

## Asperger Syndrome And Long Term Relationships

Neurodiverse Relationships Joanna Stevenson 2019-07-18 Comprised of the accounts of twelve heterosexual couples in which the man is on the Autism Spectrum, this book invites both partners to discuss their own perspectives of different key issues, including anxiety, empathy, employment and socialising. Autism expert Tony Attwood contributes a commentary and a question and answer section for each of the twelve accounts. The first book of its kind to provide perspectives from both sides of a relationship on a variety of different topics, Neurodiverse Relationships is the perfect companion for couples in neurodiverse relationships who are trying to understand one another better.

**An Asperger Marriage** Chris Slater-Walker 2002-01-01 When Chris Slater-Walker was diagnosed with Asperger Syndrome it explained why he regarded himself as "socially handicapped", but for Gisela it meant coming to terms with a marriage without any intuitive understanding. This is an account of living with AS, often thought incompatible with marriage.

**Asperger's Syndrome and Sexuality** Isabelle Henault 2006 How do adolescents with Asperger's Syndrome (AS) cope with sexual feelings and behaviour, and how do people with AS deal with intimacy and communication in sexual relationships? This guide provides practical advice on such issues as puberty, couples' therapy, and maintaining sexual boundaries.

*Asperger's Syndrome* Hilary Hawkes 2009 From coming to terms with a diagnosis and receiving specialist counselling to pursuing careers and maintaining long term relationships, this essential guide takes a positive and practical approach to living with Asperger's syndrome.

The Journal of Best Practices David Finch 2012-01-03 The warm and hilarious bestselling memoir by a man diagnosed with Asperger syndrome who sets out to save his marriage. At some point in nearly every marriage, a wife finds herself asking, What the @#!% is wrong with my husband?! In David Finch's case, this turns out to be an apt question. Five years after he married Kristen, the love of his life, they learn that he has Asperger syndrome. The diagnosis explains David's ever-growing list of quirks and compulsions, but it doesn't make him any easier to live with. Determined to change, David sets out to understand Asperger syndrome and learn to be a better husband with an endearing yet hilarious zeal. His methods for improving his marriage involve excessive note-taking, performance reviews, and most of all, the Journal of Best Practices: a collection of hundreds of maxims and hard-won epiphanies, including "Don't change the radio station when she's singing along" and "Apologies do not count when you shout them." Over the course of two years, David transforms himself from the world's most trying husband to the husband who tries the hardest. He becomes the husband he'd always meant to be. Filled with humor and surprising wisdom, The Journal of Best Practices is a candid story of ruthless self-improvement, a unique window into living with an autism spectrum condition, and proof that a true heart can conquer all.

**Loving Someone with Asperger's Syndrome** Cindy Ariel 2012-03-01 If you're in a relationship with someone who has Asperger's syndrome, it's likely that your partner sometimes seems cold and insensitive. Other times, he or she may have emotional outbursts for no apparent reason. And in those moments when you can't understand each other at all, you both feel fed up, frustrated, and confused. The behavior of people with Asperger's can be hard to understand and easy to misinterpret, which is why it's so important to learn more about your partner's condition. The tools presented in Loving Someone with Asperger's Syndrome will help you build intimacy and improve the way you and your partner communicate. Filled with assessments and exercises for both you and your partner, this book will help you forge a deeper, more fulfilling relationship. This book will teach you how to: • Understand the effect of Asperger's syndrome on your partner • Practice effective communication skills • Constructively work through frustrations and fights • Establish relationship ground rules to help you fulfill each others' needs

**A Field Guide to Earthlings** Ian Ford 2010 Autistic people often live in a state of anxiety and confusion about the social world, running into misunderstandings and other barriers. This book unlocks the inner workings of neurotypical behavior, which can be mysterious to autistics. Proceeding from root concepts of language and culture through 62 behavior patterns used by neurotypical people, the book reveals how they structure a mental map of the world in symbolic webs of beliefs, how those symbols are used to filter perception, how they build and display their identity, how they compete for power, and how they socialize and develop relationships--

*Business for Aspies* Ashley Stanford 2011 Includes bibliographical references (p. 227-230) and index.

*Aspergers in Love* Maxine C. Aston 2003 Comparing both AS and non-AS partners' viewpoints, this book frankly examines the aspects of relationships that are often complicated by the disorder. With all findings illustrated with case examples taken from interviews conducted with couples, the author tackles issues such as attraction, trust, communication, sex and intimacy, and parenting.

