

Sex To Induce Labor How Often

The Informed Parent Tara Haelle 2016-04-05 The latest scientific research on home birth, breastfeeding, sleep training, vaccines, and other key topics—to help parents make their own best-informed decisions. In the era of questionable Internet "facts" and parental oversharing, it's more important than ever to find credible information on everything from prenatal vitamins to screen time. The good news is that parents and parents-to-be no longer need to rely on an opinionated mother-in-law about whether it's OK to eat sushi in your third trimester, an old college roommate for sleep-training "rules," or an online parenting group about how long you should breastfeed (there's a vehement group for every opinion). Credible scientific studies are out there - and they're "bottom-lined" in this book. The ultimate resource for today's science-minded generation, *The Informed Parent* was written for readers who prefer facts to "friendly advice," and who prefer to make up their own minds, based on the latest findings as well as their own personal preferences. Science writers and parents themselves, authors Tara Haelle and Emily Willingham have sifted through thousands of research studies on dozens of essential topics, and distill them in this essential and engaging book. Topics include: Home birth * Labor induction * Vaginal birth vs. Cesarean birth * Circumcision * Postpartum depression * Breastfeeding * Vaccines * Sleep training * Pacifiers * SIDS * Bed-sharing * Potty training * Childhood obesity * Food sensitivities and allergies * BPA and plastics * GMOs vs. organic foods * The hygiene hypothesis * Spanking * Daycare vs. other childcare options Full reference information for all citations in the book is available online at <http://theinformedparentbook.com/book-references/>

Understanding and Proving International Sex Crimes Morten Bergsmo 2012-04-25 "[This anthology] addresses the gap between international standard-setting prohibiting international sex crimes and actual accountability for individuals who are responsible for such crimes. The book provides detailed analysis of the legal requirements of international sex crimes and types of fact that can be used to meet these requirements. It includes a unique knowledge-base that digests international case law on such crimes. The anthology also contains several studies of institutional and evidentiary challenges in the prosecution of international sex crimes"--Series pref.

Post-maternity Body Changes Mónica Gomes-Ferreira 2023-11-20 This book is the first to assess the science and techniques used to restore women's figures after pregnancy and breastfeeding, and to explore the anatomical changes in different parts of the body. Post-maternity procedures are the result of a constantly evolving field at the intersection of gynecology and plastic surgery, and consist of a personalized set of surgical and non-surgical cosmetic treatments designed to help women to regain or improve upon their pre-pregnancy appearance. Leaders in the field shed new light on the science behind the natural changes to the body during and after pregnancy, helping readers understand which changes can be treated, and which ones should instead be respected. Divided into sections that anatomically assess the changes in the different parts of the body after pregnancy and breastfeeding, the book clarifies surgical procedures but also investigates the latest non-surgical treatments to improve women's body image. Moreover, readers will learn about the most relevant aspects of psychology and sexuality recovery treatment after pregnancy. Covering all aspects of the evolution and involution of the female body, the book offers essential information for those readers who want to learn about the changes accompanying pregnancy. It will also benefit residents and specialists in gynecology and plastic surgery, helping them understand how and why performing post-maternity procedures can be challenging for young and veteran doctors alike. In addition, it offers an important resource for fellowships in body shaping techniques and an invaluable reference guide for those readers who wish to specialize in post-maternity procedures.

Orgasmic Birth Elizabeth Davis 2010-06-08 A guide based on the award-winning coauthor's documentary explains how to render childbirth a natural and enjoyable experience, counseling women on how to take control of their bodies and prepare a birthing plan in accordance with personal needs. Original.

