

Guide To Sexual Domination For Women

The FemDom Relationship Guide - Caroline Peel 2018-03-18

So you want to have a FemDom relationship or want to know how that would even work? You are a man and want to convince your wife to become your future mistress? You are a woman and want to understand submissive men or train one? Then this is your book. You should not read this book, if you're interested in any 'hot' FemDom sex stories - you won't find them there. You will find a complete manual for a FemDom relationship, however. This book is a complete guide to a modern FemDom relationship. So much of the websites out there are focusing on the sexual elements of FemDom, and almost no one talks about FemDom as a relationship model. Needless to say that it seems all of the writings are from men, and they really don't understand women - especially not Dominant women. I have been in a FemDom relationship for almost 10 years now, and yes, it works - it's the best lifestyle ever, I love it! But getting there wasn't easy. The stuff on the internet, for instance, was worthless. I received lots of help, but I have to admit that much of this was sheer luck. The first step was understanding my submissive husband and his desire to be dominated. It was by accident that I discovered my husband's visits to a Dominatrix. How was I supposed to understand that? If I would have had access to a book like this one, I would've understood him much better. But back then this book didn't exist.... Instead, I invested lots of time to understand submissive men and went on a journey. After some time, we introduced FemDom. I learned to Dominate. I learned to command. I learned to own him. He's mine now. And both of us love it. But even today, 10 years later, there still is no adequate book or guide out there which teaches the two most basic things: Accepting and understanding submissive men as a woman Dominant a man and living a FemDom relationship in the long run. That's why I decided to write this book. It's not only a collection of thoughts - it's a through handbook guiding you on your journey towards total FemDom. Here is an overview of what you will find inside: Chapter 1: Why I Became A Mistress - Understanding Submissive Men Chapter 2: The Benefits Of Female Domination Chapter 3: The Mistress - And How To Become One Chapter 4: Finding A Submissive Male Or Creating One Chapter 5: Train A Submissive Male To Be A Slave Chapter 6: Establishing Your Authority: Ways To Make Him Obey Chapter 7: Managing A Femdom Relationship Chapter 8: How To Make Him Obey With Rituals And Things Chapter 9: The Art Of Discipline: Advice, Technique And Implements Chapter 10: Femdom Examples Chapter 11: Frequently Asked Questions Chapter 12: Last Steps It's a 170 page book and contains years of experience. What do you need more? Here are the two FemDom rules: 1. Mistress is always right. 2. When Mistress is wrong, Rule #1 applies.

The Complete Mistress Manual - Mistress Dede 2015-10-07

Have you ever wondered what it would be like to be a dominant woman who can control a man with just a look or a word? When the thoughts of being in control creep into your head, that sexy little smile starts to play over your lips, and you start to get some ideas that you want to try on your man. As women, we have all been there, but being women, many of us are unable to take hold of our control and dominate a man. The idea of being a dominatrix is often seen as a sexual and social taboo, and many women are afraid of what society would say, what our family and friends would think, and in general, we feel that it isn't the position of a woman to take the stance of power and control. Women are seen naturally as the weaker sex, the one to be protected by a man, and the man in the relationship is often seen to be in control, the leader, the strong and dominant one. Social norms often dictate how we feel about ourselves, and sometimes, it can hinder who we really are inside. Take heed, ladies. We are women. We are strong. We are powerful. We are fierce. We are romantic. We are dynamic. We are caring. We are fighters. We are lovers. We are women! This manual will give you an inside look on what being a Mistress is really all about and will give you insight on how to be a Mistress. Being a Mistress isn't all about leather outfits, stiletto heels, and a whip in your hand. It is a journey between you and your partner, where you are the leader, you are in control, and you have the final say. It is a path of adventure where you make the choices, you take charge, and where you can let all of your inhibitions go. It will give you insight into a new you, the one who has been trapped behind the social norms for far too long. Ladies, welcome your inner Mistress!

