

# Tavistock Centre For Couple Relationships

**Marvellous Devon town just like heaven where everyone wants to live - Devon Live**

**The Couples Who Spent Lockdown Doing Coke Together as 'Therapy' - VICE**

*How therapy can rescue couples whose relationships are heading ... - Belfast Telegraph*

**uk - Your authority on UK local government - Middlesbrough closes ... - LocalGov**

*The pandemic has been tough on everyone - but we can grow from ... - The Telegraph*

**Best places to live in the UK revealed - see where your hometown ranks on the list - The Mirror**

*Three-year-old changes gender after being sent to live with foster ... - New Zealand Herald*

**Angela Rippon's heartbreaking split from husband and his new life ... - The Mirror**

*Sexual minority families fare as well as, and in some ways better ... - The BMJ*

*Britain on the couch: UK therapists share our biggest worries - The Guardian*

**Parental conflict and children's mental health - The Guardian**

*Labour's mask is beginning to slip - The Telegraph*

*Carrie and David Grant's soul-baring account of parenting - MSN*

*Can therapy save your marriage? - Daily Mail*

**Mum, 22, died after childhood sweetheart fiancé 'fell asleep' in car on motorway - The Mirror**

**Inside Angela Rippon's private life from childhood sweetheart ... - The Mirror**

**The Fractious Evolution of Paediatric Transgender Medicine - The ... - The Wire Science**

*Keira Bell: "There was nothing wrong with my body" - Woman's Place UK*

*Associations of attitudes and social norms with experiences of ... - BioMed Central*

*Does the female Viagra really work? - New Zealand Herald*

*The Double Grief of Having Had a Narcissistic Parent - Psychology Today*

*Social enterprise flourished at Tavistock Enterprise Hub - News - Devon County Council*

*'Love is about hearts not parts' says wife on accepting her partner as ... - inews*

**Learning how relationships work: a thematic analysis of young ... - BMC Public Health**

*Strictly Come Dancing couple 'most likely' to win 2023 series - Devon Live*

*What's on Bedford: 9 - 19 March 2023 - Bedford Independent*

**Teenager arrested as boy, 14, dies after fatal stabbing in Manchester - The Mirror**

**Birthday Honours: Order Of The British Empire, OBE - The Independent**

**The Best Books of 2022 - The New Yorker**

**Emotional coasting: Common signs and what to do. - Mamamia**

**Insider trading settlement includes \$200K fine, BCSC says - CTV News Vancouver**

*The trans tide is turning | WORLD - WORLD News Group*

*How the identity cult captured America - UnHerd*

**Why high-achieving men are more likely to lead troubling double lives - Daily Mail**

**Single and stuck: Cost of living crisis forcing exes to live together ... - The Big Issue**

**Divorces drop as men 'get better at housework' - New Zealand Herald**

*Human Rights Watch Country Profiles: Sexual Orientation and ... - Human Rights Watch*

*Yes Tiger Woods, divorced parents must act like grown-ups - The Guardian*

**Russell Brand speaks out: Comedian ignores rape and sexual assault allegations and claims he is victim of cons - Daily Mail**

*'If I had gone through with a gender transition, I would have ... - The Telegraph*

**The gender wars are not a gift to the Right - UnHerd**

*Why over-50s should be having more sex - and how to boost your ... - The Telegraph*

**second child syndrome: The destructive power of another child can ... - Daily Mail**

*When it comes to gender identity, whatever happened to common ... - The Telegraph*

*Russell Brand accused of rape and sexual assault - BBC*

*Second marriage, better wife? - The Telegraph*

*I thought I was a liberal mother, then my daughter came out as trans - The Telegraph*

**Lost that loving feeling? Here's how to recover from a sex drought - The Telegraph**

*'How can you tell if a young person is really trans?' - The Telegraph*

*GCSE Results Day 2023: Live updates as Devon students get their grades - Devon Live*

*The truth about being a parent to a transitioning teen - The Telegraph*

*Relationships helplines | This Morning - ITVX*

**The week the trans spell was broken - UnHerd**

*FLEET COUPLE SHARE SECRET TO HAPPINESS ON THEIR 71ST ... - For Fleet's Sake*

*Anatomy of a medical scandal | Victoria Smith - The Critic*

**More gardener than goddess | BPS - The British Psychological Society**

*Divorced by 30: why do so many young marriages come to an early end? - The Guardian*