Asperger Syndrome and Long-term Relationships Ashley Stanford 2003 First published in 2002. Routledge is an imprint of Taylor & Francis, an informa company.

**The Asperger Love Guide** Genevieve Edmonds 2005-12-15 'This book breaks down the social, emotional and practical aspects of relationships so usefully that it is a good resource for teachers and others working with neurotypical individuals. In fact the book so sensibly discusses pitfalls, strategies and individual responsibilities that it would be valuable reading for teenagers generally as well as for individuals with Asperger syndrome' - Tess Coll, autism outreach teacher 'The Asperger Love Guide is recommended reading for those with Asperger's syndrome who are seeking or within a relationship. The authors provide a clear explanation of how the characteristics of Asperger's syndrome can affect the development of a relationship and the expression of love. They then provide sound practical advice for individuals and couples. I really enjoyed reading The Asperger Love Guide and will be recommending the book to my clients' - Professor Tony Attwood `This is the first book I've read in a long time that, once started, I couldn't put down until it was finished. It is an exceptionally good read. The 77 pages are written succinctly with no waffle - just straight to the point. I will definitely buy a copy of this book for the whole family to use! I will use it to guide Joe (my 17 year old Asperger son) when he's ready for it. It's not a book he would read himself; in fact I read the section "the merits of single life" out loud to him a bit like a bed time story' - Action for ASD 'There is a great need for more awareness of Asperger syndrome and how it affects personal relationships. The National Autistic Society find this a helpful guide' - Cathy Mercer, NAS 'This book sets out some helpful facts about relationships in a neat, simple form' - Asperger United 'An excellent self 'help-text'... the book is a clear and matter-of-fact guide to relationships and is unapologetic in offering straightforward and helpful advice for romantic success... Not a word is wasted, and as well as being highly recommended for individuals with Asperger's Syndrome, should also be read by education professionals supporting young people with Asperger's Syndrome in schools, colleges and universities' - SENCO Update 'Aimed primarily at individuals with Asperger syndrome, this very readable book is in fact of use to a much wider audience. The issues are discussed openly and logically and the advice given is both sympathetic and very matter of fact... The book breaks down the social, emotional and practical aspects of relationships so usefully that it is a good resource for teachers and others working with neurotypical individuals. Infact the book so sensibly discusses pitfalls, strategies and individual responsibilities that it would be valuable reading for teenagers generally as well as for individuals with Asperger syndrome' - British Journal of Special Education Material based on the experiences of the people on the Autistic Spectrum is usually written by neurotypical writers. Here, Genevieve and Dean, both adults with Asperger's Syndrome, share their advice and tips for romantic success. The chapters cover: o building self-esteem; o the best places to meet potential partners; o dating; o maintaining relationships. Both authors work with the Asperger community, either providing support or training, so their insight is based upon other people's experiences as well as their own. This is shown in a number of case studies that support the elements described in each chapter. They write in a clear, accessible and non-patronizing way which will suit their audience. This will prove to be an invaluable book to those with Asperger's or those that support Asperger

people. Dean Worton is a 31 year-old high functioning individual with a very positive expression of Asperger Syndrome. He runs a successful UK-based website for adults with Asperger Syndrome and hosts real-life meet-ups around the UK for its members. His key interest is in encouraging adults with AS to live positively and successfully with the gifts that Asperger Syndrome provides. He also works in administration and resides in North-West England. Genevieve Edmonds is a 23 year old with 'residual' Asperger Syndrome, which she views as a significant gift. She works as an associate of the Missing Link Support Service in Lancashire supporting those 'disabled by society' including individuals with ASD. She speaks and writes frequently in the field of Autism, along with giving training, workshops and soon counselling. She aims to empower those with ASD, carers and professionals in the understanding of Asperger Syndrome as a difference rather than an impairment. She lives and works in a solution-focused way and is based in North-West England

