

Relationship S For Couples Daily

Conflict and Decision-making in Close Relationships - Erich Kirchler
2001

"Central to the authors' research is a unique diary study of 40 couples, who kept a daily record of their joint decisions over the course of a year. The diaries show how challenging, varied and complex the conflicts and decision making of normal everyday life can be and reveal that frequently goals change during the decision-making process with the result that the final outcome often achieves a goal distinct from the original intention. Furthermore, the dynamics of decision-making differ with the problem at stake, the decision-making history of the couple, and the quality of the partnership. The results of the diary study are discussed within the overall context of current research in the field as a whole including discussion of joint decision-making case studies, close relationships, decision-making research in general and special research methods.

Close Relationships - Patricia Noller 2013-05-13

Close Relationships: Functions, Forms and Processes provides an overview of current theory and research in the area of close relationships, written by internationally renowned scholars whose work is at the cutting edge of research in the field. The volume consists of three sections: introductory issues, types of relationships, and relationship processes. In the first section, there is an exploration of the functions and benefits of close relationships, the diversity of methodologies used to study them, and the changing social context in which close relationships are embedded. A second section examines the various types of close relationships, including family bonds and friendships. The third section focuses on key relationship processes, including attachment, intimacy, sexuality, and conflict. This book is

designed to be an essential resource for senior undergraduate and postgraduate students, researchers, and practitioners, and will be suitable as a resource in advanced courses dealing with the social psychology of close relationships.

Couples, Conflict and Change - Adrian James 2002-09-11

First Published in 2002. Routledge is an imprint of Taylor & Francis, an informa company.

Gender and Couple Relationships - Susan M. McHale 2015-10-27

This provocative volume is comprised of psychological, socioeconomic, and cultural perspectives on couple dynamics, particularly gender dynamics, and the future of marriage. Featuring data on married, cohabitating, male/female, and same-sex couples, the authors of the book's chapters analyze the changing impacts of work, parenting, and the health benefits of marriage for men and women. Trajectories in the evolution toward gender equality provide the backdrop for discussions of women and men as partners, parents, and workers in contemporary society. Contributors also keep a sharp focus on the complexities of gender issues as they intersect with crucial contexts of cohort, class, race/ethnicity, and sexual orientation. Among the topics covered: Gender equality and economic inequality: impacts on marriage. Expansionist theory expanded: integrating sociological and psychological perspectives on gender, work, and family change. Gender, work, and family: action in the interactions. Changes in U.S. mothers' and fathers' time use: causes and consequences. A case for gay fathers. Gender, marriage, and health for same-sex and different-sex couples *Gender and Couple Relationships* documents social roles and social change with fascinating insight to advance research in fields of psychology, sociology, demography and economics and to the benefit of work organizations, policy makers, family

and couple therapists and other mental health professionals.

“Doing things together” - Therése Bielsten 2020-03-13

Background: Most people with dementia live in their own homes, often together with their partners, who become informal caregivers.

Relationship quality and sense of couplehood can be threatened as a result of the transition from a mutually interdependent relationship to a caregiver-care-receiver relationship. This, in turn, may lead to many negative consequences for both partners. Support provided for couples is often divided into different types for the person with dementia and for the partner without dementia and lacks couple-based support that targets the relationship, resources and the couple’s everyday life together. Aim: The overall aim of this thesis is to explore couple-centred interventions in dementia and to develop and test a salutogenic, resource-oriented and couple-based intervention among couples in which one partner has dementia living at home. Methods and findings: This thesis comprises three parts: The first part Exploring involves two linked reviews, one narrative review (study I A) and one scoping review (study I B) that aim to identify and describe what previous couple-centred interventions comprised and why they were conducted. The results of the reviews revealed a knowledge gap in and a need for easily accessible support that targets couple relationships, resources and everyday life. The second part Developing (study II) refers to the development of an easily accessible resource-oriented couple-management intervention. The first step was to identify priority topics for such an intervention through a co-researcher process with couples living with dementia. This included a comprehensive literature review, interviews with couples in which one partner has dementia, and consultation meetings with expert groups of people with dementia and partners in both Sweden and the UK. The co-researcher process and the expert meetings informed four main themes with corresponding sub-themes that couples with dementia considered as important to their wellbeing in their everyday lives: (1) Home and Neighbourhood, (2) Meaningful Activities and Relationships, (3) Approach and Empowerment, and (4) Couplehood. The themes were further developed and integrated into the multimedia application

