

Marriage And Relationship Education

W Kim Halford

Handbook of Parenting and Child Development Across the Lifespan Matthew R. Sanders 2018-12-06 This handbook presents the latest theories and findings on parenting, from the evolving roles and tasks of childrearing to insights from neuroscience, prevention science, and genetics. Chapters explore the various processes through which parents influence the lives of their children, as well as the effects of parenting on specific areas of child development, such as language, communication, cognition, emotion, sibling and peer relationships, schooling, and health. Chapters also explore the determinants of parenting, including consideration of biological factors, parental self-regulation and mental health, cultural and religious factors, and stressful and complex social conditions such as poverty, work-related separation, and divorce. In addition, the handbook provides evidence supporting the implementation of parenting programs such as prevention/early intervention and treatments for established issues. The handbook addresses the complementary role of universal and targeted parenting programs, the economic benefits of investment in parenting programs, and concludes with future directions for research and practice. Topics featured in the Handbook include:

- The role of fathers in supporting children's development.
- Developmental disabilities and their effect on parenting and child development.
- Child characteristics and their reciprocal effects on parenting.
- Long-distance parenting and its impact on families.
- The shifting dynamic of parenting and adult-child relationships.
- The effects of trauma, such as natural disasters, war exposure, and forced displacement on parenting.

The Handbook of Parenting and Child Development Across the Lifespan is an essential reference for researchers, graduate

students, clinicians, and therapists and professionals in clinical child and school psychology, social work, pediatrics, developmental psychology, family studies, child and adolescent psychiatry, and special education.

Cross-Cultural Family Research and Practice W. Kim Halford

2020-08-12 *Cross-Cultural Family Research and Practice*

broadens the theoretical and clinical perspectives on couple and family cross-cultural research with insights from a diverse set of disciplines, including psychology, sociology, communications, economics, and more. Examining topics such as family migration, acculturation and implications for clinical intervention, the book starts by providing an overarching conceptual framework, then moves into a comparison of countries and cultures, with an overview of cross-cultural studies of the family across nations from a range of specific disciplinary perspectives. Other sections focus on acculturation, migrating/migrated families and their descendants, and clinical practice with culturally diverse families. Studies cultural influences in couple and family relationships Features a broadly interdisciplinary perspective Looks at how cultural differences affect how families are structured and function Explores why certain immigrant groups adapt better to new countries than others Discusses why certain countries are better at integrating immigrants than others

The Wiley-Blackwell Handbook of Couples and Family

Relationships Patricia Noller 2012-02-20 *The Wiley-Blackwell*

Handbook of Couples and Family Relationships presents original articles from leading experts that link research, policy, and practice together to reflect the most current knowledge of contemporary relationships. Offers interesting new perspectives on a range of relationship issues facing twenty-first century Western society Helps those who work with couples and families facing with relationship issues Includes practical suggestions for dealing with relationship problems Explores diverse issues, including family structure versus functioning; attachment theory;

divorce and family breakdown; communication and conflict; self regulation, partner regulation, and behavior change; care-giving and parenting; relationship education; and therapy and policy implications

Religion and Family Life Richard J. Petts 2019-05-03 There has been increased interest among scholars in recent decades focused on the intersection of family and religion. Yet, there is still much that is not well-understood in this area. This aim of this special issue is to further explore the influence of religion on family life. In particular, this issue includes a collection of studies from leading scholars on religion and family life that focus on ways in which religion and spirituality may influence various aspects of family life including family processes, family structure, family formation, family dissolution, parenting, and family relationships. The studies included incorporate both qualitative and quantitative analyses, incorporate a number of different religious traditions, focus on religiosity among both adults and youth, and explore a number of important issues such as depression, intimacy, sexual behavior, lying, divorce, and faith transmission.