What Every Mental Health Professional Needs to Know About Sex Stephanie Buehler, PsyD, CST-S 2013-07-29 Although sexual issues frequently arise in therapeutic practice, mental health professionals are often uncomfortable and poorly equipped to address them. Written by an author who is both a psychologist and sex therapist, this practical guide provides information, tools, and exercises to increase the confidence and comfort of the mental health professional called upon to treat sexual issues during the course of therapy. The book is based on the premise that the therapist must be comfortable with his or her own sexuality in order to offer appropriate treatment. This guide discusses the characteristics of healthy sexuality-for both client and therapist-and explores the reasons that may underlie a therapist's discomfort with addressing sexual issues. Using case studies and sample dialogues, it covers a multitude of common and unusual sexual problems, couple's issues, questions that parents may have about sex, working with LGBT clients, sex for survivors of trauma, sexuality and aging, sexual pain disorders, and how to assess whether more extensive sexual therapy is needed. The guide demonstrates how therapists in different modalities can incorporate treatment of sexual problems into their practice, and covers relevant ethical issues. Included is a downloadable set of practitioner's resources that includes worksheets and client handouts that can be immediately put to use. Additionally, the book provides resources for more in-depth information and discusses collaboration with other health professionals. Key Features: Discusses how to comfortably and effectively discuss, assess, and treat clients' sexual concerns Supported by case studies and therapist/clinician dialogues Includes "Step Into My Office" sidebars taken from the author's own experience Provides downloadable resources including assessments, worksheets, and client handouts

Sex and Society Marshall Cavendish Corporation 2010-09 Moving beyond a partial view of only biology and psychology, this work also examines the wide sociological dimensions of sex.

Model Rules of Professional Conduct American Bar Association. House of Delegates 2007 The Model Rules of Professional Conduct provides an up-to-date resource for information on legal ethics. Federal, state and local courts in all jurisdictions look to the Rules for guidance in solving lawyer malpractice cases, disciplinary actions, disqualification issues, sanctions questions and much more. In this volume, black-letter Rules of Professional Conduct are followed by numbered Comments that explain each Rule's purpose and provide suggestions for its practical application. The Rules will help you identify proper conduct in a variety of given situations, review those instances where discretionary action is possible, and define the nature of the relationship between you and your clients, colleagues and the courts.

Mademoiselle 1986-07

Childbirth With Love Niels H. Lauersen 1987-01-15

Introduction to Maternity and Pediatric Nursing - E-Book Gloria Leifer 2022-08-31 Build the knowledge and clinical judgment you need to succeed in maternity and pediatric nursing! Written in a clear, easy-to-read style, *Introduction to Maternity and Pediatric Nursing, 9th Edition* describes how you can provide effective, evidence-based care for women during pregnancy, labor, and delivery, and for newborns and growing children. The text spans the continuum of child development, organizing topics from simple to complex and from health to illness; this approach makes it easy to locate information. Another hallmark of the book is its strong focus on family-centered care, health promotion, and illness prevention. Written by noted nursing educator Gloria Leifer, this bestselling text includes new Next-Generation NCLEX® exam-style case studies plus updates on infection control, pandemic responses, and more. Unfolding case studies follow one family through the conception and birth process, and include open-ended critical thinking questions applying the content to practice. More than 25 nursing care plans include nursing diagnoses plus goals, nursing interventions, and rationales, along with critical thinking questions to promote clinical decision-making skills. Detailed nursing skills cover a wide range of maternal and pediatric nursing interventions. Safety alerts highlight the importance of protecting patients and others from accidents, medication errors, and the spread of disease. Nursing tips include practical, evidence-based information applicable in the clinical setting. Nursing guidelines reflect the World Health Organization's Baby Friendly Hospital Initiative, alternative therapies, immunization mandates, emergency preparedness, preventing medication errors, and more. Get Ready for the NCLEX® Examination! at the end of each chapter includes a summary of key points, additional online resources, review questions, and critical thinking questions. Cultural Considerations boxes help you address the needs of

culturally diverse patients and families. Patient Teaching boxes help you communicate instructions for self-care with patients and families. Medication tables provide quick access to information about commonly used medications. NEW! Next-Generation NCLEX® examination-style case studies include new-format questions to help you prepare for the licensure examination. NEW! Discussion of the NCSBN Clinical Judgment Measurement Model helps you learn decision making and develop the skills needed to plan effective nursing interventions. NEW! Thorough updates include infection control, pandemic responses, pharmacologic tables, and pediatric treatments.

