

A Womans Odyssey Into Africa Tracks Across A Life

Forthcoming Books Rose Army 2001-08

Unbroken Homes J Dianne Garner 2014-02-25 Explore the real-life triumphs and tragedies of single-parent mothers! Unbroken Homes is a “story quilt” of personal narratives constructed from in-depth, case study interviews of five single-parent mothers. The book chronicles their journeys as mothers, daughters, and women, in relationships and in solitude, displaying their stories in their own words like the squares of a multicolored quilt. Unbroken Homes breaks through the stigma associated with “broken homes” and provides a new perspective on the reorganization of American families. Unbroken Homes encourages you to rethink some damaging stereotypical assumptions about children from single-mother headed homes. Drawing information from family research, counseling, and a cross-section of social sciences, this book is pertinent to any professional who works with single parents or their children. Unbroken Homes does not deal with what is “typical” in the single-parenting experience, nor does it give advice or proselytize. Rather, its purpose is to discover the meaning that single-parent mothers bring to their own lives, helping you to understand the dynamics of single-parent families from a uniquely personal perspective. In Unbroken Homes you will witness the ways that these women: experience the ill effects of gender role socialization work to overcome stigma redefine ideals for family life and gender expectations balance responsibilities in and outside of their homes stretch finances to meet the needs of their families regain strength and self-confidence encourage their children's development affirm the strength of their families cope with depression develop networks of support This intensely

personal collection of women's stories and reflections is a must read for everyone who seeks a better understanding of divorce, single-parenting, and being alone, from an insider's perspective. *Women in the Antarctic* Esther D. Rothblum 1998 In *Women in the Antarctic*, you'll discover how the world's social and scientific communities know much more about the Antarctic because of the female navy personnel, reporters, pilots, and expedition leaders who have challenged - and tamed - its icy, snowswept domain.

Manushi 1992 A journal about women and society.

Feminist Bookstore News 1991

Mulheres africanas e feminismo Oyèronké Oyéwùmí 2023-11-29 A relação entre as mulheres africanas e o feminismo é controversa. Enraizado nessa conexão está o debate para saber se o conceito de solidariedade - mantra que pressupõe uma opressão comum a todas as mulheres e abarca relações feministas internacionais/transculturais - representa, simbólica e funcionalmente, as mulheres africanas. As colaborações deste livro abordam o discurso global sobre as mulheres tal como articulado pelas feministas ocidentais e analisam as questões levantadas pela interpretação equivocada que feministas norte-americanas, negras e brancas, fazem de mulheres africanas. As implicações do domínio de homens e mulheres ocidentais na produção de conhecimento sobre a África também são discutidas.

Ubuntu Heather Ellis 2016-04-18 As you travel Africa, you will find the way of ubuntu - the universal bond that connects all of humanity as one. At the age of twenty-eight, while sitting in a friend's backyard in the remote mining township of Jabiru, Heather Ellis has a light-bulb moment: she is going to ride a motorcycle across Africa. The idea just feels right - no matter that she's never done any long-distance motorcycle travelling before, and has never even set foot on the African continent. Twelve months later, Heather unloads her Yamaha TT600 at the docks in Durban, South Africa, and her adventure begins. Her travels take her to the dizzying heights of Mt Kilimanjaro and the Rwenzori

Mountains, to the deserts of northern Kenya where she is befriended by armed bandits and rescued by Turkana fishermen, to a stand-off with four Ugandan men intent on harm, and to a voyage on a 'floating village' on the mighty Zaire River. Everywhere she goes Heather is aided by locals and travellers alike, who take her into their homes and hearts, helping her to truly understand the spirit of ubuntu - a Bantu word meaning 'I am because you are'. Ubuntu is the extraordinary story of a young woman who, alone and against all odds, rode a motorcycle to some of the world's most remote, beautiful and dangerous places. 'Most of us wouldn't take a motorcycle solo through Africa. Or remember much about what we were saying, smelling, believing or hoping twenty years ago. Heather Ellis did that, and has written a remarkable book about it too. She tells her story vividly and honestly, taking us through fields, national parks, into towns and down red-mud tracks, meeting other travellers and working with locals, eating rice and fish, honing her self-belief and increasing our respect for her with every day on the road. This is a really fascinating and compelling tale, told well. For anyone who has ever doubted themselves, Ubuntu has a message: there is a way through, down a road you haven't travelled yet.' —Kate Holden, author of *In Her Skin* 'No two big journeys are alike, and Heather Ellis' could not have been more different to mine, but certain fundamental similarities seem to unite us all, from the prosaic -'My bike was dangerously overloaded' - to the sublime awakenings that such journeys engender. Hers was a great adventure into the soul of Africa, a thrilling story of endurance and self-discovery, told with care, intelligence and deep humanity. It is beautifully written and a pleasure to read. So read it.' —Ted Simon, author of *Jupiter's Travels* 'In the 1990s Heather had an impulsive idea to ride a motorcycle through Africa and, through perseverance, made this come true. Her story is not just a very detailed, descriptive account of the countries she rode through but also of the problems she faced and overcame. It

