

Sex Therapists Near Melbourne

Zest for Life Jennifer Kelly 2005 Annotation. Highlighting how and why the concerns of lesbians are often overlooked during the change of life, this book draws on lesbians menopausal experiences to illustrate how menopause can be a time to rejoice, not despair. Hormone replacement therapy, health services, body image, and homophobia are some of the topics discussed in this illuminating guide that doctors, heterosexual, and homosexual women will learn from and enjoy.

[Sex When You Don't Feel Like It](#) Cyndi Darnell 2022-06-10 "Distinguishes between love and desire to breakdown myths around sex and help readers cultivate an authentic sex life"--

Sex Therapy Keith Hawton 1985-02-07 Sexual problems are a major cause of personal distress and marital breakdown, affecting as many as one in ten of the general population. The author, who has had extensive clinical, research, and teaching experience in the field of sexual dysfunction, has written a very practical account of the nature, causes, assessment, and treatment of sexual problems. The various stages of treatment are described in sufficient detail for therapists who are about to start sex therapy. Experienced therapists will also find this book a source of useful advice. The treatment approach includes behavioural, psychotherapeutic, and educational techniques. In addition to the treatment of couples, the management of sexual problems of individuals without partners, and of the physically disabled, are also described. Practical guidance is backed up by research findings. This book is an up-to-date, straightforward, and practical account which should be of considerable interest to anyone involved in the management of sexual problems.

Sexual Health Meredith Temple-Smith 2014-12-01 Sexual health is now seen as multi-dimensional, a product of complex interplay between biological, psychological, and socio-cultural factors. This book brings together 34 expert Australian practitioners and researchers to provide a comprehensive, authoritative, up-to-date, and stimulating perspective on sexual health. In numerous and significant ways the book differs from its predecessor-volume, published in 2005. Chapters are now grouped in to five parts: § Sexual health in Australia; § Foundations for sexual health; § Sexual health in clinical practice; § Sexual health in specific populations; and § Prevention and promotion. All original chapters have been thoroughly reviewed and updated. Six new chapters are included, on: § Sexual health in society; § Contraception, and options for unintended pregnancy; § The legal environment of sexual healthcare practice; § Lesbian, gay, bisexual, and transgender people; § Health promotion; and § Prevention strategies. Chapters on sexual health in adolescence and in older adults have been expanded. A section on refugees is now included (with sections on homeless youth, sex workers, and prisoners) in a chapter on the sexual health of 'other vulnerable populations'. This book is one-third longer than its predecessor-volume. For tertiary-level students of nursing, medicine, public health, health promotion, and sexology, this new book will continue to be an ideal textbook. For healthcare practitioners working in reproductive health, sexual health, maternal and child health, and many other specialist fields, it will be an invaluable first reference.

[Great Sexpectations](#) Gemma Cribb 2021-06-10 We live in a sexually permissive culture, the rise of porn, hook ups, sex problems and sexless marriages are on the increase. This book will help you explore your 'sexpectations' and guide you through simple exercises to help you discover your authentic sexual self.

The Macquarie Dictionary of New Words Susan Butler 1990 Over 3000 new Australian words collected since the publication of the TMacquarie Dictionary' in 1981, with examples and details of origins. The biggest growth areas have been in the fields of economics, computers, medicine and music.

Sexual Dysfunction, Third Edition John P. Wincze 2015-05-11 "Highly regarded as a course text and practitioner resource, this book presents concise intervention guidelines for the most frequently encountered sexual dysfunctions in women and men. Following a consistent format, chapters on each clinical problem cover its description, clinical presentation, prevalence, etiology, and biological and psychosocial factors. Illustrative case examples of diverse individuals and couples are included. The authors provide a state-of-the-art framework for conducting comprehensive assessments, weaving multiple data sources into a coherent case formulation, and planning effective treatment that integrates medical and psychosocial strategies. Key Words/Subject Areas: arousal, assessments, couples, desire, diagnosis, disorders, dysfunctions, female, gender, human sexuality, male, marital, men, psychotherapy, sex therapy, sexual health, sexual medicine, treatments, women Audience: Clinicians who work with clients on issues pertaining to sexuality, including clinical psychologists, psychiatrists, clinical social workers, couple and family therapists, mental health and pastoral counselors, and psychiatric nurses. Also of interest to ob/gyns, urologists, and family physicians. "--
[Issues in Sexuality and Sexual Behavior Research: 2011 Edition](#) 2012-01-09 Issues in Sexuality and Sexual Behavior Research: 2011 Edition is a ScholarlyEditions™ eBook that delivers timely, authoritative, and comprehensive information about Sexuality and Sexual Behavior Research. The editors have built Issues in Sexuality and Sexual Behavior Research: 2011 Edition on the vast information databases of ScholarlyNews.™ You can expect the information about Sexuality and Sexual Behavior Research in this eBook to be deeper than what you can access anywhere else, as well as consistently reliable, authoritative, informed, and relevant. The content of Issues in Sexuality and Sexual Behavior Research: 2011 Edition has been produced by the world's leading scientists, engineers, analysts, research institutions, and companies. All of the content is from peer-reviewed sources, and all of it is written, assembled, and edited by the editors at ScholarlyEditions™ and available exclusively from us. You now have a source you can cite with authority, confidence, and credibility. More information is available at <http://www.ScholarlyEditions.com/>.