Management of Unintended and Abnormal Pregnancy Maureen Paul 2011-08-24 Access to high quality abortion care is essential to women's health, as evidenced by the dramatic decrease in pregnancy-related morbidity and mortality since the legalization of abortion in the United States, and by high rates of maternal death and complications in those countries where abortion is still provided under unsafe conditions. The past two decades have brought important advances in abortion care as well as increasing cross-disciplinary use of abortion technologies in women's health care. Abortion is an important option for pregnant women who have serious medical conditions or fetal abnormalities, and fetal reduction techniques are now well-integrated into infertility treatment to reduce the risks of multiple pregnancies resulting from assisted reproductive technologies. Management of Unintended and Abnormal Pregnancy: Comprehensive Abortion Care is the textbook of the National Abortion Federation, and serves as the standard, evidence-based reference text in abortion care. This state-of-the-art textbook provides a comprehensive overview of the public health implications of unsafe abortion and reviews the best surgical and medical practices for pregnancy termination, as well as managing ectopic and other abnormal pregnancies. Management of Unintended and Abnormal Pregnancy: Comprehensive Abortion Care is the leading source for a comprehensive understanding of issues related to unintended and abnormal pregnancy. This textbook: is authored by internationally-known leaders in women's health care; addresses unintended pregnancy and abortion from historical, legal, public health, clinical, and quality care perspectives; includes chapters on pregnancy loss, ectopic pregnancy, gestational trophoblastic disease, and multifetal pregnancy reduction; covers treatment of pregnancies in the first and second trimester by both medical and surgical techniques; and provides resources for clinical, scientific, and social support for the abortion provider and patient.

Obstetrics Steven G. Gabbe 1996 -- A leader in the field! -- Features leading contributors from the fields of maternal-fetal medicine, anesthesiology, neonatology, internal medicine, dermatology, genetics, and ethics, providing a real-life, interdisciplinary perspective. -- New chapters on fetal surgery and fetal therapeutic interventions, plus new discussions of follow-up to intrauterine birth restriction and the Barker hypothesis. Up-to-date and authoritative, this new 4th Edition provides easy access to vital information on current diagnoses, therapy, and management of the obstetric patient. It provides the reader with a firm foundation of knowledge in anatomy, embryology, physiology, pathology, genetics, and teratology -- all essential to successful practice in this fast-changing field. Reflecting significant improvements in antepartum and intrapartum fetal monitoring, diagnostic ultrasound, and prenatal genetic diagnosis, it thoroughly covers the problems encountered in clinical practice, as well as high-risk obstetrics. -- New appendix of anatomy illustrations, for faster access to this material. -- Expanded discussions of physiology and initiation of labor, surgical procedures in pregnancy, asthma management, and diabetes mellitus. -- Expanded coverage of the routine use of ultrasound in obstetric care and the use of Doppler for fetal assessment. -- Progresses from the "essentials" of obstetric practice to frequently encountered problems to high-risk obstetrics. -- Provides current information on anatomy, embryology, physiology, pathology, genetics, and teratology. -- Discusses recent improvements in antepartum and intrapartum fetal monitoring, diagnostic ultrasound, and prenatal genetic diagnosis. -- Also available separately: Gabbe "Pocket Companion, " a portable version of the core text.

An Illustrated Guide to Kegel Exercise Harry Blake 2021-05-12 AN ILLUSTRATED GUIDE TO KEGEL EXERCISE Use Kegel Exercise to Look Better, Feel Better and Make More Money. Have you been troubled by premature ejaculation and unsatisfied sexual life? Do you leak urine when you laugh, cough, sneeze or lift something heavy? Did you wish you knew how to prepare your body for the rigors of labor (women), improve your orgasms, and make sex great for you and your partner? The tips and tricks provided in this book will make these challenges a thing of the past. It is time to learn the easiest and quickest ways to look better, feel better and make more money! Learn everything you may not know about kegel exercise. Reasons that make this book everyone's companion-Inside you will discover how to increase your sexual pleasure-Master ways used to develop better back and hip support, and cure bladder leakage.-The clues and tips in the book will help you in overall body fitness and prepare your body for rigors of labor during birth. Added Benefits of Reading This Book are- you will learn how to induce labor naturally-reduce pelvic organ prolapse (POP)-improve recovery after childbirth-help pelvic health during menopause Eager to Learn More? Get a copy of "An Illustrated Guide to Kegel Exercise" to learn the life-changing ways to kegel exercise. Spending thousands on medication/drugs is not necessary, when there are ways to tackle these challenges at little or no cost. For a low price you can get a copy of this book.

