

Broken Boys Mending Men Recovery From Childhood Sexual Abuse Paperback

Repair Your Life - Margie McKinnon 2008-01-01

McKinnon presents a six-stage program for abuse survivors that helps them recognize and accept their adult problems stemming from childhood sexual abuse, and to process issues with tools and techniques to regain a healthy life.

We are Not Alone - Jade Christine Angelica 2002

The central features of this workbook are two first-person fictional narratives that were written for a Massachusetts District Attorney's Office to provide to victims of child abuse so that they could understand the process of criminal justice they find themselves in.

REPAIR Your Life - Marjorie McKinnon 2015-12-04

ÿR.E.P.A.I.R. is a Six-Stage Program for abuse survivors that will transform your life forever! Recognize and accept your adult problems stemming from childhood sexual abuse. Enter into a commitment to transform your life. Process your issues with tools and techniques that will enable you to become healthy. Awareness to discover reality as you gather and assemble the pieces of the broken puzzle your life became. Insight into the complete picture helps you begin to return to what you were prior to being sexually violated. Rhythm recovers the natural rhythm you had before the incest happened, the blueprint that is the essence of your true nature, becoming who you really are.

Therapists' Acclaim for ÿREPAIR Your Life "REPAIR Your Life is one of several significant books by a woman who writes openly and perceptively, using her own experiences to take us down her path to an ultimately fulfilling life. This is an important book." --Vincent J. Felitti, MD, co-principal investigator of Adverse Childhood Experiences (ACE)

Study "Thank you Marjorie and God bless you for adapting this program for our survivors to follow. You have given survivors hope to continue on their healing journey." --Donna Gustafson, Executive Director, Sunrise Center Against Sexual Abuse "This program just has to work, because whether intuitively or through research, Marjorie McKinnon has assembled a highly effective program of recovery." --Bob Rich, PhD, psychologist Special editions also available for teenagers, children 6-12, and toddlers. www.TheLampLighters.org for more information or to find a support group in your area.

Good Practice in Promoting Recovery and Healing for Abused Adults - Jacki Pritchard 2013-02-28

What constitutes real recovery for adult victims of abuse? Current support offered to adults is often poorly planned and informed; this book sheds light on the true impact of abuse and how it can be healed. Good Practice in Promoting Recovery and Healing for Abused Adults explores the idea of 'recovery' being something physical in the short-term and 'healing' as an emotional process for long-term work. The book features chapters written by practitioners and researchers from various backgrounds and gives an insight into how to be creative in helping both male and female victims through recovery and healing processes. The prologue introduces the views of victims themselves before the opening chapter considers how recovery and healing should fit into the adult safeguarding process. The chapters then describe creative therapeutic methods which can be employed to help victims recover and to heal in different settings, whilst highlighting the long-term effects of abuse and the subsequent issues to be addressed. The issues covered range from

child sexual abuse, domestic abuse and sex trafficking to the abuse of men and holocaust victims. With pedagogical features throughout, the book is essential reading for social workers, nurses, housing officers, support workers, counsellors, therapists, and for anyone working with adults who have experienced abuse in childhood or adulthood.

Men Too: Unspoken Truths About Male Sexual Abuse - Kelli Palfy
2020-01-15

Men Too: Unspoken Truths About Male Sexual Abuse is for male survivors and their supporters. It is an educational, heart-wrenching look at 13 male sexual abuse victims experience, written from the perspective of a retired police officer and registered psychologist.

Beyond Betrayal - Richard B. Gartner 2005-04

Providing empowering action steps and written specifically for survivors of male sexual abuse as well as their spouses, partners, and loved ones, Beyond Betrayal is based on Richard Gartner's decades of experience as a psychologist, psychoanalyst, and advocate for sexually abused men. Covering both male and female abuse of boys and young men, Dr. Gartner explores the different types of abuse, from sexual abuse with and without touch to covert abuse to trauma, revealing the profound impact of sexual betrayal by such caretakers as clergy, family, teachers, babysitters, and health professionals. Gartner explains how as a child one trusts out of necessity and how the betrayal of that trust ravages one's self-concept as a man while also wreaking havoc on one's relationships.