**Pretending to be Normal** Liane Holliday Willey 1999-05-01 `This accomplished author demonstrates incredible insight into her AS, and how it has shaped her life. She is courageous in sharing with the reader moments clearly painful to recall, which offers parents a rare peek inside the world of their children. At times mesmerized by her poetic style, Willey is the first AS author to effectively convey the emotion and isolation experienced by these individuals.' -ASPEN Newsletter `For families living with "Aspies" and professionals working with them, this is highly recommended to further understand the challenges of Asperger Syndrome' - Joan Wheeler, CoOrdinator, Regional Services `This autobiographical narrative details the life of a woman with Aspergers Syndrome (AS), a mild form of autism. It focuses on the obstacles she confronts, her means of overcoming them, and her ultimate recognition and acceptance of her status as an "aspie"...The book will be an aid for people who have AS and it may be even more useful for those who do not have it, but who are close to someone who does.' - Disability Studies Quarterly `The book will be of great benefit to everyone concerned to help children and adults with mild Asperger's syndrome, but most of all to the people who are themselves affected.' - Child Psychology and Psychiatry `The author is a university lecturer who found that many of the puzzles of her own life fell into perspective when, after several years of knowing one of her twin daughters was different from the other, she eventually found someone who listened and explained Asperger's Syndrome. She vividly describes her own difficulties and emotions as she herself grew up with Asperger's Syndrome...Her story is told simply and through it we gain insight into what it is like to lose your way in your own home town, be assaulted by your heightened senses and attempt to unravel the mysteries of social communication. In the appendices she describes the strategies that have been of most help to her. This book is a testimony to the exceptional qualities of those who have Asperger's Syndrome.' - Therapy Weekly `Before reading this book I had some academic knowledge of the symptoms of Asperger's Syndrome which had stimulated my curiosity about what it might be like to suffer from the condition. I looked forward to reading the book to see if it would help me to understand how a person with Asperger's might think and feel. I was not disappointed. The book is well written and easy to read and I found it hard to put down. I felt the author's descriptions of her struggles to communicate with others and cope with sensory overload gave me a real insight into how Liane thinks and feels. It also gave me food for thought about conformity pressures in our society and how we treat people who seem different from the norm...This is a hopeful and optimistic book. Liane is a doctor of education and she is happily married with three children. I used the words "suffer from Asperger's syndrome" deliberately in the first paragraph as that is how I saw it. Liane has a different view - she does not minimise the difficulties she has had to face but she does not wish she was different. She challenges us to think about what we mean by the word `normal' and to be less rigid in our thinking about `normal' behaviour. I believe this is a valuable read for all counsellors and will give them much food for thought. Asperger's syndrome occurs with varying levels of severity. Hopefully, reading the book will help counsellors to work more effectively with clients who may have the syndrome to some degree and to avoid labelling them as difficult. It would also be very useful for clients where they or one of their relatives might have Asperger's Syndrome.' - Relate News `Liane's autobiography will allow others to understand the world as perceived by a person with Asperger's Syndrome ... I strongly recommend this book for teachers as it will provide the previously elusive reasons for behaviours that were considered unconventional or appeared to be abnormal. Specialists and therapists who diagnose and treat such children will find the book a treasure trove of information and insight ... [this] book will be an inspiration for thousands of people throughout the world.' - From the Foreword by Tony Attwood `This accomplished author demonstrates incredible insight into her AS, and how it has shaped her life. She is courageous in sharing with the reader moments clearly painful to recall, which offers parents a rare peek inside the world of their children. At times mesmerized by her poetic style, Willey is the first AS author to effectively convey the emotion and isolation experienced by these individuals.' - ASPEN Newsletter

**Business for Aspies** Ashley Stanford 2011-07-15 Most workplaces are a frenzied swirl of social interaction - between employees and bosses, customers and clients, and anyone else present. People with a mental framework better suited to non-social tasks can often be overlooked and underutilised in such an environment, but this book explains exactly how those with Asperger Syndrome can get their talents recognised and become successful and indispensable employees. Following the DSM system and an easy to use format, Ashley Stanford addresses all of the issues that can arise once a person with AS secures employment, through the eyes of both employee and employer. Describing what might be expected of any employee, she offers helpful tips and workarounds not only to enable AS individuals achieve their fullest potential, but to take advantage of their strengths. In a positive and upbeat tone, she shows that with the right supports and strategies, it is possible to overcome the day-to-day challenges that trip up even the most savvy Aspie, including negotiating pay rises, employer/employee relationships, team meetings, career advancement, and choosing when to take vacation time. Drawing on her experience as CEO of a computer software company, she also suggests steps that employers and managers can take to improve the working environment for people with AS, and take advantage of their strengths to enable them to become outstanding employees. Business for Aspies will help people with AS take steps towards achieving happy, fulfilled and above all successful working lives. It will be of key interest to the employers, managers, partners, and families of people with AS.