Handbook of Clinical Issues in Couple Therapy Joseph L. Wetchler 2011-03 Now updated in its second edition, *Handbook of Clinical Issues in Couple Therapy* provides a comprehensive overview of emerging issues that impact couple therapy. Unlike other guides that concentrate more on theoretical approaches, this invaluable resource contains the latest research and perspectives that every clinician needs when dealing with the challenging issues often found in practice. Carefully referenced, it explores a range of issues that include intimate partner violence, posttraumatic stress disorder and its effect on couple relationships, divorce therapy, remarriage and cohabitation issues, cultural issues, and couple therapist training. This insightful edited volume is suitable for a wide spectrum of readers, including couple and family therapists, counselors, psychologists, social workers, pastoral counselors,

educators, and graduate students.

Understanding Marriage Patricia Noller 2002-09-26 This edited volume draws together a wide range of exciting developments in the study of marital interaction. A significant feature of the book is its focus, not only on conflict and negative interactions but also on the processes by which couples maintain happy and constructive relationships. The chapters review and integrate the extensive literature in this area, as well as presenting important research findings. The contributors come from the disciplines of communication, social psychology and clinical psychology, and have national and international reputations for their work in this area. The findings reflect developments in theory and methodology, and have important implications for those working to strengthen and repair marital relationships.

Brief Therapy for Couples W. Kim Halford 2003-08-01 This book provides a complete guide to self-regulatory couple therapy (SRCT), an innovative clinical approach that maximizes the couple's capacity for self-directed change. Presented is a flexible framework for treating couples effectively in as few as one or two--and as many as 25--sessions of highly focused work. Featuring step-by-step intervention guidelines and helpful clinical examples, the book demonstrates how to identify those couples for whom very brief therapy is possible, how to focus in quickly on the processes associated with relationship distress, and how to integrate additional therapeutic components for clients needing longer-term help.

Helping Couples Get Past the Affair Donald H. Baucom 2011-02-18 From leading marital therapists and researchers, this unique book presents a three-stage therapy approach for clinicians working with couples struggling in the aftermath of infidelity. The book provides empirically grounded strategies for helping clients overcome the initial shock, understand what happened and why, think clearly about their best interests before they act, and move on emotionally, whether or not they ultimately

reconcile. The volume is loaded with vivid clinical examples and carefully designed exercises for use both during sessions and at home. The book will be invaluable to clinicians who treat couples, including couple and family therapists and counselors, clinical psychologists, social workers, pastoral counselors, and psychiatrists. It may also serve as a supplemental text in graduate-level courses.

Clinical Handbook of Marriage and Couples Interventions W. Kim Halford 1997-04-03 The majority of people, in cultures worldwide, seek fulfilment and happiness in marriage and couples relationships. Many mental health professionals now find they are increasingly consulted when such relationships encounter difficulties that threaten the wellbeing of the couples involved. The costs of such difficulties can be high, to society, to children and to other family members, in both emotional and economic terms. Psychologists, psychiatrists, therapists, counsellors and social workers will find in this uniquely comprehensive handbook a critical review of knowledge in this wide field, as well as a guide to best practice in its many areas of intervention. The scope of the handbook includes an overview of healthy, normal marriage processes, the major influences on marital quality and stability, the interaction between individual adjustment, environmental events, and relationship satisfaction, and interventions designed to assist couples to enhance their relationship. The emphasis in the chapters which review research is on explicating the implications of current state-of-the-art knowledge for assessment and intervention with couples. Over half the book comprises detailed guidelines on how to conduct interventions for relationship problems. This includes work on different approaches to couples therapy, adapting couples therapy to the needs of couples in which one partner has significant individual psychopathology, working with just one partner, responding to crises initiated by extramarital affairs, mediating divorce, and working with families in which there are combined marital and

parenting difficulties.

The Marriage Checkup James V. Córdova 2009-05-11 The Marriage Checkup is designed to help couples assess the strengths and weaknesses of their relationship and to develop strategies for strengthening its health. Like physical health, the health of a relationship can be developed to greater levels of fitness and resilience to illness. Thus, even healthy couples can benefit from a marital health perspective by developing exercises for optimizing their health and fitness. This book primarily serves couples interested in improving the health of their relationship. Counselors and therapists may recommend that their couples-patients use the book. Additionally, the book may be of interest to professors of marriage and family counseling.

