

Life Is Meals A Food Lovers Book Of Days

Honestly Healthy in a Hurry Natasha Corrett 2016-05-19 The must-have vegetarian cookbook for easy healthy recipes to cook at home. Gourmet vegetarian chef Natasha Corrett will inspire you to ditch the processed, sugar-laden foods we resort to when we're busy, reduce food waste and actually save money. With a focus on cooking from scratch, *Honestly Healthy in a Hurry* contains super speedy suppers that you can make in no time; dishes that are quick to prepare and can be left in the oven while you get on with other things; and cook ahead ingredients that will prep you for a stress-free week ahead. With healthy smart swaps, batch cooking and tips that will save you time and money plus over 90 vegetarian, cows' dairy-free, refined sugar-free recipes based on alkaline eating principles, the book includes delicious eats like Avocado 'Yogurt' Breakfast; Ten Minute Turmeric Quinoa Risotto; Griddled Aubergine Miso Salad; Cauliflower Protein Brownies and Watermelon Rose Sorbet. Full of inspiring ideas for suppers, breakfasts, snacks and sweet treats, reignite your passion for simple, fresh ingredients. You're never too busy to create a healthy meal bursting with natural flavour and goodness. Fall back in love with the kitchen and change your life for the better with *Honestly Healthy in a Hurry*.

The Foodlover's Atlas of the World Martha Rose Shulman 2002 How history and geography have influenced the cuisine of the world's regions, and shaped its preferred foodstuffs, culinary traditions, meal patterns and eating customs.

Life Is Meals James Salter 2014-10-01 From the award-winning author James Salter and his wife, Kay - amateur chefs and terrific hosts - here is a lively, beautifully illustrated food lover's companion.

With an entry for each day of the year, *Life Is Meals* takes us from a Twelfth Night cake in January to a champagne dinner on New Year's Eve. This is a book rich with culinary wisdom, history, recipes, literary pleasures, and the authors' own stories of their triumphs - and catastrophes - in the kitchen. Entries include: The menu on the Titanic on the fatal night The seductiveness of a velvety Brie or the perfect martini How to decide whom to invite to a dinner party - and whom not to The greatest dinner ever given at the White House Where in Paris Samuel Beckett and Harold Pinter had French onion soup at 4:00 a.m. How to cope with acts of god and man-made disasters in the kitchen Sophisticated, practical, opinionated and indispensable, *Life Is Meals* is a tribute to the glory of food and drink, and the joy of sharing them with others.

28 Days Vegan Lisa Butterworth 2021-02-02 A 28-day plan for starting an easy and nourishing plant-based diet. Whether you'd like to fight global warming or make healthier choices for your body, this book is your guide to adopting veganism into your life. Lisa Butterworth and Amelia Wasiliev provide advice for nutrition, dairy-free alternatives, and tips for more ethical consumption. Veganism starts at the table, but it can help make every decision more mindful. *28 Days Vegan* is a starter's guide to making sustainable changes that keep the dinner table delicious. With shopping lists for every week, breakdowns of vegan staples, and 28 full days of meals (including snack time cravings), this book has everything you need to start a plant-based diet with as much ease as possible.

COOKING LIGHT The Food Lover's Healthy Habits Cookbook The Editors of Cooking Light 2017-04-03 Pasta? Pancakes? Pizza? It's time to say "hello" to forbidden foods and "see you later" to fad diets! *The Food Lover's Healthy Habits Cookbook* by nutrition expert Janet Helm, MS, RD and the editors at Cooking Light proves that, with the right tools, delicious and healthy can happily

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coexist in any lifestyle. This unique collection of more than 250 road-tested recipes, tips and solutions has done all of the thinking for you. Each section dishes up brand-new secrets to living a healthier life, straight from more than 50 nutrition and fitness experts, bloggers, chefs and Cooking Light readers.

