

Embracing The Beloved Relationship As A Path Of Awakening

New Jersey actors wanted for 'Mean Girls' movie musical filming - New Jersey 101.5 FM

[All Stories - The Provincetown Independent](#)

[We're Going On A Tour Of The 12 Houses Of Astrology And Sharing ... - Women.com](#)

Book Mail: 39 new and forthcoming books for all ages! - Teen Librarian Toolbox

[December 1, 2023 - Arts Etc. - The International Examiner](#)

[2023 Art Installations - burningman.org](#)

a magazine and radio program of world music - RootsWorld

October 16, 2023 - Arts Etc. - The International Examiner

[Podcast Network - MarketScale](#)

The Best Film and TV Performances of 2023 - IndieWire

[Finding Love in the Shadow of War - TIME](#)

The solutions nature provides: how can hotels contribute and benefit? - Hospitality Net

Movies on TV this week, May 3 - 9: 'Raiders of the Lost Ark' - Yahoo News

[Supporter Webcasts - The Nature Conservancy](#)

The 100 Best Songs of 2023 - Paste Magazine

[8 Games Where the "Bad Ending" Was the Best Ending - GameRant](#)

Why Mountain Biking is Inappropriate in Wilderness - The Wildlife News

Saturday marked one week of war between Israel and Hamas ... - Fox News

[How a Former Prisoner Became a Bestselling Author - Entrepreneur](#)

Falling for Fall: Five Reasons to Embrace the Autumn Season - Royal Examiner

The 100 Best 80's Movies - IndieWire - IndieWire

Horoscope Today: October 30, 2021 - VOGUE India

Home of the Monster T - Inside the Eastern European Vintage ... - Pinkbike.com

[The West needs to grow up - UnHerd](#)

State of the Species - Orion Magazine

Racial Reckoning in the United States: Expanding and Innovating ... - Carnegie Endowment for International Peace

150 Funeral Poems and Readings for Loved Ones - Legacy.com

VIEWPOINT: John "Peter" Muhlenberg - One of Virginia's Finest - Royal Examiner

[Spring 2023 YA Books You'll Want to TBR ASAP - Book Riot](#)

Songbook: A Comprehensive Guide To Tom Waits' Evolution From ... - The GRAMMYS

After 32 Years, I'm Ready to Leave My Wife and Take a Chance - GoodTherapy.org

Gillian Jones: Becoming a Parent to My Mom - Berkshire Eagle

50 of the Best Kindle Unlimited Audiobooks For Your Reading - Book Riot

Should White Boys Still Be Allowed to Talk? - The Dickinsonian

[Is it possible for a Baptist school to maintain top-tier recognition and ... - Baptist News Global](#)

[10 Successful Harvard Application Essays | 2023 - Harvard Crimson](#)

[My story of being trans and the conservative Baptist school that ... - Baptist News Global](#)

Ann Druyan wishes you a happy Sagan Day - The Planetary Society

Donté McGuine: The Fashion Iconographer - officemagazine.net

[Star signs and cannabis strains: July 2023 horoscopes - Leafly](#)

A Brighter Future: Meet The Advocate's '30 Under 30' - Advocate.com

[Your Ultimate Guide to Fall 2023 YA Book Releases - Book Riot](#)

[Rhythm of War Read-Along Discussion: Chapters Two and Three - tor.com](#)

[The Best Albums of 2022 - Passion of the Weiss](#)

Library : The Priest is Called to be Close to God, Their Bishop, Their ... - Catholic Culture

[Pope Francis' Full Opening Speech at International Conference on ... - The Tablet Catholic Newspaper](#)

[Russell Brand's Road to Radical Change - Vanity Fair](#)

[Ultimate Guide To Steven Spielberg And His Directing Techniques - Indie Film Hustle](#)