reveals her ability to communicate with people of all nationalities and walks of life, learn from them and find that if you have faith in the Universe, it will provide. Very well written and immensely readable.’ —Linda Bootheerstone-Bick, author of *Into Africa with a Smile* ‘Ever wondered what your life would look like if you chose to trust rather than fear? Heather Ellis does just this as she rides a motorbike across Africa. She discovers a land torn apart by war and poverty but also a land rich in beauty and kindness. Reading this book is challenging and inspiring. Heather’s journey will stay with you long after you finish her story.’ —Maggie Mackellar, author of *When It Rains & How to Get There* ‘Ubuntu is an inspiring memoir about an extraordinary journey taken by an exceptional woman. Heather Ellis writes about her most daring adventures and deepest struggles with humour, heart, guts and grace. I was enthralled by every page.’ —Cheryl Strayed, author of *Wild*

She Loved Me, She Loved Me Not Linda J. Converse

2001-08-02 Spirituality and Medicine: can the two walk together, summarizes the Howard University Hospital's Seminar Series on Spirituality and Medicine over a ten-year period, from 1998-2007. It meticulously presents a compelling discussion through five chapters which summarize such titles as, Perspectives on death and dying, The spiritual side of medicine: the art and science of healing, The power of faith and the use of prayer, Renewing the mind and its impact on health and The scientific and spiritual aspects of the soul. The foundation for the discussion is grounded in the history of medicine and cultural anthropology and is explicated in a "reader friendly" fashion throughout the text. As the discussion integrates various aspects of the union of spirituality and medicine, helpful tools are provided that shed light on relevant legal and scientific issues concerned with end of life care. The book includes a glossary of terms that is very helpful to the reader. The scientific information presented is based upon fact and the standards of medical research as

published in peer-reviewed journals. Additionally, many testimonials attesting to the connection of spirituality and health and the first-hand knowledge of physicians and clergy experiencing this connection are also included. The language, content and context of this book are designed in such a way as to appeal to readers from all walks of life and leave them with the resounding conclusion that spirituality and health have always and shall continue, to walk together.

A Woman's Odyssey Into Africa Hanny Lightfoot Klein 2020-03-24
Here is the intriguing story of one woman's mid-life flight from her stultified, middle-class, psychologically crippling, and unfulfilled existence into a world of high adventure, danger, hardship, and endurance, which ultimately leads her to autonomy and recognition. In her new book, *A Woman's Odyssey Into Africa*, Hanny Lightfoot-Klein chronicles three year-long solo backpacking treks through remote areas of sub-Saharan Africa. In the process, she discovers the mainsprings of strength within herself as she follows her own drummer, finding the courage to face the darkest and most secret convolutions of her own mind. She weaves the story of her journey through the men, women, and children she meets, and the dangers and adventures she faces as a lone woman traveler--part and parcel of the path she has chosen to take. She infuses readers at any stage of life, especially women, with the courage to do what their individual drummer dictates, as she did, to find fulfillment in life. Lightfoot-Klein assures readers in her book: "Even a life of quiet desperation is not beyond redemption. Change starts with a reassessment of the distortions in self image one has been programmed to accept. It starts with an inner rebellion, a realization that something has been amiss and a desire to set it right, if only to leave a better heritage for one's children. And then, most important of all, it begins with a single, wild, breathless moment, where one picks up an unaccustomed load and steps off into the unknown . . ." Her message is truly for

everyone.

