

Fasting Girls The History Of Anorexia Nervosa

The Welsh Fasting Girl Varley O'Connor 2019-05-07 Praise for the Previous Novels of Varley O'Connor "Thoroughly researched and lively." —Vogue "Elegantly wrought, hardheaded, and tenderhearted." —Michael Chabon "Honesty and compassion inform every page, and there are passages so musical and full of grace they read like hymns. Reading groups should rejoice." —Sigrid Nunez "[O'Connor] captures the dangerous intersection between private life and the forces of history . . . and gives the reader that rare pleasure of inhabiting another family life that feels at once entirely familiar and new." —Susan Richards Shreve Twelve-year-old Sarah Jacob was the most famous of the Victorian fasting girls, who claimed to miraculously survive without food, serving as flashpoints between struggling religious, scientific, and political factions. In this novel based on Sarah's life and premature death from what may be the first documented case of anorexia, an American journalist, recovering from her husband's death in the Civil War, leaves her home and children behind to travel to Wales, where she investigates Sarah's bizarre case by becoming the young girl's friend and confidante. Unable to prevent the girl's tragic decline while doctors, nurses, and a local priest keep watch, she documents the curious family dynamic, the trial that convicted Sarah's parents, and an era's hysterical need to both believe and destroy Sarah's seemingly miraculous power. Intense, dark, and utterly compelling, *The Welsh Fasting Girl* delves into the complexities of a true story to understand how a culture's anxieties led to the murder of a child. Varley O'Connor is the author of five novels, including *The Welsh Fasting Girl*, *The Master's Muse*, and *The Cure*. She lives in Cleveland Heights, Ohio.

Kansas Charley Joan Jacobs Brumberg 2004-08 Most Americans regard "kids who kill" as a bane of modern society, but the tragic tale of "Kansas Charley" reminds us that it is a long-standing issue. Charles Miller was a fifteen-year-old killer who was hanged in 1892 for the murders of two young men. *Kansas Charley* vividly brings to life a thought-provoking chapter in American history and in the history of the juvenile justice system, shedding light on our contemporary predicament and encouraging us to think about what it means to continue to uphold the juvenile death penalty in the twenty-first century.

Fasting Girls Joan Jacobs Brumberg 1989 Anorexia nervosa may affect as many as five to ten percent of adolescent girls in the United States, and on some college campuses, the estimate is as high as twenty percent. Despite its recent "popularity", however, the disease remains puzzling in its causes and stubbornly resistant to a cure. For, as *Fasting Girls* demonstrates, anorexia nervosa existed long before our current preoccupation with lean bodies. This landmark, award-winning work offers a solution to the mystery of anorexia nervosa, exploring its historical roots from the fasting saints of the Middle Ages and the curious "fasting girls" of the Victorian era to the weight-obsessed celebrities of our own time. By linking broad cultural forces to individual biomedical and psychological factors, "Fasting Girls" shows how a society that believes a woman "can never be too rich or too thin" actually recruits certain adolescents to anorexia -- those who regard a thin body as a state of perfection. Combined with other social stresses, such an attitude puts an increasing number of contemporary young women at risk. Highly readable and authoritative, "Fasting Girls" takes the reader into the private world of sufferers in the past, and also shows today's health professionals and parents why America's young women are so vulnerable to anorexia, and what treatments have proven effective in combating this frequently misunderstood, often deadly, disorder.

From Fasting Saints to Anorexic Girls Walter Vandereycken 2001-01-01 Down the centuries self-starvation has taken many morbid guises. This story culminates in the 19th century labelling of anorexia nervosa, a condition which has since attracted a host of theories and explanations in the course of which a medical curiosity has been transformed into a modern disease.

The Body Project Joan Jacobs Brumberg 2010-06-09 A hundred years ago, women were lacing themselves into corsets and teaching their daughters to do the same. The ideal of the day, however, was inner beauty: a focus on good deeds and a pure heart. Today American women have more social choices and personal freedom than ever before. But fifty-three percent of our girls are dissatisfied with their bodies by the age of thirteen, and many begin a pattern of weight obsession and dieting as early as eight or nine. Why? In *The Body Project*, historian Joan Jacobs Brumberg answers this question, drawing on diary excerpts and media images from 1830 to the present. Tracing girls' attitudes toward topics ranging from breast size and menstruation to hair, clothing, and cosmetics, she exposes the shift from the Victorian concern with character to our modern focus on outward appearance—in particular, the desire to be model-thin and sexy. Compassionate, insightful, and gracefully written, *The Body Project* explores the gains and losses adolescent girls have inherited since they shed the corset and the ideal of virginity for a new world of sexual freedom and consumerism—a world in which the body is their primary project.

