

Tao Y Sexo Erotismo Salud Y Larga Vida

The Ananga Ranga - Kalyana Malla 2012-08-23

The mountain-goddess of many names, wife of Shiva, the third person of the Hindu Trinity, who is here termed Shambhu for Swayambhu, the Self-Existent. The invocation is abrupt and does not begin with the beginning, Ganesha (Janus), Lord of Incepts, who is invariably invoked by the Hindu, that he may further the new undertaking. This god is worshipped under the form of a short stout man, with an elephant's trunk and protuberant belly. (See Vol. III, P. 38, "A View of the History, Literature, and Mythology of the Hindus," by William Ward, of Serampore, London, 1832.) The loves of Krishna and the sixteen thousand milkmaids are recorded in the Bhagavat; this eleventh incarnation of Vishnu is a dark-blue man, playing with both hands upon the pipe, whilst Radha, his wife, stands his left side. Kamadeva, or the Hindu Cupid, the son of Bramha, is represented as a beautiful youth, the most lovely of all the gods, holding a bow and flower-tipped arrow, with which, while wandering through perfumed glades, accompanied by Rati, his spouse, he wounds the hearts of the inhabitants of the Triloka or Three Worlds. Sir William Jones says that he appears to correspond with the Greek Eros and the Roman Cupido, but that the Indian description of his person and arms, his family, attendants and attributes has new and peculiar beauties. Sambar' A'sura was one of the Rakshasas, gigantic and diabolical beings, whom Kama slew.

[Bodies That Matter](#) - Judith Butler 2014-09-03

In *Bodies That Matter*, Judith Butler further develops her distinctive theory of gender by examining the workings of power at the most "material" dimensions of sex and sexuality. Deepening the inquiries she began in *Gender Trouble*, Butler offers an original reformulation of the materiality of bodies, examining how the power of heterosexual hegemony forms the "matter" of bodies, sex, and gender. Butler argues that power operates to constrain "sex" from the start, delimiting what counts as a viable sex. She offers a clarification of the notion of "performativity" introduced in *Gender Trouble* and explores the meaning of a citational politics. The text includes readings of Plato, Irigaray, Lacan, and Freud on the formation of materiality and bodily boundaries; "Paris is Burning," Nella Larsen's "Passing," and short stories by Willa Cather; along with a reconsideration of "performativity" and politics in feminist, queer, and radical democratic theory.

Metafisica Actualizada - Ruben Cedeño 2006-05

Practical philosophy for the day-to-day life. Metaphysical concept in actual terms.

Nineteen Eighty-Four - George Orwell 2021-01-09

"Nineteen Eighty-Four: A Novel", often published as "1984", is a dystopian social science fiction novel by English novelist George Orwell. It was published on 8 June 1949 by Secker & Warburg as Orwell's ninth and final book completed in his lifetime. Thematically, "Nineteen Eighty-Four" centres on the consequences of totalitarianism, mass surveillance, and repressive regimentation of persons and behaviours within society. Orwell, himself a democratic socialist, modelled the authoritarian government in the novel after Stalinist Russia. More broadly, the novel examines the role of truth and facts within politics and the ways in which they are manipulated. The story takes place in an imagined future, the year 1984, when much of the world has fallen victim to perpetual war, omnipresent government surveillance, historical negationism, and propaganda. Great Britain, known as Airstrip One, has become a province of a totalitarian superstate named Oceania that is ruled by the Party who employ the Thought Police to persecute individuality and independent thinking. Big Brother, the leader of the Party, enjoys an intense cult of personality despite the fact that he may not even exist. The protagonist, Winston Smith, is a diligent and skillful rank-and-file worker and Outer Party member who secretly hates the Party and dreams of rebellion. He enters into a forbidden relationship with a colleague, Julia, and starts to remember what life was like before the Party came to power.

The Craftsman - Richard Sennett 2009-02-05

Why do people work hard, and take pride in what they do? This book, a philosophically-minded enquiry into practical activity of many different kinds past and present, is about what happens when people try to do a good job. It asks us to think about the true meaning of skill in the 'skills society' and argues that pure competition is a poor way to achieve quality work. Sennett suggests, instead, that there is a craftsman in every human being, which can sometimes be enormously motivating and inspiring - and can also in other circumstances make individuals obsessive and frustrated. The Craftsman shows how history has drawn fault-lines between craftsman and artist, maker and user, technique and expression, practice and theory, and that individuals' pride in their work, as well as modern society in general, suffers from these historical divisions. But the past lives of crafts and craftsmen show us ways of working (using tools, acquiring skills, thinking about materials) which provide rewarding alternative ways for people to utilise their talents. We need to recognise this if motivations are to be understood and lives made as fulfilling as possible.

