

Tantric Sex Heightening Sexual Pleasure

Tantric Sex Lana Tanaka 2020-11-15 Are you looking for practical ways to incorporate tantric sex into your own relationship? Did you know that you and your partner or lover can have far more fulfilling and satisfying lives if you look after your sexual health with tantric sex? The practice of Tantra heightens the energy and creativity levels, in addition to reinforcing the partners' connection. It is an integral method that permits the growth of the participants in all aspects of their personality: sexuality, intuition, spirituality, and more. Here is a preview of what you will discover inside this book: □ From Yoga to Tantra □ Sanskrit words □ Mantras, Yantras, Chakras □ Tantric Massage □ Kundalini Tantric Massage □ Exercises □ The 4 Keys to Sex □ The embrace and the couples □ Tantric Games □ Making love for hours □ Slow down Ejaculation And much more... This is a complete 360 degrees book on Tantra! If you are a beginner, you can start your journey towards full sex enjoyment and unlock your full energy. If you have some experience, get ready to upgrade your level up! Scroll up and get your copy by clicking the "Buy Now with 1-Click" button!

Learn Tantric Sex Aventuras De Viaje 2019-10-04 Teach Yourself Tantric Sex! Discover the secrets to increasing your sexual pleasure to heights you have never felt before. This book will teach you everything you want to know about tantric sex. Learn what it is and how you can use it to increase sexual pleasure, have sexual awakenings, and connect on a deeper level with yourself and your lover. You'll love learning tantric sex, because it will raise you to a plane of pleasure which you could not experience otherwise. Get it now. Over 50 Tantric Exercises * Cultivate the mindset of the tantric lover to get the most out of your tantric romance * How to create a personal space most conducive to tantric sexual practice * Learn about chakras and how they play an important part in tantric sex * Ancient tantric and yogi rituals to open yourself to a higher sexual awakening * Understand exactly how orgasms work, and how to use the knowledge for maximum sexual pleasure Bring out Your Inner Tantric Sex God * Give your lover(s) the most pleasurable orgasms he/she/they will ever have, and give them again, and again, and again! * Use tantric dance and tantric massage to feel energy between you and your partner like you never have before * How to have oral sex the tantric way * Special tantric sex positions for heightened sexual awareness * Use tantric sex exercises to redirect your sexual energy so you can last longer and/or help your lover feel intense pleasure * How tantric sex does not just finish after orgasm, and how the pleasure and harmony can carry throughout all aspects of life. ... and more. Limited Time Only... Get your copy of Learn Tantric Sex today and you will also receive: * Free SF Nonfiction Books new releases * Exclusive discount offers * Downloadable sample chapters * Bonus content ... and more! Start feeling pleasure like you never have before, because this is the biggest sexual awakening you'll ever have. Get it now.

The Bedside Kama Sutra Linda Sonntag 2001-09-01 The Bedside Kama Sutra is a fresh and easy-to-use guide based on the most renowned ancient text on sexual pleasures and techniques. Combining stunning erotic photography with classic erotic art from the East, this sensual compendium covers 23 sexual positions designed to educate, excite, and entertain. Included in this voluptuous volume are: -Over 180 full-color erotic photographs -Over 30 reproductions of classic erotic art from the East -Step-by-step instructions for 23 erotic positions -Commentary on, and extracts from, the original Kama Sutra -Exciting suggestions for heightening and prolonging sexual pleasure the tantric way -Secret foreplay techniques that stimulate the erogenous zones The Bedside Kama Sutra is the ultimate guide to life's most sublime experience; a guide that will be treasured by couples everywhere.

Divine Sex Caroline Aldred 2000 Divine Sex shows the reader how to heighten sexual awareness, increase intensity, and bring a new dimension to sex and sexuality. In words and images, it reveals the lovemaking rituals, positions, and closely held Tantric secrets that will enhance sexual awareness and performance. Beautifully illustrated with color photographs, diagrams, and erotic artwork, Divine Sex shows how sexuality, once awoken and nurtured, can bring unlimited physical and emotional pleasure.

Sex for the Mind Body & Soul With Illustrations Eva Harding 2017-11-17 True sexual fulfilment can be found by harnessing the ancient practices from the Tantra and Kama Sutra. Pure sexual bliss cannot be provided by physical sexual acts alone. If you want to experience heightened states of sexual pleasure, deep connection with your partner and be at one with the universe, this practical guide on how to master sex positions and techniques from the Tantra and Kama Sutra will help you achieve just this. Many relationships become tired and the sex monotonous, you may feel bored and frustrated too. Sound familiar? Need a solution? For many the subject of sex and orgasms are taboo. Sex is a natural and beautiful thing which needs celebrating. The Tantra and Kama Sutra teaches us how to do this. There is a common misconception that the Kama Sutra is merely a sex manual for very bendy people, and that Tantric Sex is for other 'enlightened, spiritual souls and beings' which involves having sex for hours. This is simply not so! Simply by buying this book, you will be taking your first steps to endless possibilities for an incredible and fulfilling sex life. You have made a conscious decision to explore your sexual self, to rekindle your passion and re-light your fire. Anyone can enjoy Tantric Sex and Kama Sutra, have incredible orgasms, feel deep connections with their partners and experience intense sexual pleasure, including you! You and your partner deserve it! So, don't delay buy this book today!

The Potency Principles Victor Gold 2007-11 The Potency Principles demystifies Tantric sex for anyone interested in heightening pleasure in-and out-of-the bedroom. The guidance within will help you master the art of lovemaking to feel both relaxed and energized, as well as to expand your consciousness and broaden your spiritual perspective. By simply rewiring your thinking, you can achieve the best, most rapturous and blissfully uplifting sex possible. Seasoned educator and sexual healer Victor Gold reveals ancient secrets of the Far East for using sexual pleasure as a gateway to spiritual enlightenment. Gold challenges the many Western misconceptions that hinder gratification for men and women. And he shows you how intercourse, when correctly understood and practiced, can transform sexual energy into spiritual power that brings tremendous creativity, productivity, vigor, and purpose to your life. Along with philosophical inspiration and motivation, Gold delivers practical advice and tools, including "sexercises," conscious breathing, muscle strengthening, and other techniques for honing your lovemaking skills. Soon, you will be well on your way to achieving the extraordinary state of oneness, the higher consciousness, and the true spiritual mastery that's made possible by the blessing of transcendent sex.

