James and reveals the hidden codes it contains relating to the practice of miraculous conception • Shows how Mary was trained and initiated in the “womb mysteries” and reveals the esoteric techniques she used to conceive Jesus Delving into one of the Virgin Mary’s forgotten gospels, the Infancy Gospel of James, Marguerite Mary Rigoglioso, Ph.D., reveals a truth that has been suppressed for nearly two millennia: that Mother Mary was not a passive bystander to her own pregnancy but an advanced member of a sacred order of women trained in divine conception. Unlocking the hidden codes of Mary’s gospel and other ancient source texts, the author reveals how Mary conceived Jesus through a careful process that she willed and initiated. She explains how Mary was born into a family of powerful priestesses, women who possessed, cultivated, and passed on the ability to consciously conceive elevated beings to help the planet. This lineage included Mary’s own mother, Anne, who conceived Mary with this method, her relative Elizabeth (mother of John the Baptist), and the biblical matriarch Sarah, the wife of Abraham and mother of Isaac. These women were schooled in the shamanic “womb mysteries,” secret knowledge of the capacity of the womb.

Decoding the Infancy Gospel of James, the author shows how Mary was trained and initiated, reveals the esoteric techniques she used to conceive Jesus, and explores the birth itself and the mind-altering reality that accompanied it. By revealing the Virgin Mary as a trained holy woman and a conscious actor in the conception of Jesus, the author corrects the impression we have been given of a passive and bewildered girl who had no idea how or why she was pregnant. She also restores Mary as the empowered feminine orchestrator of these significant events, paralleling the redemption of Mary Magdalene in recent years. Explaining how and why virgin birth was accomplished, this book allows us to make sense of miraculous conception and reveals the power that lies in all women's wombs.

Activate Your Female Power Sharon Moloney 2018-11-01

Moon Time Lucy H. Pearce 2015 *Moon Time* shares a fully embodied understanding of your menstrual cycle. Full of practical insight, empowering resources, creative activities and passion, this book will put you back in touch with your body's wisdom. . Learn to live in flow with your female body . Find balance in your life and work through charting your cycle . Heal PMS naturally . Connect to your innate creativity . Create a red tent or moon lodge Whether you are coming off the Pill, wanting to understand your fertility, struggling with PMS, healing from womb issues, are coming back to your cycles after childbirth ... or just want a deeper understanding of your body. *Moon Time* is for you. With over 45 pages of additional material including: . Fertility charting . Creating ceremonies: menarche, mother blessing, menopause Moon phases . Expanded and fully-updated resource section.

Wild Feminine Tami Lynn Kent 2011-02-22 Ladies! Tap into the wisdom of your womanhood and learn through real stories, helpful visualizations, and creative exercises how the sacred pelvic bowl

supports and informs your ability to be creative, self-heal, and feel empowered in your life. *Wild Feminine: Finding Power, Spirit, & Joy in the Female Body* offers a unique, holistic approach to reclaiming the power, spirit, and joy of the female body and the understanding of its connection to creative energy flow. By restoring the physical and energetic balance in the pelvic bowl, women can learn to care for themselves in a nourishing and respectful manner, heal spiritual fractures, and renew their relationship with the sacred feminine. In today's age of women needing to reclaim their feminine power and bodily autonomy, Tami Kent—founder of Holistic Pelvic Care™ and a women's health and physical therapist—provides a framework for healing the body and navigating the realms of the feminine spirit. Through pelvic bodywork, healing stories, visualizations, rituals, and creative exercises, women can explore the deep and natural wisdom inherent in the female body. *Wild Feminine* reveals the amazing potential of the female body: the potential to create, to heal, and to transform energy at the core of all womanhood and radically shift your relationship with your body and spirit. *Wild Feminine* gives you the tools to awaken and retrieve your ancient wild self, restore your joy and creative energy, and reconnect to your sacred center.