Dominant Female Submissive Male - Sophia James 2019-04

Why do Women, even very attractive women, stay in relationships with Men who treat them badly? Is it low self-esteem or a desire to submit to a dominant man? A dominant man who will provide all the romance and excitement she has been brought up to believe is her natural right. In my case it was the latter; I wanted the big, handsome hunky guy who would sweep me off my feet, treat me like a princess in public and his sex slave in the bedroom. But, as most women find out, life is not a fairy tale. A real life Rhett Butler probably does exist but you will have more chance of finding a needle in a haystack. Elizabeth Bennett found happiness but for every Mr Darcy there are hundreds of selfish men who think a woman's job is just to supply sex and child care. WOMEN SHOULD UNDERSTAND THE POWER THEY HAVE. I didn't realise it until I was thirty-five and until that point I put up with my men coming home drunk, wasting my money, getting fatter and more abusive and providing me with increasingly disappointing sex. I put up with it no longer. I now have a man who sees it as his principle aim in life to keep me happy, contented, wealthy and sexually satisfied. I have known my man for most of my life but he only became my boyfriend seven years ago. During that time I have been a professional Dominatrix and a writer of books dedicated to the dominant female. And my boyfriend is also my slave. In this book I explain how all this came about. The book is more about personal-transformation and female-empowerment than it is about kinky, usually fictional, sexual fantasies. The success of the book, *Fifty shades of grey*, shows the interest there is out there in an alternative, discipline based life-style and emphasises that many women share that interest. Unlike, *fifty shades of grey*, *Dominant Female Submissive Male* is primarily a manual for submissive men to find the Mistress of their dreams but it is also an eye-opener for frustrated women as it shows them the glorious, very exotic and exciting life they could have. While some submissive men are slightly pathetic, and even creepy, many are romantic, kind-hearted, reliable and good fun. They adore and respect women and see it as their role in life to support them. What's not to like about that? They will have a desire for discipline and this desire will be inextricably linked to their sexual nature. For some this will be extreme and involve heavy BDSM but for most it will involve safe, erotic role-play and spankings. The point is that Women control when, how and even if it happens. Women have the power in all aspects of the relationship and how they exercise that power is up to them. Believe me, once you have a man on his knees begging for an orgasm you will never look back. But Women do not want to live with a wimp and this is what a lot of very nice submissive men fail to understand and why many of them remain frustrated and single when, with a little change of emphasis, their dreams are so easily achievable. This book is a guide on how to affect this change of emphasis and to get across what women are looking for and will accept in a loving, fulfilling and very kinky relationship. It also explains how submissive men can learn to accept and enjoy their kink and how to widen their circle of fetish friends. It relates the authors own experiences and offers guidance on how to get the best out of a session with a Dominatrix and how to become more than just a client to her. It also explains how to tell your wife about your desire for female-domination and, more importantly, how not to. It also offers cautionary tales and about how not to get ripped off by unscrupulous con-artists. The central aim of the book however, is to bring together good men who have a desire for female-domination with good women looking for a lover who will provide happiness, support, fun, excitement and success. Please click on the look inside feature for a preview.

Female-Led Relationship Guide - Conner Hayden 2020-01-06

The #1 thing men secretly desire of women, yet typically won't admit it. Are you the one who likes to be in control, especially when it comes to making decisions for you and your partner? Do you and your significant other naturally fall into the dominant female and submissive male roles in your relationship, yet do not feel as if you utilize this couple dynamic to its fullest potential? Have you heard of or seen your friends in a female led relationship, the idea peaking your interest, but do not know how to implement this lifestyle into your own daily routine? Through years on end, men have always been the dominant one in relationships, telling the woman what to do, taking care of finances, and typically taking the lead in the bedroom. Because women are quickly becoming more and more

aware of the influence they can have on the world and thus breaking out of their shells, female led relationships are becoming increasingly popular in today's modern times, and for a good reason. According to Her Way, having the woman be the dominant partner in a relationship has many benefits, some of which include: A better sex life Improved communication Less pressure on the man to make sure his wife or girlfriend is happy Increased satisfaction in the relationship A relationship based on female dominance isn't solely about the control, but also about how it sets a stronger foundation for both sides of the party. In Female Led Relationship Guide, you will discover: Why a female led relationship doesn't necessarily mean BDSM, and how you can make it work for both you and your partner The key to finding the right balance between the dominant and submissive, and if it's even possible How this couple dynamic can be the solution to intimacy issues, as well as build the foundation for a healthy relationship The #1 thing you must do before beginning a female led relationship, or else it will do you and your partner more harm than good The major topics of concern to address with your significant other, and how to go about discussing them The shocking reason why men seek out dominant women to take charge in a relationship -- it may not be what you think! The varying degrees of dominance that can cater to anyone's comfort zone and lifestyle And much more. Don't worry, if you and your partner are interested in adopting a relationship built on female dominance but don't want this aspect of your life to be public, you don't have to. How you approach this lifestyle is completely up to you, whether it be something you do only behind closed doors or something you carry out regardless of where you are. Ladies, even if you're unsure about being the dominant one in the relationship and don't know if it suits your personality, the degree in which you dominate your partner depends on your wants and needs. Female led relationships aren't black or white, you can easily form your own perfect combination that will satisfy any and all of your desires. Do your relationship a favor and join the modern version of relationships where women are the ones who take charge. Keep up -- the times are changing! If you want to explore the powers of female dominance and experience another level of connection with your partner, then scroll up and click the "Add to Cart" button right now.