Roast Chicken and Other Stories Simon Hopkinson 2013-07-23 "Good cooking depends on two things: common sense and good taste." In England, no food writer's star shines brighter than Simon Hopkinson's. His breakthrough *Roast Chicken and Other Stories* was voted the most useful cookbook ever by a panel of chefs, food writers, and consumers. At last, American cooks can enjoy endearing stories from the highly acclaimed food writer and his simple yet elegant recipes. In this richly satisfying culinary narrative, Hopkinson shares his unique philosophy on the limitless possibilities of cooking. With its friendly tone backed by the author's impeccable expertise, this cookbook can help anyone--from the novice cook to the experienced chef--prepare delicious cuisine . . . and enjoy every minute of it! Irresistible recipes in this book include: Eggs Florentine Chocolate Tart Poached Salmon with Beurre Blanc And, of course, the book's namesake recipe, Roast Chicken Winner of both the 1994 Andre Simon and 1995 Glenfiddich awards (the gastronomic world's equivalent to an Oscar), this acclaimed book will inspire anyone who enjoys sharing the ideas of a truly creative cook and delights in getting the best out of good ingredients.

Food of India Priya Wickramasinghe 2005 An introduction to one of the world's great cuisines that looks both at the country and its traditions as well as the recipes, from well-known to exotic regional specialties. Color photographs throughout

That Sounds So Good Carla Lalli Music 2021-10-19 NEW YORK TIMES BESTSELLER • Recipes to match every mood, situation, and vibe from the James Beard Award-winning author of *Where*

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Cooking Begins ONE OF THE TEN BEST COOKBOOKS OF THE YEAR: San Francisco Chronicle • ONE OF THE BEST COOKBOOKS OF THE YEAR: Time Out, Glamour, Taste of Home Great food is an achievable part of every day, no matter how busy you are; the key is to have go-to recipes for every situation and for whatever you have on hand. The recipes in That Sounds So Good are split between weekday and weekend cooking. When time is short, turn to quick stovetop suppers, one-pot meals, and dinner salads. And for the weekend, lean into lazy lunches, simmered stews, and hands-off roasts. Carla's dishes are as inviting and get-your-attention-good as ever. All the recipes—such as Fat Noodles with Pan-Roasted Mushrooms and Crushed Herb Sauce or Chicken Legs with Warm Spices—come with multiple ingredient swaps and suggestions, so you can make each one your own. That Sounds So Good shows Carla at her effortless best, and shows how you can be, too.

Taste Stanley Tucci 2021-10-05 "From award-winning actor and food obsessive Stanley Tucci comes an intimate ... memoir of life in and out of the kitchen"--

Indian Every Day Anjum Anand 2005 INDIAN EVERY DAY is a modern approach to Indian cuisine taking all the glamour of traditional ingredients and fusing it with contemporary, holistic recipes. Anjum Anand has worked in trend-setting restaurants around the world and has dedicated her career to producing a cookbook that fits practically with the dietary requirements and home-style flavours she adores. She appreciates the struggle to find light and healthy Indian food and does her utmost to make balanced meals we can indulge in every day. Spiced Colocasia, Rice and Lentil 'Risotto', and Luscious Lamb Brochettes are stunning examples of her wide-ranging dishes.

Day of Honey Annia Ciezadlo 2012-02-14 Originally published in hardcover in 2011.

Burning the Days James Salter 2013-03-28 This is the brilliant memoir of a man who starts out in Manhattan and comes of age in the skies over Korea, before emerging as one of America's finest

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authors in the New York of the 1960s. *Burning the Days* showcases James Salter's uniquely beautiful style with some of the most evocative pages about flying ever written, together with portraits of the actors, directors and authors who later influenced him. It is an unforgettable book about passion, ambition and what it means to live and to write.

The Art of Eating M. F. K. Fisher 2004-03-05 A commemorative keepsake edition of the food writing classic is a compilation of many of the author's best writings and features an introductory tribute by Fisher's leading biographer and quotes from some of today's top culinary names. Original.

