

The Soul Of Sex Cultivating Life As An Act Of Love

Soul Mates - Thomas Moore 2016-02-16

In *Care of the Soul*, Thomas Moore explored the importance of nurturing the soul and struck a chord nationwide—the book became a long-term bestseller, topping charts across the country. Building on that book's wisdom, *Soul Mates* explores how relationships of all kinds enhance our lives and fulfill the needs of our souls. Moore emphasizes the difficulties that inevitably accompany many relationships and focuses on the need to work through these differences in order to experience the deep reward that comes with intimacy and unconfined love. "I devoured *Soul Mates* like some comfort food for the spirit. . . . Moore moves love off the fast track and into the realm of mystery and imagination where it belongs."—New Woman "An eloquent, passionate, often mystical exploration of how we mere mortals might better understand ourselves and others in a society in which so much emphasis is placed on interpersonal dynamics and so little on introspection, care, grace, gratitude, and honor."—Detroit News

Writing In The Sand - Thomas Moore 2010-07-01

A "groundbreaking reinterpretation of the Gospels" that "shines a new light on the profound teachings of Jesus," recasting him as a spiritual visionary with a radical vision for humanity (Deepak Chopra) This highly original take on the Gospels offers a fresh, new way of imagining human life and society. It presents Jesus not as the founder of a religion but as a world reformer offering a spiritual path to everyone, from every background. It offers a personal spirituality fit for the twenty-first century, where the individual bears responsibility for meaning and for a creative, convivial way of life. In his examination of the original Greek texts, author Thomas Moore dismisses the cautionary voice of tradition and explores the deeper significance of language, stressing the origins of

words and the many levels of meaning in stories and imagery. Through his study, Moore shows that the teachings of Jesus are challenging in a far different way than the moralism often associated with them. Based on being open to life, deepening your understanding, and giving up all defensiveness around your convictions, the Gospels can be the source of a new kind of certainty and stability that cannot be codified and enshrined in a list of rules. *Writing in the Sand* presents the essence of Jesus' teachings and offers a way of understanding them intelligently and devotedly in the twenty-first century.

Tantric Love - Ma Ananda Sarita 2001

Sometimes it can be difficult for even the closest of partners to fully express their love during sex. We may resist deeper intimacy for many reasons, among them pain, insecurity, or simply a fear of sharing our most natural desire for physical love with another person. Tantra can help you dissolve these barriers to intimacy, and invites you to awaken the physical and spiritual energy that can bring partners together as loving soul mates. *Tantric Love* unlocks the secret powers of meditation, breathing, massage, and more to help you celebrate and revitalize your love life. Each chapter focuses on one of the chakras -- or energy centers -- in the body and offers simple exercises that will help you share this energy and open the door to ecstasy. Discover new ways of pleasing your partner Enjoy sexual satisfaction through and beyond orgasm Learn how to open up to your partner -- both in and out of the bedroom As you move from one stage to the next, you'll find that you're not only connecting with your lover on a physical level but on a deep spiritual level, too -- one that prepares you for a loving, lasting commitment to each other.

Sex and the IWorld - Dale S. Kuehne 2009-07

A political scientist and pastor offers a positive, holistic vision that helps

readers engage the cultural debate on sex and marriage in personal ethics and public policy.

The Power of Awakening - Dr. Wayne W. Dyer 2021-08-24

#1 Wall Street Journal bestseller! This new book of spiritual teachings from international best-selling author and beloved inspirational speaker Dr. Wayne W. Dyer is based on his audio lectures from the 1990s and 2000s, offering a fresh take on mindfulness and enlightenment. Beloved spiritual teacher Dr. Wayne W. Dyer often shared his thoughts on the path and practice of personal empowerment during his writings and presentations. He'd say, "This is not about self-help. It's about self-realization, which is way beyond self-help." In this book, which collects some of his timeless words of wisdom in a new format, the internationally renowned speaker and author offers spiritual tools to transcend your current circumstances and old patterns in order to reach true fulfillment. He will show you how to become genuinely awake, aware of the power you have within to shift your thought processes, release attachments, and tame your ego-to name just a few topics covered in these pages. Wayne will help you understand what an illusion much of life is, so you can see the big picture and spark deep transformation (that is, "the ability to go beyond your form"), resulting in peace and harmony in all areas of your life. He will also take you through the stages of enlightenment and instruct you in mindfulness practices such as visualization and meditation, ultimately helping you reach a higher consciousness. Indeed, as a result of reading this book, you'll feel as if you are absolutely living in the light, in tune with the magnificence of the universe . . . and yourself.

