

# Reclaiming Male Sexuality A Guide To Potency Vitality And Prowess

**Rekindling Desire** Barry McCarthy 2013-12-17 For over a decade Rekindling Desire has helped to restore and restructure sexuality in thousands of lives. This expanded edition continues the exploration of inhibited sexual desire and no-sex relationships by the author, who brings decades of knowledge and the expertise that comes from having treated almost 3,000 couples for sexual problems. Contained within are suggested strategies and exercises that help develop communication and sexual skills, as well as interesting case studies that open the doors to couples' sexual frustrations. The shame, embarrassment, and hesitancy that individuals feel with themselves, and the resentment and blame they can feel towards their sexual partners, are explored and put into context. Whether you are married, cohabitating, or dating, or if you are 25, 45, or 75, reading this book will help renew your sexual desire and put you on the path towards healthy, pleasure-oriented sexuality.

**Ars Erotica** Richard Shusterman 2021-03-25 Drawing on theories of lovemaking from ancient Asian and Western cultures, this book provides a new aesthetics of erotic love.

**Black Looks** bell hooks 2014-10-10 In the critical essays collected in Black Looks, bell hooks interrogates old narratives and argues for alternative ways to look at blackness, black subjectivity, and whiteness. Her focus is on spectatorship—in particular, the way blackness and black people are experienced in literature, music, television, and especially film—and her aim is to create a radical intervention into the way we talk about race and representation. As she describes: "the essays in Black Looks are meant to challenge and unsettle, to disrupt and subvert." As students, scholars, activists, intellectuals, and any other readers who have engaged with the book since its original release in 1992 can attest, that's exactly what these pieces do.

**Sex and Eroticism in Mesopotamian Literature** Dr Gwendolyn Leick 2013-01-11 Sex and Eroticism in Mesopotamian Literature is a new contribution to current debates about sex and eroticism. It gives an insight into Mesopotamian attitudes to sexuality by examining the oldest preserved written evidence on the subject - the Sumero-Akkadian cuneiform sources - which were written between the 21st and the 5th centuries B.C. Using these long-neglected and often astonishing data, Gwendolyn Leick is able to analyse Mesopotamian views of prostitution, love magic and deviant sexual behaviour as well as more general issues of sexuality and gender. This fascinating book sheds light on the sexual culture of one of the earliest literate civilisations.

**Chinese Men's Practices of Intimacy, Embodiment and Kinship** Siyang Cao 2021-06-14 This book explores Chinese young men's views of manhood and develops a new concept of 'elastic masculinity' which can be stretched and forged differently in response to personal relationships and local realities. Drawing from empirical research, the author uses the term shenti (body-self) as a central concept to investigate the Chinese male body and explores intimacy and kinship within masculinity. She showcases how Chinese masculinities reflect the resilience of Confucian notions as well as transnational ideas of modern manhood. This is a unique dialogue with 'western' discourse on masculinity, and an invaluable resource for understanding the profound social changes that transformed gendered arrangements in urban China.

**Glocal Pharma (Open Access)** Ericka Johnson 2016-05-12 The Open Access version of this book, available at <http://www.tandfebooks.com>, has been made available under a Creative Commons Attribution-Non Commercial-No Derivatives 3.0 license. An exploration of how global pharmaceutical products are localized - of what happens when they become 'glocal' - this book examines the tensions that exist between a global pharmaceutical market and the locally bounded discourses and regulations encountered as markets are created for new drugs in particular contexts.

Employing the case study of the emergence, representation and regulation of Viagra in the Swedish market, Glocal Pharma offers analyses of commercial material, medical discourses and legal documents to show how a Swedish, Viagra-consuming subject has been constructed in relation to the drug and how Viagra is imagined in relation to the Swedish man. Engaging with debates about pharmaceuticalization, the authors consider the ways in which new identities are created around drugs, the redefinition of health problems as sites of pharmaceutical treatment and changes in practices of governance to reflect the entrance of pharmaceuticals to the market. With attention to 'local' contexts, it reveals elements in the nexus of pharmaceuticalization that are receptive to cultural elements as new products become embedded in local markets. An empirically informed study of the ways in which the presence of a drug can alter the concept of a disease and its treatment, understandings of who suffers from it and how to cure it - both locally and internationally - this book will appeal to scholars of sociology and science and technology studies with interests in globalization, pharmaceuticals, gender and the sociology of medicine.