The Curious Cook Harold McGee 1990 Examines the biochemistry behind cooking and food preparation, rejecting such common notions as that searing meat seals in juices and that cutting lettuce causes it to brown faster

Bon Appetit: The Food Lover's Cleanse Sara Dickerman 2015-12-22 Reboot your eating habits with Bon Appétit's wildly popular online plan, now expanded for the whole year with four two-week seasonal plans and 140 recipes. With a foreword by Adam Rapoport. What began as an interactive post-holiday plan that puts an emphasis on home cooking and whole foods, the Bon Appétit cleanse has now been expanded for the entire year. Inside you'll find four different two-week cleanse plans, one for each season, and 140 fabulous recipes that use fresh, flavorful, unprocessed ingredients. High in fruits, vegetables, and whole grains—with no refined flours, very limited dairy and saturated fats, little to no alcohol or coffee (and a small serving of dark chocolate!)—the program emphasizes eating mindfully, controlling portion size, and curbing grazing impulses. Empty calories are replaced with filling protein- or fiber-rich snacks. Following the principle that delicious home-cooked meals are the best way to develop long-lasting healthy eating habits, the tasty recipes in *The Bon Appétit Food Lover's Cleanse*—most exclusive to the book—can be enjoyed throughout the year using a

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variety of seasonal ingredients. The food is enticing enough to convince you to give up everyday staples like white pasta, bread, and processed meats. With the Bon Appétit program, you'll discover bold and rich fare such as Warm Brussels Sprout Slaw with Mustard Seeds and Walnuts (winter); Lemongrass Shrimp with Mushrooms (spring); Zucchini Tacos with Cabbage and Queso Fresco (summer); and Oven-Roasted Chicken with Grapes (fall). Designed to encourage good lifelong eating practices, The Bon Appétit Food Lover's Cleanse is essential for healthy, appetizing, and satisfying food you can feel good about every day of the year.

1,000 Foods To Eat Before You Die Mimi Sheraton 2015-01-13 The ultimate gift for the food lover. In the same way that 1,000 Places to See Before You Die reinvented the travel book, 1,000 Foods to Eat Before You Die is a joyous, informative, dazzling, mouthwatering life list of the world's best food. The long-awaited new book in the phenomenal 1,000 . . . Before You Die series, it's the marriage of an irresistible subject with the perfect writer, Mimi Sheraton—award-winning cookbook author, grande dame of food journalism, and former restaurant critic for The New York Times. 1,000 Foods fully delivers on the promise of its title, selecting from the best cuisines around the world (French, Italian, Chinese, of course, but also Senegalese, Lebanese, Mongolian, Peruvian, and many more)—the tastes, ingredients, dishes, and restaurants that every reader should experience and dream about, whether it's dinner at Chicago's Alinea or the perfect empanada. In more than 1,000 pages and over 550 full-color photographs, it celebrates haute and snack, comforting and exotic, hyper-local and the universally enjoyed: a Tuscan plate of Fritto Misto. Saffron Buns for breakfast in downtown Stockholm. Bird's Nest Soup. A frozen Milky Way. Black truffles from Le Périgord. Mimi Sheraton is highly opinionated, and has a gift for supporting her recommendations with smart, sensuous descriptions—you can almost taste what she's tasted. You'll want to eat your way through

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the book (after searching first for what you have already tried, and comparing notes). Then, following the romance, the practical: where to taste the dish or find the ingredient, and where to go for the best recipes, websites included.

Ravenous Dayna Macy 2011 Food & Health.

Cooking on a Bootstrap Jack Monroe 2018-08-23 Award-winning cookery writer and anti-poverty campaigner Jack Monroe is back with *Cooking on a Bootstrap*: a creative and accessible cookbook packed with affordable, delicious recipes, most of which are vegetarian. Winner of the Observer Food Monthly Best Food Personality Readers' Award 2018. Jack Monroe is a campaigner, food writer and activist, her first cookbook *A Girl Called Jack*, was a runaway bestseller. The sequel *Cooking on a Bootstrap* makes budget food fun and delicious, with 118 incredible recipes including Fluffy Berry Pancakes, Self-Love Stew, Marmite Mac 'n' Cheese and Hot Sardines with Herby Sauce. Chapters include Bread, Breakfasts, A Bag of Pasta and a Packet of Rice, Spuds and Eat More Veg. There are vegan, sweet and what Jack calls 'contraband' dishes here, as well as nifty money-saving tips. With her trademark humour and wit, Jack shows us that affordable, authentic and creative recipes aren't just for those with fancy gadgets or premium ingredients. Initially launching this book as a very limited black and white edition on Kickstarter, Jack reached the funding target in just one day. This beautiful edition contains illustrations and original full-colour photographs to really make your mouth water.