Abused Boys - Mic Hunter 1991-06-25

A long overdue book by a psychologist who has extensive clinical experience treating male victims of child sexual abuse, it explodes the myth that sexual abuse of male children is rare, or that the consequences are less serious than for girls. Hunter examines the physical and emotional impact of abuse on its victims and the factors affecting recovery. With personal case histories of victims and their families, this is a powerfully written and meticulously researched book that is a landmark in the field of child sexual abuse literature.

Trauma and Recovery - Judith Lewis Herman 2015-07-07

In this groundbreaking book, a leading clinical psychiatrist redefines how we think about and treat victims of trauma. A "stunning achievement" that remains a "classic for our generation." (Bessel van der Kolk, M.D., author of *The Body Keeps the Score*). *Trauma and Recovery* is revered as the seminal text on understanding trauma survivors. By placing individual experience in a broader political frame, Harvard psychiatrist Judith Herman argues that psychological trauma is inseparable from its social and political context. Drawing on her own research on incest, as well as a vast literature on combat veterans and victims of political terror, she shows surprising parallels between private horrors like child abuse and public horrors like war. Hailed by the *New York Times* as "one of the most important psychiatry works to be published since Freud," *Trauma and Recovery* is essential reading for anyone who seeks to understand how we heal and are healed.

Unwanted - Jay Stringer 2018-09-04

Outreach magazine 2018 Resource of the Year—Counseling & Relationships! *Unwanted: How Sexual Brokenness Reveals Our Way to Healing* is a ground-breaking resource that explores the "why" behind self-destructive sexual choices. The book is based on research from over 3,800 men and women seeking freedom from unwanted sexual behavior, be that the use of pornography, an affair, or buying sex. Jay Stringer's (M.Div, MA, LMHC) original research found that unwanted sexual behavior can be both shaped by and predicted based on the parts of our story—past and present—that remain unaddressed. When we pay attention to our unwanted sexual desires and identify the unique reasons that trigger them, the path of healing is revealed. Although many of us feel ashamed and unwanted after years of sexual brokenness, the book invites the reader to see that behavior as the very location God can most powerfully work in their lives. Counselors, pastors, and accountability partners of those who experience sexual shame will also find in this book the deep spiritual and psychological guidance they need to effectively minister to the sexually broken around them.

Victims No Longer - Mike Lew 1990

Queering Sexual Violence - Jennifer Patterson 2016-04-22

Often pushed to the margins, queer, transgender and gender non-conforming survivors have been organizing in anti-violence work since the birth of the movement. *Queering Sexual Violence: Radical Voices* from Within the Anti-Violence Movement locates them at the center of the anti-violence movement and creates a space for their voices to be heard. Moving beyond dominant narratives and the traditional “violence against women” framework, the book is multi-gendered, multi-racial and multi-layered. This thirty-seven piece collection disrupts the mainstream conversations about sexual violence and connects them to disability justice, sex worker rights, healing justice, racial justice, gender self-determination, queer & trans liberation and prison industrial complex abolition through reflections, personal narrative, and strategies for resistance and healing. Where systems, institutions, families, communities and partners have failed them, this collection lifts them up, honors a multitude of lived experiences and shares the radical work that is being done outside mainstream anti-violence and the non-profit industrial complex.

Clergy Pedophiles - Dr. James Freiburger 2010-06-29

Clergy Pedophiles is, first and foremost, a study intent on discerning characteristics specifically descriptive of clergy who sexually abuse minors. Its descriptions, interpretations, and suggestions originate from the careful study and analysis of files containing the background, intervention, and treatment records of religious figures who had voluntarily entered into an inpatient psychiatric program at the direct request or demand of a supervisor. The author's intent in the release of his findings is to increase the understanding of clergy pedophilia and aid in the recovery of its victims. If this release should foster positive change of any kind, then the effort will have been worthwhile.

