

# Surrender To Love Discovering The Heart Of Christian Spirituality

**Spirituality and the Awakening Self** - David G. Benner 2012-02

Presents psychological commentary on the spiritual development of the self, claiming that the maturation of the self is founded in Christian spirituality.

**Finding God in Troubled Times** - Richard J. Hauser 2002

A professor of theology offers practical help for Christians in using faith to more effectively deal with suffering. Original.

**Surrender to Love** - David G. Benner  
2015-09-24

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God deserves absolute surrender because only God can offer absolutely dependable love." In our self-reliant era, most of us recoil from the concept of surrendering to a power or authority outside ourselves. But surrender need not be seen as threatening, especially when the One to whom we surrender is the epitome of goodness and love. God doesn't want his people to respond to him out of fear or obligation. Rather, he invites us to enter into an authentic relationship of intimacy and devotion. And so God calls us to move beyond mere obedience—by surrendering to love. In this profound book, David G. Benner explores the twin themes of love and surrender

as the heart of Christian spirituality. Through careful examination of Scripture and reflection on the Christian tradition, Benner shows how God bids us to trust fully in his perfect love. God is love, and he intends for you to live in his love. Surrender to Love will lead you to an unexpected place, where yieldedness to God frees you to become who he created you to be. This expanded edition, one of three titles in The Spiritual Journey trilogy, includes a new epilogue and an experiential guide with questions for individual reflection or group discussion.

Minding the Heart - Saucy, Robert 2013-09-13

The heart is the most important biblical term for the person's nature and actions. Indeed, the heart is the control center of life. It is the very place where God works to change us. But how does this growth take place? How are Christians to discover the steadfast spirit of David's psalm? In Minding the Heart, Robert L. Saucy offers insightful instruction on what spiritual

transformation is and how to achieve it. He shows how renewing one's mind through meditation, action, and community can begin the process of change, but ultimately the final change—the change that brings abundant life—can only come through a vital relationship with God. "The renewing of the heart is an inescapable human need," writes Saucy, "but the solution lies only within the realm of the divine." Drawing from inspiring Bible passages as well as selected scientific studies, Saucy demonstrates how to make lasting change so Christians can finally achieve the joys of becoming more like Christ.

**Brave Surrender** - Kim Walker-Smith

2019-04-02

A firsthand look into Kim Walker-Smith's journey from a place of shame and fear to stages around the world where she boldly proclaims the unconditional love of God. Kim Walker-Smith's passionate performance of "How He Loves" helped transform Jesus Culture into a global

worship movement. But she wasn't always so confident of God's unrelenting, powerful love. Coming from a painful childhood, Kim struggled to believe that God could heal her heart or bring any sense from her past. Yet when she chose to hand her struggles over to God and receive His love, freedom, and healing in return, everything began to change. On the other side of surrender, Kim began a journey of looking at one painful memory at a time with God and exchanging her perspective for His truth--a journey in which God rewrote her story of pain into a story of redemption and hope. If you are longing to experience God more than the shame or hurts of your past, the pressures of your present, or the fear of your future, Brave Surrender offers a soul-healing path forward. As Kim learned in her own life, the first step--and the bravest step--is letting go. Once we let go of anything that gets between us and God, we are freed to take hold of the life that truly matters. As Kim writes, "When we encounter God's love, it changes the way we

see. And when we learn to see what He sees, we will never be the same again."

**Hurt People Hurt People** - Sandra D. Wilson  
2010-12-01

Do you know someone, perhaps even a Christian, who seems impossible to get along with? From the people in the pews to the members of our families, we are surrounded by people who hurt other people. And they do so, the author tells us, because of the seemingly inescapable pain in their own lives. In this book, Dr. Wilson brings her years as a professional counselor to bear on a difficult topic that affects many of us. Let her warmth and insight lead you toward a heart of compassion and a ministry of healing for those who hurt others.

Living Wisdom, Revised and Expanded - David G. Benner  
2019-07-24

Much more than knowledge or even understanding, wisdom is seeing life through the eyes of an awakened heart and transformed consciousness. Rather than being the result of

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the accumulation of information, wisdom comes from acquiring a new mind. Buddhists speak of this new mind as enlightenment. The Christian name for it is the mind and heart of Christ. This is the basis of wisdom. Wisdom is grounded in a deep awareness of the sacredness and interconnectedness of everything in existence. It is living in alignment with the creative Spirit of Wisdom who inhabits all of creation and is our truest and deepest self. It is learning to participate in God's transformational agenda of cosmic whole-making, this being the way in which everything that exists becomes whole in Christ. This book does not offer gems of wisdom. Instead, it seeks to facilitate the awakening of your heart and transformation of your consciousness that will allow wisdom to flow your from depths.

*Mighty Prevailing Prayer* - Wesley L. Duewel  
2013-08-20

God has a more effective prayer life for you than you ever dreamed possible. Let this volume be

your open door to wonderful answers to prayer. Here is your personal guide to a life of mighty prevailing prayer. Let this book speak to your heart, take you to your knees, and help you obtain prayer answers in difficult and resistant situations. Evangelist Leonard Ravenhill calls it an encyclopedia you will want to read and refer to again and again. The evangelical church is guilty of the sin of prayerlessness. Wesley Duewel has provided exactly what we need: a biblically sound exposition of prevailing prayer and practical suggestions for ways to prevail in prayer.