[The Dominatrix Manual](#) - Mistress Dede 2015

Have you ever wondered what it would be like to be a dominant woman who can control a man with just a look or a word? When the thoughts of being in control creep into your head, that sexy little smile starts to play over your lips, and you start to get some ideas that you want to try on your man. As women, we have all been there, but being women, many of us are unable to take hold of our control and dominate a man. The idea of being a dominatrix is often seen as a sexual and social taboo, and many women are afraid of what society would say, what our family and friends would think, and in general, we feel that it isn't the position of a woman to take the stance of power and control. Women are seen naturally as the weaker sex, the one to be protected by a man, and the man in the relationship is often seen to be in control, the leader, the strong and dominant one. Social norms often dictate how we feel about ourselves, and sometimes, it can hinder who we really are inside. Take heed, ladies. We are women. We are strong. We are powerful. We are fierce. We are romantic. We are dynamic. We are caring. We are fighters. We are lovers. We are women! This manual will give you an inside look on what being a Mistress is really all about and will give you insight on how to be a Mistress. Being a Mistress isn't all about leather outfits, stiletto heels, and a whip in your hand. It is a journey between you and your partner, where you are the leader, you are in control, and you have the final say. It is a path of adventure where you make the choices, you take charge, and where you can let all of your inhibitions go. It will give you insight into a new you, the one who has been trapped behind the social norms for far too long. Ladies, welcome your inner Mistress!

[A Dom's Guide to Training a Sub](#) - Mistress Dede 2016-11-04

The power, the satisfaction, and the intense rush of domination that goes through your body when your submissive bows to your will cannot be compared to any other thing in this world. This book is every Dom's guide to training a submissive. It contains various guidelines and strategies on how a Dom can get the best of the relationship. As you read through, keep in mind that dominance and submission are simply one part of BDSM. It advances into a wider spectrum which includes sadism, bondage, discipline, and masochism as well. However, the focus of this book is submissive training.

[A complete guide to understanding dominant Chinese ladies from the mainland ...for the TRULY submissive male ...](#) - Mike Watson 2018-04-23

This book has been written for a very specific purpose, and more

importantly a very specific niche, both of which should be apparent enough from the title. In a nutshell, this is for submissive males - - TRULY submissive males (as opposed to those who choose to "top from the bottom") and should be read with a mindset akin to this (if you aren't in the above category). It is submissive males looking to find the dominant lady of their dreams - - or more accurately the dominant Chinese lady of their dreams. Of course, most of what is mentioned herein is NOT specific to any particular ethnicity - - but I've found it to hold most true for the ethnic subgroup I have mentioned. A lot of what I say might come across as controversial. So be it. I've never been known (either in person or my books) for sugar coating things and NOT saying it like it is - if anything I've been brutally honest my entire life and this same style permeates my writing in all areas. If all of this sounds like a style you'd want to partake of, dive right in!

[Screw The Roses Bring Me The Thorns](#) - Hanna Horbeth PhD.

