

# No Less Than Greatness Finding Perfect Love In Imperfect Relationships

Women of Spirit - Katherine Martin 2010-10-06

These stories reveal the way the world has always been made better — by individuals who courageously follow their heart's inner wisdom. At a moment in history when the tide of events seems determined by faceless governments and corporations, we need these examples of individual action more than ever.

**Library Journal** - 2001

**Forthcoming Books** - Rose Arny 2001-08

**Building Your Field of Dreams** - Mary Manin Morrissey 2009-10-14

Building Your Field of Dreams is both a compelling personal story and a practical and inspiring guide for anyone who has ever hoped for a better life. Mary Morrissey's own dreams were nearly shattered at age 16, when pregnancy forced her into a reluctant marriage that nevertheless became the crucible for remarkable lessons in faith. As she was tested by the near-death of one of her children, by life-threatening kidney disease, and by years of struggling to make ends meet, she clung to her determination to be a minister. Now, with powerful examples from many dream-builders she has known, she shows how anyone can identify their deepest desires, build a partnership with God, confront obstacles and failure, and overcome the mental blocks that keep us from our potential. It's a great message, compellingly delivered by a great teacher. From the Trade Paperback edition.

**The Utne Reader** - 2001

The Artist's Way - Julia Cameron 2020-04-02

'A really good starting point to discover what lights you up' - Emma Gannon 'Unlock your inner creativity and ease your anxiety' Daily Telegraph THE MULTI-MILLION-COPY WORLDWIDE BESTSELLER Since its first publication, The Artist's Way has inspired the

genius of Elizabeth Gilbert, Tim Ferriss, Reese Witherspoon, Kerry Washington and millions of readers to embark on a creative journey and find a deeper connection to process and purpose. Julia Cameron guides readers in uncovering problems and pressure points that may be restricting their creative flow and offers techniques to open up opportunities for growth and self-discovery. A revolutionary programme for personal renewal, The Artist's Way will help get you back on track, rediscover your passions, and take the steps you need to change your life. 'Each time I've learned something important and surprising about myself and my work ... Without The Artist's Way, there would have been no Eat, Pray, Love' - Elizabeth Gilbert

**Wabi Sabi Love** - Arielle Ford 2012-01-03

Arielle Ford's Wabi Sabi Love follows the success of her international bestseller The Soulmate Secret by revealing how to make love last forever. Using the ancient Japanese idea of illuminating the beauty in imperfection (known as wabi sabi), Wabi Sabi Love provides all the tools necessary for you to experience more balance, harmony, and joy in your relationship than ever before. No matter what stage of your relationship, Arielle Ford delivers the secret to lasting love. To quote Deepak Chopra: "Wabi Sabi Love weds ancient wisdom and modern concerns to create the formula for a sustainable, loving relationship for years to come."

Love Is a Choice - Robert Hemfelt 2003-02-02

Do you want to reclaim your independence? Are you looking for guidance as you learn to set boundaries that actually serve you? If you're ready to let go of unhealthy relationships and begin your journey to healing, join Drs. Frank Minirth, Paul Meier, and Robert Hemfelt in Love Is a Choice as they walk you through their ten proven steps to recovering from codependency. In Love Is a Choice, Drs. Minirth, Meier, and Hemfelt combine decades of research with timeless biblical wisdom to show you that the

most effective means of overcoming codependent relationships is to establish or deepen your relationship with Christ Himself. Love Is a Choice will teach you why God wants us to be independent and why you deserve to have healthier, more fulfilling relationships. Throughout Love Is a Choice, Drs. Minirth, Meier, and Hemfelt will lead you through their method to overcoming codependency once and for all. Along the way, Love Is a Choice will give you the tools and encouragement you need to: Discover the root causes of codependency Surround yourself with a loving, supportive community See yourself in a new light Uncover your unmet emotional needs It's time to break the cycle of codependency. Let Love Is a Choice be your guide every step of the way.

**How Good Do We Have to Be?** - Harold S. Kushner 1997-04-01

Memorial: Irene Carly Large print.

*Perfect Love, Imperfect Relationships* - John Welwood 2005-12-27

While most of us have moments of loving freely and openly, it is often hard to sustain this where it matters most—in our intimate relationships. Why if love is so great and powerful are human relationships so challenging and difficult? If love is the source of happiness and joy, why is it so hard to open to it fully and let it govern our lives? In this book, John Welwood addresses these questions and shows us how to overcome the most fundamental obstacle that keeps us from experiencing love's full flowering in our lives. Perfect Love, Imperfect Relationships begins by showing how all our relational problems arise out of a universal, core wounding around love that affects not only our personal relationships but the quality of life in our world as a whole. This wounding shows up as a pervasive mood of unlove—a deep sense that we are not intrinsically lovable just as we are. And this shuts down our capacity to trust, so that even though we may hunger for love, we have difficulty opening to it and letting it circulate freely through us. This book takes the reader on a powerful journey of healing and transformation that involves learning to embrace our humanness and appreciate the imperfections of our relationships as trail-markers along the path to great love. It sets forth a process for releasing deep-seated grievances we hold against others

for not loving us better and against ourselves for not being better loved. And it shows how our longing to be loved can magnetize the great love that will free us from looking to others to find ourselves. Written with penetrating realism and a fresh, lyrical style that honors the subtlety and richness of our relationship to love itself, this revolutionary book offers profound and practical guidance for healing our lives as well as our embattled world.