[The Rainbow Way](#) Lucy H. Pearce 2013-12-13 Visioned as the guide and mentor that most creative women yearn for, but never find in their daily lives, *The Rainbow Way* explores the depths of the creative urge, from psychological, biological, spiritual and cultural perspectives. This positive, nurturing and practical book will help to empower you to unlock your creative potential within the constraints of your demanding life as a mother. Featuring the wisdom of over fifty creative mothers: artists, writers, film-makers, performers and crafters, including: Jennifer Loudon (multiple best-selling author), Pam England (author, artist and founder *Birthing From Within*), Julie Daley (writer, photographer, dancer and creator of *Unabashedly Female*), Indigo Bacal (founder of *WILDE Tribe*).

Foreword by Leonie Dawson (author, artist, entrepreneur and women's business and creativity mentor).

Shamanic Wisdom for Pregnancy and Parenthood Anna Cariad-Barrett 2017-01-13 A guide to consciously exploring and honoring the spiritual and emotional journey of becoming a parent • Provides tools and meditations to engage the sacred wisdom-keeper within and create personal shamanic medicine to support you and your family • Discusses the shamanic perspective on miscarriage, fertility issues, postpartum stress, blended families, and adoption as a form of birthing through the heart • Provides shamanic teachings and techniques for conception, each trimester of pregnancy, birth, and the postpartum period The journey into parenthood transforms us, whether our children are biological, adopted, in spirit, or not yet conceived. As we give birth through heart or body, we not only shape-shift into mothers and fathers, but also gain access to the deep inner well of spiritual wisdom that opens with initiation into parenthood. In this guide to consciously exploring the shamanic journey of pregnancy and parenthood, Anna Cariad-Barrett offers techniques and ceremonies to honor the transformation of becoming a parent and engage the sacred wisdom-keeper within. She provides tools and meditations to create personal shamanic medicine to support you and your family on this journey as well as connect with the wisdom of nature, expand your intuition, and explore altered states of consciousness. Restoring honor to the shadow side of parenthood, the author discusses the shamanic perspective on miscarriage, fertility, sexuality, postpartum stress and depression, blended families, and adoption as a form of birthing through the heart. She explains how to heal any deep psychic wounds from your birth family and transform negative beliefs you may hold about parenthood. She provides chapters on each trimester of pregnancy, offering specific teachings and techniques appropriate to each stage as well as conception, birth, and the postpartum period.

Whether you are preparing to welcome your first child or seeking spiritual support for the multidimensional experience of being a parent, the author shows how to reclaim and reconnect all the experiences of parenthood and how, through this rite of passage, we give birth to our most authentic selves.

Living in the Heart Drunvalo Melchizedek 2012-04-27 Long ago we humans used a form of communication and sensing that did not involve the brain in any way; rather, it came from a sacred place within our hearts. What good would it do to find this place again? This is a book of remembering. You have always had this place within your heart, and it is still there now. It existed before creation, and it will exist even after the last star shines its brilliant light. At night when you enter your dreams, you leave your mind and enter the sacred space of your heart. But do you remember? Or do you only remember the dream? Why am I telling you about this "something" that is fading from our memories? What good would it do to find this place again in a world where the greatest religion is science and the logic of the mind? Don't I know where emotions and feelings are second-class citizens? Yes, I do. But my teachers have asked me to remind you who you really are. You are more than just a human being, much more. For within your heart is a place, a sacred place, where the world can literally be remade through conscious cocreation. If you really want peace of spirit and if you want to return home, I invite you into the beauty of your own heart. With your permission, I will show you what has been shown to me. I will give you the exact instructions to the pathway into your heart where you and God are intimately one. It is your choice. But I must warn you: Within this experience resides great responsibility. Life knows when a spirit is born to the higher worlds, and life will use you as all the great masters who have ever lived have been used. If you read this book and do the meditation and then expect nothing to change in your life, you may get

caught spiritually napping. Once you have entered the light of the great darkness, your life will change -- eventually, you will remember who you really are.

The Energetic Fertility Method Nancy M. Mae 2016-08-16 The Energetic Fertility Method(TM) Tools for a Healthy Conception and Beyond synthesizes principles of energy medicine and applies them to fertility to help you conceive. Using the chakra system as a guide, it presents step-by-step advice on how to gain a deeper awareness of your body, mind and spirit in order to bring them into alignment for a healthy conception. Discussing everything from how your relationship to your body affects fertility, the impact of secrets, and much more, Nancy Mae offers a roadmap that can help you achieve the family you've always envisioned. This groundbreaking book will not only prepare you for the journey of fertility, it will provide you with tools that you can use for the rest of your life.