A Better Normal Tess Devèze 2021-09-27 "A really important influence in my and many others road back to physical and mental health during and post cancer treatment. Without Tess' support who knows where we'd be." Steve, cancer survivor "This book is an absolute game changer. Practical, clear, accessible guidance. I already love introducing Tess' work to couples craving re-connection post cancer treatment, and now I have this go-to instructional guide." Victoria Cullen, founder of A Touchy Subject "Your impact on others suffering is just so profound. Love you for that Tess. Thank you!" SJ, cancer survivor Impacted sexuality from cancer treatments is one of the most common challenges people face, yet is one of the most under-addressed. Cancer treatments can impact all aspects of our lives, so why is no one talking about the more 'intimate' struggles we face? If you've received a cancer diagnosis, or are the loved one of someone who has, this book offers support and solutions to recover and increase connection, intimacy & sexuality, during and after treatments. Jam-packed with fun activities and easy-to-do strategies for how to improve things like; low libido, changes in body image and body confidence, when things are 'dry & sore', dating, the more direct side-effects treatments can have on our body and ways to heal and work around them like pain, fatigue, when sex hurts, drops in sex-drive and so, so much more. This book is a must-have for anyone impacted by cancer who may need support, because we all deserve love and connection. Written by a sexuality clinician and educator, who's also had cancer, this book is filled with practical information and ways you can reconnect with yourself and/or a partner, from someone who's literally been there. With down to Earth humour mixed in with a dash of neuroscience, Tess offers a positive path to your intimacy recovery, so what you thought was sexually impossible, becomes possible.

[The Sex Ed You Never Had](#) Chantelle Otten 2021-09-28 From award-winning psychosexologist Chantelle Otten comes the well-overdue, inclusive and meticulous guide to all things sex, bodies and relationships. For too long, talking about our anatomies and our experiences has been taboo. Normal functions have been deemed embarrassing and even shameful, impacting people's mental and physical health. In this amazing and comprehensive guide filled with accurate facts and helpful illustrations, Chantelle refuses to leave these conversations languishing on the fringes any longer. From breaking myths about reproductive health to exploring ideas of consent, The Sex Ed You Never Had will teach everyone something new about their body, and the fun and pleasurable ways to use it.

Extraordinary Sex Therapy Gina Ogden 2017-10-02 How do we help our clients discover the depth and breadth of sexual healing? Extraordinary Sex Therapy offers a range of innovative health-based approaches and

models to explore the complexities inherent in sexual pleasure and potential as well as in trauma, pain, and dysfunction. The practitioners whose work is represented here expand the clinical conversation about sex beyond performance goals and tread courageously into unquantifiable realms of sexual and relational desire, health, and transformation. All of these practitioners describe work that embodies therapeutic collaboration with their clients as they confront sexual concerns that include body image, emotions, meanings, and nuances of partner interactions along with the influence of neurobiology, language, gender, addiction, socioeconomics, and cultural conditioning about pleasure. Their interventions range from education, visualization, and role-play to identifying erotic archetypes, coaching about sensual touch, and using plant spirit medicines to activate imagination and spiritual connection. Their descriptions ring with singular authenticity, depending on their training and the particular clients and issues they address. Each practitioner provides clinical examples and techniques in enough detail so that readers can incorporate elements of these approaches into their own practices. This book was originally published as a special issue of the *Journal of Sexual and Relationship Therapy*.