**Counselling for Asperger Couples** Barrie Thompson 2008-08-15 Counselling for Asperger Couples is the first book to provide a complete model for counselling couples where one partner has Asperger Syndrome (AS). The book provides details of the seven different stages of the model and includes anecdotal evidence from clients who have used it and whose relationships have been greatly helped by it. The author explains the importance of initial separate counselling and describes the co-counselling process, using case studies to demonstrate how the process works. The book offers a wealth of valuable advice on improving communication and cooperation and includes photocopyable activity sheets that couples can fill in and use to help understand each other better. Strategies and visual aids are also offered for dealing with or preventing anticipated future miscommunications. Based on considerable experience, this book will be invaluable for counsellors treating couples where one partner has Asperger Syndrome, or for couples that want to improve their relationship but may not have access to counselling. It will also be useful to teachers wanting better communication with AS pupils or parents wanting better communication with an AS child.

**22 Things a Woman Must Know If She Loves a Man with Asperger's Syndrome** Rudy Simone 2009-05-15 Although having Asperger Syndrome (AS) can make romantic relations difficult, having a fulfilling relationship with an Asperger man is certainly not impossible. A woman in love with a man with AS may interpret his difficulties with communication and socialization as a lack of interest in the relationship. He may vacillate between being gentle and caring to seeming cold and distant. She may find his behaviour hard to understand, resulting in feelings of loneliness, isolation, and confusion. This book shows how to overcome these difficulties and maintain a loving relationship with an AS partner. From an unwillingness to show affection in public or even sleep in the same bed to problems holding down a job, this book looks at 22 common traits that women may discover when they are dating, living with or married to a man with Asperger's Syndrome. Rudy Simone explores the complications of Asperger's relationships with honesty and understanding, drawing on research and personal experience to inform and advise women with AS partners. She offers helpful tips for improving the relationship and finding fulfillment both individually and as a couple. This book will help women to understand the male Asperger's mind and, equally, it can help men with AS to see things from their partner's perspective. It will also be of interest to counsellors working with couples where the male partner has Asperger's Syndrome.

**Love and Asperger's** Kate McNulty 2020-10-27 Everyday techniques to strengthen empathy and connection in neurodiverse couples Life with a partner whose neurotype is different than yours is filled with moments that

are surprising, unique, and sometimes challenging. If one of you has an Aspergers profile and the other is neurotypical, *Love and Aspergers* is a helpful and inclusive guide to understanding the nature of your relationship and navigating its particular obstacles without losing sight of what's important. You'll read engaging and realistic scenarios that depict couples going through similar issues, combined with practical, evidence-based solutions that address the needs and perspectives of both partners equally. *Love and Aspergers* helps you: Work together--Find easy ways to improve communication, cultivate emotional and physical intimacy, and maintain a commitment to learning about each other. Appreciate your differences--Discover a window into the inner world of your partner, and the ways in which their experiences differ from yours so you can convey your own perspective more effectively. Break through the stereotypes--Sort out myths and facts about Aspergers so you can understand neurotypical and neurodiverse thinking, and make your life together as a couple more loving and more rewarding. Deepen your relationship and your communication with *Love and Aspergers*.

*Alone Together* Katrin Bentley 2007 Thousands of people live in Asperger marriages without recognizing the signs that their spouse has AS. When Swiss-born Katrin met Gavin while backpacking in Australia, she fell in love with a man that was kind, good looking and different. He followed her to Switzerland where they married eight months later. At first everything seemed fine, but once back in Australia things changed very drastically. *Alone Together* shares the struggle of one couple to rescue their marriage. It explains the clues that suggest a person might have AS and explores the effect of diagnosis. It is uplifting and humorous and includes plenty of tips for making an Asperger marriage succeed. This book offers couples hope, encouragement and strategies for their own relationships.

