

# Teen Sexuality Decisions And Choices

**Human Sexuality** - Verdene Ryder 1998

Discusses teenage sexual development, the risks of sexual activity, and how responsible decision making can help teenagers protect their life goals and develop close relationships.

Thinking with Data - Marsha Lovett 2007

First Published in 2007.

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**Making Smart Choices about Sexual Activity** -

Stephanie C. Perkins  
2008-01-15

Establishing one's identity is a huge part of being a teen. During the process of self-discovery, most teens are regularly faced with difficult decisions regarding dating, sexual activity, and abstinence.

Too often in such cases, they are unprepared to make informed, responsible decisions. Objective and engaging, this title offers practical, realistic advice to help teens understand the consequences of the choices they make regarding their sexuality.

*My Teen Has Had Sex, Now*

*What Do I Do?* - Christina Breda Antoniadis 2009-01-01

A real-world guide to parenting a sexually active child that gives frank, expert advice on how to parent, rather than punish, your child into smart, safe, sensible choices *My Teen Has Had Sex, Now What Do I Do?* gives parents unvarnished advice on how to deal with the myriad of parenting issues and concerns having a sexually active teen entails, including health risks such as STD's and

pregnancy, disciplinary and boundary issues, heightened emotional vulnerability, and sexual peer pressure. Sample dialogues and scenarios help parents deal with common situations such as setting boundaries around sexual activity in the house, what to do if your child's partner is of legal age, and what your (and your child's) legal rights are around getting birth control and medical information. Parents also get advice on what signs to look for and what actions to take if their child is engaging in risky sexual behavior, including multiple partners or submitting to sexual pressure from peers or online. Most importantly, parents learn how to coach their children to be responsible, savvy, and accountable for their sexual decisions.

**Doing It Right** - Bronwen Pardes 2013-03-05

Enjoy responsibly. Sex. Sometimes it feels like everybody's doing it. Maybe you are. Maybe you're thinking about it. Maybe it's years away.

Whatever. You need to be ready -- in your head, and down there. You have to know the right stuff in order to do it. Got questions? Who doesn't. "The Sex Lady" will break it down for you. • Does size matter? • How do you prevent STDs? • What birth control options are there? • If someone says they're a virgin, what does that mean? • Am I ready? Am I normal? The more you know, the easier it is to make safe -- and smart -- decisions about sex.

**The Challenging Years** -

Twila Pearson Ph.D.

2012-11-30

Raging hormones and unpredictable mood swings can make navigation into adulthood more than challenging. When puberty strikes, we are often thrown into vicious whirlwinds of euphoria, anger, anxiety, and depression. Confusing and unreliable emotions can color our perspective as we look at the choices available to us. Knowing the risks involved in the choices we face can help us recognize pitfalls and help us make decisions that are not

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based on faulty assumptions. Dr. Pearson gives us the information we need to do just that. She addresses difficult topics with straightforward confidence and gives teens as well as parents much to think about.

*Teenage Pregnancy and Choice*  
- Sharon Tabberer 2000

Since 1990, teenage pregnancy has been regarded as an increasingly pressing problem for government. Recent work on teenage pregnancy has generally concentrated on the consequences of continued pregnancies, for both the teenage mothers and their children. However, very few studies have asked why, once a pregnancy has been conceived, a young woman may choose to continue with it or to terminate it.

Caution - Mary A. Mayo  
1989-09-01

Advice with a Christian viewpoint for teenagers exploring decisions about sexual behavior. Includes four plot-your-own stories about teenagers with choices to make.

*Sex and the Teenager* - Kieran Sawyer S.S.N.D. 2008-02-01  
Designed for use in a classroom, youth group, or retreat setting, the Sex and the Teenager: Choices and Decisions program allows students to feel comfortable talking about and reflecting on sensitive questions connected with their sexual maturing. Rooted in Judeo-Christian and Catholic Church moral teaching, the program has a clear, straightforward goal: to encourage teens to make their own decisions to say "NO" to premarital sexual activity. The program deals with a variety of topics including: what to do on a date; how to tell the difference between love, infatuation, and exploitation; the risks of teenage sexual activity with or without contraceptives; the necessity of setting personal limits and sticking to them; and many more important topics. Sex and the Teenager: Choices and Decisions also helps teenagers become aware of the many difficult decisions they would have should an unplanned

pregnancy occur. Includes discussion and plans of action for dealing with some of the recent challenges in the area of sexual activity now faced by teens, including practices of "hooking up" with a partner with little if any emotional investment and the increase in oral sexual activity.

Sex Equity and Sexuality in Education - Susan S. Klein  
1992-01-01

Gelijke behandeling en seksuele vorming in het onderwijs staan centraal in deze bundeling essays. Nieuw zijn deze thema's niet voor leerkrachten, maar wel is er nog maar weinig aandacht gegaan naar de combinatie van deze twee onderwerpen. De samenstellers zijn ervan overtuigd dat een goede seksuele vorming op school sekse-gelijkheid in de hand kan werken. De eerste hoofdstukken zijn bedoeld als introductie op het thema. De evolutie van ideeën over seksuele vorming, seksualiteit en gelijke behandeling is het onderwijs worden in hun historische context geschetst.

