Why Dont I Feel Like A Woman

The Blackboard Jungle - Evan Hunter 2004-09-28

Written in 1954, this controversial story cracked down on the public school system and dramatized student violence as no other novel of its time. It also spawned the classic 1955 film that introduced the world to Sidney Poitier and rock-and-roll music. Now reissued for its 50th anniversary.

SPIN - 1989-11

From the concert stage to the dressing room, from the recording studio to the digital realm, SPIN surveys the modern musical landscape and the culture around it with authoritative reporting, provocative interviews, and a discerning critical ear. With dynamic photography, bold graphic design, and informed irreverence, the pages of SPIN pulsate with the energy of today's most innovative sounds. Whether covering what's new or what's next, SPIN is your monthly VIP pass to all that rocks.

Feasts of Phantoms - Kehinde Adeola Ayeni 2010

How is a well meaning mother to protect her daughter from a culture where the birth of a baby girl is met with despair because the only future open to her is that of sexual assault and teenage pregnancy, which would doom her to a life of illiteracy and poverty as it has doomed her lineage before her? Genital mutilation has many causes but at the root of all of them is fear. A fear that pushes a mother to do the unthinkable to a daughter that she loves? What does a scapegoat do with the fate she has been handed? Accept it and roll with it, or reject it? How is she to reject it when the acceptance of her role is needed for her culture's psychic equilibrium? In the theater of the mind where all springs forth, is there such a thing as an innocent victim, and a victimizer? Feasts of Phantoms is a novel that explores of all of these questions.

13 Things Mentally Strong Women Don't Do - Amy Morin 2019-01-10 The emergence of the #MeToo and #TimesUp movements have awakened society and encouraged women to find their voice and claim back their power. Contending with a host of difficult issues that demand psychological strength - in this crucial book, prominent psychotherapist and licensed clinical social worker Amy Morin gives women the techniques to build mental muscle in 13 steps. Delving into critical issues like sexism, social media, social comparison, and social pressure, Amy offers thoughtful, intelligent advice, practical tips, and specific strategies; combining them with her personal experiences, stories from former patients, and both well-known and untold examples from women from across industries and pop culture. Throughout, she explores the areas women - and society at large - must focus on to become (and remain) mentally strong. Amy reveals that healthy, mentally tough women don't insist on perfection; they don't compare themselves to other people; they don't see vulnerability as a weakness; they don't let selfdoubt stop them from reaching their goals. Insightful, grounded, and extremely timely, 13 THINGS MENTALLY STRONG WOMEN DON'T DO can help every woman flourish - and Amy will take readers on this journey with her, every step of the way.

Women, Aging, and Ageism - Evelyn R Rosenthal 2014-04-23 Here is a unique text that examines the lives of middle-aged and old women. Women, Aging and Ageism, in response to the lack of literature that focuses on aging women, presents timely and definitive research that illustrates the implications of ageism and sexism. This landmark volume challenges powerful myths and dangerous stereotypes and identifies the damaging restrictions that society forces upon aging women. In extending feminist research to middle and old age, the chapters taken together comprise a critique of the conditions of the last third of women's lives. The authors use analytical tools and methodologies developed and modified by feminists to explore questions previously unasked. They focus on issues of deep concern to women at midlife and beyond, including the politics of reproduction, sexuality, social isolation, violence against women, equal opportunity, and the feminization of poverty. Women, Aging and Ageism is available for classroom adoption. Ideal for students and helping professionals working with middle-aged and old women and their families, this book provides models of effective interventions grounded in field research and clinical practice. For all readers concerned about middle-aged and old women and the quality of their lives, Women, Aging and Ageism is a rich resource filled with ideas and information and an affirmative new volume about the limitless possibilities of women's achievement in midlife and

old age.

