

Sex During Period Fertile

You Can't Get Pregnant if You Have Sex on Your Period: Myth or Fact? - Livestrong

Safe days for not getting pregnant: Ovulation and more - Medical News Today

Can you get pregnant when on your period? Know your chances of conceiving at each phase of your menstrual cycl - Times Now

Pregnancy Is Possible Even If You Use Condoms: Here's How to ... - Healthline

Parenting Brand Frida Just Launched a Fertility Line To Take Some of the Guesswork Out of Getting Pregnant - Well+Good

Mpox (monkeypox)- Democratic Republic of the Congo - World Health Organization

Can a woman get pregnant while on her periods? Yes, it's possible - The Indian Express

Does your fertility really fall off a cliff when you hit 35? - Women's Health UK

Can a Woman Get Pregnant During Menstruation? - Today's Parent

How to Get Pregnant Fast: PCOS Tips, Fertile Window, Sex - Verywell Health

Can You Get Pregnant the Day Before Your Period? It's Not Likely - Insider

Ovulation: Calculating, Timeline, Pain & Other Symptoms - Cleveland Clinic

A new method for endometrial dating using computerized virtual ... - Nature.com

Basal body temperature: Why track it if I want to get pregnant? - Medical News Today

Women can get pregnant during menstruation - Gynaecologists - Punch Newspapers

Can you get pregnant right after your period? How to tell - Medical News Today

How Miami Became an Art World Capital - Artsy

Can you get pregnant on your period? - Medical News Today

Horny before period: Does ovulation make you horny? - Women's Health UK

Menstruation (Menstrual Cycle): Phases, What's Normal - Verywell Health

Can You Get Pregnant from Pre-Cum? During Ovulation and More - Healthline

What Is Ovulation? Cycle Timeline, Pain, and Other Symptoms - Healthline

Conception: Fertilization, Process & When It Happens - Cleveland Clinic

How Athlete Podcasts Are Showcasing Black Male Strength and Vulnerability - Psychology Today

Clear Discharge Causes - Verywell Health

Best Fertility Tracker Apps in 2023 - Healthnews.com

Unprotected Sex: Answers to Common Questions - Verywell Health

Trying to get pregnant? This is the best time to have sex - Body+Soul

Can You Get Pregnant Right After Your Period? - Greatist

11 Things I Wish I Learned in Sex Ed (but Didn't) - The Everygirl

Can You Get Pregnant From Anal? 3 Ways It Could Happen - Insider

Using Ovulation Test Strips To Predict Fertility - Parents

How Long Are You Fertile After a Positive Ovulation Test? - Healthnews.com

What Are Signs of Pregnancy if You Have Irregular Periods? - Health Central

10 Possible Reasons for Not Getting Pregnant Despite Normal ... - Metropolis Healthcare

Can you get pregnant on your period or before and after it? - Baby Center

Endometriosis and diarrhea: What to know - Medical News Today

What Having Sex to Get Pregnant Is Really Like, According to Real ... - What To Expect

Tips on How to Get Pregnant - Verywell Health

Thinking About Getting Pregnant? How to Prepare for Pregnancy - WebMD

How Many Days After Your Period Can You Get Pregnant? Early ... - MedicineNet

How to Tell If You're Pregnant Within 6 Weeks of Conception - Healthline

11 Symptothermal Method FAQs: Success Rate, Side Effects - Healthline

Is Your Flow Fertile? Can You Get Pregnant Right Before Your Period? - Greatist

Ovulation Calculator: Track Your Fertile Days - Parents

Infertility: Common signs in men and women - Medical News Today

Can you get pregnant from swallowing sperm? How to practice safe ... - Medical News Today