List of 66 countries where homosexuality is illegal - Erasing 76 Crimes
 August 4, 2023 - Arts Etc. - [The International Examiner](#)
The Curse of the Black Lords - Texas Monthly - Texas Monthly
Ziggy Marley On 'Rebellion Rises,' Touring, Kendrick Lamar & More - The GRAMMYS
The 100 Best Movies of the 2010s - IndieWire
Solange, Nine Inch Nails Will Headline Day For Night Festival 2017 - The GRAMMYS
Ultimate Guide To Terrence Malick And His Directing Techniques - Indie Film Hustle
"I Made My ADHD Into My Strength": Understanding The Link ... - The GRAMMYS
Reading Religion in Literature: Toni Morrison, Luisah Teish, and Postsecular Theory - Inquiries Journal
Pretty Please - New Orleans Magazine
The Best Black Performances of All Time — all expert voters and votes - British Film Institute
75 Thanksgiving Movies 2023 - National Today
AVATAR: The Way of Paganism - Movieguide
How Do I Overcome the Grief from My Husband's Death? - GoodTherapy.org
Listen: Megan Thee Stallion & Cardi B Release New Song, "Bongos" - The GRAMMYS
To Infinity, and Beyond! Radical Self-Reorientation in the Toy Story Series - Bright Lights Film Journal
Beloved Festival 2016 | Review and Photos | Grateful Web - Grateful Web
The Not-So-Secret Life of Terrence Malick - Texas Monthly
Princess Diana, Who Was Beloved, Yet Troubled by Her Crown - The New York Times
September 28, 2023 - Arts Etc. - The International Examiner
Stephin Merritt Albums From Worst To Best - Stereogum
The Best Books of 2022 - The New Yorker
The Year of Jen Hatmaker - Texas Monthly - Texas Monthly
July 14, 2023 - Arts Etc. - The International Examiner
An Appetite for Life, Amore for All Things Dodger Blue - The Rafu Shimpo
A Doctor Cures His Bipolar Diagnosis Without Psychiatry: Review of 'I' - Mad in America
The Real-Life 'Glee' in Levittown, Pa. - The New York Times
Out of the Darkness: Three Steps to Emotional Healing - GoodTherapy.org
9 Revolutionary Rap Albums To Know: From Kendrick Lamar, Black ... - The GRAMMYS
El Dorado County Neighborhood Radio Watch | How Racism ... - Capital Public Radio News
Modernity and the Demise of Love - The Muslim Skeptic
Oprah's Book Club list: Complete list of fiction, non-fiction titles - USA TODAY
Brandon Lucas Talks Staying Hopeful, Working With Dr. Cornel ... - The GRAMMYS
Forget Shorter Showers - Orion Magazine
20 Must-Read Books On How To Live Your Best Life - Book Riot
Ultimate Guide To Sofia Coppola And Her Directing Techniques - Indie Film Hustle
For The Record: The "Thug Life" Awakening Of 2Pac's 'All Eyez On ... - The GRAMMYS
Magisterial Documents: The Life of Mary - University of Dayton - News Home
Johns Hopkins Psychiatry in the Media - Johns Hopkins Medicine
ARTnews Presents 'The Deciders,' As Selected by Guest Editor ... - ARTnews
An Anti-Racist Children's and YA Reading List - Publishers Weekly
Review: Houston Ballet's Summer and Smoke Takes My Breath ... - BroadwayWorld
Coachella Co-Founder Paul Tollett Talks Kanye, Safety, Legacy & ... - The GRAMMYS
 September 8, 2023 - Arts Etc. - [The International Examiner](#)

A Pathway To Union - Ariana Khent 2010-03

A Pathway to Union challenges a five-thousand-year old masculine-dominant belief system, which fosters division, separation, and death and offers an in-depth look at a new, balanced feminine and masculine perspective that promotes wholeness, interconnectedness, and respect for life. Learn how you can facilitate this evolutionary transition by observing, tapping into, and trusting the data streaming from your feelings

(heart/feminine), thoughts (mind/masculine) and the physical body. In this transformative step-by-step guide you will: - See how the masculine qualities of action, leadership, and thinking must always contain the feminine characteristics of compassion, creativity, and feeling. - Probe the benefits of setting healthy boundaries, utilizing left- and right-brain functions, living in the present, and much more. - Discover your invaluable worth and the contribution personal transformation makes to humanity's collective shift. - Raise

your awareness through practical, supportive exercises, and narrative stories. Marrying the feminine (heart) and masculine (mind) requires a radical shift in consciousness. A Pathway to Union serves as a blueprint to awaken, and explore what it means to fully integrate feminine and masculine attributes into your life in the twenty-first century.