*Modernization, collectivism, and gender equality predict love ... - Nature.com*

*Your guide to better midlife sex - The Telegraph*

**More of us divorce later in life, so it's time we acted like grown-ups - The Guardian**

**Love in the age of the internet - The Guardian**

*Unequal libidos: What to do when your sex drives are out of sync - Yahoo Lifestyle UK*

*Taking a break is hard to do - The Independent*

**Lisa Marie Presley divorced Nicolas Cage after 'temper tantrum' - Express**

*Stigmatised for being single: More and more women are choosing to live alone - Daily Mail*

**'Not this year, darling.' The misery of a sexless marriage - The Times**

*Yet another state passes 'anti-science' ban on gender-affirming ... - PinkNews*

**31 best books to read this summer, from the latest Colleen Hoover to ... - inews**

*How to avoid divorce in your 40s - The Telegraph*

*How's your sex life? What the last year did to our relationships - The Telegraph*

**uk - Your authority on UK local government - Investment in home ... - LocalGov**

*On relationship therapy, my advice is it's a good thing and there's nothing to be ashamed of - Metro.co.uk*

## **The rise of 'soft separations' - and why couples are avoiding divorce - The Telegraph**

Professor Ros Bryar • City, University of London - City, University of London

## **Fury over 'radical' sex education lesson plans for pre-teen kids - Daily Mail**

["Why do we find it difficult to laugh off awkward sexual experiences?" - Stylist Magazine](#)

[Lobbying fears as MPs' interest groups receive £13m from private firms - The Guardian](#)

## **The trans debate is too important for the census to be wrong - The Telegraph**

## **Movers: Amy Mina swaps Save the Children for Practical Action - Third Sector**

[Jill Dando: Fiancé of former Devon journalist had important relationship with Royal Family - Devon Live](#)

[Reducing Parental Conflict programme evaluation: report on early ... - GOV.UK](#)

[Reducing Parental Conflict Challenge Fund: learning from the first ... - GOV.UK](#)

[Investigation raises questions over lack of "substantial evidence" for ... - The BMJ](#)

## **Strictly star Angela Rippon's ex's new life abroad after heartbreaking ... - The Mirror**

[SUE REID: When an autistic teen asked to change sex, the school, GP and psychologist agreed - Daily Mail](#)

[Brits flock to UK's 'best town for staycations' that was Hot Fuzz filming location - The Mirror](#)

## **Who is Joe Lewis? The billionaire behind Spurs accused of 'insider trading' - The Mirror**

## **The married couples who NEVER have sex but insist they're happy: Are they deluded - or just honest? - Daily Mail**

## **New woman at the helm of Tavistock cheese business - Tavistock Times**

## **High level of heart attack protein linked to heightened risk of death ... - The BMJ**

[William and Harry's glam Spencer relatives - Prince-lite, twin newlywed and fashion muse - The Mirror](#)

## **How to protect your mental health in the time of coronavirus - New Scientist**

## **Family lives helplines | This Morning - ITVX**

## **Parents and 'terrified' counsellors face prosecution over opposing gender transition of kids - Daily Mail**

## **A-level results: Six billionaires who made their fortune without going to university - The Mirror**

[Dartmoor Prison's most notorious escapes - from Mad Axeman to 'Rubberface' thief - The Mirror](#)

[How not to worry about . . . relationships, work, family and money - The Irish Times](#)

## **As researchers hail relationships, LINDA KELSEY reveals the terrible toll of an unhappy marriage - Daily Mail**

## **Make love not dinner: Why putting sex back on the menu will help ... - Daily Mail**

[Domestic abuse victims to join abusers in family therapy - The Guardian](#)

