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I am an alcoholic like my dad, AA Gill. His words helped me get sober - *The Times*
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24 Amazing Clit Sex Toys That Are Truly Orgasm-Worthy - BuzzFeed
Best of Dallas 2021 - *Dallas Observer*
Best sex toys for couples in 2023 (UK) - Mashable
Let's Remember Some Comments From 2022 - *Defector*
THE MEMOIRS OF A SQUID by Charles L. Rasmussen - *Maine Public*
Couples vibrators to spice up your sex life any day of the week - *Body+Soul*
'50 Shades' author talks about her inspiration | Art & Leisure - *Jamaica Gleaner*
Bellesa Boutique Is Having A Sale For Valentine's Day - BuzzFeed
31 Erogenous Zones and How to Stimulate Them - *Greatist*
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The best erotic audiobooks to get you hot under the collar - *Red Magazine*
12 best sex toy advent calendars to shop this Christmas 2023 - *Women's Health UK*
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AUSTIN FILM FESTIVAL ANNOUNCES 2021 SCRIPT ... - *austinfilmfestival.com*
The Best Masturbation Positions for Self-Love & Pleasure - *SheKnows*
Try This 30-Day Challenge For A Hotter, More Fulfilling Sex Life - *Prevention Magazine*
Spring 2020 Children's Sneak Previews - *Publishers Weekly*
69 sex position tips to make it hot and sexy AF - *Cosmopolitan UK*
28 Sex Toys And Accessories That'll Add Some Serious Spice To ... - BuzzFeed
Celebrity workouts: 18 best PT-approved sessions to try now - *Marie Claire UK*
The unicorn is the hot new sex position you need to know about - *RSVP Live*
How to Masturbate with a Condom: 16 Techniques, Sex Toys, Tips - *Healthline*
All the top sex toys you need in your bedroom - *Body+Soul*
50 Gifts From Amazon Our Readers Are Loving In 2023 So Far - BuzzFeed
16 Best Nipple Toys Of 2023, According To Sex Toy Experts - *Women's Health*
Ten must-see films at the 2023 NZ International Film Festival - *The Spinoff*
Orlando: Top tips for a once-in-a-lifetime trip to Disney and Universal - *Irish Independent*
30 Genius Kitchen Products From Walmart - BuzzFeed
7 Shows Like 'Pretty Little Liars' If You're Looking For A Mystery-Thriller Series With An Edge - *Decider*
21 Fancy Hotels That Real People Highly Recommend - BuzzFeed

Tickle His Pickle: Your Hands-On Guide to Penis Pleasing - Dr. Sadie Allison 2004-07-01

Tickle His Pickle-Your Hands-On Guide to Penis Pleasing is a fun, intimate tour of the penis and beyond that educates and entertains while revealing the penis-pleasing secrets women long to know.

My Pleasure - Laura Delarato 2022

MY PLEASURE is an invaluable guide that empowers readers to explore their bodies and cultivate a satisfying sex life, no matter their relationship status. Body positivity advocate and sexual wellness writer Laura Delarato teaches that sexual pleasure is an essential form of self-care, and it starts with loving your body and yourself. With a no-holds-barred approach, this engaging bedside book includes chapters on body image, self-love, solo play, sex toys, and partner play, and explores such topics as how to quiet your inner critic and embrace your body as it is; how to take amazing nudes; how to experiment with different forms of kink; and how to set boundaries in any situationship. Brimming with practical tips, sensual activities, and lush visuals throughout, and packaged in a luxe hardcover with a trippy foil effect on the jacket, this inclusive handbook will appeal to readers of Goop and Refinery29, owners of a Dame or Maude sex toy, fans of the body positive and sex positive movements, and anyone who seeks a self-determined, pleasure-filled life.

Shakespeare's Words - Ben Crystal 2004-04-01

A vital resource for scholars, students and actors, this book contains glosses and quotes for over 14,000 words that could be misunderstood by or are unknown to a modern audience. Displayed panels look at such areas of Shakespeare's language as greetings, swear-words and terms of address. Plot summaries are included for all Shakespeare's plays and on the facing page is a unique diagrammatic representation of the relationships within each play.