Embracing the Beloved - Stephen Levine 1995

"Human relationship, in all its mystery and glory, is truly our foundation in the contemporary world. From it we derive all that we know: love, life, birth, death, pain, healing, and - for those of us who learn how to make ours bear fruit - joy and transcendence. For when we discover the relationship, we understand ourselves; we comprehend ourselves in its reflected light. Each understanding feeds the other, resulting in a rich new path in life for both partners." "In Embracing the Beloved, the Levines turn their attention to what has been their most significant commitment over the past fifteen years - their own relationship." "In this groundbreaking book, they demonstrate how to use a relationship as a means for profound inner growth and healing. The insights and anecdotes found in Embracing the Beloved are shared for the benefit of all who are drawn to looking inward and all who seek a relationship as a path for spiritual renewal and merciful awareness of life."--BOOK JACKET.Title Summary field provided by Blackwell North America, Inc.

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75 Habits for a Happy Marriage - Ashley Davis Bush 2013-08-18

Offers activities readers can do in minutes a day to restore and strengthen a marriage.

Embracing the Beloved - Stephen Levine 2002-08-31

From relationships we derive all that we know - love, life, birth, death, pain, healing, and, for those who learn how to make theirs bear fruit, joy and transcendence. For when we discover the relationship, we understand ourselves - in its reflected light. Each understanding feeds the other, resulting in a rich new path in life for both partners.

Becoming Kuan Yin - Stephen Levine 2013-09-01

In his long career as a poet, Buddhist teacher, spiritual advisor, and writer, Stephen Levine has changed our understanding of death and dying. In *Becoming Kuan Yin*, Levine's first new book in many years, he turns to the legend of Kuan Yin, the Bodhistitva venerated by East Asian Buddhists for her compassion. In *Becoming Kuan Yin*, Levine shares the tale of Miao Shan, born centuries ago to a cruel king who wanted her to marry a wealthy but uncaring man. This is the story of how Miao Shan refused to follow the path her father had in mind and, instead, became Kuan Yin, the first acknowledged female Buddha who watches over the dying and those who work with them. Levine weaves together story and practice and helps readers discover their own infinite capacity for mercy and compassion under difficult circumstances. This book will have resonance for Kuan Yin's millions of followers.

The Healing I Took Birth For - 2012-04

For over thirty-two years, Stephen and Ondrea Levine have provided emotional and spiritual support for those who face life-threatening illness and for their caregivers. Through their healing and forgiveness workshops, many writings, and compassionate interaction with others, they have deeply touched the lives of people throughout the world. *The Healing I Took Birth For* is the heartfelt sharing of Ondrea Levine's life of service. It's a deeply inspiring example of how one faces illness, great personal difficulties, spiritual practice, grace-and the spiritual unfolding from a limited sense of self into the deathless essence of pure Being. The catalyst for sharing Ondrea's story came about as a result of a medical prognosis that foretold the end of a lifetime of spiritual exploration. In this deeply touching collaboration between Ondrea and Stephen, they struggle with the heart-breaking/heart-healing task of trying to express, through the limitations of language, both Ondrea's inner experiences and the significant outward events in her life-or, as Ondrea likes to call it, a "love story." "This is the most intimate collaboration of any we have worked on," says Stephen, "It gave us an even deeper opportunity to be within each other's experience in a most remarkable way. It was nothing short of grace to be able to write this story in her first person singular. It represents part of her healing process as well as mine." "Stephen and Ondrea's teachings have served as a profound source of wisdom and inspiration for me over the years. Their work is created from a place of reverence and compassion, and as such benefits all who seek to live with a clarity, resolve and an open heart." -Rich Fernandez, Ph.D., head of Learning & Organizational Development, eBay Stephen and Ondrea

Levine are the authors of more than ten books, including *Who Dies*, *Embracing the Beloved*, and *A Year to Live*. While they live in relative isolation in northern New Mexico, the www.LevineTalks.com website is a way for them to connect with an outside audience and continue their teaching work.