## **Tell Me the Truth About Love - Susanna Abse 2022-05-19**

'Brilliant and touching' Maggie O'Farrell 'A must-read for everyone wanting to understand more about what makes us fall in - and out - of love' Philippa Perry 'A charming, useful, kind book about the pains and hopes of relationships' Alain de Botton Drawing on over 30 years of therapeutic encounters with people facing hurdles in their love lives, former Chair of the British Psychoanalytic Council Susanna Abse takes us deep inside one of the most fascinating realms there is: other people's relationships. Candid and captivating, each chapter is inspired by a classic, timeless story. Parents blow their straw house down; Rapunzel yearns for companionship but remains trapped in her castle. Couples strive to navigate the fall from Eden, the bitter taste of the poison apple and strangers in their beds. From dealing with infidelity to navigating our changing role within a single relationship over the course of a lifetime, Tell Me the Truth About Love sheds vivid light on the human heart, and its struggle to both embrace life's greatest gift and protect itself from pain. Inside, you will find solace, wisdom and unparalleled insight into how, and why, we love.

## **Couple Relationships in the 21st Century - Jacqui Gabb 2017-08-26**

This book presents an incisive and engaging account of love, intimacy and personal life in contemporary Western society. The authors draw on rich qualitative and large-scale survey data to explore how couples communicate with each other, negotiate the pressures and pleasures of parenthood, and the vagaries of sexual desire and intimacy across life course. Focusing on 'the everyday', Couple Relationships in the 21st Century unpicks the ordinary and often mundane relationship work that goes into sustaining a relationship over time, breaking down the dichotomy between enduring relationships of quality and good enough or endured relationships. It contests the separation of couples into distinct relationship types - defined through age, parenthood or sexuality. Looking through the lens of relationship practices it is clear that there is no 'normal couple': couples are what couples do. With a foreword by Dr Reenee Singh, Director, London Intercultural Couples Centre and Co-Director, Tavistock Family Therapy and Systemic Research Centre, this new extended edition provides an invaluable critical insight on contemporary experiences of couplehood and will be essential reading for scholars and students, clinicians working in couple and family therapy, and those involved in relationship support services.

## **The Couple State of Mind - Mary Morgan 2017-12-31**

This long awaited book aimed at an international audience of practitioners, students and teachers of psychoanalytic couples therapy will describe the TCCR model of couple psychoanalytic psychotherapy drawing on both historical and contemporary ideas, including the author's own theoretical contributions. It will reference contemporary influences of other analytic approaches to couples, particularly from an

international perspective. In Chapter 1, couple analytic theory is conceptualised incorporating unconscious determinants from the couple's pasts, the relationship in terms of psychic development, the difficulties in the present in being with an other, and the possibilities for the creative relating in the future. The aim of couples therapy is discussed linked to the internalisation of a couple state of mind. Chapters 2, 3, & 4 discuss the essential issues of assessment, engaging a couple in treatment and the specific couple therapy setting. Chapter 5 looks at a psychoanalytic understanding the couple relationship, expanding the theoretical ideas in chapter 1 in terms of clinical practice, for example the couples projective system, and the tension between narcissistic relating and creative coupling. Chapters 6 & 7 focus on technique e.g. transference, countertransference, interpretation and other couple interventions. Chapter 8 looks at what ending means in couples analytic therapy. The final chapter provides a glossary of terms for the developing terminology in the couple analytic field.

## **The Social Engagement of Social Science, Volume 2 - Eric Trist 1990**

World War II brought together a group of psychiatrists and clinical and social psychologists in the British Army where they developed radical, action-oriented innovations in social psychiatry. They became known as the "Tavistock Group" since the core members had been at the pre-war Tavistock Clinic. They created the post-war Tavistock Institute of Human Relations and expanded on their wartime achievements by pioneering a new mode of relating theory and practice, called in these volumes, "The Social Engagement of Social Science." There are three perspectives: the socio-psychological, the socio-technical, and the socio-ecological. These perspectives are interdependent, yet each has its own focus and is represented in a separate volume. The Institute's dynamic social science approach to industrial problems, presented in this second volume, began with Eric Trist's coal-mining program for the development of more productive and personally satisfying self-regulating forms of work organization. The whole "Quality of Life" movement owes its theoretical and empirical basis to this pathfinding endeavor. Volume I, The Socio-Psychological Perspective, extended the object-relations approach in psychoanalysis to group, organizational, and wider social life. This extension is related to field theory, the personality/culture approach, and open systems theory. Action-oriented papers deal with key ideas in social psychiatry, varieties of group process, new paths in family studies, the dynamics of organizational change, and the unconscious in culture and society. Volume III will focus on non-hierarchical forms of organization facilitating inter-organizational relations in complex and rapidly changing environments—the socio-ecological perspective. This perspective is offered as a guide to institution building for the future.