Trixie and Katya's Guide to Modern Womanhood - Trixie Mattel 2020-07-16

SUNDAY TIMES BESTSELLER Drag superstars Trixie Mattel and Katya have long captivated fans with their stunning looks, onscreen chemistry, and signature wit. In Trixie and Katya's Guide to Modern Womanhood, the pair channel that energy into an old-school etiquette guide for ladies. In essays and how-to sections peppered with hilarious, gorgeous photos, Trixie and Katya will advise readers on beauty and fashion and tackle other vital components of a happy home, such as money, entertaining and friendship; sharing advice and personal stories in high-concept fashion. Informative, humorous, and heartwarming, Trixie and Katya's Guide to Modern Womanhood is the book that their fans have been waiting for.

The Brain That Changes Itself - Norman Doidge 2008-08-07

An introduction to the science of neuroplasticity recounts the case stories of patients with mental limitations or brain damage whose seemingly unalterable conditions were improved through treatments that involved the thought re-alteration of brain structure.

Carrots and Sticks - Ian Ayres 2010

Ayres applies the lessons learned from behavioral economics, the fascinating new science of rewards and punishments, to introduce the concept of commitment contracts--an easy but high-powered strategy for setting and achieving goals already in use by successful companies and individuals across America.

Surfing Uncertainty - Andy Clark 2016

This title brings together work on embodiment, action, and the predictive mind. At the core is the vision of human minds as prediction machines - devices that constantly try to stay one step ahead of the breaking waves of sensory stimulation, by actively predicting the incoming flow. In every situation we encounter, that complex prediction machinery is already buzzing, proactively trying to anticipate the sensory barrage. The book shows in detail how this strange but potent strategy of self-anticipation ushers perception, understanding, and imagination simultaneously onto the cognitive stage.

Jane Eyre (Deluxe Hardbound Edition) - Charlotte Brontë 2022-10-06

Jane Eyre, first published in 1847 under the pseudonym Currer Bell, exploded into the English literary scene, capturing the hearts of many of the world's most prominent writers, including William Makepeace Thackeray, who called it a work "of extraordinary brilliance." Brontë's masterpiece, widely recognised as a revolutionary novel, exposed the world to a radical new sort of heroine, one whose rebellious integrity and moral courage stood in stark contrast to the more acquiescent and malleable female heroines of the day. Jane Eyre is one of the world's most beloved novels because it is passionate, dramatic, and startlingly

modern.

Amazing Sex - Sari Locker 1999

Sari Locker, acclaimed sex educator and WCBS TV relationship correspondent, shows you how to enjoy your sex life like never before...

Find Your Pleasure - Cynthia Loyst 2020-01-07

From The Social cohost Cynthia Loyst, a deeply personal lifestyle book about how to take the guilt out of pleasure and get to the heart of what you need and want in all aspects of life—from family, home, and work to love and sex. Find Your Pleasure is a pleasure revolution: where society has told women to feel guilty or ashamed for embracing pleasures, Cynthia Loyst shows you how to get to the heart of what you need and want, in every aspect of life. Live: Uncover the beauty of everyday moments, celebrate family and friends, find fun and satisfaction in your workdays, and enjoy the immense rewards parenting has to offer—all while being mindful of taking care of yourself. Love: Cynthia reveals everything from learning to enjoy your body more, ways to feel intimate and communicate effectively with your partner, and the keys to having better sex. Inspire: Find out how to let your creative self bloom, seek out exciting new pathways in life, and let kindness guide you with Cynthia's tips and tricks for mastering mindfulness and meditation. Through her insightful anecdotes, Cynthia empowers women to revel in all of life's joys, even the messy ones. Filled with beautiful color photographs, Find Your Pleasure is a treat for the soul that you can devour in one go or savor in tiny bites.