*Love for Imperfect Things* - Haemin Sunim 2019-01-24

A beautiful guide for learning to love ourselves, from the author of the internationally bestselling *The Things You Can See Only When You Slow Down* No one is perfect. But that doesn't stop us from imagining ourselves smarter, funnier, richer, or thinner, and how much happier we would then be. Love for Imperfect Things, by the bestselling Korean monk, Haemin Sunim, shows how the path to happiness and peace of mind includes not only strong relationships with others, but also letting go of worries about ourselves. Packed with his typical spiritual wisdom, Sunim teaches us to embrace our flaws rather than trying to overcome them, and demonstrates that love has very little to do with perfection. With chapters on self-compassion, relationships, empathy, courage, family, healing, our true nature, and acceptance, as well as beautiful full-colour illustrations, Love for Imperfect Things is a much-needed guide for learning to love ourselves - imperfections and all. \_\_\_\_\_ 'Universal truths, beautifully expressed, lovingly illustrated . . . this is a book to keep close at hand' - Mark Williams, co-author of 'Mindfulness: Finding Peace in a Frantic World', on 'The Things You Can See' 'A remarkable gift, a compendium of practical wisdom. It is accessible brilliance' - Allan Lokos, founder and guiding teacher, Community Meditation Center, NYC, on 'The Things You Can See'

**Yoga Journal** - 2001-09

For more than 30 years, Yoga Journal has been helping readers achieve the balance and well-being they seek in their everyday lives. With every issue, Yoga Journal strives to inform and empower readers to make lifestyle choices that are healthy for their bodies and minds. We are dedicated to providing in-depth, thoughtful

editorial on topics such as yoga, food, nutrition, fitness, wellness, travel, and fashion and beauty. *Toward a Psychology of Awakening* - John Welwood 2002-02-12

How can we connect the spiritual realizations of Buddhism with the psychological insights of the West? In *Toward a Psychology of Awakening* John Welwood addresses this question with comprehensiveness and depth. Along the way he shows how meditative awareness can help us develop more dynamic and vital relationships and how psychotherapy can help us embody spiritual realization more fully in everyday life. Welwood's psychology of awakening brings together the three major dimensions of human experience: personal, interpersonal, and suprapersonal, in one overall framework of understanding and practice.

**New Age** - 2001

*Learning From Divorce* - Christie Coates 2003-11-10

*Learning from Divorce*, by Christine A. Coates and E. Robert LaCrosse, is a practical book that will help you rid yourself of negative feelings of guilt and worry and replace them with positive feelings of growth and hope. *Learning from Divorce* will show you how to confront your fears and flaws, motivate you to move forward toward change, develop realistic hopes about succeeding with future relationships, and turn your failures into victories! In this groundbreaking book the authors explain that divorce can be viewed as a developmental process, a period of transformation and growth. They help the reader understand why the divorce happened in the first place— how unrealistic expectations of a permanent honeymoon or a partner who would satisfy their infantile needs and solve all their childhood problems have so often led to immature and self-centered behavior. In place of this attitude, *Learning from Divorce* provides the reader with a more realistic view of marriage as a long-term commitment requiring loyalty, compromise, devotion, perseverance, and selflessness. This book shows that the rewards of love and family exceed most any other joy or aspiration in one's life and will help you.

[Wellness Wisdom](#) - Susan Tate 2011-01-25

*Wellness Wisdom* lifted my energy immediately .

