

Brooklyn Zen A From Brooklyn Combines A Zen Perspective And Examines Relationships

Three Steps, One Bow - Heng Ju (Bhikshu) 2014-08-17

Based on the principle that peace in the world begins with peace in our hearts, two American monks, Heng Ju and Heng Yo, undertook an arduous 10 month pilgrimage in 1973. As they bowed down in full prostrations to the ground once every three steps, they prayed for world peace and sought spiritual awakening. A collection of excerpts from the journal they kept, this book offers an honest and moving account of their journey as they relate their internal and external hardships as well as their interactions with their teacher, Master Hsuan Hua, and their awakenings. This book shows Buddhism in its true form: a practice to transform the mind and thereby the world in which we live. This 40th anniversary edition comes with a preface written by Jeanette Testu, daughter of the former Heng Ju who had returned to lay life.

On Zen Practice - Taizan Maezumi 2012-11-24

This updated landmark volume makes available for the first time in decades the teachings that were formative to a whole generation of American Zen teachers and students. Conceived as an overarching primer on the practice of Zen, chapters in this volume address every aspect of practice: beginning practice, shikantaza, chanting, sesshin, working with Mu, and the nature of koans. In the intervening years since the publication of the earlier edition, countless books have appeared on Zen. Few, if any, have approached the strengths of *On Zen Practice* as a reference or teaching tool, and the book retains a lively, immediate quality that will appeal to today's readers.

All that is Solid Melts Into Air - Marshall Berman 1983

The experience of modernization -- the dizzying social changes that swept millions of people into the capitalist world -- and modernism in art, literature and architecture are brilliantly integrated in this account.

Books in Print - 1982

Subject Guide to Books in Print - 1993

Training in Compassion - Norman Fischer 2013-01-08

A prominent Zen teacher offers a "direct, penetrating, and powerful" perspective on a popular mind training practice of Tibetan Buddhism (Rick Hanson, author of *Buddha's Brain*) Lojong is the Tibetan Buddhist practice of working with short phrases (called "slogans") to generate bodhichitta, the heart and mind of enlightened compassion. With roots tracing back to the 900 A.D., the practice has gained more Western adherents over the past two decades, partly due to the influence of American Buddhist teachers like Pema Chödrön. Its effectiveness and accessibility have moved the practice out of its Buddhist context and into the lives of non-Buddhists across the world. It's in this spirit that Norman Fischer offers his unique, Zen-based commentary on the Lojong. Though traditionally a practice of Tibetan Buddhism, the power of the Lojong extends to other Buddhist traditions—and even to other spiritual traditions as well. As Fischer explores the 59 slogans through a Zen lens, he shows how people from a range of faiths and backgrounds can use Lojong to generate the insight, resilience, and compassion they seek.

Brooklyn Zen - C R Publishing Company

Forthcoming Books - Rose Arny 1996-06

Realizing Genjokoan - Shohaku Okumura 2010-07-06

"A clear and concise commentary on one of Dogen's most difficult pieces." Brad Warner, author of *Hardcore Zen* --Book Jacket.

A Tale for the Time Being - Ruth Ozeki 2013-03-11

In the wake of the 2011 tsunami, Ruth discovers a Hello Kitty lunchbox washed up on the shore of her beach home in British Columbia. Within it lies a diary that expresses the hopes, heartbreak and dreams of a young girl desperate for someone to understand her. Each turn of the page pulls Ruth deeper into the mystery of Nao's life, and forever changes her in a way neither could foresee. Weaving across continents and decades, *A Tale for the Time Being* is an extraordinary novel about our shared humanity and the search for home.