Conversations with Anorexics Hilde Bruch 1994-06-01 From *Publisher's Weekly*: This posthumous collection of case material illustrates the treatment modality successfully employed by psychiatrist Bruch with patients suffering from the eating disorder of anorexia. Two of her associates at Baylor College of Medicine in Houston have edited this final work, taped by the author before her death in 1984. Bruch makes the reader privy to the therapeutic transaction between her patients who are in what she describes as "the relentless pursuit of thinness." Emphasizing the conversational ambiance of the therapy and discounting heretofore unsuccessful approaches of psychoanalysis and behavior modification, she helped her patients to heal. The dramatic dialogues in the cases presented allow us to hear these desperate young anorexic women individually explore their thwarted development, under the direction of a compassionate physician who guides them towards wellness.

The Wiley Handbook of Eating Disorders Linda Smolak 2015-09-08 This groundbreaking two-volume handbook provides a comprehensive collection of evidence-based analyses of the causes, treatment, and prevention of eating disorders. A two-volume handbook featuring contributions from an international group of experts, and edited by two of the leading authorities on eating disorders and body image research Presents comprehensive coverage of eating disorders, including their history, etiological factors, diagnosis, assessment, prevention, and treatment Tackles controversies and previously unanswered questions in the field Includes coverage of DSM-5 and suggestions for further research at the end of each chapter 2 Volumes

Starving for Salvation Michelle Mary Lelwica 2002-04-15 TABLE OF CONTENTS: 1 Bodies of Evidence, Bodies of Knowledge: Contemporary Approaches, Historical Perspectives, New Directions. 2 The Good, the True, and the Beautiful Female Body: Popular Icons of Womanhood and the Salvation Myth of Female Slenderness. 3 Losing Their Way to Salvation: Popular Rituals of Womanhood and the Saving Promises of Culture Lite. 4 Universes of Meaning, Worlds of Pain: The Struggles of Anorexic and Bulimic Girls and Women. A Different Kind of Salvation: Cultivating Alternative Senses, Practices, and Visions. Notes. Selected Bibliography. Index.

Emilee - The Story of a Girl and Her Family Hijacked by Anorexia John Mazur 2019-10-18 This is the story of a beautiful young woman—a talented athlete and musician, raised in a loving home, surrounded by friends—undermined by a ruthless inner voice that claimed her body and her spirit. *Emilee: The Story of a Girl and Her Family Hijacked by Anorexia* reveals the cracks in our health care system, the institutions we are taught to trust, as well as our own prejudices and misinformation about eating disorders, mental illness, and addiction. Through the use of parallel narrative, Linda and John Mazur provide an intimate and realistic account of how their world was turned upside down by anorexia nervosa. A must-read for physicians, therapists, and social workers, or anyone who wants to learn more about how to respond more compassionately to families and patients caught in the web of this cruel disease.

The Treatment of Eating Disorders Carlos M. Grilo 2011-03-18 Leading international experts on eating disorders describe the most effective treatments and explain how to implement them, including coverage of psychosocial, family-based, medical, and nutritional therapies.

The Passion of Alice Stephanie Grant 1996-09 The story of a clinic for eating disorders in Massachusetts, featuring Alice Forrester, a 23-year-old anorexic. In the course of her treatment Alice encounters an array of oddballs and misfits, and forms a friendship with a woman who cannot stop eating.

Fasting Girls Joan Jacobs Brumberg 2000 An acclaimed classic from the award-winning author of *The Body Project* presents a history of women's food-refusal dating back as far as the sixteenth century, providing compassion to victims and their families. Here is a tableau of female self-denial: medieval martyrs who used starvation to demonstrate religious devotion, "wonders of science" whose families capitalized on their ability to survive on flower petals and air, silent screen stars whose strict "slimming" regimens inspired a generation. Here, too, is a fascinating look at how the cultural ramifications of the Industrial Revolution produced a disorder that continues to render privileged young women helpless. Incisive, compassionate, illuminating, *Fasting Girls* offers real understanding to victims and their families, clinicians, and all women who are interested in the origins and future of this complex, modern and characteristically female disease.