Good and Cheap Leanne Brown 2015-07-14 A perfect and irresistible idea: A cookbook filled with delicious, healthful recipes created for everyone on a tight budget. While studying food policy as a master's candidate at NYU, Leanne Brown asked a simple yet critical question: How well can a person eat on the \$4 a day given by SNAP, the U.S. government's Supplemental Nutrition Assistance

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Program informally known as food stamps? The answer is surprisingly well: Broiled Tilapia with Lime, Spicy Pulled Pork, Green Chile and Cheddar Quesadillas, Vegetable Jambalaya, Beet and Chickpea Salad—even desserts like Coconut Chocolate Cookies and Peach Coffee Cake. In addition to creating nutritious recipes that maximize every ingredient and use economical cooking methods, Ms. Brown gives tips on shopping; on creating pantry basics; on mastering certain staples—pizza dough, flour tortillas—and saucy extras that make everything taste better, like spice oil and tzatziki; and how to make fundamentally smart, healthful food choices. The idea for Good and Cheap is already proving itself. The author launched a Kickstarter campaign to self-publish and fund the buy one/give one model. Hundreds of thousands of viewers watched her video and donated \$145,000, and national media are paying attention. Even high-profile chefs and food writers have taken note—like Mark Bittman, who retweeted the link to the campaign; Francis Lam, who called it “Terrific!”; and Michael Pollan, who cited it as a “cool kickstarter.” In the same way that TOMS turned inexpensive, stylish shoes into a larger do-good movement, Good and Cheap is poised to become a cookbook that every food lover with a conscience will embrace.

[Rick Stein at Home](#) Rick Stein 2021-09-16 Home is more than a place. It's a feeling. Rick Stein has spent his life travelling the world in search of cooking perfection - from France and Italy to Australia and the far east - and inspiring millions of food lovers with the results. In Rick Stein At Home, he takes us into the rhythms and rituals of his home cooking. In his first book to celebrate his all-time favourite home-cooked meals, Rick shares over 100 very special recipes, including many from his recent Cornwall series - from sumptuous main courses such as Cornish Bouillabaisse and Braised Pork Belly with Soy and Black Vinegar to indulgent desserts like Apple Charlotte and Spiced Pears Poached with Blackberries and Red Wine. Rick explores family classics that evoke childhood

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memories and newer dishes that have marked more recent personal milestones - along with unforgettable stories that celebrate his favourite ingredients, food memories, family cooking moments and more. Sharing the dishes he most loves to cook for family and friends throughout the year, Rick takes you inside his home kitchen unlike he's done in any previous book.

Life is Meals (ZIN) Kay Salter 2010-11-24

Life Is Meals James Salter 2010-11-30 From the PEN/Faulkner Award-winning author James Salter and his wife, Kay—amateur chefs and perfect hosts—here is a charming, beautifully illustrated tour de table: a food lover's companion that, with an entry for each day of the year, takes us from a Twelfth Night cake in January to a champagne dinner on New Year's Eve. Life Is Meals is rich with culinary wisdom, history, recipes, literary pleasures, and the authors' own memories of successes and catastrophes. For instance: • The menu on the Titanic on the fatal night • Reflections on dining from Queen Victoria, JFK, Winnie-the-Pooh, Garrison Keillor, and many others • The seductiveness of a velvety Brie or the perfect martini • How to decide whom to invite to a dinner party—and whom not to • John Irving's family recipe for meatballs; Balzac's love of coffee • The greatest dinner ever given at the White House • Where in Paris Samuel Beckett and Harold Pinter had French onion soup at 4:00 a.m. • How to cope with acts of God and man-made disasters in the kitchen Sophisticated as well as practical, opinionated, and indispensable, Life Is Meals is a tribute to the glory of food and drink, and the joy of sharing them with others. "The meal is the emblem of civilization," the Salters observe. "What would one know of life as it should be lived, or nights as they should be spent, apart from meals?" BONUS: This edition includes an excerpt from James Salter's All That Is.

