

Case Studies In Sex Therapy

Sex Therapy Manual Patricia Gillan 1991-01-15 A straight-forward step-by-step guide for sex therapists, marital therapists and other professionals involved with counselling those with sexual problems. The book is clearly and logically written to form a manual for use in practice. The book conveniently divides sexual problems into the difficult and easy to treat. Each problem is fully discussed and ways in which they can be managed and treated outlined. Discussion techniques are explained and illustrated by actual case-studies with patient/therapist dialogues and guidance is given on how to deal with the various responses of clients. Dr Gillan has pioneered group therapy and separate chapters are devoted to managing women's groups, men's groups and mixed groups. Techniques of individual and couple therapy are discussed in detail and examples of actual case histories appear throughout the book.

Treating Sexual Desire Disorders Sandra R. Leiblum 2010-04-16 The loss or lack of interest in sex is a common complaint in sex therapy. Organized around in-depth case presentations, this book showcases effective treatment approaches for individuals and couples. The contributors are highly skilled therapists who explore the complexity of sexual desire problems and offer detailed descriptions of clinical techniques. The book illuminates the complex interplay of biological, psychological, interpersonal, contextual, and cultural factors that need to be considered in assessment and intervention. Concise chapter introductions by editor Sandra R. Leiblum summarize key themes and provide a context for understanding each author's approach.

The Men on My Couch Brandy Engler 2012-12-31 WHAT MEN WANT. WHAT MEN FEEL. WHAT WOMEN NEED TO KNOW. When Dr. Brandy Engler opened her sex therapy practice for women in Manhattan, she got a big surprise. Most of the calls were from men. They wanted to talk about womanizing, porn addiction, impotence, prostitutes—and most of all, love. Her patients were everyday guys from all walks of life. Among them were David, the Wall Street hotshot and compulsive womanizer; Charles, an introvert who kept pushing away the fiancée he thought was too beautiful for him; Paul, the self-made man who visited massage parlors despite his sexy wife; and the men's group whose stark revelations about male anger and their search for the right woman will open your eyes. In *The Men on My Couch*, Dr. Engler allows readers inside those private sessions to witness her exciting and evocative encounters with what men desire and fear. Dr. Engler tells her own story, too. At first her patients' revelations are painful and disconcerting, especially against the backdrop of her own difficult love affair. Yet Dr. Engler lets readers experience how she evolves both professionally and personally, from chagrin to compassion, and reconciles her idealized notions of love and sex with the unexpected and raw truths she hears in the office. *The Men on My Couch* is unlike books you've read before. There are no tired facile conclusions or pejorative generalizations. Here are fresh insights into modern sexual maladies, gleaned from real people having real struggles and experiencing real epiphanies—in the real world. This book will change how both women and men think about love, sex, and desire.

The New Sex Therapy Helen Singer Kaplan 1974 1. the anatomy and physiology of the sexual response 2. the brain and sex 3. hormones and sex 4. the effects of illness on sexuality 5. the effects of drugs on sexuality 6. the effects of age on sexuality 7. the immediate causes of sexual dysfunctions 8. conflict intrapsychic causes of sexual dysfunctions 9. the relationship dyadic causes of sexual dysfunctions 10. learned causes of sexual response 11. Basic principles of sex therapy 12. the therapeutic experiences 13. the psychotherapeutic session 14. other issues in sex therapy: conjoint treatment of couples, the use of co therapists 15. erectile dysfunction (Impotence) 16. premature ejaculation 17. retarded ejaculation 18. general sexual dysfunction (Frigidity) 19. orgasmic dysfunction 20. vaginismus 21. the results of sex therapy 22. sexual dysfunction in both partners 23. sexual

dysfunctions and psychiatric disorders 24. sexual dysfunctions and marital discord.