Marriage and Relationship Education W. Kim Halford 2011-11-01 Grounded in extensive research and clinical experience, this indispensable book addresses the "whats," "whys," and "how-tos" of conducting effective marriage and relationship education. Leading authority W. Kim Halford reviews a range of contemporary models and provides an in-depth description of his own approach, Couple CARE. Session-by-session guidelines for therapists show how to help groups or individual couples—including those facing major life changes or stressors—foster closeness and communication, manage conflicts, and prevent common relationship problems. The book also explains how to use commercially available online assessment tools to help each couple develop their own relationship goals. It includes 35 reproducible handouts and forms.

Education for Life and Work National Research Council 2013-01-18 Americans have long recognized that investments in public education contribute to the common good, enhancing national prosperity and supporting stable families, neighborhoods, and communities. Education is even more critical today, in the face of economic, environmental, and social challenges. Today's children can meet future challenges if their

schooling and informal learning activities prepare them for adult roles as citizens, employees, managers, parents, volunteers, and entrepreneurs. To achieve their full potential as adults, young people need to develop a range of skills and knowledge that facilitate mastery and application of English, mathematics, and other school subjects. At the same time, business and political leaders are increasingly asking schools to develop skills such as problem solving, critical thinking, communication, collaboration, and self-management - often referred to as "21st century skills." Education for Life and Work: Developing Transferable Knowledge and Skills in the 21st Century describes this important set of key skills that increase deeper learning, college and career readiness, student-centered learning, and higher order thinking. These labels include both cognitive and non-cognitive skills- such as critical thinking, problem solving, collaboration, effective communication, motivation, persistence, and learning to learn. 21st century skills also include creativity, innovation, and ethics that are important to later success and may be developed in formal or informal learning environments. This report also describes how these skills relate to each other and to more traditional academic skills and content in the key disciplines of reading, mathematics, and science. Education for Life and Work: Developing Transferable Knowledge and Skills in the 21st Century summarizes the findings of the research that investigates the importance of such skills to success in education, work, and other areas of adult responsibility and that demonstrates the importance of developing these skills in K-16 education. In this report, features related to learning these skills are identified, which include teacher professional development, curriculum, assessment, after-school and out-of-school programs, and informal learning centers such as exhibits and museums.

A Parent-Partner Status for American Family Law Merle H. Weiner 2015-09-17 This book proposes a new 'parent-partner' legal status emphasizing obligations of parents to each other and

to their children.

Saving Your Marriage Before It Starts Les Parrott 2015-10-27
OVER ONE MILLION COPIES SOLD! With this updated edition of their award-winning book, Drs. Les and Leslie Parrott help you launch lifelong love like never before. This is more than a book--it's an experience, especially when you use the his/her workbooks filled with more than 40 fun exercises. Get ready for deeper intimacy with the best friend you'll ever have. *Saving Your Marriage Before It Starts*, which has been translated into more than 15 languages, is the most widely used marriage prep tool in the world. Why? Because it will help you . . . Uncover the misbeliefs of marriage Learn to communicate with instant understanding Discover the secret to resolving conflict Master the skills of money management Get your sex life off to a great start A compelling video, featuring real-life couples, is available, and with this updated edition, Les and Leslie unveil the game-changing SYMBIS Assessment. Now you can discover how to leverage your personalities for a love that lasts a lifetime. Make your marriage everything it is meant to be. Save your marriage--before (and after) it starts.

Fighting for Your Marriage Howard J. Markman 1996-03-27
Conflict in intimate relationships is as normal and essential as love. How you fight and resolve conflicts determines the difference between a sustained healthy and satisfying marriage or endless pain, frustration, and often divorce. At a time when families are falling apart at alarming rates and with enormous social cost, this book provides a research-based program to prevent relationship breakdown. The new audiotope set provides the key to the communication skills of PREPTM.