A Better Normal for Body Confidence Tess Devèze 2023-07-03 Changed and impacted sexuality including changes in body image and body confidence from cancer treatments is one of the most common challenges people face, yet is one of the most under-addressed. Cancer treatments can impact all aspects of our lives, so why is no one talking about the more 'intimate' struggles we face? Why is sex and cancer such an ignored topic? If you've received a cancer diagnosis and are experiencing body shame, embarrassment, changes in your self confidence or body confidence, this book offers practical support and solutions to recover and increase your body image during and after treatments, including advice and education on dating during and after treatments. This bite-sized book in the 'A Better Normal' mini-book series is core information from the all-in-one sexuality and cancer guide 'A Better Normal; Your Guide to Rediscovering Intimacy After Cancer'. Small enough to read in one sitting, this book is a must-have for anyone impacted by cancer treatments who may need support, because we all deserve love and connection. Written by a sexuality occupational therapist, somatic sexologist and a sexuality educator, who also has fought cancer, this book is filled with practical information and ways you can reconnect with yourself and/or a partner, from someone who's literally been there. With down to Earth humour mixed in with a dash of neuroscience, Tess offers a positive path to your body confidence recovery, to recover what you thought was lost. If you're experiencing particular side-effects (drops in libido, vaginal dryness and pain, changes in erection, fatigue etc), or need sexual supports that are treatment specific (radiotherapy, chemotherapy or hormone therapy), take a look at the other mini-books in the 'A Better Normal' series. If you're after all of the sexuality and cancer information you need in one place, see 'A Better Normal; Your Guide to Discovering Your Intimacy After Cancer'. The larger all-in-one sexuality resource that has all of the mini-book series content (and more).

New Directions in Sex Therapy Peggy J. Kleinplatz 2012-04-27 Winner of the 2013 AASECT Professional Book Award! *New Directions in Sex Therapy: Innovations and Alternatives* focuses on cutting-edge, therapy paradigms as alternatives to conventional clinical strategies. With each passing year, the treatment of sexual problems seems to emphasize more medical and pharmacological interventions. There is correspondingly less interest in the experiences of the individuals or couples involved. This book expands the definition of our field. Part I highlights the major problems and criticisms facing sex therapy and furnishes a rationale for new directions. Included in this new edition are critiques of "sexual addiction" nomenclature, the neglect of the ethical dimension in sex therapy, and there is a call to expand our vision of what sex therapy can attain. Part II demonstrates new approaches to dealing with traditional sex therapy concerns, including lack of desire and erectile dysfunction as well as innovative goals, such as integrating sexual medicine with sex therapy, using client feedback to customize therapy for the particular individual/couple's best interests, promoting relationship growth in working with transgender clients, and transcending sexual function/dysfunction to optimize erotic intimacy in long-term couples. This 2nd edition of *New Directions in Sex Therapy: Innovations and Alternatives* is replete with helpful new clinical illustrations across the spectrum of theoretical orientations (e.g., systemic, narrative, Experiential, CBT) to demonstrate these approaches in action. This book is intended for anyone who deals with sexual issues and concerns in therapy—clinicians of every kind, novices and advanced practitioners—rather than only those who define themselves as sex therapists.

Sourcebook of Sex Therapy, Counseling, and Family Planning Judith Norback 1983 Book that pulls together resource information on family planning, sexuality, and sexual problems. Includes persons and organizations as resources, as well as standards and introductory information. Topical arrangement. Brief index.

Principles and Practice of Sex Therapy, Fifth Edition Yitzchak M. Binik 2014-03-19 This book has been replaced by *Principles and Practice of Sex Therapy, Sixth Edition*, ISBN 978-1-4625-4339-7.

Sex, Sexuality and the Autism Spectrum Wendy Lawson 2005 Written by an 'insider', an openly gay autistic adult, Wendy draws upon her own experience to examine the implications of being autistic on relationships, sex and sexuality. Discussing subjects such as basic sex education and autism, she then explores interpersonal relationships, same sex attraction, bisexuality and transgender issues.

The Bigger Picture Paul Sterling 2007 Paul Sterling's novel is in the classic tradition of *Our Town* by Thornton Wilder. Sterling's novel is a subtle, sometimes humble, often hilarious tribute to the small town Australia which resides in our hearts, our memory and even just off the verandah. The narrative encompasses a proud, good-natured and sometimes cheeky Aussie equivalent of Grover's Corners, populated with endearing, sometimes familiar, characters of the raving inventors and trio of retired, keenly observant school teachers.