DemPower, which was developed for the delivery of the intervention. The third part Testing and Evaluating describes a feasibility study (study III) in which the DemPower application was tested for feasibility and acceptability among couples in Sweden and the UK. The results of the feasibility study indicated that the DemPower intervention was feasible and acceptable among couples in which one partner has dementia living at home. The testing and evaluating part also comprise a qualitative study (study IV) that explores the experiences of engaging with DemPower together as a couple living with dementia in Sweden. The findings resulted in the three themes: (1) Growth of the relationship, (2) We are not alone, and (3) Positive approach, which the couples appreciated and associated with the resource-oriented and salutogenic approach of DemPower. The overall findings of the thesis are presented in a concluding synthesis at the end of the thesis. The concluding synthesis, focused on “Meaningfulness”, “Empowering health promotion”, “Normalization” and “Transitions and couplehood”, represents the core findings of this thesis. What this thesis adds: This thesis contributes to research, healthcare and the public by highlighting the need for a salutogenic approach toward couples living with dementia. The DemPower application, with its focus on couples’ relationships, resource-orientation and everyday life, has proven feasibility and acceptability and has meaningfully addressed a gap in the literature and in practice. As researchers, healthcare professionals and the public, we need to support couples where one partner has dementia to continue to live as normal life as possible. This can best be achieved by focusing on what couples can do, by inclusion and by valuing them as the experts within dementia research and of their life experiences. Bakgrund: Majoriteten av personer med demens bor i sitt eget hem och ofta tillsammans med sin partner som blir en informell vårdgivare. Relationens kvalitet och känsla av parskap hotas ofta till följd av övergången från en ömsesidig beroenderelation till en vårdgivare-vårdtagare-relation allt eftersom demenssjukdomen fortskrider. Detta kan innebära många negativa konsekvenser. Stöd för par där ena partnern har demens delas ofta upp i olika former för personen med demens och

för partnern utan demens, vilket innebär att det saknas parbaserat resursorienterat stöd med inriktning på att främja parrelationen och parets vardagliga liv. Syfte: Syftet med denna avhandling är att utforska parcentrerade interventioner inom demens och att utveckla och testa ett parbaserat, salutogent och resursorienterat stöd för par där ena partnern har en demenssjukdom och som bor tillsammans i det egna hemmet. Metoder och fynd: Denna avhandling består av tre delar. Den första delen att utforska inkluderar två länkade litteraturoversikter, en narrativ översikt och en kartläggande översikt (studie I) som beskriver tidigare interventioner för par som lever med demens och varför de genomförts. Resultaten av översikterna visade ett kunskapsgap i, och ett behov av lättillgängligt stöd som riktar sig till parförhållanden, parens resurser och att främja det vardagliga livet. Den andra delen, att skapa (studie II) involverar utvecklingen av ett lättillgängligt resursorienterat och parbaserat stöd. Det första steget var att identifiera prioriterade ämnen för en sådan intervention tillsammans med par som lever med demens, genom en så kallad medforskarprocess. Detta inkluderade en omfattande litteraturgenomgång, intervjuer med par där ena partnern har demens, och konsultationsmöten med expertgrupper bestående av personer med demens och partners i Sverige och i Storbritannien. Medforskarprocessen och expertmötena resulterade i fyra huvudteman med motsvarande underteman vilka par med demens ansåg vara viktiga för deras relation och för välbefinnande i vardagen: (1) Hem och grannskap, (2) Meningsfulla aktiviteter och relationer, (3) Förhållningssätt och empowerment och (4) Parskap. Dessa teman vidareutvecklades och integrerades i multimedia-applikationen DemPower, som utvecklades i syfte att erbjuda interventionen till par som lever med demens. Den tredje delen att testa och att utvärdera beskriver genomförbarhetsstudien (studie III) där applikationen DemPower testades med avseende på genomförbarhet och acceptabilitet hos par där en partner har demens i Sverige och i Storbritannien. Resultaten av studien visade att DemPower-interventionen var genomförbar och acceptabel bland par där ena partnern har demens. Denna delen av avhandlingen inkluderar även en kvalitativ studie (studie

