

How To Have Magnificent Sex

[Why Mindful Sex Is Great for Your Health - Camille Styles](#)

[The sex lives of animals: three hours of foreplay - and mass orgies on the move - The Guardian](#)

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12 Days of Sexmas: The Speed Bump sex position kicks off the Christmas countdown and is great for lazy... - The US Sun

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What makes for a 'great' sex life? - Knowable Magazine

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[Sex advice: I want to give my girlfriend what she fantasizes about in ... - Slate](#)

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'Take your power back': Bevan Chuang, former lover of Len Brown ... - New Zealand Herald

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How to Keep Your Sex Life Alive When You're Busy AF - The Everygirl

My partner slapped me during sex without asking - Slate

How to Have Great Sex After 50 - TheBody

What is the difference between “good sex” and “great sex”? - Queerty

‘Hey, Peeps’ Isn’t the Best Conversation Starter - Scotsman Guide News

Three Great Documentaries to Stream - The New York Times

New Pro-Defendant Decisions Signal Sea Change at New York's ... - New York Focus

'Sex and the City's HIV Test Episode Is Still Great TV - TheBody

Frances Sternhagen, Tony-Winning and Emmy-Nominated Actress ... - PEOPLE

Rick Pitino's road to St. John's paved with forgiveness - ESPN

Why do great white sharks like the San Diego coast? UCSD ... - La Jolla Light

Naomi Watts Says She and Husband Billy Crudup Are Enjoying ... - PEOPLE

Public opinions and social trends, Great Britain: 15 to 26 November ... - Office for National Statistics

'We must protect girls' rights': the London head fighting for single-sex ... - The Telegraph

Kissinger's Inhuman Diplomacy - The Atlantic

Ron DeSantis, Gavin Newsom have contentious debate; Sean ... - Desert Sun

Decline in HIV transmission but progress slow in women - GOV.UK

Sex, menopause and how to have a great sex life as you get older - USA TODAY

12 Best CBD Lubes of 2023 for Arousal, Pain and More - Good Housekeeping

How My Older Sisters Equipped Me for Adulthood (and a Great Sex ... - pride source.com

Bluebeard's Castle review - Michael Powell's amazing serial-killer opera film - The Guardian

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Don't feel pressured, learn to 'simmer' and keep experimenting: how to have great sex at every stage of life - The Guardian

Why Situationships Are Actually Great - TIME

HIV prevention, education improve, but stigma still stands - Columbia Missourian

Femme review - outstandingly tense psychodrama of drag and sexual peril - The Guardian

From Catherine the Great's encounter with a horse to scandalous 'zig-zag' technique used by Napoleon's wife: T - Daily Mail

Why the Church of England's Same-Sex Marriage Vote Breaks My ... - The Gospel Coalition

Friday essay: can marriage be feminist? - a 'hopeless romantic' says ... - The Conversation

Saudi Arabia 'in fifth gear' but is it 'right' for women's tennis to go there? - BBC

Don't Take Chances: Why Doxycycline is a Great Bet Against STIs - UC San Francisco

8 Great National Sex Toy Day Deals on Suction Toys and Vibrators - WIRED

How to have magnificent sex: 'We need to create new notions of ... - Irish Examiner

Does sex get better with age? This senior sex therapist thinks so - KUOW News and Information

South Meck HS teacher accused of sex acts with student, CMPD says - WSOC Charlotte

Reported road casualties Great Britain: e-Scooter factsheet year ... - GOV.UK

Emma Stone and Yorgos Lanthimos on 'Poor Things' - The New York Times

Why introducing a vibrator during partnered sex is a great idea - Cosmopolitan India - Cosmopolitan India

How to have great sex — from your 20s to 70s and beyond - Irish Independent

Sex advice: My husband and I hired a sex worker. Then I think we ... - Slate

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There's more Sex and the City in And Just Like That season 2 - Vox.com

Alfred Hitchcock's blondes 'had a great deal of sex' as 'troubled ... - Fox News

The Formerly Enslaved Black Bordello Queen Who Built a Notorious ... - Smithsonian Magazine

Five tips on how to have great sex when using condoms - Be in the KNOW

New right-wing group is gearing up against Michigan schools over ... - Michigan Advance