Food Whore Jessica Tom 2015-10-27 Full of wit and mouth-watering cuisines, Jessica Tom's debut novel offers a clever insider take on the rarefied world of New York City's dining scene in the

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tradition of *The Devil Wears Prada* meets *Kitchen Confidential*. Food whore (n.) A person who will do anything for food. When Tia Monroe moves to New York City, she plans to put herself on the culinary map in no time. But after a coveted internship goes up in smoke, Tia's suddenly just another young food lover in the big city. But when Michael Saltz, a legendary New York Times restaurant critic, lets Tia in on a career-ending secret—that he's lost his sense of taste—everything changes. Now he wants Tia to serve as his palate, ghostwriting his reviews. In return he promises her lavish meals, a bottomless cache of designer clothing, and the opportunity of a lifetime. Out of prospects and determined to make it, Tia agrees. Within weeks, Tia's world transforms into one of luxury: four-star dinners, sexy celebrity chefs, and an unlimited expense account at Bergdorf Goodman. Tia loves every minute of it...until she sees her words in print and Michael Saltz taking all the credit. As her secret identity begins to crumble and the veneer of extravagance wears thin, Tia is forced to confront what it means to truly succeed—and how far she's willing to go to get there.

Spice for Life Anjula Devi 2017 100 dishes which show you how to combine the 'seven secret herbs and spices' integral to authentic Indian cooking.

The Love and Lemons Cookbook Jeanine Donofrio 2016-03-29 Sometimes all you need is a little spark of inspiration to change up your regular cooking routine. The Love & Lemons Cookbook features more than one hundred simple recipes that help you turn your farmers market finds into delicious meals. The beloved Love & Lemons blog has attracted buzz from everyone from bestselling author Heidi Swanson to *Saveur Magazine*, who awarded the blog Best Cooking Blog of 2014. Organized by ingredient, The Love & Lemons Cookbook teaches readers how to make beautiful food with what's on hand, whether it's a bunch of rainbow-colored heirloom carrots from the farmers market or a four-pound cauliflower that just shows up in a CSA box. The book also features

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resources to show readers how to stock their pantry, gluten-free and vegan options for many of the recipes, as well as ideas on mixing and matching ingredients, so that readers always have something new to try. Stunningly designed and efficiently organized, *The Love & Lemons Cookbook* is a resource that you will use again and again.

A Homemade Life Molly Wizenberg 2010-03-23 A creator of the award-winning Orangette blog presents a memoir about the life lessons she learned in the kitchens of her youth, in a recipe-complemented account that describes experiences of loss and love while enjoying her father's French toast, her husband's pickles and her chocolate wedding cakes. Reprint.

There & Then James Salter 2005 A collection of two dozen essays and sketches shares the author's experiences as a passionate traveler, in a volume based on his twenty years of skiing, hiking, and climbing in such nations as Japan, Switzerland, and Germany.

The Man Who Ate Too Much: The Life of James Beard John Birdsall 2020-10-06 A Finalist for the 2022 James Beard Foundation Cookbook Award (Writing) The definitive biography of America's best-known and least-understood food personality, and the modern culinary landscape he shaped. In the first portrait of James Beard in twenty-five years, John Birdsall accomplishes what no prior telling of Beard's life and work has done: He looks beyond the public image of the "Dean of American Cookery" to give voice to the gourmet's complex, queer life and, in the process, illuminates the history of American food in the twentieth century. At a time when stuffy French restaurants and soulless Continental cuisine prevailed, Beard invented something strange and new: the notion of an American cuisine. Informed by previously overlooked correspondence, years of archival research, and a close reading of everything Beard wrote, this majestic biography traces the emergence of personality in American food while reckoning with the outwardly gregarious Beard's own need for