Case Studies and the Dissemination of Knowledge Joy Damousi 2015-02-11 The case study has proved of enduring interest to all Western societies, particularly in relation to questions of subjectivity and the sexed self. This volume interrogates how case studies have been used by doctors, lawyers, psychoanalysts, and writers to communicate their findings both within the specialist circles of their academic disciplines, and beyond, to wider publics. At the same time, it questions how case studies have been taken up by a range of audiences to refute and dispute academic knowledge. As such, this book engages with case studies as sites of interdisciplinary negotiation, transnational exchange and influence, exploring the effects of forces such as war, migration, and internationalization. *Case Studies and the Dissemination of Knowledge* challenges the limits of disciplinary-based research in the humanities. The cases examined serve as a means of passage between disciplines, genres, and publics, from law to psychoanalysis, and from auto/biography to modernist fiction. Its chapters scrutinize the case study in order to sharpen understanding of the genre's dynamic role in the construction and dissemination of knowledge within and across disciplinary, temporal, and national boundaries. In doing so, they position the case at the center of cultural and social understandings of the emergence of modern subjectivities.

Advances in Psychosomatic Obstetrics and Gynecology P. G. Pechatschek 2012-12-06 The Sixth International Congress of Psychosomatic Obstetrics and Gynecology, which took place from 2 to 6 September 1980 in the congressional chambers of the former Reichstag building in Berlin, had as its theme "Women in a Changing Society." Particular emphasis was placed on the fact that in illness, as well as in good health, women must be considered in a comprehensive psychosocial context. Observations from medical, psychological, sociological, and anthropological perspectives on the healthy and sick woman through the various stages of her life presented a wide spectrum of scientific research. Sessions covering such fundamental topics as the problems of the young mother, women in the postgenerative phase, and the early mother-child relationship were enriched by many recent scientific contributions. Further subjects, ranging from the dialogue in the gynecologist's consulting room through the emotional situation of the gynecologist, body language in female sexuality, and sexual disorders experienced by gynecological patients to psychosomatics and cancer, were pursued in small workshops. Of particular psychoendocrinological interest were the contributions on obesity and the premenstrual syndrome. The results of this workshop and another on unwanted pregnancy have appeared recently in separate monographs.

Existential Perspectives on Relationship Therapy Emmy van Deurzen 2013-11-15 Human beings live in constant battle with issues that are fundamental to their existence and couples who seek relationship therapy are looking for a way to reconnect with one another and understand the existential predicaments that they each face. In this inspiring book, Emmy van Deurzen and Susan Iacovou bring together world renowned therapists to demonstrate how existential theories can improve therapeutic practice. Each contributor explores their own unique existential approach to relationship therapy, drawing on the great thinkers that have informed their

work - from Socrates to Sartre - and revealing some of their most profound practice with their clients. Whether you are a student, trainee, or experienced counsellor, this a ground-breaking book will enrich and transform your work with relationships.

Exploring Sexuality and Spirituality 2020-10-20 Exploring Spirituality and Sexuality: An Introduction to an Interdisciplinary Field is a collection of scholarly essays which focuses on the multiple interrelations of spirituality and sexuality, including such facets as intimate relationships, inner cultivation, gender empowerment, gender empowerment, sex education, eroticism, and ecstasy embodiments.

Sex, Science and Morality in China Joanna McMillan 2014-07-30 After decades of near silence on the matter, sex is being talked about in China. But what is being said? Who is allowed to speak? And whose purposes are being served? This ground-breaking book takes a critical look at how sex in China is thought and talked about. Drawing on the work of the country's foremost sex experts, and years of research in the field, it gives an overview of the sexual landscape in China today. Including new material on transsexuals, fetishism, sex aids and pornography, the book shows that the dominant ways of thinking about sex are neither innocent nor inconsequential, and that amid catalogues of prescriptions linking self-management to the collective good, people are making decisions about how to live their sexual lives. The most lively and accessible critique of sexual discourse, this book will be essential reading for scholars in Chinese studies, cultural studies and sexuality and gender studies.