Self-Help Books - Sandra K. Dolby 2010-10-01

Based on a reading of more than three hundred self-help books, Sandra K. Dolby examines this remarkably popular genre to define "self-help" in a way that's compelling to academics and lay readers alike. *Self-Help Books* also offers an interpretation of why these books are so popular, arguing that they continue the well-established American penchant for self-education, articulate problems of daily life and supposed solutions for them, and present their content in an accessible rather than arcane form and style. Using methods associated with folklore studies, Dolby then examines how the genre makes use of stories, aphorisms, and a worldview that is at once traditional and contemporary. The overarching premise of the study is that self-help books, much like fairy tales, take traditional materials, especially stories and ideas, and recast them into extended essays that people happily read, think about, try to apply, and then set aside when a new embodiment of the genre comes along.

Mindfulness-Based Treatment Approaches - Ruth A. Baer 2015-07-14

Eastern spiritual traditions have long maintained that mindfulness meditation can improve well-being. More recently, mindfulness-based treatment approaches have been successfully utilized to treat anxiety, depressive relapse, eating disorders, psychosis, and borderline personality disorder. This book discusses the conceptual foundation, implementation, and evidence base for the four best-researched mindfulness treatments: mindfulness-based stress reduction (MBSR), mindfulness-based cognitive therapy (MBCT), dialectical behavior therapy (DBT) and acceptance and commitment therapy (ACT). All chapters were written by researchers with extensive clinical experience. Each chapter includes the conceptual rationale for using a mindfulness-based treatment and a review of the relevant evidence base. A detailed case study illustrates how the intervention is implemented in "real life," exploring the clinical and practical issues that may arise and how they can be managed. This book will be of use to clinicians and researchers interested in understanding and implementing mindfulness based treatments. * Comprehensive introduction to the best-researched mindfulness-based treatments * Covers wide range of problems & disorders (anxiety, depression, eating, psychosis, personality disorders, stress, pain, relationship problems, etc) * Discusses a wide range of populations (children, adolescents, older adults, couples) * Includes wide range of settings (outpatient, inpatient, medical, mental health, workplace) * Clinically rich, illustrative case study in every chapter * International perspectives represented (authors from US, Canada, Britain, Sweden)

The Way of the Beloved - Robert Arsdale 2016-11-18

The foundation of the Way of the Beloved is discovered in the heart of love itself, where there lives and moves a will to exaltation of the other. To truly love another is to will the spiritual ideal upon that beloved one. When there is a mutual intention to exalt infusing the daily life of a man and woman, they enter into the Way of the Beloved. This handbook is an attempt to put into book form what authors Robert and Diana Van Arsdale have been teaching to small groups of couples since 1976. Their workshops offer an ageless set of protocols for the transformation of the love relationship between a woman and a man into a path of spiritual development. Here they present an integrated body of progressive, experiential exercises and meditations that were taught originally taught by Herman Rednick. Simply stated, *The Way of the Beloved* teaches a couple how to actualize the potential of their relationship through the intensification of love and compassion. Designed for couples in search of spiritual and emotional exploration, this guide offers methods intended to help them realize a vision of love fulfilled.

Mindfulness and Psychotherapy, Second Edition - Christopher Germer 2016-08-03

This practical book has given tens of thousands of clinicians and students a comprehensive introduction to mindfulness and its clinical applications. The book describes the philosophical underpinnings of mindfulness and reviews the growing body of treatment studies and neuroscientific research. Leading practitioners and researchers present clear-cut procedures for implementing mindfulness techniques and teaching them to patients experiencing depression, anxiety, chronic pain, and other problems. Also addressed are ways that mindfulness practices can increase acceptance and empathy in the therapeutic relationship. User-friendly features include illustrative case examples and practice exercises. New to This