The Psychology of Family Law Eve M. Brank 2019-04-09
Bridges family law and current psychological research to shape understanding of legal doctrine and policy Family law encompasses legislation related to domestic relationships—marriages, parenthood, civil unions, guardianship,

and more. No other area of law touches so closely to home, or is changing at such a rapid pace—in fact, family law is so dynamic precisely because it is inextricably intertwined with psychological issues such as human behavior, attitudes, and social norms. However, although psychology and family law may seem a natural partnership, both fields have much to learn from each other. Our laws often fail to take into account our empirical knowledge of psychology, falling back instead on faulty assumptions about human behavior. This book encourages our use of psychological research and methods to inform understandings of family law. It considers issues including child custody, intimate partner violence, marriage and divorce, and child and elder maltreatment. For each topic discussed, Eve Brank presents a case, statute, or legal principle that highlights the psychological issues involved, illuminating how psychological research either supports or opposes the legal principles in question, and placing particular emphasis on the areas that are still in need of further research. The volume identifies areas where psychology practice and research already have been or could be useful in molding legal doctrine and policy, and by providing psychology researchers with new ideas for legally relevant research.

Reconcilable Differences Andrew Christensen 1999-10-06 Every couple has arguments, but what happens when recurring battles begin to feel like full-scale war? Do you retreat in hurt and angry silence, hoping that a spouse who "just doesn't get it" will eventually see things your way? Spend the time between skirmishes gathering evidence that you're right? Demand some immediate changes--or else? Whether due to innate personality traits or emotional vulnerabilities, there are some aspects of our behavior that are difficult to alter. But these differences do not have to get in the way of healthy, happy, and long-lasting romance. This practical guide offers new solutions for couples frustrated by continual attempts to make each other change. Aided by thought-provoking exercises and lots of real-life

examples, readers will learn why they keep having the same fights again and again; how to keep small incompatibilities from causing big problems; and how true acceptance can restore health to their relationships.

Adolescent Romantic Relationships as Precursors of Healthy Adult Marriages Benjamin R. Karney 2007

Policymakers are interested in promoting healthy marriages in adulthood by providing services to strengthen the adolescent precursors of healthy marriage, especially within low-income populations. But if programs and curricula targeting adolescent romantic relationships are to be effective, they must be grounded in an accurate understanding of how adolescent relationships function and the role that they play in the development of healthy adult marriages. This report evaluates the current landscape of theory, research, and interventions addressing the role of adolescent romantic relationships in the development of healthy adult marriages. Drawing on a thorough review of the existing theoretical and empirical literature in this area, as well as interviews with practitioners directly involved with developing or administering relationship education to adolescents, the authors bring together relevant research and theory from a wide range of disciplines that have examined these issues, and suggest future directions for research and intervention. In particular, they note that although research describing romantic relationships in low-income populations is sparse, there are already-existing nationally representative data sets that include data from substantial numbers of well-sampled low-income adolescents. Analyses of these data would have relatively low cost and a potentially high yield for informing policies that target low-income youth.

Foundations for Couples' Therapy Jennifer Fitzgerald 2017-02-03

As a quality resource that examines the psychological, neurobiological, cultural, and spiritual considerations that undergird optimal couple care, Foundations for Couples' Therapy teaches readers to conduct sensitive and comprehensive therapy

with a diverse range of couples. Experts from social work, clinical psychotherapy, neuroscience, social psychology, and health respond to one of seven central case examples to help readers understand the dynamics within each partner, as well as within the couple as a system and within a broader cultural context. Presented within a Problem-Based Learning approach (PBL), these cases ground the text in clinical reality. Contributors cover critical and emerging topics like cybersex, emotional well-being, forgiveness, military couples, developmental trauma, and more, making it a must-have for practitioners as well as graduate students.

