

# The Ultimate Guide To Anal Sex For Men

Anal Pleasure and Health Jack Morin Ph. D. 2010 The only book to promote psychological and physical well-being in the practice of anal sexuality for women and men.

**Sex Collection** Giuseppe Guarino 2019-11-17 Are you a single or a couple who is seeking to reach the next level in sex and bedroom pleasures? Are you a couple and you feel that sex life with your partner has become repetitive and need an improvement? Do you feel that you are missing something? Are you a woman who has difficulties in reaching orgasm or are you a man who wish to give your partner the maximum pleasure? If any of these is you then continue reading, this book is for you! Whenever you are a true beginner or an experienced lover, you will find something useful for you inside all of these books Sex Positions is the ultimate guide for those who want to love themselves better, to pleasure themselves better, and to make time for some sexual exploration. In this book you will find: 69 positions including all of the classics and many, many more Includes a variety of positions from Kamasutra, Tantric Sex and a full introduction into the world of BDSM Reveals how to make your orgasms bigger, stronger and longer-lasting for both men and women! How to use sex toys for any couple, beginner to advanced Including an introduction to anal sex and best positions for beginners Sex positions for couples is for all those couples who want to reinvigorate their sex life in a long-term relationship. There is no reason that a long-term relationship or a marriage should come with the end of an exciting sex life. It is always a good time to try new positions or introduce new kinks into a relationship. Opening your relationship up to new ideas and new sex positions will pull you out of your comfort zone and into a new world! Don't sacrifice pleasure for safety and comfort, keep the lust alive for the long run. This book includes: Erotic games and naughty challenges to play on a fun night in with your partner Explains the best positions for you to orgasm at the same time as your partner! Best sex positions for maximum intimacy and for restoring intimacy How to keep your sex life fresh and new as your relationship progresses Best sex positions for getting pregnant and for having sex while you are pregnant How to discuss your kinks and fetishes with your partner Finally, Multiple orgasms for women is both males and females, as we can all stand to learn a little bit more about female pleasure. There is a wealth of information included here for both males and females that will help you to get more out of sex in terms of pleasure, fun, and intimacy. There are plenty of positions included that both men and women will be dying to try. This book will help you rediscover your pleasure and teach you how to have orgasms again. Examine and understand what might be holding you back from reaching your full orgasm potential. Understand the best mindset to reach orgasm and how to get there. Includes a full chapter for the men! How to put your woman's pleasure first and help her to reach orgasm. How to have multiple back to back to back orgasms for all-night fun. How to have multiple orgasms at the same time for double and triple the pleasure! Once you read this book, you will not only be able to orgasm during masturbation, oral sex, vaginal sex, and anal sex, but you will be able to have multiple orgasms all in one session and at the same time! Don't waste any more time, grab a copy of this awesome collection and get ready, because your pleasure will never be the same after reading this book!

*The Ultimate Guide to Sex and Disability* Miriam Kaufman 2003 The Ultimate Guide to Sex and Disability is a long-overdue self-help sex guide for the millions of people living with disabilities and chronic pain and illness. For sufferers of ailments from chronic fatigue syndrome and spinal cord injury to multiple sclerosis, fibromyalgia, and others, the book provides encouragement, support, and expert information on sex positions, orgasm, and sex toys. It also features illustrations, a resource guide with hundreds of books, websites, and organizations.

The Ultimate Guide to Cunnilingus Violet Blue 2010-11-01 The complete self-help book on cunnilingus for everyone who would like to enjoy cunnilingus—women and men! Sex educator Violet Blue tells you all you need to know to give and receive exquisite oral pleasure: \* For all women—heterosexual, lesbian, bisexual—and men who desire hot oral encounters \* How to

introduce cunnilingus into your sexual repertoire \* How to negotiate oral sex with a reluctant partner \* Clear, illustrated guide to women's anatomy \* Helpful tips on preparation and hygiene—including shaving and waxing \* Building trust and talking about your desires \* Advanced positions and techniques \* Toys, games, fantasy and power play \* Complete guide to helpful resources—videos, books, and websites \* Plus, explicit stories of women enjoying cunnilingus by best-selling erotica author Alison Tyler