Breasts Ellen Cole 2012-09-10 *Breasts: The Women's Perspective on an American Obsession* describes and explores our national breast fetish, which is defined as a culturally constructed obsession that is deeply interwoven with beauty standards, breastfeeding practices, and sexuality. By tracing the complex history of this erotic fascination and discovering how it affects men's and women's sexuality and their relationships, this book will help women accept their breasts as they are and provide male readers with insight into how women think and feel about their bodies. This awareness will enable them to better understand and empathize with women's experiences as objects of a cultural fetish. Focusing on adult joys and anxieties about breasts, sex, and breastfeeding, this text uses research and expert opinions from several different fields, including psychology, anthropology, sociology, mythology, and sexology. You will find several other issues in *Breasts: The Women's Perspective on an American Obsession* that involve men's and women's struggles with this obsession, such as: breast implants human psychology and breasts beauty standards and breast sexuality how breasts are portrayed in mythology and art how ancient religions saw the breast as a sign of motherhood and giver of life "breast men" debates on how and why the breast evolved adolescent girls and breasts breast activists, such as La Leche League, who are proponents of breastfeeding in public Through personal interviews with men and women, *Breasts: The Women's Perspective on an American Obsession* also addresses women's pride and shame about their breasts and their confusion about the attention their breasts receive. Ultimately, this exploration of breast obsession sheds light on our society's general fear of and ambivalence toward women's bodies. *Breasts: The Women's Perspective on an American Obsession* shows you that breasts have a venerable history and urges you to see beyond the contemporary standards of visual perfection to give you an

overall sense of the female body's power and worth.

Female Circumcision Rogaia Mustafa Abusharaf 2013-03-01

Bolokoli, khifad, tahara, tahoor, qudiin, irua, bondo, kuruna, negekorsigin, and kene-kene are a few of the terms used in local African languages to denote a set of cultural practices collectively known as female circumcision. Practiced in many countries across Africa and Asia, this ritual is hotly debated. Supporters regard it as a central coming-of-age ritual that ensures chastity and promotes fertility. Human rights groups denounce the procedure as barbaric. It is estimated that between 100 million and 130 million girls and women today have undergone forms of this genital surgery. Female Circumcision gathers together African activists to examine the issue within its various cultural and historical contexts, the debates on circumcision regarding African refugee and immigrant populations in the United States, and the human rights efforts to eradicate the practice. This work brings African women's voices into the discussion, foregrounds indigenous processes of social and cultural change, and demonstrates the manifold linkages between respect for women's bodily integrity, the empowerment of women, and democratic modes of economic development. This volume does not focus narrowly on female circumcision as a set of ritualized surgeries sanctioned by society. Instead, the contributors explore a chain of connecting issues and processes through which the practice is being transformed in local and transnational contexts. The authors document shifts in local views to highlight processes of change and chronicle the efforts of diverse communities as agents in the process of cultural and social transformation.

Blood, Land, and Sex Lyda Favali 2003-06-18 In Eritrea, state, traditional, and religious laws equally prevail, but any of these legal systems may be put into play depending upon the individual or individuals involved in a legal dispute. Because of conflicting laws, it has been difficult for Eritreans to come to a consensus on what constitutes their legal system. In *Blood, Land, and Sex*, Lyda

Favali and Roy Pateman examine the roles of the state, ethnic groups, religious groups, and the international community in several key areas of Eritrean law -- blood feud or murder, land tenure, gender relations (marriage, prostitution, rape), and female genital surgery. Favali and Pateman explore the intersections of the various laws and discuss how change can be brought to communities where legal ambiguity prevails, often to the grave harm of women and other powerless individuals. This significant book focuses on how Eritrea and other newly emerging democracies might build pluralist legal systems that will be acceptable to an ethnically and religiously diverse population.

Feminist Collections 1992

Celebrating the Lives of Jewish Women Rachel J Siegel
2014-06-03 Jewish women of all ages and backgrounds come together in *Celebrating the Lives of Jewish Women* to explore and rejoice in what they have in common--their heritage. They reveal in striking personal stories how their Jewishness has shaped their identities and informed their experiences in innumerable, meaningful ways. Survivors, witnesses, defenders, innovators, and healers, these women question, celebrate, and transmit Jewish and feminist values in hopes that they might bridge the differences among Jewish women. They invite both Jewish and non-Jewish readers to share in their discussions and stories that convey and celebrate the multiplicity of Jewish backgrounds, attitudes, and issues. In *Celebrating the Lives of Jewish Women*, you will read about cultural, religious, and gender choices, conversion to Judaism, family patterns, Jewish immigrant experiences, the complexities of Jewish secular identities, antisemitism, sexism, and domestic violence in the Jewish community. As the pages unfold in this wonderful book of personal odysseys, the colorful patterns of Jewish women's lives are laid before you. You will find much cause for rejoicing, as the authors weave together their compelling and unique stories