Anorexia and Bulimia Nervosa Hubertus Himmerich 2019-10-02 The prevalence of eating disorders such as anorexia and bulimia nervosa is growing, and these disorders are affecting adolescents and young adults at increasingly younger ages. This has led to a greater number of patients presenting to health services. Although novel therapeutic approaches have been introduced in recent decades, the mortality rates of patients with anorexia and bulimia nervosa remain alarmingly high. The course of anorexia nervosa in particular is often chronic and can lead to persistent disability. This book covers the clinical features and symptoms, neurobiology, pathophysiology, and current and potential future treatment options for both anorexia and bulimia nervosa. It also highlights the important aspects of support for families and their perspectives on these disorders.

The Body Project Joan Jacobs Brumberg 1998-09-01 The award-winning author of *Fasting Girls* explores what teenage girls have lost in this new world of freedom and consumerism—a world in which the body is their primary project. "Fascinating ... riveting ... Women and girls should read this fine book together." —The New York Times Book Review A hundred years ago, women were lacing themselves into corsets and teaching their daughters to do the same. The ideal of the day, however, was inner beauty: a focus on good deeds and a pure heart. Today American women have more social choices and personal freedom than ever before. But fifty-three percent of our girls are dissatisfied with their bodies by the age of thirteen, and many begin a pattern of weight obsession and dieting as early as eight or nine. Why? In *The Body Project*, historian Joan Jacobs Brumberg answers this question, drawing on diary excerpts and media images from 1830 to the present. Tracing girls' attitudes toward topics ranging from breast size and menstruation to hair, clothing, and cosmetics, she exposes the shift from the Victorian concern with character to our modern focus on outward appearance—in particular, the desire to be model-thin and sexy. Compassionate, insightful, and gracefully written, *The Body Project* explores the gains and losses adolescent girls have inherited since they shed the corset and the ideal of virginity for a new world of sexual freedom and consumerism—a world in which the body is their primary project.

Holy Feast and Holy Fast Caroline Walker Bynum 1988-01-07 In the period between 1200 and 1500 in western Europe, a number of religious women gained widespread veneration and even canonization as saints for their extraordinary devotion to the Christian eucharist, supernatural multiplications of food and drink, and miracles of bodily manipulation, including stigmata and inedia (living without eating). The occurrence of such phenomena sheds much light on the nature of medieval society and medieval religion. It also forms a chapter in the history of women. Previous scholars have occasionally noted the various phenomena in isolation from each other and have sometimes applied modern medical or psychological theories to them. Using materials based on saints' lives and the religious and mystical writings of medieval women and men, Caroline Walker Bynum uncovers the pattern lying behind these aspects of women's religiosity and behind the fascination men and women felt for such miracles and devotional practices. She argues that food lies at the heart of much of women's piety. Women renounced ordinary food through fasting in order to prepare for receiving extraordinary food in the eucharist. They also offered themselves as food in miracles of feeding and bodily manipulation. Providing both functionalist and phenomenological explanations, Bynum explores the ways in which food practices enabled women to exert control within the family and to define their religious vocations. She also describes what women meant by seeing their own bodies and God's body as food and what men meant when they too associated women with food and flesh. The author's interpretation of women's piety offers a new view of the nature of medieval asceticism and, drawing upon both anthropology and feminist theory, she illuminates the distinctive features of women's use of symbols. Rejecting presentist interpretations of women as exploited or masochistic, she shows the power and creativity of women's writing and women's lives.