Enhancing Sexuality John Wincze 2009-04-24 Sexual dysfunction can cause significant distress in both men and women and their partners. This therapist guide presents a comprehensive program for assessing and treating sexual dysfunction in couples or single individuals, regardless of sexual orientation. It outlines pathways for therapy and gives recommendations for formulating a treatment plan. Therapists are encouraged to be flexible in their approach while guiding clients through this step-by-step program. The guide and corresponding workbook present information on a number of sexual problems including low sexual desire, difficulty becoming sexually aroused, premature or quick ejaculation, erectile dysfunction, trouble achieving orgasm, and pain or discomfort during sex. Clients are educated about sexual development and common sexual myths. They also learn about factors that influence sexual functioning in order to create favorable conditions for sex. For each topic, this guide offers an overview of principles underlying treatment and main concepts to convey to clients. Case vignettes illustrate key points and important tips for the therapist are highlighted throughout. The corresponding workbook includes chapter review quizzes, exercises, and worksheets to reinforce client understanding and couple participation. Enhancing sexuality is a worthy goal for couples and individuals, and clinicians will find this a rewarding program to put into practice.

The Sex Diaries Bettina Arndt 2009 'From the time I started working as a sex therapist back in the early 1970s, people have been talking to me about their sex lives. What I hear about most is the business of negotiating the sex supply. How do couples deal with the strain of the man wishing and hoping while all she longs for is the bliss of uninterrupted sleep?' In *The Sex Diaries* Australia's leading sex therapist, Bettina Arndt, uncovers the night-time drama being played out in bedrooms everywhere the creeping hand and feigning of sleep, the staying up late in the hope that he will doze off. It is one of the great inconvenient truths of relationships that after the first blissful years together, most men want more sex than their female partners. Bettina Arndt recruited ninety-eight couples to keep diaries, revealing their intimate negotiations over sex. Who feels like having sex? Who doesn't? And how do couples cope if one person wants it more than the other? She draws on her thirty-five years of experience as a sex therapist and psychologist to provide a provocative analysis that challenges our basic assumptions about sex. With her characteristic humour and insight, Bettina Arndt proposes a new approach to how couples can enjoy regular sex and sustain loving relationships.

A Better Normal for Radiotherapy Tess Devèze 2023-07-03 Changed and impacted sexuality from cancer treatments and radiation therapy is one of the most common challenges people face, yet is one of the most under-addressed. Radiotherapy and the side effects they can cause, impacts all aspects of our lives, so why is no one talking about the more 'intimate' struggles we face? Why is sex and cancer such an ignored topic? If you've received a cancer diagnosis and are undergoing / recovering from radiation treatment, this book offers practical support and solutions to recover and increase your sex, sexuality and intimacy during and after cancer treatments. Addressing topics such as; when and how is intimacy and sex possible, managing and recovering from internal radiation, everything you need to know about lubricants, positioning, recovering sensitivity and more. This bite-sized book in the 'A Better Normal' mini-book series is core information from the sexuality and cancer guide 'A Better Normal; Your Guide to Rediscovering Intimacy After Cancer'. Small enough to read in one sitting, this book is a must-have for anyone impacted by cancer treatments who may need support, because we all deserve love and connection. Written by a sexuality occupational therapist, somatic sexologist and a sexuality educator, who also has had cancer, this book is filled with practical information and ways you can reconnect with yourself and/or a partner, from someone who's literally been there. With down to Earth humour mixed in with a dash of neuroscience, Tess offers a positive path to your body confidence recovery, to recover what you thought was lost. If you're experiencing other side-effects (drops in libido, vaginal dryness and pain, changes in erection, changes in your body confidence, fatigue etc), or need sexual supports that are treatment specific (chemotherapy or hormone therapy), take a look at the other mini-books in the 'A Better Normal' series. If you're after all of the sexuality and cancer information you need in one place, see 'A Better Normal; Your Guide to Discovering Your Intimacy After Cancer'. The larger all-in-one sexuality resource that has all of the mini-book series content (and more).

Women and Sex Therapy Ellen Cole 2014-03-18 Outstanding feminist scholars present seldom discussed women's views of sexuality. In the past, there has been little feminist discussion among sexuality professionals and between feminist therapists and sex therapists. The valuable ideas expressed by the contributors to this book are aimed at increasing the possibilities for all therapists and counselors to discuss with their clients the nature of sexuality, and in particular, what women feel about sex. Professionals provide remarkable perspectives on issues that concern all women--orgasm, the double standard, new reproductive options, intimacy, bisexuality, and more.