The Ultimate Guide to Tantric Sex Guillermo Ferrara 2015-08-18 Tantra is a vital path toward full interior development through sex, love, and meditation. Its origin dates back to ancestral India, and from there has enlightened many generations of lovers who have penetrated the secret that leads to ultimate happiness. The practice of Tantra heightens the energy and creativity levels, in addition to reinforcing the partners' connection. It is an integral method that permits the growth of the participants in all aspects of their personality: sexuality, intuition, spirituality, and more. Through the words of Guillermo Ferrara, whose teachings on Tantra are known worldwide, the step-by-step exercises and photographs come to life. The Ultimate Guide to Tantric Sex contains, amongst other themes: • Introduction to Tantra and the energies of love • Seduction and sensuality • Yoga for lovers • Sensitive touch and sensual massages • Secret erotic points • Sexual magic, rituals, symbols, and dances • Advanced sexual poses • Tantric exercises for couples • How to achieve a multiple orgasm • Prolonging pleasure • Eighteen lessons of tantric sex

Sex Kendra Ferrera 2020-11-09 Are you searching for a little of that "Extra Fun" in the bedroom? Do you want to discover new ways of experiencing sex and love? How about getting into some new Sex Positions for Couples directly from Kama Sutra and the ancient art of Tantric Sex, mixing all of this with some sexy games? . . . You're welcome! This is the Most Complete Sex Guide around, with 6 Manuscripts in 1 Book: Kama Sutra Sex Positions Tantric Sex Positions Sex Games for Couples (4 books collection!) With this book you can make yourself a favour and learn everything and anything you want and need to know about how to bring your sex life to the next level. You will discover: Sex Positions for Couples, Kama Sutra Techniques, Tantric Sex Practices and the funniest Sex Games. The right approach to all of these (and how not to mess up) Last, but not least, how to be

comfortable in bed and make your partner feel loved In "Kama Sutra Sex Positions" you will: get to learn ways of heightening desire up your game with the lover of your dreams know the kind of lover you are Learn how to prepare your mind and body for sex Get knowledge of menstrual sex, foreplay skills and... 30+ Sex positions! With "Tantric Sex" you will discover: A thorough run down of all the basics you need to know to get started with this timeless sexual practice. An explanation of all the known therapeutic benefits of engaging in tantric sex. A detailed explanation of all the penetrations and positions you can use to improve your sex life. Techniques to prepare yourself for a tantric sex session. The truth about orgasms and how to make them even better. How to overcome insecurities in the bedroom. The tantric approach to contraceptives. In the end, if you're someone who loves to laugh and enjoy your bed-time adventures, here are four (4!) hot and intimate games to discover your partner's hottest wishes and forbidden desires. These "Sex Games for Couples" are the best choice. No matter if you're on a road trip with friends, a romantic getaway with your lover, or a house party with a naughty group, these are the ideal party games. Would you rather..? Truth or dare? Never have I ever... Hot or Not? Uncover secrets, debate the finer points, and most of all, get a little bit dirty. Do yourself, your partner and everyone else that you will potentially have sex with a favor, read this book! Give your partner the present of informing yourself about how to bring them enjoyment like never before. Scroll up and "Buy Now"!

Tantric Massage Jill Vance 2016-02-16 Learn The Amazing Art Of Tantric Massage, Tantric Sex And How To Experience An Incredible Tantric Sex Life Today Sex is a very important part of human lives. It is our way of reproduction, of ensuring that the world will never run out of our kind. But more than that, it is a gateway to intimacy for couples. From the primitive role to the modern view, sex remains pleasurable. A lot of people turn to it during their stress, some even become addicts to it due to the immense orgasmic release. The question is, how can you make sex more than just a source of gratification, but rather a glue that strengthens the connection? The answer is to make is structured-- by honouring your lover's body and letting him or her respect yours. In doing so, you will also heighten the pleasure you will give and receive. Tantric Massage and Tantric Sex are two things that couples can undergo to if they want to up their sexual experience. This book will be your ultimate guide for both.

Bucket List Sex Positions & Techniques to Try Before You Die Amber Bloomfield 2017-09 Hi! Are things dull between the sheets? Do you and your partner need to re-connect? Many relationships become tired and the sex monotonous, you may feel bored and frustrated too. Sound familiar? Need a solution? In this book, you will find many positions, tips, and techniques which everyone should try before they die! Based on the teachings of the Tantra and Kama Sutra this easy to follow guide will certainly spice things up in the bedroom! For so many of us, the subject of sex and orgasms are taboo, but sex is a natural and beautiful thing. The Tantra and Kama Sutra teaches us how to let go of inhibitions and truly enjoy our bodies and desires. There is a common misconception that the Kama Sutra is merely a sex manual for very bendy people and that Tantric Sex is for other 'enlightened, spiritual souls and beings' which involves having sex for hours. This is simply not so! If you want to experience heightened states of sexual pleasure, deep connection with your partner and be at one with the universe, you have come to the right place! Simply by buying this book, you are already taking your first steps to endless possibilities for an incredible and fulfilling sex life. You have made a conscious decision to explore your sexual self, to rekindle your passion and re-light your fire. Anyone can enjoy Tantric Sex and Kama Sutra, have incredible orgasms, feel deep connections with their partners and experience intense sexual pleasure, including you! Many experts and Tantric masters have differing views and teachings on the Tantra. This book is written to give you a beginner understanding with a western approach; sharing ideas to introduce and adapt to your personal sexual preferences. In this book, you will find: An introduction to the Kama Sutra and advanced sex techniques An introduction to Tantric Sex Preparation for sex guide Connecting with your partner techniques Bonding practices Information on desire & anticipation Learn how to harness sexual energy Understanding orgasms guide Sex problems and how to overcome them guide Ancient Kissing Techniques Erogenous zones 13 illustrated advanced sex positions 15 of the best

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positions from the Kama Sutra Two of the most erotic tantric massages (one for him and one for her) A foreplay Guide and much, much more! So don't delay and buy today! I hope you enjoy it and the profound experiences it will bring.

