

# Sex Health Articles

## **Sexual Health: a Public Health Perspective -**

Kaye Wellings 2012-10-16

This timely book introduces social aspects of the study of sexual health and their application to public health practice. The book addresses five key themes: Conceptual and theoretical aspects of sexual health, Sexual health outcomes of Risk and Vulnerability, Improving sexual health status and Measuring and assessing sexual health status. The authors consider each of these themes within their cultural and historical context and illustrate topics with international examples and case studies. Key features of the book include: A spotlight on populations rather than individuals, and a focus on the prevention of ill health and promotion of well being. A

global perspective; the book makes the distinction between developing and developed countries, but recognises that inequalities are to be found within as well as between countries. A view of sexual behaviour as socially learned rather than biologically given and so as amenable to change and intervention to improve sexual health status. An emphasis on ways in which risk and vulnerability are products, not only of individual behaviours, but of the social context in which they are practiced. Written by authors with a wide range of experience, this book will be a valuable resource for public health practitioners and those studying and working in the area of sexual health. Understanding Public Health is an innovative

series published by Open University Press in collaboration with the London School of Hygiene & Tropical Medicine. Series Editors: Ros Plowman and Nicki Thorogood Contributors: Sevgi O Aral, Chris Bonell, Helen Burchett, Joanna Busza, Martine Collumbien, Simon Forrest, Rebecca French, Claudia Garcia-Moreno, Anna Glasier, Jami Leichter, Kirstin Mitchell, Will Nutland, Thomas Peterman, Elisabeth Pisani, Kaye Wellings, Meg Wiggins and Maria Zuurmond.

*Exploring the Biological Contributions to Human Health* - Institute of Medicine 2001-07-02

It's obvious why only men develop prostate cancer and why only women get ovarian cancer. But it is not obvious why women are more likely to recover language ability after a stroke than men or why women are more apt to develop autoimmune diseases such as lupus. Sex differences in health throughout the lifespan have been documented. *Exploring the Biological Contributions to Human Health* begins to snap

the pieces of the puzzle into place so that this knowledge can be used to improve health for both sexes. From behavior and cognition to metabolism and response to chemicals and infectious organisms, this book explores the health impact of sex (being male or female, according to reproductive organs and chromosomes) and gender (one's sense of self as male or female in society). *Exploring the Biological Contributions to Human Health* discusses basic biochemical differences in the cells of males and females and health variability between the sexes from conception throughout life. The book identifies key research needs and opportunities and addresses barriers to research. *Exploring the Biological Contributions to Human Health* will be important to health policy makers, basic, applied, and clinical researchers, educators, providers, and journalists-while being very accessible to interested lay readers.

[Sexual Health and the Media](#) - Aimee Barrows

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2002

*A Sexual Education* - Dalene Rovenstine 2011  
Seventeen magazine has been entertaining and educating teenage girls since its inception in 1944. Since that time, the magazine has remained a popular source of fashion, beauty, relationships, and even sex advice among young women. This study examines the messages that Seventeen provides its readers regarding sexuality and sexual health. A qualitative textual analysis of 20 issues of Seventeen magazine from the last five years (2006 to 2010) examine the messages of sexual health, sexuality and romance exhibited in editorial texts. The findings reveal that there are two types of articles: articles about a wide range of sexual health topics, which portray teenage girls in sexual relationships, and articles about innocent romance, which portray teenage girls in non-sexual relationships. Using framing theory, the textual analysis of the articles of Seventeen

magazine reveals a division between sexual health messages and romantic messages, which leads to a divided portrayal of healthy sexual relationships among teenage girls.

Men's Sexual Health - Barry W. McCarthy 2008  
Covering male sexuality, this work introduces the new "smart thinking," focused on an integration of mind and body, which confronts the myths and misunderstandings which limit male sexual growth. It also helps you understand how to pursue sexual and relational health, overcome sexual problems, with the goal of greater acceptance and satisfaction.