One Blood Elisa Janine Sobo 1993-07-01 One Blood offers a wealth of ethnographic material, skillfully using traditional Jamaican images and expressions to present a coherent and systematic depiction of the Jamaican body, of how it works and of how health is maintained. Sobo explains some of the more complex issues of medical anthropology in a clear and accessible fashion and shows how gender and kinship tensions are expressed through culturally constructed syndromes. The book explores the ways in which the body serves as a medium for the expression of ideas about the social and moral order. Childhood socializations and ideas about gender relations, kinship, social obligations, sorcery, and deceit are investigated in association with beliefs about nutrition, procreation, sexuality, cleanliness, bodily flow, and sickness.

The Mama Natural Week-by-Week Guide to Pregnancy and Childbirth Genevieve Howland 2017-04-25 "Mama Natural's Week to Week Guide to Pregnancy is the modern (and yet ancient) approach to pregnancy and childbirth. "Natural" recognizes that pregnancy and birth are normal, and that having a baby is a wondrous biological process and rite of passage--not a medical condition. This book draws upon the latest research showing how beneficial and life-changing natural birth is for both babies and moms. Full of weekly advice and tips for a healthy pregnancy, Grace details vital nutrition to take, natural remedies for common and troublesome symptoms, as well as the appropriate (and inappropriate) use of interventions. Pregnancy, childbirth, health, health and wellness, parenting, family"--

Great Expectations Sandy Jones 2010-11-22 Highly praised by expectant parents and childbirth educators alike, this comprehensive pregnancy reference (704 pages) is specifically designed for today's hurried moms (and dads) for getting them through pregnancy and early baby care. Numerous navigation aides in the volume help parents to rapidly access critical information. The beautifully-illustrated, Your Pregnancy Week-by-Week section details every body change for both Mom and Baby for nine months with hundreds of timely coping tips. The Managing Your Pregnancy section includes: strategies for planning maternity leave; exercise guidelines; what to eat and what to avoid; safe and unsafe medications; and how to locate the best childcare and pediatricians. The illustrated Baby Gear Guide warns about unsafe products and offers solid, research-based facts for choosing the safest car seats, cribs, soft carriers, baby diapers and clothing. Your Guide to Giving Birth is the most up-to-date labor and birth resource available to parents today. Based on brand-new medical evidence, it helps families to realistically plan for labor and delivery, including detailed "you are there" descriptions for every major intervention and medication they're likely to encounter -- such as epidurals, inductions and cesarean sections. You and Your Baby presents a complete guide for the first six months of life after birth. There's mom-friendly advice for post-birth recovery, and baby-sensitive care strategies for feeding, bathing, diapering, soothing and helping a baby to sleep. The book's Resource Guide lists over 100 of the best Internet sites for parents. The comprehensive Pregnancy Dictionary translates 200-plus pregnancy and medical terms into easy-to-understand lay language. "I have this book as well as What to Expect When Expecting, and I find this book to be so much better as it gives a week to week breakdown of what is happening to both mom and baby. I pick up this book each week as my pregnancy progresses and even though not every issue listed in each weeks summary necessarily happens to me, its good to know what I could expect. I would highly recommend this book to any expecting mom!" -- Cynthia, an expectant mother "If you are searching for one book for your pregnancy or for that one book to refer all of your expectant clients to, this book is by far the greatest achievement in childbirth education reading material! Sandy Jones and her daughter Marcie Jones have included absolutely everything an expectant woman and her family needs to know. This book should be on everyones recommended reading list"--Connie Livingston, BS, RN, FACCE (Dona), CCE, CLD, birthsource.com "Great Expectations is the perfect resource for moms-to-be.