Great Sex, Naturally - Laurie Steelsmith 2012

Great Sex, Naturally reveals for the first time how you can combine modern medicine, ancient secrets and completely natural methods to dynamically recharge both your sexuality and your total health. Whether you already enjoy a healthy sex life and would like to dramatically enhance it, or you need solutions to specific sexual health challenges, is the book you've been waiting for. This invaluable resource gives you many easy, safe and effective tools and techniques - including Western and Eastern herbs, aphrodisiacs, nutritional supplements, dietary changes, exercises, natural hormones, vaginal lubricants and suppositories, acupuncture, detoxification and more - that you can use to increase your libido and transform your life on many levels.

Ride 'Em Cowgirl! Sex Position Secrets for Better Bucking - Dr. Sadie Allison 2007-10-24

Over 1 Million Copies Sold! Over 100 titillating "point-n-play" illustrations to spice up your lovemaking Discover all the strokes, squeezes & sensations your lover wants (but isn't telling you) Arousing penis thrills to give her ohmigod! orgasms during intercourse Secret touches to set off eye-popping G-spot & HE-spot (prostate) climaxes Learn your own custom-fit with your lover for the most satisfying lovemaking ever! Grab the reigns and enjoy the most erotic ride of your life! A truly modern communication tool, this gem of a book empowers women and men to experience the best lovemaking of their lives. In Ride 'Em Cowgirl!, Dr. Sadie teaches how to enlighten and stimulate your sexual appetite, then reveals new lovemaking angle variations and techniques that set off deep, body-wide orgasms that'll take your breath away! Her secret? Dr. Sadie tailors each position to your body shape together with your lover's body shape, with special attention to your own unique penis-vagina fit. And instead of page after page of impossible pretzel poses, she illustrates over 100 ways to tweak the positions you already love, that'll heighten your lovemaking pleasures. Comfortably! Whether you're just getting started--or you're longtime lovers eager to take the monotony out of monogamy--Dr. Sadie's fun, conversational style and hands-on encouragement will guide you to the romance and passion you crave. You'll instantly see why Dr. Sadie encourages you to read this book together with your lover--in bed!

Woman - Kaz Riley 2021-06-23

Are you ready to fully embrace your sensual and erotic self? For centuries, women have been taught their sexuality was something to be ashamed of and their sexual pleasure was controlled. This wasn't always the case. Eons ago, a woman's sexuality was celebrated: Aphrodite in Greek mythology, Qetesh from Egypt, the Hindu Goddess Kunti, just to name a few. With this groundbreaking book, you will find the courage to leave fears behind, communicate your wants and desires, and set your own boundaries. You CAN unlock your sexuality and reclaim your right as a woman to enjoy sensual pleasures without being judged. If you want to experience every part of your sexual pleasure without shame and frustration, this book is for you. You will

find your power to free yourself from society's antiquated and conflicting expectations of being a sexual woman. Within this book you will discover: How sex education programs in public schools continues to fail young women Your most important erogenous zone (hint: it isn't what you think) The amazing hidden secret to your lifeforce Reject shame and give yourself the power to R.E.C.L.A.I.M. your sexuality Breaking down myths about the big "O" once and for all Overcome excessive dryness with the G.L.I.D.E. technique How to find your eroticism and why it's essential to desire Why sex can and should be J.U.I.C.Y. How to give yourself permission for pleasure Awakening the G.O.D.D.E.S.S. inside of you How to take control of your sexual pleasure And much more... After reading this book, you will understand and know how to embrace your sexual pleasure.

The Clitical Guide to Female Self-Pleasure: How to Please Yourself So Your Partner Can Too - Jenne Davis 2015-04-16

Hitting the right spot!

Getting Off - Jamye Waxman 2007-11-02

Masturbation is like tuning a radio -- you don't know what frequencies you'll enjoy until you play with the knobs. Masturbation has a complicated stigma attached to it; everybody is doing it, but not everybody talks about it. Some were told that touching oneself would cause cute kittens to die, some were told masturbation led blindness. Getting Off: A Woman's Guide to Masturbation is here to debunk those masturbation myths, and reinforce the truth. Masturbation is a totally natural and normal way for women to connect with and find pleasure in their bodies. Fun, informative, and illustrated, Getting Off provides women with a wealth of masturbation knowledge -- its history, the mechanics of it, the joys of sexy toys -- plus clear, concise tips on getting off. Foreword by Betty A. Dodson

Tickle Your Fancy - Sadie Allison 2001

Tickle Your Fancy: A Woman's Guide to Sexual Self-Pleasure professionally and crisply details everything from the basics of getting started with masturbation and sex toys, to advanced tips and techniques for women seeking to improve their self-pleasure. The book includes more than 30 female masturbation techniques, as well as more than 60 diagrams and illustrations. It's tailored for both female readers and curious males.