Get to Know Yourself - Thelmah Xavela Maluleke  
2014-09-23

GET TO KNOW YOURSELF: A sexual health guide for young people is meant for young people, aged 15 years and older, females and males, virgins and those who are already sexually active, who want to lead a healthy life. It aims at providing accurate information about sexual health that will enable young people to

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develop responsible sexuality, mutual respect between females and males, and good relationships that will result in the improvement of their quality of life. Young people are often faced with a huge responsibility of making decisions about their sexuality usually with little or no information, or with confusing information that they obtained from friends. This book gives information on sexual health that will enable you to feel confident about making decisions about your life. The book is easy to read to allow young people whose parents find it challenging to talk to them about sexual health matters, to read it on their own.

**Aspects of Sexual Medicine** - 1976

**A Content Analysis of Sex Articles in Women's and Men's Lifestyle and Health Magazines** - Chelsea Reynolds 2012

The present research attempted to build upon studies of sex content in popular magazines by analyzing how sex articles portray thematic

aspects of sex, sexuality, and sexual health in women's and men's lifestyle and health magazines. The researcher conducted a quantitative content analysis of 134 sex articles presented in 53 individual issues of *Cosmopolitan*, *Glamour*, *Redbook*, *Esquire*, *GQ*, *Maxim*, *Women's Health*, *Self*, *Men's Fitness*, and *Men's Health*. Consistent with previous examinations of popular magazines' sex content, women's and men's health and lifestyle titles gave more attention to entertaining aspects of sex than they did to information about sexual health or human sexuality. Chi-square goodness-of-fit tests suggest there are significant differences in the way the magazines portray sex, sexuality, and sexual health based on the sampled titles' statuses as health or lifestyle magazines and also based on the targeted gender of their readerships.

*The Sex Ed You Never Had* - Chantelle Otten  
2021-09-28

From award-winning psychosexologist Chantelle  
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Otten comes the well-overdue, inclusive and meticulous guide to all things sex, bodies and relationships. For too long, talking about our anatomies and our experiences has been taboo. Normal functions have been deemed embarrassing and even shameful, impacting people's mental and physical health. In this amazing and comprehensive guide filled with accurate facts and helpful illustrations, Chantelle refuses to leave these conversations languishing on the fringes any longer. From breaking myths about reproductive health to exploring ideas of consent, *The Sex Ed You Never Had* will teach everyone something new about their body, and the fun and pleasurable ways to use it.

[ABC of Sexual Health](#) - Kevan R. Wylie  
2015-04-27

ABC of Sexual Health ABC of Sexual Health ABC of Sexual Health provides a comprehensive overview of this important, but difficult subject and includes reading resources as well as

information on professional societies, patient groups and online resources. Fully revised and expanded to cover a range of new content and topics including psychological, urological, gynaecological, endocrinological and psychiatric aspects of sexual health, the effects of medication, sexual dysfunction, sexual orientation, gender identity, paraphilias, forensic sexology, dermatoses, and psychosexual therapy and education. ABC of Sexual Health is a practical guide for all general practitioners, family physicians, trainees and medical students wanting to improve communicating, examining and managing patients with sexual health problems. About the ABC series The new ABC series has been thoroughly updated, offering a fresh look, layout and features throughout, helping you to access information and deliver the best patient care. The newly designed books remain an essential reference tool for GPs, GP registrars, junior doctors and those in primary care, designed to address the concerns of

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general practitioners and provide effective study aids for doctors in training. Now offering over 70 titles, this extensive series provides you with a quick and dependable reference on a range of topics in all the major specialities. Each book in the new series now offers links to further information and articles, and a new dedicated website provides you with even more support. The ABC series is the essential and dependable source of up-to-date information for all practitioners and students in general practice.

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*Sex After Service* - Drew A. Helmer 2016-10-16  
Sexual health is a difficult topic for many people to discuss and remedy when problems arise. The unique circumstances of veterans and military personnel warrants a special look at the subject that considers their special life issues. Here, Drew Helmer offers an overview of sexual health and addresses common questions.