Principles and Practice of Sex Therapy Kathryn S. K. Hall 2020-06-03 This widely used clinical reference and text--now significantly updated with 75% new material reflecting therapeutic advances, diagnostic changes, and increased coverage of sexual minority groups--comprehensively addresses sexual problems and their treatment. Prominent contributors interweave theory, research, and clinical considerations. Detailed case examples illustrate the process of assessment and intervention with individuals and couples across the lifespan, with attention to gender-related, cultural, and health concerns. The volume features an integrative introduction and conclusion, plus an instructive editorial commentary at the beginning of each chapter. New to This Edition *Many new authors and extensively revised chapters. *Coverage of advances in sexual medicine, ICD-11 diagnostic changes, and other timely topics. *Chapters on sexual aversion, female sexual arousal disorder, and out-of-control sexual behavior. *Chapters on the transition to parenthood and the treatment of sexual concerns in the BDSM community and adult transgender clients. *Chapters on additional medical issues: cancer and spinal cord injury.

New Sex Therapy Helen Singer Kaplan 2013-10-28 First published in 1975. Routledge is an imprint of Taylor & Francis, an informa company.

Sex Made Simple Barry W. McCarthy 2015-06-15 Everything you wanted to know about integrating Sex therapy into your practice, Sex Made Simple is a comprehensive guide to healing sexual issues and dysfunction, with dozens of strategies, techniques and methods to promote healthy sexuality for couples and individuals. Tools for couples to maintain strong, resilient sexual desire, Strategies to move past affairs, sexual trauma, variant arousal, Framework for counseling gay individuals and couples, Treating sexual dysfunction, Psychosexual skill exercises, Psychobiosocial model for assessment, treatment and relapse prevention, Case studies Book jacket.

A Therapist's Guide to Consensual Nonmonogamy Rhea Orion 2018-03-05 Consensual nonmonogamy (CNM) means that all partners in a relationship consent to expanded monogamy or polyamory. Clinicians are on the front line in providing support for the estimated millions pioneering these modern relationships. This first available guide for therapists provides answers to prevalent questions: What is the difference between expanded monogamy and polyamory? Is CNM healthy and safe? Why would someone choose the complexities of multiple partners? What about the welfare of children? Through illustrative case studies from research and clinical practice, therapists will learn to assist clients with CNM agreements, jealousy, sex, time, family issues, and much more. A Therapist's Guide to Consensual Nonmonogamy serves as a step forward toward expanding standard clinical training and helps inform therapists who wish to serve the CNM population.

The Cultural Context of Sexual Pleasure and Problems Kathryn S. K. Hall 2012-09-10 Using rich case material and research presented by distinguished authorities in the fields of sex, couple, family, and psychotherapy, this edited book contributes to our efforts to help individuals and couples increase their sexual satisfaction. The authors explore social and cultural backgrounds, the meaning of sexual problems in specific cultural contexts, and the way in which culture presents challenges to traditional psychotherapy. More importantly, they answer the question: should therapists accept any and all behaviors, values, and attitudes that are considered normal, even if they violate the therapist's own cultural standards? The case studies identify challenging cultural issues and provide clinicians with culturally sensitive treatment options. The book's sections also separate chapters based on the degree to which psychological treatments are recognized and utilized for dealing with sexual problems in different countries, making it an ideal reference for professionals and students. The concluding chapter looks at culture through the lens of the provider, rather than the patient, and ties together the major themes and questions posed.

Case Studies in Sex Therapy Raymond Rosen 1995-05-19 With simple cases of premature ejaculation or anorgasmia becoming increasingly rare, clinicians are now utilizing a sophisticated array of multidisciplinary approaches to treat a complex variety of challenging problems and patient

populations. Bringing together, under one cover, case studies and clinical discussions by the very authorities whose work is changing the field, *Case Studies in Sex Therapy* provides a state-of-the-art guide to current clinical practice. Chapters in the first section focus on cases of sexual desire disorders and explore such issues as desire disparity between partners, clinical interventions in marital and sex therapy, biological aspects of inhibited sexual desire, treatment considerations with a homosexual couple, the application of integrative therapy for treating secondary low sex desire, and the many factors that may contribute to sexual avoidance. The next section demonstrates both the opportunities and the complex challenges posed to the clinician by the array of new medical, surgical, and pharmacological therapies. Addressing the growing interest in sexual addiction and compulsion, the third section covers controversial issues such as the treatment of a sexually addictive client and the treatment implications when a client has been sexually exploited by another therapist.