**Rooms of Our Own** Susan Gubar 2006-10-30 With a little help from Virginia Woolf, Susan Gubar contemplates startling transformations produced by the women's movement in recent decades. What advances have women made and what still needs to be done? Taking Woolf's classic *A Room of One's Own* as her guide, Gubar engages these questions by recounting one year in the life of an English professor. A meditation on the teaching of literature and on the state of the humanities today, her chapters also provide a crash course on the challenges and changes in feminist intellectual history over the past several decades: the influence of post-structuralism and of critical race, postcolonial, and cultural studies scholarship; the stakes of queer theory and the institutionalization of women's studies; and the effects of globalism and bioengineering on conversations about gender, sex, and sexuality. Yet *Rooms of Our Own* eschews a scholarly approach. Instead, through narrative criticism it enlists a thoroughly contemporary cast of characters who tell us as much about the comedies and tragedies of campus life today as they do about the sometimes contentious but invariably liberating feminisms of our future.

*Handbook of Studies on Men and Masculinities* Michael S. Kimmel 2005 The handbook provides a broad view of masculinities primarily across the social sciences, but including important debates in areas of the humanities & natural sciences.

*The Great Gatsby* F. Scott Fitzgerald 2022-01-19 At the height of his wealth, powerful and envied, isolated in the splendor of his mansion on the Hudson, lives a man condemned to unhappiness. This man is Gatsby, an ex-gangster locked in his own mysterious profession, in a false past from which emerges at times the memory of a single pure youthful love. The young Nick Carraway, the narrator of the novel, moves to New York in the summer of 1922 and rents a house in the prestigious and dreamy Long Island, inhabited by many newly rich people frantically engaged in celebrating each other. One neighbor strikes Nick in particular: the mysterious Jay Gatsby, who lives in a huge, gaudy house, filling it every Saturday night with guests at his extravagant parties. Yet he lives in desperate loneliness and in senseless love for Nick's cousin Daisy....In the setting of a brilliant and unsatisfied society, where the world of alcohol smugglers mixes with that of bankers and stars, Gatsby desperately pursues his dream of love for Daisy. To no avail now is its power, except to arouse in both lovers a sweet madness, which will end in tragedy.

*The Gale Encyclopedia of Alternative Medicine* Jacqueline L. Longe 2005 Presents a four-volume alphabetically-arranged medical reference set that examines a variety of supplemental therapies and herbal remedies along with treatments for certain conditions and diseases.

**Aphrodisiacs** Peter V. Taberner 2012-12-06 The planning and writing of this book has taken rather longer than I had originally intended; what began as a modest literary project for two second-year medical students has expanded over eight years to become a complete book. The subject matter lent itself all too easily to a sensationalist approach yet, on the other hand, a strictly scientific approach would probably have resulted in a dull dry text of little interest to the general reader. I have therefore attempted to bridge the gap and make the book intelligible and entertaining to

the non-specialist, but at the same time ensuring that it is factually correct and adequately researched for the scientist or clinician. I have always been impressed by Sir J.G. Frazer's introduction to his classic book *The Golden Bough* in which he apologizes for the fact that an article originally intended merely to explain the rules of succession to the priesthood of Diana at Aricia had expanded, over a period of thirty years, to twelve volumes. The present work cannot pretend to such heady levels of academic excellence.

*Evolution's Rainbow* Joan Roughgarden 2013-09-14 In this innovative celebration of diversity and affirmation of individuality in animals and humans, Joan Roughgarden challenges accepted wisdom about gender identity and sexual orientation. A distinguished evolutionary biologist, Roughgarden takes on the medical establishment, the Bible, social science—and even Darwin himself. She leads the reader through a fascinating discussion of diversity in gender and sexuality among fish, reptiles, amphibians, birds, and mammals, including primates. *Evolution's Rainbow* explains how this diversity develops from the action of genes and hormones and how people come to differ from each other in all aspects of body and behavior. Roughgarden reconstructs primary science in light of feminist, gay, and transgender criticism and redefines our understanding of sex, gender, and sexuality. Witty, playful, and daring, this book will revolutionize our understanding of sexuality. Roughgarden argues that principal elements of Darwinian sexual selection theory are false and suggests a new theory that emphasizes social inclusion and control of access to resources and mating opportunity. She disputes a range of scientific and medical concepts, including Wilson's genetic determinism of behavior, evolutionary psychology, the existence of a gay gene, the role of parenting in determining gender identity, and Dawkins's "selfish gene" as the driver of natural selection. She dares social science to respect the agency and rationality of diverse people; shows that many cultures across the world and throughout history accommodate people we label today as lesbian, gay, and transgendered; and calls on the Christian religion to acknowledge the Bible's many passages endorsing diversity in gender and sexuality. *Evolution's Rainbow* concludes with bold recommendations for improving education in biology, psychology, and medicine; for democratizing genetic engineering and medical practice; and for building a public monument to affirm diversity as one of our nation's defining principles.