Ultimate Erotic Massage Kavida Rei 2010-01-14 Sensual massage techniques for enhancing sexual pleasure, in e-book format Explore the full sensual potential of massage with this practical and inspirational companion to enjoying the most erotic, intense and passionate lovemaking experiences. Master over 100 erotic massage techniques to heighten arousal, enhance sex and deepen orgasm. Discover how to pleasure every part of the body, with step-by-step ways to tease and please, from the neck to you and your partner's most intimate parts. Create the ultimate massage experience through fantasy, role-play, toys and erotic love games. With tips on oral and manual strokes and complete guidance on how to perform a full body massage, you'll learn to add a powerful new dimension to your sex life.

Great Sex Made Simple Mark A. Michaels 2012 Take your sex life from ordinary to extraordinary with this fun and easy-to-use beginner's guide to authentic Tantra. Explore new and surprising sources of sensual delight with fifty-four Tantric techniques for enhancing intimacy and deepening pleasure. Proving that Tantric lovemaking doesn't have to take hours, Tantra experts Mark A. Michaels and Patricia Johnson present straightforward, simple practices that anyone can do. Along with fundamental principles of Tantric sex, you will discover amazing ways to prolong arousal, satisfy your partner, maximize bliss, and reach higher states of consciousness. Erotic trigger points Massage Fantasy and role-play Kissing Self-pleasuring Breathwork Eye-gazing Meditation Praise: "Patricia Johnson and Mark A. Michaels have written a compassionate and accessible guide to an often mysterious but valuable tradition, and made it relevant for today's readers who want to find more connection, spirituality, and care in their lives and love."--Naomi Wolf, author of *Vagina* and *The Beauty Myth* "Great Sex will be a useful resource for individuals seeking to enrich their sexual experiences to open their minds to new possibilities of intimacy."—ForeWord Winner of the 2013 IPPY Award (Gold, Sexuality/Relationships category) Finalist for two ForeWord Awards (Self-Help Category and Family & Relationships Category)

The Joy of Mindful Sex Claudia Blake 2010-07-13 Based on the simple wisdom of mindfulness practices, *The Joy of Mindful Sex* provides an expanded understanding of sexual pleasure, freed from performance anxiety and restrictive, mechanical concepts. The book describes with illuminating detail how a mindful attitude—a joyful and attentive participation in the present moment, free of worry about past or future, about what should (or should not) be happening—can help readers attain a more vibrant understanding of their sexuality, their partner, and themselves. Complete with exercises and games specifically designed to release inhibitions, as well as sensual photographs, breathing techniques, and methods for taking it slow and performing Tantric sexual massage, this accessible resource promises to help couples deepen their trust, strengthen their communication, and achieve heightened sexual pleasure.

TantraSutra Sorcia Daniels 2018-07-02 If you want to experience heightened states of sexual pleasure, deep connection with your partner and be at one with the universe, you have come to the right place! Many relationships become tired and the sex monotonous, you may feel bored and frustrated too. Sound familiar? Need a solution? In this book, you will find many sex positions, tips, and techniques based on the teaching of tantric sex and Kama Sutra. Including: The Best Tried and Tested Sex Positions An Introduction to Tantric Sex Tantric Sex Positions and Practices 15 of the Best Positions from the Kama Sutra Two of the most Erotic Massages (one for him and one for her) A Foreplay Guide A Preparation for Sex Guide Connecting with your Partner Tips & Techniques Bonding Practices How to Build Desire & Anticipation Learn how to Harness Sexual Energy Understanding Orgasms Sex Problems and how to overcome them Ancient Kissing Techniques Erogenous Zones and where to find them and much, much more! Based on the teachings of the Tantra and Kama Sutra this easy to follow guide will certainly spice things up in the bedroom! For so many of us, the subject of sex and orgasms are taboo, but sex is a natural and beautiful thing. The Tantra and Kama Sutra teaches us how to let go of inhibitions and truly enjoy our bodies and

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Kama Sutra and Dirty Talk J. Savannah Clark 2020-05-10 Do you want to learn how to master your sex life? Do you want to learn how to make dirty sex talk? If yes, then keep reading... -KAMA SUTRA When we speak of "Kama Sutra," we mean exquisite, refined, and highly sophisticated sex. Kama Sutra, like every great book, is surrounded by a considerable number of myths and misconceptions. For example, many believe that most of the methods described in the Kama Sutra are so complicated that they can be practiced only by a very well-trained and physically developed people. While in fact, you do not need to have any exceptional strength or acrobatic training to use the Indian's knowledge into practice. The vast majority of Western publications on the subject - it's either outright pornography or medical reference books, so oversaturated with anatomical details that reading them is enough for a person to stop treating sex as high art permanently. In contrast, the sexual act in the East initially was considered a sacred ritual, and the relationship between men and women consistently described in highly artistic, poetic form. -DIRTY TALK "Dirty Talk" is the practice of using word imagery to heighten sexual excitement before and during sex. Talking dirty has become a mainstream method for couples to achieve intimacy in the bedroom. It can be delivered freely and a great deal of creativity can be involved. Talking dirty is an important part of sex. You have to start somewhere and if you don't start, your partner may simply disconnect mentally every time during sex and go into their own fantasies. The point of talking dirty is to get into the present. Sexual energy is activated by sexual verbalizations. Men are notoriously known for getting bored too soon. Resist the urge of getting offended by this biological fact and use the skills that will be found in this book to spice up your bedroom activity. According to researchers, sexy phrases you say, whisper, moan, or even scream have the power to trigger neurochemical reactions in the brain to increase arousal to heightened states. When you get excited or aroused, your pupils dilate. It's a sign your autonomic nervous system is working at increasing levels. It's also a sign that you are attracted to someone as well. This book covers the following topics: Things to know and best positions for your first time Best kama sutra position Mind and body intimacy Oral Sex Techniques Anal sex How to be free from anxiety and insecurity Erotic massages and sexual fantasies Sex during the menstrual cycle How exciting it is to talk dirty The best things to say to your partner Sexual tension increases with dirty talk Talking dirty to fulfill all your fantasies The psychology behind the language of lust Foreplay Building your carnal confidence Unleash inhibitory restraints Dirty talk phrases Compatibility ...And much more Ready to get started? Click "Buy Now"!

Tantric Sex Emil Rachuean 2004 Detailing the ancient practice of tantric sex—the art of lovemaking—this book teaches individuals how to reach a higher level of satisfaction, extend their enjoyment, and utilize energy to attain both sexual joy and spiritual enlightenment. It explains how tantric sex is not only a physical act, but a philosophy that views sex as a tool to increase, improve, and heighten spirituality.