Edition *Incorporates significant empirical advances--mindfulness has become one of the most-researched areas in psychotherapy. *Most chapters extensively revised or rewritten. *Chapters on practical ethics, trauma, and addictions. *Greater emphasis on the role of acceptance and compassion in mindfulness. See also *Sitting Together: Essential Skills for Mindfulness-Based Psychotherapy*, by Susan M. Pollak, Thomas Pedulla, and Ronald D. Siegel, a hands-on guide to incorporating mindfulness practices into psychotherapy. *A Year to Live* - Stephen Levine 1998-04-14

In his new book, Stephen Levine, author of the perennial best-seller *Who Dies?*, teaches us how to live each moment, each hour, each day mindfully--as if it were all that was left. On his deathbed, Socrates exhorted his followers to practice dying as the highest form of wisdom. Levine decided to live this way himself for a whole year, and now he shares with us how such immediacy radically changes our view of the world and forces us to examine our priorities. Most of us go to extraordinary lengths to ignore, laugh off, or deny the fact that we are going to die, but preparing for death is one of the most rational and rewarding acts of a lifetime. It is an exercise that gives us the opportunity to deal with unfinished business and enter into a new and vibrant relationship with life. Levine provides us with a year-long program of intensely practical strategies and powerful guided meditations to help with this work, so that whenever the ultimate moment does arrive for each of us, we will not feel that it has come too soon.

One Soul, One Love, One Heart - John E. Welshons 2010-10-04

How do we heal our difficult relationships and nurture our healthy ones? What is their significance in our spiritual life? In this deeply moving, groundbreaking book, John E. Welshons answers these questions and many more. He shows why the path to real and lasting happiness lies in recognizing that we are all One, and in living in that awareness. He shows us how to heal our most difficult relationships by transforming them into our greatest spiritual lessons and how to love, forgive, and care for our fellow human beings — even those we find most difficult to love and forgive. With compassion and wisdom, Welshons invites us into a revolutionary new understanding of ourselves, our spiritual life, our world, and all our relationships.

The Therapist's Notebook for Integrating Spirituality in Counseling I - Karen B. Helmeke 2012-12-06

Learn to initiate the integration of your clients' spirituality as an effective practical intervention. A client's spiritual and religious beliefs can be an effective springboard for productive therapy. How can a therapist sensitively prepare for the task? *The Therapist's Notebook for Integrating Spirituality in Counseling* is the first volume of a comprehensive two-volume resource that provides practical interventions from a wide range of backgrounds and theoretical perspectives. This volume helps prepare clinicians to undertake and initiate the integration of spirituality in therapy with clients and provides easy-to-follow examples. The book provides a helpful starting point to address a broad range of topics and problems. The chapters of *The Therapist's Notebook for Integrating Spirituality in Counseling* are grouped into five sections: Therapist Preparation and Professional Development; Assessment of Spirituality; Integrating Spirituality in Couples Therapy; Specific Techniques and/or Topics Used in Integrating Spirituality; and Use of Scripture, Prayer, and Other Spiritual Practices. Designed to be clinician-friendly, each chapter also includes sections on resources where counselors can learn more about the topic or technique used in the chapter—as well as suggested books, articles, chapters, videos, and Web sites to recommend to clients. Each chapter utilizes similar formatting to remain clear and easy-to-follow that includes objectives, rationale for use, instructions, brief vignette, suggestions for follow-up, contraindications, references, professional readings and resources, and bibliotherapy sources for the client. The first volume of *The Therapist's Notebook for Integrating Spirituality in Counseling* helps set a solid foundation and provides comprehensive instruction on: ethically incorporating spirituality into the therapeutic setting professional disclosure building a spiritual referral source through local clergy assessment of spirituality the spirituality-focused genogram using spirituality in couples therapy helping couples face career transitions dealing with shame addiction recovery the use of scripture and prayer overcoming trauma in Christian clients and much more! *The Therapist's Notebook for Integrating Spirituality in Counseling* is a stimulating, creative resource appropriate for any clinician or counselor, from novices to experienced mental health professionals. This first volume is perfect for pastoral counselors, clergy, social workers, marriage and family therapists, counselors, psychologists, Christian counselors, educators who teach professional issues, ethics, counseling, and multicultural issues, and students.