## **Psychoanalytic Couple Therapy - David E. Scharff 2018-05-01**

In this time of vulnerable marriages and partnerships, many couples seek help for their relationships. Psychoanalytic couple therapy is a growing application of psychoanalysis for which training is not usually offered in most psychoanalytic and analytic psychotherapy programs. This book is both an advanced text for therapists and a primer for new students of couple psychoanalytic psychotherapy. Its twenty-eight chapters cover the major ideas underlying the application of psychoanalysis to couple therapy, many clinical illustrations of cases and problems in various dimensions of the work. The international group of authors comes from the International Psychotherapy Institute based in Washington, DC, and the Tavistock Centre for Couple Relationships (TCCR) in London. The result is a richly international perspective that nonetheless has theoretical and clinical coherence because of the shared vision of the authors.

**The Curiosity Drive** - Philip Stokoe 2020-12-01

After eighteen frustrating months heading a specialist adolescent unit, Philip Stokoe applied for a training in consultation at the Tavistock Clinic based on the 'Tavi' aka 'group relations' model. This experience changed his life and, ultimately, led to this book, *The Curiosity Drive: Our Need for Inquisitive Thinking*. Embedding the training into his working life, Stokoe came to recognise the crucial importance of curiosity to the development of the mind. Alongside love and hate, it is a primary drive inside each of us. Without the desire to 'know', human evolution would take a very different path. Philip Stokoe outlines the work of Freud, Klein, and Bion to provide a firm foundation to his exploration of individual development and how it relates to groups and organisations. He lays bare why so many organisations are dysfunctional, takes an in-depth look at the problems unique to psychoanalytic institutions, and gives clear insight into how groups function as a separate entity to the individuals involved. He also investigates curiosity's shadow side, detailing the 'alternative' processes needed when it becomes a problem. This is a truly excellent book for trainees, professionals, and anyone who has ever been frustrated by work!

Couple Therapy for Depression - David Hewison 2014

'Couple Therapy for Depression' is an integrative 20-session couple therapy designed to treat depression in couples where there is also relationship distress. Following the recommendations of the UK's National Institute for Health and Care Excellence (NICE) for a behaviourally based couple therapy treatment, it draws on randomised controlled trial studies of efficacy as well as 'best practice' in behavioural, cognitive, emotionally focused, systemic, and psychodynamic couple therapies.

**Sex, Attachment, and Couple Psychotherapy** - Christopher Clulow 2009

What, from a psychoanalytic point of view, constitute the facts of life? What are the stories that our professional mentors tell us about the psychological equivalents of the birds and the bees? How useful are these stories, and in what ways do they help those of us who work with couples understand and change the sexual difficulties that they present us with? Do these stories, indeed, have anything to say about sex, or might they, like the inventions of embarrassed parents, deflect our attention away from what we really need to know in relating to the sexual lives of our patients?

**Couple Dynamics** - Aleksandra Novakovic 2015-11-27

This book presents psychoanalytic thinking about the phenomenon of the couple and couple dynamics in internal and external reality and at different levels of organisation: the 'couple' in the individual's internal world, the dynamics between partners in a couple relationship, and the dynamics between the couple and the group. These different fields of observation shift the focus between the figure and the ground, from the 'couple' in the individual and the individuals in the couple, to the couple in the group. Contributors bring different perspectives from theory and their therapeutic practice about how these multiple levels influence and constitute each other. Contributors: Andrew Balfour, Ronald Britton, William Halton, David Hewison, R. D. Hinshelwood, Otto Kernberg, Richard Morgan-Jones, Aleksandra Novakovic, Jenny Sprince, David Vincent