The New Yoga - Tantra Reborn (the Sensuality & Sexuality of Our Immortal Soul Body)

Peter Wilberg 2007 What would it be like to know that you are indeed immortal, that your physical body is but the outward form taken by your own eternal inner form or soul body? What would it be like to dissolve the bodily boundaries that seem to separate you from the souls of others, learning to feel your soul in their body and their soul in yours? What would it be like to see and feel your partner as the embodiment of a god or goddess, and to experience the bliss of 'soul body sex' - an intensely sensual intimacy and intercourse with their divine soul body? The New Yoga is a yoga of the soul body - that body with which we can intimately sense, feel and touch others - independently

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of physical contact. The New Yoga is also 'Tantra Reborn', giving rebirth to the tantric tradition known as Kashmir Shaivism through a wholly new understanding of its sexual symbolism and of 'tantric sex' - seen not merely as a heightening or spiritual elevation of bodily sex, but as an expression of the sublime sensuality and divine sexuality of the soul and its body. 'Tantra Reborn' explains in detail the anatomy, nature and powers of the soul body, its relation to gender and sexuality, to tantric initiation and to the traditional tantric symbolism of 'Shiva-Shakti' and 'Kundalini'. It also offers a practical guide to experiencing the bliss of soul body intercourse through new and original forms of tantric pair and partner meditation.

An Orgasm (or More) a Day Rebecca Swanner 2012-11-18 The definitive guide to a daily orgasm! There is nothing quite like having a sheet-gripping, earth-shattering, body-rocking orgasm--and having one every day is even better. An Orgasm - or More - a Day is an indispensable guide to having at least one satisfying and powerful orgasm each day that will leave you trembling for more. Divided into daily entries, you'll learn tips, tricks, and orgasmic techniques sure to bring you (or a partner!) to their knees in sexual rapture. From tickling the erogenous zones and self-play to using vibrating toys and perfecting tongue-swirling oral skills, this "hands-on" manual helps you discover how to have toe-curling, back-scratching, red-hot orgasms--every day of the week!

Tantric Sex and the Kamasutra Savannah Wiles 2014-12-05 Tantric sex has been practiced around the world for hundreds of years, although many people in the West have not yet completely caught on with these incredible sexual techniques. The union of spirituality and sex can open up a whole new world for couples, in which sex becomes a transcendental experience. Tantric sex positions have helped many intensify their arousal and unify the physical and spiritual aspects of their partners into one glorious, harmonious orgasm. Whether you're looking to spice things up with your long time partner, or just want to become an extraordinary and knowledgeable lover, this book will help you take your sex life to the next level as you discover your own spirituality while making passionate love. This book features graphic illustrations showing you exactly how each sexual position is performed. It will provide secrets you may not already know, as well as sharing valuable tips to enhance your sex life and strengthen your bond with your partner.

Yoga for Sex Vimla Lalvani 2001-08-01 The stress of modern living can often curb sexual energy. Yoga can help to release built-up tension, leaving both body and mind more receptive to your own and your partner's sexuality. Inspired by the teachings of the Kama Sutra, "Yoga for Sex" aims to enhance your relationship through simple yogic practice. The book is divided into three sections. The first is a series of warm-up routines, the second demonstrates classical yoga poses which can be practised as a prelude to the sexual positions found in the third section. The step-by-step photographs illustrate how to achieve each of the poses and include positions for both novices and the more experienced.

The Complete Idiot's Guide to Tantric Sex Judith Kuriansky 2004 In this updated, fully illustrated second edition, the author uncovers every aspect of this ancient practice, and introduces the principles, techniques, and rituals of Tantra.

Kama Sutra and Dirty Talk J Savannah Clark 2020-04-25 Do you want to learn how to master your sex life? Do you want to learn how to make dirty sex talk? If yes, then keep reading...Kama Sutra is the oldest in the world love treatise written by the Indian sage Mallanaga Vatsyayana, who lived in the III-IV century BC. The Kama Sutra has a collection of all the ancient Indian erotic concepts, knowledge and wisdom accumulated from thousands of amorous couples for centuries. Today the Kama Sutra is the most famous book in the world pertaining to erotica. When we speak of "Kama Sutra," we mean exquisite, refined, and highly sophisticated sex. Kama Sutra, like every great book, is surrounded by a considerable number of myths and misconceptions. For example, many believe that most of the methods described in the Kama Sutra are so complicated that they can be practiced only by a very well-trained and physically developed people. While in fact, you do not need to have any exceptional strength or acrobatic training to use the Indian's knowledge into practice. Most of these errors are related to the fact that the West still does not exist in the counterpart of Kama Sutra. The vast majority of Western publications on the subject - it's either outright pornography or

medical reference books, so oversaturated with anatomical details that reading them is enough for a person to stop treating sex as high art permanently. In contrast, the sexual act in the East initially was considered a sacred ritual, and the relationship between men and women consistently described in highly artistic, poetic form. Instead "Dirty Talk" is the practice of using word imagery (that is usually graphic in nature) to heighten sexual excitement before and during sex. Talking dirty has become a mainstream method for couples to achieve intimacy in the bedroom. It can be delivered freely and a great deal of creativity can be involved. Talking dirty is an important part of sex. You have to start somewhere and if you don't start, your partner may simply disconnect mentally every time during sex and go into their own fantasies. The point of talking dirty is to get into the present. Sexual energy is activated by sexual verbalizations. Men are notoriously known for getting bored too soon. Resist the urge of getting offended by this biological fact and use the skills that will be found in this book to spice up your bedroom activity. If dirty talk is not your thing, practice until you are a master. Finding the right words to say can be difficult. When it comes to talking dirty, you definitely need to know your partner. Communication is everything. The amount of dirty talk you utilize in the bedroom is very individualized and up to you and your partner. For the most part, people love talking dirty and hearing it back to them. Arousal is not simply accomplished about touch. According to researchers, sexy phrases you say, whisper, moan, or even scream have the power to trigger neurochemical reactions in the brain to increase arousal to heightened states. When you get excited or aroused, your pupils dilate. It's a sign your autonomic nervous system is working at increasing levels. It's also a sign that you are attracted to someone as well. This book covers the following topics: -Compatibility-Things to know and best positions for your first time-Sex toys for beginners-Mind and body intimacy-Oral Sex Techniques-Anal sex-Best kama sutra position-How to be free from anxiety and insecurity-Erotic massages and sexual fantasies-Sex during the menstrual cycle-How exciting it is to talk dirty-The best things to say to your partner-Sexual tension increases with dirty talk-Unleash inhibitory restraints-Talking dirty to fulfill all your fantasies-Dirty talk phrases-Importance of communication-The psychology behind the language of lust-Foreplay-Building your carnal confidence...And much more Ready to get started? Click "Buy Now"!