**The Ultimate Guide to Sex and Disability** Miriam Kaufman 2010-03 For everyone, men and women of all ages and sexual identities, *The Ultimate Guide to Sex and Disability* covers the span of disabilities - from chronic fatigue and back pain to spinal cord injury, multiple sclerosis, cystic fibrosis, cerebral palsy, and many others. Here's everything you need to know to create a sex life that works for you: Building a positive sexual self-image; Sexual positions to minimize stress and maximize pleasure; Anatomy, orgasm, masturbation, oral sex, anal sex, vaginal penetration; How to deal with fatigue, pain, and spasms during sex; Where to find partners and how to talk to your partners about sex and disability; Adapting sex toys to make them work for you; Making sex safe - emotionally and physically; Exploring yoga, Tantric sex, and S/M play; How to discuss sex with physicians and other health care providers; Safer sex solutions for people with latex and chemical sensitivities; UPDATED! The most extensive collection of sex and disability resources available, including hundreds of books, websites, and organizations.... Can you use a condom with a catheter? How do you have intercourse in a wheelchair? This detailed guide answers questions that the nondisabled can't imagine.... The overall message: there is no right way to have sex. Individuals need to discover what sex is for them and give themselves permission to consider anything as a sexual experience.

**Out** 2004-02 *Out* is a fashion, style, celebrity and opinion magazine for the modern gay man.

**The Ultimate Guide to Anal Sex for Women** Tristan Taormino 2006-01-27 Described by Salon as 'the bible of female anal sex,' *The Ultimate Guide to Anal Sex for Women* is a comprehensive and creative guide to anal pleasure. Tristan Taormino offers the kind of informed reassurance that can encourage even an absolute beginner to explore this nerve-rich part of the body, either alone or with a partner of any gender. Beginning by dispelling common myths about anal eroticism, Taormino goes on to illustrate anatomy, give tips on building trust and communicating desires, providing reliable, easy-to-understand information.

**The Ultimate Guide to Anal Sex for Men** Bill Brent 2002 The first comprehensive self-help book on anal sex for men of all sexual orientations.

**The Ass Book** Micha Schulze 2013 Finally a comprehensive guide to a man's second most important sensual organ! Designed for practical use, "The Ass Book" tells you how you and your partner can get more pleasure from your backside. The authors not only provide you with crucial information about anatomy, but give you useful tips to improve your health, fitness, and appearance and of course for better fun down under. Easy-to-understand and written with the gay man in mind, this book is rounded out with advice from experts and interesting sections on the rear in art, literature, and psychology.

**SEX POSITIONS GUIDE** Susy Wild 2020-12-31 The sex position guide: The ultimate guide for beginners to enhance sex capabilities and boost sex for men and women. Tips that will transform your sex life and relationships is a wonderfully informative and erotic book for lovers who are seeking more satisfying romance and greater sexual pleasure. This book is appealing and aims to help people improve their sex lives because sex brings couples together and improves their overall wellbeing. It isn't something that should only be done for procreation. This well-researched and informed book is written with frankness and delicious humor that demonstrates a great knowledge and subtle appreciation about how to fully enjoy sexual pleasuring. Included in these precious pages, a complete guide to lovemaking is detailed with information about the aspects of sex, act of Seduction, the Orchestration of Foreplay, how to strengthen The Orgasm (PC) Muscle, how to massage erotically and stimulate ultimate pleasure of your partner, how to become an expert at Oral and Anal Sex and how a man can arouse his lover to experience the incredible G-Spot Orgasm.

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Sexual Positions based on beginner's level, intermediate's level and advanced level categories are also demonstrated in beautifully images that depicts and show lovers how to achieve greater variety, deeper penetration and more stimulation of the clitoris. Additionally, you will have access to positions that can help you combat confidence, anxiety, or premature ejaculation issues. Since you have all the basics of having sex to use while standing, sitting, or kneeling, this book has it covered for you to drive your partner wild. All you need is to sit, read and discover the 'plateau effect' of building pleasure to achieve more powerful orgasms. Plus, there are easy-to-learn techniques of sex variants which includes sex toys, anal sex and its techniques, the act of role plays detailed with clear understanding for maintaining and controlling ejaculation to enjoy extended orgasms. Also, included are detailed ways of achieving orgasm, the powerful sex positions for both male and female to achieve orgasm just to broaden your horizon on how exactly to locate those special arousal points. This book features an erotic encyclopaedia of fun and accessible information about sexuality that will enhance your pleasure whether you have just met, are newly wed or have been successfully together for years and want to keep your relationship romantic and sexually exciting. Additionally, it discusses the considerations for sex positions, how safe it is to have sex during pregnancy and its possible effect, possible questions and well proven answers to guide your intuition on the effect of sex during pregnancy. It further explains sex position for over weighed partners in other to stimulate maximum pleasure when having sex. At the completion of this book, you will have a good understanding of Sex Positions and be able to use and master these positions to reach climax sex. The Positions range from Beginner, Intermediate and mainly Advanced. Start simple and work your way up to mastery and enjoy the adventure of experiencing new, challenging and exciting positions. Enjoy!