The Fashion Industry and Eating Disorders NIKOLETT. TURY BOGAR (FERENC.) 2020-04 The world of fashion models is attractive for everybody. For the average audience, a fashion model's life is glamorous, elegant and enviable, and many young women aspire to follow such ideals. Today, in the age of modern information technologies, there are endless tools for communicating with the world related to fashion. The daily lives of fashion models can be followed by the masses on social media platforms; they have become influencers, and millions follow the image they represent. However, in the background, there is stress and tension. The fashion industry creates fierce competition, and the models are under intense pressure concerning their body shape. Slimness is a fundamental requirement. This, in turn, leads to an increased risk of eating disorders: fashion models are more prone to develop anorexia or bulimia like symptoms. The book investigates the role of the representatives of the fashion industry in the excessive ideal of slimness and in the enhanced risk of developing eating disorders. Ensuring the health of the models must be a fundamental aspect of the industry.

Fasting Girls William Alexander Hammond 1879

Brave Girl Eating Harriet Brown 2010-08-24 "One of the most up to date, relevant, and honest accounts of one family's battle with the life threatening challenges of anorexia. Brown has masterfully woven science, history, and heart throughout this compelling and tender story." —Lynn S. Grefe, Chief Executive Officer, National Eating Disorders Association "As a woman who once knew the grip of a life-controlling eating disorder, I held my breath reading Harriet Brown's story. As a mother of daughters, I wept for her. Then cheered." —Joyce Maynard, author of *Labor Day* In *Brave Girl Eating*, the chronicle of a family's struggle with anorexia nervosa, journalist, professor, and author Harriet Brown recounts in mesmerizing and horrifying detail her daughter Kitty's journey from near-starvation to renewed health. *Brave Girl Eating* is an intimate, shocking, compelling, and ultimately uplifting look at the ravages of a mental illness that affects more than 18 million Americans.

The Fasting Girl Michelle Stacey 2003-09-29 A modern investigation into the Victorian-era case of a young woman who claimed to have survived for twelve years without food discusses the journalism practices of the time, the complexities of eating disorders, the theories of Darwin, and the scientific process of fasting. Reprint. 15,000 first printing.

A Wonderful Little Girl Sian Busby 2004 On a winter's day in 1869, two surgeons performed an autopsy on the body of a 12-year-old Welsh girl who had died in strange circumstances. Though very beautiful, there were signs that she had suffered greatly towards the end. This is the true story of a remarkable child, who enchanted everyone, but who, at the age of 10, suddenly took to her bed. During the last 2 years of her life she allegedly had nothing to eat or drink at all, and yet mysteriously survived. Sarah Jacob's family claimed she was a miracle, and as her fame grew, thousands flocked to her bedside. Was she living on thin air? Doctors felt compelled to investigate and began a round-the-clock vigil which quickly killed her. Sarah Jacob was a tragic child celebrity—a victim of the era in which she lived, when Science and Faith were grappling with the conscience of man.

The Wonder Emma Donoghue 2016-09-22 A major film from the makers of *Normal People* and *Room*, starring Florence Pugh and streaming on Netflix. 'An old-school page turner with crackling intensity' Stephen King 'Powerful, compulsively readable' Irish Times Eleven-year-old Anna O'Donnell stops eating, but remains miraculously alive and well. A nurse, sent to investigate whether she is a fraud, meets a journalist hungry for a story . . . Set in the Irish Midlands in the 1850s, Emma Donoghue's *The Wonder* - inspired by numerous European and North American cases of 'fasting girls' between the sixteenth century and the twentieth - is a psychological thriller about a child's murder threatening to happen in slow motion before our eyes.

Illness and Power Brant Wenegrat 1996-09 Wenegrat (psychiatry, Stanford U. School of Medicine) argues that women's lack of social power, as defined as the ability to provide for one's needs and security and to make decisions based on one's own desires, is to blame for their excess risk for certain mental disorders such as anxiety, depression, eating disorders, and multiple personality. He reviews women's social power and mental illness from an evolutionary and cross-cultural perspective and addresses 19th-century women's disorders and illness roles. Annotation copyright by Book News, Inc., Portland, OR

Cognitive Behaviour Therapy for Children and Families Philip Graham 2013-03-14 "The book is primarily written for child mental health professionals, especially psychologists, psychiatrists, mental health nurses, social workers and psychotherapists as well as those training in these fields. The book will also be found helpful by paediatricians and general psychiatrists. It is suitable both for trainees and for those with a more advanced knowledge of the subject"--Provided by publisher.