How does sex affect your period? - Yahoo Lifestyle UK

The "Vagina Talks" Recap: a Reproductive Reckoning - Her Campus
Ovulation signs: How to know you are fertile? - Health shots
Fertility Supplements And Vitamins For Women: A Guide - Forbes ... - Forbes
Popular fertility apps are engaging in widespread misuse of data ... - The Conversation
How long does it take to get pregnant? Time frame - Medical News Today
Sex And Menstruation: How Many Days After Periods Are Safe To Avoid Pregnancy - HerZindagi
Vape Pens & Poop Maps & Pie, Oh My! - Daily Kos
Ovulation Symptoms: What to Expect, Timing, and Tracking - Healthline
Pinchgut Opera's ORONTEA Joining ATL ON DEMAND This Month - BroadwayWorld
How has COVID-19 affected sex and fertility? - Woodhouse - 2022 ... - wchh.onlinelibrary.wiley.com
How Much Do You Know About the Menstrual Cycle? - The New York Times
How Long Does It Take to Get Pregnant, Exactly? - POPSUGAR
When Are You Most Fertile? An Expert Explains Fertile Windows - HealthDay
6 Natural Ways to Boost Your Fertility, from a Nutritionist - Camille Styles
Endometriosis and Ovulation Pain: Causes, Signs, and Relief - Verywell Health
What Causes Watery Vaginal Discharge? - Parents
Does a woman's menstrual cycle affect her athletic performance ... - The Conversation
TMI: People Tell Us What They Love About Period Sex - The Swaddle
When fertile, women seek status via prestige but not dominance ... - pnas.org
How to find the best contraceptive for you - The Telegraph
What Does Having Watery Cervical Mucus Mean? - Healthline
'Napoleon' Review: Welcome to Ridley Scott's Reign of Terror - The Ringer
How Long Does It Take To Get Pregnant? - Health Essentials
balance - Can I still get pregnant in the perimenopause? - Balance Menopause
Period Sex: Pregnancy Risk, Safety, Benefits, and Tips - Insider
Intermittent Fasting Could Impact Fertility, Study Says - The Bump
The Future of Fertility - The New Yorker
Writing "Women of a Certain Age." A Roundtable on Crafting Older ... - Literary Hub
How to get pregnant - Mayo Clinic
Opinion | Are Men the Overlooked Reason for the Fertility Decline? - The New York Times
Is having sex twice a day during ovulation bad when trying to ... - Baby Center
Ovulation tracking: How to use this method to better plan a pregnancy - AsiaOne
Can You Get Pregnant on Your Period? - What To Expect
Can You Get Pregnant When You're Not Ovulating? - Today's Parent
How to get pregnant fast: tips for quick conception - Rising Kashmir
Can You Get Pregnant Right Before Your Period? Chart, Test, More - Healthline
Why Do We Have Sex Outside of Ovulation? Why Is Sex ... - Uncharted Territories
How many eggs does a woman have? At birth, 30s, and menopause - Medical News Today
Cycle Syncing: Hormone Balancing, Food and Exercise - Health Central
Low Progesterone: Mood, Period, Pregnancy Symptoms - Verywell Health
Ovulation: Symptoms, Timelines, and Tracking - POPSUGAR
Why Fertility Awareness Is My Birth Control of Choice (Published ... - The New York Times
Everything You Need to Know About Period Sex - Healthnews.com
When it comes to starting a family, timing is everything - Science Daily
Sex trafficking plagues Tacloban City —social worker, NGO - GMA News Online
How Long Does It Take to Get Pregnant After Having Sex? - Healthline
Natural Birth Control: Pregnancy, Period Pain, Condoms - Verywell Health
Safe Period: How to Time Sex to Prevent Pregnancy - Healthline
How many days after ovulation can you get pregnant? - Medical News Today

How to Get Pregnant - Sherman J. Silber 2009-11-29

A complete update of a classic. Dr. Silber is the preeminent expert in the field of male and female fertility problems. He has appeared on "Oprah, the "Today show, Good Morning America, ABC's World News Tonight, Nightline, and was featured on Discovery Health's documentary program on infertility, "The Baby Lab, and many other national programs. The media world will eagerly welcome Dr. Silber to discuss the latest developments in infertility treatment.

The Fertility Handbook - Mary Wingfield 2017-05-29

Maximise your chance of getting pregnant with this up-to-date and authoritative book that provides a clear and holistic approach to fertility. Areas including: - Understanding your body and maximising your chances of conceiving naturally as well as through complex treatments such as IVF, IUI and egg freezing - A pre-conception plan with sections on lifestyle, nutrition and the role of stress - The common (and uncommon) causes of fertility problems in both men and women - Options for single people and same-sex couples - Up-to-date information on ethics, funding and the law both nationally and internationally - Insightful testimonials from patients dealing with fertility problems and the emotional impact of treatment. Written by Professor Mary Wingfield, one of Ireland's foremost fertility experts who has helped hundreds of people to conceive over the last thirty years. All royalties from the sale of this book will be donated to the Merrion Fertility Foundation, which funds fertility treatment.