2015-04-17

Too Embarrassed Or Afraid To Try New Ways Of Having Sex? Then read sexologist Dr. Hannah Horbeth's gentle guide to a spicier sex life: • Take your "Erotic Temperature" with a fascinating quiz that will help you identify whether you'd prefer to dominate or submit. • Take control: Learn the pleasures of dominating your partner. • Surrender! Learn the pleasures of submitting to your partner. • Identify and integrate personal fantasies into your sex life. • "Borrow" other women's fantasies by looking at an extensive list of the most common fantasies. • "Steal" ideas for hot fantasies by reading Dr. Horbeth's recommendations on erotica, women's porn, literature, sexy mainstream movies and photography books. What's Stopping You From Experimenting? Sometimes women are afraid that if they experiment with fantasies, role play or domination/submission, they won't want to go back to "normal" sex, that they'll always hunger for something more. It's understandable to be apprehensive but stopping yourself from experimenting is a little like saying you don't want to taste wine because you'll end up an alcoholic. Or refusing to watch a provocative show because you'll end up like one of the characters. Relax. Dressing up as Cruella De Ville doesn't make you hungry for dog. Six Questions That Will Reveal Your Hidden Fantasies. Most people start off by asking the wrong question. It's not, "What's my fantasy?" It's, well, read Dr. Horbeth's guide. It's on page 6. Along with five other questions that will reveal your true fantasies. How To Steal A Fantasy When You're Tired Of Your Own. Steal a little creativity with Dr. Horbeth's comprehensive list of Hollywood movies, literature, erotica, women's porn and photography books. For example, her list, The Top 10 Must-See Porn Videos For Women. You'll never be short of ideas. The Best Way To Share Your Deepest Fantasies With Your Partner Is... On page 17 of Dr Horbeth's guide. Actually, there are many ways to do it and many ways to integrate those fantasies into your sex life. They include taking turns with "Turn-On Reading" and playing the Erotic Telephone Game. There is also a section on how to handle sharing or hearing disturbing fantasies. Would You Rather Dominate Or Submit? Or both? Find out with the most informative quiz you'll ever take to discover your deepest, most hidden desires. Dr. Horbeth calls it, "Taking Your Erotic Temperature." Have your partner take it too and compare notes. Why You Might Like To Try Submissiveness... Submitting to power often elicits an exhilarating, liberating feeling. By giving up responsibility for what's going on, by bending your will to the authority of another, by taking on the role of the compliant and the helpless you can experience a form of therapeutic escape from stress, guilt, shame, fear, and anger. Being in the presence of a controlling figure makes some women feel the kind of safety and protection they felt as a child. Others like the feeling of surrendering themselves, of disappearing into the unavoidable nothingness that comes from relinquishing all power. Still others like earning the approval of a dominant figure or turning their partner into somebody more commanding and powerful. Either way, Dr. Horbeth will share her tips for creating erotic, submissive experiences. Why You Might Like To Try Domination... It provides the thrill that comes from placing yourself above someone else. You can enjoy the authority of telling someone what to do, watching them obey, inflicting "punishment" if they don't and getting a vicarious thrill from seeing their "suffering." Follow Dr. Horbeth's advice and create a lavish, ravishing, erotic love life. Download her book today and use it TONIGHT.

[A Woman's Guide To Gentle Dominance](#) - Sophie Carlotta 2022-02-27

It is not uncommon for a woman to discover her man's submissive side, and have no clue how to respond to him. Dominance is often something that must be discovered as it is practiced and this book will help her do just that! Explore different styles of dominance, and understand how to best keep a submissive in his place. Inside and outside of the bedroom,

dominance is a way of life, an attitude, a personality trait, and a sexual turn on! This book will guide a woman to dig deep within herself and unleash her potential to get what she wants. She will become not only his dominant, but also his leader, and as a result, he will adore her and worship her with deep respect and gratitude. As she discovers her new found sexual power, he will be discovering what he has always craved, his deepest desires to submit to a woman, not just sexually, but totally. This will bring your sex lives to untold heights, increasing intimacy and passion, and creating a lifestyle that will have you both wondering how you lived without for so long.

The Sexually Dominant Woman - Janet W. Hardy 2018-12

The 25-year-old classic, now updated and in a fun new graphic format! Janet W. Hardy, formerly known as Lady Green, has distilled the best of her 35 years' experience as a dominant into this beginner-friendly guidebook: everything from bondage to control to sensation to fetish, all with entertaining drawings, intro-level information, and plenty of reassurance for the nervous or apprehensive novice. The perfect purchase or gift for any woman who would like to spice up her bedroom play with a bit of kink.

The Art of Sensual Female Dominance - Claudia Varrin 2000-08

In this introduction to a different, more daring love style, ex-mistress Claudia Varrin celebrates the delightful and unexpected romance and sensuality of D&S (dominance and submission) and offers suggestions on how to add this delicious spice to a bland sexual relationship. From its light-hearted "party games" to its detailed anatomy lesson (imperative for anyone who plans to wield a whip), *The Art of Sensual Female Dominance* explores many D&S practices in a direct but sensitive way. Varrin communicates how these practices not only are sexually fulfilling but also can bring couples closer emotionally and spiritually. The book suggests ways in which a woman can introduce D&S into a relationship, gives advice on how to set up one's first D&S scene, and explores the emotions each partner experiences before, during, and after "playtime." There is instruction on the specifics of bondage, foot worship, and discipline, to name just a few of the fabulous fetish and fantasy chapters. Leather one night, lace the next, D&S can provide the techniques and confidence to turn you into a different woman every night, the possibilities limited only by your imagination.