You Love Your Daddy, Don't You? - Sarah Harrison 2008-03 "Mama, something terrible is wrong with me. There is blood in my panties!" Those were the words of seven-year-old Sarah. Mama told her she must have fallen or something and not to worry. Sarah went away feeling sad; her chance for help was gone! It was Sarah's alter, Susie, who had been sticking pencils and other items in her private place. Susie had come when Sarah was only four years old. Susie had become Daddy's 'special' little girl by sitting on his lap. In return he gave her a dollar for any change she had. Daddy played with Susie's pee pee and it was Susie that slept in the upstairs bedroom with her fourteen-year-old brother. Later in life, two other alters would appear. "You Love Your Daddy, Don't You?" is told through the memories of Sarah. It reveals a child's determination to survive despite profound emotional, physical, and sexual abuse. This was compounded by constant neglect from both parents. About the Author: Sarah Harrison has written several articles for the Women's Institute for Incorporation Therapy's monthly newsletter as well as articles for spiritual magazines. She also volunteers as a mentor in a local school system, helps with special group activities in an assisted living home, and provides guidance to troubled parents and teens on www.experts.com. After the death of her husband, Sarah Harrison moved from Atlanta, Georgia in 2007 to a suburb near Charlotte, North Carolina to be near her grandchildren. She has joined Harrison United Methodist Church and is active in Youth Group, Emmaus, Epiphany, and Faith Partners.

The Church of the Free Mind - Azazel Rama 2014-04-10 Azazel Rama is a poet and artist from the San Francisco Bay Area who has been tapped into the spirit realm for the past 20 years. After dropping out of the Bay Area underground, he has finally decided to share with the world his unique understanding of the astral plane and the curious inhabitants therein. This large volume presents a poetic and lively take on magical theory and modern Occult philosophies, while disclosing some of the author's more personal experiences with aliens and other denizens of the spirit world. The text gets deep into the symbolisms of our collective unconscious, revealing a truly interconnected understanding of 'natural morals', while at the same time delivering tongue-in-cheek anti-theist arguments sprinkled with a dark and sometimes satanic sense of humor. In the spirit of Ragnar Redbeard's 'Might Is Right', (the legendary text aptly quoted in Anton LaVey's 'The Satanic Bible') these encoded grimoires are a wild and winding map of a deeper conscious nature. Sometimes ranting, and often a bit mad (we're all a bit mad), the information is sprinkled with esoteric poetry and symbolic illustrations, building into a climax that might come as a bit of a surprise! Chaos magician, urban shaman, synchromystic, or perhaps a member of a secret orders or sect...? Azazel Rama remains a mystery to the modern spiritual community, and a rebel against many popular and accepted ideals. Come inside and join The Church Of The Free Mind where you will be taken on a wondrous ride through the multiverse of our collective lives! BACK COVER COPY: Welcome to a world of subversive literature filled with magical wisdom and the decoding of the occult. In this volume, author Azazel Rama explores the ancient secrets of astral travel and reveals a doorway to the multiverse of endless potential. He then reveals how the heretical views of science and nature can slay the dragon of religion with common sense. This is not a self-help seminar filled with happy sunshine, nonsense codes, and false rainbows; this is a journey into the forbidden. The Church of the Free Mind has opened its gates, and within this Holy Temple no messiah shall be said to exist. Written as a diatribe against words, this is the true philosophy of a snake swallowing its own tail. Behold the self-consuming god that exists within the flesh and souls of all living beings. Embark upon a spiritual exploration of a higher order of freedom as it relates to an unconsciously connected society of human animals, and learn the moral codes of Mother Nature as she echoes a sense of natural law through the depths of our collective being. This collection of essays proposes a way to enter a new cycle of human understanding. Women's Work and Chicano Families - Patricia Zavella 2018-03-15 At the time Women's Work and Chicano Families: Cannery Workers of

the Santa Clara Valley was published, little research had been done on the relationship between the wage labor and household labor of Mexican American women. Drawing on revisionist social theories relating to Chicano family structure as well as on feminist theory, Patricia Zavella paints a compelling picture of the Chicano women who worked in northern California's fruit and vegetable canneries. Her book combines social history, shop floor ethnography, and in-depth interviews to explore the links between Chicano family life and gender inequality in the labor market.