Womancode - Alisa Vitti 2013-05-06

Achieve health and vitality, rebalance your hormones and overcome anxiety, insomnia, irregular cycles and more with this holistic guide to hormonal health for women. With a few easy strategies and changes to your diet and lifestyle, you can not only solve hormone-related problems, but have the energy, mental focus and stable moods to be your best self. Simply put, once you support the flow of your hormones, you create flow in your life, and Vitti's revolutionary five-step programme will work with your body's biochemistry to make this happen. WomanCode gives you the insights and tools you need to: · Work in harmony with your body's natural rhythms · Minimize the impact of toxins in the environment, your diet and the products that you use · Target and support the parts of your endocrine function (blood sugar, adrenals, elimination or reproduction) that need attention · Tap into the immensely transformative power of your feminine energy. This prescriptive programme has successfully helped thousands of women to regulate their periods, clear up their skin, lose weight, alleviate PMS, get pregnant naturally, have more successful IVF, restore their energy, improve their moods and have better sex.

Taking Charge of Your Fertility - Toni Weschler 2015-07-14

This new edition for the twentieth anniversary of the groundbreaking national bestseller provides all the information you need to monitor your menstrual cycle—along with updated information on the latest reproductive technologies Are you unhappy with your current method of birth control? Or demoralized by your quest to have a baby? Do you experience confusing signs and symptoms at various times in your cycle? This invaluable resource provides the answers to your questions while giving you amazing insights into your body. Taking Charge of Your Fertility has helped literally hundreds of thousands of women avoid pregnancy naturally, maximize their chances of getting pregnant, or simply gain better control of their gynecological and sexual health. Toni Weschler thoroughly explains the empowering Fertility Awareness Method (FAM), which in only a couple of minutes a day allows you to: Enjoy highly effective and scientifically proven birth control without chemicals or devices Maximize your chances of conception before you see a doctor or resort to invasive high-tech options Expedite your fertility treatment by quickly identifying impediments to pregnancy achievement Gain control and a true understanding of your gynecological and sexual health This new edition includes: A fully revised and intuitive charting system A selection of personalized master charts for birth control, pregnancy achievement, breastfeeding, and menopause An expanded sixteen-page color insert that reflects the book's most important concepts Six brand-new chapters on topics including balancing hormones naturally, preserving your future fertility, and three medical conditions all women should be aware of

Know Your Body - Charles W. Norris 1982

Fertility Journal - Nina Rowena 2021-04-16

Having sex every day cannot increase your chances for pregnancy but having on the right days can help you. Getting pregnant faster with Fertility Journal! Tracking fertility and ovulation charts boosts your chance of natural pregnancy practically. This TTC Journal helps you tracking period, fertility, ovulation for conception planning. This TTC fertility tracker journal for women allows you to: - Track your daily cervical mucus (CM) change to find your fertile window - Track your daily basal body temperature (BBT) to determine your ovulation day - Track your monthly ovulation symptoms to increase your opportunity to find the best days for intercourse Use this beautiful fertility tracking journal to find your fertile window easily and help you estimate when your ovulation is coming. Use this TTC book with the period, fertility, and ovulation tracker feature, to increase your probability of conception and get pregnant faster!

Preconception Health Checklist: Essential Steps to Take - Aurora Brooks 101-01-01