[In Your Hands. The Everyman's Guide to Masturbation](#) Mark Emme 2013-03-16 Do It Yourself!

Masturbation is an art! Mark Emme has studied, tested and compared every possible variety of masculine self-satisfaction, and he's produced a guide that every man can learn from! Unabashed and full of humor, Emme covers a remarkable variety of techniques, from the tried and true to the exotic and adventurous: he's no uptight "jack-off," but a self-confident onanist! Masturbation is not something to be ashamed of, but something to celebrate. Or as Woody Allen once said: Onanism is sex with somebody you really love. This book will open up new and untold vistas of your sexuality.

**Two Knotty Boys Back on the Ropes** Two Knotty Boys 2009-02 A step-by-step guide that clearly illustrates how to turn great knots into great bondage. When Two Knotty boys, Dan and JD, began teaching rope bondage together they discovered that people learn best when they are shown close up how to tie knots and combine them with bondage techniques. They replicate this learning process with over 750 photos by acclaimed fetish photographer Ken Marcus and a wealth of captions, delivered in a lighthearted style, offering the world of safe BDSM to a new, curious audience.

[The Anal Sex Position Guide](#) Tristan Taormino 2009-05-01 Often considered the most intimate (and intimidating!) of sexual activities, anal sex is gaining mainstream acceptance as the ultimate in alternative intercourse. This guide takes the fear factor out of anal sex and shows heterosexual couples the best positions for pain-free pleasure. Introductory material which will discuss how to experience anal sex safely and pleurably, hygiene and safety, bringing up the topic with a partner, and the use of sex toys and accessories. Subsequent chapters will be position-specific: positions for first-timers; positions to spice up your repertoire; and advanced positions.

**The Ultimate Guide to Sexual Fantasy** Violet Blue 2004-09-01 Turn your favorite sexual fantasies into reality, safely and successfully...The complete guide for everyone—women and men, singles and couples! Join the legions of couples and singles who are making their hottest sexual fantasies come true. Whether you're looking for an endless supply of fantasy ideas or expert advice for a playful, imaginative sex life that turns you both on, this charming and information-packed book will tell you exactly what you need to know: \* Learn your lover's secret fantasies \* Role-play: hot, dramatic sex without feeling silly \* Comprehensive lists of the most popular fantasies and fetishes—complete with suggestions for props, toys, and costumes (and where to buy them) \* Expert help for deciding just how far to take your fantasies \* How to have a threesome—without jealousy \* Sex parties and

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swinging \* How to have sex in public \* Create thrilling S/M scenarios \* Racy sex games for lovers \* How to strip, lap dance, talk dirty \* Make your own porn and erotic photographs \* PLUS...hot new stories by best-selling erotica author Alison Tyler

**The Ultimate Guide to Kink** Tristan Taormino 2012-03-01 The Ultimate Guide to Kink is the first major guide to BDSM in a generation—a bold and sexy collection of essays that run the gamut from expert how-to tutorials to provocative essays that delve into complex questions about desire, power, and pleasure. The book brings together diverse voices from the kink community in an unprecedented way: each chapter is written by a different sexuality/BDSM educator. Divided into two sections, the first section features thorough, thoughtful pieces—on everything from flogging to bondage—packed with techniques and beautifully illustrated with original images from artist Katie Diamond. The second section is dedicated to role-playing fantasies and personal manifestos. From age play to masochism, these chapters cover some of the edgiest, most taboo and controversial elements of kink in depth. The Ultimate Guide to Kink features the expertise of renowned educators writing passionately on their favorite subjects, including Patrick Califia, Midori, Laura Antoniou, Barbara Carrellas, Lee Harrington, Jack Rinella, Lolita Wolf, Madison Young, Hardy Haberman, Felice Shays, Ignacio Rivera, Sarah Sloane, Mollena Williams, FifthAngel, and Edge. It will educate, inspire, and challenge both newcomers to the world of kink and experienced BDSM players.

**Rock Her World** Adam Glasser 2010-06-03 Adam Glasser, aka successful porn star Seymour Butts, has slept with more than 600 women, on and off camera. Drawing on his extensive experience, Rock Her World covers everything you need to know to give and receive perfect pleasure. With explicit illustrations and riotous anecdotes from Adam's own escapades, it also includes: - sexercises to keep your equipment in top shape for improved performance - eye-opening explanations of a woman's orgasm and female ejaculation - how to handle embarrassing/messy situations - sex toys, anal sex (Adam's favourite subject) and spanking - the truth about erectile dysfunction Rock Her World will educate you about the ins and outs of male and female sexuality and show you how to truly satisfy a woman in fantastic, juicy detail.