How to Cook Your Life - Dogen 2005-11-08

This modern-day commentary on Dogen's *Instructions for a Zen Cook*

reveals how everyday activities—like cooking—can be incorporated into our spiritual practice In the thirteenth century, Zen master Dogen—perhaps the most significant of all Japanese philosophers, and the founder of the Japanese Soto Zen sect—wrote a practical manual of *Instructions for the Zen Cook*. In drawing parallels between preparing meals for the Zen monastery and spiritual training, he reveals far more than simply the rules and manners of the Zen kitchen; he teaches us how to "cook," or refine our lives. In this volume Kosho Uchiyama Roshi undertakes the task of elucidating Dogen's text for the benefit of modern-day readers of Zen. Taken together, his translation and commentary truly constitute a "cookbook for life," one that shows us how to live with an unbiased mind in the midst of our workaday world.

Creative License - Margherita Spagnuolo Lobb 2011-06-28

The time is ripe, more than fifty years after the publication of the magnum opus by Perls, Hefferline & Goodman, to publish a book on the topic of creativity in Gestalt therapy. The idea for this book was conceived in March 2001, on the island of Sicily, at the very first European Conference of Gestalt Therapy Writers of the European Association [or Gestalt Therapy. Our starting point was an article on art and creativity in Gestalt therapy, which was presented there by one of the editors, and illuminated by a vision, held by the other editor, of bringing together colleagues from around the world to contribute to a qualified volume on the subject of creativity within the realm of Gestalt therapy. We wanted to continue the professional discourse internationally and capture the synergetic effects of experienced colleagues' reflections on various aspects of our chosen subject. Moreover, we intended to explore how the theoretical reflection of one's practice can inspire effective interventions and, vice versa, how the discussion of practical experiences can shape new theoretical directions. Hence, our aim in this book is to create a forum on the concept of creativity in Gestalt therapy.

Nine-Headed Dragon River - Peter Matthiessen 1998-04-28

In August 1968, naturalist-explorer Peter Matthiessen returned from Africa to his home in Sagaponack, Long Island, to find three Zen masters in his driveway—guests of his wife, a new student of Zen. Thirteen years later, Matthiessen was ordained a Buddhist monk. Written in the same format as his best-selling *The Snow Leopard*, *Nine-Headed Dragon River* reveals Matthiessen's most daring adventure of all: the quest for his spiritual roots.

Undoing the Demos - Wendy Brown 2015-02-06

This is a book for the age of resistance, for the occupiers of the squares, for the generation of Occupy Wall Street. The premier radical political philosopher of our time offers a devastating critique of the way neoliberalism has hollowed out democracy.

The Spell of the Sensuous - David Abram 2012-10-17

Winner of the International Lannan Literary Award for Nonfiction *Animal tracks, word magic, the speech of stones, the power of letters, and the taste of the wind* all figure prominently in this intellectual tour de force that returns us to our senses and to the sensuous terrain that sustains us. This major work of ecological philosophy startles the senses out of habitual ways of perception. For a thousand generations, human beings viewed themselves as part of the wider community of nature, and they carried on active relationships not only with other people with other animals, plants, and natural objects (including mountains, rivers, winds, and weather patterns) that we have only lately come to think of as "inanimate." How, then, did humans come to sever their ancient reciprocity with the natural world? What will it take for us to recover a sustaining relation with the breathing earth? In *The Spell of the Sensuous* David Abram draws on sources as diverse as the philosophy of Merleau-Ponty, Balinese shamanism, Apache storytelling, and his own experience as an accomplished sleight-of-hand of magician to reveal the subtle dependence of human cognition on the natural environment. He explores the character of perception and excavates the sensual foundations of language, which—even at its most abstract—echoes the calls and cries of the earth. On every page of this lyrical work, Abram weaves his arguments with a passion, a precision, and an intellectual daring that recall such writers as Loren Eiseley, Annie Dillard, and

Barry Lopez.