Introducing the Preconception Health Checklist: Essential Steps to Take, a comprehensive guide that will help you navigate the crucial period before pregnancy. This short read book is packed with valuable information and practical tips to ensure that you are in the best possible health before conceiving. Table of Contents: 1. Consult with a Healthcare Provider 2. Review Medications and Supplements 3. Adopt a Healthy Diet 4. Manage Weight 5. Quit Smoking 6. Avoid Alcohol and Drug Use 7. Manage Chronic Conditions 8. Screen for Sexually Transmitted Infections 9. Ensure Immunizations are Up to Date 10. Manage Mental Health 11. Assess Genetic Risks 12. Track Menstrual Cycle 13. Optimize Sexual Health 14. Address Environmental Exposures 15. Manage Stress 16. Get Adequate Sleep 17. Review Insurance Coverage 18. Discuss Work and Lifestyle Factors 19. Consider Genetic Carrier Screening 20. Review Financial Readiness 21. Prepare a Support System 22. Practice Safe Sex 23. Consider Folic Acid Supplementation 24. Stay Hydrated 25. Limit Caffeine Intake 26. Review Dental Health 27. Plan for Prenatal Care 28. Frequently Asked Questions 29. Have Questions / Comments? Are you ready to embark on the journey of motherhood? The Preconception Health Checklist: Essential Steps to Take is your ultimate companion, providing you with all the necessary tools to ensure a healthy and successful pregnancy. Consulting with a healthcare provider is the first step towards preconception health. This book will guide you through the process, helping you understand the importance of regular check-ups and screenings. It also emphasizes the significance of reviewing your medications and supplements, as certain substances can have adverse effects on fertility and pregnancy. A healthy diet is crucial for both you and your future baby. Learn about the essential nutrients you need to incorporate into your meals and discover delicious recipes that will nourish your body. Managing your weight, quitting smoking, and avoiding alcohol and drug use are also essential steps to take before conceiving. Chronic conditions can impact your fertility and pregnancy, so it's important to manage them effectively. This book provides valuable insights on how to handle conditions such as diabetes, hypertension, and thyroid disorders. It also highlights the importance of screening for sexually transmitted infections and ensuring your immunizations are up to date. Your mental health plays a significant role in your This title is a short read. A Short Read is a type of book that is designed to be read in one quick sitting. These no fluff books are perfect for people who want an overview about a subject in a short period of time. Table of Contents Preconception Health Checklist: Essential Steps to Take Consult with a Healthcare Provider Review Medications and Supplements Adopt a Healthy Diet Manage Weight Quit Smoking Avoid Alcohol and Drug Use Manage Chronic Conditions Screen for Sexually Transmitted Infections Ensure Immunizations are Up to Date Manage Mental Health Assess Genetic Risks Track Menstrual Cycle Optimize Sexual Health Address Environmental Exposures Manage Stress Get Adequate Sleep Review Insurance Coverage Discuss Work and Lifestyle Factors Consider Genetic Carrier Screening Review Financial Readiness Prepare a Support System Practice Safe Sex Consider Folic Acid Supplementation Stay Hydrated Limit Caffeine Intake Review Dental Health Plan for Prenatal Care Frequently Asked Questions Have Questions / Comments?

Debunking Old Wives' Tales About Getting Pregnant - Aurora Brooks 101-01-01

Are you tired of hearing old wives' tales about getting pregnant? Are you ready to separate fact from fiction and learn the truth about fertility? Look no further than "Debunking Old Wives' Tales About Getting Pregnant." This short read book is your ultimate guide to understanding the myths surrounding fertility and discovering the real science behind conception. In this book, you will find a comprehensive table of contents that covers a wide range of common myths about getting pregnant. Each myth is thoroughly

debunked, providing you with the knowledge and confidence to make informed decisions about your fertility journey. Starting with Myth 1, "Eating Pineapple Increases Fertility," you will learn why this popular belief is nothing more than a myth. The book explores the scientific evidence and explains why certain foods cannot magically boost your chances of conceiving. Moving on to Myth 2, "The Moon's Phases Affect Fertility," the book delves into the sub-myths of the full moon and new moon. You will discover why lunar cycles have no impact on your ability to get pregnant. Myth 3 tackles the belief that certain sexual positions increase the odds of pregnancy. From the missionary position to doggy style, this book provides a clear understanding of how sexual positions do not affect fertility. As you progress through the book, you will also learn about the age-old myth that fertility declines after 35. Myth 4 explores the statistics and facts surrounding age and fertility, giving you a realistic perspective on conception at different stages of life. Other myths addressed in this book include the idea that using birth control pills causes infertility, the belief that stress prevents pregnancy, and the misconception that having regular sex guarantees pregnancy. Each myth is thoroughly examined, providing you with the truth behind these common misconceptions. To further enhance your understanding, the book also includes a section on frequently asked questions. Here, you will find answers to common queries about fertility and conception. "Debunking Old Wives' Tales About Getting Pregnant" is a must-read for anyone who wants to separate fact from fiction when it comes to fertility. With its comprehensive table of contents and thorough debunking of myths, this book will empower you with the knowledge you need to make informed decisions about your reproductive health. Say goodbye to old wives' tales and hello to the truth about getting pregnant. This title is a short read. A Short Read is a type of book that is designed to be read in one quick sitting. These no fluff books are perfect for people who want an overview about a subject in a short period of time. Table of Contents Debunking Old Wives' Tales About Getting Pregnant Myth 1: Eating Pineapple Increases Fertility Myth 2: The Moon's Phases Affect Fertility Myth 2.1: Full Moon and Fertility Myth 2.2: New Moon and Fertility Myth 3: Certain Sexual Positions Increase Odds of Pregnancy Myth 3.1: Missionary Position and Fertility Myth 3.2: Doggy Style and Fertility Myth 4: Fertility Declines After 35 Myth 4.1: Age and Fertility Statistics Myth 5: Using Birth Control Pills Causes Infertility Myth 5.1: Temporary Infertility after Stopping Birth Control Myth 5.2: Long-Term Effects of Birth Control Pills Myth 6: Stress Prevents Pregnancy Myth 6.1: The Mind-Body Connection and Fertility Myth 7: Having Regular Sex Guarantees Pregnancy Myth 7.1: Understanding Fertile Window and Timing Myth 8: Elevating Hips After Sex Increases Fertility Myth 8.1: Sperm Travel and Gravity Myth 9: Fertility Treatment Always Results in Multiple Births Myth 9.1: Success Rates of Fertility Treatments Myth 10: Fertility Can Be Enhanced by Certain Foods or Supplements Myth 10.1: Fertility-Boosting Foods Myth 10.2: Fertility Supplements and Their Efficacy Frequently Asked Questions