*Viagra* Susan C. Vaughan 1998 As revolutionary as "the pill" and more controversial than Prozac, potency-promoting Viagra has quickly become the most successfully launched drug in pharmaceutical history. Since its FDA approval, the oral medication has proven nearly 80 percent effective—riveting the sex lives of hundreds of thousands of couples, while finally bringing the age-old problem of erectile dysfunction out from under the covers. Now in "VIAGRA," lauded psychiatrist Susan C. Vaughan, M.D., clearly explains the full potential of America's favorite new drug—and its possible ramifications.

*A Sexual Odyssey* Kenneth E. Maxwell 2013-11-11 The Brave New World of Sex We've seen in less than a generation a swift revolution in human sexual behavior, attitude, and consequences so dramatic that some people are left in a state of stunned dismay and the public at large in aimless confusion. Much of the trend, if you can call a revolution a trend, is fueled by, or at least made possible by, technological innovations dating back to the middle of the twentieth century. The birth control pill opened the gate to promiscuity with little fear of pregnancy; marriage became an annoyance; divorce became an opportunity; two working parents became a necessity; and teenage sex became nearly as socially acceptable as holding hands or going to the movies. The copulation explosion resulted in a spiraling epidemic of children giving birth to children, many of them on welfare. Girls seeking relief through abortions were sometimes forced to have their unwanted offspring despite the inevitability of some of them living in poverty and a desperate dead-end environment of squalor and crime. Some misguidedly wanted babies and ended up the same way. To top it all, discipline 2 *A Sexual Odyssey* became a lost art, leaving schools and neighborhoods infested with gun-toting, knife-wielding teenage delinquents—even in middle-class areas—who engaged in contests to see who could get the most girls knocked up. The chaotic state of fornication, mating, and

birthing may be a throwback to the past.

**Library Journal** 1996

**Forthcoming Books** Rose Arny 1996-10

Reclaiming Male Sexuality George Ryan 1997 Brings these new cures into the open.

*Movies and Tone* Douglas Pye 2007 'Colse-Up 02' is a collection of three individual studies specialising in close readings of films and TV. Each issue is devoted to the practice of detailed textual analysis of film and visual media.

*Machines as the Measure of Men* Michael Adas 1990 This new edition of what has become a standard account of Western expansion and technological dominance includes a new preface by the author that discusses how subsequent developments in gender and race studies, as well as global technology and politics, enter into conversation with his original arguments.

*The Horrors of the Half-Known Life* G.J. Barker-Benfield 2004-11-23 Now a classic in the field, *The Horrors of the Half-Known Life* is an important foundational text in the construction of masculinity, female identity, and the history of midwifery.

**Branded Male** Mark Tungate 2008-02-03 The male market is exploding. Thanks to emerging social and cultural trends, men are becoming consumers to reckon with. In 1990 only 4% of men claimed to regularly use a skin care product. By 2015 the figure will have risen to 50%. *Branded Male* discusses the evolution of the male consumer and the desire of marketers to tap into the still underdeveloped male market. Crammed with facts and anecdotes, it analyzes how to effectively brand products and services for the male market. Using a typical modern male's weekday as a template and examining all the influences affecting him, *Branded Male* considers his exposure to brands and the ways marketers can exploit these channels, taking you through popular strategies for marketing to men. In his trademark style, Mark Tungate paints a portrait of the male consumer. From razor blades to beer, from aftershave to hotels, he finds out which marketing messages have the most impact on male wallets. Men's bank balances may never be the same again.