**The Ultimate Guide to Sex and Disability** Miriam Kaufman 2010-05-14 For everyone, men and women of all ages and sexual identities, The Ultimate Guide to Sex and Disability covers the span of disabilities - from chronic fatigue and back pain to spinal cord injury, multiple sclerosis, cystic fibrosis, cerebral palsy, and many others. Heres everything you need to know to create a sex life that works for you: Building a positive sexual self-image; Sexual positions to minimize stress and maximize pleasure; Anatomy, orgasm, masturbation, oral sex, anal sex, vaginal penetration; How to deal with fatigue, pain, and spasms during sex; Where to find partners and how to talk to your partners about sex and disability; Adapting sex toys to make them work for you; Making sex safe - emotionally and physically; Exploring yoga, Tantric sex, and S/M play; How to discuss sex with physicians and other health care providers; Safer sex solutions for people with latex and chemical sensitivities; UPDATED! The most extensive collection of sex and disability resources available, including hundreds of books, websites, and organizations.... Can you use a condom with a catheter? How do you have intercourse in a wheelchair? This detailed guide answers questions that the nondisabled cant imagine.... The overall message: there is no right way to have sex. Individuals need to discover what sex is for them and give themselves permission to consider anything as a sexual experience.

**The Astrology of Great Gay Sex** Myrna Lamb 2008-05-16 Are you searching for a lifelong partner or a fun fling? Is the man you found destined to be your soul mate? What turns your lover on? The answers to these questions are revealed here--sign by sign--by Myrna Lamb, radio talk-show host and astrologer extraordinaire. Through candid, explicit interviews with more than 1,200 men, Myrna Lamb backs up her astrological insights into love matches, relationships, and sexual preferences. Respondents to the survey open up their private lives to reveal intimate secrets that correspond remarkably to each sign of the zodiac. These real-life confessions will make you laugh out loud and maybe blush . . . The Astrology of Great Gay Sex is a book that entertains and enlightens, offering new perspectives on compatibility, desire, and the search for that special guy. The best part? It

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includes a copy of the sex survey for you and your partner to discover--and fulfill--your own fantasies.

The Ultimate Guide to Sex and Disability Cory Silverberg 2016-09-06 The Ultimate Guide to Sex and Disability is the first complete sex guide for people who live with disabilities, pain, illness, or chronic conditions. Useful for absolutely everyone, regardless of age, gender, or sexual orientation, the book addresses a wide range of disabilities — from chronic fatigue, back pain, and asthma to spinal cord injury, hearing and visual impairment, multiple sclerosis, and more. Expertly written by a medical doctor, a sex educator, and a disability activist, The Ultimate Guide provides readers with encouragement, support, and all the information they need to create a sex life that works for them. The authors cover all aspects of sex and disability, including building a positive sexual self-image; positions to minimize stress and maximize pleasure; dealing with fatigue or pain during sex; finding partners and talking with partners about sex and disability; adapting sex toys; and more.

*Bend Over!* Stephan Niederwieser 2011 Geared toward both the beginner as well as the practitioner, Bend Over is a comprehensive, user-friendly guide to the unique pleasures of anal sex. Everything is covered, from basic anatomy and solo sex to technique, positions, sex toys, lube, S&M and much, much more -- with a sharp focus on the dynamics behind gay male sex as well. Packed with information, Bend Over is conversational, funny, sometimes even arch -- and never lets you forget that the bottom line in anal sex is fun" -- P. [4] of cover.