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love and connection, arguing that Beard turned an unapologetic pursuit of pleasure into a new model for food authors and experts. Born in Portland, Oregon, in 1903, Beard would journey from the pristine Pacific Coast to New York's Greenwich Village by way of gay undergrounds in London and Paris of the 1920s. The failed actor-turned-Manhattan canapé hawker-turned-author and cooking teacher was the jovial bachelor uncle presiding over America's kitchens for nearly four decades. In the 1940s he hosted one of the first television cooking shows, and by flouting the rules of publishing would end up crafting some of the most expressive cookbooks of the twentieth century, with recipes and stories that laid the groundwork for how we cook and eat today. In stirring, novelistic detail, *The Man Who Ate Too Much* brings to life a towering figure, a man who still represents the best in eating and yet has never been fully understood—until now. This is biography of the highest order, a book about the rise of America's food written by the celebrated writer who fills in Beard's life with the color and meaning earlier generations were afraid to examine.

Weekend Matt Tebbutt 2021-11-11 From casual Friday night supper to brunch with friends, light lunches and garden feasts, picnics and barbecues, to more lavish dinner parties and the classic Sunday lunch, Matt has all bases covered. The weekend is the chance to kick your shoes off and relax or, if you love a kitchen project, it's time to spend preparing a special meal for yourself and loved ones to enjoy together. Matt Tebbutt is used to spending his Saturdays cooking - as the host of BBC TV's Saturday Kitchen, he's never short of a fast meal idea or a meal for guests that will impress. With 100 recipes, beautiful photography, and simple yet inspiring dishes, make the weekend special again with *Weekend*.

[The Food Medic for Life](#) Hazel Wallace 2018-04-19 As someone who juggles many jobs between being a doctor, a personal trainer and an author, I understand how difficult it can be to prioritise

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food and eating well. I wanted to create a collection of beautiful recipes that are not only nutritious and great tasting, but super quick and simple to make, using only a handful of ingredients. The Fuel Up section is designed for just that - it is where you will find my recipes for grab-and-go breakfasts, lunches on the run and dinners that take less than 30 minutes to satisfy you after a long day at work! However, I truly believe that when we do have the time to cook a meal, bake some bread and sit down with friends and family to share some food, we should totally embrace those moments. This is where the Power Down section comes in: for when you're not in a hurry, I have included my chosen recipes for lazy weekend brunches, family dinners, breads and teatime treats. This is a cookbook that will help you fall in love with cooking and improve your relationship with food, so that you approach it not only as a source of nutrients, but also happiness, satisfaction and health. Hazel x Includes more than 100 recipes PLUS: - 10 'no recipe recipes' for emergency snacks + meal prep hacks for maintaining a healthy lifestyle when you're busy - an introduction to Hazel's five store-cupboard saviours, including 10 ways to cook with each one - a key for special dietary requirements including vegetarian, vegan, gluten-free and low sugar - nutritional advice covering the basics of nutrition, how to meet your 5-a-day and special nutritional requirements for a plant-based diet - features on how to live well for optimum health, with information on sleep, meditation, mindfulness and mindful eating

A Foodie Afloat Di Murrell 2020-07-28 A Foodie Afloat is the story of a cook's journey through France on a barge. Di Murrell takes us on a gentle journey across France; her main preoccupation being to make sure that tasty food arrives on the table each day. As she voyages across the country she shows, through her recipes, how the cuisine changes with the landscape. Whether bought in the market, dug from a lock-keeper's garden or even foraged along the towpath, the food she finds and

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cooks is always seasonal and local to the region. This book is more than just a collection of recipes though. It is the result of a life spent on the waterways of Europe. She talks to lock-keepers, skippers of working barges and those, who, like her, find their sustenance on or near the canal. Di's enjoyment of good champagne, foie gras and truffles leads to an eclectic mix of simplicity and sophistication in her cooking. The boating life, though rarely sensational, is full of small events and chance encounters. This is an enticing story of slow boats and slow food. Di makes it come alive, and her combination of travel and recipe book tempts us to give up everything and join her on the waterways of Northern and Central France. A Foodie Afloat is the 2020 UK winner of the World Gourmand Cookbook Awards in the Food Tourism category.