Healing into Life and Death - Stephen Levine 2010-11-17

A guide to healing meditation, from revered teacher Stephen Levine. Drawing on years of first-hand experience working with the chronically ill, here Levine presents original techniques for working with pain and grief. Addressing the choice and application of treatment, discussing the development of a merciful awareness as a means of healing, and providing practical meditation techniques as well as personal anecdotes from his career, Levine has crafted a valuable resource for anyone dealing with pain—physical or mental.

The Faces of Buddhism in America - Charles S. Prebish 2023-11-10

Buddhism is the fastest growing religion in the United States, with adherents estimated in the several millions. But what exactly defines a "Buddhist"? This has been a much-debated question in recent years, particularly in regard to the religion's bifurcation into two camps: the so-called "imported" or ethnic Buddhism of Asian immigrants and the "convert" Buddhism of a mostly middle-class, liberal, intellectual elite. In this timely collection Charles S. Prebish and Kenneth K. Tanaka bring together some of the leading voices in Buddhist studies to examine the debates surrounding contemporary Buddhism's many faces. The contributors investigate newly Americanized Asian traditions such as Tibetan, Zen, Nichiren, Jodo Shinshu, and Theravada Buddhism and the changes they undergo to meet the expectations of a Western culture desperate for spiritual guidance. Race, feminism, homosexuality, psychology, environmentalism, and notions of authority are some of the issues confronting Buddhism for the first time in its three-thousand-year history and are powerfully addressed here. In recent years American Buddhism has been featured as a major story on ABC television news, National Public Radio, and in other national media. A strong new Buddhist journalism is emerging in the United States, and American Buddhism has made its way onto the Internet. The faces of Buddhism in America are diverse, active, and growing, and this book will be a valuable resource for anyone interested in understanding this vital religious movement.

Happily Ever After . . . and 39 Other Myths about Love - Linda Bloom, LCSW 2016-03-13

Bust the Myths to Build a Great Relationship According to bestselling authors and relationship counselors Linda and Charlie Bloom, accepting common myths such as "couples with great relationships don't fight" or "little things aren't worth getting upset over" can prevent you from building the strong relationship you hope for. This book offers compelling stories and valuable suggestions for replacing myths with realistic expectations, equipping you with behavior and communication guidelines that will enhance and strengthen your intimate relationship. With the Blooms' strong yet flexible approach to love, you'll discover a new openness in which mutual understanding can thrive.

Living Beautifully - Pema Chödrön 2019-05-21

Instant bestseller: Buddhist teacher Pema Chödrön shares life-changing practices for living with wisdom, confidence, and integrity amidst confusing situations and uncertain times We live in difficult times. Life so often seems like a turbulent river threatening to drown us and destroy our world. Why, then, shouldn't we cling to the certainty of the comfortable—to our deep-seated habits and familiar ways? Because, Pema Chödrön teaches, that kind of fear-based clinging keeps us from the infinitely more powerful experience of being fully alive. The Buddhist teachings she presents here—known as the "Three Commitments"—provide a treasure trove of wisdom for learning to step right into the unknown, to completely and fearlessly embrace the groundlessness of being human, for people of all faiths. When we do, we begin to see not only how much better it feels to live an openhearted life, but we find that we begin to naturally and more effectively reach out to help and heal all those around us.

Wildest Colts Make the Best Horses, The - John Breeding, PH.D. PH. 2011-06-01

DescriptionWhat to do when your child is labelled a problem by the schools. The truth about Ritalin, ADHD and other 'disruptive behavioral disorders'. In this revised and expanded Chipmunka edition, John Breeding sends out a powerful message and strong support for adults who want to encourage the spirited development of our children. The book calls for a halt to the epidemic drugging of young people for so-called ADHD and other alleged mental illnesses. This book shows us how to counsel our children and insists we must not forsake the great gift of viewing them with the 'eyes of delight!' John is a clear, strong advocate for young people and a great ally to parents wanting support to repond to their children in a positive way. About the Author John Breeding PhD is a counselling psychologist from Austin, Texas USA.