Holy Anorexia Rudolph M. Bell 2014-05-09 Is there a resemblance between the contemporary anorexic teenager counting every calorie in her single-minded pursuit of thinness, and an ascetic medieval saint examining her every desire? Rudolph M. Bell suggests that the answer is yes. "Everyone interested in anorexia nervosa . . . should skim this book or study it. It will make you realize how dependent upon culture the definition of disease is. I will never look at an anorexic patient in the same way again."—Howard Spiro, M.D., Gastroenterology "[This] book is a first-class social history and is well-documented both in its historical and scientific portions."—Vern L. Bullough, American Historical Review "A significant contribution to revisionist history, which re-examines events in light of feminist thought. . . . Bell is particularly skillful in describing behavior within its time and culture, which would be bizarre by today's norms, without reducing it to the pathological."—Mary Lassance Parthun, Toronto Globe and Mail "Bell is both enlightened and convincing. His book is impressively researched, easy to read, and utterly fascinating."—Sheila MacLeod, New Statesman

Eating Disorders Source Wikipedia 2013-09 Please note that the content of this book primarily consists of articles available from Wikipedia or other free sources online. Pages: 63. Chapters: Eating disorder, Bulimia nervosa, Anorexia nervosa, Pro-ana, Rumination syndrome, Istvan Cs. Bartos, Media's influence on eating disorders, Nocturnal sleep related eating disorder, Anorexia mirabilis, History of anorexia nervosa, Pica, Binge eating disorder, Diabulimia, William C. Rader, Orthorexia nervosa, The Best Little Girl in the World, Fasting girls, Compulsive overeating, Wannarexia, Maudsley Family Therapy, Muscle dysmorphia, Selective eating disorder, Feminist perspectives on eating disorders, Isabelle Caro, Night eating syndrome, Eating Disorder Inventory, Eating Attitudes Test, When Friendship Kills, Hungry: A Mother and Daughter Fight Anorexia, For the Love of Nancy, Fat Chance, Kate's Secret, Cherry Boone, Food Addicts Anonymous, Food Addicts in Recovery Anonymous, Body Attitudes Questionnaire, Feeding disorder, Eating disorder not otherwise specified, Anorectic Behavior Observation Scale, Food neophobia, Eating Disorder Examination Interview, Russell's sign, William Stout Chipley, Eating Disorder Diagnostic Scale, SCOFF questionnaire, Binge Eating Scale, Disordered eating, Exercise bulimia, My Name Is Caroline, Opsophagos, Minnesota Eating Behavior Survey, Body Attitudes Test, Lipophobia, List of deaths from anorexia nervosa, Bulimia Test-Revised, Wasted: A Memoir of Anorexia and Bulimia, Wintergirls, Food issue, Pagophagy.

Eating Disorders Hilde Bruch 1973-04-25 This book accurately describes the cognitive processes that lead to and are present in someone with an eating disorder. Several case histories on individuals with anorexia nervosa and obesity are presented. It probes the emotional causes and effects of abnormal eating patterns.

The Body in Medical Thought and Practice D. Leder 2013-06-29 In the second half of the 20th century, the body has become a central theme of intellectual debate. How should we perceive the human body? Is it best understood biologically, experientially, culturally? How do social institutions exercise power over the body and determine norms of health and behavior? The answers arrived at by phenomenologists, social theorists, and feminists have radically challenged our conventional notions of the body dating back to 17th century Cartesian thought. This is the first volume to systematically explore the range of contemporary thought concerning the body and draw out its crucial implications for medicine. Its authors suggest that many of the problems often found in modern medicine -- dehumanized treatment, overspecialization, neglect of the mind's healing resources -- are directly traceable to medicine's outmoded concepts of the body. New and exciting alternatives are proposed by some of the foremost physicians and philosophers working in the medical humanities today.