Resilient Relationships Christian Heim 2023-04-14 Designed to be used as a companion to couple therapy, this book is based on a trailblazing study of over 1400 individuals. It presents over 75 techniques to help relationships thrive in the long-term and provides insights into the challenges faced by contemporary couples. Through in-depth interviews, this book takes pertinent questions from young couples and puts them to couples who have been together for decades. The time-tested secrets of thriving couples are presented in a new guise for a new generation. Capturing the effects of the COVID-19 pandemic, the study includes people from 52 countries and is the largest cross-sectional, multi-national study on long-term relationships to date. It highlights the dynamic and protective factors that lead to relationship longevity, as well as societal pressures, to guide therapists on how to manage these with their clients. The authors uncover how long-term relationships promote resilience, emotional, mental, and physical health, and protect against loneliness and harmful behaviours. Therapists and couples need to know what goes right in long-lasting relationships. Providing essential data and practical skills for psychologists, counsellors and other professionals, this book is a must-read for anyone working with couples to explore and understand what leads to resilient relationships in a harsh, complex world.

The Oxford Handbook of Relationship Science and Couple Interventions

Kieran Terese Sullivan 2016 Marriage and other long-term committed relationships are an integral part of our lives and confer many benefits. People in satisfying marriages report greater life happiness, live longer, and are less vulnerable to mental and physical illness. Unfortunately, many couples experience significant relationship distress and about half of marriages end in divorce. Among those who stay married, a notable number of couples remain in unstable, severely distressed marriages for years or even decades. Given the serious physical and psychological consequences of relationship distress and divorce for spouses and their children, it is clear that relationship science-the basic and applied study of relationship development, maintenance, and dysfunction-is of critical importance. The Oxford Handbook of Relationship Science and Couple Interventions showcases cutting-edge research in relationship science, including couple functioning, relationship education, and couple therapy. The book presents the most current definitions of and classifications for relationship dysfunction and discusses the latest research on the biological, psychological, and interpersonal causes and correlates of couple dysfunction and subsequent treatment implications. The latest findings regarding empirically supported prevention and treatment interventions for couple dysfunction are highlighted, as well as diversity and cultural issues in the context of working with couples. This Handbook will appeal to researchers who seek to understand the development of relationship distress and design interventions to prevent and treat couple distress and clinicians who are diagnosing, assessing, and treating couple dysfunction.

Parenting Matters National Academies of Sciences, Engineering, and Medicine 2016-12-21 Decades of research have demonstrated that the parent-child dyad and the environment of the family"which includes all primary caregivers"are at the foundation of children's well- being and healthy development.

From birth, children are learning and rely on parents and the other caregivers in their lives to protect and care for them. The impact of parents may never be greater than during the earliest years of life, when a child's brain is rapidly developing and when nearly all of her or his experiences are created and shaped by parents and the family environment. Parents help children build and refine their knowledge and skills, charting a trajectory for their health and well-being during childhood and beyond. The experience of parenting also impacts parents themselves. For instance, parenting can enrich and give focus to parents' lives; generate stress or calm; and create any number of emotions, including feelings of happiness, sadness, fulfillment, and anger. Parenting of young children today takes place in the context of significant ongoing developments. These include: a rapidly growing body of science on early childhood, increases in funding for programs and services for families, changing demographics of the U.S. population, and greater diversity of family structure. Additionally, parenting is increasingly being shaped by technology and increased access to information about parenting. Parenting Matters identifies parenting knowledge, attitudes, and practices associated with positive developmental outcomes in children ages 0-8; universal/preventive and targeted strategies used in a variety of settings that have been effective with parents of young children and that support the identified knowledge, attitudes, and practices; and barriers to and facilitators for parents' use of practices that lead to healthy child outcomes as well as their participation in effective programs and services. This report makes recommendations directed at an array of stakeholders, for promoting the wide-scale adoption of effective programs and services for parents and on areas that warrant further research to inform policy and practice. It is meant to serve as a roadmap for the future of parenting policy, research, and practice in the United States.

Effectiveness Research in Marriage and Family Therapy Douglas

H. Sprenkle 2002 This volume offers compelling evidence that marriage and family (MFT) has made major strides in becoming a more evidence-based discipline.

The Developmental Course of Marital Dysfunction Thomas N.

Bradbury 2006-11-02 In this 1998 book leading researchers present research and theory that focus on how marital dysfunction develops among newly wed couples.

APA Handbook of Contemporary Family Psychology Barbara H.