Sandy and Marcie Jones speak to the expectant mother of today in a friendly, approachable tone, and present their thorough information in a way that's great for both quick look-ups, and in-depth reading."--Stacia Ragolia, VP, Community & Parenting, iVillage.com "Accurate, comprehensive, empowering, and current. I see this as being the new Dr. Spock for pregnancy...This is definitely a book I will recommend to my clients who are planning a pregnancy or currently pregnant."--Cherie C. Binns, RN, BS, MSCN

The Unassisted Baby Anita Evensen 2021-03-16 MUST-HAVE BOOK FOR ALL WOMEN PLANNING A HOMEBIRTH! Do you dream of a healing, peaceful birth at home, but maybe you need a comprehensive guide and resources to make it happen? Are you planning a homebirth and want to make sure you know what to do every step of the way? Thousands of women have gone before you. Almost all women can have a natural pregnancy and childbirth. Information is power. Knowing your body and what to expect during pregnancy and childbirth is the key to success. This book is a foundational resource for anyone planning an unassisted birth. The Unassisted Baby will help you: - Learn about the dangers of interventions - Do your own prenatal care - Compile the necessary birth supplies - Recognize the signs of labor - Understand the process of labor and childbirth - Prevent complications - Perform a newborn evaluation - Take care of yourself postpartum - Understand what to do in an emergency - Get a birth certificate for your baby - Teach your partner what to do during labor and birth Women have given birth without medical assistance throughout all of history. Even if you aren't planning a homebirth, this book will give you the information you need to give birth safely. PRAISE FOR THE UNASSISTED BABY "Anita recently delivered the latest addition to the freebirth genre, *The Unassisted Baby*. This book is full of comprehensive information about everything to do with freebirthing: why, how, when, before, and after! *The Unassisted Baby* tells you everything you need to know in order to make the best decisions for yourself and your baby. Warmly recommended!" - Holistic Parenting Magazine
www.TheUnassistedBaby.com

Inducing Labour Sara Wickham 2018-04-30 When is it better to induce labour than to let a woman's body or baby decide the best time for birth? What are the pros and cons of waiting and of being induced? What about after the due date? When the baby is thought to be bigger than average? When the woman is older? If she had IVF? Or when her waters have broken earlier than usual? Induction of labour is an increasingly common recommendation and more and more women find themselves having to decide whether to let their body and baby go into labour spontaneously or agree to medical intervention. This book explains the process of induction of labour and shares information from research studies, debates and women's, midwives' and doctors' experiences to help women and families become more informed and make the decision that is right for them. *Take Charge of Your Body* Susan Polis Schutz 1983 Abstract: A woman doctor answers 2300 questions most often asked by women and suggests 10 ways to improve happiness and health. There are 10 chapters. Daily health practices to ensure good health are discussed. The entire menstruation cycle and its side effects are also covered. The breast, breast cancer, and problems with the breast are examined. Birth control, including both natural and artificial contraception is discussed. Various issues about sex, and family planning are explored, and normal pregnancy is described. Topics such as disease, surgery and menopause are covered. Also covered are abuses against the body such as rape, battery, incest, child abuse and alcoholism. Most chapters begin with a poem and all have an introduction. Included are a biography about the author and an index. (kbc).

Miscarriage Henry Lerner 2003-03-06 Whether it occurs in the first trimester or later in a pregnancy, a miscarriage is always an emotionally traumatic event, sometimes a physically daunting one, and all too often an isolating experience. Adding to the frustration and disappointment of the 800,000 women who miscarry every year, busy obstetricians often lack up-to-date or specific knowledge about the causes and consequences of this profound event. Into this fact-vacuum comes *After Miscarriage*, a book that every physician will confidently recommend and that women hungry for information will seek out. From the chromosomal, illness-related, immunological, and genetic reasons for miscarriage to the diagnostic tests and surgical procedures now available, this authoritative guide reflects the latest medical information on why miscarriages do and don't happen and the best methodologies known for recovery and preparing to conceive again. Complete with stories from women who have miscarried and reassuring input from a female doctor, *After Miscarriage* also provides substantive advice for coping with the anxiety and depression that often accompany the loss of pregnancy.