Contemporary Male Sexuality Barry McCarthy 2020-12-29 This accessible guide confronts myths and pressures surrounding men and sex, promoting a positive and healthy model of male sexuality that replaces traditional expectations. The chapters in this book engage with cultural assumptions about male sexuality, from harmful early messaging, to the importance of enjoying intimacy, pleasure, and eroticism over the age of 60. The authors challenge the effects of toxic masculinity and traditional gendered roles in sex, celebrating sexual diversity, confronting double standards, and empowering men and couples to develop an equitable sexual bond. Case studies and psychosexual skill exercises are integrated throughout to make each concept personal and concrete, and incorporate the Good Enough Sex (GES) model to promote an authentic sexual self throughout the lifespan. With a focus on mutual consent and pleasure, *Contemporary Male Sexuality* offers a new model of male sexuality that helps men and couples achieve a satisfying, secure, and sexual bond, replacing damaging expectations with healthy sexual values.

How Psychotherapy Helps Us Understand Sexual Relationships Cherry Potter 2019-08-28 In this fascinating book, Cherry Potter takes readers on her personal and professional quest for insights into sex, relationships and gender differences. Why do we feel what we feel, and do what we do? What is the impact of 'performance anxiety' on men, and on society generally? Why are women still faking it? Is ubiquitous online porn turning the clock backwards? The book delves into the work of Freud, Klein, Bowlby and recent developments in attachment theory for insights into our conscious and unconscious fears and desires, and introduces readers to a range of fascinating clients. These include Jeremy, who was so ashamed of his virginity he was unable to have a relationship; Ellie, who repeatedly fell in love with unobtainable men; Kieran, whose fear of abandonment threatened to wreck his gay relationships; Dulcie, who for years had been unable to face the truth that her husband was having multiple affairs; and Lars, who was addicted to online porn and prostitutes. The book shows how the work between therapist and client is a process of learning together, which is at times painful and deeply moving, but can also reflect a renewed vitality and hope for the future, particularly when it comes to talking about sex. *How Psychotherapy Helps Us Understand Sexual Relationships: Insights from the Consulting Room* will be of great interest to both the general reader as well as psychotherapists and counsellors.

An Intersectional Approach to Sex Therapy Reece M. Malone 2021-12-20 When a Black, Indigenous, or racialized individual or relationship works with a sex therapist, a host of cultural circumstances can contribute to intimacy discord and sexual dysfunction. This collection brings together clinicians and educators who share their approaches, bridging sex therapy with a client's relationship to their racial, cultural, and ethnic identity. This essential book aims to enhance therapists' supervisory practices and clinical treatments when working with culturally diverse and marginalized populations, fostering greater understanding and awareness. Innovative tools that integrate the impacts of acculturation, minority status, intersectionality, and minority stress are discussed, with case studies, demonstrations, and critical questions included. This collection is a necessary read for anyone who is training to be or who is an established sex therapist, marriage and family therapist, relationship counselor, or sexuality

educator and consultant.

New Directions in Sex Therapy Peggy J. Kleinplatz 2012 *New Directions in Sex Therapy, Second Edition*, focuses on cutting-edge, therapy paradigms as alternatives to conventional clinical strategies. It expands the definition of our field and is intended for anyone who deals with sexual issues and concerns in therapy- clinicians of every kind, novices and advanced practitioners-rather than only those who define themselves as sex therapists.

Sex Therapy with Erotically Marginalized Clients Damon Constantinides 2019-03-28 *Sex Therapy with Erotically Marginalized Clients: Nine Principles of Clinical Support* provides a clinical guide to relational sex therapy with individuals, partnerships, polyships, and alternative family structures where one or more of the clients are erotically marginalized. This term refers to people who are at risk of being pathologized and oppressed both outside and inside the clinical setting due to their gender identities, sexual orientations, or sexual practices. The book outlines nine principles for therapeutic practice which meet the needs of erotically marginalized clients, whose forms of sexuality and desire are rarely spoken about and for whom there is a dearth of language in therapeutic contexts. Each principle concludes with a series of 'key points' and then followed by illustrative clinical case studies, contributed by sex therapists and clinicians who self-identify as erotically marginalized and who also work with erotically marginalized clients. The book also provides a full glossary, 'Defining Erotically Marginalized Identities'. The authors and case contributors use a radical and affirming lens to examine erotically marginalized identities that are often neglected. The book bridges gaps between the past, present, and future in the field of sex therapy and greatly expands the diversity of experiences and identities within the field, particularly the experience of multiple oppressions. The book marks a valuable contribution not only to sex therapists but to the wider clinical and therapeutic community.