The Elliott Homestead - 2016-10

Women Who Ride the Hoka Hey - Abagail Van Vlerah 2019-08-16 The Hoka Hey Motorcycle Challenge is an endurance ride that takes participants across the United States. Riding 20 hours a day or more for 7-12 days straight, they traverse back roads, brave dangerous conditions and battle mental and physical exhaustion. Fewer than 10 percent of participants are women. They take on the challenge and they excel! Chronicling the journeys of 14 women who participated in the Hoka Hey (Lakota for "Let's do it!") from 2010 to 2013, this feminist cultural analysis relates their often harrowing stories of life on the road and draws comparisons to women in other sports.

Don't Think, Dear - Alice Robb 2023-03-02

Rau 2019-01-01

'Don't think, dear' said Balanchine. 'Just do.' For centuries, being a ballerina has been synonymous with being beautiful, thin, obedient and feminine. It is the crucible of womanhood, together with the harassment, physical abuse and eating disorders endemic at top schools. Can we abide this in a post #MeToo world? Weaving together her own time at America's most elite ballet school with the lives of renowned ballerinas throughout history, Alice Robb interrogates what it means to perform ballet today. She confronts the all-consuming nature of the form: the obsessive and dangerous practices to perfect the body, the embrace of submission and the idealisation of suffering. Yet ballet also gifts its dancers 'brains in their toes', a way to fully inhabit their bodies and a sanctuary of control away from the pressures of the outside world. Perhaps it is time to reimagine its liberating potential.

Narrating the Everyday: Windows on Life in Central South Africa - Asta

The chapters in this book reflect on the practice of using narratives to understand individual and social reality. They all reveal dimensions of the same concrete reality: contemporary society of Central South Africa. Except for two, all the chapters originated from research in the program The Narrative Study of Lives, situated in the Department of Sociology at the University of the Free State in Bloemfontein, South Africa. Each chapter opens a window on an aspect of everyday life in Central South Africa. Each window displays the capacity of the narrative as a methodological tool in qualitative research to open up better understandings of everyday experience. The chapters also reflect on the epistemological journey towards unwrapping and breaking open of meaning. Narratives are one of many tools available to sociologists in their quest to understand and interpret meaning. But, when it comes to deep understanding, narratives are particularly effective in opening up more intricate levels of meaning associated with emotions, feelings, and subjective experiences.

A Woman of Faith in Chronic Pain - Sandy Lankford 2019-09-03 Sandy's life was busy and fulfilling. She loved the Lord, her family, and working with children. Being a teacher, working in music ministry, and having a private music studio were her expressions of her love for her Lord and using the gifts and talents He'd given her for His kingdom. When her life was completely interrupted by chronic pain and fatigue, she found herself bedridden with a prognosis of lifelong illness that would never improve. Why was the Lord allowing this? This is her account of her questions, doubts, struggles, and fears. Would her life ever be normal again? Would the Lord ever bring healing and a sense of purpose to her life again?

The Wounded Woman - Linda Schierse Leonard 1982-01-01 This book is an invaluable key to self-understanding. Using examples from her own life and the lives of her clients, as well as from dreams, fairy tales, myths, films, and literature, Linda Schierse Leonard, a Jungian analyst, exposes the wound of the spirit that both men and women of our culture bear—a wound that is grounded in a poor relationship between masculine and feminine principles. Leonard speculates that when a father is wounded in his own psychological development, he is not able to give his daughter the care and guidance she needs. Inheriting this wound, she may find that her ability to express herself professionally, intellectually, sexually, and socially is impaired. On a broader scale, Leonard discusses how women compensate for cultural devaluation, resorting to passive submission ("the Eternal Girl"), or a defensive imitation of the masculine ("the Armored Amazon"). The Wounded Woman shows that by understanding the father-daughter wound and working to transform it psychologically, it is possible to achieve a fruitful, caring relationship between men and women, between fathers and daughters, a relationship that honors both the mutuality and the uniqueness of the sexes.