Soul Therapy - Thomas Moore 2022-05-24

The New York Times bestselling author of the classic *The Care of the Soul* addresses the needs of those providing soul care to others--therapists, psychiatrists, ministers, spiritual directors, teachers, and even friends--sharing his insights for incorporating a spiritual or soulful dimension into their work and practices. *Soul Therapy* is the culmination of Thomas Moore's work. In his previous acclaimed books, he explored the soul in important areas of our lives--work, sex, marriage, family,

religion, and aging. In this wise guide, he now returns to his core vocation: teaching practitioners--therapists, psychiatrists, ministers, spiritual directors, and others--how to offer soul care to those they assist. A training manual infused with a lifetime's worth of wisdom, *Soul Therapy* is divided into five sections: What therapy or "soul care" is and how it works; What soul work is required of the helper to be able to address the needs of others; How to access and move forward the spiritual dimension; How to apply this work to specific areas, such as work, marriage, parenting, or teaching; How to deal with other issues that arise, such as developing a therapeutic style, dealing with one's shadow, and the need for self-care. Profound yet practical, enlightened yet grounded in real-world experience, *Soul Therapy* will become a definitive resource for caregivers and practitioners for years to come.

The Soul of Sex - Thomas Moore 1999-08-04

A highly original approach from best selling author Thomas Moore, restoring sex to its rightful place in the human psyche as an experience of the soul. In *The Soul of Sex*, Thomas Moore at last restores sex to its rightful place in the human psyche. Describing sex as an experience of the soul, Thomas Moore here brings out the fully human side of sex - the roles of fantasy, desire, meaning, and morality - and draws on religion, mythology art, literature, and film to show how sex is one of the most profound mysteries of life. While finding spirituality inherent in sex, Moore also explores how spiritual values can sometimes wound our sexuality. Blending rather than opposing spirituality and sexuality, *The Soul of Sex* offers a fresh, livable way of becoming more deeply sexual and loving in all areas of life.

Dark Eros - Thomas Moore 1990

Aphrodite's Daughters - Jalaja Bonheim 1997-06-04

An intimate look at the transformative power of women's sexual experiences. Based on the stories of ordinary American women, *Aphrodite's Daughters* explores the central role of sexuality in women's spiritual journey. Witty, wise, entertaining, and compassionate, *Aphrodite's Daughters* quickly became an underground classic, and has

changed the lives of thousands of women.

We - Robert A. Johnson 2013-03-05

Provides an illuminating explanation of the origins and meaning of romantic love and shows how a proper understanding of its psychological dynamics can revitalize our most important relationships.

Modern Sex Magick - Donald Michael Kraig 2003

This is one of the first books to clearly reveal the secrets of Western sex magick without relying on Tantric theory. It explores the latest scientific discoveries in the field of human sexuality. 55 line illustrations.

Women Who Love Too Much - Robin Norwood 2014-11-27

THE INTERNATIONAL NO.1 BESTSELLER HELPING MILLIONS OF WOMEN FIND HEALTHIER RELATIONSHIPS 'A life-changing book'

Erica Jong Is your relationship the most important thing in your life? Are you constantly thinking and talking about your partner, or finding excuses for their bad behaviour? If you have ever found yourself obsessing over an undeserving partner, this book was written for you.

Many women are repeatedly drawn into unhappy and destructive relationships, and then struggle to make these doomed relationships work. In this bestselling psychology book, leading relationship and marriage therapist Robin Norwood reveals why we get into unhealthy relationships and how powerfully addictive they are - and shares her effective framework for finding and sustaining love. Updated edition with a new introduction What readers are saying: 'A must read for everyone, women and men alike' 'One of the best self-help books I have read' 'A life changing book - brutally honest and straightforward - yet full of love and compassion' 'Such an insightful read' 'Brilliant, life-changing'

My Absolute Darling - Gabriel Tallent 2017-08-29

A TIMES BOOK OF THE YEAR • A GUARDIAN BOOK OF THE YEAR • A METRO BOOK OF THE YEAR 'The year's must read novel' The Times 'One of the most important books you'll pick up this decade' Harper's Bazaar 'An outstanding book that could be this year's A Little Life' Guardian

The Re-enchantment of Everyday Life - Thomas Moore 1997-02-27

Starting from the premise that we can no longer afford to live in a

disenchanted world, Moore shows that a profound, enchanted engagement with life is not a childish thing to be put away with adulthood, but a necessity for one's personal and collective survival. With his lens focused on specific aspects of daily life such as clothing, food, furniture, architecture, ecology, language, and politics, Moore describes the renaissance these can undergo when there is a genuine engagement with beauty, craft, nature, and art in both private and public life. Millions of readers who found comfort and substance in Moore's previous bestsellers will discover in this book ways to restore the heart and soul of work, home, and creative endeavors through a radical, fresh return to ancient ways of living the soulful life.

The Way of the Superior Man - David Deida 2008-09

Deida explores the most important issues in men's lives--from career and family to women and intimacy to love and spirituality--to offer a practical guidebook for living a masculine life of integrity, authenticity, and freedom.