The Wiley Handbook of Sex Therapy Zoë D. Peterson 2017-04-24 *The Wiley Handbook of Sex Therapy* is a comprehensive and empirically-based review of the latest theory and practice in the psychotherapeutic treatment of sexual problems across client populations. Structured in four sections covering specific sexual dysfunctions, theoretical approaches to sex therapy; working with client diversity; and future directions in sex therapy. Advocates a holistic approach to sex therapy with a focus on using a range of psychotherapeutic theories and techniques rather than only the most popular behavioral strategies. Includes case studies which highlight the broad spectrum of diverse conditions that clients can experience and which sex therapists can therefore encounter in the consulting room. Includes contributions by more than 60 experts from a wide range of disciplines.

Disorders of Sexual Desire and Other New Concepts and Techniques in Sex Therapy Helen Singer Kaplan 1979

Naked Ghosts Carol G. Wells 1992-10

Working with Sexual Issues in Psychotherapy Desa Markovic 2017-08-25 Whilst many psychotherapists work skilfully and creatively with the subject of sex, the lack of professional support systems – such as training and supervision – mean that the topic is often still treated as taboo in the psychotherapy room. This secretive treatment may increase clients' feelings of shame and embarrassment, thus mirroring the confusing views on sexuality in society and leading to the onset and development of sexual dysfunctions. Bringing the medical perspective of sexology together with systemic psychotherapy informed by social constructionism, this timely book seeks to fill the gap in psychotherapy literature, research and training by providing a theoretical framework, as well as practical guidance, for effective therapeutic interventions in working with sex and sexual relationships in clinical practice. Exploring topics such as sexual prejudice, the significance of sexual diversity and the assessment and treatment of sexual dysfunctions, enriched with a wealth of engaging case studies, *Working with Sexual Issues in Psychotherapy* is a fascinating and important read both for students new to this complex topic, and for practitioners looking for a comprehensive source of reference.

What Every Mental Health Professional Needs to Know About Sex Stephanie Buehler, PsyD, CST-S 2013-07-29 Although sexual issues frequently arise in therapeutic practice, mental health professionals are often uncomfortable and poorly equipped to address them. Written by an author who is both a psychologist and sex therapist, this practical guide provides information, tools, and exercises to increase the confidence and comfort of the mental health professional called upon to treat sexual issues during the course of therapy. The book is based on the premise that the therapist must be comfortable with his or her own sexuality in order to offer appropriate treatment. This guide discusses the characteristics of healthy sexuality-for both client and therapist-and explores the reasons that may underlie a therapist's discomfort with addressing sexual issues. Using case studies and sample dialogues, it covers a multitude of common and unusual sexual problems, couple's issues, questions that parents may have about sex, working with LGBT clients, sex for survivors of trauma, sexuality and aging, sexual pain disorders, and how to assess whether more extensive sexual therapy is needed. The guide demonstrates how therapists in different modalities can incorporate treatment of sexual problems into their practice, and covers relevant ethical issues. Included is a downloadable set of practitioner's resources that includes worksheets and client handouts that can be immediately put to use. Additionally, the book provides resources for more in-depth information and discusses collaboration with other health professionals. Key Features: Discusses how to comfortably and effectively discuss, assess, and treat clients' sexual concerns Supported by case studies and therapist/clinician dialogues Includes "Step Into My Office" sidebars taken from the author's own experience Provides downloadable resources including assessments, worksheets, and client handouts

Treating Sexual Distress Jane D. Woody 1992-04-23 This book offers therapists an updated and expanded understanding of traditional sex therapy and the opportunity to sharpen clinical skills. The author provides sex, marital and family therapists with a detailed review of sexual distress and sex-focused techniques and offers an integrated treatment format. For other mental health professionals and trainees, it serves as an introduction to the nature and treatment of sexual distress, its historical precedents and current theoretical advances towards an integrative therapy for relationship and sexual problems. Numerous case studies are used throughout.