**Out of Mind - Out of Sight** Kathy J. Marshack 2013-10-22 "Out of Mind - Out of Sight: Parenting with a Partner with Asperger Syndrome (ASD)," takes an honest look at the unique issues that come up when you're co-parenting with an Asperger partner. It's a tough assignment because for the Aspie (ASD) parent so many of the interactions within the family circle, that require empathy, are literally out of mind - out of sight. This is essential reading for the Neuro-Typical (NT) parent to learn more about Asperger Syndrome and find a way to co-parent, co-exist and even thrive within the Asperger/NT family unit. Author Kathy J. Marshack, Ph.D, is a licensed psychologist with more than 33 years of experience as a marriage and family therapist, and a parent of a daughter with AS. This book is a follow-up to her first book to explore Asperger relationships, *Life with a Partner or Spouse with Asperger Syndrome: Going over the Edge? Practical Steps to Saving You and Your Relationship*, which garnered worldwide attention due to its unforgivingly realistic portrayal of loving someone with Asperger's. Once again, in this new book readers will find it is not a quirky, upbeat human-interest story on Asperger Syndrome. Instead, Dr. Marshack doesn't pull back from revealing the harsh realities that a Neuro-Typical (NT) faces in parenting with someone who doesn't fully understand them or their children. However, she also provides hope and practical solutions on how to co-parent more successfully. How is an NT parent supposed to share the multi-dimensional work of parenting with a spouse who has no concept of the empathic glue that holds the parent/child relationship (and the parent/parent relationship) together? There are no shortcuts and no easy answers, but the question is explored in all its multi-faceted complexities. In the first part of the book, Dr. Marshack introduces the reader to the daily life of AS/NT co-parenting. There is no analysis, just raw emotional experiences that will resonate with readers who are living this life. Next, readers will be compelled to shed some of their preconceived notions as Dr. Marshack explains the science behind these troubling relationships as well as state of the art theories on Asperger Syndrome (ASD). At the end of the book Dr. Marshack provides specific techniques to help readers implement the changes they want and need to make to revive their marriage and their parenting as well as reclaim their personal freedom.

*Connecting With Your Asperger Partner* Louise Weston 2011-03-15 Communication and intimacy can feel like a constant struggle in relationships where one partner has Asperger Syndrome (AS). For the neuro-typical partner (NT) in particular, this can be an endless source of frustration, misunderstandings, and tears. Drawing on her own experience of being married to a man with AS, Louise Weston shows that the road to intimacy begins with letting go of expectations and looking after your own physical and emotional needs. She provides tried-and-tested strategies for relating to and connecting with your AS partner, as well as useful tips for coping with hurtful words and meltdowns, helping your partner to interpret emotions, and finding further sources of help and support. Above all, she shows that although your AS/NT relationship will challenge you beyond what you ever thought possible, by letting go of expectations and respecting each others' differences, this unique partnership really can be both happy and successful. Brimming with stories and advice from other NT partners, this practical book will help NTs take positive steps towards connecting with their AS partners. It will also be a useful resource for counsellors and other professionals who wish to deepen their understanding of AS/NT relationships.

**Asperger's Syndrome for the Neurotypical Partner** Alis Rowe 2015-02-25 The Girl with the Curly Hair has Asperger's Syndrome (high functioning autism). In this guide she explores her relationship with her neurotypical (non-autistic) male partner. Remember, everyone is different, but she hopes it is a starting point for some helpful conversations between you and your partner to understand how the relationship is for you both. Topics include how ASD affects her in day to day life, the positives of ASD, strategies on how the neurotypical partner can help with ASD challenges, what it feels like when you are apart, why she loves you, and how you can best enjoy your time together. Suitable for ASD/NT couples in long-term relationships. The Girl with the Curly Hair hopes you can discuss aspects of the guide together and highlight any bits that resonate with your own relationship.

**Asperger Syndrome - A Love Story** Sarah Hendrickx 2007-06-15 Open, honest and upbeat, this book gives personal insight into both the ups and downs of an Asperger relationship. Seeking to challenge the bad press that people with Asperger Syndrome (AS) get as partners, Sarah and Keith tell their story of how they are making it work - and also how they got it wrong - with disarming frankness and humour. When Sarah and Keith met in 2003 neither knew much about Asperger Syndrome. Sarah thought Keith was 'weird' and couldn't work out why; and Keith thought Sarah was obsessed with diagnosing him with something-or-other. Difficulties ensued that brought the relationship to an end. Slowly, however, they each built up their knowledge of AS and in the meantime developed a mutual understanding, mutual acceptance and a desire to be together again. This personal account is supplemented with professional knowledge and anecdotes gained from Sarah's work with adults with AS - a career which started as a result of her experiences with Keith. She swears that she didn't take her work home with her! It is inspiring reading for couples in Asperger relationships as well as for counselling professionals.

**Autism and Asperger Syndrome** Simon Baron-Cohen 2008-05-29 Following on from the highly successful book *Autism: The Facts*, this new volume by Simon Baron-Cohen summarizes the current understanding of the autistic spectrum, from Asperger syndrome to autism. Written first and foremost as a guide for parents, but what is also certain to become required reading for interested professionals, the book covers what we have learnt to date about the brain, genetics, and interventions for autism spectrum disorders. The book also provides an overview of diagnosis of these conditions, their biological and physiological causes, and the various treatments and educational techniques available. In the book Professor Baron-Cohen also presents a new unified psychological theory of the autistic spectrum.