The Modern Kama Sutra Kamini Thomas 2008-08-20 Transform your lovemaking into erotic ecstasy with the secrets of the Kama Sutra - the most ancient, renowned and explicit guide to sexual pleasure. 'Pleasures are as necessary for the well-being of the body as food.' Kama Sutra The Modern Kama Sutra opens you up to a new and exotic world of sexual pleasure that will change your sex life for ever. Inspired by the ancient text of the Kama Sutra, this fully illustrated pack offers a guide to over 30 easy-to-follow explicit positions with step-by-step instructions, practical tips, and 100 stunning colour photographs that guarantee to enhance your erotic pleasure. The guide encourages you to pick and choose the positions which most suit your lifestyle, and experiment with sex sequences that can be used in all kinds of locations - from the kitchen table and bathroom shower to the living room sofa and even the office floor! It is for those of you wanting to experiment and explore the furthest realms of lovemaking. By harnessing the erotic techniques of the Kama Sutra, modern-day couples can heighten their awareness of their own and each other's bodies, and achieve an emotional intimacy and sexual intensity never before experienced. Learn how massage and intimate touching can enhance your sexual desire. Discover how to indulge the body and the senses with chapters on seduction, foreplay and oral sex. Follow the step-by-step instructions for positions such as 'Splitting the Bamboo', 'The Congress of the Cow', 'Yab Yum' and the 'Canopy of Stars'.

Tantric Sex Richard Craze 2003 The Mobius Guides provide a fascinating overview to help you get to grips with the basic principles, practices and background of each subject area. Enlightening and fully accessible, these great introductions are ideal for the beginner, or those who simply wish to widen their knowledge in different areas. Taken from the top selling titles from Headway's BEGINNER'S GUIDE series, these titles already have an excellent sales history. Stunningly repackaged, they will have enormous appeal to the growing number of people drawn to the Mind, Body, Spirit area. This guide is a clear and helpful introduction to Tantric sex, including techniques

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and tips on how to achieve heightened levels of pleasure and spirituality, a richer spiritual encounter with yourself and your partner, and a deeper and more meaningful aspect to sexual development and experience.

Sex Positions & Techniques to Try Before You Die Amber Bloomfield 2018-01-14 Are things a little dull between the sheets? Do you and your partner need to re-connect? Many relationships become tired and the sex monotonous, you may feel bored and frustrated too. Sound familiar? Need a solution? In this book, you will find many sex positions, tips, and techniques to try before you die! Including: The Best Tried and Tested Sex Positions Illustrations of Sex Positions to Try Before You Die! Illustrations of the Best Sex Positions for Heightened Sexual Pleasure An introduction to Tantric Sex Tantric Sex Positions and Practices 15 of the Best Positions from the Kama Sutra Two of the most Erotic Massages (one for him and one for her) A Foreplay Guide A Preparation for Sex Guide Connecting with your Partner Tips & Techniques Bonding Practices How to Build Desire & Anticipation Learn how to Harness Sexual Energy Understanding Orgasms Sex Problems and how to overcome them Ancient Kissing Techniques Erogenous Zones and where to find them and much, much more! Based on teachings from the Tantra and Kama Sutra this easy to follow guide will certainly spice things up in the bedroom!

Sex Positions Tantric Sex Kama Sutra a Practical Guide for Beginners India Silvara 2017-11-16 In this beginner guide, you will find exciting sex positions and techniques to bring you and your partner sexual bliss, fulfillment and enjoyment. For so many of us, the subject of sex and orgasms are taboo. Sex is a natural and beautiful thing which needs celebrating. The Tantra and Kama Sutra teaches us how to do this. There is a common misconception that the Kama Sutra is merely a sex manual for very bendy people, and that Tantric Sex is for other 'enlightened, spiritual souls and beings' which involves having sex for hours. This is simply not so! If you want to experience heightened states of sexual pleasure, deep connection with your partner and be at one with the universe, you have come to the right place! Simply by buying this book, you are already taking your first steps to endless possibilities for an incredible and fulfilling sex life. You have made a conscious decision to explore your sexual self, to rekindle your passion and re-light your fire. Anyone can enjoy Tantric Sex and Kama Sutra, have incredible orgasms, feel deep connections with their partners and experience intense sexual pleasure, including you! Many experts and Tantric masters have differing views and teachings on the Tantra. This book is written to give you a beginner understanding with a western approach; sharing ideas to introduce and adapt to your own sexual preferences. By chance, ten years ago I read an article on Tantric Sex and the Kama Sutra and soon discovered a whole new sexual world awaiting me; the secrets of which I would like to share with you now.

Ecstatic Sex Ma Ananda Sarita 2003-10-07 EXPERIENCE THE EROTIC AND TANTALIZING PLEASURES OF TANTRA In Ecstatic Sex, Tantric partners and longtime teachers of the Tantric approach to life and love, Ma Ananda Sarita and Swami Anand Geho, present an eye-opening course in the sexual aspects of Tantra. Exploring everything from basic sexual anatomy and opening your chakras to self-pleasuring, foreplay, creative positions, and orgasm, this book will teach you -- whether you are single or married -- to enhance the pleasure, sensuality, and satisfaction of your every sexual experience. In this erotic and sensual guide to Tantric bliss, you will learn how to:

- Heighten sexual pleasure and orgasm in exotic ways you may never have imagined
- Maximize sexual fulfillment by focusing on the needs and sexual cycles of both you and your partner
- Experience sensual awakening and exploration at every stage of life, from adolescence to middle age and beyond
- Use Tantra as a means of deepening the physical, emotional, and spiritual intimacy between loving partners

Illustrated with gorgeous full-color photographs, this authentic, accessible introduction to Tantric sex will open a whole new world of sexual possibilities.