Natural Child Spacing; the Body Temperature Method of Child Planning - Morris Edward Davis 1953

Sex and Destiny - Germaine Greer 1984

The author examines customs and attitudes toward fertility, chastity, promiscuity, abortion, contraception, and infanticide.

Sex and Pregnancy - Sandra Peters 2018-09

Sex and Pregnancy A Guide on How to Naturally Avoid Pregnancy, Know Your Safe Period and Sex Styles for Immediate Conception A lot of women today search for ways to avoid pregnancy without having to use contraceptives so as to have a better understanding of their bodies. Having unprotected sex, not knowing when you are most likely going to be fertile, eventually resulting in pregnancy has become a major challenge to a lot of ladies. This book gives a thorough analysis and strategic guide on how to avoid pregnancy naturally after intercourse, hence preventing unwanted pregnancy (bear in mind that family planning and the use of condoms is the best option for those that do not know when they're ovulating) by exposing you to simplified approach in knowing your safe period, when and how to know your ovulation date and other natural contingency plans as well as sex styles that will aid easy and instant conception. This books is a must read to all ladies single and married and guys as well so as to enlighten your wife, fiancée and girlfriends on the sex styles you should engage in for either immediate conception for the married, and for the unmarried couples it would help you prevent pregnancy until you both are ready. Get Yours Now By

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Tips for Increasing Your Chances of Getting Pregnant - Aurora Brooks 101-01-01

Increase Your Chances of Getting Pregnant with "Tips for Increasing Your Chances of Getting Pregnant" Are you struggling to conceive? Do you want to increase your chances of getting pregnant? Look no further! "Tips for Increasing Your Chances of Getting Pregnant" is the ultimate guide that will help you navigate the journey to parenthood. Understanding Your Menstrual Cycle: Learn about the different phases of your menstrual cycle and how they affect your fertility. Discover the best time to conceive and maximize your chances of getting pregnant. Healthy Lifestyle Habits: Explore the importance of maintaining a healthy lifestyle for optimal fertility. Discover the impact of exercise, diet, and sleep on your chances of conceiving. Optimal Weight and Fertility: Learn how your weight can affect your fertility and discover strategies to achieve and maintain a healthy weight for conception. Importance of Folic Acid: Understand the role of folic acid in promoting fertility and ensuring a healthy pregnancy. Discover the best sources of this essential nutrient. Impact of Smoking and Alcohol: Uncover the detrimental effects of smoking and alcohol on fertility. Learn how to quit smoking and reduce alcohol consumption to increase your chances of getting pregnant. Timing Intercourse: Master the art of timing intercourse to align with your ovulation cycle. Discover the best positions and techniques to optimize your chances of conception. Understanding Ovulation: Gain a comprehensive understanding of ovulation and its role in getting pregnant. Learn how to track your ovulation and identify the most fertile days of your cycle. Using Ovulation Kits: Explore the benefits of using ovulation kits to pinpoint your most fertile days. Discover the different types of kits available and how to use them effectively. Importance of Regular Intercourse: Learn why regular intercourse is crucial for increasing your chances of getting pregnant. Discover strategies to maintain a healthy and active sex life. Optimizing Male Fertility: Understand the factors that affect male fertility and discover ways to optimize sperm health. Learn about lifestyle changes, diet, and supplements that can improve male fertility. Healthy Diet and Male Fertility: Explore the impact of diet on male fertility and discover the best foods to boost sperm quality and quantity. Managing Stress and Male Fertility: Learn how stress can affect male fertility and discover effective stress management techniques to improve your chances of conceiving. Avoiding Excessive Heat: Discover the impact of excessive heat on male fertility and learn how to avoid heat exposure to protect sperm health. Seeking Medical Advice: Know when it's time This title is a short read. A Short Read is a type of book that is designed to be read in one quick sitting. These no fluff books are perfect for people who want an overview about a subject in a short period of time. Table of Contents Tips for Increasing Your Chances of Getting Pregnant Understanding Your Menstrual Cycle Healthy Lifestyle Habits Optimal Weight and Fertility Importance of Folic Acid Impact of Smoking and Alcohol Timing Intercourse Understanding Ovulation Using Ovulation Kits Importance of Regular Intercourse Optimizing Male Fertility Healthy Diet and Male Fertility Managing Stress and Male Fertility Avoiding Excessive Heat Seeking Medical Advice When to Consult a Specialist Fertility Testing Treatment Options Dealing with Emotional Challenges Communicating with Your Partner Exploring Support Groups Managing Stress and Anxiety When to Take a Break Importance of Self-Care Exploring Alternative Paths When to Revisit Your Options Frequently Asked Questions