How Couple Relationships Shape our World - Andrew Balfour 2018-05-08

This book is about the importance of the couple relationship in the broadest terms. It draws on clinical researches into the inner lived world of adult couples, empirical developmental research into children and parenting, as well as the legal setting when relationships break down. It aims to bridge the inner and outer worlds, showing how our most intimate relationships have vital importance at all levels, from the individual and the family, to the social setting - and explores the

implications for practice and policy. Above all, it is a book about applications of clinical thinking linked with research knowledge, as tools for front line workers and policy makers alike. It draws on the tradition of applied clinical thinking and research of the Tavistock Centre for Couple Relationships, linking current thinking with the history of ideas in each area it covers, as well as considering implications for the future.

*Couples on the Couch* - Shelley Nathans 2017-07-14

*Couples on the Couch* provides a clear guide to applying the Tavistock model of couple psychotherapy in clinical psychoanalytic practice, offering a compelling sampling of ideas about couple relationships and couple psychotherapy from a broadly relational psychoanalytic perspective. The book provides an in-depth perspective to understanding intimate relationships and the complexities of working in this domain. The chapters and their accompanying discussion also offer a fertile resource of material for readers who have not previously had exposure to the theory and technique of psychoanalytic psychotherapy, as well as offering an expanded and more rigorous approach to those who are already familiar with the Tavistock model. The chapters cover key topics including: unconscious beliefs, forms of couple relating, sex and aging and draw upon the work of Klein, Winnicott and Bion, as well as attachment and object relations theory. The majority of the contributors are affiliated with the Tavistock Centre for Couple Relations (TCCR) in London or The Psychoanalytic Couple Psychotherapy Group in Berkeley, California and make fundamental use of the theoretical model that has been developed at TCCR since the 1940's. *Couples on the Couch* provides an introduction to the TCCR approach to couple psychotherapy and exposure to the depth and breadth of this framework. Each of the chapters contain in-depth theoretical and clinical case material, presented in tandem with formal discussion, demonstrating how theory may be applied in a variety of clinical encounters and by doing so, deepening the theoretical understanding of the difficulties that beset couples and the challenges posed to those who work with them. The book provides an in-depth perspective to understanding intimate relationships and the complexities of working in this domain. *Couples on the Couch* will be of great interest to couple psychotherapists and counselors, marriage and family therapists, psychoanalysts, as well as graduate and postgraduate students in psychology, marriage and family therapy, or those in psychoanalytic training programs.

*The Business of Therapy: How to Run a Successful Private Practice* - Pauline Hodson 2012-09-16

Creating a comfortable consulting room, grappling with the thorny question of money, finding clients, paperwork, legal issues, boundaries and confidentiality - Pauline Hodson analyses both the psychological and practical issues which need to be addressed when setting up a private practice. Once your practice is established it is important to be able to anticipate and think about situations that impinge on the therapy: illness, holidays, neighbours, pets and children, which if not paid attention to, can destroy the safe environment necessary for effective and sensitive work to take place. *The Business of Therapy* gives both detailed anecdotes and a jargon free overview of the theory and practice of the work of therapists. It is a much needed handbook for all those who work with clients in the privacy of a consulting room - and for all those who are curious about what therapy actually involves. This book is a valuable resource for psychotherapists and counsellors, for graduates setting up in private practice, for established practitioners and for those planning retirement. With a foreword by Susie Orbach. "Counsellors from a psychodynamic and psychoanalytical background will feel very at home with the contents. I found it a thoroughly enjoyable read; it actually made me laugh out loud on a couple of occasions." *Therapy Today* review, February 2013 "This book is a marvel! This book gives an engaging and practical insight into what is usually the very private world of private practice." Susanna Abse, CEO, The Tavistock Centre for Couple Relationships, London, UK "The book takes seriously the needs of therapists throughout their professional life - the need for developing support systems and care of the therapist's well being, looking after their bodies as well as minds ... In the Foreword Susie Orbach describes the book as a gift to the profession and I agree." *Oxford Psychotherapy Bulletin* "Although addressed primarily to psychotherapists and counsellors, practically every page of this book applies equally to the practice of complementary medicine - acupuncture, osteopathy and so on - and it is essential reading for these practitioners." John Hamwee, Acupuncturist and author of *Energy Medicine and Acupuncture for New Practitioners* "This book gives me an intriguing, bird's eye view from inside the room of how and why the process works." Lisa Jayne Bloomer, Lisa Jayne Art Studio, UK "Written with admirable concision and with the