*Cycling and Cinema* Bruce Bennett 2019-04-30 A unique exploration of the history of the bicycle in cinema, from Hollywood blockbusters and slapstick comedies to documentaries, realist dramas, and experimental films. *Cycling and Cinema* explores the history of the bicycle in cinema from the late nineteenth century through to the present day. In this new book from Goldsmiths Press, Bruce Bennett examines a wide variety of films from around the world, ranging from Hollywood blockbusters and slapstick comedies to documentaries, realist dramas, and experimental films, to consider the complex, shifting cultural significance of the bicycle. The bicycle is an everyday technology, but in examining the ways in which bicycles are used in films, Bennett reveals the rich social and cultural importance of this apparently unremarkable machine. The cinematic bicycles discussed in this book have various functions. They are the source of absurd comedy in silent films, and the vehicles that allow their owners to work in sports films and social realist cinema. They are a means of independence and escape for children in melodramas and kids' films, and the tools that offer political agency and freedom to women, as depicted in films from around the world. In recounting the cinematic history of the bicycle, Bennett reminds us that this machine is not just a practical means of transport or a child's toy, but the vehicle for a wide range of meanings concerning individual identity, social class, nationhood and belonging, family, gender, and sexuality and pleasure. As this book shows, two hundred years on from its invention, the bicycle is a revolutionary technology that retains the power to transform the world.

**An Introduction to the Study of Sexuality** R. Horrocks 1997-04-15 This book examines some of the ways in which sexuality has been described and interpreted in the West. The main models examined are: the Christian view of sex as sinful; the psychoanalytical model, including such notions as the sexual drive, infantile sexuality, the Oedipus complex, and the distinction between male and female sexuality; the 'social construction' model,

which proposes that 'sexuality' is a modern concept; and the links between sexuality and spirituality. There is also some consideration of feminist and gay approaches to sexuality, and the complicated subject of male sexuality.

*Asexual Erotics* Elzbieta Przybylo 2019-08-19 Develops erotics as a way to rethink the role of sex and sexual desire and to envision new forms of asexual intimacy.

*American Book Publishing Record* 1997

*Mein Kampf* Adolf Hitler 2021-03-19 'MEIN KAMPF' is the autobiography of Adolf Hitler gives detailed insight into the mission and vision of Adolf Hitler that shook the world. This book is the merger of two volumes. The first volume of 'MEIN KAMPF' was written while the author was imprisoned in a Bavarian fortress. The book deals with events which brought the author into this plight. It was the hour of Germany's deepest humiliation, when Napoleon has dismembered the old German Empire and French soldiers occupied almost the whole of Germany. The book narrates how Hitler was arrested with several of his comrades and imprisoned in the fortress of Landsberg on the river Lech. During this period only the author wrote the first volume of 'MEIN KAMPF'. The Second volume of 'MEIN KAMPF' was written after release of Hitler from prison and it was published after the French had left the Ruhr, the tramp of the invading armies still echoed in German ears and the terrible ravages had plunged the country into a state of social and economic Chaos. The beauty of the book is, 'MEIN KAMPF' is an historical document which bears the imprint of its own time. Moreover, Hitler has declared that his acts and 'public statements' constitute a partial revision of his book and are to be taken as such. Also, the author has translated Hitler's ideal, the Volkischer Staat, as the People's State. The author has tried his best making German Vocabulary easy to understand. You will never be satisfied until go through the whole book. A must read book, which is one of the most widely circulated and read books worldwide.

*The Sword of Judith* Kevin R. Brine 2010 The Book of Judith tells the story of a fictitious Jewish woman beheading the general of the most powerful imaginable army to free her people. The parabolic story was set as an example of how God will help the righteous. Judith's heroic action not only became a validating charter myth of Judaism itself but has also been appropriated by many Christian and secular groupings, and has been an inspiration for numerous literary texts and works of art. It continues to exercise its power over artists, authors and academics and is becoming a major field of research in its own right. The Sword of Judith is the first multidisciplinary collection of essays to discuss representations of Judith throughout the centuries. It transforms our understanding across a wide range of disciplines. The collection includes new archival source studies, the translation of unpublished manuscripts, the translation of texts unavailable in English, and Judith images and music.