**The Asperger Couple's Workbook** Maxine Aston 2008-11-15 Asperger Syndrome (AS) can affect some of the fundamental ingredients required to make a relationship work, such as emotional empathy and communication. Maxine Aston, author of *Aspergers in Love*, has created this workbook to help couples where one of the partners has Asperger Syndrome deal with the difficulties that may arise in their relationship. With candid advice, activities and example worksheets, the book explores a variety of approaches that couples can use to counteract these difficulties. Whilst acknowledging that all relationships are different and each needs to be viewed as a unique case, the author identifies specific issues that can be problematic in an Asperger relationship, such as verbal and non-verbal communication, sexual issues, socializing and parenting, and comes up with simple and effective ways of addressing these issues. This practical book is designed for use by couples and families affected by AS, either on their own or in conjunction with a counsellor. It will also be of interest to couples counsellors, or other professionals working with people with AS.

*Love, Sex and Long-term Relationships* Sarah Hendrickx 2008 "This accessible book is an invaluable source of information and support for couples in which one or both partners has Asperger Syndrome, as well as

counsellors and health and social care professionals."--BOOK JACKET.

**Aspergers in Love** Maxine Aston 2003-03-14 Asperger syndrome (AS) has often been considered to be incompatible with love and relationships, but as the number of people who are diagnosed with the disorder increases, it is becoming apparent that people with AS can and do have full and intimate relationships. Comparing and contrasting both AS and non-AS partners' viewpoints, this book frankly examines the fundamental aspects of relationships that are often complicated by the disorder. With all findings illustrated with case examples taken from interviews conducted with couples, the author tackles issues such as attraction, trust, communication, sex and intimacy, and parenting. Drawing on her extensive research and established career as a Relate counsellor, Maxine Aston has produced a much-needed analysis of intimate relationships where one adult has AS and this book is a must for all those with AS and their partners, as well as for friends, family and counsellors.

**The Asperger Couple's Workbook** Maxine C. Aston 2009 Aston has created this workbook to help couples where one partner has AS. With candid advice, activities and worksheets, she explores a variety of approaches. She identifies specific issues, such verbal and non-verbal communication, sexual issues, socializing and parenting, and comes up with simple and effective ways of addressing these issues.

**Asperger Marriage and Relationships** Karen Slee 2016-04-19 This book aims to help the spouses or partners who are married to or in a long term relationship with someone diagnosed with Asperger's Syndrome or more likely, suspected Asperger's Syndrome (AS). This book is an honest account of what my life has been like with my AS husband and how his Asperger's has affected our marriage. We have had many crisis moments over the years but most of these have been through joint ignorance of my husband's condition. With realisation came a long 'getting to know you' process and learning more about the condition and David's idiosyncrasies. Advice that worked for us is clearly signposted. There are about 500 articles on a vast range of subjects plus lots of links to the latest research. David also writes about the topics I have chosen from his autistic experience, providing insight into how our relationship works (or doesn't) from his perspective. I want to share with you the everyday, nitty gritty, tiny details that most people outside of your family would miss, that really affect you as a couple. I have gone into detail about these and explained why these behaviours happen. Not every man with AS is the same but you will recognise some of these behaviours in your husband or partner. I graduated with a Masters in Autism from Northumbria University and used my 18 years of experience (research) of living with David to write my dissertation about our marriage. I couldn't help but be worried when he read through my dissertation at the end as I was concerned that I may have misunderstood some things or upset him with some of the detail. I believe it was probably quite hard for him to read how much his behaviour over the years had affected me but all he said after he had read it through was that it was 'very insightful'. I knew then I had done a good job.