How to Have Great Sex Outside (Safely) - Lifehacker

How Can I Build Emotional Intimacy With My Boyfriend? - Bustle

8 Great Deals on Sex Toys, Tights, and Coffee Gear - WIRED

Colorado Arts Spotlight: Things to do around the state Dec. 1-3 - Colorado Public Radio

Does marriage really make us happier than living together? - CNE.news

10 great movies you might have missed in 2023 - RTE.ie

Why the Mediterranean diet is great for your sex life - Business Insider

The Great British SEXODUS! Over a quarter of Britons say they're having less sex now than they used to - while - Daily Mail

Russell Brand's Alternate Reality - The New York Times

Melissa Martinez-Ordonez arrested for sex trafficking teen daughter - Pensacola News Journal

PrEP has revolutionized the war on HIV — but barriers to access ... - NC Newsline

Why does no one want to have sex with a Tory? - inews

Put 'Great Sex' on Your Vacation To-Do List - The Wall Street Journal

'The Great' Season 3 Review: Bloodshed and Sex Has Never Been ... - The Daily Beast

Sex after an affair, cheating: Great sex is still possible. Here's how - USA TODAY

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Refuge for Women is turning the tide on human trafficking - The Cross Timbers Gazette

Sex advice: I had a great date. We slept together. Then he dropped ... - Slate

How to have great sex during menopause and beyond - Nebraska Medicine

What makes sex great? There are some key elements -- but it's not ... - PsyPost

Sex With A Small Penis Can Be Great: 5 People Share Stories - Bustle

I'm a sex therapist and couples who have great sex have this in ... - Daily Mail

Top Jobs: Paramount and Rare - Campaign Brief WA - Campaign Brief WA

Elle Fanning on The Great's Sex Scenes & Embracing Comedy - W Magazine

These 8 Stretches Will Majorly Level-Up Your Sex Life - SheKnows

My partner and I used to have amazing sex. Then he came out as asexual - The Guardian

How to Have Casual Sex — Without Hurting People's Feelings - AskMen

A new way to weigh book complaints - Star Tribune

Red, White & Royal Blue director on the importance of showing ... - PinkNews

A Florida GOP leader, a Moms for Liberty founder, and allegations of ... - Mother Jones

How to Have Magnificent Sex - Lana L. Holstein
MD 2009-01-01

A practical guide to integrating the 7 dimensions of sexuality, all the way from the biologic to the spiritual, and revitalizing your connection with your intimate partner.

101 Nights of Great Sex 2020 - Laura Corn
2019-11-12

Welcome to a whole new level of Great Sex! This totally transformed 2020 edition of the New York Times bestseller is the only book on hot sex you'll ever need. Just ask millions of dedicated

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readers, including Gwyneth Paltrow, Britney Spears, Sharon Stone, and Ryan Seacrest: America's favorite famed erotic playbook is a must-have for couples. Now it's better than ever. With her trademark wit and proven expertise, this 2020 upgrade is Laura Corn's most entertaining, electrifying, and heartfelt work to date. Updated and revised with 30+ brand-new, never-seen-before Seductions, and 101 eTeases to titillate, this ultimate guide will transform your sex life and elevate your relationship to levels you never thought possible. Instead of ordinary pages, you get 101 sealed envelopes -- 50 for her eyes only, 50 for his eyes only, plus one special seduction you can complete together. Each envelope, accompanied by its own eTease, holds the key to a heart-pounding adventure for you and your partner to enjoy, and as you rip each one open, the anticipation mounts -- and so does your pleasure. This is more than a book: It's an interactive ticket to enticement and ecstasy. Why? Because 101

Nights is not a book you read. It's a book you do, while you DO your partner. Enticed yet? HOW IT WORKS: Once a week, you and your lover each tear an envelope from the book. There's no turning back now, and no peeking at each other's Seduction! Just follow your secret instructions, and sometime during the week, you'll each be getting an erotic surprise. Anticipation gets amped up, thanks to all-new eTeases: Imagine you're at your desk or in your car: your phone buzzes, and in comes a text -- only this isn't just any old text. What you receive are three exciting clues, along with the knowledge that your partner is planning an amazing adventure just for you. Think of each mystery eTease as a tantalizing movie trailer and every Seduction as the main attraction. The build-up of sexy surprises sends your excitement through the roof, as you tease your partner to a night of great sex. So farewell to boring, predictable sex and hello to renewed passion, guaranteed. Because the moment one of you rips

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open a secret envelope, you know you're both in for an unforgettable night of great sex. Have fun!