about: midlife Bat mitzvah preparations the transmission of Jewish values by Sephardi and Ashkenazi grandmothers traditional Sephardi customs the sorrow and healing involved in coping with the Holocaust a lesbian's fascination with Kafka the external and internal obstacles Jewish women encounter in their efforts to study Jewish topics and participate in Jewish ritual becoming a Reconstructionist rabbi the difficulties and benefits of being the teenaged daughter of a rabbi A harmonious chorus of individual voices, Celebrating the Lives of Jewish Women will delight and inspire Jewish and non-Jewish readers alike. It reminds each of us how diverse and distinctive Jewish women's lives are, as well as how united they can be under the wonderful fold of Judaism. This book will be of great interest to all women, as well as to rabbis, Jewish community leaders and professionals, mental health workers, and those in Jewish studies, women's studies, and multicultural studies.

Love Matters Ellen Cole 2016-04-29 Love Matters: A Book of Lesbian Romance and Relationships is a collection of advice columns and personal reflections that will help lesbian couples validate and appreciate their unique relationships. With excerpts taken from the author's "Love Matters" column in the lesbian newspaper New Phazes, this book explores real-life questions and issues that lesbians have about dating, sex, love, and relationship longevity. From Love Matters, you'll receive honest, informative advice that can help you and your partner share a more open and fulfilling relationship. Offering support, care, and understanding for lesbian couples, Love Matters seeks to recognize the "new female role" for lesbian women. Using her 15-year long relationship as a basis for many of the responses, the author provides you with suggestions and insight into topics relating to lesbian relationships, such as: keeping sex alive in a long-term relationship handling finances fairly and successfully supporting your partner through the physical, emotional, and spiritual changes caused by menopause identifying the difficulties of

dating and what lesbians look for on a date questioning the purpose of and emotions caused by a long-distance relationship realizing how homophobia affects love and relationships While focusing on the joys and experiences of couples, this book also addresses depression and loneliness felt by single lesbians, break-ups, and the death of a partner. You'll find that Love Matters offers comfort, hope, and humor that will help you understand the difficulties and rewards of your lesbian relationship.

The Munchausen Complex Richard L. Matteoli 2011-03 First Conquer Thyself: Socialization of violence and abuse is often highly structured through the Munchausen Complex.

Munchausen Syndrome occurs when an individual harms themselves for attention and self-glorification. Munchausen Syndrome by Proxy is when an individual harms another, usually under their care. Attention and self-glorification are achieved through their victim's subsequent medical treatment.

Munchausen Syndrome by Proxy is a crime with a victim.

Violence and abuse are often common in families, passed down from one generation to the next and may be termed

Transgenerational Munchausen Syndrome as these families expand and their habits are introduced into society. Munchausen Syndrome in Collective Transmission occurs when such practices become an acceptable part of society often eventuating into full acculturation. In this way societies attach themselves to self-glorification with various explanations of justification. A

Mandated Report is required to be filed by health care, legal, social service and educational professionals who suspect child abuse, as well as developers of film. As socialized beings, we are often unaware why we think what we think and why we do what we do. Exploring beneath the surface, we may discover we are not who we imagine we are. Are our subtle perversions and aberrations so different from those of the ancients, or other cultures we label primitive? The author was under military orders not to discuss the subjects presented in this part's Mandated

Report on child abuse to the social body for the last six years of his U.S. Navy career. Censorship is strong when one questions social norms, folkways and rituals that address issues of identity. Internal, interpersonal and professional conflicts arise.

U.S. Foreign Policy and Muslim Women's Human Rights

Kelly J. Shannon 2017-11-07 A fresh interpretation of U.S. relations with the Muslim world since 1979 Americans' concerns about women's human rights in Muslim countries were triggered by the Iranian Revolution of 1979 and have evolved within the context of long-standing Western stereotypes about Muslims, as well as transnational feminism and the global human rights movement. As these frameworks simultaneously competed against and reinforced one another, U.S. public conversations about Muslim women intensified, culminating in feminist campaigns and U.S. policies that aimed to defend women's rights in Islamic countries—such was the case with the Clinton administration's decision not to recognize the Taliban regime after they seized control of Afghanistan in 1996. U.S. Foreign Policy and Muslim Women's Human Rights provides a fresh interpretation of U.S. relations with the Muslim world and, more broadly, U.S. foreign relations history and the history of human rights. Kelly J. Shannon argues that, as U.S. attention to the Middle East and other Muslim-majority regions became more focused and sustained, the issue of women's human rights in Islamic societies was one that Americans gradually identified as vitally important to U.S. foreign policy. Based on an analysis of a wide range of sources—including U.S. government and United Nations documents, oral histories, NGO archival records, news media, scholarship, films and television, and novels—and a wide range of actors including journalists, academics, activists, NGOs, the public, Muslim women, Islamic fundamentalists, and U.S. policymakers—the book challenges traditional interpretations of U.S. foreign policy that assert the primacy of "hard power" concerns in U.S. decision making. By reframing U.S.-Islamic