Estrogen's Storm Season - Jerilynn C. Prior 2017

"This fiction book begins as eight frustrated midlife women-from all walks of life-meet Dr. Kailey Madrona, a woman specialist. All are in perimenopause, the long and chaotic transition to menopause. They are as different as women can be-yet they share the mysterious experiences of perimenopause, night sweats, flooding periods or mood swings. We follow these women as they consult Dr. Madrona, learn the surprising hormonal changes explaining their symptoms, get better or worse, and try or refuse therapies. As each woman lives through her particular challenge, we begin to see how we, too, can survive perimenopause! Dr. Jerilynn Prior tells the story of women in perimenopause through a unique blend of storytelling and scientific fact."--

Exploring the Biological Contributions to Human Health - Institute of Medicine 2001-07-02

It's obvious why only men develop prostate cancer and why only women get ovarian cancer. But it is not obvious why women are more likely to recover language ability after a stroke than men or why women are more apt to develop autoimmune diseases such as lupus. Sex differences in health throughout the lifespan

have been documented. Exploring the Biological Contributions to Human Health begins to snap the pieces of the puzzle into place so that this knowledge can be used to improve health for both sexes. From behavior and cognition to metabolism and response to chemicals and infectious organisms, this book explores the health impact of sex (being male or female, according to reproductive organs and chromosomes) and gender (one's sense of self as male or female in society). Exploring the Biological Contributions to Human Health discusses basic biochemical differences in the cells of males and females and health variability between the sexes from conception throughout life. The book identifies key research needs and opportunities and addresses barriers to research. Exploring the Biological Contributions to Human Health will be important to health policy makers, basic, applied, and clinical researchers, educators, providers, and journalists-while being very accessible to interested lay readers.

Sex, Fertility, and Birth Control - Isadore Rossman 1967

Sexual and Reproductive Health at a Glance - Catriona Melville 2015-09-28

Sexual and Reproductive Health at a Glance provides a highly-illustrated, visual introduction to all aspects of sexual and reproductive health, from basic clinical examination skills to the management of acute Sexually Transmitted Infections (STIs) and unplanned pregnancy. Covering topics which are often difficult to access as an undergraduate or junior doctor, Sexual and Reproductive Health at a Glance focuses on the fundamental principles in delivering effective contraception and sexual health care. It features high-yield information on the essential clinical topics covered in the Community Sexual and Reproductive Health (CSRH) curriculum. Presented in the familiar, easy-to-use, at a Glance format, Sexual and Reproductive Health at a Glance:

- Provides a quick revision of basic anatomy, physiology and clinical skills
- Offers balanced coverage of both male and female GU pathology, STIs and contraception
- Includes material on practical gynaecological procedures performed in the out-patient setting
- Presents a holistic approach to issues dealt with in this specialty
- Takes a global perspective by addressing SRH issues in different cultures and resource-limited settings
- Includes a companion website at www.ataglanceseries.com/sexualhealth featuring a selection of case scenarios and interactive flashcards for self-test

This brand new title will provide an invaluable resource for medical and healthcare students, junior doctors, SRH trainees and busy clinicians working in other specialties.