Psychotherapy and Counseling With Older Women - Claire M. Brody, PhD 2001-12-28

Trotman and Brody, along with expert contributors, view older women through a feminist lens and examine social constructs concerning aspects of aging, caregiving, elders' relationships with family, health, body image, and sexuality concerns. The authors define issues that are important to older women and their emotional health and bring into sharp relief some of the painful issues professionals must confront in counseling older women.

Women in the Presence - Jody Shapiro Davie 1995-08

"A beautifully written ethnography that provides new insight into the functioning of congregations and the meaning of spirituality at the end of the twentieth century." —Robert Wuthnow, Princeton University

Am I Still a Woman? - Jean Elson 2004

Recent scientific findings regarding the potential dangers associated with hormone replacement therapies bring renewed attention to the relationship between women's bodies and gender identity. In Am I Still A Woman? Jean Elson offers the testimony of women who have thought deeply about this issue as a result of gynecological surgery. For the women in this book, gynecological surgery for benign conditions proved to be a crisis that prompted questions about the meanings of sexual and reproductive organs in relation to being female and feminine. Is a woman who no longer menstruates still a woman? What about a woman who can no longer bear children? Elson looks closely at the differences in responses to understand the impact of surgery and lost fertility on sexuality and partnerships as well as the steps some women take to deal with a sense of a stigmatized identity. Whether they reconceptualized their old notions of what it means to be a woman or put a new focus on making themselves attractive, they made conscious efforts to reclaim their female identity and femininity. This book provides a wealth of insight into the choices women make regarding gynecological surgery and maintaining their sense of themselves as women. Author note: Jean Elson teaches sociology at the University of New Hampshire. Smashing Glass Ceilings: Empowering Women in Education - Kate Jones

2023-11-14

Smashing Glass Ceilings is the book to help elevate and excite women across the education sector to become confident, successful and fulfilled in their careers. Empowerment can look and feel different for everyone, and this book is designed to show every woman how you can succeed in the education sector. In addition to providing a wealth of advice about leadership progression, bestselling author and presenter Kate Jones shares guidance on alternative options to leadership for women in education. Have you ever thought about launching and hosting your own podcast about teaching and learning? Are you keen to lead professional development training internally and/or externally? Are you a keen writer but not sure how to set up a website to blog or how to get published? Helpful tips and suggestions for these routes and more are presented alongside a wide range of diverse case studies and interviews that shine a spotlight on innovative women, from school leaders to entrepreneurs in education. The book also contains advice for male colleagues so that they too can help empower women in education. This book will provide advice, guidance and inspiration for all women in education regardless of age, role or experience.

Women, Trauma, and Journeys towards Desistance - Madeline Petrillo 2023-05-31

Women, Trauma, and Journeys towards Desistance: Navigating the Labyrinth provides an examination of women's desistance from crime from a gender-responsive, trauma-informed perspective. The book is based on the reflections of fifty-six women over a three-year period as they transition from custody to the community. With the women, the author examines how experiences of trauma, victimisation, and intersectional oppression constrain access to traditional desistance supporting processes, including supportive relationships, identity construction, the exercise of agency, and engagement with treatment and interventions, reframing these processes from trauma-informed perspective. The book joins together the women's insights and experiences with principles of gender-responsive, trauma-informed principles in a framework through which criminal justice practitioners can support women in their efforts to leave crime behind. The framework for practice is a fusion of concepts from desistance theory, principles of gender-responsivity, and trauma-informed practice designed to help women understand the root causes of the problems they face in the present whilst building on their resilience and strengths to achieve their goals for their futures. This book is ideal reading for scholars and students of criminology and criminal justice, particularly rehabilitation, gender and crime, and feminist criminology. It will also be of interest to academics and practitioners of forensic psychology and social work, as well as probation officers, social workers and prison officers.

Just Don't Seize the Day, Seize the Moment - Michael J. Onoroto 2017-03-13

I wrote my book partially because I've had a great life, and I've also have seen the other side of the fence. There were times in the life when I've found myself in poor health, broke, and homeless. I've traveled down some rough roads, but I had to come to a realization that I was partially to blame for my own mistakes and I had to dig deep within my own soul and dig myself out of my own problems. One of my biggest battles I've ever fought was when I was severely injured w

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