**The Partner's Guide to Asperger Syndrome** Susan J. Moreno 2011-12-15 Adults with Asperger Syndrome (AS) often have difficulties acquiring relationship skills due to the defining characteristics of the syndrome, experiences with peers during childhood and adolescence, and the expectations of their partners. However, an increasing number do go on to achieve happy and successful long-term relationships with non-spectrum (NS) partners. This supportive book will give NS partners a better understanding of NS/AS relationships, and of what other NS partners have found to be helpful in terms of better understanding themselves and their partners, and enriching their relationships. Drawing on interviews with over 100 people in NS/AS relationships, as well as on their own experiences of having family members on the autism spectrum, the authors explore the key differences which may impact upon AS/NS relationships, such as communication, social skills, and sensory issues, and offer tried-and-tested advice on how to surmount difficulties and make things work. The book includes chapters on coping with stress and meltdowns, parenting, positive AS qualities and how to use them to their full advantage in a relationship, as well as advice on how the NS partner can ensure that their own needs are met. This book will provide support and encouragement to those in a relationship with someone who has been diagnosed with AS, or who is suspected of having AS, and will also be a useful resource for counsellors and other professionals who wish to deepen their understanding of AS/NS relationships.

**Autistics' Guide to Dating** Jody John Ramey 2008-02-15 For people on the autism spectrum dating is so often an elusive art form, requiring the very skills--in communication, and in social perception--that don't come naturally to them. This book presents strategies for overcoming social skills deficits and sensory issues, to make for relationship success. Emilia Murry Ramey and Jody John Ramey, both on the spectrum, reflect on their dating experiences and provide recommendations for relationships in both the short- and long-term. Their advice includes how to choose venues for meeting people that are free from discomfiting features; coping with typical experiences in the light of sensory issues such as close proximity with a partner, eye-contact, and physical intimacy; and moving on to extended, committed relationships, co-habiting and continuing to date after marriage. Thorough, accessible, and very encouraging, this book is a must-read for Autistic people, those who love them, and those who are in love with them.

**Love, Sex and Long-Term Relationships** Sarah Hendrickx 2008-02-15 What are the motivations and desires behind relationship choices and sexual behaviour? Are they very different for those with Asperger Syndrome (AS) than for anyone else? Does having extreme sensitivity to physical touch or an above average need for solitude change one's expectation of relationships or sexual experience? Many people on the autism spectrum have limited knowledge of how to establish or conduct sexual relationships: drawing on extensive research with people on the autism spectrum, the book openly explores such questions. For the first time people with AS discuss their desires, needs and preferences in their own words. AS attitudes to issues such as gender, sexual identity and infidelity are included, as well as positive advice for developing relationships and exploring options and choices for sexual pleasure. This accessible book is an invaluable source of information and support for those with Asperger Syndrome and couples in which one or both partners has Asperger Syndrome, as well as counsellors and health and social care professionals.

**Troubleshooting Relationships on the Autism Spectrum** Ashley Stanford 2013-08-28 Don't you wish relationships came with a manual? Ashley Stanford has written a user's guide to relationships that adopts a practical troubleshooting approach to resolving difficulties that will greatly appeal to the logical minds of individuals on the autism spectrum, as well as offering valuable guidance to their partners. Troubleshooting identifies problems and makes them fixable. This book presents a three-step troubleshooting process that can defuse even the trickiest relationship dilemma. Specific problem areas are covered in detail including communication, executive functioning, mindblindness, attachment, intimacy, co-habiting, and raising a family. The book offers straightforward solution-focused strategies and additional help is given in the form of bulleted lists, summaries, scripts, and example scenarios.

**What Men with Asperger Syndrome Want to Know About Women, Dating and Relationships** Maxine Aston 2012-07-15 Positive, practical and realistic, this book offers a wealth of information on women, dating and relationships for men with Asperger Syndrome (AS). Many AS men are totally confused and bewildered by women and relationships and find it hard to know what to do, what to say and how to get it right. For these men, understanding the emotional side to relationships and women's needs can be a complete mystery and they often get it disastrously wrong. This practical handbook provides the answers to Asperger men's most frequently asked questions about women, dating and relationships, helping them to understand the way relationships work and increasing their confidence and ability to have successful relationships. This comprehensive handbook is essential reading for men with Asperger Syndrome (and their partners). It will also be of immeasurable use to counsellors and other professionals working with such individuals.

**The Other Half of Asperger Syndrome** Maxine C. Aston 2001 Based on academic research, experiences as a counselor specializing in this area and personal relationship experiences, the author uses quotations and real-life examples to illustrate her points with a compassionate understanding. Practical everyday topics include living and coping with AS, anger and AS, getting the message across, sex and AS, parenting, staying together, and "AS cannot be blamed for everything."