**Tropic of Cancer** Henry Miller 2015-06-04 Shocking, banned and the subject of obscenity trials, Henry Miller's first novel *Tropic of Cancer* is one of the most scandalous and influential books of the twentieth century. *Tropic of Cancer* redefined the novel. Set in Paris in the 1930s, it features a starving American writer who lives a bohemian life among prostitutes, pimps, and artists. Banned in the US and the UK for more than thirty years because it was considered pornographic, *Tropic of Cancer* continued to be distributed in France and smuggled into other countries. When it was first published in the US in 1961, it led to more than 60 obscenity trials until a historic ruling by the Supreme Court defined it as a work of literature. Long hailed as a truly liberating book, daring and uncompromising, *Tropic of Cancer* is a cornerstone of modern literature that asks us to reconsider everything we know about art, freedom, and morality. 'At last an unprintable book that is fit to read' Ezra Pound 'A momentous event in the history of modern writing' Samuel Beckett 'The book that forever changed the way American literature would be written' Erica Jong Henry Miller (1891-1980) is one of the most important American writers of the 20th century. His best-known novels include *Tropic of Cancer* (1934), *Tropic of Capricorn* (1939), and the *Rosy Crucifixion* trilogy (*Sexus*, 1949, *Plexus*, 1953, and *Nexus*, 1959), all published in France and banned in the US and the UK until 1964. He is widely recognised as an irreverent, risk-taking writer who redefined the novel and made the link between the European avant-garde and

the American Beat generation.

**We Modern People** Anindita Banerjee 2013-01-03 Science fiction emerged in Russia considerably earlier than its English version and instantly became the hallmark of Russian modernity. *We Modern People* investigates why science fiction appeared here, on the margins of Europe, before the genre had even been named, and what it meant for people who lived under conditions that Leon Trotsky famously described as “combined and uneven development.” Russian science fiction was embraced not only in literary circles and popular culture, but also by scientists, engineers, philosophers, and political visionaries. Anindita Banerjee explores the handful of well-known early practitioners, such as Briusov, Bogdanov, and Zamyatin, within a much larger continuum of new archival material comprised of journalism, scientific papers, popular science texts, advertisements, and independent manifestos on social transformation. In documenting the unusual relationship between Russian science fiction and Russian modernity, this book offers a new critical perspective on the relationship between science, technology, the fictional imagination, and the consciousness of being modern.

**A History of Celibacy** Elizabeth Abbott 2001 Joan of Arc was one. So was Sir Isaac Newton. A monk vows to be one. A prisoner has no choice. History tells of many avowed celibates, and today's society reflects a renewed interest in celibacy. But what causes people to give up sex, the very activity that drives, fascinates, troubles, and delights so many of the rest of us? Elizabeth Abbott's exploration of celibacy debunks the traditionally held notion that celibacy is a predominantly religious concept of little concern to the secular world. Chosen or imposed for myriad reasons, celibacy actually is a practice that reveals a host of telling insights about our sexual desires and drives, as well as our changing attitudes toward religion, gender, and physical health. *A History of Celibacy* humanises celibacy through the ages, from the vestal virgins of ancient Rome who were entombed alive if they broke their vows, to contemporary athletes who conserve semen to enhance their game. While most people associate institutional celibacy with Catholicism, Abbott shows how virtually every culture and religion through history has incorporated it in some form. Her examples range from Judaism's rules regarding abstinence during menstruation to Hinduism's forced celibacy for widows. Written from a feminist perspective, the book paints a dual portrait of celibacy as both emancipator and enslaver of women and the poor. Yet the book's focus is not solely on women. It recounts for instance the forced castration of Italy's young male sopranos, and tells why impoverished Chinese boys and men became eunuchs for the Emperor. The extremes to which people will go to abstain from sexual activity or to prevent others from having sex is an intriguing thread through a serious book.

**The Caraka saṃhitā** Caraka 1949

**Viagra** E. Douglas Whitehead 1998-12 Everything you need to know about the pill that is igniting the second sexual revolution! The latest research on Viagra Who should take Viagra--and who shouldn't What to expect if you take Viagra How to get optimal results Viagra--the fastest-selling drug in America--is a medical breakthrough for the millions of men who have experienced diminished or complete loss of potency, or who are interested in enhancing the quality of their sex lives. But does this amazing little blue pill live up to the expectations of America's male population? With doctors writing up to 40,000 prescriptions a day and over 30 million men eager to understand what this oral treatment can do for them, Viagra has been in the media spotlight since the FDA approved the drug in March 1998. In this comprehensive guide, noted urologist Dr. E. Douglas Whitehead and health writer Terry Malloy separate the facts from the myths and, using the most up-to-date medical information, answer the questions men, and their partners, ask most--to help readers decide if Viagra is the best choice for finding renewed sexual vigor. Find out: What is the 100mg solution...and is it safe? Why the pill alone won't provide maximum results How much you have to pay...and what insurance won't cover What is "blue vision..."and other Viagra side effects The truth about Viagra and women Will Viagra prevent future potency problems? ...And more!