The Great Sex Rescue - Sheila Wray Gregoire
2021-03-02

What if it's not your fault that sex is bad in your marriage? Based on a groundbreaking in-depth survey of 22,000 Christian women, *The Great Sex Rescue* unlocks the secrets to what makes some marriages red hot while others fizzle out. Generations of women have grown up with messages about sex that make them feel dirty, used, or invisible, while men have been sold such a cheapened version of sex, they don't know what they're missing. *The Great Sex Rescue* hopes to turn all of that around, developing a truly biblical view of sex where mutuality, intimacy, and passion reign. *The Great Sex Rescue* pulls back the curtain on what is happening in Christian bedrooms and exposes the problematic teachings that wreck sex for so many couples--and the good teachings that leave

others breathless. In the #metoo and #churchtoo era, not only is this book a long overdue corrective to church culture, it is poised to free thousands of couples from repressive and dissatisfying sex lives so that they can experience the kind of intimacy and wholeness God intended.

The Everything Great Sex Book - Bobbi Dempsey
2010-04-18

There's good sex, and then there's great sex. Toe-curling, shivering, wake-the-neighbors sex. But how do you get from one to the other? The answers are at your fingertips! Inside this revealing reference, you'll find dozens of illustrated positions and valuable advice as veteran sex writer Bobbi Dempsey teaches you: How to get naughty with games and sex talk Ways to position yourself for more enjoyable oral New tips on how to find and tantalize the g-spot What position works best during pregnancy--or to conceive How to jumpstart a lagging libido The secret to sustaining multiple orgasms And

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much more! With updated information on doing the deed in new or unusual locations, how your health affects your sex life, and getting daring (handcuffs, anyone?), Dempsey truly does cover--and uncover!--it all. So why wait? Dial up the passion and go from good to great.

Great Sex Made Simple - Mark A. Michaels
2012-12-08

Take your sex life from ordinary to extraordinary with this fun and easy-to-use beginner's guide to authentic Tantra. Explore new and surprising sources of sensual delight with fifty-four Tantric techniques for enhancing intimacy and deepening pleasure. Proving that Tantric lovemaking doesn't have to take hours, Tantra experts Mark A. Michaels and Patricia Johnson present straightforward, simple practices that anyone can do. Along with fundamental principles of Tantric sex, you will discover amazing ways to prolong arousal, satisfy your partner, maximize bliss, and reach higher states of consciousness. Erotic trigger points Massage

Fantasy and role-play Kissing Self-pleasuring
Breathwork Eye-gazing Meditation Praise:
"Patricia Johnson and Mark A. Michaels have written a compassionate and accessible guide to an often mysterious but valuable tradition, and made it relevant for today's readers who want to find more connection, spirituality, and care in their lives and love."—Naomi Wolf, author of *Vagina* and *The Beauty Myth* "Great Sex will be a useful resource for individuals seeking to enrich their sexual experiences to open their minds to new possibilities of intimacy."—ForeWord Winner of the 2013 IPPY Award (Gold, Sexuality/Relationships category) Finalist for two ForeWord Awards (Self-Help Category and Family & Relationships Category)

Great Sex Starts At 50 - Tracey Cox 2021
Reassuring, honest, funny, and most of all empowering, GREAT SEX STARTS AT 50 is the must-have sex and relationships book for men and women hitting half a century with little sign

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of slowing down. There's no denying that something happens to us sexually at 50. Thankfully, information and enthusiasm can help you reclaim a robust sex life. In this easy-to-follow guide, Tracey Cox uses a blend of research, case studies, practical techniques, and personal anecdotes to show you how to arouse yourself and your partner, regain your enthusiasm for sex, navigate relationship issues, and create the perfect conditions for sex. Tracey's authentic, trustworthy, and relatable approach will give you all the information and enthusiasm you need to do it!