**Asperger's Syndrome** Hilary Hawkes 2020-07-24 If you have Asperger's syndrome (AS) or your child or partner does, life can be challenging, difficult and emotionally draining. Help is at hand. From coming to terms with a diagnosis and receiving specialist counselling to pursuing careers and maintaining long term relationships, this essential guide takes a positive and practical approach to living with Asperger's. Using tried and tested

strategies from those who have lived with the condition, you will discover how to develop communication, how to deal with obsessive behaviour and how to get further help and support. Information for those living with a partner suffering from Asperger's is also provided. Chapters are also included for parents whose child has recently been diagnosed with Asperger's, together with advice for teachers and carers. This book won't pretend that living with Asperger's is easy, but it will help you to understand and live positively with the condition.

**Marriage and Lasting Relationships with Asperger's Syndrome (Autism Spectrum Disorder)** Eva A. Mendes 2015-07-21 Proven counseling strategies that will help improve the relationships of married, long-term or co-habiting couples with Asperger's Syndrome (Autism Spectrum Disorder). ASD relationship expert Eva A. Mendes provides advice straight from the couples' counselling room that can be applied in day-to-day living and help with the challenges that can arise in relationships where one or both partners are on the autism spectrum. This includes issues surrounding diagnosis, mental health, sexual compatibility, sensory needs, executive functioning, theory of mind, communication, and co-parenting. She offers unique practical ideas for positive change such as creating a relationship schedule, making expression of appreciation and gratitude a part of every day, and finding mutually satisfying activities and special interests to engage in with your partner. The strategies in this book will be useful to couples themselves and any couples' counselors or therapists working with them.

**Asperger Syndrome and Alcohol** Matthew Tinsley 2008-06-15 Asperger Syndrome and Alcohol exposes the unexplored problem of people with Autism Spectrum Disorders (ASDs) using alcohol as a coping mechanism to deal with everyday life. Alcohol can relieve the anxiety of social situations and make those with ASDs feel as though they can fit in. Ultimately, however, reliance on alcohol can lead the user down a path of self-destruction and exacerbate existing problems. Utilising their professional and personal experience, the authors provide an overview of ASDs and of alcohol abuse, and explore current knowledge about where the two overlap. Tinsley explores his own personal history as someone with an ASD who has experienced and beaten alcohol addiction. He discusses how the impact of his diagnosis and his understanding of the condition played a huge part in his recovery, and how by viewing his life through the prism of autism, his confusion has been replaced by a greater understanding of himself and the world around him. This inspiring book on an under-researched area will be of interest to professionals working with people with ASDs, as well as individuals with ASDs who may be dealing with alcohol or substance misuse, and their families.

**Life with a Partner Or Spouse with Asperger Syndrome** Kathy Marshack 2009 Delve into the dramatic impact Asperger Syndrome can have on the complex world of adult interpersonal relationships. Psychologist Kathy Marshack shares poignant true stories based on her own life and the lives of her clients, focusing on how partners/spouses of someone with AS can take back their own life and find true meaning and happiness. The author discusses these sensitive issues and shows readers how to take control of their lives and grow away from dysfunctional behavior and dysfunctional relationships. Each chapter closes with a series of "Lessons Learned" that recap the main points of the chapter and offer new ways to look at these very unique challenges.

*22 Things a Woman with Asperger's Syndrome Wants Her Partner to Know* Rudy Simone 2012 Rudy Simone covers 22 common areas of confusion for someone dating a female with AS, including advice from her own experience and that of other couples. She talks with humour and honesty about the little things that might be different from a relationship with a neurotypical woman and discusses first dates, sex, and even having children.

**The Complete Guide to Asperger's Syndrome** Tony Attwood 2007 A guide to Asperger's syndrome describes what it is and how it is diagnosed, along with information on such topics as bullying, emotions, language, movement, cognitive ability, and long-term relationships.

**Asperger Syndrome (Autism Spectrum Disorder) and Long-Term Relationships** Ashley Stanford 2014-10-21 Happily married to her husband with Asperger Syndrome for 25 years, Ashley Stanford is an expert on how Autism Spectrum Disorder (ASD) can affect a relationship and her bestselling book has helped thousands of couples. Brought fully up to date, this second edition clarifies the new DSM-5 diagnostic criteria and explains how, without a solid awareness of the condition, ASD behaviors can easily be misinterpreted. Stanford's book provides a wealth of strategies for living with the more uncompromising aspects of ASD, pointing out that ASD also brings enormous strengths to a relationship. It shows how understanding the intentions, motivations and reasoning behind ASD behaviors can lead to better communication, relief of tension, and ultimately to a happier, more mutually fulfilling relationship.

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