Your Fertile Years - Joyce Harper 2021-04-29

'Essential reading' Professor Kypros Nicolaidis 'Fills an important gap in understanding' Professor Robert Winston How well do you really know your body? How easy do you think it will be for you to get pregnant - or NOT to get pregnant? You've probably never really been educated about your reproductive years -

perhaps you learnt everything you know from friends, or from the media, or online. You might be ready for a baby now; or, like so many other women, you might want to delay the birth of your first child while you establish your career. Perhaps you're thinking about freezing your eggs. Professor Joyce Harper is an internationally recognized expert on female fertility and fertility education, and in 12 chapters she covers the full scope of your reproductive years, from your first period to menopausal symptoms. Her straightforward, scientifically based advice will give you all the information you need to make informed decisions about your reproductive choices. Only when you really understand your menstrual cycle works can you optimise your lifestyle to get pregnant successfully - while being properly aware of how and when your fertility will decline. Your Fertile Years answers all your questions about things like egg freezing and IVF, and debunks not only the myths surrounding fertility treatment, but also the misinformation and scare stories that surround conception and pregnancy, including the bottom line on supplements, diet and holistic therapies. A shining beacon in the murky fertility landscape, this book will accompany you through your fertile years, giving you the guidance you need to make decisions that work for you, your family, your career and your body.

Aphrodisiacs, Fertility and Medicine in Early Modern England - Jennifer Evans 2014

This book argues that aphrodisiacs were used not simply for sexual pleasure, but, more importantly, to enhance fertility and reproductive success; and that at that time sexual desire and pleasure were felt to be far more intimately connected to conception and fertility than is the case today.

Getting Pregnant in the 1980s - Robert H. Glass 2022-05-13

This title is part of UC Press's Voices Revived program, which commemorates University of California Press's mission to seek out and cultivate the brightest minds and give them voice, reach, and impact. Drawing on a backlist dating to 1893, Voices Revived makes high-quality, peer-reviewed scholarship accessible once again using print-on-demand technology. This title was originally published in 1982.

The Long Sexual Revolution - Hera Cook 2004-02-05

In this book Hera Cook traces the path of sexuality in England, and shows how its route was determined by the gradual exertion of control over fertility. Most sexual activity had major economic and social costs, the most fundamental of which was the physical cost of children upon women's bodies. Around 1800 birth rates reached historical heights. Using a combination of demographic and qualitative sources, Dr Cook examines the connection between the struggle to lower fertility and the increasing repression of sexuality throughout the nineteenth century. Contraception became a viable option in the early twentieth century. The book charts the resulting slow relaxation of attitudes to sexuality and the remaking of heterosexual physical behaviour, culminating in the sexual revolution of the 1960s.

Sex During Period Fertile:

how to complete qwop how to draw thanksgiving things how to learn anything quickly ricki linksman how to knock someone out how to cane a chair how to make a husband happy how to calculate percent yield of monochlorination how to draw drapery a step step drawing workshop how to draw what you see rudy de reyna how to enter xerox wc7545 service mood how to catch a star oliver jeffers how to make a greeting card how to create a mind palace how to complete and survive atoral dissertation how to draw anime hair how to activate windows 7 how to build a wood barn door how to do meditation in hindi how to do cool yoyo tricks step step how to hypnotise someone how to find left handed criminal in crime case how to make a bamboo flute with style bamboo pinterest how to get a good score on the act without studying how to become business savvy how to fix bmw 745i logic 7 amp how to change your eye color naturally at home to blue how to get clear ice from ice maker how to call your horse skyrim how to be a great communicator nido r qubein how to access to the dark web how to handle group politics how to develop photographic memory how to grow mushroom at home how to get rich felix dennis epub how to change your eye color without contacts how to be idle quotes how to get rid of bruises in gta how to do double digit multiplication 5 steps with how to become billionaire how to become a dog breeder how to achieve peace of mind in daily life how to import master data and hierarchies into sap how to become a writer lorrie moore how to build a lap steel guitar how to drive standard for dummies how to increase your word power readers digest how to do a cartwheel jump in mario 64 how to flow in the gifts of the holy spirit andrew how to arouse a women how to commit suicide successfully how to create a graphic design portfolio how to get business contacts how to calculate percent composition from chemical formula how to fix home ac compressor how to cure insomnia how to hack into someones 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