The Pioneer Woman Cooks Ree Drummond 2017 "Here are some of my favorite make-it-happen dishes, pulled from my nonstop life as a busy wife, mother of four, and lifelong lover of food! The Pioneer Woman Cooks: Come and Get It! includes more than 120 of my best solutions for tasty, wholesome meals (with minimal fuss!) for breakfast, lunch, dinner, and snacks."--Book jacket.

Power Pulses Tami Hardeman 2017-03-01 Pack even more superfoods into your day with Power Pulses Cookbook. Pulses are delicious legume crops packed with goodness, and perfect for breakfast, lunch, and dinner. Revolutionise your diet with lentils, dry peas, beans, and chickpea recipes that deliver powerful protein and heart-healthy benefits. Cook up everything from soup and salad to to curry and casseroles with 150 vegetarian recipes - all fully flexible to offer dozens of vegan and meat-based variations. Power Pulse Cookbook is packed with mouth-watering photography and easy 'pulse exchange' options, to allow you to personalise each recipe according to your tastes. With delicious pulse-based dishes from lentil bolognese to spicy carrot hummus, Power Pulses Cookbook has something to offer everyone, whether you're a meat-loving omnivore or a dairy-

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Life is Meals James Salter 2014-10-09 From the award-winning author James Salter and his wife, Kay - amateur chefs and terrific hosts - here is a lively, beautifully illustrated food lover's companion. With an entry for each day of the year, *Life Is Meals* takes us from a Twelfth Night cake in January to a champagne dinner on New Year's Eve. This is a book rich with culinary wisdom, history, recipes, literary pleasures, and the authors' own stories of their triumphs - and catastrophes - in the kitchen. Entries include: The menu on the Titanic on the fatal night The seductiveness of a velvety Brie or the perfect martini How to decide whom to invite to a dinner party - and whom not to The greatest dinner ever given at the White House Where in Paris Samuel Beckett and Harold Pinter had French onion soup at 4:00 a.m. How to cope with acts of god and man-made disasters in the kitchen Sophisticated, practical, opinionated and indispensable, *Life Is Meals* is a tribute to the glory of food and drink, and the joy of sharing them with others.

Crave Ed Smith 2021-05-27 WINNER OF THE FORTNUM & MASON FOOD AND DRINK AWARDS 2022 Guild of Food Writer's Awards, Highly Commended in 'General Cookbook' category (2022) Observer Food Monthly top 20 food books of 2021 Waterstones best food and drink books 2021 Longlisted for BBC Radio 4 The Food Programme Cookbooks of the Year 2021 A deliciously inviting book, crammed with recipes that had me reaching for the post-it notes! - Nigella Lawson The recipes will dazzle and delight. - Nigel Slater Once again, Ed Smith has done something really smart. Cooking the flavours we are craving in any given moment, the resulting book feels so novel and fresh. Ed's writing is thoughtful and conversational; his recipes confident and delicious. - Yotam Ottolenghi 6 Flavour Profiles. Over 100 recipes. Every craving covered. Why do we choose to cook the things we do, when we do? Most of the time, it is simply so we can eat what we really fancy; a

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subconscious response to a constantly fluctuating state of mind and appetite that's influenced by mood, season, weather, memory, occasion, outside events and internal feelings. Ed Smith helps his readers home in on their cravings (whatever the reason for them) by organising his recipes within six cleverly conceived flavour profiles: fresh and fragrant chilli and heat tart and sour curried and spiced rich and savoury; and (best of all?) cheesy and creamy. There's also a directory of alternative cravings at the back, providing additional ways in. All bases are covered, from snacks through sides, to main courses and puddings. Think of fermented and fresh tomato salad with feta for when both sun and cook are already smiling; or lamb chops with cacio e pepe white beans if in need of a re-set; the likes of 'nduja spatchcock chicken, should a tickle of chilli be in order; or curried brisket noodles to meet spice needs. Whether we want snap and crunch or velvet softness, sharp citrus or warming aromatics, or just something involving bubbling, molten cheese, CRAVE presents a fresh take on seasonal cookery, but goes beyond that too — acknowledging core instincts and base itches, and so delivering recipes you'll want to make every day of the week, whatever the weather or mood.