Case Studies in Sexual Deviance William T. O'Donohue 2013-10-08 The assessment and treatment of sexual deviance can be very difficult tasks, and it can be hard to find mentors to provide initial skills training and help in navigating the many complexities of a particular case. This book presents a series of case studies from international experts in the field that depict the evidence-based assessment and treatment of a variety of paraphilias. Intended as learning tools readers can use as models and from which they can gain insight, these case studies are offered as exemplars of clinical problem solving. The authors of each chapter provide research evidence that justifies treatment decisions, explain their assessment strategies and case formulations, and provide information about how to navigate common problems a clinician will encounter, such as denial, poor motivation, and co-morbid problems. A variety of assessment instruments and treatment strategies are also illustrated. Both new and experienced clinicians will find this book to be an invaluable resource in their own work.

Sex in the Therapy Hour Carolyn M. Bates 1993-09-01 Written for professionals and consumers in the mental health field, *Sex in the Therapy Hour* bridges the gap between professional understanding and public awareness on the issue of sex between therapists and their patients.

Handbook of Sex Therapy Joseph LoPiccolo 2012-12-06 When is it timely to publish a synthesis of previously published and original materials from a specific discipline? I believe it to be timely when one has a sufficient amount of high-quality material covering the critical areas of that topic, when the previously published material is scattered over a wide range of journals and books, and when there is no single book that synthesizes the discipline. The treatment of sexual dysfunction emerged to the front lines of health delivery only during the past decade with the pioneering work of William Masters and Virginia Johnson. In spite of the rash of sex clinics and sex therapists that followed, precious little solid research has been

conducted on the various strategies of therapy, the means of assessing complex interpersonal sexual relationships, and the manner by which clinical change is objectively assessed. No one reader can keep pace with the multitude of journals that publish key material by sophisticated investigators. And no one investigator can cover these salient areas alone with his or her original work in a single volume. The critical papers have now been written. Ten were written specifically for this volume and thirty-three have previously appeared. This volume laces them together into a coherent pattern. Thus, the time for a synthesis in sexual dysfunction.

The Etherized Wife Leslie Margolin 2021 "The Etherized Wife provides a comprehensive examination of the evolution of sex therapy through the prism of gender. The book makes the argument that in sex therapy, like other domains of life in which men set the standard of normality, women have been judged normal to the degree they match men's expectations. What is particularly striking about this bias is that it contradicts therapists' overt identification with feminism and the battle against women's inequality. To support these claims, Leslie Margolin maps a series of case studies drawn from the discipline's own literature—the articles and books that have been, and continue to be treated as exemplars of the discipline's collective consciousness. Through examination of case studies which focus on discrepancies in sexual desire, where the man wants more sex and the woman less, the book shows how therapists have favoured the man's side. The Etherized Wife shows how the sex therapy discipline has unintentionally enshrined male sexuality as the model of normal, natural, healthy sexuality"--

Sexual Desire Disorders Helen Singer Kaplan 2013-06-17 First published in 1995. Recent research indicates that there has been a steady increase in the number of patients seeking help with various sexual desire problems. The Sexual Desire Disorders, an exciting volume from one of the foremost authorities in the field of sex therapy and human sexuality, explores in-depth the human sexual response, with emphasis on various therapeutic approaches to the treatment of sexual dysfunctions and particular disorders of sexual desire. The book examines not only the historical perspectives of these disorders, but the most recent research, thinking, and acceptance of these problems as a real clinical phenomena. This volume focuses primarily on the dysfunctional regulation of sexual motivation. Dr. Kaplan applies her comprehensive, integrated, psychodynamically oriented sex therapy approach when addressing the etiology, clinical features, and diagnostic criteria of these disorders. The author also examines psychiatric disorders that can lead to a loss of sexual desire, as well as some organic causes, including medical conditions, drugs, and age. Finally, Sexual Desire Disorders presents over 30 case studies that cover treatment approaches for a wide variety of sexual desire disorders, ranging from hyperactive sexual desire in a married bisexual man to a loss of sexual desire due to infertility treatment.

