

# Sex During Pregnancy First Trimester Nhs

Sex and Pregnancy - Dan Farine 2022-10-27

"The book will be of interest to obstetricians, midwives, nurses, sexologists and sex therapists and both pregnancy and sex educators. There is also the potential for pregnant women and their partners to buy the book, although this will not be the primary target readership"--

**Pregnancy Day by Day** - Paula Amato 2013-12-23

An illustrated reference for expectant parents explains in intricate detail every stage of a pregnancy, in a comprehensive resource that also covers labor, birth, and life with a new baby.

Folate and disease prevention - Great Britain: Scientific Advisory Committee on Nutrition 2006-12-12

This review updates the report by the Committee on Medical

Aspects of Food Policy (COMA)

"Folic acid and the prevention of disease" (Report on health and social subjects no. 50, 2000, ISBN 0113223048). The Committee has weighed the evidence which shows significant benefits of folic acid fortification in reducing the risk of pregnancies affected by a neural tube defect (NTD) against the evidence of potential harm in fortification in relation to delaying diagnosis of vitamin B12 deficiency and increasing the progression of bowel cancer. It recommends mandatory fortification of flour with folic acid as the most effective way to increase folate intakes of women most at risk of NTD-affected pregnancies, provided voluntary fortification is controlled and advice is given about supplement use. Such a

policy is judged to be of net benefit to the UK population as it would lead to a redistribution of folic acid intakes, improving the folate intake of low consumers while reducing the intakes of high consumers.

**Mayo Clinic Guide to a Healthy Pregnancy** - the pregnancy experts at Mayo Clinic 2011-05-01

Any woman looking for accurate, reliable, and authoritative information on pregnancy will appreciate this book from the world-class Mayo Clinic. The Mayo Clinic Guide to a Healthy Pregnancy offers hundreds of pages of in-depth information that new parents will find useful and informative. Features include week-by-week updates on baby's growth, month-by-month changes that mom can expect, and a forty-week pregnancy calendar, as well as a symptom guide and a review of important pregnancy decisions. In this illustrated book you'll also find advice on getting pregnant, meal planning, healthy exercise, and safe medication use, along with

general tips on becoming a parent. This pregnancy book is the result of the efforts of a collective team of pregnancy experts who find nothing in medicine more exciting and satisfying than the birth of a healthy child with a healthy mother. The Mayo Clinic Guide to a Healthy Pregnancy is an essential pregnancy resource for parents-to-be.

**Saving Lives, Improving Mothers' Care** - 2017

*Trauma Informed Care in the Perinatal Period* - Julia Seng 2015-10-29

The past two decades have seen a convergence of findings across studies of traumatic stress, attachment, and neurobiology, confirming the crucial importance of well-being within the mother-infant dyad for life-long mental and physical health, and for reaching the fullest developmental potential. It is now established that there are intergenerational cycles of childhood maltreatment and psychiatric vulnerability that warrant a prevention approach.

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Pregnancy is a crucial point of intersection between generations. During pregnancy, women with a childhood maltreatment history have a 12-fold increased risk of posttraumatic stress disorder (PTSD). Although awareness of the need for trauma-informed care and trauma-specific interventions is increasing in the fields of addiction and mental health treatment in particular, there are no front-line programmes for the childbearing year that address maltreatment-related PTSD. This edited collection addresses the issues of intergenerational cycles of childhood maltreatment and psychiatric vulnerability by providing a resource to facilitate incorporating trauma-informed care and trauma-specific interventions into maternity services with an emphasis on improving outcomes for childbearing women with a childhood maltreatment history. The book will prove of use to those training for or working in child protection and nursing.

### **Ambulatory Gynaecology -**

Kevin Jones 2008-04

"This book sets out how the concept of ambulatory gynaecology can be applied to the main areas of gynaecological practice. It describes how national guidelines can be integrated into modern gynaecological practice in the context of the Government's National Health Service (NHS) plan and provides an essential guide to all practising clinicians." "A change from traditional care pathways to more cost effective, patient-centred approaches to medical practice lies at the heart of modern health service management. A 'see and treat' management philosophy is growing. 'One stop' clinics and 'day surgery' operations are replacing traditional outpatient consultations and inpatient surgery and the term 'ambulatory gynaecology' is being adopted to describe this philosophy."--BOOK JACKET.