Sex Mastery Rita Michelson 2015-02-22 TAKE ACTION RIGHT NOW and learn how to satisfy your man through the pleasures of pain-free anal sex. He will never want to be with any other women but you after you learn these sex tips Today only, get this Amazon bestseller for just \$2.99. Regularly priced at \$4.99. Read on your PC, Mac, smart phone, tablet or Kindle device. You're about to discover what it takes to really satisfy your man so he doesn't end up leaving you for another woman. With the divorce rate being as high as it is nowadays, somewhere in the range of 1 in every 2 couples getting divorce, this is a great tool in your arsenal to have when battling against other women for your man's attention. This book has over 7000 words of content that are passionate, helpful, and is sure to help you on your journey to having a meaningful and lasting relationship I have been with my man for seven years now, we're both in our thirties, and neither one of us have had a long string of sexual partners. We do however have an amazing sex life, that your husband or boyfriend would surely be jealous of and yeah he may find other women attractive but he has never wanted to stray. See ladies if you want to satisfy your man you have to make it your business to do so. Just like a straight A student studies diligently to get that A, Just like an entrepreneur does to make money, You have to attain the education necessary to be successful in your relationship. How can I be so confident that I can give you the knowledge you need to rock your man's world? Because I know the secret, I know what every man (with the exception of an extremely small percent) truly wants, even if they are too sweet to tell you. You see ladies, lots of us complain that our relationship sucks and we ask ourselves why is it in the dumps. The answer is the majority of us our not doing what we need to do to satisfy our man sexually. Trust me ladies its not all about your man, these tips and tricks will help please both of you sexually and mentally so you can both grow old together. Sure it may be some work at first, but anything that is truly worth it takes some work. The time is now ladies. TAKE ACTION RIGHT NOW and pay the small price to buy this book and gain the life changing knowledge today so you don't pay the big price later on when your relationship fails. Your dreams were for you and your man to grow old together right? well make that happen right now. Here is a Preview of What You Will Learn Calm your nerves! Anal Prep Fingers and Lubes Dildos and Plenty of Lube Sex positions that will improve the intimacy Other Skills to Add to Your Sex Life Sex stories Scenarios Sex Talk Sex Styles Clitoris and nipple Stimulation ANAL PENETRATION! HEIGHTENED DOGGY SCREW MISSIONARY STYLE Much, much more! Take action today and download this book for a limited time discount of only \$2.99! Your man is sure to thank you! Tags: Sex, Sex Book, Stories, Stories for Adults, Positions, Pictures, Sex Slaves, Romance, Relationships, Love, Marriage. Anal Sex.

*Anal Sex Basics* Carlyle Jansen 2016-02-15 Anal Sex Basics covers everything a beginner to butt play

will need, from choosing your lube to learning the best positions.

**The Ultimate Guide to Anal Sex for Women** Tristan Taormino 1998 Recommended by the Playboy Advisor and Loveline. The only self-help book on anal sex for women. 'A book that's long overdue!... Infomative, sexy, and inspirational.' Betty Dodson PHD, author Sex For One.

*Anal Sex Tips For Guys And Girls* Angelicka Wallows 2013-07-19 I have always been interested in trying new sorts of pleasures, and obviously anal sex is one of them. I admit that I started quite early and got the chance to do it with two great partners the first time, who made me enjoy it straight away. As I am getting a lot of questions about it on my blog, I decided to share my few years experience in the matter with you, as well as the testimonials I got from many readers. And thus *Anal Sex Tips For Guys & Girls* was born. It contains valuable tips to make anal sex a pleasurable experience. When done right, anal sex is extremely pleasurable, and a delicious way to spice up and diversify your sexual life. So why not give it a try? Warning: This 4000+ word sex guide contains explicit material and is exclusively intended for adults of both sex. Excerpt: A little bit of anatomy here guys! If you've got to stick your penis somewhere, you'd better understand how it is configured so that you know how to actually get it in. Unlike the vagina, the anus is not a straight path. It is more like an "S" shaped path. The entry of this path is guarded by two strong muscles: the internal and external anal sphincters. It is the contraction of these muscles that causes pain during anal penetration, and it is their relaxation that makes it a pleasurable act. The rule here is to keep them relaxed. You can achieve that by good preparation, generous lubrication, and by "pushing" gently, just like you do when you defecate (which is why I like to deep clean myself first, as it boosts my confidence in doing so). Pushing when you try to get a penis inside is can seem a bit contradictory (and that's probably why it is said to be against nature!), but doing so will tremendously facilitate the penetration. You can practice Kegel exercises, just like you do with your vagina, to master anal relaxation and become more aware of your backside. Download now to learn all about anal sex, how to do it right, how to enjoy it safely, how you can improve it and what you should and shouldn't do.

**Blow Me!** Stephan Niederwieser 2011 93% of all men are into oral, as a German survey claims. The fact that approximately 80% of them don't know how to perform a good job or how to contribute to a good performance as a receiver isn't mentioned in that survey. "Blow Me!" gives you a competent introduction to deep throat; it tells you what you need to know about felching and features special tips by adult entertainment star Jan Fischer, who is widely known for performing incredible things which make his partners scream of lust. After revealing the secrets of good and relaxed anal intercourse in his bestseller "Bend Over!," Stephan Niederwieser now gives us the ultimate guide to oral stimulation. Finally!