relations with respect to women's rights, and revealing faulty assumptions about the drivers of U.S. foreign policy, Shannon sheds new light on U.S. identity and policy creation and alters the standard narratives of the U.S. relationship with the Muslim world in the closing years of the Cold War and the emergence of the post-Cold War era.

Women's Best Friendships Patricia Rind 2012-12-06 Explore the distinct relationships of close female friends! Women's Best Friendships: Beyond Betty, Veronica, Thelma, and Louise gives new and comprehensive insight into the complex world of women's closest friendships. Recent studies have shown that women place enormous value on best friendships and consider them to be woven tightly into the fabric of their lives. Using in-depth interviews, along with close readings of relevant literature and theory, this book focuses on the many facets of these relationships. With heartfelt first-person accounts and insightful commentary from the author, this book examines three intertwining themes: feelings of competition, issues of dependence and independence, and knowing/understanding. This book sheds light on areas of tension among women, especially difficulties in communication, frustration about not being entirely let into a friend's life and thought processes, and the feeling that one friend may value the friendship more than the other. It also discusses women's struggles to maintain closeness over increased distances and the realization that one's friends are flawed, even as friends. This informative book, grounded in established research and theory, presents stories of real friendships--told by the people who live them. These women talk candidly about what makes a best friend, about navigating the choppy waters of friendship, and much more: "Somehow, when we started living farther apart there were ways in which we were being insensitive. We recognized that there was a really strong bond, but we were taking it for granted. So we talked about how close we feel to one another and perhaps how that leads to some arguments or hurt

feelings.” --Liz, on how distance has affected her relationship with her best friend Susan “Em and I don’t fight at all. I don’t know if that’s good or bad. I don’t think I do well with fights. I think that’s probably a lot of conflict avoidance on my part. And I think it does lead to some distance, even though it’s a best friendship. I think I’m uncomfortable asserting myself. And so it’s easier not to have to do that. So maybe my inability to deal with the problems keeps the friendship at a distance, where it’s safe and comfortable for me, in that one respect.” --Linda, about her desire to avoid any confrontation with Emily, her best friend

Women’s Best Friendships: Beyond Betty, Veronica, Thelma, and Louise is a fresh and exciting look at the inner workings of relationships between women. Drawing upon a multitude of issues and insights, this book is a must-have for women’s studies classes.

Encyclopedia of Childbearing Barbara Katz Rothman 1993

Childbearing is more than pregnancy and labor. It is the having and not having of children. It is a profound event in the lives of families-and in the lives and bodies of women. The feminist movement and the development of feminist studies have helped to rehumanize the subject of childbearing by removing it from the remote environment of institutionalized medicine. The multi-disciplinary *Encyclopedia of Childbearing* is a major contribution to this new accessibility.

East and Northeast Africa Bibliography Hector Blackhurst 1996 A convenient and broad-based reference source to the significant books on Djibouti, Eritrea, Ethiopia, Somalia, Sudan, Kenya, Tanzania, and Uganda. Lists scholarly and some general books in the humanities and social sciences written in English, French, Italian, and German published since 1960. The care and knowledge that went into this bibliography are obvious...more useful than the usual area bibliography. --ARBA

S.S.A. Newsletter 1994

African Women and Feminism Oyèrónkẹ Oyěwùmí 2003

The Publishers Weekly 1999

A Menopausal Memoir Ellen Cole 2014-01-14 The only extended, first-person narrative about menopause, *A Menopausal Memoir: Letters from Another Climate* explores the connection between menopause, mourning, and memory through nine fictional letters written to different addressees. The letters explain the author's own experience of having a hysterectomy (without her permission) during surgery for endometriosis and being thrown into instant menopause. Herrmann expresses her experiences differently in each letter based on the recipient's gender, sexual identity, and age, revealing the complexities of accepting menopause. Psychotherapists, psychologists, physicians, medical students, academics, and those interested in women's health and women's studies will receive insight into one woman's experience and will learn how our bodies mold our sexual identity and shape many aspects of our lives. Writing these letters from the point of view of a scholar engaged in personal narrative but not in the familiar narrative of a woman married with children, Herrmann examines her journey of loss, recovery, and healing through feminist theory. The letters in *A Menopausal Memoir* reveal many other issues, including: the relationship between the female body and the meanings attached to it the different ways women tell their stories about difficult experiences negotiating the relationship between growing older and sexual identity the body's response(s) to the loss of organs that form/inform its history the connection between body, identity, and disease A highly personal, yet theoretical, approach to the experience of menopause, *A Menopausal Memoir* explores how changes in the body affect your sexual identity, your relationships, and your feelings as a woman.