Make Her Scream Nicole Smith 2023-06-17 Tired of the same old boring bedroom antics leaving your partner and you both unsatisfied? Make Her scream is the perfect guide for those seeking to upgrade their bedroom game. This book has been designed to take you through the journey to steamier nights that will make your partner moan with delight. The author, an expert in the field of

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tantra and BDSM will take you through a journey of tips and tricks to make your partner's experience even more pleasurable. Forget the same old too-short sessions and unsatisfying bland bedroom activities, *Make Her Scream* will show you how to amp up your bedroom performance. Learn how to craft a session that will leave her begging and screaming for more. Learn how to linger for longer, hit harder, and give her an experience that she won't forget soon. This book will also take you through the fundamentals of BDSM and tantric sex to ensure a safe and consensual experience. *Make Her Scream* will be the perfect addition to your bedroom play. With this book, you'll be able to craft the kinkiest and most satisfying bedroom experience of her life. Benefits of making her scream:

1. Increased Intimacy: Making her scream with pleasure increases both physical and emotional intimacy. This can lead to a stronger, deeper bond between the two of you.
2. Heightened Sensitivity: During orgasm, the nerve endings in the body become more sensitive and more likely to be stimulated.
3. Supercharged Arousal: When a woman screams with pleasure, her arousal level is heightened even more. This can lead to better, more intense sex.
4. Enhanced Foreplay: Having someone focus on her pleasure lets a woman open up more and makes her stimulation even more intense. She can also enjoy all the love and attention that comes with making someone else feel so good.
5. More Connected Experience: Making her scream with pleasure creates a more connected experience than just sex. This can result in a more fulfilling experience for both of you.
6. Improved Confidence: Screaming during sex can make a man feel confident in the pleasure he's giving and in his sexual abilities.
7. Increased Control: Making her scream with pleasure also gives her a better understanding of her own body, allowing her to understand how to better control and get better results from her pleasure.
8. Greater Pleasure: Being able to bring her to orgasm more easily and more frequently leads to greater pleasure, both in terms of intensity and duration.
9. Better Communication: Making her scream leads to an increased level of communication. This can only help improve the connection between you both and help her to open up more and communicate her pleasure better.
10. Increased Excitement: Screaming during sex can increase the excitement and intensity level significantly, allowing for a more exhilarating and pleasurable experience. Making her scream with pleasure can be an incredibly exciting and rewarding experience. It increases the intimacy and connection between you and creates a level of sexual pleasure that cannot be achieved any other way. With the right techniques and knowledge, it can be a great way to really make your partner feel amazing. Are you ready to give her the greatest night of her life? *Make Her Scream: Let it linger longer, hit harder, and be the greatest she's ever experienced* is the go-to guide that will transform you into the ultimate lover. Learn how to make her body quiver with pleasure and become her personal rock star! Get the tips, tricks and techniques to maximize your time and hers in the bedroom. With *Make Her Scream* guide, you can take your bedroom skills to the next level. Don't wait any longer. Get your copy RIGHT NOW!

Kama Sutra and Dirty Talk Violet May 2021-12-23 Do you want to know how to control your sex life? Do you want to find out how to make dirty sex talk? If so, continue reading... When we talk about "Kama Sutra," we're talking about exquisite, refined, and highly sophisticated sex. Like any great book, the Kama Sutra is surrounded by a slew of myths and misconceptions. Many people believe that most of the methods described in the Kama Sutra are so complicated that they can only be practiced by people who are highly well-trained and physically developed. In reality, you don't need superhuman strength or acrobatic training to practice the Indian's knowledge. The vast majority of Western publications on the subject are either outright pornography or medical reference books so densely packed with anatomical details that just reading them is enough to convince a person to abandon sex as high art for good. In contrast, the sexual act was initially regarded as a sacred ritual in the East, and the relationship between men and women was consistently described in highly artistic, poetic form. "Dirty Talk" refers to the practice of using word imagery to increase sexual arousal before and during sex. Talking dirty in the bedroom has become a popular way for couples to achieve intimacy in the bedroom. It can be delivered free and with a great deal of creativity. Dirty talk is an essential part of sex. You have to start somewhere, and if you don't, your partner may disconnect mentally during sex and enter their fantasies. The purpose of dirty talk is to bring you

into the present moment. Sexual verbalizations activate sexual energy. Men are notorious for becoming bored too quickly. Resist the urge to be offended by this biological fact, and instead, use the skills you'll learn in this book to spice up your bedroom activity. Researchers believe that sexy phrases you say, whisper, moan, or even scream have the ability to trigger neurochemical reactions in the brain that increase arousal to heightened states. Your pupils dilate when you are excited or aroused. It's a sign that your autonomic nervous system is working harder than usual. It's also a sign that you're interested in someone. The following topics are covered in this book: What you should know and the best positions for your first time Position of the best kama sutra The intimacy of the mind and body Techniques for Oral Sex Sexual analgesia How to Overcome Anxiety and Insecurity Sexual fantasies and erotic massages Having sex during your menstrual cycle What fun it is to talk about dirty things. What are the best things to say to your partner? Sexual tension rises when the dirty talk is used to fulfill all of your fantasies. The psychology of lustful language Foreplay Increasing your carnal self-assurance Remove any inhibitory restraints. Phrases for dirty talk Compatibility ...as well as much more!..... Are you ready to begin? Click the "Buy Now" button!

Tantric Massage for Beginners J.D. Rockefeller Tantric sex has a famous reputation. Most people think of Sting and his reputed 36-hour long lovemaking sessions, for example. Once the tantric massages are complete, our partners should be deeply open and relaxed, aroused, and ready to engage in lovemaking. Bringing this same focus and energy to our lovemaking sessions increases the intimacy of our unions and heightens the pleasure for both parties.