IV) som undersökte parens erfarenheter av att testa DemPower tillsammans som ett par. De samlade upplevelserna resulterade i tre teman: (1) Utveckling av parrelationen, (2) Vi är inte ensamma och (3) Positivt förhållningssätt. De övergripande resultaten från avhandlingen presenteras även i en konkluderande syntes i slutet av avhandlingen. Den konkluderande syntesen med fokus på Meningsfullhet, Empowerment, Normalisering och Parskap representerar kärnan i denna avhandling. Avhandlingens slutsatser och kunskapsbidrag: DemPower-applikationen med fokus på parförhållanden, hälsofrämjande resurser och vardagen har bidragit med ett stöd som vilar på en genuin parbaserad grund tillämpad i det vardagliga livet för par som lever med demens. Denna avhandling bidrar även med kunskap till forskning, vård och allmänheten genom att lyfta fram ett salutogent förhållningssätt till par som lever med demens. Som forskare, vårdpersonal och allmänhet bör vi stödja par där ena partnern har demens för att de ska kunna fortsätta leva ett så normalt liv som möjligt. Detta kan bäst uppnås genom att fokusera på parens resurser, genom inkludering och genom att värdera dem som experter inom demensforskning och i deras livserfarenheter.

Love Habits - Lori Ann Davis 2020-08-11

Choose love daily with fun, practical habits for building a stronger relationship Small, simple acts practiced daily can help create a deeper connection with your partner. Love Habits is a practical guide full of research-based strategies and exercises for forging a stronger, more loving partnership no matter what stage of committed relationship you're in. Learn and grow together with easy-to-create habits that allow you to deepen your bond and stay connected regardless of what else is going on in your lives. Explore topics and activities like creating a common vision together, being thoughtful and vulnerable with each other, touching often and maintaining intimacy, managing conflict and compromising, and more. Love Habits includes: The science of love—Learn about the biology behind love, the key factors that contribute to a failing relationship, and the different types of intimacy in committed partnerships. Based in evidence—Discover research-based strategies that

outline the practical importance of creating and maintaining emotional and physical intimacy in your relationship. Fun and engaging exercises—Develop healthy habits that will guide you in navigating the natural cycle of relationships. Strengthen your bond with loving habits you can practice every day—this practical guide will show you how.

[75 Habits for a Happy Marriage](#) - Ashley Davis Bush 2013-07-18

Powerful techniques for strengthening your marriage! The stresses and strains of life can unravel the tight bond you once had with your spouse, leaving you feeling lonely, frustrated, and unfulfilled. 75 Habits for a Happy Marriage shows you how to restore that intimate and joyful union with simple, positive actions that bring you closer together throughout the day. Designed by authors Ashley and Daniel Bush, each activity takes only a matter of minutes and gives you a moment to set aside the demands of your career, finances, and chores in order to focus on what matters most—your love. When practiced consistently, these powerful behaviors will become lifelong customs and an important part of your daily routine, ensuring that your relationship continues to grow in the right direction in the years to come. From embracing each other for at least twenty seconds after work to touching your partner during dinner, these valuable habits will instantly boost warm, passionate feelings and help you maintain that loving connection even when managing a crowded schedule. With the guidance and practices detailed in 75 Habits for a Happy Marriage, you will enrich the bond you share with your partner and build a happy, supportive, and long-lasting marriage.

[The One Year Love Talk Devotional for Couples](#) - Les Parrott 2011-09-30

Offering wisdom and insights for applying biblical truths to our relationships, this book encourages couples to connect and communicate every day. This practical, uplifting guide is perfect for busy couples who long to experience a stronger relationship and better communication. Easy-to-follow daily readings focus on loving each other the way God loves us.

[40 Forms of Intimacy](#) - Alex A. Avila 2015-06-19

Relationships are complex. Sometimes couples don't know what went wrong or how to begin fixing it. And people's perceptions about the