**Handbook of Sexuality-Related Measures** - Clive M. Davis 1998

Fundamental to understanding human sexual expression is reliable and valid measurement and assessment. Many instruments have been developed to measure a myriad of sexuality-related states, traits, behaviors, and outcomes. Few are easily accessible and the information is limited concerning appropriate use and psychometric properties. In *Handbook of Sexuality-Related Measures*, more than 200 instruments are reproduced, accompanied by the necessary information for their use in research, as well as educational and clinical settings. Measures relating to more than 50 topics are included. Examples are abortion, aging, arousal, general and specific attitudes and behavior, contraception, dysfunctions, education, experience, gender identity, homosexuality, ideology, jealousy, knowledge, masturbation, orgasm, rape, and sexually transmitted diseases. Each chapter describes the

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development and appropriate use of each instrument, giving information on timing, scoring, and interpretation. Reliability and validity data are summarized and completely referenced. Nearly all articles include the entire instrument; others provide illustrative content from the instrument and give all necessary information to obtain the instrument.

**Teenagers, Sexual Health Information and the Digital Age** - Kerry Mckellar 2020-01-06

Teenagers, Sexual Health Information and the Digital Age examines the online resources available on teenagers, including games and digital interventions. In addition, it highlights current issues such as sexting and pornography. Information needs and provisions are examined, and existing sexual health interventions and digital interventions are discussed, gathering both teenagers' and sexual health professionals' views on these services. In addition to a review of the current literature on sexual health and teenagers, the book examines groups of

teenagers, particularly those vulnerable to risky sex and asks what are the predictors of these behaviors and what can be done to address the behaviors. Finally, the book will also provide reflections and practical advice on the ethical issues associated with research in this context. Provides guidance on the ethical issues with research associated with this topic Covers both teenagers' information needs as well as their existing levels of knowledge Assesses how teenagers engage with, and evaluate, sexual health information Addresses the challenges inherent in the online environment, such as unreliable and misleading information

**Sexual Health** - Meredith Temple-Smith 2014-12-01

Sexual health is now seen as multi-dimensional, a product of complex interplay between biological, psychological, and socio-cultural factors. This book brings together 34 expert Australian practitioners and researchers to provide a comprehensive, authoritative, up-to-

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date, and stimulating perspective on sexual health. In numerous and significant ways the book differs from its predecessor-volume, published in 2005. Chapters are now grouped in to five parts: § Sexual health in Australia; § Foundations for sexual health; § Sexual health in clinical practice; § Sexual health in specific populations; and § Prevention and promotion. All original chapters have been thoroughly reviewed and updated. Six new chapters are included, on: § Sexual health in society; § Contraception, and options for unintended pregnancy; § The legal environment of sexual healthcare practice; § Lesbian, gay, bisexual, and transgender people; § Health promotion; and § Prevention strategies. Chapters on sexual health in adolescence and in older adults have been expanded. A section on refugees is now included (with sections on homeless youth, sex workers, and prisoners) in a chapter on the sexual health of 'other vulnerable populations'. This book is one-third longer than its predecessor-volume. For tertiary-level

students of nursing, medicine, public health, health promotion, and sexology, this new book will continue to be an ideal textbook. For healthcare practitioners working in reproductive health, sexual health, maternal and child health, and many other specialist fields, it will be an invaluable first reference.

*Get to Know Yourself* - Thelma Xavela Maluleke  
2014-09-19

“Get to know yourself: A training package for health promoters, health educators, community health workers and peer educators promoting sexual health among young people promoting sexual health among young people” consists of two part, Part one is a book entitled “Get to know yourself: A sexual health guide for young people” and Part Two a handbook entitled “Get to know yourself: A handbook for health promoters and peer educators facilitating sexual health programmes among young people”. The package was developed to assist under resourced communities and countries in

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accessing sexual health information that will have a positive impact on the lives of young people. This training package can also be used by health professionals and other professionals to facilitate sexual health workshops in schools, youth organisations or clubs, puberty rites or initiations, and religious organisations.