101 Nights of Great Sex - Laura Corn
2013-01-13

101 Nights of Great Sex is the permission slip you've needed to strip off all your inhibitions and break your predictable bedroom routines; to finally claim the sex life that you really, really want. Millions of readers can attest to the success of the original printed version of this book for revitalizing their love lives. But now

Laura Corn has totally upped her game and pulled out all the stops in the New 2013 edition. Here's what's INSIDE: - New, exciting, modern design. - Totally revised and updated - More compact and easier to hide (but it will fit perfectly on your nightstand - Over 50 BRAND NEW seductions - variety is the spice of life - All new eTeases - those crafty little electronic invitations which set the scene and fire up your partner's imagination. Which together add up to - Crazier foreplay - Sexier surprises - Wilder scenarios - Naughtier adventures - Hotter Sex - More fun and excitement than ever before But what really makes this book unique is that it's not a book you read, it's a book you "do" and that's precisely why it's so exciting, and effective. In the book you'll find: - 101 seductively suggestive titles presented in SECERT SEALED ENVELOPES: *50 for her eyes only; *50 for his eyes only; *and one very special seduction to be shared by both of you - Step-by-step detailed instructions for each title -

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Everything you need to pull off a thrilling, sexual seduction. Once a week, you and your partner each pick a sealed page and tear it from the book. There's no turning back now and no peeking at each other's page! Just follow your secret instructions, and sometime during the week you'll each be getting an erotic surprise. Talk about anticipation! Because once you've picked a seduction, and piqued your lover's curiosity, their sense of anticipation will build, and build. You will both be fantasizing all week about what's going to happen next. To help heighten your partner's sense of anticipation the new edition of 101 Nights of Great Sex also contains links to extremely sexy eTeases. These eTeases are clever and tempting electronic invitations that you email to your partner to set up a night of great sex. Think of them like a movie trailer. They give clues to the seduction that you're planning. They're a hint, a visually compelling and cleverly written message guaranteed to get your lover's pulse racing.

Millions of readers can attest to the success of this book, but don't just take their word for it - try it for yourself? you're guaranteed an experience no other sex book can deliver.

Magnificent Sex - Peggy J. Kleinplatz
2020-03-10

Winner of the 2021 SSTAR Consumer Book Award! What makes sex magnificent? What are the qualities of extraordinary erotic intimacy and what are the elements that help to bring it about? Is great sex the stuff that people remember nostalgically from the "honeymoon" phase of their relationships, or can sex improve over time? Magnificent Sex is based on the largest, in-depth interview study ever conducted with people who are having extraordinary sex. It gathers the nuggets for remarkable sex from the "experts", distilling them into an attainable blueprint for ordinary lovers who want to make erotic intimacy grow over the course of a lifetime. Looking at factors including individual and relational qualities, empathic

communication and the myths and realities of magnificent sex, this book offers accessible and evidence-based guidance for lovers and therapists alike. It is replete with frank and often humorous interviews with straight and LGBTQ individuals and couples, those who are "vanilla" and "kinky", monogamous and consensually non-monogamous and healthy and chronically ill. This illuminating book explores the implications of the findings to develop a model that effectively tackles the common problems of low desire and frequency. The "cure" for low desire is to create desirable sex!

[The Guide to Great Sex: How to Get Better in Bed and Take Your Sex Life to the Next Level](#) - Michael Karp 2016-01-25

Everyone deserves to discover and experience what great sex means for them. The Guide to Great Sex is a manuscript of sexual knowledge written by a former sex columnist who studied human sexuality and openly shared details of his sex life with readers. This guide is the

culmination of knowledge gained during that experience as a sex writer. You will learn: What it means to have great sex. The science behind pleasure and orgasms. A complete breakdown of foreplay. Oral sex: fellatio and cunnilingus techniques. 16 of the best sex positions for the hottest sex and deepest intimacy. How sex toys can improve your sex life and which ones the author recommends. The one simple yet rare act that can take your sex life to the next level. How to master multitasking in the bedroom. The balance of dominance and submission. How to communicate openly with your partner about sexual issues. How to unlock sexual fantasies and fetishes within you and your partner. How to overcome 9 different sexual anxieties and insecurities. 3 little-known sexual concepts and how to take advantage of them. And much, much more to help you take your sex life to the next level. The tips and advice in The Guide to Great Sex are 100% gender and sexual orientation neutral. The author phrases terms and describes