. . This book contains a powerful blueprint for what wellness looks and feels like. CHRISTIANE NORTHRUP, M.D., author of *Womens Bodies*, *Womens Wisdom*, *Mother-Daughter Wisdom*, *The Wisdom of Menopause*, and *The Secret Pleasures of Menopause* "Susan Tate is a joyful, enthusiastic, cosmic cheerleader for life, health, and consciousness. She has managed the almost impossible task of making transformational reading fun and inviting. *Wellness Wisdom* is a beautiful synthesis of timeless teachings for wellness on all levels-body, mind, heart, and soul." MARC DAVID, author of *Nourishing Wisdom* and *The Slow Down Diet: Eating for Pleasure, Energy, & Weight Loss* "As a healer, dancer, and body worker who teaches people to fall in love with their bodies and stay connected to sensation, Susan's words, advice, and insights give us tools for having a passionate and sensual relationship with the body." DEBBIE ROSAS, author of *The Nia Technique: The High Powered Energizing Workout that Gives You a New Body and a New Life* "Susan Tate weaves stories, humor, wisdom, and science in this easily accessible guide to wellness. I love that it is organized into 31 delicious bites of wellness wisdom. This second edition takes the reader from inspiration to action-right into joyful wellness." DEBORAH KERN, Ph.D., author of *Everyday Wellness for Women* and co-author of *Create the Body Your Soul Desires* "Susan opens the door for us to heal from the inside out." This book is a practical holistic wellness tool to help us create our own wellness philosophy that expands beyond body fat and blood pressure! It highlights important wellness dimensions we often neglect such as joy, forgiveness, love, and laughter. I love how practical the information is and how inspiration is delivered through many personal stories. Susan opens the door for us to heal from the inside out. KAREN WOLFE, M.B.B.S., M.A., co-author of *Create the Body Your Soul Desires* With elegant simplicity, *Wellness Wisdom* provides a step-by-step guide to sustainable, joyful wellness. This updated edition combines the latest science-based and mind/body healing strategies to lead you gently forward on your wellness journey. In her engaging style, Susan Tate offers nourishing stories, well-researched theory, practical exercises, and a powerful Wellness Bill of

Rightsall written with you in mind.

**No Less Than Greatness** - Mary Manin

Morrissey 2002-08-27

As a minister, counselor, and teacher, Mary Manin Morrissey has inspired tens of thousands of people to reach higher in life than they ever believed possible. Her message is revolutionary: God has designed each one of us for greatness. And her warmth, candor, and conviction bring this message alive in the heart and mind of everyone who hears her. As children we instinctively know that we are destined to live great lives. As adults we recognize that our true greatness is expressed in our relationships: in deep, fulfilling partnership, vibrant marriage, abiding closeness with children, parents, and friends. Yet fostering such bonds--even with those we cherish most--can be one of the greatest challenges we will ever face. In *No Less Than Greatness* Mary affirms that love is our birthright--and learning to love well is life's greatest lesson. She shows that we are not alone in our search. When we learn to ask for and listen to divine guidance, we access a different kind of wisdom, a new kind of hope. Beginning with her own surprising story, Mary shows how ordinary, struggling, or even estranged relationships are a curriculum for learning love, and how our relationships--and we ourselves--can be transformed. Within these pages Mary provides a step-by-step guide to the spiritual principles that bring love into our lives. Her powerful affirmations, meditations, and exercises are designed to help you:

- reveal your true self — your most precious gift to others
- consciously design the relationships you most want
- open yourself to partnering with God
- discover the power of unreasonable giving
- achieve intimacy by speaking from your heart
- heal the hurt in difficult relationships
- awaken your love through simple daily acts

Let Mary Manin Morrissey show you that you already have what it takes to create what you desire most--and how, with God's help, even imperfect relationships can lead to perfect love. From the Trade Paperback edition.

**The Publishers Weekly** - 2001

**No Less Than Greatness** - Mary Manin

Morrissey 2001

Audiences of every religious tradition respond to Mary Manin Morrissey's powerful message that "we already have what it takes" to create what we most desire in the world: a fulfilling partnership, a better marriage, closeness with children, parents, and friends. Learning how to ask for and listen to divine guidance gives us access to the love that is always there for us. Through dozens of compelling, vividly told stories, Mary shows how ordinary, struggling relationships are transformed when we learn to follow seven basic spiritual principles. A new wife breaks through the hostility of her reluctant stepson. A young woman who has been rejected too many times learns to love again. A teenage boy turns away from anger to find his life's goal. An aging mother and her daughter heal a lifetime of hurt. Each chapter ends with simple but profound practices that will enable readers to discover the creative partnership that God offers every one of us, and to put the teachings into action in their day-to-day lives.

**All Your Perfects** - Colleen Hoover 2022-03-31  
INSTANT NEW YORK TIMES BESTSELLER The #1 New York Times bestselling author of *It Ends with Us*—whose writing is “emotionally wrenching and utterly original” (Sara Shepard, New York Times bestselling author of the *Pretty Little Liars* series)—delivers a tour de force novel about a troubled marriage and the one old forgotten promise that might be able to save it. Quinn and Graham’s perfect love is threatened by their imperfect marriage. The memories, mistakes, and secrets that they have built up over the years are now tearing them apart. The one thing that could save them might also be the very thing that pushes their marriage beyond the point of repair. *All Your Perfects* is a profound novel about a damaged couple whose potential future hinges on promises made in the past. This is a heartbreaking page-turner that asks: Can a resounding love with a perfect beginning survive a lifetime between two imperfect people?

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