Daarop voortbouwend worden een aantal doelstellingen geformuleerd waaraan seksuele vorming in het onderwijs zou kunnen voldoen. Verder is er ook aandacht voor volgende onderwerpen: seksuele intimidatie, homoseksualiteit en seksualiteit en gehandicapten.

*Teen Sexuality* - Janice E. Rench 1988-01-01

Discusses the physical and emotional aspects of sex and emphasizes the importance of making responsible and informed decisions about sexual activity.

**Sex and the Teenager** - Kieran Sawyer 1999

Accompanied by: Leader's manual. Rev. ed. 165 p.; 28 cm.

**Human Sexuality** - Verdene Ryder 2000-07-01

Discusses teenage sexual development, the risks of sexual activity, and how responsible decision making can help teenagers protect their life goals and develop close relationships.

**Sexual Decisions** - L. Kris Gowen 2017-03-06

When it comes to sex and

relationships, it is often difficult to find reliable information. Yet everyone has questions and needs information on these important topics. Young people should have access to facts in order to make their own decisions about their sexuality and sexual health. In this significantly revised edition of *Sexual Decisions: The Ultimate Teen Guide*, L. Kris Gowen discusses the choices teens can make regarding sexual activity—from practicing safe sex to abstaining—and how to decide what is right for each individual. Many factors are at work in the decision-making process, but this book helps readers make a decision based on both logic and practicality. Updated topics covered in this book include an overview of human anatomy abstinence vs. safe sex STDs contraceptives communicating with one's partner intimate partner violence sexual orientation and gender identity social media and sex For teens seeking answers for themselves, this book is a vital resource that

includes an additional section for further research. Written without judgment, *Sexual Decisions* empowers teens to take charge of their bodies, their identities, and their lives.

**Multicultural Counseling with Teenage Fathers** - Mark S. Kiselica 1995-08-03

An up-to-date and in-depth guide for dealing with teenage fathers, this volume provides a framework for responding to not only the general but also the culturally specific needs of any given unwed teen father. Offering perceptive solutions, the author significantly contributes to the existing literature on how to help teenage men who face unplanned, out-of-wedlock fatherhood by providing clear and concise guidance within the web of legal, family, and personal issues surrounding teenage fatherhood. The book examines the role of the teenage father's relationships - to his parents, his child, the mother of his child and her parents, and his peers - as they relate to his adjustment and changing worldview. While

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sensitive to cultural considerations, Mark S. Kiselica illuminates ways in which to encourage teenage fathers to take control of their lives and act responsibly regardless of cultural background.

**Mixed Messages** - Stefanie Mollborn 2017

American teenagers hear mixed messages about sex and sexuality. Struggles over teen sexuality norms and their enforcement are a major cultural battleground. What are these norms, and what makes them effective or ineffective? Through interviews with college students and teen parents, this book reveals teenagers' fascinating and complicated social worlds.

*Human Sexuality* - Peggy Calhoun 2004

Discusses teenage sexual development, the risks of sexual activity, and how responsible decision making can help teenagers protect their life goals and develop close relationships.

**Chances Or Choices** - Dodie Bielka 1988

**Sex And The Teenager** -

Kieran Sawyer 1999-10-01

Sex and the Teenager has a clear, straightforward goal: to encourage teens to say no to premarital sexual intercourse and to avoid such serious problems as teen pregnancy and sexually transmitted diseases. The presentation of a Catholic Christian perspective on sexuality helps young people to look deeply at the Christian values and morals they have been taught by their families and religious educators, and leads them to make personal choices and decisions consistent with these values. The program deals with a variety of topics including: what to do on a date; how to tell the difference between love, infatuation, and exploitation; premarital sex; contraception; abortion; adoption and teen parenting; homosexuality; and setting personal moral limits and holding to them. The Leader's Manual contains all the materials necessary to successfully present the program in a classroom,

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retreat, or youth ministry setting: a wide variety of learning activities, reflection exercises, and leader presentations, as well as prayer exercises, games, and much more. Church teaching on sexuality is referenced, especially to the Catechism of the Catholic Church. The Participant Book presents the core content of each chapter in narrative form for use and reference during the program. Journal questions with each chapter help teens to personalize the material. A Note to Parents in each chapter offers a synopsis of the chapters.

*Teenagers Love and Sex -*  
Gideon Ignatius 2022-12-02  
The Sex and the Teenager: Choices and Decisions program was created for use in a classroom, youth group, or retreat context. It enables adolescents to feel comfortable discussing and thinking about delicate issues related to their sexual development. The program's obvious,

unambiguous objective is to assist youth to make their own decisions to say "NO" to premarital sexual activity. It is based on moral teaching from the Judeo-Christian and Catholic churches. The program covers a wide range of key subjects, such as what to do on a date, how to distinguish between love, infatuation, and exploitation, the dangers of teenage sexual activity, whether done with or without contraception, the need to create personal boundaries and uphold them and many more. Teenage Sexuality: The book Choices and Decisions also teaches youngsters about the choices they would have to make if they were pregnant unexpectedly. Includes a discussion of and ideas for dealing with some of the current issues that youths are facing in the field of sexual activity, such as the rising popularity of oral sex and the practices of "hooking up" with a partner who has little to no emotional connection.

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