**Surrender to Love** - David G. Benner  
2003-04-28

David Benner explores the twin themes of love and surrender as the heart of Christian spirituality. He leads you to an unexpected place, where yieldedness to God frees you to become who he created you to be .

**Sacred Companions** - David G. Benner  
2009-08-20

ECPA Gold Medallion Finalist We need companions on our spiritual journey. The modern world has taught us to value autonomy and individualism. Our churches often see spirituality as personal and private. But we cannot go long in our Christian pilgrimage before realizing that isolation leads to spiritual barrenness. We soon discover that our souls long for accompaniment, intimacy and spiritual friendship. As a result, many Christians today are rediscovering the ancient practice of spiritual direction. In this inviting guide, David G. Benner introduces readers to the riches of spiritual friendship and direction, explaining what they are and how they are practiced. Spiritual direction moves beyond mere moral lifestyle accountability and goes deeper than popular notions of mentoring or discipling. Through prayerful, guided attunement to God's activity, sacred companions provide care for the soul. If we are to experience significant spiritual formation and growth, our souls must be

nurtured through spiritual companions. Benner, well-accustomed to God's work through relationships, models the kind of traveling companion who can move us toward deeper intimacy with God.

**Desiring God's Will** - David G. Benner  
2015-09-23

How do we become both willing and able to do what God asks of us? In this expanded edition of a spiritual formation classic, psychologist and spiritual director David G. Benner explores the transformation of the will in Christian spirituality, examining why our desires are disordered and how we can align our hearts with God's.

**The Mystic Heart** - Wayne Teasdale 2010-10-06  
Drawing on experience as an interreligious monk, Brother Wayne Teasdale reveals the power of spirituality and its practical elements. He combines a profound Christian faith with an intimate understanding of ancient religious traditions.

**Surrender to Love** - David G. Benner  
2015-09-24

In this expanded edition of a spiritual formation classic, David G. Benner explores the twin themes of love and surrender as the heart of Christian spirituality. God doesn't want his people to respond to him out of fear or obligation, but invites us to enter into an authentic relationship of intimacy and devotion—by surrendering to love.

Helping Others on the Journey - Terry Wardle  
2004

"This book is full of practical guidance that will equip you for the task of mentoring others and guiding them on their way towards maturity in Christ. It focuses on the do's and don'ts of mentoring, saving the reader from making common mistakes, and provides a strong framework for effective mentoring. The focus is always upon spiritual growth and the goal of all spiritual mentoring is to help people become more like Jesus."--Back cover

Soulful Spirituality - David G. Benner PhD  
2011-03-01

Spirituality has an indispensable role to play in the expression of our humanity. However, spiritual practices can sometimes make us less, not more, authentically human. We may be good Christians, but we aren't good human beings. How can we ensure that our spiritual journey is conducted in a way that allows us to become fully alive and deeply human? David Benner has spent thirty-five years integrating psychology and spirituality. Here he presents an expansive, psychologically informed understanding of spirituality, probing the contrasts between soulful and soulless spirituality, deep and shallow religion, and healthy and unhealthy relationships with God to affirm the vital role of human development in the spiritual journey. Benner then suggests soulful practices for cultivating the Christian spiritual life. This book will appeal to readers seeking depth and substance in their quest for authentic

spirituality. It will also be a helpful resource for mental health professionals and spiritual directors. Reflection questions and exercises for individual or group use are included at the end of each chapter.d

**Care of Souls** - David G. PhD Benner  
1998-12-01

A practicing psychologist explores the church's role in "soul care," advocating a counseling method that anchors modern therapy in timeless biblical principles.

**Mansions of the Heart** - R. Thomas Ashbrook  
2019-03-01

A roadmap for spiritual formation In Mansions of the Heart, author R. Thomas Ashbrook begins with his personal story of frustration and confusion while serving as a pastor of the church. He tells of discovering a new path of spiritual transformation and offers seekers a way to move forward on their own spiritual paths. Written for anyone who wants to develop a deeper, more meaningful relationship with God,

Mansions of the Heart offers a step-by-step guide through a spiritual-formation road map based on Teresa of Avila's seven mansions. This spiritual classic reveals various phases of spiritual formation, for which Ashbrook offers a personal guide to spiritual transformation. Mansions debunks commonly held myths that lead to spiritual dead ends and describes a clear pathway to a deepening love relationship with God. The book also offers church leaders a process for helping people in their faith communities grow as disciples of Christ.

**Healing Emotional Wounds** - David G. Benner  
2016-07-20

**Opening to God** - David G. Benner 2010-09  
Spiritual director Benner invites believers to discover openness to God as the essence of prayer, spirituality, and the Christian life. Using the four movements of "lectio divina," he explores prayer as attending, pondering, responding, and being.

## **Surrender To Love Discovering The Heart Of Christian Spirituality**

*The Gift of Being Yourself* - David G. Benner  
2015-09-24

In the expanded edition of this profound exploration of Christian identity, David G. Benner illuminates the spirituality of self-

discovery. He exposes the false selves that you may hide behind and calls you to discover the true self that emerges from your uniqueness in Christ. Deepen your experience of God through discovering the gift of being yourself.



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