

Enhancing Sexuality John P Wincze

Sexual Dysfunction, Second Edition - Michael P. Carey 2012-08-30

An ideal introduction for sex therapy students and trainees, this volume provides an overview of the most common sexual dysfunctions and the full range of assessment and treatment approaches. The book begins with discussions of the main classes of sexual dysfunction, describing what is currently known about clinical presentation, prevalence, and etiological factors. Addressing the practical tasks of clinical evaluation and intervention, the authors clearly explain basic strategies and methods for working with clients.

Understanding Human Sexuality - Janet Shibley Hyde 2003

Part-Time Perverts - Lauren Rosewarne 2011-04-19

This book offers an erudite yet highly accessible exploration of the presence of sexual perversion in popular culture and its manifestation in everyday life. An interdisciplinary exploration of sexual perversion in everyday life, *Part-Time Perverts: Sex, Pop Culture, and Kink Management* starts from the premise that, for better or worse, everyone is exposed to a continual barrage of representations of sexual perversion, both subliminal and overt. Our involvement, Dr. Lauren Rosewarne contends, is universal, but our management strategies cover a spectrum of behavioral possibilities from total repression to total immersion. It is those strategies that she examines here. Drawing on her own experience, as well as on pop culture and a multidisciplinary mix of theory, Rosewarne shifts the discussion of perversion away from the traditional psychological and psychiatric focus and instead explores it through a feminist lens as a social issue that affects everyone. Her book examines representations of perversion—from suppression to dabbling to full-body immersion—and proposes a classification for perversion management, and charts the diverse strategies we use to manage, and perhaps enjoy, exposure.

Books In Print 2004-2005 - Bowker Editorial Staff 2004

Enhancing Sexuality - John Wincze 2009-04-27

Sexual dysfunction can cause significant distress in both men and women and their partners. This therapist guide presents a comprehensive program for assessing and treating sexual dysfunction in couples or single individuals, regardless of sexual preference. It outlines pathways for therapy and gives recommendations for formulating a treatment plan. Therapists are encouraged to be flexible in their approach while guiding clients through this step-by-step program. The guide and corresponding workbook present information on a number of sexual problems including low sexual desire, difficulty becoming sexually aroused, premature or quick ejaculation, erectile dysfunction, trouble achieving orgasm, and pain or discomfort during sex. Clients are educated about sexual development and common sexual myths. They also learn about factors that influence sexual functioning in order to create favorable conditions for sex. For each topic, this guide offers an overview of principles underlying treatment and main concepts to convey to clients. Case vignettes illustrate key points and important tips for the therapist are highlighted throughout. The corresponding

Enhancing Sexuality - John P. Wincze 1996

Enhancing Sexuality - John Wincze 2009-04-24

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workbook includes chapter review quizzes, exercises, and worksheets to reinforce client understanding and couple participation. Enhancing sexuality is a worthy goal for couples and individuals, and clinicians will find this a rewarding program to put into practice.

The Prevention of Sexual Disorders - C. Qualls 2013-04-17

As new faculty members in the Section of Psychiatry and Human Behavior at Brown University, we began collaborating on research into assessment and treatment of sexual problems in the fall of 1975. Although each of us arrived with clinical and research interests in the broad field of sexual problems, the idea for this book grew out of our early discussions and a consensus on the future direction of research. We noted that there had been an extremely rapid increase in knowledge of human sexual behavior as well as sexual disorders and their treatment over the last few decades. It has also become increasingly apparent that sexual problems, broadly conceived, comprise a sizable fraction of the problems for which people seek treatment, and that, although the treatment of sexual problems was achieving some success, treatment was for the most part slow, costly, and without any guarantee of successful outcome. Furthermore, there were many people with sexual problems for whom treatment was not available. With these ideas in mind, it seemed timely for investigators in the field of human sexuality and its disorders to turn their attention to the problem of prevention. Organizing a symposium on the topic enabled us to invite leading investigators in the study of sexual behavior to address this area. The chapters in this volume are an outgrowth and refinement of the formal papers delivered at the symposium, which was held in the spring of 1976.