Sex Trafficking Mary De Chesnay, PhD, RN, PMHCNS-BC, FAAN 2012-12-05 Awarded third place in the 2013 AJN Book of the Year Awards in the Community-Public Health category "[A]n indispensable volume for nurse educators to use to help to inform new generations of nurses about the topic of sex trafficking...What is striking about this book is its readability. It draws the reader into the chapters with its engaging scenarios and pertinent information... A highly readable guide to sex trafficking for U.S. nurses and other health care professionals." -- Journal of Transcultural Nursing "This is a valuable resource for emergency departments everywhere! It is the gold standard for information about this topic."--Doody's Medical Reviews "This excellent text puts forensic nurses in an excellent position to make an impact on one of the 27 million people who are victims, just in the United States, of sex trafficking crimes. It is incumbent on the forensic community to take a stand and lead a charge in first learning about and then putting into action a plan to give a voice to the victims, caring for them as our patients and developing a strategy to help end this crime. This book will help to create the awareness and passion that is needed to accomplish just that."--Forensic Nursing News The statistics are staggering: nearly 27 million people worldwide are currently victims of human trafficking, most frequently girls between the ages of 12 and 14. This is the first clinical guide to assessing and treating victims of sex trafficking, encompassing best practices and strategies for overcoming the severe barriers that this group presents. These barriers most notably include separating victims from their pimps/handlers who exert tight control over their lives, speech, and interactions with healthcare providers. At the heart of the book are consistently organized chapters addressing the major injuries, diseases and psychological traumas for which trafficked victims are likely to seek treatment. These chapters include a description of each condition, culturally based best practices for treatment, special considerations for male, female, and child victims, and expected outcomes. Citing the specialized circumstances of this population, the book discusses how to adapt current treatments to the special needs of these young victims. Additional features include case studies, short bullet points, and easy-to-follow recommendations. The book also discusses human trafficking as a global issue with particular attention to the United States. The guide describes the countrywide resources available for practitioners to learn about sex trafficking in the United States, focusing on Georgia as the only state to offer a comprehensive approach to sex trafficking and a model for the rest of the country. It also addresses health policy implications for practitioners and how to harness the support of law enforcement entities. Key Features: Provides best practices to date in a concise reference-style guide to medical and psychological assessment and treatment of sex trafficking victims Includes case studies and easy-to-follow practice recommendations Describes strategies on overcoming handlers' control over their victims Provides phone numbers and contact information by state or region regarding how to safely involve law enforcement

Nameless Claire Kent 2015-04-09 They named it anything but love. After a failed marriage to a domineering man, Erin refuses to be controlled by anything or anyone. That includes Seth, the father of her baby--a man who was supposed to be only a one-night-stand, a man who's used to always getting his way. There's a reason that Seth Thomas, a successful defense attorney, is often referred to as the Bulldozer. If something needs to happen, he makes it happen. That includes being part of his baby's life--even if he never expected to be a father, even if Erin doesn't really trust him. They'll work out an arrangement in the best interest of their baby--and if they occasionally have sex, well, that's just an added perk--but they both agree on one thing. What they have will never be love.

Health Promotion Throughout the Life Span Carole Lium Edelman 2013-01-01 Up to date and easy to read, this textbook provides comprehensive coverage of all major concepts of health promotion and disease prevention. It highlights growth and development throughout the life span, emphasizing normal development as well as the specific problems and health promotion issues common to each stage. All population groups are addressed with separate chapters for individuals, families, and communities. -- Provided by publisher.

The Hormone Sourcebook Eugene Spaziani 2009 The book idea came from over 45 years of research, and teaching students training for careers in the health sciences, including medicine, dentistry, nursing, physical therapy and exercise science. This experience and feedback at dinner parties led him to decide that people are remarkably uninformed, yet are intensely curious, about how their bodies work, especially about what hormones do. The hormone topics are introduced systematically and discussed in conversational style. The ten chapters are loaded with topical information,

explanations of hormone controversies, and stories of epochal breakthroughs in bio-medicine (including hormone-related work by 30 Nobel Prize winners). The book provides the basics for understanding news stories about hormones that appear almost daily, and information that better prepares one for trips to the doctor. The book also guides readers through such controversies as hormone replacement therapy in menopause, steroid abuse and its consequences, the "bio-identical" hormones flap, and the nature-nurture arguments about the causes of homosexuality.