Tantric Massage: Learn The Incredible Art Of Tantric Massage, Tantric Sex, And The Amazing Tantric Sex Life That Comes With It Cindy Kole 2019-10-26 Are You Ready To Spice Up Your Sex Life & Rekindle Your Relationship? You're not the only one! Follow thousands of others before you by exploring the tantric sex life and the wonders it can do for your relationship! I know what it's like for sex to get a tad boring, or even dull. The reality is, couples all across the world experience this feeling from time to time. If sexual intimacy isn't nourished properly, it can become just another task or chore, and given enough time can really break down the spirits of both partners in a relationship. Both people become unfulfilled and look for other sources to reach the intimate bond and connection that their sex life used to provide to them. That was the problem in my marriage, and to be quite honest, I avoided accepting the issue way longer than I should have. My partner and I spent less time together, started sleeping in separate beds, and even kissing became a rarity. Eventually, it became too much for me, and I went down a long road of relearning what sexual intimacy is, and how to rekindle it within a broken relationship (or marriage). That's when I discovered the incredible art of the tantric massage. You see, a tantric sex life isn't just about doing the deed for the sake of it. It's about bringing couples to a higher level of awareness and sexual connection, heightening pleasure while also forming a stronger intimate bond between lovers. Tantric sex explores all facets of the body and mind, building up the raw sexual energy that we're all familiar with and releasing it upwards through the spine. It's not just about the physical pleasure, but about slowing down, and rediscovering each other in a way you've never seen before. I invite you to come experience this journey with me, and rekindle your relationship in the same way! Here Is What I Will Teach You... The Myths Surrounding A Tantric Sex Life The Exhilarating Tantric Breast Massage The Incredible Yoni Massage The Breathtaking Man's Lingam Massage Secrets Of The "Sacred Spot" In Men & Women Much, much more! Rediscover your intimate lover when you buy your copy today! A new sex life is waiting!

Lesbian Tantric Sex Alexxa Kline 2017-08-29 If you want to experience heightened states of sexual pleasure, deep connection with your partner and be at one with the universe, you will find you have come to the right place! In this book, you will learn how to master ancient lovemaking techniques and how to apply them to your relationships today. Simply by buying this book, you will be taking your first steps to endless possibilities for an incredible and fulfilling sex life. You have made a conscious decision to explore your sexual self, to rekindle your passion and re-light your fire. Pure sexual pleasure is ecstasy; making you feel elated, alive, connected, free, euphoric and energized (just a few examples!) So wait no more! Learn how to transform your love life with this Tantric Sex

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Guide for Lesbians. With tips, techniques, and lessons from the Tantra, this book will teach you how to master the art of lovemaking and help you maximize your sexual potential, expanding your spiritual, sexual awareness to gain and experience pure bliss and connection with your partner and the universe. Although very old in principles Tantra has stood the test of time and applies to the art of spiritual lovemaking today. This guide includes: -History and Principles of Tantric Sex -Foreplay Guide -Sex Problems Tantric Sex Can Overcome -Health Benefits of Practicing Tantric Sex -Tantric Sex Techniques to Try -A Bonus Sensational Erotic Tantric Massage Chapter So, if it is time to awaken the goddess in you, SCROLL to the top of the page and select the BUY button.

Tantric Sex Cassandra Lorus 1999 Discover new energy and inner vitality with this practical and accessible guide to using and enhancing tantric sexual energy, beautifully illustrated with 40 b&w line drawings and simple, life-enhancing instructions.

Learn Tantric Sex Aventuras De Viaje 2019 Teach Yourself Tantric Sex! Discover the secrets to increasing your sexual pleasure to heights you have never felt before. This book will teach you everything you want to know about tantric sex. You will learn what it is and how you can use it to increase sexual pleasure, have sexual awakenings, and connect on a deeper level with yourself and your lover. You'll love learning tantric sex, because it will raise you to a plane of pleasure which you could not experience otherwise! Get it now. Over 50 Tantric Exercises Cultivate the mindset of the tantric lover to get the most out of your tantric romance How to create a personal space most conducive to tantric sexual practice Learn about chakras and how they play an important part in tantric sex Ancient tantric and yogi rituals to open yourself to a higher sexual awakening Understand exactly how orgasms work, and how to use the knowledge for maximum sexual pleasure Bring out Your Inner Tantric Sex God Give your lover(s) the most pleasurable orgasms he/she/they will ever have, and give them again, and again, and again! Use tantric dance and tantric massage to feel energy between you and your partner like you never have before How to have oral sex the tantric way Special tantric sex positions for heightened sexual awareness Use tantric sex exercises to redirect your sexual energy so you can last longer and/or help your lover feel intense pleasure How tantric sex does not just finish after orgasm, and how the pleasure and harmony can carry throughout all aspects of life ... and much more! Start feeling pleasure like you never have before, because this is the biggest sexual awakening you'll ever have! Get it now.

Sex Positions Roxy Colt 2020-05-02 Have you ever wanted to spice up your sex life more than you have before? Is there a better way to do it? Well, SEX POSITIONS is one of the best ways to do it! Then keep reading... Tantric sex: All sex is about pleasure, sure, but tantric sex places an emphasis on focusing on pleasure while you're having sex. Think: mindfulness during sex. You probably already know how beneficial mindfulness is in your everyday life can be, but you might not have thought about how beneficial it can be in bed. With tantric sex, it's more than just the act of sex, it's a much deeper principle that you can understand and get a lot out of. For most people, they don't realize the benefits of tantric sex, and how tantric sex differs from the normal sex you might have. Sex positions for couples: Almost everyone desires to have an interesting and emotionally satisfying sex life. Having good sex, in fact, rewards individuals, makes them more creative, raises their mood and psycho physical well-being, because sex is the most important factor in a couple's life. The fact is a lot of people don't. To make good love, techniques alone are not enough. We need active participation and a playful approach. Whatever you do, the main thing must be the fun and gratification of yours and the other's senses. The choice of a couple's favorite positions is something absolutely personal and depends on the physical and psychological characteristics of the members of the couple. You must, however, make love and not gymnastics. Through sexuality, as well as the choice of preferred sexual positions, the couple expresses their personality, their culture, the type of relationship that exists between their members, marking their own and others' evolution. By scrolling slowly, you'll start to learn about intimacy and how it affects you on a physical, mental, and emotional level, it becomes easier to figure out how to keep your sex life pleasurable and exciting. Not only does it help to keep your sexual relationship more fulfilling, but it also helps ensure your overall relationship stays healthy. This book also covers: Tantric sex: Mind-blowing techniques of

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tantric sex Various aspects of sex and foreplay How to get your body and mind ready for sex. Benefits of massage, meditation and yoga Different types of tantric sex Sex positions for couples: Sexual communication, fulfillment and compatibility. Men and women sexual behaviors Physical intimacy Oral and Anal sex techniques Sex positions for male and female sexual satisfaction Sex toys for healthy sex life ...And much more... How to have fulfilling and more sustaining outcomes of both the sexual and spiritual experiences than before? So, stop, take a moment, close your eyes, and think about everything that makes you feel alive. Now, give yourself the freedom to read and partake in all of those pleasures, and then you will truly understand the power of the Sex. "Life these days is increasingly disconnected and often the emphasis in relationships is on making money or raising kids-intimacy only becomes a goal when the relationship already suffers." Are you ready to get started? SCROLL UP AND CLICK THE BUY BUTTON!