Anthropology Newsletter 1992

Feminist Periodicals 1993

Atlantis 1996

Library Journal 2002 Includes, beginning Sept. 15, 1954 (and on the 15th of each month, Sept.-May) a special section: School

library journal, ISSN 0000-0035, (called Junior libraries, 1954-May 1961). Also issued separately.

U.S. Imprints on Sub-Saharan Africa 1993

On the Issues 1994

Women's Studies Index 1993

Experiencing Abortion Eve Kushner 2013-05-13 If you've had an abortion and are feeling isolated and vulnerable, Experiencing Abortion will remind you that you are not alone and that you must feel your emotions in order to accept your choice and heal. Each woman responds to abortion in her own way, yet, as this sensitive, insightful book shows, there are many similarities among women's post-abortion emotions. Sharing in the firsthand, personal experiences of other women who speak for themselves in this book will help you come to terms with anguish, stress, grief, anger, or any other overwhelming emotions you might be feeling. Don't go on ignoring or blocking out your feelings. Learn to incorporate your experience into your sense of self in a healthy way. By reading Experiencing Abortion, you will learn about the multiple feelings and reactions abortion can trigger, the process of accepting an abortion, and the struggle to control fertility without treating your body as an enemy. Offering you a safe, honest, and supportive environment in which to explore your feelings about your abortion, this book discusses many important topics, including: the way moods can overtake you after abortion how avoiding your experience can defer acceptance, which in turn leads to denial and guilt how pregnancy, abortion, and subsequent bleeding can affect your perception of your body the struggle to enjoy sex after your abortion your heightened awareness of gender after an abortion how your intimate relationships may change after an abortion the psychological reasons you may sometimes forgo birth control accepting yourself after a second abortion Experiencing Abortion will help women who have had an abortion understand that it is a complex physical and emotional experience that doesn't necessarily end after a

week or a month or a year. It will also help professionals in abortion facilities and therapists who offer pre- and post-abortion counseling understand how abortion affects each individual differently and how they might help women work through their feelings both before and after abortion. Partners, friends, and families will find this book helpful and informative as they try to help their loved one get through this sometimes difficult, even traumatic, experience.

Lesbian Step Families Ellen Cole 2013-11-12 *Lesbian Step Families: An Ethnography of Love* explores five lesbian step families' definitions of the step parent role and how they accomplish parenting tasks, cope with homophobia, and define and interpret their experiences. An intensive feminist qualitative study, the book offers guidelines for counselors and lesbian step families for creating healthy, functioning family structures and environments. It is the first book to concentrate exclusively on lesbian step families rather than on lesbian mothering in general. In *Lesbian Step Families: An Ethnography of Love*, you'll explore in detail the different kinds of step relationships that are developed and what factors may lead to the different types of step mothering in lesbian step families. The book helps you understand these relationships and parent roles through in-depth discussions of: how a step mother and legal mother who live together negotiate and organize parenting and homemaking tasks how members of lesbian step families define and create the step mother role strategies family members use to define and cope with oppression how sexism is transmitted within the family and how mothering may limit and/or contribute to female liberation the opinions and viewpoints of the children of these families The findings in *Lesbian Step Families: An Ethnography of Love* challenge traditional views of mothering and fathering as gender and biologically based activities; they indicate that lesbian step families model gender flexibility and that the mothers and step mothers share parenting--both traditional mothering and

fathering--tasks. This allows the biological mother some freedom from motherhood as well as support in it. With insight such as this, you will be prepared to help a client, a loved one, or yourself develop and maintain healthy family relationships.