Tickle My Tush: Mild-to-Wild Analplay Adventures for Everybooty! - Dr. Sadie Allison 2012-03-15

This smart new paperback guides women and men to the true pleasures of the under-explored seat of love. With Dr. Sadie's trademark tongue-in-cheek narrative, together with dozens of tasteful illustrations, Tickle My Tush clearly shows how to enjoy these newfound thrills—comfortably, safely and pleasurable. Designed from mild-to-wild, backdoor-curious couples can easily find their personal approach and comfort levels--and at their own pace. From mild outercourse joys like sensual butt massage and gentle fingerplay, to wild orgasmic sensations of butt toys, innercourse and the table-turning thrills of “pegging”, they will feel confident with the tips and techniques that dispel fears and skyrocket pleasures. Tickle My Tush is the perfect companion for the one-third of American couples already engaging in analplay, and are interested in learning new knowledge and techniques that prevent discomfort and promote pleasure. It's as equally inviting for anyone who's curious about this adventure, but isn't sure where to begin. THE PLEASURES YOU SEEK ARE RIGHT BEHIND YOU. Discover exciting new passions with the world's most approachable “how-to” analplay guide. Stay mild-or go wild! Heat up with sensual butt massage, arouse with gentle fingerpadding, or take your buttplay adventures to the limit. Safeguard your health. Be confident with insider safer sex practices. Stay comfortable and protected - wherever your curiosities take you. Seeing is believing. Learn from over 60 tastefully explicit illustrations that show you the many exciting ways to give--and receive--with ease. Come from behind. Try all the touches and teases that unleash exhilarating climaxes--especially the proud 'n loud prostate orgasm! Double your pleasure. Discover the table-turning thrills of “pegging” and see why so many women—and men—are ecstatic. Go for ultimate arousal. Explore the erotic joys of fingerplay, tongue teases, penetration, butt toys, role reversal, and much more.... “If I'm gonna take advice from someone about my tush, it's gonna be Dr. Sadie. Her style and humor are pleasant and informative, and she's not afraid to leave out any embarrassing and important details.

Remember...that's where Cosmo gets its advice from!” -- ELENI SOLOMOU Columnist, Cosmopolitan
“Whether you're solo or with a partner—your fun, safe thrill-ride starts here.” -- CHARLIE GLICKMAN

PH.D. Sexuality Educator & Writer “Dr. Sadie demystifies a taboo subject with humor, eloquence and a playful ease that leaves no vital information behind.” --EMILY MORSE Host Sex with Emily & Co-author Hot Sex Finally—a book that reveals all about anal sex in a way that's simple and fun, reminding us that it's really all about one thing: pleasure! -- DR. SANDOR GARDOS Licensed Clinical Psychologist & Sex Therapist Dr. Sadie is an exciting, alluring and thought-provoking artist. Each of her books never cease to move me to new heights, like a modern piece of art. --LAURA HENKEL PH.D. Erotic Art Appraiser & Founder Sin City Gallery From the bestselling author of Tickle His Pickle: Your Hands-on Guide to Penis Pleasing, Ride 'Em Cowgirl! Sex Position Secrets for Better Bucking, TOYGASMS! The Insiders Guide to Sex Toys and Techniques and Tickle Your Fancy: A Woman's Guide to Sexual Self-Pleasure.