page-turning delights of a fine novel, this book will be a joy for seasoned colleagues, and a life-saver for students and for those newly qualified. The Business of Therapy: How to Succeed in Private Practice leaves all other contenders in the dust!" Professor Brett Kahr, Centre for Child Mental Health in London and Roehampton University, UK "I wish this marvellous book had come my way earlier. It's an essential read for any therapeutic practitioner, but particularly for those in their first years in the profession or who are still in training. It's a pleasure to recommend it." Carol Leader, Psychoanalytic Psychotherapist (BPC and UKCP)

#### Engaging Couples - Andrew Balfour 2018-10

This book is a challenge to the silos in our human services that an 'atomized' focus gives rise to. They are evident in the chasm that can exist between child and adult mental health care, between competing therapeutic approaches and, most importantly for this volume, in the segmentation of support for adults who are partners as well as parents. The contributors, all with substantial experience of providing front-line services, identify the problem their intervention is designed to address, provide a conceptual justification for the approach they have used and supply evidence for its effectiveness. Vivid illustrations bring the work to life and provide examples of best practice whose relevance can readily be transported to different settings. Unusual in bringing together approaches that encompass internal and external realities in responding to the challenges of physical constraint, emotional distress and an often-volatile social environment, the contributions are assembled to highlight a common thread that can inform services at different stages of the life course. Each chapter is accompanied by a commentary from specialists in their field who elucidate and critique the key points made by the authors and help the experience of reading the book to be one of dialogue. *Engaging Couples: New Directions in Therapeutic Work with Families* explores new ways of approaching some of the key issues of contemporary family life, including depression, living with long-term conditions, inter-parental conflict and domestic abuse to name but a few, refracting them through a lens that sees our relationships as fundamental to the fabric of our lives - the most important social capital of all. It represents essential reading for clinicians and family practitioners of all persuasions, and those that train and support them in their work.

#### **A Relational Psychoanalytic Approach to Couples Psychotherapy** - Philip A. Ringstrom 2014-03-26

Winner of the 2014 Goethe Award for Psychoanalytic and Psychodynamic Scholarship! *A Relational Psychoanalytic Approach to Couples Psychotherapy* presents an original model of couples treatment integrating ideas from a host of authors in relational psychoanalysis. It also includes other psychoanalytic traditions as well as ideas from other social sciences. This book addresses a vacuum in contemporary psychoanalysis devoid of a comprehensively relational way to think about the practice of psychoanalytically oriented couples treatment. In this book, Philip Ringstrom sets out a theory of practice that is based on three broad themes: The actualization of self experience in an intimate relationship The partners' capacity for mutual recognition versus mutual negation The relationship having a mind of its own Based on these three themes, Ringstrom's model of treatment is articulated in six non-linear, non-hierarchical steps that wed theory with practice - each powerfully illustrated with case material. These steps initially address the therapist's attunement to the partners' disparate subjectivities including the critical importance of each one's perspective on the "reality" they co-habit. Their perspectives are fleshed out through the exploration of their developmental histories with focus on factors of gender and culture and more. Out of this arises the examination of how conflictual pasts manifest in dissociated self-states, the illumination of which leads to the enrichment of self-actualization, the facilitation of mutual recognition, and the capacity to more genuinely renegotiate their relationship. The book concludes with a chapter that illustrates one couple treated through all six steps and a chapter on frequently asked questions ("FAQ's") derived from over thirty years of practice, teaching, supervision and presentations during the course of this book's development. *A Relational Psychoanalytic Approach to Couples Psychotherapy* balances a great range of ways to work with couples, while also providing the means to authentically negotiate their differences in a way which is insightful and invaluable. This book is for practitioners of couples therapy and psychoanalytic practitioners. It is also aimed at undergraduate, graduates, and postgraduate students in the fields of psychiatry, psychology, marriage and family therapy, and

social work.