Enhancing Sexuality - John Wincze 2009-04-27

At some point in life, almost all men and women have a problem with sexual functioning. If you are looking for solutions to sexual problems, this workbook can help. You may use it in conjunction with visits to a qualified mental health professional or on your own, with or without your partner. This workbook gives you correct information about sex and offers information, advice, and practical suggestions for common sexual problems. From this book, you will learn to improve and enjoy your sexual relations. Divided into three parts, this workbook presents a comprehensive program for solving sexual problems. Part I includes basic information that is helpful for understanding sexual problems and sexual functioning in general. Part II addresses specific sexual problems and provides information and strategies to alleviate and overcome them. Finally, Part III focuses on information and strategies to help you maintain the gains you've made. Exercises for couples, chapter review quizzes, and user-friendly worksheets can be found throughout the workbook and will help you increase your knowledge and understanding of sex and sexual relationships. The information presented is based on research and has helped thousands of people like you, and their partners, solve sexual problems and prevent them from occurring again.

Handbook of Clinical Behavior Therapy - Samuel M. Turner 1981

Since the first edition, the theoretical bases for behavioral approaches to therapy have greatly expanded, as have the applications and related research. Provides a discussion of behavioral intervention for the major mental disorders. It endeavors to integrate theory and practice with particular emphasis on those theoretical issues related to implementation of a given treatment. There is liberal use of case examples and a critical evaluation of the outcome literature in each area.

Enhancing Sexuality - John P. Wincze 2004-11-11

Using a cognitive-behavioral approach, this book addresses sexuality as a part of human functioning that can be associated with joy and good interpersonal relationships, and stress and problematic interpersonal relationships. It helps individuals seeking to improve sexual relations, including those who may be experiencing sexual dysfunction.

Enhancing Sexuality - John P. Wincze 2009

This workbook gives patients correct information about sex, and offers information, advice, and practical

suggestions for common sexual problems, and it can be used in conjunction with visits to a qualified mental health professional or on its own, with or without a partner. It offers ways to learn to improve and enjoy your sexual relations.

Medical Aspects of Human Sexuality - 1979-07

Journal of Behavior Therapy and Experimental Psychiatry - 1971

The Stress and Mood Management Program for Individuals with Multiple Sclerosis - David Mohr 2010

The overall goal of the program outlined in this workbook is to improve the health and well-being of individuals with MS by teaching them skills to manage stress. Although originally designed to be used in conjunction with visits to a qualified therapist, this workbook can be used on its own if the patient has the motivation to work through the program himself.

The British National Bibliography - Arthur James Wells 2005

Sex Research - Institute for Sex Research 1979

Enhancing Sexuality: A Problem-Solving Approach to Treating Dysfunction Therapist Guide
Therapist Guide - John Wincze 2009-04-24

Sexual dysfunction can cause significant distress in both men and women and their partners. This therapist guide presents a comprehensive program for assessing and treating sexual dysfunction in couples or single individuals, regardless of sexual orientation. It outlines pathways for therapy and gives recommendations for formulating a treatment plan. Therapists are encouraged to be flexible in their approach while guiding clients through this step-by-step program. The guide and corresponding workbook present information on a number of sexual problems including low sexual desire, difficulty becoming sexually aroused, premature or quick ejaculation, erectile dysfunction, trouble achieving orgasm, and pain or discomfort during sex. Clients are educated about sexual development and common sexual myths. They also learn about factors that influence sexual functioning in order to create favorable conditions for sex. For each topic, this guide offers an overview of principles underlying treatment and main concepts to convey to clients. Case vignettes illustrate key points and important tips for the therapist are highlighted throughout. The corresponding

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Sexual Dysfunction, Third Edition - John P. Wincze 2015-05-11

"Highly regarded as a course text and practitioner resource, this book presents concise intervention guidelines for the most frequently encountered sexual dysfunctions in women and men. Following a consistent format, chapters on each clinical problem cover its description, clinical presentation, prevalence, etiology, and biological and psychosocial factors. Illustrative case examples of diverse individuals and couples are included. The authors provide a state-of-the-art framework for conducting comprehensive assessments, weaving multiple data sources into a coherent case formulation, and planning effective treatment that integrates medical and psychosocial strategies. Key Words/Subject Areas: arousal, assessments, couples, desire, diagnosis, disorders, dysfunctions, female, gender, human sexuality, male, marital, men, psychotherapy, sex therapy, sexual health, sexual medicine, treatments, women Audience: Clinicians who work with clients on issues pertaining to sexuality, including clinical psychologists, psychiatrists, clinical social workers, couple and family therapists, mental health and pastoral counselors, and psychiatric nurses. Also of interest to ob/gyns, urologists, and family physicians. "--

Enhancing Sexuality John P Wincze:

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