The Battered Woman Syndrome - Lenore E. Walker 2001-07-26

In this latest edition of her groundbreaking book, Dr. Lenore Walker has provided a thorough update to her original findings in the field of domestic abuse. Each chapter has been expanded to include new research. The volume contains the latest on the impact of exposure to

violence on children, marital rape, child abuse, personality characteristics of different types of batterers, new psychotherapy models for batterers and their victims, and more. Walker also speaks out on her involvement in the O.J. Simpson trial as a defense witness and how he does not fit the empirical data known for domestic violence. This volume should be required reading for all professionals in the field of domestic abuse. For Further Information, Please Click Here!

New Age Journal - 1992Counselling Skills for Working with Trauma - Christiane Sanderson 2013-09-21

Counselling Skills for Working with Trauma is a practical, introductory guide to counselling survivors of child abuse, neglect, rape, sexual violence, sexual trafficking, religious sexual abuse, and domestic abuse. Written in an accessible style, it provides a comprehensive introduction to complex trauma accompanied by advice on how to create a safe environment in which survivors can learn the skills to restore control over trauma symptoms, to aid healing and post traumatic growth. The book covers all of the key principles including: understanding the role of dissociation in complex trauma; the role of attachment; managing flashbacks, panic attacks, nightmares and dissociation; responding to shame and guilt; managing relationships; and the impact of working with complex trauma. It explores how practitioners can work more effectively with trauma, and offers techniques and skills which can easily be integrated into different therapeutic models. Featuring highlighted top tips, common pitfalls and a range of exercises, this is an essential guide for all professionals working with child and adult survivors of trauma.

Not Quite Healed - Cecil Murphey 2013

How are sexual abuse survivors to overcome the challenges they are sure to face? Finding strength in community with other survivors is one key to recovery. In *Not Quite Healed*, two survivors join forces to share insight and encouragement on the issues that challenge them most. After a candid discussion about each issue, the authors provide a self-affirming statement that men can study, memorize, and recite on their darkest

days.

Broken Boys/mending Men - Stephen D. Grubman-Black 1990

The book discussed the issue of one of every six males suffering some form of sexual abuse as a child or adolescent, usually from someone known and trusted. The book describes the consequences of male sexual abuse and the ways the victims can find help in healing their pain. First-person accounts are used to illustrate the issues.

Betrayed as Boys - Richard B. Gartner 2001-01-03

More than one in six boys in the United States is sexually victimized by the age of 16. Yet in the growing professional literature on child sexual abuse, few books focus specifically on the experience of victimized boys and men. This much-needed volume examines how sexual betrayal affects boys and the ways they carry this hurt into adulthood. Blending psychoanalytic understanding with insights from trauma-oriented theory and practice, Richard B. Gartner presents effective strategies for meeting the unique therapeutic needs of men with sexual abuse histories. Filled with evocative clinical material, the book draws readers into the direct experience of these clients, the therapists who work with them, and the constantly shifting relational world they inhabit.

The Nasdijj Trilogy - Mary Scriver 2014-03

This is a reader's companion to a controversial trilogy of books by Tim Barrus published under the nom de plume of Nasdijj. Discussion is limited to the actual writing rather than comment on the writer. This man is a poet and social activist with a lifelong dedication to the welfare of children, especially boys at risk.

Managing Mental Health Problems - Nick Kates 1998

This down-to-earth handbook is designed to help family physicians and family medicine residents increase their skills in the assessment and management of a wide range of common psychiatric and mental health problems. The authors emphasize effective, time-saving strategies for the busy primary care clinician, and include numerous interviewing and management tips as well as advice on involving families, utilizing community resources and making appropriate referrals. While designed for physicians, the material is easily accessible to a broad range of social workers, crisis counselors, and certainly psychologist clinicians who need to cost-effectively assess new clients. The authors have worked together as a team for many years exactly in this field -- assisting primary care clinicians to best deal with the mental health aspects of their practices. As a result, the authors have seen and helped others work through almost all imaginable challenges.

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