Collected Stories James Salter 2013-05-23 The collected stories of an American master, with a new introduction by John Banville. James Salter is one of the finest writers of our time. From his first published story in the Paris Review in 1968, Salter's work in the form has been universally acclaimed: five have appeared in O. Henry collections, *Dusk and Other Stories* won the 1989 PEN/Faulkner Award, and more recently he was the recipient of PEN USA's 2010 Lifetime Achievement Award, the 2010 REA Prize for the short story, and the 2012 PEN/Malamud Award. Each indelible narrative in the *Collected Stories* is marked by Salter's great literary grace, his ability to show the subtleties of a character or situation with precision, and his equally assured ability to command reversals of fortune or shocking revelations. The stories concern men and women in their

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most intimate moments, struggling with loss, desire, or the burden of memory. A fallen rider lies in a field, alone but for the knowledge that these may be her last twenty minutes. A man assisting in his wife's suicide is devastated by the aftermath. Two New York attorneys on a trip to Italy discover that their recent wealth affords them the possibility of a higher life, the reality of which is somewhat sordid. A young woman is unable to share a life-changing piece of news with her closest friends. Including his two published collections, *Dusk and Other Stories* (1988) and *Last Night* (2005), and the previously uncollected 'Charisma', this volume confirms indisputably that 'James Salter is a master of the great American short story'(The Times).

The "I Don't Want to Cook" Book Alyssa Brantley 2022-07-12 "Don't feel like cooking? Or maybe you don't know what you want to eat. Deciding a meal can be a tough decision at the best of times...but on those days you simply don't feel like cooking, making a nutritious and tasty meal can be a daunting task. Whether you're feeling tired after a long day or are sick of meal planning and endless trips to the grocery store or just can't bring yourself to turn on the oven The "I Don't Want to Cook" Book is here to help! Featuring 100 delicious recipes, this cookbook is your guide to the quickest and easiest meals that don't sacrifice flavor. Each recipe requires no more than fifteen minutes of meal prep to keep your time in the kitchen at an all-time low. You'll learn tips and tricks to make speedy meals, like making sure you're using your kitchen tools to the fullest and finding ways to incorporate ingredients you already have at home, as well as minimizing any clean-up after the meal. Recipes include: No-Chop Spinach and Feta Omelet; Rotisserie Chicken Salad with Herbs; Vanilla Microwave Mug Cake; and many more! For those times when you just don't feel like cooking, The "I Don't Want to Cook" Book is your guide to quick, easy, and flavorful meals"--

Cooking Light The Food Lover's Healthy Habits Cookbook Janet Helm 2012-12-18 Pasta?

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Pancakes? Pizza? It's time to say "hello" to forbidden foods and "see you later" to fad diets! The Food Lover's Healthy Habits Cookbook by nutrition expert Janet Helm, MS, RD and the editors at Cooking Light proves that, with the right tools, delicious and healthy can happily coexist in any lifestyle. This unique collection of more than 250 road-tested recipes, tips and solutions has done all of the thinking for you. Each section dishes up brand-new secrets to living a healthier life, straight from more than 50 nutrition and fitness experts, bloggers, chefs and Cooking Light readers.

A Sport and a Pastime James Salter 2014-07-03 Touring Paris and provincial France in a handsome borrowed car, Philip Dean, Yale dropout, has an affair with a young French woman named Anne-Marie. Their liaison is imagined with candour and sensitivity by an unnamed narrator, whose fantasies become compellingly and hauntingly real. *A Sport and A Pastime* has been hailed as a watershed in American fiction of the 1960s: remarkable for its eroticism, its luminous prose and its ability to blur the boundaries of reality and dreamlife, daytime and nighttime, soul and flesh.

All That Is James Salter 2013-05-23 From his experiences as a naval officer in battles off Okinawa during World War II, Philip Bowman returns to America and finds a position as a book editor. He soon inhabits a world where marriages fail as affairs ignite, alcohol reigns, writers struggle, and publishers hustle.

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