quality of their romantic relationships strongly affect many other areas of their lives. So, the most important relationship is always worth investing in. Intimacy is more than sexual engagement. This intimacy guidebook helps couples: -Expand their awareness of couple intimacy -Build intimacy fluency as they pay attention to their connection -Experience a deeper sense of closeness in their relationship. Single people as well as couples who are just launching their relationship, who have been together many years, and who feel distant and stuck in conflict cycles will all benefit from this groundbreaking approach to learning the DNA of healthy, intimate relationships! The 40 Forms of Intimacy book provides a realistic, strengths-based approach to help couples become and stay closely connected in the specific ways that work for them. Readers will learn how to live the language and lifestyle of intimacy and experience oneness through a variety of expressions. There is no specific pathway that applies to all relationships. Since everyone responds differently to the various expressions of love and intimacy, the insights found throughout this book are designed to help couples personalize their bond rather than following a prescribed list of steps. The author has identified 40 significant areas that couples face together including trust, sex, finances, communication and many more, all of which provide multiple opportunities each day to leave couples feeling either distant or connected. This in-depth examination of couple intimacy will help couples draw awareness to the many ways they are already connecting. And they will learn many new areas in which they can enhance their couple intimacy. "Knowledge and familiarity are knowing about. Intimacy is knowing throughout. Intimacy is an ongoing process of knowing each other and sharing life together." - Alex A. Avila It is inevitable that couples will drift apart if they do not take regular steps to enrich their connection. But as they begin paying attention to and shaping their connection, they can feel a genuine sense of hope in creating and enhancing a deep relationship bond that lasts a lifetime! Even couples who feel incompatible can shift from a seemingly hopeless romance to a realistically hopeful romance. And reading this book as an individual will still help! Sometimes relationships can experience significant positive

change with only one partner choosing to do something differently. Written by an expert couples therapist passionate about helping couples connect, 40 Forms of Intimacy is packed full of rich insights that address the reality of major relationship issues. With over 200 Connection Points(TM), couples can put into action their preferred Forms of Intimacy to begin changing their relationship reality right away!

[An Examination of Daily Humour Styles and Relationship Satisfaction in Dating Couples](#) - Sara M. Caird 2015

Humour can be both beneficial and harmful to romantic relationships. Research indicates that affiliative humour is associated with higher levels of relationship satisfaction, whereas aggressive humour is associated with lower levels of relationship satisfaction. However, past research is limited by its reliance on cross-sectional designs and general measures of humour use. Furthermore, little research has examined potential mediators that may account for the observed relationships between humour styles and relationship satisfaction. The current daily diary studies were the among the first to examine daily within-person associations between humour styles (specifically in the context of romantic relationship), relationship satisfaction, and positive and negative interactions within relationships, and to explore how these relationships are mediated by emotions and intimacy. Method: Samples of 193 and 200 university students involved in dating relationships completed online daily diaries that assessed humour styles in their relationships, relationship satisfaction, and interactions in their relationships, as well as emotions and intimacy in their relationships (Study 2 only). Results: Self-reported and perceived partner affiliative humour were associated with greater relationship satisfaction, whereas perceived partner aggressive humour was associated with reduced relationship satisfaction. Affiliative humour was a stronger predictor of relationship satisfaction than aggressive humour. The relationship between self-reported aggressive humour and relationship satisfaction was moderated by overall aggressive humour use across the study period, such that people who rarely used aggressive humour experienced positive relationships between aggressive humour and satisfaction, and

people who often used aggressive humour experienced a negative relationship between the two variables. Positive relationship interactions were positively associated with affiliative humour, whereas negative interactions were positively associated with aggressive humour. Furthermore, playfulness in romantic relationships predicted higher daily use of affiliative humour. Finally, the relationships between affiliative humour (both self-reported and perceived partner) and relationship satisfaction were mediated by intimacy and positive emotion. Conclusions: These results suggest that both self-reported and perceived partner humour styles play a role in predicting relationship satisfaction within individuals on a day-to-day basis, and that these associations are partially explained by increased intimacy and positive emotions.

Interpersonal Relationships and Health - Christopher Rolfe Agnew 2014
Gathering leading thinkers in social and clinical psychology, public health, medicine, and sociology, *Interpersonal Relationships and Health* considers theoretical and empirical issues relevant to understanding the social and clinical psychological mechanisms linking close relationship processes with mental and physical health outcomes. The volume arises out of a recent explosion of interest, across multiple academic and research fields, in the ways that interpersonal relationships affect health and well-being. This volume pulls together a range of scholars who focus on different aspects of relationships and health in order to encourage both collaboration and cross-disciplinary initiatives. This is the first edited volume to pull together noted experts across myriad disciplines whose research is at the intersection of human relationships and health. Topics addressed include key biological processes that influence and, in turn, are influenced by close relationships. *Interpersonal Relationships and Health* presents research that demonstrates the connections between interpersonal relationships, mental and physical health outcomes, and biophysical markers that figure prominently in the fields of psychoneuroimmunology, endocrinology, and cardiology. In addition, it highlights recent work on marital, family, and social relationships and their interplay with health and well-being. Chapters also address sexual health among young and older adults, as well as clinical intervention

efforts that focus on the role of relational factors in influencing health. Each chapter highlights extant theoretical and empirical findings and suggests future avenues for research in this burgeoning area.