Invention of Hysteria Georges Didi-Huberman 2004-09-17 The first English-language publication of a classic French book on the relationship between the development of photography and of the medical category of hysteria. In this classic of French cultural studies, Georges Didi-Huberman traces the intimate and reciprocal relationship between the disciplines of psychiatry and photography in the late nineteenth century. Focusing on the immense photographic output of the Salpêtrière hospital, the notorious Parisian asylum for insane and incurable women, Didi-Huberman shows the crucial role played by photography in the invention of the category of hysteria. Under the direction of the medical teacher and clinician Jean-Martin Charcot, the inmates of Salpêtrière identified as hysterics were methodically photographed, providing skeptical colleagues with visual proof of hysteria's specific form. These images, many of which appear in this book, provided the materials for the multivolume album *Iconographie photographique de la Salpêtrière*. As Didi-Huberman shows, these photographs were far from simply objective documentation. The subjects were required to portray their hysterical "type"—they performed their own hysteria. Bribed by the special status they enjoyed in the purgatory of experimentation and threatened with transfer back to the inferno of the incurables, the women patiently posed for the photographs and submitted to presentations of hysterical attacks before the crowds that gathered for Charcot's "Tuesday Lectures." Charcot did not stop at voyeuristic observation. Through techniques such as hypnosis, electroshock therapy, and genital manipulation, he instigated the hysterical symptoms in his patients, eventually giving rise to hatred and resistance on their part. Didi-Huberman follows this path from complicity to antipathy in one of Charcot's favorite "cases," that of Augustine, whose image crops up again and again in the *Iconographie*. Augustine's virtuosic performance of hysteria ultimately became one of self-sacrifice, seen in pictures of ecstasy, crucifixion, and silent cries.

Feminist Perspectives on Eating Disorders Patricia Fallon 1996-10-01 Advancing the literature on a critical topic, this important new work illuminates the relationship between the anguish of eating disorder sufferers and the problems of ordinary women. The book covers a wide variety of issues - from ways in which gender may predispose women to eating disorders to the widespread cultural concerns these problems symbolize. Throughout, the psychology of women is reflected in the concepts and methods described; there is an explicit commitment to political and social equality for women; and therapy is reevaluated based on an understanding of the needs of women patients and the potentially differing contributions of male and female therapists. Providing valuable insights into the critical problem of eating disorders, this book is essential reading for clinicians and researchers alike. Also, by examining many of the ways in which women are affected by and respond to society's gender politics, the book may be used as a text in women's studies courses.

Fasting Girls: Their Physiology and Pathology William A. Hammond 2019-12-02 In 'Fasting Girls: Their Physiology and Pathology', William A. Hammond examines the claims of young girls who supposedly lived for years without any food. Published in 1879, this book is still referenced today for its skeptical analysis of the phenomenon, which Hammond attributed to fraud and hysteria. With a desire to combat popular ignorance, Hammond explores the history of abstinence from food, as well as the physiological and pathological effects of inanition.

Thin Lauren Greenfield 2006-10-12 Critically acclaimed for "Girl Culture" and "Fast Forward," Greenfield continues her exploration of contemporary female culture with "Thin," a groundbreaking photographic exploration of eating disorders.

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Victorian era to the weight-obsessed celebrities of our own time. By linking broad cultural forces to individual biomedical and psychological factors, *Fasting Girls* shows how a society that believes a woman "can never be too rich or too thin" actually recruits certain adolescents to anorexia -- those who regard a thin body as a state of perfection. Combined with other social stresses, such an attitude puts an increasing number of contemporary young women at risk. Highly readable and authoritative, *Fasting Girls* takes the reader into the private world of sufferers in the past, and also shows today's health professionals and parents why America's young women are so vulnerable to anorexia, and what treatments have proven effective in combating this frequently misunderstood, often deadly, disorder.

Eating Disorders in Sport Ron A. Thompson 2011-01-19 Over the past fifteen years, there has been a great increase in the knowledge of eating disorders in sport and effective means of treatment. In this book, the authors draw on their extensive clinical experience to discuss how to identify, manage, treat, and prevent eating disorders in sport participants. They begin by examining the clinical conditions related to eating problems, including descriptions of specific disorders and a review of the relevant literature. Special attention is given to the specific gender and sport-related factors that can negatively influence the eating habits of athletes. The second half of the book discusses identification of participants with disordered eating by reviewing symptoms and how they manifest in sport; management issues for sport personnel, coaches, athletic trainers, and healthcare professionals; treatment; and medical considerations, such as the use of psychotropic medications. A list of useful resources is included in an appendix, as well as a glossary of important terms.