**The Adventurous Couple's Guide to Strap-On Sex** Violet Blue 2007-07-01 A witty and well-informed guide to strap-on play — with fun, practical ideas couples can start using tonight! Feeling adventurous? Sex educator and best-selling writer Violet Blue guides readers through the pleasure playground of strap-on sex for heterosexual couples. The wild success of *The Ultimate Guide to Anal Sex for Women* and *The Ultimate Guide to Anal Sex for Men* makes it clear that anal sex is hitting the mainstream. Lots of hot women want to strap it on, and their male partners are often happy to oblige. With style and wit, Violet Blue explains pleasure anatomy in men, with ample attention to the prostate gland — the epicenter to male orgasm that's been called "the male G-spot." Full of crafty ideas on positions, toys, harnesses, role-play scenarios, and reading your partner like a dirty book, *The Adventurous Couple's Guide to Strap-On Sex* offers a step-by-step guide to making sparks fly. And look, ma! No hands.

**The Ultimate Guide to Fellatio** Violet Blue 2002 The partner volume to *Ultimate Guide to Cunnilingus* which tells you all you need to know to give and receive exquisite oral pleasure with both men and women. With wit, expertise and enthusiasm, Blue advises readers on how to introduce fellatio into your sexual repertoire and to enjoy it at its fullest. Includes a complete guide to resources, web sites and includes a selection of explicit stories by Alison Tyler on the subject.

[The Ultimate Guide to Anal Sex for Women](#) Tristan Taormino 2006-01-24 Revised and updated throughout, including all-new chapters specifically for beginners and for women giving anal pleasure

to men, *The Ultimate Guide to Anal Sex for Women* is a comprehensive and creative guide to anal pleasure. Tristan Taormino offers the kind of informed reassurance that can encourage even an absolute beginner to explore this nerve-rich part of the body, either alone or with a partner of any gender. Anal sex enthusiasts may need no encouragement, but will welcome Taormino's sense of adventure and her detailed discussions of toys, fantasy play, and positions. Beginning by dispelling common myths about anal eroticism, Taormino goes on to illustrate anatomy, give tips on building trust and communicating desires, and provide reliable, easy-to-understand information on safety, preparation, hygiene, and much more. This new edition has been substantially expanded and revised to include new information on masturbation, anal health, BDSM and anal sex, and many other topics. In a new feature, Taormino answers actual reader questions.

**Best Sex Ever** Susan Crain Bakos 2010-06-01 Experience incredible sex with this helpful guide to everything from playful toys to tantalizing techniques! *The Best Sex Ever* is your guide to amazing sex. It will intensify the sex you're having, and open your mind to new and exciting techniques with unimaginable results. After you read this book, every stroke, flick, pinch, bite, and kiss will have a purpose, and every one of them will drive your partner wild. Give the ultimate erotic massage Learn techniques for reliable orgasms—multiple, extended, and whole-body—anytime, anywhere Drive all five senses crazy with the best toys and games for couples Use Tantric and Taoist principles to fuel your passion for each other and change the way you look at each other, kiss, and touch during sex Praise for the author "Susan Crain Bakos is perhaps our most intrepid sex journalist." —Publishers Weekly "[She writes with] wit and intelligence . . . entertaining." —Kirkus Reviews

**The Ultimate Guide to Prostate Pleasure** Charlie Glickman 2013-01-21 The "discovery" of the G-spot opened up an era of sexual expansion for millions of women. Just as G-spot exploration forever transformed women's experience of orgasm, *The Ultimate Guide to Prostate Pleasure: Erotic Exploration for Men and Their Partners* offers men erotic pleasure beyond what they imagined possible. Men who may not feel confident exploring anal play will be empowered to claim the prostate as an erogenous zone ripe for exploration. And men who already enjoy prostate play will find much to learn from sex educators Charlie Glickman, Ph.D., and Aislinn Emirzian, whose wisdom and warmth will be both reassuring and inspirational to readers. *The Ultimate Guide to Prostate Pleasure: Erotic Exploration for Men and Their Partners* supports all men who want to explore this powerful source of sexual fulfillment—both curious and seasoned adventurers who are ready to put their ass on the line for erotic enjoyment.

*The Complete Idiot's Guide to Pleasing Your Woman* Eve Salinger 2006-01-03 The perfect companion to *The Complete Idiot's Guide to Pleasing Your Man*, this witty and insightful guide teaches men how to give pleasure to the women in their lives. More than just a sex guide, *The Complete Idiot's Guide to Pleasing Your Woman* touches on every aspect of a meaningful relationship, from keeping the romance alive and deepening intimacy to the importance of foreplay and making a woman happy.