[Sync Your Relationship, Save Your Marriage](#) - Peter Fraenkel, Ph.D.
2011-03-15

Award-winning couples therapist Peter Fraenkel argues that most relationship problems can be traced to partners being out of sync on the powerful but mostly hidden dimension of time. Differences in daily rhythms, personal pace, punctuality, time perspective, and priorities about how time is allocated can all lead to couple conflict. Yet the fascinating fact is that these polarizing time differences play a potent role in attracting lovers in the first place. In this trailblazing new book, he draws on his original research to show how a clearer understanding of these forces can improve the health of your relationship and even rescue a failing one.

Last Chance Couple Therapy: Bringing Relationships Back from the Brink
- Peter Fraenkel 2023-01-10

Strategies and skills for therapists working with couples about to dissolve. Therapy with couples on the brink of relationship dissolution involves unique challenges. Partners present with high levels of conflict, low levels of intimate connection, disdain and discouragement, and limited patience or hope. These couples have often tried therapy without lasting success, and announce that “this is our last chance.” Partners want to see evidence in the first session that the therapist can offer something new and that change is possible. Peter Fraenkel presents a practical, creative, integrative approach that combines action- and insight-oriented techniques to help last-chance couples manage conflict, modulate intense negative emotions, address power struggles, develop mutual compassion, and restore emotional intimacy and pleasurable connection. Special attention is paid to developing a collaborative therapeutic alliance when partners have little motivation for therapy or faith that it can be effective. Through engaging in “nonbinding experiments in possibility,” partners can then better evaluate whether to “stay or go.”

Close Relationships - Harry T. Reis 2004-08-02

Each of the chapters in this reader is written by leading scholars in the area of relationships, reflecting the diversity of the field and including both contemporary and key historical papers for comprehensive coverage of research.

Couple Skills - Steve Keller 2019-03-13

Buy the Paperback Version of this Book and get the Kindle Book version for FREE. If you want to improve your relationship in a stable and effective way, avoiding situations of chaos and conflict, lack of trust, jealousy, boredom and second thoughts, then keep reading. No relationship is ever completely free of problems. Life happens and it can bring all sorts of chaos your way. The days can be full of arguments and quarrels and it may seem that your partner does everything to make things worse. Every little misunderstanding can become a pretext to quarrel, and intimacy seems to have vanished. Or maybe you're starting a new relationship and you want everything to go smoothly from the beginning. You want to know yourself better and establish a deep connection right away, and avoid being found bored, tired, and doubtful by those close to you. Quiet, You Finally Have Access To All The Tips It Takes To Make Your Relationship Happy And Harmonious! With Couple Skills You Can: *Learning more about your partner and their relationship expectations.*Discover how the past can dictate handling the present and future.*How to create a great relationship no matter how bad past ones have been.*Learn ways to communicate that go deeper than words. Couple Skills will teach you the secrets of creating a strong, loving, committed relationship through communication skills that every long-standing marriage has learned over time. You'll get all the tips and step-by-step instruction needed to see nearly immediate improvements in communicating the needs, wants, and desires of you and your partner. You'll also enjoy a multitude of ideas for ways to connect, reconnect, and stay connected on a level you've never experienced previously. Explore everything from emotions to the deeper meanings of partner appreciation. No stone is left unturned in bringing you the most relevant ways to improve day-to-day communications and methods to get your

relationship goals back on the same page. Get this book and:
 *Discover why seemingly good relationships end up in conflict.
 *Learn the most effective ways to stop conflict right away.
 *Find out how to tap into the wisdom of long-standing relationships and develop the skills you need to live happy and harmonious lives.
 *Discover TONS of ways to keep your relationship fresh and fun.
 *Learn new ways of making your partner feel valued and appreciated.
 *Find out how to avoid the no-no's that can kill a relationship.
 *Get the best trust-building tips available that WORK!
 *Discover how to safeguard your relationship from problems by setting the right foundation. Even if you believe you have lost all hope and do not think you can re-establish your relationship, Couple Skills will help you take on these challenges as a TEAM and enable you to grow together over the years. You will finally have every bit of information you need at your fingertips to get your relationship back on track and healthier than it's ever been. You may not see a transformation overnight, but if you put daily effort and employ only a FEW of the tactics presented in this book to use, you WILL see positive results. It's time to infuse your relationship with hope and begin planting the seeds of love that will bring you both together in amazing ways. Scroll up and click the "buy now" button and get ready to take your relationship to a higher level of compatibility than ever before. Your relationship deserves every chance to succeed and this book can get you there!