Fiese 2019 Volume 2: "This book focuses on the application of family psychology to an array of mental and physical health conditions, societal issues, and shared systems such as schools and health care. It provides an overview of theory and research on psychopathology and the family. The book reviews family-focused research and interventions from three exemplars of pediatric illnesses: diabetes, asthma, and cancer. It discusses the existing theoretical perspectives and evidence on the ties between families and youth's organized after-school activities. The book then moves beyond the parent-child dyad to consider the larger family system and sibling influences. It discusses the ways family psychologists can overcome barriers that may discourage them from working with religious leaders and form bridges with religious organizations to promote the well-being of diverse families. The book also highlights several aspects of the vast scientific literature on intimate partner violence. To understand how youth bullying and peer victimization is impacted by familial factors, the book reviews the literature on risk and protective factors associated with bullying involvement, and also highlights a few programs that attempt to prevent bullying through collaboration with families. It explores family advocacy in the field of children's mental health, describing its role in assisting families whose children have serious mental health needs. The populations served by family forensic psychologists (FFPs) are diverse, and the expectations of different court systems often vary distinctly. The book finally presents an

overview of various roles that an FFP may fulfill, with a focus on child custody and juvenile dependency cases."--Preface.

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Handbook of Evidence-Based Mental Health Practice with Sexual and Gender Minorities John E. Pachankis 2019 "This

book provides important information to mental health clinicians about doing treatment with sexual and gender minorities, but following evidenced-based care. Evidenced-based practice is important because in mental health treatment, it is important for therapy to actually work. This book provides practical up-to-date information about adapting and using evidenced based treatments for sexual and gender minority clients"--

Clinical Guide to Helping New Parents W. Kim Halford

2015-04-25 This accessible guide details an evidence-based educational program to help couples adapt to parenthood while minimizing the inevitable stress on the relationship. Complete with content, rationales, activities, and client materials, its flexible format allows for home and office visits and phone/online support across the transition, starting during pregnancy and continuing into early infancy. Activities build on themes of caring, change, and cooperation as couples learn to identify and address sources of conflict, solve infant-care problems, and to become optimal partners as well as optimal parents. The book's hands-on presentation includes chapter highlights, boxed "Practice Tips" and "Clinical Connections" sections, client handouts and worksheets, and examples of clinician interactions with couples. The sessions described in Clinical Guide to Helping New Parents: The Couple CARE for Parents Program are organized to meet challenges and reinforce skills in key areas including: Developing realistic and shared expectations. Promoting positive communications and self-change. Conflict management communication skills. Developing sensitive and responsive parenting Reviewing personal and social support. Developing caring and healthy sexuality. Anticipating and preventing

relationship deterioration.

Australian Couples in Millenium Three W. Kim Halford
1999-01-01

The Wiley Blackwell Encyclopedia of Family Studies, 4

Volume Set Constance L. Shehan 2016-02-29 The Wiley Blackwell Encyclopedia of Family Studies presents a comprehensive, interdisciplinary collection of the key concepts, trends, and processes relating to the study of families and family patterns throughout the world. Offers more than 550 entries arranged A-Z Includes contributions from hundreds of family scholars in various academic disciplines from around the world Covers issues ranging from changing birth rates, fertility, and an aging world population to human trafficking, homelessness, famine, and genocide Features entries that approach families, households, and kin networks from a macro-level and micro-level perspective Covers basic demographic concepts and long-term trends across various nations, the impact of globalization on families, global family problems, and many more Features in-depth examinations of families in numerous nations in several world regions 4 Volumes www.familystudiesencyclopedia.com

Comprehensive Handbook of Psychotherapy, Cognitive-Behavioral Approaches Florence W. Kaslow 2004-01-30 Now

available in paperback. The Cognitive/Behavioral/Functional model is a landmark that combines established and cutting-edge authors and issues, as well as integrating material for both novice and experienced theorists, researchers, and practitioners. In this volume, international authors, many of whom are pioneers in their approach, illustrate issues clearly and apply them to diverse populations. Chapters in supervision and ethical issues provide unique and valuable perspectives.