Crystal Healing and Sacred Pleasure - Vanessa Cuccia 2018-06-12

Engage the chakras as a road map for self-discovery, harness the power of crystals, and practice self-love through erotic spirituality with Crystal Healing and Sacred Pleasure. Whether you're new to crystals or experienced with crystal healing, Crystal Healing and Sacred Pleasure offers the essential information and techniques you need to get your energy flowing freely again. The flow of energy through our chakras (the energy centers of our bodies) is essential to our fundamental well-being and our ability to experience our lives fully. When chakras get blocked, the natural flow of energy is hindered, and we experience disconnection from our physical bodies. Crystal healing can release blockages and bring necessary attention to our whole being, while helping to heal physical or emotional trauma. Crystals have been used for centuries as a way to release and harmonize energy. Each crystal has its own unique qualities that are suited to specific kinds of blockages. When used properly, crystals can have a powerful and positive effect on our lives. This book features: A clear introduction to the body's chakra system Guidance for determining if a chakra is blocked Essential information on crystals and how they work Specific techniques and practices for using crystals to embrace self-love and achieve greater intimacy and pleasure A comprehensive chart linking crystals to their chakras; zodiac elements; color energies; and physical, emotional, and spiritual benefits An annotated reading list of books, blogs, and websites to support you as you continue on the path of crystal healing Embrace the healing power of crystals and open yourself to greater well-being, intimacy, and sensual pleasure.

Desperately Seeking Self-Improvement - Carl Cederström and André Spicer 2017-10-20

In these pages, the authors of the widely-acclaimed The Wellness Syndrome throw themselves headlong into the world of self-optimization, a burgeoning movement that seeks to transcend the limits placed on us by being merely human, whether the feebleness of our bodies or our mental incapacities. Cederström and Spicer, though willing guinea pigs in an extraordinary (and sometimes downright dangerous) range of techniques and technologies, had hitherto undertaken little by way of self-improvement. They had rarely seen the inside of a gym, let alone utilized apps that deliver electric shocks in pursuit of improved concentration. But, in the course of a year spent researching this book, they wore head-bands designed to optimize meditation, attempted to boost their memory through learning associative techniques (and failed to be admitted to MENSA), trained for weightlifting competitions, wrote what they (still) hope might become a bestselling Scandinavian detective story, enrolled in motivational seminars and tantra sex workshops, attended new-age retreats and man-camps, underwent plastic surgery, and experimented with vibrators and productivity drugs. André even addressed a London subway car whilst (nearly) naked in an attempt to boost attention. Somewhat surprisingly, the two young professors survived this year of rigorous research. Further, they have drawn deeply on it to produce a hilarious and eye-opening book. Written in the form of two parallel diaries, Desperately Seeking Self-Improvement provides a biting analysis of the narcissism and individual competitiveness that increasingly pervades a culture in which social solutions are receding and individual self-improvement is the only option left.

Sexual Anorexia - Patrick J Carnes 2009-08-07

A first-time examination of sexual anorexia, an extreme fear of sexual intimacy and obsessive avoidance of sex, by the acknowledged leader in the treatment of compulsive sexual behavior and recovery. A first-time examination of sexual anorexia, an extreme fear of sexual intimacy and obsessive avoidance of sex, by the acknowledged leader in the treatment of compulsive sexual behavior and recovery. Author Dr. Patrick Carnes begins by defining sexual anorexia and demonstrating how it and its parallel disorder, sexual

addiction and compulsivity, often arise from a background of childhood sexual trauma, neglect, and other forms of abuse, Carnes explores the numerous dimensions of sexual health, examining key issues which must be addressed and resolved for recovery to proceed. Utilizing extensive research and elucidating case studies, Carnes develops concrete tasks and plans for restoring nurturing and sensuality, building fulfilling

relationships, exploring intimacy, and creating healthy sexuality. Woven throughout the book are stories of recovery which illustrate sexual healing principles, model new behavior, and support motivation for change. Sexual Anorexia enables those suffering from this disorder to recognize that sex need not be a furtive enemy to be fought and defeated but, instead, a deeply sensual, passionate, fulfilling, and spiritual experience that all human beings are innately entitled to.

Tickle Your Fancy A Womans Guide To Sexual Self Pleasure:

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