Systemic Sex Therapy Katherine M. Hertlein 2015-02-20 This comprehensive textbook, intended for graduate students in couple and family therapy programs as well as for clinicians of diverse orientations, offers descriptive discussions of sex therapy based on the Intersystem Approach, as developed by Gerald Weeks. The Intersystem Approach considers the biology, psychology, couple dyad, family-of-origin, and larger contextual factors of any sexual disorder or issue. It is grounded in systems theory and represents a new understanding of human sexuality and sexual problems. Appropriate for anyone who wants to progress to a more comprehensive and integrative understanding of sexual dysfunctions, this text will teach the reader how to treat the couple, rather than the individual. Now in a second edition, Systemic Sex Therapy presents 12 updated chapters and two new chapters, bringing the material up-to-date with the DSM-5. Each chapter examines the definition and description of a disorder, its etiology, assessment, treatment, research, and future directions. Experts in the field discuss issues ranging from pharmacology, sexual compulsivity, therapy with lesbian and gay couples, to chapters on male and female lack of desire. A standard text in the field, Systemic Sex Therapy integrates couple and sex therapy to inform the treatment of sexual problems, and to give beginning and experienced clinicians the abilities and confidence they need to produce viable change in their patients' lives.

A Better Normal for Libido Tess Devèze 2023-07-03 Changes in libido and sexuality from cancer treatments is one of the most common challenges people face, yet is one of the most under-addressed. Cancer treatments can impact all aspects of our lives, so why is no one talking about the more 'intimate' struggles we face? Why is sex and cancer such an ignored topic? If you've received a cancer diagnosis and are noticing drops in your libido / sex drive, this book offers practical support and solutions to recover and increase your libido / desire, sex, sexuality and intimacy during and after cancer treatments. Addressing topics such as; when and how intimacy and sex are possible, why libido drops, how to recover libido, changes in and recovering orgasm, changes in and recovering sensation and more. This bite-sized book in the 'A Better Normal' mini-book series is core information from the sexuality and cancer guide 'A Better Normal; Your Guide to Rediscovering Intimacy After Cancer'. Small enough to read in one sitting, this book is a must-have for anyone impacted by cancer treatments who may need support, because we all deserve love and connection. Written by a sexuality occupational therapist, somatic sexologist and a sexuality educator, who also has had cancer, this book is filled with

practical information and ways you can reconnect with yourself and/or a partner, from someone who's literally been there. With down to Earth humour mixed in with a dash of neuroscience, Tess offers a positive path to your body confidence recovery, to recover what you thought was lost. If you're experiencing particular side-effects (drops vaginal dryness and pain, changes in erection, joint/body pain, fatigue etc), or need sexual supports that are treatment specific (radiotherapy, chemotherapy or hormone therapy), take a look at the other mini-books in the 'A Better Normal' series. If you're after all of the sexuality and cancer information you need in one place, see 'A Better Normal; Your Guide to Discovering Your Intimacy After Cancer'. The larger all-in-one sexuality resource that has all of the mini-book series content (and more).

What Men Want in Bed Bettina Arndt 2012-01-01 Across the world, the story is the same. Sex scandal. Media frenzy. Another prominent man caught with his pants down. So why do men take such risks for sex? Sex therapist Bettina Arndt's new book is all about why sex matters so much to men. More than 150 men kept diaries for her, talking about what it is like to live with that constant sparking sexual energy—and; relentless, uncontrollable, all-consuming. Their painfully honest, confronting, often hilarious stories explain their quest for sexual adventure, their secret delights, the thrill of giving pleasure, why some men turn to pornography and men's delight in the Viagra revolution. With every second man over fifty dealing with erection problems, Bettina offers advice on the wondrous new treatments giving men a new lease of sexual life. Her diarists reveal what it is like to pop little blue pills, or inject their best friend, or face impotence after prostate cancer treatments, or use treatments with a reluctant partner. *What Men Want: In Bed* lifts the lid on men's longings, frustrations, their fears and their intense joy in making love.

Sex Research and Sex Therapy Ross Morrow 2013-06-17 Gynaecologist William Howell Masters and psychologist Virginia Eshelman Johnson pioneered research into the nature of human sexual response and the diagnosis and treatment of sexual disorders and dysfunctions from 1957 until the 1990s. This book examines their influential scientific sex research and its groundbreaking implications for sex therapy and the study of human sexuality. Until now, these developments have been largely ignored in sociology. The book illuminates how Masters and Johnson have constructed their apparently scientific ideas about sexual function and dysfunction with reference to dominant Western discourses about sexuality. In addition, the book will explore some of the wider theoretical, conceptual and historical issues relating to the study of human sexuality. These will include a critical evaluation of conventional accounts of the history of the sociology of sex, particularly in the United States, major theoretical frameworks used in the study and understanding of human sexuality, and some of the key concepts underpinning sex research and sex therapy.