From Fasting Saints to Anorexic Girls Walter Vandereycken 1990-12-01 With waiflike models dominating the advertising world and a new wave of feminists waging war on social pressure to be thin, eating disorders have attained the status of a modern crisis. Although anorexia nervosa was not identified as such until the 19th cent., the compulsion to be thin at the price of starvation has a long history in western society. But is anorexia as we know it today new? This thorough account of the history of self starvation in the western world explores this question. Drawing on a myriad of intriguing examples, Vandereycken show how self-inflicted starvation has changed its tone over the centuries and is inextricably enmeshed in socio-cultural contexts. Covers Europe and the U.S. and spans the early cent. of Christianity to the present.

Skill in Action Michelle Cassandra Johnson 2021-11-02 Transform your yoga practice into a force for creating social change with this concise, eloquent manual of social justice tools and skills. *Skill in Action* asks you to explore the deeply transformational practice of yoga as a way to become an agent of social change and work toward a just world. Through yoga practices and philosophy, this book explores liberation for ourselves and others, while asking us to engage in our own agency—whether that manifests as activism, volunteer work, or changing our relationships with others and ourselves. To provide a strong foundation to begin this work, Michelle Cassandra Johnson clearly defines power and privilege, oppression, liberation, and suffering, and invites you to make changes in your life that promote equality and freedom for all. This revised and expanded edition offers journaling practices and prompts in each chapter; includes more material on how power and privilege inform the yoga industry; explains how to integrate justice into teaching the eight limbs of yoga; and offers ways to support people as they move through their resistance and discomfort in the face of injustice. This edition also offers a fuller look at how the yamas and niyamas—the ethical precepts of yoga—can be studied in order to create a more just world, and it offers more support for yoga teachers seeking to radicalize their yoga.

Starving for Attention Cherry Boone O'Neill 1982

Fasting Girls Joan Jacobs Brumberg 2000-10-10 An acclaimed classic from the award-winning author of *The Body Project* presents a history of women's food-refusal dating back as far as the sixteenth century, providing compassion to victims and their families. Here is a tableau of female self-denial: medieval martyrs who used starvation to demonstrate religious devotion, "wonders of science" whose families capitalized on their ability to survive on flower petals and air, silent screen stars whose strict "slimming" regimens inspired a generation. Here, too, is a fascinating look at how the cultural ramifications of the Industrial Revolution produced a disorder that continues to render privileged young women helpless. Incisive, compassionate, illuminating, *Fasting Girls* offers real understanding to victims and their families, clinicians, and all women who are interested in the origins and future of this complex, modern and characteristically female disease.

Understanding Eating Disorders Simona Giordano (bioetyka) 2005 Starting with an analysis of these conditions and an exploration of their complex causes, Giordano then proceeds to address legal and ethical dilemmas such as a patient's refusal of life-saving treatment. The book is illustrated with many case-studies.

Going Hungry Kate M. Taylor 2008-09-09 Here, collected for the first time, 19 writers describe their eating disorders from the distance of recovery, exposing as never before the anorexic's self-enclosed world. Taking up issues including depression, genetics, sexuality, sports, religion, fashion and family, these essays examine the role anorexia plays in a young person's search for direction. Powerful and immensely informative, this collection makes accessible the mindset of a disease that has long been misunderstood. With essays by Priscilla Becker, Francesca Lia Block, Maya Browne, Jennifer Egan, Clara Elliot, Amanda Fortini, Louise Glück, Latria Graham, Francine du Plessix Gray, Trisha Gura, Sarah Haight, Lisa Halliday, Elizabeth Kadetsky, Maura Kelly, Ilana Kurshan, Joyce Maynard, John Nolan, Rudy Ruiz, and Kate Taylor. www.anchorbooks.com www.goinghungry.com

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Fasting Girls The History Of Anorexia Nervosa: In today digital age, eBooks have become a staple for both leisure and learning. The convenience of accessing *Fasting Girls The History Of Anorexia Nervosa* and various genres has transformed the way we consume literature. Whether you are a voracious reader or a knowledge seeker, read *Fasting Girls The History Of Anorexia Nervosa* or finding the best eBook that aligns with your interests and needs is crucial. This article delves into the art of finding the perfect eBook and explores the platforms and strategies to ensure an enriching reading experience.

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