**The Ultimate Guide to Adult Videos** Violet Blue 2003-10-01 Join the increasing number of women, men, and couples who enjoy adult videos. Whether you're newly curious about the world of adult films or a seasoned porn enthusiast, reviewer and best-selling author Violet Blue tells you everything you need to know to spice up your sex life: \* Keys to finding porn that turns you on \* Helpful hints for first-time viewing \* How to introduce your partner to porn \* Answers to common concerns about content \* Sex games and positions \* How to find authentic sexual performances \* The scoop on today's hottest female and male directors \* Tons of history, stories, and facts about the porn industry \* Tips on buying and renting videos and DVDs \* Complete, up-to-date resource guide Plus over 300 detailed video reviews—including porn classics, cult favorites, feature films, and educational videos, as well as films showing all sex with no plot, S/M play, lesbian and gay action, amateurs, and much more.

**The Ultimate Guide to Strap-On Sex** Karlyn Lotney 2000 A sex education instructor from Good Vibrations, a well-known sex toy store, explains how to choose and use strap-on sex aids. Illustrations.

Lesbian Sex Secrets for Men Jamie Goddard 2000 This frank, frolicsome, and wonderfully illuminating book draws on the sexual advice and sex secrets of lesbians to help men become better lovers.

Gay Book for Adult Men Martin Oregano 2022-12-11 I needed three years to have the courage to engage in sexual activity with a guy. It took me a week to find someone I get along with, and when I did, it was like running into an old buddy. Since I was ten years old, my friends and I have experimented with males by jerking off each other, jerking off each other jointly, and sucking cocks together. However, I didn't have actual gay sex-I assume we're talking about anal intercourse here-with two pals until I was 16 years old. I had at last realized who I was, so it felt natural to me. First using my penis to top a guy was an amazing experience, and I was aware of how much tighter an anus felt than a vagina. You may also approach the guy closely, spoon him, put your arms around him, and go deep into his ass since you are both facing the same way. I made a guy want to fill me up with his sperm the first time I felt a man's erect penis within my ass, and it felt absolutely amazing. It was an adrenaline surge that was almost overpowering and unquestionably joyful. Yes, I was quite apprehensive and worried it would hurt. The first time he pounded me, it hurt, but as I relaxed, my ass muscles let him in, and after he was in, I had a huge smile on my face as we kissed. He was in command for once, and I let him do as he pleased, so it was an amazing experience that I knew I wanted more and more. It felt very fantastic. It was nice to have a good time with a strong man. Particularly, Kissinger's beard felt great. I was guided through the whole procedure by my body, and it all seemed natural. Waiting for Mr. Right is, in my view, the most important thing. Someone who sympathizes with your anxiety and offers you comfort. I'll contact him again, and maybe this time I'll invite him to go with me to a gay bar with me so we can engage in some foreplay. I've had more sexual encounters since the ones I write about in this book, and they've all been just as pleasant. In light of this, you should purchase a copy right away to use as a reference while you study the essentials and more from this book as a gay man living on Earth. It will show you how to have pleasure in life, have sex, and everything in between.

Fist Me! The Complete Guide to Fisting Stephan Niederwieser 2013-08-01 Fisting is one of the extreme sports of gay sex. There's no doubt that it can bring previously unknown satisfaction to those who practice it. From advice about how to wash thoroughly, to tips about the right lube to use, useful relaxation techniques, and even a guide to the dark labyrinth inside your body - sex expert Stephan Niederwieser tells you everything you need to know about this ultimate path to sexual pleasure.