**The 40/30/30 Phenomenon** Ann Louise Gittleman 1998-11-01 The "Zone"-based diet plan tailored for individual needs.

**Transfeminist Perspectives in and beyond Transgender and Gender Studies** Finn Enke 2012-05-04 Lambda Literary Award for Best Book in Transgender Nonfiction, 2013 If feminist studies and transgender studies are so intimately connected, why are they not more deeply integrated? Offering multidisciplinary models for this assimilation, the vibrant essays in *Transfeminist Perspectives in and beyond Transgender and Gender Studies* suggest timely and necessary changes for institutions of higher learning. Responding to the more visible presence of transgender persons as well as gender theories, the contributing essayists focus on how gender is practiced in academia, health care, social services, and even national border patrols. Working from the premise that transgender is both material and cultural, the contributors address such aspects of the university as administration, sports, curriculum, pedagogy, and the appropriate location for transgender studies. Combining feminist theory, transgender studies, and activism centered on social diversity and justice, these essays examine how institutions as lived contexts shape everyday life.

*Bodies of Desire and Bodies in Distress* Xavier Mendik 2015-09-18 In recent years, there has been an explosion of critical interest in the icons, genres and traditions of 1970s Italian cult film. Thanks to the international success of directors such as Dario Argento and Sergio Martino, and the influential giallo (thriller) cycle in which they worked, these unconventional and often controversial films are now impacting on new generations of filmmakers, scholars and moviegoers alike. *Bodies of Desire and Bodies in Distress: The Golden Age of Italian Cult Cinema 1970-1985* considers the current interest in specific Italian directors and cult genres, exploring the social, political and cultural factors that spawned a decade of cinema dominated by extreme, yet stylish, images of sexuality and violence. *Bodies of Desire and Bodies in Distress* situates the explosion of 1970s Italian cult 'excess' against the toxic backdrop of political violence and terrorist activity that produced shocking images of carnage and crime during this period. The volume also considers why the iconography of the sexually liberated female became recast as a symbol of fear and violation in a range of Italian cult film narratives. In addition, the book also analyses how longstanding regional distinctions between Italy's urban North and the much maligned rural South fed into sex and death cycles produced between 1970 and 1985. *Bodies of Desire and Bodies in Distress* profiles leading 1970s Italian directors and performers including Aristide Massaccesi (Joe D'Amato), Laura Gemser, and Dario Argento (who also provides an interview discussing his work and 1970s Italian society). The volume also provides case-studies of the giallo cycle, rape and revenge dramas, the Italian rogue cop series, post-apocalypse films, barbarian movies, and sex comedy formats. By considering the icons and genres from the golden age of Italian cult film alongside the crucial social and sexual tensions that influenced their creation, this book will be of interest to film scholars and cult movie fans alike.

*The Sexual Teachings of the Jade Dragon* Hsi Lai 2002-10-01 Reveals how the sexual practices of the Taoist Jade Dragon can help men achieve "immortality" through the enhancement of their sexual prowess. • A companion guide to *The Sexual Teachings of the White Tigress* that focuses on the male side of White Tigress sexual practices. • Reveals the nine Jade Dragon exercises and other Taoist techniques for achieving the elixir of immortality. • Offers physical and spiritual solutions for the sexual issues facing men. Hsi Lai continues the work he began in *The Sexual Teachings of the White Tigress* by exploring more fully the male role in Taoist sexual transformation. As with those of the White Tigress, the techniques of the Jade Dragon are part of a disciplined sexual and spiritual practice. The goal for the Jade Dragon is health, longevity, and immortality through external and internal regimens for the enhancement and accumulation of the Three Treasures of Taoism--ching (sexual and physical energy), qi (breath and vital energy) and shen (spiritual and mental energy). The author presents the nine Jade Dragon exercises that strengthen erections, enlarge the penis, increase semen quantity and quality, prevent premature ejaculations, and enhance sexual energy. He also details herbal remedies for revitalization that address both physical and spiritual sexual components, as well as ancient Taoist breathing and meditative practices and sexual

stimulation techniques that amplify sexual intensity in order to create the elixir of immortality. Concluding with the importance of the interactions between and interdependence of White Tigresses and Jade Dragons, Hsi Lai shows the reader how these ancient Taoist secrets can be incorporated into a contemporary lifestyle.