A Bigger Sky - Pamela Weiss 2020-07-14

Reimagining Buddhism through a feminine lens: A powerful memoir of healing, strength, and spiritual awakening. Written by the first and only layperson to receive full dharma transmission in the Suzuki Roshi Soto Zen lineage, *A Bigger Sky* explores what it means to traverse the gaps of a Buddhism created by and for men, navigate the seemingly contradictory domains of secular and spiritual life, and walk a path through the heart of the world. Blending memoir, Buddhist practice, and cultural observation, Weiss reorients Buddhism through a wider and more inclusive feminine lens. Her personal and spiritual journey speaks to the bits of brokenness in us all, shining a light on the different pathways we can walk to become whole. Through beautifully crafted prose, Weiss shares what it means to be an ordinary Bodhisattva, describing how the Buddha's profound vision of freedom can be lived outside of institutions and rule-bound practice to support us in deepening our connection with ourselves, each other, and the planet. *A Bigger Sky* illuminates how integrating a more feminine approach to Buddhist teachings can be applied in spiritual practice, community, relationships, and day-to-day life.

The Death and Life of Great American Cities - Jane Jacobs 2016-11-17

In this classic text, Jane Jacobs set out to produce an attack on current city planning and rebuilding and to introduce new principles by which these should be governed. The result is one of the most stimulating books on cities ever written. Throughout the post-war period, planners temperamentally unsympathetic to cities have been let loose on our urban environment. Inspired by the ideals of the Garden City or Le Corbusier's Radiant City, they have dreamt up ambitious projects based on self-contained neighbourhoods, super-blocks, rigid 'scientific' plans and endless acres of grass. Yet they seldom stop to look at what actually works on the ground. The real vitality of cities, argues Jacobs, lies in their diversity, architectural variety, teeming street life and human scale. It is only when we appreciate such fundamental realities that we can hope to create cities that are safe, interesting and economically viable, as well as places that people want to live in. 'Perhaps the most influential single work in the history of town planning... Jacobs has a powerful sense of narrative, a lively wit, a talent for surprise and the ability to touch the

emotions as well as the mind' New York Times Book Review

Zen Master Who? - James Ishmael Ford 2006-10-20

Surprisingly little has been written about how Zen came to North America. "Zen Master Who?" does that and much more. Author James Ishmael Ford, a renowned Zen master in two lineages, traces the tradition's history in Asia, looking at some of its most important figures -- the Buddha himself, and the handful of Indian, Chinese, and Japanese masters who gave the Zen school its shape. It also outlines the challenges that occurred as Zen became integrated into western consciousness, and the state of Zen in North America today. The author includes profiles of modern Zen teachers and institutions, including D. T. Suzuki and Alan Watts, and such topics as the emergence of liberal Buddhism, and Christians, Jews, and Zen. This engaging, accessible book is aimed at anyone interested in this tradition but who may not know how to start. Most importantly, it clarifies a great and ancient tradition for the contemporary seeker.

Zen in the Fifties - Helen Westgeest 1996

Enthält: Zen in de jaren vijftig: Wisselwerking in de beeldende kunst tussen Oost en West: Samenvatting.

Shots in the Dark - Shoji Yamada 2020-06-24

In the years after World War II, Westerners and Japanese alike elevated Zen to the quintessence of spirituality in Japan. Pursuing the sources of Zen as a Japanese ideal, Shoji Yamada uncovers the surprising role of two cultural touchstones: Eugen Herrigel's *Zen in the Art of Archery* and the Ryoanji dry-landscape rock garden. Yamada shows how both became facile conduits for exporting and importing Japanese culture. First published in German in 1948 and translated into Japanese in 1956, Herrigel's book popularized ideas of Zen both in the West and in Japan. Yamada traces the prewar history of Japanese archery, reveals how Herrigel mistakenly came to understand it as a traditional practice, and explains why the Japanese themselves embraced his interpretation as spiritual discipline. Turning to Ryoanji, Yamada argues that this epitome of Zen in fact bears little relation to Buddhism and is best understood in relation to Chinese myth. For much of its modern history, Ryoanji was a weedy, neglected plot; only after its allegorical role in a 1949 Ozu film was it popularly linked to Zen. Westerners have had a part in redefining Ryoanji, but as in the case of archery, Yamada's interest is primarily in how the Japanese themselves have invested this cultural site with new value through a spurious association with Zen.

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