FemDom Relationship Guide - Caroline Peel 2017-09-28

So you want to have a FemDom relationship or want to know how that would even work? You are a man and want to convince your wife to become your future mistress? You are a woman and want to understand submissive men or train one? Then this is your book. You should not read this book, if you're interested in any 'hot' FemDom sex stories - you won't find them there. You will find a complete manual for a FemDom relationship, however. So much of the websites out there are focusing on the sexual elements of FemDom, and almost no one talks about FemDom as a relationship model. Needless to say that it seems all of the writings are from men, and they really don't understand women [and especially not Dominant women]. I have been in a FemDom relationship for almost 10 years now, and yes, it works - it's the best lifestyle ever, I love it! But getting there wasn't easy. The stuff on the internet, for instance, was worthless. I received lots of help, but I have to admit that much of this was sheer luck. The first step was understanding my submissive husband and his desire to be dominated. It was by accident that I discovered my husband's visits to a Dominatrix close by. How was I supposed to understand that? If I would have had access to a book like this one, I would've understood him much better. But back then this book didn't exist.... Instead, I invested lots of time to understand submissive men and went on a journey. After some time, we introduced FemDom. I learned to Dominate. I learned to command. I learned to own him. He's mine now. And both of us love it. But even today, 10 years later, there still is no adequate book or guide out there which teaches the two most basic things:- Accepting and understanding submissive men as a woman-Dominant a man and living a FemDom relationship in the long run. That's why I decided to write this book. It's not only a collection of thoughts - it's a through handbook guiding you on your journey towards total FemDom. Here is an overview of what you will find inside: Chapter 1: Why I Became A Mistress (Understanding Submissive Men, On Femdom And Relationships: Femdom Is Love) Chapter 2: The Benefits Of Female Domination Chapter 3: The Mistress - And How To Become One Chapter 4: Finding A Submissive Male Or Creating One Chapter 5: Train A Submissive Male To Be A Slave Chapter 6: Establishing Your Authority: Ways To Make Him Obey Chapter 7: Managing A Femdom Relationship Chapter 8: How To Make Him Obey With Rituals And Things Chapter 9: The Art Of Discipline: Advice, Technique And

Implements Chapter 10: Femdom Examples Chapter 11 Frequently Asked Questions Chapter 12: Last Steps It's a 170 page book and contains years of experience. What do you need more? Here are the two FemDom rules: 1. Mistress is always right. 2. When Mistress is wrong, Rule #1 applies.

Guide to BDSM - Donna Prince 2020-11-16

You or your partner are fascinated by BDSM, but don't know how and where to start? Everything you need to know, you will find it in this book. Most of what people think about BDSM, is wrong. In reality BDSM is not degrading women or men and you will also understand that it's not as obscure as you think. And also the concept of "pain" we are talking about is not what people think. You will also understand that having the role of the Dom is not just about having pleasure, on the contrary, the Dom has the role of giving pleasure and discipline to the submissive. He must have pleasure in giving pleasure and not simply receiving what he wants. This book is intended for both Dominant and Submissive training. It's also perfect for those who haven't experience in this world. This is a taste of what you will find in this book: What is BDSM and Why? Introducing BDSM to your Partner What is Domination and Submission 8 Tips on how to get Started in BDSM 7 Mistakes New Submissives Make 10 must-have BDSM Toys for Beginners Bondage play Punishments Examples Types of Consents: SSC vs RACK Dominance Techniques Role-Play types SAFE WORDS: how to Choose them and why After reading this book you will have made your sex life richer and your partner will beg you for more. So buy now and get your copy of "Guide to BDSM"!

Guide to Female Supremacy - Mistress Peggy Sue 2013-08-27

Mistress Peggy Sue has been a Domme for 51 years and now live the Female Domination lifestyle with her slave husband and two daughters 24/7. She began Domming when, at age 14, she dommed her three younger brothers into cleaning the house. Her twin sister soon became a Domme after following her example and went into psychiatry where she studied the male psyche for 31 years. She started training her daughters to be Dommes at age 12.