Finding and Revealing Your Sexual Self Libby Bennett 2010-04-16 Finding and Revealing Your Sexual Self integrates case studies and 'Sexercises' designed to enhance the information in each chapter. The tone of the book is one of compassion with a common sense approach that takes into account various sexual orientations. Special 'Sexual Healing' sections are dispersed throughout, containing relevant questions and answers relating to the difficulties that arise in different areas of sexuality and communication. The methods used in the book are tried and true exercises successfully used by the authors in couple and individual therapy. Finding and Revealing Your Sexual Self helps readers to become sexually self-aware and able to share this awareness with their partner, while providing the tools to discuss sex with professionals, if necessary.

Sensate Focus and the Psyche Susan Pacey 2023-10-20 Sensate Focus and the Psyche explores in depth both psychoanalytic and psychosexual perspectives of sensate focus, a programme of touching exercises for couples with sexual problems, and in so doing provides an original, integrated model for understanding the conscious and unconscious impact of this tactile intervention on couples in treatment. Susan Pacey reviews the historical relationship between psychoanalysis and sex therapy and the splitting of mind, body and relationship since Freud. She illustrates how the tactile intervention can help repair the early life impingements on partners' individual development that mobilise anxieties about sexuality and shame

in adulthood. Case studies illustrate how sensate focus can help conceptualise unconscious embodied memories, repair shame, encourage Winnicottian play, work through transitional phenomena and develop psychological space, establishing a platform for the healthy expression of adult sexuality. Pacey discusses how sexual desire and aggression are inextricably linked in the human psyche, proposing that sensate focus can help enable positive aggression necessary for sex and reduce the potential for partners' anxieties about their psychological separateness. Lastly, she proposes judicious use of this powerful, tactile intervention and highlights contraindications. *Sensate Focus and the Psyche* will be essential reading for all psychotherapists who work with individuals, couples and families.

New Directions in Sex Therapy Peggy J. Kleinplatz 2013-05-13 *New Directions in Sex Therapy: Innovations and Alternatives* focuses on cutting-edge therapy paradigms as alternatives to conventional sex therapy and expands the definition of the field. Replete with helpful clinical illustrations to demonstrate these new approaches in action, this book is intended for anyone who deals with sexual issues and concerns in therapy, clinicians of every kind, in addition to sex therapists.

Sand Therapy for Out of Control Sexual Behavior, Shame, and Trauma Peg Hurley Dawson 2023-09 "This book is designed to educate sex therapists in the power of using sand when treating sexual issues, providing guidance in accessing their clients' unconscious to seek new ways of healing. Uniquely integrating sex therapy with sand therapy, Dawson describes how understanding and applying non-pathological theories and neuroscience to different modalities, such as internal family systems and polyvagal theory, can help clients move forward from shame, sexual dysfunctions, and trauma. The book begins by introducing how sex therapists can use sand as a doorway into using metaphor and imagery in their practice, with information on how the nervous system keeps somatic experiences trapped in the body being explored. Written in an easy, accessible style, the book also includes handouts, belief cards, and case studies throughout to help therapists see the benefits of using sand with clients in practice. Including forewords by Dr. Lorraine Freedle and Doug Braun-Harvey, this book is geared toward mental health professionals, such as sex therapists and marriage and family therapists, who are working with individuals and couples seeking treatment from complex trauma and sexual issues. It will appeal to students as well as advanced mental health clinicians looking to expand their therapeutic tool kit"--