John is director of 'Texans For Safe Education', a citizen's group dedicated to challenging the ever-increasing role of psychiatry, especially psychiatric drugs, in schools. He is also active on other challenges of psychiatric oppression, and is a steering committee member of the Coalition for the Abolition of Electroshock in Texas (CAEST), whose website is www.endofshock.com. His personal website, www.wildestcolts.com, is a great resource on parenting, psychology and psychiatry. Dr. Breeding obtained his doctorate in School Psychology from the University of Texas. He is the author of three Chipmunka books, 'The Wildest Colts Make the Best Horses', 'The Necessity of Madness and 'Eyes Wide Open'. He has written several other books on a variety of subjects. John is the father of two teenagers, Eric and Vanessa

The Ripple Effect: Stories from the Heart - Christina Lufkin 2014-03-31

Christina Lufkin is the author of "Live with Purpose: Die with Dignity" as well as a Certified Reiki Master/Teacher of the Usui tradition and a Spiritual Life Coach/Teacher. She has also been a hospice volunteer since 1994, focusing on patient and family support. Divinely guiding clients, assisting them in healing, discovering their life purpose, and teaching students to tap into their intuition is Christina's passion. She is honored to be present as others transform their lives. Also, sitting with patients during their final stage of life is her biggest reward. Endorsements "In this energetic universe and its organic nature of intertwinings of absolutely everything, the "ripple effect" of life is inevitable. The more sensitive we are to this process, the more willing we are to realize the unfolding of our miraculous and serendipitous connections--then the more we are able to trust the universe's continuing alignment and attraction of our good to us. In Christina Lufkin's "The Ripple Effect: Stories from the Heart," we are encouraged to notice these connections. Christina's compilation of stories offers us a reminder to be open to everything." Rev. Dr. Roxie Hart, Founding Minister, Shiloh Spiritual Center, San Diego, CA. ""The Ripple Effect: Stories from the Heart" reminds us that we are all connected. The 'I am a part of you and you are a part of me'. This book shares inspiration through the authors' stories of how that ripple truly does effect us all . . . as a

whole." Sunny Dawn Johnston, author of "Invoking The Archangels: A Nine-Step Process to Heal Your Body, Mind, and Soul; No Mistakes!: How You Can Change Adversity into Abundance; and Living Your Purpose" ""The Ripple Effect: Stories from the Heart" is a guide book of inspirational challenges and the potential of the triumphant heart to make choices that heal ourselves and sometimes others in their pure commitment. The arc of healing from the wandering heart to the investigative mind through illness and even trauma to the ever-waiting healings of the body. Meditate on it." Stephen and Ondrea Levine, authors of "Kuan Yin: The Evolution of Compassion; and Embracing the Beloved: Relationship as a Path of Awakening" "Every moment is special and sacred. Each day we have opportunities to make choices, and these choices ripple into the lives of others. Filled with inspiring and instructive personal stories, "The Ripple Effect" is a wonderful and sobering reminder of our power. It shows how, with care, thought, and a little guidance we have the potential to make our choices become blessings for ourselves and others." Tori Lisi, co-author of "Soul Trip: A Cosmic Journey" "When we consider buying or reading a book, we usually compare it to similar books."The Ripple Effect: Stories from the Heart" is totally unique and loaded with true stories and insight. The author, Christina Lufkin, is an amazing genuine intuitive. If you believe that life is worth living well, then you will find that this book is worth reading." Allen Smithson, author of "The Parable of the Hand and the Glove: A Spiritual Awakening" "The choices we make, both consciously and unconsciously, every day create the 'web' we live in. Each choice creates a 'strand' that connects us to other people and events. Christina's new book The Ripple Effect: Stories from the Heart is a delightful collection of personal stories that reminds us that 'No man is an island'. Every choice we make impacts not only our life, but also many other lives, now and in the future." Donna Tyson, author of "The Red Bow

Turning Toward the Mystery - Stephen Levine 2003-02-04

In his most intimate book, the world-renowned spiritual teacher shares his inner journey of transformation and wisdom.

Embracing The Beloved Relationship As A Path Of Awakening:

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