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certain acts to allow everyone to feel included in the conversation. Anyone can learn from these pages, because the author believes that everyone deserves to have great sex. "I started the book 3 hours ago and I just jammed through it. This is both a compliment as to how entertaining it was as well as how easy of a read it is. Making it gender/sexual orientation neutral was an excellent choice and I don't feel like it ever distracted me in any way. As I read through I couldn't help but think I'm going to send this to my little brother in two years when he first steps foot on a college campus as a student. This is a great accomplishment and I'm especially excited to see where you go from here with your site and whatever else you publish. I was thoroughly entertained and definitely informed." -- Jordan From The Author: "I firmly believe that sex is a fundamental need of human beings, and it's an act that should be enjoyed by everyone. I worked hard to improve my sex life. I worked through my sexual anxiety and insecurities, I made

myself vulnerable, I read books just like this one, and I made some of the best memories I will ever have. Now my hope is that you will take this knowledge and apply it to your own sex life, to experience what great sex means to you." -- Michael Karp, Author of *The Guide to Great Sex*
The Good Guy's Guide to Great Sex - Sheila Wray Gregoire 2022-03-15

If you ever wonder, Is this all there is to sex? or I wish I knew how to help my wife enjoy this more, you'll appreciate this straightforward, helpful, and faith-based advice on how to have a better sex life. Based on groundbreaking surveys of more than twenty-five thousand people, this highly practical, research-based book shows guys how to rock their wife's world. The Good Guy's Guide to Great Sex from popular marriage blogger and speaker Sheila Wray Gregoire and her husband, Dr. Keith Gregoire, will help you: Discover what your wife wants most from you in the bedroom Realize what can derail a couple's sex life and how to get it back on track Find

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healing from past trauma, previous relationships, and porn addiction Understand your own sex drive and how to keep it revved Learn the secrets to giving your wife the most fulfilling sex she's ever had This can-we-start-tonight? book about making sex wonderful explores how emotional, spiritual, and physical intimacy all work together. It will appeal to: Newly engaged couples who want to start their marriage off right Married couples who wonder if sex will ever become what they hoped it would be Readers of The Good Girl's Guide to Great Sex Pastors and counselors seeking a resource for helping engaged and married couples The Good Guy's Guide to Great Sex also features Couple Projects at the end of each chapter and very specific "Good Guy Dares" to help you woo your wife in and out of the bedroom as you find your way to a delightful, God-given passion.

Let Me Count the Ways - Marty Klein 1998

Two of America's leading experts on sexuality and gender issues show how to make sex more

enjoyable by breaking away from the repetitive mechanics of intercourse.

Great Sex for Life - Linda Sonntag 1997

Getting Your Sex Life Off to a Great Start - Clifford Penner 1994-11-10

Many couples put more planning into the wedding ceremony than they do for what comes after the wedding. Intelligent, deliberate preparation for a lifetime of sexual leasure is a worthy investment you won't regret. In Getting Your Sex Life Off to a Great Start, renowned sexual counselors and best-selling authors Clifford and Joyce Penner guide you through an encouraging process that begins by dispelling sexual myths and then guides you in getting to know yourself and each other emotionally and physically. With reassuring enthusiasm and straightforward advice, the Penners show you how to clarify your expectations and pursue the joyous marital passion described in Scripture. Through creative, step-by-step exercises and

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easy-to-understand examples, you'll learn how to: Design a successful honeymoon Prepare for your first sexual time together Choose and use family planning Create a mutually enjoyable wedding night Get past disappointments Keep the spark alive Thousands of couples have discovered the marvelous gift of a positive sexual relationship through the Penners' helpful books and enlightening seminars. As your wedding day nears-or even if you're already newlyweds-this extraordinary book will help you get your sex life off to a great start.