Tantric Sex: A Beginners Guide With Tantric Sex Positions For an Incredible Life. Erotic Pleasure With Secret Kama Sutra Positions Roxy Colt 2021-02-14 55% OFF for Bookstores! NOW at \$ 35.95 instead of \$ 45.95! Have you ever wanted to spice up your sex life more than you have before? Is there a better way to do it? Well, tantric sex is one of the best ways to do it! Your Customers Will Never Stop to Use This Awesome Sex Book All sex is about pleasure, sure, but tantric sex places an emphasis on focusing on pleasure while you're having sex. Think: mindfulness during sex. You probably already know how beneficial mindfulness is in your everyday life can be, but you might not have thought about how beneficial it can be in bed. With tantric sex, it's more than just the act of sex, it's a much deeper principle that you can understand and get a lot out of. For most people, they don't realize the benefits of tantric sex, and how tantric sex differs from the normal sex you might have. But, you're in luck, for this book will give you an in-depth look at tantric sex, what is it, and how you can enjoy this with your partner. In this, we'll give you a deep, realistic understanding of the different elements of tantric sex that there are out there, including the theory behind it, the different positions, and ways to truly experience the tantric orgasm as either a man or a woman. Tantric sex will change your way of sexual intercourse, and change the experiences too. That's why it's so important to understand tantric sex, the important elements behind it, and some of the different faces of it. Tantric sex will help you experience greater, more powerful orgasms, and also experience a newfound desire for sexual exploits. So what are you waiting for? It's time to experience the fun and thrill of tantric sex, and this fun book will help you learn the power of this type of sex. This book also covers: Mind-blowing techniques of tantric sex Various aspects of sex and foreplay How to get your body and mind ready for sex. Benefits of massage, meditation and yoga Different types of tantric sex ...And much more This book is for couples who want to lust after each other for years and years, well past the honeymoon phase. This includes positions for couples early on in their relationship, married couples, couples who want to restore their spark, couples who are trying to get pregnant, couples who are already pregnant and every other couple in between. This is written for couples who want to do everything they can to ensure their sex life stays interesting, new and exciting. How to have fulfilling and more sustaining outcomes of both the sexual and spiritual experiences than before? So, stop, take a moment, close your eyes, and think about everything that makes you feel alive. Now, give yourself the freedom to read and partake in all of those pleasures, and then you will truly understand the power of the Tantric Sex. "Life these days is increasingly disconnected and often the emphasis in relationships is on making money or raising kids-intimacy only becomes a goal when the relationship already suffers." Buy it NOW and let your customers get addicted to this amazing book

Ultimate Erotic Massage Kavida Rei 2010-01-14 Sensual massage techniques for enhancing sexual pleasure, in e-book format Explore the full sensual potential of massage with this practical and inspirational companion to enjoying the most erotic, intense and passionate lovemaking experiences. Master over 100 erotic massage techniques to heighten arousal, enhance sex and deepen orgasm. Discover how to pleasure every part of the body, with step-by-step ways to tease and please, from the neck to you and your partner's most intimate parts. Create the ultimate massage experience through fantasy, role-play, toys and erotic love games. With tips on oral and manual strokes and

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complete guidance on how to perform a full body massage, you'll learn to add a powerful new dimension to your sex life.

The Sex Bible Susan Crain Bakos 2008-08-01 The Sex Bible is an authoritative, comprehensive, and beautifully photographed sex resource book that provides in-depth treatment of sexual topics in frank detail. The book is arranged into different sections, for example, "Foreplay", "Sex Toys", "Oral Sex". It explores sexual subjects you are either familiar with, or until now, never even knew existed. Couples will be captivated by personal anecdotes interspersed throughout. Illustrated with full-color photography, The Sex Bible will not only educate its readers, but help heighten sexual enjoyment.

Tantric Sex Suzie Hayman 2002 Tantric sex is an ancient Hindu and Buddhist practice that has been enjoyed for over 5,000 years. Tantra, a Sanskrit word meaning 'to expand, spin out, weave together', places sex as a central part of a healthy life and a happy relationship. Practising Tantric Sex helps you prolong the act of making love to attain a perfect sense of bliss and union. Practitioners - otherwise known as Tantrikas - believe sexual ecstasy is a taste of heaven and that if you heighten and extend the act of love, you deepen intimacy between partners. They also claim that Tantric sex not only significantly improves your all-round health but also promotes a sense of inner peace and harmony. Tantric Sex explores this ancient Eastern form of lovemaking with a modern eye and provides readers with all the essential information required to enjoy a supreme sex life - to slow down the act of love, to please yourself and your partner, and make sex more spontaneous, varied and exciting. Tantric Sex will also help budding Tantrikas attain spiritual enlightenment. The basic principles of Tantric sex are covered. You can achieve an elevated state of sexual awareness by sharing intimate moments. strong part in this highly sensual form of lovemaking, and these techniques are described. Tantric sex isn't 'goal oriented'; instead of focusing simply on the Big O, practitioners concentrate on the whole act of love, making foreplay and sex play before and after orgasm far more important - and far more prolonged. The main core of the book will show how to control and maximize your pleasure, with both men and women able to enjoy multiple orgasms in each session, making it an essential and comprehensive practical guide.

Sex After Sixty Marie de Hennezel 2017-01-30 "Employing an equal measure of modesty and irreverence, she probes the mystery and depth of the enjoyment of physical love at a later stage of life. Through interviews, lectures, and her own analysis - including forays into areas such as tantric sex - she invites the reader on a journey to the heart of this unrecognised territory. It turns out that emotional intimacy plays a huge role in maintaining a sex life as you age. The quality of a relationship obviously matters a lot in being able to take your time, trust your partner, and explore a sexuality that's more sensual and more playful than that of earlier years. It's all about knowing how to take pleasure as it comes, rather than focussing on what could be a This is what characterises a less impulsive, but more erotic, sexuality. And it's not less satisfying, either. Far from it."

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Pleasure Introduction

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