Spiritual Alchemy Christine Page 2012-05-31 We are living in a time of great change, explains Dr Christine Page. And this time presents a wonderful opportunity to reclaim our strength, adjust our focus and become spiritual alchemists, transforming ourselves and our world. In order to survive on Earth, we must reconnect with the divine side of existence. This task is not as daunting as it may seem, for we simply need to honour the wisdom inherent in traditions past and present - wisdom that is offered in this ground-breaking work. '... positively inspirational as she describes the untapped potential of the human spirit. Her book is an invitation to explore the alchemist within and I highly encourage all to read this book who have an appetite for electric transformation' Caroline Myss, author of *Anatomy of the Spirit* '... a modern map of the journey we must all ultimately take to fulfil our cosmic yearning. This will become required reading by our students' C Norman Shealy, MD, PhD, Founding President, American Holistic Medical Association 'Dr Page combines ancient insights and modern science in a way that will help readers reach new depths of understanding and

fulfilment' Larry Dossey, MD, author of Healing Beyond the Body 'Christine Page is a master teacher with worlds of knowledge, a spiritual healer of blessed gifts, and a brilliant intuitive with critically important insights to share with us all' Belleruth Naperstek, author of Your Sixth Sense
African Religions Jacob K. Olupona 2014 This book connects traditional religions to the thriving religious activity in Africa today.

The Healing Power of the Sacred Woman Christine R. Page 2012-11-16 How to enhance well-being by reconnecting to sacred womanhood • Shares ways to embody the power, wisdom, and compassion of the Great Mother • Reveals a woman's purpose is to give birth not only to new life but also to new levels of consciousness • Shows how female illnesses represent a disconnection from our true identity as women Four thousand years ago, women were seen as living representatives of the Great Mother, whose cyclical and potent energy gave birth to all existence. Today, this sacred awareness has been lost or distorted, causing a collective amnesia among women around the world. However, there is one symbol of the Great Mother's loving presence that has remained unchanged for tens of thousands of years: the physical body. Its curves, sensuality, softness, and monthly flow are constant reminders of this deep loving connection. When illness appears, especially within the breasts and fertility organs, a woman is being reminded to return to her pure and sacred identity, where death and birth are essential for growth and love flows without expectations. Combining more than 30 years' experience in health care with in-depth research into the history and mythology of the divine feminine, Christine R. Page, M.D., reveals that women are the foundation of the birth of new levels of consciousness, without which the evolution of humanity will become barren and dry. Yet, such birth can occur only when women have the courage to reject the beliefs and images of the feminine imposed upon them four thousand years ago and reclaim their true identity. Through a

fascinating journey into the body, Dr. Page shows the importance of self-love and self-respect and explains how sex is a natural process of unification where women take the lead, similar to the ancient sacred priestesses. Dr. Page reminds women to reconnect to the potent and creative energy of Mother Earth, which gives power to the intuitive voice of the heart and nurtures new seeds of inspiration and enlightenment through the womb.

Love Your Lady Landscape Lisa Lister 2016-07-05 Love Your Lady Landscape is a healing journey through the terrain of what it is to be a woman. When a woman isn't in alignment with her feminine essence, she may experience exhaustion and overwhelm, lack sexual desire or passion for life, and generally feel "out of sync". In this book, Lisa Lister uses a myriad of tools and practices such as Earth based spirituality, shamanic teachings, movement and dance, and breath and sound work to teach women how to reconnect to their feminine wisdom in order to start rebalancing all aspects of their lives. Based on Lisa's own 11-year journey of healing and reconnecting with her body, this book will help you: • release guilt and shame from the past • explore self-pleasure and sensuality • understand, read, and connect with your body's signs and signals • learn about your menstrual cycle and its connection with the rhythms of nature and the universe • discover the sacred art of receiving • express your creativity • find your voice to communicate your needs, wants, and desires Love Your Lady Landscape will move women into a fiercely loving and healing relationship with their body and will teach them how to use its cycles and signs to create a life of vitality, fulfillment, and creation.