Female Dominatrix Manual for Beginners - Mistress Dede

Are you usually aggressive in the bedroom? Ever considered becoming a dominatrix? Do you want to really feel the thrill of dominating a man in the bedroom? Have you ever considered making a living out of it? Or maybe you have always been submissive and would like to take control? This book is your complete guide to female dominance. The BDSM relationship is not just for fun but can also be used to earn a living, and it can help you discover your inner strength as a woman. If you want to take the dominant role in bondage/discipline/sadism/masochism, then you must know the basics of being a dominatrix. These seven chapters will talk about why men love being dominated, what it means to be a dominatrix, what every nice girl must come to terms with if she wants to be a professional dominatrix, how you can discover your flavor of domination, and a guide to becoming a professional dominatrix - all things you need to know.

The Gay Magic Guide to Sexual Domination - Kenyata Long 2018-05-11

The Gay Magic Guide To Sexual Domination is the ONLY sorcery book of it's kind that is geared towards empowering gay people to attract the mates they desire, whether they be straight or gay. This unique book is also a talisman that connects you with powerful streams of consciousness to empower all of your seduction and dating. By viewing the sigils contained within before and after you engage in any of the practices offered, you will experience dramatic relationship and romance manifestations. No other book in existence connects you to the powerful streams of gay seduction; only the Intergalactic Guild Of Occult Sciences has the knowledge to do this. You'll learn powerful bio-physical and sorcery techniques that allow you to seduce nearly anyone you desire.

The Ultimate Guide to Tease & Denial - Georgia Ivey Green 2015-11-27

Description The Ultimate Guide To Tease & Denial is more than just about what to do when you want to tease your guy sexually. It's about taking control of your sex-life and getting what you want from it. There is a step-by-step guide that will walk you through your first month of teasing so that you can get used to doing those things you need to do to make things better. A must read for chastity enthusiasts. Tease and denial has never been so simple. Whether you want to utilize chastity in your relationship or not, makes no difference in a modern, healthy relationship. Reading this book will give you insights into your partner's motivations like nothing before. You can take control of what you want and leave the rest to him. "The Ultimate Guide to Tease & Denial is a refreshing outlook on the sexual aspect of female domination that many women find cumbersome. I remember the days when I thought being a

tease was a bad thing but Mistress Ivey has completely changed my perspective with her book. She empowers women by teaching not only how to use our inherent sexual charm to mold men's behavior but why it is important to release that inner naughty girl that many of us were taught to hide. This book has opened so many new channels of thought for me as it clearly points out how vital it is to express my love for my partner by using my feminine charms to seduce him every day and in many exciting ways while keeping him hung up and thirsty for more."Te-Erika "Queenie" Patterson (Publisher)ConquerHim.ComCelebrating The Beauty of Female Led Relationships

The Sexually Dominant Woman - Lady Green 1998-12

Since its first publication over six years ago, tens of thousands of women, men and couples have learnt the fundamentals of safe, fun, erotic female-dominant play. This friendly non-threatening book is the perfect starting point for the woman who has fantasized about erotic power play, explaining the fundamentals of bondage, sensation and control games. Also included a script to inspire and support the reader through her first scene.

The Mistress Manual - Mistress Lorelei Powers 2000-05

Originally published in 1994 in a simple pink guidebook format by an experienced and wickedly creative dominant woman, The Mistress

Manual fell out of print when the author moved on to other projects. Now, Greenery Press has brought this underground classic back to life, updated with new ideas and information on 'Learning to Love Command' to 'The Art of Discipline'. Learn how to enact the Five Archetypal Fantasies, how to create your own scenarios and much, much more.
Slave Training - Mistress Dede 2015-03-11

Domination and submission: perhaps you're aware of it from *Fifty Shades of Grey*, or perhaps you're a seasoned practitioner; whatever your experience level and expectations, this guide will provide you with a step-by-step blueprint of exactly what you will need to do in order to train your submissive partner(s), and have him/her* delighting in obeying your every command. In this guide you will learn about all of the steps which are conducive towards developing a positive Dom/sub relationship, which means you'll be learning about how to prepare a Domination and submission relationship in the first place; the protocols which you may use to maintain discipline in your sub; practices for physical, sexual and attitude submission; how you and your sub can use rituals to get into and out of your roles when engaging in D/s scenes; and there will even be some more advanced techniques mixed in throughout the guide which will help you take your Domination and submission experience to the next level. Without further ado, let's begin.

Guide To Sexual Domination For Women:

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