Marriage and Relationship Education W. Kim Halford

2011-06-21 Grounded in extensive research and clinical experience, this indispensable book addresses the "whats," "whys," and "how-tos" of conducting effective marriage and

relationship education. Leading authority W. Kim Halford reviews a range of contemporary models and provides an in-depth description of his own approach, Couple CARE. Session-by-session guidelines for therapists show how to help groups or individual couples—including those facing major life changes or stressors—foster closeness and communication, manage conflicts, and prevent common relationship problems. The book also explains how to use commercially available online assessment tools to help each couple develop their own relationship goals. It includes 35 reproducible handouts and forms.

Evidence-based Approaches to Relationship and Marriage

Education James J. Ponzetti, Jr. 2015-07-16 This is the first book to provide a comprehensive, multidisciplinary overview of evidence-based relationship and marriage education (RME) programs. Readers are introduced to the best practices for designing, implementing, and evaluating effective RME programs to better prepare them to teach clients how to have healthy intimate relationships. Noted contributors from various disciplines examine current programs and best practices, often by the original developers themselves. Readers learn to critically appraise approaches and design and implement effective, evidence-based programs in the future. Examples and discussion questions encourage readers to examine issues and apply what they have learned. The conceptual material in Parts I & II provides critical guidance for practitioners who wish to develop, implement, and evaluate RME programs in various settings. Chapters in Parts III & IV follow a consistent structure so readers can more easily compare programs-- program overview and history, theoretical foundations, needs assessment and target audience, program goals & objectives, curriculum issues, cultural Implications, evidence based research and evaluation, and additional resources. This book reflects what the editor has learned from teaching relationship development and family life education courses over the past decade and includes the key

information that students need to become competent professionals. Highlights of the book's coverage include: Comprehensive summary of effective evidence-based RME training programs in one volume. Prepares readers for professional practice as a Certified Family Life Educator (CFLE) by highlighting the fundamentals of developing RME programs. Describes the challenges associated with RME program evaluation. The book opens with a historical overview of RME development. It is followed by 20 chapters divided in six parts. The initial four chapters focus on fundamentals of relationship and marriage education --program development, required training, delivery systems, and implementation. The three chapters in Part II consider important conceptual and theoretical frameworks used in RME. Part III considers best practices in inventory based programs while Part IV examines six skills-based programs. The chapters in Parts III and IV consider program overview and history, theoretical foundations, needs assessment and target audience, program goals and objectives, curriculum issues, cultural implications, evidence-based research & evaluation, and additional resources. This content covers four categories of effective programs -- design and content, relevance, delivery and implementation, and assessment and quality assurance. Part V presents evidence-based RME with diverse groups and Part VI reviews future directions. Intended for use in advanced undergraduate or graduate courses in relationship and marriage education, family life education, marriage and relationship counseling/therapy, intimate relationships, relationship development, or home/school/community services taught in human development and family studies, psychology, social work, sociology, religion, and more, this ground-breaking book also serves as a resource for practitioners, therapists, counselors, clergy members, and policy makers interested in evidence based RME programs and those seeking to become Certified Family Life Educators or preparing for a career in RME.

Encyclopedia of Couple and Family Therapy Jay Lebow

2019-10-08 This authoritative reference assembles prominent international experts from psychology, social work, and counseling to summarize the current state of couple and family therapy knowledge in a clear A-Z format. Its sweeping range of entries covers major concepts, theories, models, approaches, intervention strategies, and prominent contributors associated with couple and family therapy. The Encyclopedia provides family and couple context for treating varied problems and disorders, understanding special client populations, and approaching emerging issues in the field, consolidating this wide array of knowledge into a useful resource for clinicians and therapists across clinical settings, theoretical orientations, and specialties. A sampling of topics included in the Encyclopedia: Acceptance versus behavior change in couple and family therapy Collaborative and dialogic therapy with couples and families Integrative treatment for infidelity Live supervision in couple and family therapy Postmodern approaches in the use of genograms Split alliance in couple and family therapy Transgender couples and families The first comprehensive reference work of its kind, the Encyclopedia of Couple and Family Therapy incorporates seven decades of innovative developments in the fields of couple and family therapy into one convenient resource. It is a definitive reference for therapists, psychologists, psychiatrists, social workers, and counselors, whether couple and family therapy is their main field or one of many modalities used in practice. *Australian Couples in Millenium Three* W. Kim Halford 2000 This is a report on how to enhance the effectiveness of marriage and relationship education in strengthening marriage and relationships in Australia. The report includes two major sections. The first section is a review of the scientific evidence on the effects of marriage and relationship education. The second section is a series of action research proposals for extending the accessibility and effectiveness of marriage and relationship