**How to Bottom Like a Porn Star. the Guide to Gay Anal Sex.** Miller Woody 2014-02 How Do Gay Porn Stars Make Bottoming Look So Easy? Hung tops stick it in like a glute inject and the bottoms don't even flinch. What's their secret? And what can you learn from them so you can have ecstatic butt sex without any pain? Some of the answers will shock you. Learn porn star secrets to bottoming without pain and start making love with volcanic pleasure. Written by gay sex advice columnist Woody Miller and a team of urologists and colon-rectal specialists, this book combines porn industry secrets with innovative techniques from the latest gay male sex research. How We Got The Porn Industry's Secrets To Bottoming Without Pain. We sent a team of researchers to interview a truckload of gay male erotica industry folk-cameramen, scouts, producers, directors and performers. The result is a fascinating, behind-the-scenes, no-holds-barred look into the industry and the secrets they use to get performers to bottom without pain or messy scenes. The main sections: 1: What You Can Learn From Porn Star Bottoms. A fascinating view of bottoming in the porn industry-how gay erotica performers prepare for a shoot, how they can take huge tops without any pain (even if it's their first time) and how they stay loose despite day-long shoots. If you ever had a question about how the porn industry works, this is the place to find answers-from how much money porn stars make to what percent are heterosexual (shocking!) to their favorite brand of douches. 2: Free Your Mind, Your Butt Will Follow. How To Bottom Like A Porn Star: The Ultimate Guide To Gay Sex is part porn expose, part how-to from the latest gay sex research. In this chapter, we'll look at how "Anticipatory pain" and a perceived loss of masculinity can put your butt in a headlock. We'll show



you how to resolve the emotional blocks that stop you from trying or enjoying anal sex with other gay men. 3: Why It Feels Like You're Being Impaled By A Fence Post. From our urologist and colon-rectal experts who specialize in gay male sex: It isn't just your sphincter causing all that pain; it's your "S-curve" as well as involuntary puborectal contractions. Learn your anatomical structure so you can make the tips in this book work better. 4: How Porn Star Bottoms Relax Their Sphincters. Not all do it, or need to, but the gay men in the sex industry that do swear by it. Find out whether you should use their controversial method. 5: The Porn Star Method Of Eliminating Pain. Find out the shocking things gay male erotica stars do to eliminate pain. Some cannot be recommended, but others can and we've combined them with a technique that blends systematic desensitization, pattern breathing, progressive muscle relaxation and sexual imagery to completely eliminate pain and heighten pleasure. 6: How Porn Star Bottoms Handle The Ick Factor. Find out their secrets to getting your butt cleaner than a Brady Bunch rerun. 7: A Device That's Better Than A Douche Or An Enema. Enemas and douches are a bad idea (despite the porn industry's reliance on them). Find out why and what product doctors recommend that will get you as clean as a douche without any of the harmful side effects. 8: How To Bottom Without Pain For The First Time. Here you'll learn how to combine the best position with the best angle of entry. Missionary? Doggie-style? Straight in? Angled up? When it comes to gay sex, it matters. 9: A Guided Tour Of A Pain-Free Bottoming Session Between Adam And Steve. A beginner's real-time, step-by-step guide to bottoming-porn style!-- that will light you up like an all-night liquor store. Learn How To Bottom Like A Porn Star With The Ultimate Guide To Gay Sex!

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**How To Bottom Like A Porn Star.** Woody Miller 2014-08-04 How Do Gay Porn Stars Make Bottoming Look So Easy? Hung tops stick it in like a glute inject and the bottoms don't even flinch. What's their secret? And what can you learn from them so you can have ecstatic butt sex without any pain? Some of the answers will shock you. Learn porn star secrets to bottoming without pain and start making love with volcanic pleasure. Written by gay sex advice columnist Woody Miller and a team of urologists and colon-rectal specialists, this book combines porn industry secrets with innovative techniques from the latest gay male sex research. How We Got The Porn Industry's Secrets To Bottoming Without Pain. We sent a team of researchers to interview a truckload of gay male erotica industry folk—cameramen, scouts, producers, directors and performers. The result is a fascinating, behind-the-scenes, no-holds-barred look into the industry and the secrets they use to get performers to bottom without pain or messy scenes. The main sections: 1: What You Can Learn From Porn Star Bottoms. A fascinating view of bottoming in the porn industry—how gay erotica performers prepare for a shoot, how they can take huge tops without any pain (even if it's their first time) and how they stay loose despite day-long shoots. If you ever had a question about how the porn industry works, this is the place to find answers—from how much money porn stars make to what percent are heterosexual (shocking!) to their favorite brand of douches. 2: Free Your Mind, Your Butt Will Follow. How To Bottom Like A Porn Star: The Ultimate Guide To Gay Sex is part porn exposé, part how-to from the latest gay sex research. In this chapter, we'll look at how "Anticipatory pain" and a perceived loss of masculinity can put your butt in a headlock. We'll show you how to resolve the emotional blocks that stop you from trying or enjoying anal sex with other gay men. 3: Why It Feels Like You're Being Impaled By A Fence Post. From our urologist and colon-rectal experts who specialize in gay male sex: It isn't just your sphincter causing all that pain; it's your "S-curve" as well as involuntary puborectal contractions. Learn your anatomical structure so you can

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