#### Human Development - Eric Rayner 2005

This new edition has been thoroughly revised and updated to incorporate new developments in the field. The authors discuss each of the crucial stages in human development through birth, adolescence, mid-life and old age to dying, grief and mourning.

#### **Couple and Family Psychoanalysis Volume 7 Number 1** - Molly Ludlam 2017-03-31

*Couple and Family Psychoanalysis* is an international journal sponsored by Tavistock Relationships, which aims to promote the theory and practice of working with couple and family relationships from a psychoanalytic perspective. It seeks to provide a forum for disseminating current ideas and research and for developing clinical practice. The annual subscription provides two issues a year. Articles - "How to Cure Family Disturbance": Enid Balint and the Creation of Couple Psychoanalysis Twenty-first Enid Balint Memorial Lecture 2016 by Brett Kahr - Response to "How to Cure Family Disturbance": Lily Pincus, Martin Buber, and Projective Identification by Viveka Nyberg - The Confinement of Compromise Formations: a Formable Aspect of Psychoanalytic Couple Therapy by Robert Waska - When the Couple is not Enough, or When the Couple is Too Much: Exploring the Meaning and Management of Open Relationships by Damian McCann - Echoes of the Serial Murder of the Psyche: A Psychoanalytic Approach to Serial Marriage by Hejan Epözdemir Clinical Narrative and Discussion Talking with Couples - Barbara Bianchini 2014-12-31

"In this compact and illuminating study of the evolving theoretical framework informing psychoanalytic work with couples, the authors highlight concepts that have been most drawn upon in developing dynamic couple therapy. They chart the shifting emphasis away from interpreting and reconstructing the past towards approaches that engage partners and therapists in constructing and reflecting on their encounters with each other in the present. The triangular space that is created through this process contains therapists as well as the couples with whom they talk, and invites us to revisit the essential nature of the therapeutic conversation in this light. A thoughtful and fascinating book that will interest everyone who is keen to understand the interior world of couple psychotherapy." --Christopher Clulow, PhD, Senior Fellow, the Tavistock Centre for Couple Relationships, London

#### **A Couple State of Mind** - Mary Morgan 2018-10-12

*A Couple State of Mind* is a much anticipated book aimed at an international audience of practitioners, students and teachers of psychoanalytic couple therapy, describes the Tavistock Relationships model of couple psychoanalytic psychotherapy, drawing on both historical and contemporary ideas, including the author's own theoretical contributions. The book references contemporary influences of other psychoanalytic approaches to couples, particularly from an international perspective. It will be invaluable for all students learning about psychoanalytic work with couples for other psychoanalytic practitioners interested in this field.

#### *Bombs in the Consulting Room* - Brett Kahr 2019-08-28

What does one do when a dangerous paedophile, nearly six feet seven inches in height, threatens to kill you? How does one manage when a brain-damaged, psychotic patient spits on the office floor two hundred times during the first consultation? And what does one say when one member of a warring couple reveals the most horrific acts of sexual cruelty? In perhaps his most gripping book to date, Professor Brett Kahr offers colleagues a detailed glimpse into the challenge of working with highly distressed and disturbing individuals in long-term psychotherapy. Kahr explains the ways in which such deeply troubled people hurl "bombs" into the consulting room, leaving considerable "psychological shrapnel" in their wake. The book contains five sensitively and compellingly written clinical chapters, followed by several historical chapters which explore the ways in which Donald Winnicott attempted to manage the bombs in his consulting room, often of his own making. Kahr then examines the pioneering contribution of Enid Eichholz (later Enid Balint) who, during the Second World War, created marital psychoanalysis as a means of dealing with couples ravaged by actual wartime bombs. The book concludes with an historico-clinical chapter on how thoughtful and sophisticated classical interpretation can reduce the impact of clinical bombs. Kahr even provides us with an examination of his favourite "top ten" interpretations in the history of psychoanalysis! A unique and helpful volume, written by a practitioner steeped equally in psychoanalysis and history, *Bombs in the Consulting Room: Surviving Psychological Shrapnel* will be essential reading for anyone who has ever felt frightened while treating patients.



## Tavistock Centre For Couple Relationships:

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