education.

Dyadic Coping: A Collection of Recent Studies Guy

Bodenmann 2019-09-25 Dyadic coping is a concept that has reached increased attention in psychological science within the last 20 years. Dyadic coping conceptualizes the way couples cope with stress together in sharing appraisals of demands, planning together how to deal with the stressors and engage in supportive or joint dyadic coping. Among the different theories of dyadic coping, the Systemic Transactional Model (STM; Bodenmann, 1995, 1997, 2005) has been applied to many studies on couples' coping with stress. While a recent meta-analysis shows that dyadic coping is a robust and consistent predictor of relationship satisfaction and couple's functioning in community samples, some studies also reveal the significance of dyadic coping in dealing with psychological disorders (e.g., depression, anxiety) or severe illness (e.g., cancer, diabetes, COPD, etc.). Researchers all over the world build their research on this or other concepts of dyadic coping and many typically use the Dyadic Coping Inventory (DCI) for assessing dyadic coping. So far, research on dyadic coping has been systematically presented in two books, one written by Revenson, Kayser, & Bodenmann in 2005, focussing on emerging perspectives on couples' coping, the other by Falconier, Randall, & Bodenmann more recently in 2016, addressing intercultural aspects of dyadic coping in African, American, Asian and European couples. This eBook gives an insight into recent dyadic coping research in different areas and countries.

Microaggression Theory Gina C. Torino 2018-10-02 Get to know the sociopolitical context behind microaggressions
Microaggressions are brief, everyday exchanges that send denigrating messages to certain individuals because of their group membership (e.g., race, gender, culture, religion, social class, sexual orientation, etc.). These daily, common manifestations of aggression leave many people feeling vulnerable, targeted, angry, and afraid. How has this become

such a pervasive part of our social and political rhetoric, and what is the psychology behind it? In *Microaggression Theory*, the original research team that created the microaggressions taxonomy, Gina Torino, David Rivera, Christina Capodilupo, Kevin Nadal, and Derald Wing Sue, address these issues head-on in a fascinating work that explores the newest findings of microaggressions in their sociopolitical context. It delves into how the often invisible nature of this phenomenon prevents perpetrators from realizing and confronting their own complicity in creating psychological dilemmas for marginalized groups, and discusses how prejudice, privilege, safe spaces, and cultural appropriation have become themes in our contentious social and political discourse. Details the psychological effects of microaggressions in separate chapters covering clinical impact, trauma, related stress syndromes, and the effect on perpetrators Examines how microaggressions affect education, employment, health care, and the media Explores how social policies and practices can minimize the occurrence and impact of microaggressions in a range of environments Investigates how microaggressions relate to larger social movements If you come across the topic of microaggressions in your day-to-day life, you can keep the conversation going in a productive manner—with research to back it up!

Becoming Parents Judith A. Feeney 2001-08-13 This book examines the transition from the perspective of adult attachment theory. It reviews previous studies of the transition to parenthood and of adult attachments, and presents the results of a comprehensive new study of parenthood. In this study, the researchers followed the experiences of approximately 100 couples who were becoming parents for the first time, together with a comparison sample of couples who were not planning to have a child at this stage. Couples were assessed on four occasions: during the second trimester of pregnancy, and 6 weeks, 3 months, and 6 months post-birth. The book addresses

such key issues as the division of domestic labor, the changing nature of couples' marital relationships, changes in new parents' attachment networks, postnatal depression, and factors predicting the ease of the transition.

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