Dark Nights Of The Soul - Thomas Moore 2011-10-06

A 'dark night of the soul' is not a psychological syndrome, but a quest for meaning during life's darkest hours: the loss of a loved one, the end of a relationship, ageing and illness, career disappointments or just an ongoing dissatisfaction with life. Thomas Moore's extensive experience as a psychologist and theologian has taught him that the dark night is a challenge to restore ourselves and to become someone of substance, depth and soul. By using these trying times as an opportunity to reflect and delve into the soul's deepest needs, we can find a new understanding of life's meaning. Dark Nights of the Soul has its roots in a favourite chapter in Thomas Moore's million copy bestseller, Care of the Soul. In this beautifully-written and thought-provoking work he explores our contemporary anxieties and insecurities and shows how these metaphoric dark nights can become transforming rites of passage.

How To Think More About Sex - Alain de Botton 2012-05-10

Think more about sex by thinking about it in a different way. In this rigorous and supremely honest book Alain de Botton helps us navigate the intimate and exciting - yet often confusing and difficult - experience

that is sex. Few of us tend to feel we're entirely normal when it comes to sex, and what we're supposed to be feeling rarely matches up with the reality. How To Think More About Sex argues that 21st-century sex is ultimately fated to be a balancing act between love and desire, and adventure and commitment. Covering topics that include lust, fetishism, adultery and pornography, Alain de Botton frankly articulates the dilemmas of modern sexuality, offering insights and consolation to help us think more deeply and wisely about the sex we are, or aren't, having. Discover more books from The School of Life: How to Stay Sane by Philippa Perry How to Find Fulfilling Work by Roman Krznaric How to Worry Less About Money by John Armstrong How to Change the World by John-Paul Flintoff How to Thrive in the Digital Age by Tom Chatfield How to Think More About Sex by Alain de Botton

The Soul of Sex - Thomas Moore 1998-06-03

In our age of science and psychology it's tempting to think of human sexuality in terms of biology and interpersonal relationships. But this new book by Thomas Moore regards sex as an experience of the soul and emphasizes the themes of fantasy, desire, meaning, and morality. In *The Soul of Sex*, Moore turns especially to religion, mythology, literature, rites, stories, and visual imagery that see in sex some of the most profound mysteries of life. He finds spirituality inherent in sex and at the same time explores the many ways in which spiritual values can sometimes wound our sexuality. He recommends chastity and celibacy for everyone--as aspects of sexuality and not only as literal lifestyles--and presents them as a means of developing a sensuous spirituality. *The Soul of Sex* also establishes the principle that one can't have a fully satisfying sex life in a world that is asexual and antierotic. Thomas Moore recommends many ways in which society could tone down its moralism and create a public life that is erotic, one that affirms desire and pleasure. He sees widespread attention to sex in the media as a symptom of our failure to find a positive place for sex in the culture, and he spells out an Epicurean way of life in which the simple, deep pleasures of good food, friends, family, home, and intimacy with nature provide an

appropriate erotic base for a fulfilling sex life. This is a book for any individual of any gender or lifestyle who is trying to integrate sex into the rest of life. It is also a tool for couples, helping them to explore their sexuality with honesty, appropriate emotional complexity, civility, and comfort. Moore argues that sex should be at the center of life and at the top of our priorities and if we don't give sex its due, it will haunt and consume us. But when sex has a soul, deep pleasure and meaning find a common home, and in that sense this book is a sex manual for the soul.

The Soul of Sex - Thomas Moore 1998

This superb new volume is addressed to everyone interested in hope, regardless of their religious or philosophical beliefs. Glenn Tinder, one of our most astute and creative thinkers, probes the failure of modern, secular hope and shows, with great sensitivity and openness, why the tenets of Christian faith offer a true and meaningful source for hope amid the widespread distress, confusion, and despondency of contemporary life. From *The Critics* Jean Bethke Elshtain Glenn Tinder argues compellingly that modern despondency flows from a collapse of unreasonable optimism about our individual and collective prospects. By contrast to despondency and brittle optimism, Tinder calls for a renewal of hope. Framed by Christian belief, Tinder's elegant essay reaches out to appeal to all men and women troubled by our current condition. A beautifully written and touching work. Michael Novak Tinder's weighty essay on the nature, spirituality, and politics of hope offers an illuminating perspective on a central pillar of civilization. Mary Ann Glendon "A pristine intellectual and spiritual achievement by one of the most penetrating thinkers. of our day" Richard John Neuhaus "With this essay Tinder once again vindicated his reputation as one of the most incisive thinkers and graceful writers working today. His is a most powerful argument that only a hope that has come to terms with all the reasons for despair can sustain us into a future that we do not and cannot control. Tinder's wisdom is in knowing that attention to first things requires facing up to last things."

The Royal Path of Life - Thomas Louis Haines 1882

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