

A Little Spot Of Love

A Little SPOT of Empathy - Diane Alber

2021-04-16

The world could use a little more empathy and this little SPOT is showing how easy it is to see things from another person's perspective and show kindness!

A Little SPOT of Teamwork - Diane Alber

2020-03

A story about working together as a team, collaboration and leadership! Join lots of little Teamwork SPOTS as they show two children all the ways to be a good team. From respecting others opinion to being a good leader that encourages others. You will see first hand examples of what to do when there is conflict to amazing teamwork building activities as well! --

A Little SPOT of Kindness! - Diane Alber

2019-07-12

A Little SPOT of Love - Diane Alber 2019-10

Feeling and spreading love through words, actions, and affection.

A Little SPOT of Patience - Diane Alber

2020-02-18

"Is it possible to actually enjoy WAITING? This little SPOT of Patience will show you how! From waiting in line to waiting for glue to dry on your art project, you will see so many situations where you can actually learn how to make waiting FUN!"--Amazon

A Little Calm SPOT - Diane Alber 2020-10-11

A little Calm SPOT is a story about how using

breathing, movement and mindset can help overcome some the biggest emotions. This book is full of fun illustrations that will inspire children to try belly breathing and yoga!

A Little Respectful SPOT - Diane Alber

2020-01-22

"This series was developed to help children understand skills that are needed in everyday life. In this series, children are introduced to eight common actions: Respectful, Responsibility, Kindness, Patience, Diversity, Organization, Honesty, and Safety. Each action is highlighted in its own books, which provides little readers with easy explanations and vivid examples."--Slipcase.

A Little SPOT of Flexible Thinking - Diane Alber

2021-04-29

Does your child have a hard time adapting to change? Children love routine but sometimes plans changes and they need to be able to easily go with the flow. A Little Flexible Thinking SPOT is a colorfully illustrated story that shows

children how to solve problems, look at things in a different way and make it easier to adapt to change.

A Little SPOT of Worry - Diane Alber

2020-11-13

"A little worry spot helps children identifies the two different types of worries. A useful worry (a worry that can help keep you safe) and a spinning worry (an imagined worry that prevents you from doing something safe and fun). If you are able to recognize the difference between the two you can prevent a spinning worry from turning into a big anxiety spot"--

A Little SPOT of Courage - Diane Alber

2020-02-23

Inspire to Create a Better You! Series.

A Little Peaceful SPOT - Diane Alber 2020-09-18

"When the world feels overwhelming, find your PEACEFUL SPOT with this mindful story! Learn how to identify your emotions and bring them to your calm, peaceful spot"--Amazon.

A Little SPOT of Frustration - Diane Alber

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2021-04-29

Does your child become easily frustrated? Is their reaction not matching the problem? A little SPOT of Frustration is a fun, colorful book that helps a child learn how to FLIP their Frustration SPOT into a CALM and Flexible thinking SPOT! Children will love the built in activity that can help them remember how to manage their frustrations in a healthy way.

[A Little SPOT of Feelings](#) - Diane Alber

2020-07-24

Gives coping and managing techniques to deal with ones emotions.

A Little SPOT of Anger - Diane Alber

2019-08-30

Kids experience frustrating situations everyday, whether it's someone taking their toy or they feel like they can't do something. This story shows them that instead of yelling or stomping their feet, they can practice some fun ways to help them stay calm.

[A Little SPOT of Love on Valentine's Day 30](#)

a-little-spot-of-love

[Book Set \(Mini\)](#) - Diane Alber 2022-11-03

A Little SPOT of Confidence - Diane Alber
2019-09-18

"Confidence is very important to a child's future happiness, health, and success. Confident children are better equipped to deal with peer pressure, challenges and negative emotions. A little spot of Confidence is a story that uses an orange spot to help a child visual there confidence spot growing or shrinking. It shows a child real world situations on how they can grow their confidence spot"--Amazon.

[A Little SPOT of Sadness](#) - Diane Alber

2019-09-19

"Sadness happens for many reasons. It can happen when a child misses a loved one, loses a favorite toy or gets hurt. This story shows a child how to visual their sadness as a SADNESS SPOT so that they can control it better. It walks them through several situations and offers guidance on how to help manage a SADNESS SPOT when

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it gets TOO BIG or stays for TOO LONG. It also shows how to help others with their SADNESS SPOT, too! It teaches EMPATHY, COMPASSION, FRIENDSHIP and much more!"--Amazon.

A Little SPOT of Love on Valentine's Day (Mini) - Diane Alber 2022-10-02

A Little SPOT of Love on Valentine's Day - Diane

Alber 2022-01-28

A Little SPOT of Optimism - Diane Alber 2020-03-27

In this boxed set, children are introduced to common life skills: optimism, courage, thankfulness, finding your talent, teamwork, creativity, perseverance and generosity.

A Little Spot Of Love:

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