**Sexual Health Protection, Culture and Community** - Idali M. Torres 2016-12-20

This represents the third time our journal, the "International Quarterly of Community Health Education" has run a special issue. This one, "Sexual Health Protection, Culture, and Community: Contributions of Anthropology to Community Health Education", represents perhaps the most comprehensive treatment of a subject in a single issue. It also is the longest (155 pp.) and has more articles (nine) than any one of our sixty-six issues to date!

*Exploring the Dimensions of Human Sexuality* - Greenberg 2016-02-19

Fully revised and updated with the latest data in

the field, the Sixth Edition of *Exploring the Dimensions of Human Sexuality* represents all aspects of human sexuality and explores how it affects personality, development, and decision making. Using a student-friendly interpersonal approach, the text discusses contemporary concepts as well as controversial topics in a sensitive manner, and covers the physiological, biological, psychological, spiritual, and cultural dimensions of human sexuality. *Exploring the Dimensions of Human Sexuality* is an essential text for teaching sexuality and presents an integrated view of human sexuality that encourages students to pursue positive decisions, sexual health, and a lifetime of wellness.

**Dr. Moyad's Guide to Male Sexual Health** - Mark A. Moyad 2012-07-10

There is perhaps no medical topic that is discussed less than male sexual health. True that it is the basis of countless tasteless jokes, but seldom is the subject approached in a frank and

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understandable fashion. Renowned expert on male sexual health and complementary medicine, Dr. Mark Moyad provides men with the “look under the covers” that they have been searching for. What factors contribute to erections and what can a man do as he ages to promote a healthy sex life? What is the connection between diet, health, and sexuality? Are there true aphrodisiacs? What about the testosterone replacement therapy that commercials tout? Are there supplements that actually work to enhance male sexual function? Dr. Moyad takes an unvarnished and candid look at all the topics that men and their partners have wondered about and answers the questions that they have been afraid to ask.

*Sex after Service* - Drew A. Helmer 2014-12-11  
Military service members and veterans are perhaps particularly vulnerable to sexual dysfunction given some common experiences in the military and during combat deployments. Deployment to a combat theater is an inherently

stressful experience, made worse with actual combat exposure and other physical and psychological hardships and trauma. This in turn contributes to higher rates of physical damage (including traumatic brain injury and amputations), post-traumatic stress disorder, and unhealthy coping mechanisms (alcohol and substance abuse). Medications commonly prescribed to treat or manage these conditions can also contribute to sexual dysfunction. Perhaps worst of all, the most intense period of experiencing these complications is likely to occur in the service member’s or veteran’s 20s and early 30s, the life stage at which most Americans are dating, selecting a partner, and creating a family. Sexual dysfunction can have significant impacts on all of those important activities. This book serves as an authoritative resource for military service members, veterans, and those who love them, on all manner of sexual health issues. Starting with an introduction to the basic concepts of sexual

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health, Helmer then goes on to discuss the effects of combat on overall health, sexual health and function, and differences in those effects on men and women. Including Veterans' stories throughout, the book illustrates some of the challenges and complex situations empathically and in nonjudgmental terms. While many service members join and experience combat before the age of 30, the author also considers the effects of aging and life stage on sexual health and function in military personnel. Finally, Helmer clearly articulates a process for determining if there is a sexual health issue that rises to the

level of a problem and what can be done about it. This is handled with a positive, hopeful tone and general, yet effective, suggestions on where and how to seek assistance.

[Sex, Technology and Public Health](#) - M. Davis  
2008-11-27

Exploring the implications of the internet and bio-technologies for intimate and sexual life, this book discusses the concept of citizenship in relation to the extension of public health through the internet, and reveals concerns that sexually transmitted infections and HIV are associated with such technologies.

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