Sex, Social Justice, and Intimacy in Mental Health Practice Erin Martinez-Gilliard 2023-03-21 This book aims to equip mental health professionals to integrate discussions of sexual identity, health, wellness, and intimacy into the scope of their client's mental health, ensuring they are well-prepared to incorporate sexual functioning into core assessment, interventions, and treatment. We exist in societies that are scared to discuss sexual health, identity, and relationships, and the stigma surrounding these topics saturates our mental health professions. Sex, intimacy, and sexual identity have historically been relegated as "specialized" topics when training new clinicians, which has led to professionals feeling unable and unskilled to speak about a core part of their client's psychological, biological, physical, and relational health. Viewing this as a social justice issue, this book addresses a movement in the counseling field to incorporate sexual health into therapy as well as providing new ways of foundational teaching. Chapters begin exploring the history of sex therapy and the problems that have previously been addressed as concerns for the sex therapy field only, before discussing issues surrounding transference and countertransference. Encouraging self-reflection regarding values, bias, and attitudes related to topics of sexuality, the book moves to discussing strategies and integrative approaches to co-occurring conditions, such as trauma, diagnosis of sexual difficulties, stigma and societal messages, biopsychosocial treatment, networking, and coordination of care and spiritual health and healing. Including journaling exercises, assessment tools and case studies of how to weave approaches addressing sexual concerns into practice, this book will provide graduate courses and continuing education instructors with the core material to assist the training and development of future and established professionals.

Sexual Medicine in Clinical Practice Klaus M. Beier 2012-11-05 Call it a remnant of our Victorian past, but sexual concerns lag behind other aspects of health, both in the training of physicians and therapists and in the way they impart this knowledge to clients. But as sexuality gains recognition as crucial to one's quality of life, evidence-based methods of understanding and discussing sex are imperative—and not only in treating pathology. *Sexual Medicine in Clinical Practice* provides framework, rationale, and strategies for both approaching sexual problems and addressing patients' questions about sexual health, behavior, and relationships. Analyzing sexuality along three dimensions—attachment, reproduction, and desire—this concise manual offers a biopsychosocial lifespan model readily translatable into clinical work. This “syndyastic” framework integrates attachment and relational theory to reinforce the bond between intimacy and connectedness, and models nonjudgmental approaches to disorders of sexual function, maturity, preference, and behavior. The authors' salutogenic rather than pathogenic focus lets clients become major players in their own healing, and the therapist or doctor serve as expert and guide. Among the topics covered: The communicative function of sexuality. The spectrum of sexual disorders. Principles of diagnostics in sexual medicine. Disease-centered versus client-centered aspects of sexual therapy. Therapeutic approaches for sexual traumatization. New challenges, including preventing child sexual abuse and online sex crime. Plus case studies, interdisciplinary references, and ethical issues. A timely, perspective- and practice-altering volume, *Sexual Medicine in Clinical Practice* is essential reading for family and primary care physicians, family and sex therapists, health psychologists, and psychiatrists.

New Sex Therapy Helen Singer Kaplan

EMDR Therapy and Sexual Health Stephanie Baird, MS, LMHC 2021-12-14 The first book to integrate EMDR Therapy treatment of sexual trauma with a focus on helping clients achieve empowered sexual health This unique text provides EMDR clinicians with a complete toolkit, assisting sexual trauma survivors in moving from symptomology reduction/elimination to optimal sexual health and functioning. By integrating sexual health and EMDR Therapy together throughout this innovative book, the Adaptive Information Processing (AIP) Model is applied to sexual health, with sexual health-related material blended into all eight phases of the EMDR Protocol. Encompassing principles and best practices of current helpful positive sexual health frameworks, including fundamental sex therapy information and sex education models, this first of its kind EMDR Therapy resource disseminates essential information on anatomy, the history of sex research, Sexually Transmitted Infections (STIs) and pregnancy related issues, the Dual Control Model of arousal and desire, spontaneous and responsive desire, arousal non-concordance, models of consent for sexual activities, and out of control sexual behaviors. This guide considers the gender experience of trauma for all EMDR Therapy clients, covering challenges, concepts, and helpful strategies for discussing sensitive sexual health matters. It addresses sexual/affectional orientation, consensual non-monogamy, and how EMDR Therapy can help address the sexual health concerns of erotically marginalized populations. Also covered are matters of aging and spirituality as they impact sexual health. Packed with helpful resources such as questionnaires, guidelines, case examples, charts, cutting-edge diagrams, and anatomy illustrations with non-gendered labels, EMDR therapists will gain the knowledge and confidence they need to facilitate optimal sexual health for the clients in their practice. Key Features: Reinforces innovative content with abundant and diverse case studies Includes first-time publication of two valuable questionnaires: Sexual History Questionnaire and Sexual Styles Survey Delivers new EMDR Therapy resources for facilitating sexual health--Bubble Boundary and Self-Compassion Container Provides a new EMDR Therapy future-oriented resource--Strengthening a Confident and Joyful Sexual Self Examines in-depth sexual/affectional orientation, relationship status such as consensual non-monogamy, and pregnancy loss Includes helpful, nonjudgmental, and affirming information about the kink/BDSM population Provides an overview of EMDR Therapy and sexual health for individuals with physical and intellectual disabilities Describes important sexual health frameworks and concepts Includes sex-positive resources for further education along with client handouts