The Art of Sex Therapy Supervision James C. Wadley 2018-08-06 *The Art of Sex Therapy Supervision* is a collection of scholarly writings and case narratives that sheds light on issues that sex therapists face as supervisors or supervisees and provides techniques that can be adapted to fit clients' specific needs. Written by experts in a range of fields, this book covers a wide range of perspectives and methodologies for assisting diverse populations, including conservative Christians, LGBTQ clients, and those who exhibit out-of-control sexual behavior. It addresses individual, relational, and systemic engagement in the context of sexual function/dysfunction, and it also discusses obstructions clinicians can face when providing critical feedback to clients. This book will be useful for aspiring supervisors as well as those who supervise clinicians seeking licensure or certification.

Teaching about Sex and Sexualities in Higher Education Susan Hillock 2021 *Teaching about Sex and Sexualities in Higher Education* argues that much more can be done in teaching about sex and sexuality in higher education. This edited collection provides key information on professional training and support, and acts as a crucial resource on sex, sexuality, and related issues. With a focus on diversity, this book features expert contributors who discuss key concepts, debates, and current issues across disciplines to help educators improve curriculum content. This collection aims to provide adequate and appropriate sex education training and opportunities to educators so that they may explore complex personal and emotional issues, build skills, and develop the confidence necessary to help others in their respective fields.

Management of Sexual Dysfunction in Men and Women Larry I. Lipshultz 2016-07-05 This book provides a comprehensive, state-of-the art review of the intersection of male and female reproductive and sexual health. The text comprehensively discusses the evaluation and management of physical, genetic, and psychological causes of male and female sexual dysfunction. Discussion of treatment focuses on current medical and surgical psychosexual therapies in both the male and female. The book highlights erectile, ejaculatory, and orgasmic disorders in the male; desire, arousal and orgasmic disorders in the female; and an integrated approach to the couple. Lifestyle modifications through diet and exercise and optimization of anthropomorphic characteristics are also discussed, including a holistic approach to these disorders that goes beyond a focus on the genital system alone. *Sexual Dysfunction in Men and Women: An Interdisciplinary Approach* serves as a resource for physicians and researchers interested in sexual medicine seeking a comprehensive overview of the practice and novel research in the field.

Handbook of LGBT-Affirmative Couple and Family Therapy Jerry J. Bigner 2012-05-04 The editors and contributors of this comprehensive text provide a unique and important contribution to LGBT clinical literature. Spanning 30 chapters, they discuss the diverse and complex issues involved in LGBT couple and family therapy. In almost 15 years, this book provides the first in-depth overview of the best practices for therapists and those in training who wish to work effectively with LGBT clients, couples, and families need to know, and is only the second of its kind in the history of the field. The clinical issues discussed include • raising LGBT children • coming out • elderly LGBT issues • sex therapy • ethical and training issues Because of the breadth of the book, its specificity, and the expertise of the contributing authors and editors, it is the definitive handbook on LGBT couple and family therapy.

The Sex Diaries Bettina Arndt 2009-03-01 In *The Sex Diaries* Australia's best known sex therapist, Bettina Arndt, uncovers the night-time drama being played out in bedrooms everywhere—the creeping hand and feigning of sleep, the staying up late in the hope that he will doze off. It is one of the great inconvenient truths of relationships that after the first blissful years together, most men want more sex than their female partners. Bettina Arndt recruited ninety-eight couples to keep diaries, revealing their intimate negotiations over sex. Who feels like having sex? Who doesn't? And how do couples cope if one person wants it more than the other? She draws on her thirty-five years of professional experience to provide a provocative analysis that challenges our basic assumptions about sex. With her characteristic humour and insight, Bettina Arndt proposes a new approach to how couples can enjoy regular sex—and sustain loving relationships.

Sex Drive Bella Ellwood-Clayton 2012-03-01 When it comes to women's priorities, is sex on top? Lack of libido is women's most common sexual problem and once in a secure relationship, women's sex drive begins to plummet. Exploring what our libido is and why it is being depleted, sexual anthropologist Dr Bella Ellwood-Clayton argues that women don't want sex because they don't feel sexy. At a time when women's libidos are being threatened by the wider forces of media, marketing and medication and our increasingly pressured lives, who can blame them? With increasing numbers of women with low libido being diagnosed as 'sexually dysfunctional', the race to create a 'pink Viagra' is on. But do we have unrealistic expectations about our sex drive? Who defines what is normal and abnormal? And could 'low libido' in fact be the natural order of things? Provocative, authoritative and engaging, *Sex Drive: In pursuit of female desire* is both fascinating reading and a book that is creating passionate debate.