Understanding Sexual Interaction Joann S. DeLora 1981

Best Practice in Labour and Delivery Sir Sabaratnam Arulkumaran 2016-11-24 In light of revised recommendations for intrapartum care, this updated edition reviews best practice in all aspects of labour and delivery.

What to Believe When You're Expecting Jonathan Schaffir 2017-10-06 When a woman is pregnant, she may hear no end of old wives' tales, folklore, and advice on what will affect her baby or what will help her pregnancy to go well. Schaffir reviews the origins and the variety of these old tales and advice, repeated generation after generation, and helps women decide which bits they can believe.

The 5-minute Obstetrics and Gynecology Consult Paula J. Adams Hillard 2008 A quick, reliable reference guide for any physician or nurse practitioner treating female patients, this title provides instant access to clinically oriented, must-have information on more than 300 obstetric and gynecologic topics.

Sexuality and Gender in Society Janell L. Carroll 1996 An undergraduate text incorporating the 1994 NORC study on American sexuality and updates on contraceptive research and infertility techniques. Chapters on subjects including gender roles, biology, STDs and AIDS, and power and coercion contain learning aids such as Q&A sections throughout; boxed fea

The Complete U. S. Home Birth Guide Christine Traxler 2012-05-09 You deserve an Amazing Birth! Giving Birth is one of the strongest and most profound experiences in life for all those women fortunate enough to get to experience it. All women deserve to experience the birth of their child in the best way possible, without unnecessary drugs, unnatural interventions and pain. Unfortunately, many women just accept hospital birth as the only way as the information existing is often scarce or discredited by doctors who make their living from delivering babies in hospitals. The Complete Home Birth Guide is about how you can get an amazing birth experience in the empowering environment of your own home while still having a birth that is safe for both you and your baby. Discover how you can create a birth experience that is right for you and your loved ones. Learn everything about what you need to plan and take care of before the birth to avoid any uncomfortable or dangerous situations. Last but not least, the book also contains balanced information on when Home Birth is not recommended for safety reasons - usually when either the mother or the baby has a medical condition that needs special attention. Remember that babies have been born for millennia without the use of modern technology and there are people alive today that came from an era (before the 1950s), when home births were the norm. This means that the edict that "you must have your baby in a hospital" is only about 60 years old. It comes from obstetricians and gynecologists who make their money from women who have their baby in a hospital. This book is for every mother-to-be (or planning to be!) that is serious about having an incredible birth experience that is not ruined by an impersonal, stressful environment and needless interventions. In the book you'll find the complete process of giving birth at home explained including: * How Home Birth can lead to fewer interventions, less pain perception, more one-on-one time with the midwife, natural progression of labor, eat what you want and labor in any position you want... the list goes on * Several positive birth stories from other women who have had incredible home birth experiences * How to find and hire a Midwife and Doctor that are positive towards Home Birth and will help you through the process * If you should hire a Doula * How to have a Pool birth at home and what benefits that bring to the mother and baby * A complete list on the advantages and disadvantages of Home Birth and Hospital Birth * How to put together your birth kit * How you can induce labor yourself using natural, safe and proven methods such as Acupressure, Herbal Remedies, Sex (yes, sex!), mental exercises and other methods * What to do after the baby is born including Social Security cards and birth certificates * How to handle Health Insurance for Home Birth * How much a typical Home Birth will cost * And much more... Whether or not Home Birth is right for you, you owe it to yourself, your baby and your partner to make sure the birth experience is as amazing as it can possibly be for all of you. Making the right choice on how to give birth, and being well prepared if you choose Home Birth should be one of your top priorities, and there is no better source than this book!

Visualizing Human Biology Kathleen A. Ireland 2010-10-04 Medical professionals will be able to connect the science of biology to their own lives through the stunning visuals in *Visualizing Human Biology*. The important concepts of human biology are presented as they relate to the world we live in. The role of the human in the environment is stressed throughout, ensuring that topics such as evolution, ecology, and chemistry are introduced in a non-threatening and logical fashion. Illustrations and visualization features are help make the concepts easier to understand. Medical professionals will appreciate this visual and concise approach.