Sex Addiction Ralph H. Earle 1995 First published in 1995. Routledge is an imprint of Taylor & Francis, an informa company.

The New Sex Therapy Helen Singer Kaplan 1974

Tell Me about the Last Time You Had Sex Ian Kerner 2021-06 Maybe You Should Talk to Someone meets Come As You Are. Renowned sex therapist and New York Times bestselling author Ian Kerner shares the program he uses to help thousands of couples achieve more intimacy and better sex. Think about the last time you had sex. Who initiated it? When and where did it happen? What was off-limits and why? In the end, did the sex leave you motivated to have more? Over the years, internationally recognised sex therapist and author of She Comes First, Ian Kerner, has perfected the art of the 'sex script analysis' - a way of looking at your sex life in action, moment by moment. In those details, an entire world is revealed. When the script works, we drop down into arousal and lose ourselves in pleasure. But when the script fails, it's all we can do not to ruminate over the details. In this book, Kerner shows you how to conceptualise and create a sex life that works for you. He helps you figure out what's working, what's not, where you might be missing some elements, and how to construct a sex script that is mutually satisfying. He also discusses many common sexual problems - such as low desire, mismatched libido, and erectile unpredictability - that may be interfering with your sex life. Combining clinical insight, the latest sexual science and research, case studies, homework assignments, and more, this is a book that does more than just talk about sex; it's a book that will get you to do something about sex.

Master Conflict Therapy Stephen J. Betchen 2018-04-17 Illustrated with case studies, this book teaches couples and sex therapists the comprehensive, integrative treatment approach of master conflict therapy (MCT), which combines psychoanalytic conflict theory and Bowen Theory with the basic principles and practice of sex therapy. MCT suggests that each partner has an internal conflict born out of their experiences from their respective families of origin. Partners then choose one another based on these conflicts, and it is only when they are out of balance that the couple experiences symptoms. The authors help clinicians treat couples through providing them with a solid theoretical foundation, a practical assessment procedure, and highly effective treatment techniques to re-balance a couple and, in turn, alleviate their sexual symptoms.

All about Sex Therapy P.R. Kilmann 1983-03-31 An in-depth study of recent developments in the field of sex therapy presents detailed descriptions of the diverse techniques used to enhance sexual experiences and to treat sexual problems.

Principles and Practice of Sex Therapy, Fourth Edition Sandra R. Leiblum 2006-11-30 This widely adopted text and clinical reference provides a comprehensive guide to assessment and treatment of all of the major female and male sexual dysfunctions. Leading authorities demonstrate effective ways to integrate psychological, interpersonal, and medical interventions. Every chapter includes detailed clinical examples illustrating the process of therapy and the factors that influence treatment outcomes. Winner-- Society for Sex Therapy and Research (SSTAR) Health Professional Book Award

Case Studies In Sex Therapy

Case Studies In Sex Therapy: In today digital age, eBooks have become a staple for both leisure and learning. The convenience of accessing Case Studies In Sex Therapy and various genres has transformed the way we

consume literature. Whether you are a voracious reader or a knowledge seeker, read Case Studies In Sex Therapy or finding the best eBook that aligns with your interests and needs is crucial. This article delves into the art of finding the perfect eBook and explores the platforms and strategies to ensure an enriching reading experience.

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