Handbook of Cognitive Behavioral Therapy by Disorder Colin R Martin 2022-12-05 Pregnancy, childbirth, childhood, adolescence, and aging can be beset with adverse changes in psychobiology and behavior. *Handbook of Lifespan Cognitive Behavioral Therapy: Childhood, Adolescence, Pregnancy, Adulthood, and Aging* will better readers' understanding of a variety of conditions and the applicability of CBT therapy as a treatment. Featuring chapters on postnatal anxiety and depression, insomnia, and dysmorphia, the book discusses in detail the use of cognitive behavioral therapies in the treatment of these issues affecting individuals at the start and end of their lives. With expert authors from the clinical field, the book has applicability for behavioral scientists, psychologists, cognitive and behavioral neuroscientists, and anyone working to better understand and treat using cognitive behavioral therapies. Summarizes cognitive behavioral therapies for a variety of conditions Contains chapter abstracts, practice and procedures, application to other areas, key facts, dictionary of

terms, and summary points Covers anxiety, depression, insomnia, and autism Includes conditions in pregnancy, childbirth, children, and adolescence

A Genealogy of Appetite in the Sexual Sciences Jacinthe Flore 2020-03-11 This book offers a genealogy of the medicalisation of sexual appetite in Europe and the United States from the nineteenth to twenty-first century. Histories of sexuality have predominantly focused on the emergence of sexual identities and categories of desire. They have marginalised questions of excess and lack, the appearance of a libido that dwindles or intensifies, which became a pathological object in Europe by the nineteenth century. Through a genealogical approach that draws on the writings of Michel Foucault, *A Genealogy of Appetite in the Sexual Sciences* examines key 'moments' in the pathologisation of sexuality and demonstrates how medical techniques assumed critical roles in shaping modern understandings of the problem of appetite. It examines how techniques of the patient case history, elixirs and devices, measurement, diagnostic manuals and pharmaceuticals were central to the medicalisation of sexual appetite. Jacinthe Flore argues that these techniques are significant for understanding how a concern with 'how much?' has transformed medical knowledge of sexuality since the nineteenth century. The questions of 'how much?', 'how often?' and 'how intense?' thus require a genealogical investigation that pays attention to the emergence of medical techniques, the transformation of forms of knowledge and their effects on the problematisations of sexual appetite.

The Wiley Handbook of Sex Therapy Zoë D. Peterson 2017-04-24 *The Wiley Handbook of Sex Therapy* is a comprehensive and empirically-based review of the latest theory and practice in the psychotherapeutic treatment of sexual problems across client populations. Structured in four sections covering specific sexual dysfunctions, theoretical approaches to sex therapy; working with client diversity; and future directions in sex therapy Advocates a holistic approach to sex therapy with a focus on using a range of psychotherapeutic theories and techniques rather than only the most popular behavioral strategies Includes case studies which highlight the broad spectrum of diverse conditions that clients can experience and which sex therapists can therefore encounter in the consulting room Includes contributions by more than 60 experts from a wide range of disciplines

Sensate Focus in Sex Therapy Linda Weiner 2017-02-24 *Sensate Focus in Sex Therapy: The Illustrated Manual* is an illustrated manual that provides health professionals with specific information on the use of the structured touching opportunities used regularly by Sexologists to address their clients' sexual difficulties (*Sensate Focus 1*) and enhance intimate relationships (*Sensate Focus 2*). This book is the only one to: vividly describe and illustrate the specific steps of, activities involved in, and positions associated with *Sensate Focus*; emphasize the purpose of *Sensate Focus* as a mindfulness-based practice; and distinguish between the purposes of *Sensate Focus 1* and *Sensate Focus 2*. Through the use of artful drawings and descriptive text, this manual engages mental health and medical professionals and their clients by appealing to both the visual and the analytical. It discusses how modifications to *Sensate Focus* can be applied to diverse populations, such as LGBTQ clients, the elderly, the disabled, trauma survivors, and those with challenges such as Autism Spectrum, anxiety, and depression. The book also offers suggestions for dealing with common client difficulties such as avoidance, confusion, and goal directed attitudes. This comprehensive approach to *Sensate Focus* will remind readers of the beauty and power of touch while offering suggestions for moving from avoidance to sensory transcendence.

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