Anthropology & Education Quarterly 1992

Women's Work Ellen Cole 2013-04-03 While most women's studies texts function "topically" as "readings" for courses and general use, *Women's Work: A Survey of Scholarship* By and About Women takes a broad spectrum of women's disciplines--psychological, artistic, religious, and philosophical--and gives you a diverse, interdisciplinary view of this important and ever-expanding field of study in one accessible volume. You'll see that women are leading the world into the twenty-first century in such areas as education, business, health, and science. You'll also find your appreciation for the current developments in women's studies increase as you see how far-reaching and multifaceted this crucial discipline really is. *Women's Work* avoids the compilations of topical readings that tend to bog down typical women's studies courses and explores the different disciplines that continue to make this field central to the development of the academic world community. You'll find your perspective on women's studies expand and take on new meaning as you delve into these and other areas: feminist approaches to research the lack of women in science and feminist critiques of science women and health psychology and discussions on sex differences, sex similarities, and gender roles communication differences between men and women women in literature, art history, and metaphysics Judeo-Christian religions and goddess religions This comprehensive compendium has something for everyone interested in the massive contribution that women have made--and will continue to make--in all areas of human development. All readers, especially women's studies scholars, professors, students, and informed members of the general public looking for an excellent, up-to-date resource concerning the general direction

of feminist disciplines today, will definitely want a copy of *Women's Work*.

A Woman's Odyssey Into Africa Hanny Lightfoot-Klein 2016 Here is the intriguing story of one woman's mid-life flight from her stultified, middle-class, psychologically crippling, and unfulfilled existence into a world of high adventure, danger, hardship, and endurance, which ultimately leads her to autonomy and recognition. In her new book, *A Woman's Odyssey Into Africa*, Hanny Lightfoot-Klein chronicles three year-long solo backpacking treks through remote areas of sub-Saharan Africa. In the process, she discovers the mainsprings of strength within herself as she follows her own drummer, finding the courage to face the darkest and most secret convolutions of her own mind. She weaves the story of her journey through the men, women, and children she meets, and the dangers and adventures she faces as a lone woman traveler--part and parcel of the path she has chosen to take. She infuses readers at any stage of life, especially women, with the courage to do what their individual drummer dictates, as she did, to find fulfillment in life. Lightfoot-Klein assures readers in her book: "Even a life of quiet desperation is not beyond redemption. Change starts with a reassessment of the distortions in self image one has been programmed to accept. It starts with an inner rebellion, a realization that something has been amiss and a desire to set it right, if only to leave a better heritage for one's children. And then, most important of all, it begins with a single, wild, breathless moment, where one picks up an unaccustomed load and steps off into the unknown . . ." Her message is truly for everyone.

Jewish Mothers Tell Their Stories Rachel J Siegel 2014-06-03 Winner of the Women in Psychology Jewish Caucus Award for 2000! *Jewish Mothers Tell Their Stories: Acts of Love and Courage* contains touching and personal essays written by contemporary Jewish mothers from different parts of the globe.

Their stories reveal the choices that Jewish mothers make in our post-Holocaust, non-Jewish world--the many ways of being Jewish, the acts of loving, of preserving and celebrating Jewish traditions and spirituality, and of transmitting them to their children and families. The firsthand stories in this compelling book raises questions and provides you with insight into a variety of topics, including: The 'Jewish mother' stereotype and its impact on real Jewish mothers ethnic/historical connections between mothers and daughters moving acts of love, courage, and sacrifice in response to illness, war, or conflicting ideologies motherhood as a catalyst for personal evolutions of Jewish identity and values Orthodox to secular expressions of spirituality The impact of the 'Jewish motherhood imperative' positive experiences of conversion and interfaith families conveying Jewish history and tradition in a Christian world Jewish Mothers Tell Their Stories will draw you into an appreciation of the cultural, ethnic, and spiritual aspects of mothering. This remarkable collection explores the different meanings of today's concept of "Jewish mother" and "Jewish family."

Women at the Margins J Dianne Garner 2013-01-11 A compelling look at the crisis of disadvantaged women This powerful document takes a sobering look at the phenomenon of marginalized women pushed to the edges of society, holding on with the barest of hope and extraordinary bravery. Handicapped by the increasing societal inequality they face as an everyday fact of life, these women (and in many cases, their children) have been disconnected from the mainstream for reasons of age, race, gender, health, incarceration, domestic abuse, unwanted pregnancy, unemployment, and economic circumstance. They are poor in an affluent society, powerless in a powerful nation, and the suffering caused by their exclusion is poignant and troubling. Eloquently illustrated with poetry, art, and prose created by marginalized women, *Women at the Margins: Neglect, Punishment, and Resistance* makes a compelling argument for