**The Best Start** - Jane Grant  
2017

The Review of Maternity and

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Neonatal Services in Scotland was announced on 25 February 2015. Its aim was to ensure that every mother and baby continues to get the best possible care from Scotland's health service, giving all children the best start in life. The Review examined choice, quality and safety of maternity and neonatal services, in consultation with the workforce, NHS Boards and service users.

### **Maternity Provisions -**

Australia. Women's Bureau 1973

Pamphlet on maternity benefit and maternity leave provisions concerning woman workers in Australia - comments on labour legislation and on international labour standards, notes the role of ILO, and examines provisions in the UK, USA, Canada and other European countries. Bibliography pp. 19 and 20 and references.

*Progesterone and Progestins -* C. Wayne Bardin 1983

**Antenatal and Neonatal Screening** - Nicholas J. Wald 2000

This work provides an up-to-date evaluation of antenatal and neonatal screening. Each disorder is defined and the screening tests used are analysed quantitatively. Guidance is given on how screening should be conducted while research needs are covered.

### **Vegetarian Pregnancy -**

Sharon Yntema 1994

Explains the specific advantages of vegetarianism to pregnant women, clears up common misconceptions, and discusses nutritional needs during pregnancy

**Rediscovering Birth** - Sheila Kitzinger 2011

For thousands of years women have given birth among people they know in a place they know well. Knowledge is shared between the participants and birth is a social event. In this new, revised edition of her classic book, Sheila Kitzinger explores the universal experience of pregnancy and birth. She looks closely at the place of birth, what is done to help women in childbirth and examines the bond traditionally

formed between mothers and midwives.

*Chorion Villus Sampling* - Mitchell S. Golbus 2013-11-11

*Pregnancy and Complex Social Factors* - 2010

This guideline aims to: identify and describe best practice for service organisation and delivery that will improve access, acceptability and use of services; identify and describe services that encourage, overcome barriers to and facilitate the maintenance of contact throughout pregnancy; describe additional consultations with and/or support and information for women with complex social factors, and their partners and families, that should be provided during pregnancy, over and above that described in the NICE guideline Antenatal care: routine care for the healthy pregnant woman' (2008) (clinical guideline 62); identify when additional midwifery care or referral to other members of the maternity team (obstetricians and other specialists) would be

appropriate, and what that additional care should be.

**Inducing Labour** - Sara Wickham 2018-04-30

When is it better to induce labour than to let a woman's body or baby decide the best time for birth? What are the pros and cons of waiting and of being induced? What about after the due date? When the baby is thought to be bigger than average? When the woman is older? If she had IVF? Or when her waters have broken earlier than usual? Induction of labour is an increasingly common recommendation and more and more women find themselves having to decide whether to let their body and baby go into labour spontaneously or agree to medical intervention. This book explains the process of induction of labour and shares information from research studies, debates and women's, midwives' and doctors' experiences to help women and families become more informed and make the decision that is right for them.

Active Birth - Janet Balaskas

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2013

The author is a childbirth educator and the founder of the International Active Birth Movement. This practical and compassionate handbook is designed to help women prepare for active childbirth.

[My Pregnancy](#) - Virginia Beckett 2011-09

Your pregnancy guide with the personal touch From pre-conception through to the first six weeks after your baby's birth, My Pregnancy is packed with practical how-to and real-life experience. Written by six experts who are also mums themselves it's like having your own personal team of experts on-hand whenever you need them. They will help reassure you and answer all your questions advising you on antenatal care, nutrition, childbirth, fitness, baby care and emotional well being. Tips, ideas and words of encouragement from each of the experts appear throughout as well as "It happened to me"

sections where they share their own personal stories and pearls of wisdom about pregnancy, birth and new motherhood. Feel informed without being overwhelmed with My Pregnancy, the perfect pregnancy guide and a beautiful gift for all mothers-to-be.

**Substance Misuse in Pregnancy** - 2005

**Compendium for the Antenatal Care of High-Risk Pregnancies** - Harini Narayan 2015

A guide to the practical approach of managing high-risk pregnancies, this book combines care pathways, factfiles, and patient information leaflets into in one volume. A practical approach makes this a quick reference guide for obstetricians, and is designed to integrate the antenatal care offered for women with high-risk pregnancies.

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