Expecting Better Emily Oster 2013-08-22 FREAKONOMICS meets WHAT TO EXPECT WHEN YOU'RE EXPECTING in this groundbreaking guidebook. Award-winning Emily Oster debunks myths about pregnancy to empower women while they're expecting. Pregnancy is full of rules. Pregnant women are often treated as if they were children, given long lists of items to avoid-alcohol, caffeine, sushi- without any real explanation from their doctors about why. They hear frightening and contradictory myths about everything from weight gain to sleeping on your back to bed rest from friends and pregnancy books. In *EXPECTING BETTER*, Oster shows that the information given to pregnant women is sometimes wrong and almost always oversimplified. When Oster was expecting her first child, she felt powerless to make the right decisions for her pregnancy so Oster drew on her own experience and went in search of the real facts about pregnancy using an economist's tools. Economics is the science of determining value and making informed decisions. To make a good decision, you need to understand the information available to you and to know what it means to you as an individual. *EXPECTING BETTER* overturns standard recommendations for alcohol, caffeine, sushi, bed rest, and induction while putting in context the blanket guidelines for fetal testing, weight gain, risks of pregnancy over the age of thirty-five, and nausea, among others. Oster offers the real-world advice one would never get at the doctor's office. Knowing that the health of your baby is paramount, readers can know more and worry less. Having the numbers is a tremendous relief-and so is the occasional glass of wine. This groundbreaking guidebook is as fascinating as it is practical.

Merriam-Webster's Vocabulary Builder Mary W. Cornog 1998 The ideal book for people who want to increase their word power. Thorough coverage of 1,200 words and 240 roots while introducing 2,300 words. The Vocabulary Builder is organized by Greek and Latin roots for effective study with nearly 250 new words and roots. Includes quizzes after each root discussion to test progress. A great study aid for students preparing to take standardized tests.

Women and Health Psychology Cheryl Brown Travis 2013-06-17 Biomedical Issues closely examines issues such as cyclic biology, programming, birth surgery, and cancer and provides information on national trends in health care. It presents overviews of research issues and methods, while integrating the social psychological significance of these events as experienced by individual women. The author suggests that understanding more about specific health problems of women will provide a basis for also understanding more about the general experience of female gender in society.

Sex and Pregnancy Dan Farine 2022-10-27 "The book will be of interest to obstetricians, midwives, nurses, sexologists and sex therapists and both pregnancy and sex educators. There is also the potential for pregnant women and their partners to buy the book, although this will not be the primary target readership"--

The New Harvard Guide to Women's Health Karen J. Carlson 2004 This holiday themed release offers five religiously themed stories about Christmas, offering lessons about life and spirituality. Among the stories offered in the program are Oh Little Town of Bethlehem, Don't Forget the Baby Jesus, The Christmas Tree, Dear Santa, and The First Christmas. ~ Cammila Collar, Rovi

Human Body Systems Daniel D. Chiras 2003 Introductory & Human Biology

WHO Recommendations for Augmentation of Labour World Health Organization 2014 Optimizing outcomes for women in labor at the global level requires evidence-based guidance of health workers to improve care through appropriate patient selection and use of effective interventions. In this regard, the World Health Organization (WHO) published recommendations for induction of labor in 2011. The goal of the present guideline is to

consolidate the guidance for effective interventions that are needed to reduce the global burden of prolonged labor and its consequences. The primary target audience includes health professionals responsible for developing national and local health protocols and policies, as well as obstetricians, midwives, nurses, general medical practitioners, managers of maternal and child health programs, and public health policy-makers in all settings.

Why Do Men Fall Asleep After Sex? Mark Leyner 2016-01-28 Here are hundreds of questions you didn't get answered the first time around - questions you'd only ask a doctor after a few drinks! An easy-to-read blend of humour and medicine, *Why Do Men Fall Asleep After Sex?* has plenty to amuse and inform both men and women. Find the answers to these questions and more . . . Are men really better than women at maths? Can you breast-feed with implants? Why don't you get goose bumps on your face? Does spicy food really induce labour? Why do feet smell? Does barbecuing cause cancer?

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