How to Have Great Sex - Aventuras De Viaje
2019-05-30

Dramatically Improve Your Sex Life! 3+ books in 1 makes this the only resource you need on how to have great sex. * Yoga for Better Sex * 126 Sex Positions Guaranteed to Spice up Your Bedroom * Learn Tantric Sex and more! This is a must-have in your collection, because it is the only sex-manual you'll ever need! Get it now.
[Love Worth Making](#) - Stephen Snyder, M.D.

2018-02-13

Can sex survive monogamy? Yes, once you understand how sexual emotions really work. This acclaimed, paradigm-shifting guide turns traditional sex therapy inside-out to reveal the hidden rules for great sex. Gentle, compassionate, and filled with compelling stories from Dr. Stephen Snyder's thirty years as a sex therapist working with over 1,500 individuals and couples, *Love Worth Making* is essential reading for anyone hoping to keep sexual inspiration alive in a committed relationship.

The Good Girl's Guide to Bad Girl Sex -
Barbara Keesling 2009

NOW IN PAPERBACK! From Publishers Weekly: In *The Good Girl's Guide to Bad Girl Sex*, sex therapist Barbara Keesling asserts that nearly every good girl yearns to be bad and offers tips for unleashing the bad girl within. Keesling, who worked for a sex therapist as a surrogate partner for 10 years before becoming one

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herself, explores the inhibitions that women have about sex, and explains how you can dress, speak, walk, tease, use sex toys, give blow jobs and have orgasms like the bad girl of your dreams. In addition, Keesling, herself a former good girl meaning that like most women, she had learned to hide her wild desires from the world offers her personal story as inspiration for all women who want to learn how to feel good about being bad.

Your Long Erotic Weekend - Lana Holstein
2004-12

Drs. Holstein and Taylor, creators of the Miraval and Canyon Ranch sex workshops, show couples how to leave sexual dullsville behind and learn how to awaken the sensual self, master the secrets of orgasm, and take one another to the heights of passion and intimacy--all in the timeframe of just one long weekend.

How to Have Magnificent Sex - Lana Holstein
2003-12-23

In this groundbreaking book, Dr. Lana Holstein,

M.D., gives new insights into people's highly complex sexual lives; explains how to heighten orgasm physically, spiritually, and aesthetically; and instructs readers on using the soul connection to intensify the sexual experience.

Summary of Magnificent Sex - [Review Keypoints and Take-aways] - PenZen Summaries
2022-11-28

The summary of Magnificent Sex - Lessons from Extraordinary Lovers presented here include a short review of the book at the start followed by quick overview of main points and a list of important take-aways at the end of the summary. The Summary of This guide, Magnificent Sex , will teach you how to have outstanding sex time and time again. It does not concentrate on particular sexual techniques; rather, it draws from interviews with extraordinary lovers to delve into the qualities and characteristics that make magnificent sex possible. Rather than focusing on specific sexual techniques.

Magnificent Sex summary includes the key

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points and important takeaways from the book *Magnificent Sex* by Peggy J. Kleinplatz, PhD, and A. Dana Ménard, PhD. Disclaimer: 1. This summary is meant to preview and not to substitute the original book. 2. We recommend, for in-depth study purchase the excellent original book. 3. In this summary key points are rewritten and recreated and no part/text is directly taken or copied from original book. 4. If original author/publisher wants us to remove this summary, please contact us at support@mocktime.com.

How to Have Great Sex - Jo Hemmings

2010-02-04

When you want to buy or rent your dream home, you go to an estate agent. When you want to learn to cook, you buy a recipe book from TV's

latest celebrity chef. But who is there for you when you want to learn about having great sex? Or when you want to revive a flagging sex life? *How to Have Great Sex* is the answer. This step-by-step guide takes you from the underrated pleasures of a good snog through to the best positions for having that quickie in a forbidden place and gives you all the advice you need on: - How to initiate sex - How to talk dirty - How to give and get great oral sex - How to enjoy casual, safe sex - How to make love to the same partner for the rest of your life Whether you are a novice wanting to move on from the basics of the missionary position, or an experienced lover aching to know how to pep up your sex life, you'll find it all explained between these sheets in explicit, intimate, fun and supersexy detail.

How To Have Magnificent Sex:

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