Healing Journeys with the Black Madonna Alessandra Belloni 2019-04-02 An experiential guide to the ancient healing rituals of the Black Madonna • Reveals the practices and rites of the still-living cult of the Black Madonna in the remote villages of Southern Italy, including the healing rites of the tarantella dance • Details shamanic chants, rhythms, and songs and how to use them for self-

healing, transformation, and recovery from abuse, trauma, depression, and addiction • Explores the many sacred sites of the Madonnas and connects them to other Great Goddesses, such as Isis, Aphrodite, Cybeles, and the Orisha Yemanja and Ochun • Includes access to 12 audio tracks The mysteries of the Black Madonna can be traced to pre-Christian times, to the ancient devotion to Isis, the Earth Goddess, and the African Mother, to the era when God was not only female but also black. Sacred sites of the Black Madonna are still revered in Italy, and, as Alessandra Belloni reveals, the shamanic healing traditions of the Black Madonna are still alive today and just as powerful as they were millennia ago. Sharing her more than 35 years of research and fieldwork at sacred sites around the world, Belloni takes you on a mystical pilgrimage of empowerment, initiation, and transformation with the Black Madonna. She explains how her love for Italian folk music led her to learn the ancient tammorriata musical tradition of the Earth Goddess Cybele and the Moon Goddess Diana and discover the still-living cult of the Black Madonna in the remote villages of Southern Italy. She vividly describes the sensual shamanic drumming and ecstatic trance dance rituals she experienced there, including the rites of the tammorriata, the transgender rite of Femminielli, and the erotic “spider dance” of the tarantella, which has been used for centuries in the Mediterranean for healing. Sharing chants, rhythms, and sacred songs, she details how she uses these therapeutic musical and trance practices to heal women and men from abuse, trauma, depression, and addiction and shows how these practices can be used for self-healing and transformation, including her personal story of using the tarantella to overcome cervical cancer. Revealing the profound transformative power of the Black Madonna, Belloni shows how She is the womb of the earth, the dark side of the moon, and the Universal Mother to all. Truly alive for all to call upon, She embraces and gives everyone access to Her divine strength and unconditional love.

Sacred Earth, Sacred Soul John Philip Newell 2022-10-11 A leading spiritual teacher reveals how Celtic spirituality--listening to the sacred around us and inside of us--can help us heal the earth, overcome our conflicts, and reconnect with ourselves. John Philip Newell shares the long, hidden tradition of Celtic Christianity, explaining how this earth-based spirituality can help us rediscover the natural rhythms of life and deepen our spiritual connection with God, with each other, and with the earth. Newell introduces some of Celtic Christianity's leading practitioners, both saints and pioneers of faith, whose timeless wisdom is more necessary than ever, including: Pelagius, who shows us how to look beyond sin to affirm our sacredness as part of all God's creation, and courageously stand up for our principles in the face of oppression. Brigid of Kildare, who illuminates the interrelationship of all things and reminds us of the power of the sacred feminine to overcome those seeking to control us. John Muir, who encourages us to see the holiness and beauty of wilderness and what we must do to protect these gifts. Teilhard de Chardin, who inspires us to see how science, faith, and our future tell one universal story that begins with sacredness. By embracing the wisdom of Celtic Christianity, we can learn how to listen to the sacred and see the divine in all of creation and within each of us. Human beings are inherently spiritual creatures who intuitively see the sacred in nature and within one another, but our cultures--and at times even our faiths--have made us forget what each of us already know deep in our souls but have learned to suppress. *Sacred Earth, Sacred Soul* offers a new spiritual foundation for our lives, once centered on encouragement, guidance, and hope for creating a better world.

Creative Abundance Elizabeth Clare Prophet 2002 Its sensible step-by-step techniques-including treasure mapping, principles of feng shui, meditations, visualizations and affirmations-show how to live a full and prosperous life. --Bodhi Tree Book Review

The Healing Power Of The Sacred Woman Health Creativity And Fertility For The Soul

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