social change. The book offers a no-holds-barred look at how economic restructuring, welfare reform, neo-conservative ideology, and institutional exclusion have locked women into subservient, substandard roles, stripping them of their citizenship and rendering them expendable. Diverse authors track the life cycle of marginalized women, from teenage pregnancy to the loneliness of older women in poverty or prison. *Women at the Margins: Neglect, Punishment, and Resistance* addresses: the effects of welfare reform the forgotten group: women in prison and jail low-income women and housing women marginalized by substance abuse, poverty, and incarceration teenage pregnancy children and their incarcerated mothers recidivism and reintegration women, law, and the justice system and much more! *Women at the Margins: Neglect, Punishment, and Resistance* acknowledges the long history of the inequality faced by women living in exclusion but focuses on the present with a hopeful but realistic eye toward the future. It is an indispensable resource for sociology, social work, legal and penal system professionals, and academics, and an essential read for everyone.

Menopause, Me and You Ellen Cole 2013-11-12 *Menopause, Me and You* will help you put menopause in proper perspective--as a normal and natural developmental process in the lives of women, not as a disorder or state that causes disease. This informative book gives you self-monitoring tools for collecting information and monitoring changes in your body during menopause. These tools will also help you understand the dynamics of the change process. A guideline as to how to best use this information when interacting with care providers--especially those who view menopause as a disorder to be treated--is also included. *Menopause, Me and You* is filled with information-gathering tools, scientific facts, and stories from the true "experts" on menopause--the women themselves who have experienced or are experiencing menopause. In chapter after chapter, you'll gain valuable information for viewing menopause from a woman-

centered perspective. Specifically, the book includes: detailed information on conception and fertilization, reconceptualizing these events from a woman-centered, feminist perspective a description and reconceptualization of the menstrual cycle and menstruation, providing the knowledge base--the physiological, endocrinological, and biochemical mechanisms that regulate the menstrual cycle and menstruation--to understand menopause as the closure of menstrual life and not the end of life a journey into the steroid hormone target cell--shows, at a scientific level, that women were genetically programmed to end the production of reproductive hormones a description and clarification of some of the terms used to describe menopause common menopausal changes and diseases attributed to being estrogen-deficient tools for gathering information, for "discovering knowledge," about yourself--a menstrual calendar card, hot flash body diagrams, a basal body temperature record, a body composition record, a menstrual bleeding scale, and factors to consider when choosing a care provider The women who share their experiences in Menopause, Me and You represent women at various stages of menopause. They describe for you what they are feeling as well as what it means to be a mid-life woman at the closure of reproductive life; they celebrate the end of menstruation but curse the changes--including mood swings, hot flashes, and vaginal/bleeding changes--they are experiencing. These changes are normal and expected, however, and need to be understood in that context. They are not symptoms of disease or an excuse for care providers to instantly prescribe hormones or drugs. With the information in Menopause, Me and You, women nearing or experiencing menopause, health care providers, such as nurses, health educators, and physicians, and counselors will better understand how women view this transition and come to accept it as another normal, necessary, and beautiful process in the lives of women.

Breasts Carolyn Latteier 1998 Breasts: The Women's Perspective

on an American Obsession describes and explores our national breast fetish, which is defined as a culturally constructed obsession that is deeply interwoven with beauty standards, breastfeeding practices, and sexuality. By tracing the complex history of this erotic fascination and discovering how it affects men's and women's sexuality and their relationships, this book will help women accept their breasts as they are and provide male readers with insight into how women think and feel about their bodies. This awareness will enable them to better understand and empathize with women's experiences as objects of a cultural fetish. Focusing on adult joys and anxieties about breasts, sex, and breastfeeding, this text uses research and expert opinions from several different fields, including psychology, anthropology, sociology, mythology, and sexology. You will find several other issues in *Breasts: The Women's Perspective on an American Obsession* that involve men's and women's struggles with this obsession, such as: breast implants human psychology and breasts beauty standards and breast sexuality how breasts are portrayed in mythology and art how ancient religions saw the breast as a sign of motherhood and giver of life "breast men" debates on how and why the breast evolved adolescent girls and breasts breast activists, such as La Leche League, who are proponents of breastfeeding in public Through personal interviews with men and women, *Breasts: The Women's Perspective on an American Obsession* also addresses women's pride and shame about their breasts and their confusion about the attention their breasts receive. Ultimately, this exploration of breast obsession sheds light on our society's general fear of and ambivalence toward women's bodies. *Breasts: The Women's Perspective on an American Obsession* shows you that breasts have a venerable history and urges you to see beyond the contemporary standards of visual perfection to give you an overall sense of the female body's power and worth.

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