*The Multi-Orgasmic Man* Mantak Chia 2009-03-17 At last, simple physical and psychological techniques that allow men to fulfill their dreams and women's fantasies. Learn to Separate Orgasm and Ejaculation! Enjoy Increased Vitality and Longevity! Become Multi-Orgasmic Now!

**Endocrine Disruptors** Rajesh K. Naz 1999-01-21 Endocrine Disruptors: Effects on Male and Female Reproductive Systems examines the epidemiology and etiology of environmental toxicants/hormone imposters, many of which act as reproductive toxicants that cause fertility problems and carcinogenic hazards. Thus far, over fifty such hormone imposters/persistent organic pollutants have been identified, the most common of which are organochlorines and dioxins. This book discusses the hazardous effects of endocrine disruptors on gonads, fertility, and sexual and reproductive function, and health hazards leading to the alarming decline in global fertility and rising incidences of breast and prostate cancer.

*The Sleepwalkers* Christopher Clark 2012-09-27 The pacy, sensitive and formidably argued history of the causes of the First World War, from acclaimed historian and author Christopher Clark SUNDAY TIMES and INDEPENDENT BOOKS OF THE YEAR 2012 The moments that it took Gavrilo Princip to step forward to the stalled car and shoot dead Franz Ferdinand and his wife were perhaps the most fateful of the modern era. An act of terrorism of staggering efficiency, it fulfilled its every aim: it would liberate Bosnia from Habsburg rule and it created a powerful new Serbia, but it also brought down four great empires, killed millions of men and destroyed a civilization. What made a seemingly prosperous and complacent Europe so vulnerable to the impact of this assassination? In *The Sleepwalkers* Christopher Clark retells the story of the outbreak of the First World War and its causes. Above all, it shows how the failure to understand the seriousness of the chaotic, near genocidal fighting in the Balkans would drag Europe into catastrophe. Reviews: 'Formidable ... one of the most impressive and stimulating studies of the period ever published' Max Hastings, Sunday Times 'Easily the best book ever written on the subject ... A work of rare beauty that combines meticulous research with sensitive analysis and elegant prose. The enormous weight of its quality inspires amazement and awe ... Academics should take note: Good history can still be a good story' Washington Post 'A lovingly researched work of the highest scholarship. It is hard to believe we will ever see a better narrative of what was perhaps the biggest collective blunder in the history of international relations' Niall Ferguson '[Reading *The Sleepwalkers*], it is as if a light had been turned on a half-darkened stage of shadowy characters cursing among themselves without reason ... [Clark] demolishes the standard view ... The brilliance of Clark's far-reaching history is that we are able to discern how the past was genuinely prologue ... In conception, steely scholarship and piercing insights, his book is a masterpiece' Harold Evans, New York Times Book Review 'Impeccably researched, provocatively argued and elegantly written ... a model of scholarship' Sunday Times Books of the Year 'Superb ... effectively consigns the old historical consensus to the bin ... It's not often that one has the privilege of reading a book that reforges our understanding of one of the seminal events of world history' Mail Online 'A monumental new volume ... Revelatory, even revolutionary ... Clark has done a masterful job explaining the inexplicable' Boston Globe 'Superb ... One of the great mysteries of history is how Europe's great powers could have stumbled into World War I ... This is the single best book I have read on this important topic' Fareed Zakaria 'A meticulously researched, superbly organized, and handsomely written account Military History Clark is a masterly historian ... His account vividly reconstructs key decision points while deftly sketching the context driving them ... A magisterial work' Wall Street Journal About the author: Christopher Clark is Professor of Modern History at the University of Cambridge and a Fellow of St Catharine's College. He is the author of *The Politics of Conversion*, *Kaiser Wilhelm II and Iron Kingdom*. Widely praised around the world, *Iron Kingdom* became a major bestseller. He has been awarded the Officer's Cross of the Order of Merit of the Federal Republic of Germany.



Sex & Character Otto Weininger 2022-07-21 "Sex and character" explains the characteristics of the human species. Written by Otto Weininger, the treatise focuses on issues important to its time: gender, antisemitism, cultural identity, nazism, misogyny, and biological racism. The book is controversial and readers might not agree with everything within the book, but it provides a different way of looking at these issues.

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