Communication - Leil Carniege 2019-07-05

"Buy the paperback version of this book and get the kindle book version for free" Do you know that the first cause of relationship failure is the lack of communication? Do you want to find out how to get better results both in your everyday life in couple and in the workplace? Communication is an important tool for increasing productivity and promoting great relationships across all levels of an organization. Employers who invest their resources in building an effective communication system will quickly earn their employee's trust which results in increased productivity and business growth. Similarly, employees who are good at communicating with fellow workers, management and costumers become valuable to the company and, additionally, this skill fast tracks them to

successful careers. Effective communication also helps creating strong teams. Moreover communication is important in everyday life. It is no doubt that communication plays a vital role in human life and represents the foundation of all human relationships. Every day we communicate with a lot of people including our families, our friends, our colleagues, or even strangers. We should learn how to communicate effectively in order to make our lives better. On the other hand a lack of communication can lead to the collapse of any organization! Poor communication skills are also a major contributor of divorces. Apparently, many of us are not so good at expressing our needs, or listening to our partners attentively, and this denies us the chance to connect with our partner, which opens up cracks in our marriage. If we had great communication skills, we'd know better that we should not open our mouths before thinking through what we were about to say; we'd use the right body language and stare right into our partner's eyes; we'd show our partners more respect and agree to disagree with them. These books explore the importance of effective communication both in the workplace and in everyday life in couple; provide actionable tips in improving them. Would you like to know more? Scroll to the top of the page and select the buy now button!

Sacred Relationship - Anni Daulter 2017-09-26

Sacred Relationship is a practical and spiritual guide and journal for couples to rekindle the love spark that started their fires and to maintain a steady heat for years to come. Following the format of Anni Daulter's popular Sacred Series books, it is beautifully designed and illustrated, with chapters focusing on thirty-two weeks—each with meditations and exercises on topics that couples are likely to encounter on their journey together. Husband-and-wife team Anni and Tim Daulter offer both useful tips and creative ideas for enriching life together, and the weekly encounters provide couples with helpful information and thoughtful prompts for journaling that invite both members of the couple to take an intentional look at the relationship and adopt a practice of personal reflection and soul nourishment. As anyone in a long-term relationship knows, the intense high that accompanies the beginning of love can fade over time unless the relationship receives proper care and attention.

Sacred Relationship shows how intentional love brings more happiness, deeper joy, and greater fulfillment than the initial love spell and can steer each member of the couple into more profound personal growth. The book serves as a toolkit with answers to a wide variety of relationship questions and as a handbook for crafting daily practices that will raise the vibration of the relationship. Parents will find solace in topics that shed light on maintaining loving relationships, sex, and passion once children join the family. Busy couples who want to discover more about themselves and each other, find soulful solutions to everyday issues, and nourish a healthy and happy relationship year after year will find an invaluable resource in this book.

A Couples Journal - Romney Nelson 2020-07-21

The Wiley-Blackwell Handbook of Couples and Family Relationships - Patricia Noller 2012-02-20

The Wiley-Blackwell Handbook of Couples and Family Relationships presents original articles from leading experts that link research, policy, and practice together to reflect the most current knowledge of contemporary relationships. Offers interesting new perspectives on a

range of relationship issues facing twenty-first century Western society Helps those who work with couples and families facing with relationship issues Includes practical suggestions for dealing with relationship problems Explores diverse issues, including family structure versus functioning; attachment theory; divorce and family breakdown; communication and conflict; self regulation, partner regulation, and behavior change; care-giving and parenting; relationship education; and therapy and policy implications

365 Daily Devotions for Couples - Toni Sortor 2007-12

This couples' devotional book provides relevant, practical devotions designed to start important discussions and keep relationships strong. With a reading for every day of the year-including unique weekend activity ideas-Daily Wisdom for Couples will challenge and encourage both newlyweds and old-timers alike. "God instituted marriage and offers it as a blessing, but our relationships are what we make of them," the introduction reads. "When we put good things into them, they improve." In each of these brief, easy-to-read entries, Daily Wisdom for Couples will show both the ingredients and the instructions for a happy, healthy marriage.

Relationship S For Couples Daily:

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