The Art of Loving - Erich Fromm 2013-02-26

The landmark bestseller that changed the way we think about love: "Every line is packed with common sense, compassion, and realism" (Fortune). The Art of Loving is a rich and detailed guide to love—an achievement reached through maturity, practice, concentration, and courage. In the decades since the book's release, its words and lessons continue to resonate. Erich Fromm, a celebrated psychoanalyst and social psychologist, clearly and sincerely encourages the development of our capacity for and understanding of love in all of its facets. He discusses the familiar yet misunderstood romantic love, the all-encompassing brotherly love, spiritual love, and many more. A challenge to traditional Western notions of love, The Art of Loving is a modern classic about taking care of ourselves through relationships with others by the New York Times–bestselling author of *To Have or To Be?* and *Escape from Freedom*. This ebook features an illustrated biography of Erich Fromm including rare images and never-before-seen documents from the author's estate.

The Dialectic of Sex - Shulamith Firestone 2015

"An international bestseller, originally published in 1970, when Shulamith Firestone was just twenty-five years old, *The Dialectic of Sex* was the first book of the women's liberation movement to put forth a feminist theory of politics. Beginning with a look at the radical and grassroots history of the first wave (with its foundation in the abolition movement of the time), Firestone documents its major victory, the expansion of the franchise in 1920, and the fifty years of ridicule that followed. She goes on to deftly synthesize the work of Freud, Marx, de Beauvoir, and Engels to create a cogent argument for feminist revolution. Ultimately she presents feminism as the key radical ideology, the missing link between Marx and Freud, uniting their visions of the political and the personal. *The Dialectic of Sex* remains remarkably relevant today - a testament to Firestone's startlingly prescient vision. The author died in 2012, but her ideas live on through this extraordinary book"--Unedited summary from book cover.

Caliban and the Witch - Silvia Federici 2021-07-29

'A groundbreaking work . . . Federici has become a crucial figure for . . . a new generation of feminists' Rachel Kushner, author of *The Mars Room* A cult classic since its publication in the early years of this century, *Caliban and the Witch* is Silvia Federici's history of the body in the transition to capitalism. Moving from the peasant revolts of the late Middle Ages through the European witch-hunts, the rise of scientific rationalism and the colonisation of the Americas, it gives a panoramic account of the often horrific violence with which the unruly human material of pre-capitalist societies was transformed into a set of predictable and controllable mechanisms. It is a study of indigenous traditions crushed, of the enclosure of women's reproductive powers within the nuclear family, and of how our modern world was forged in blood. 'Rewarding . . . allows us to better understand the intimate relationship between modern patriarchy, the rise of the nation state and the transition from feudalism to capitalism' Guardian

Boletín bibliográfico mexicano - 2006

S=EX2 - Pere Estupinyà 2016-08-25

You have in your hands the most rigorous, complete and readable book ever written about the fascinating science of human sexuality. This book goes beyond the well-worn sexual education advice and the usual evolutionist psychology. After *The Brain Snatcher*, Pere Estupinyà comes back with the first popular science book on sex aimed at a wide audience. While there are some tips for the more adventurous, there is also a wealth of new information to be discovered. Distancing himself from the many books on advice or techniques, Estupinyà brings sex to another dimension by combining popular beliefs and science. Do you want proof that our decision-making in the "heat of the moment" is less rational than we think? Did you know that mind and vagina each go their own way? Are you interested in learning about the effects of yoga on sexual pleasure? Did you know about the attempts in the 60s to "cure" homosexuals with electric shock therapy, the chemical analysis of female ejaculation, or the fundamental relationship between the sympathetic and parasympathetic nervous system? The author has spoken directly with asexual and intersexual individuals, fetishists, multi-orgasmic women, women who never have orgasms through penetration, and men who have no refractory period. He has also participated in sadomasochistic events; learned tantric techniques with a couple of coaches, spoken with porn performers at Barcelona's Bagdad, and attended workshops in which a woman teaches how to have orgasms with your mind and breathing. The result is an incredible miscellany of information that appeals to both the scientific community and the curious.

Tao y sexo - Miguel F. Marlaire 2005

Concepts regarding Tao and Sex. Include love positions.

El tao de la salud, el sexo y la larga vida - Daniel Reid 2014-05-19

Esta obra presenta una lúcida introducción a los principios básicos del Tao y ofrece un programa práctico a través del cual todo el mundo puede aplicar estos principios y beneficiarse del poder del Tao para mejorar la calidad de su vida y prolongar su duración. La moderna ciencia occidental también se ha acercado al Tao, pero desde la dirección opuesta, y está llegando exactamente a las mismas conclusiones. Esto resulta especialmente evidente en los campos de la física y la medicina, donde la mudable relación entre materia y energía, entre cuerpo y mente, se aprecia cada día con mayor claridad. Este libro se centra en tres aspectos esenciales del Tao que siempre han sido de vital interés para hombres y mujeres: la salud, la larga vida y una disciplina sexual. Ejercicios, alimentación y artes de alcoba en una estrecha relación que el autor ha extraído directamente de fuentes chinas. Ilustrado con numerosos dibujos.

The Tao of Health, Sex, and Longevity - Daniel Reid 1989-07-15

Discusses the philosophy of Tao and offers information on diet and nutrition, fasting, breathing exercises, physical exercises, acupuncture, massage, birth control, sex therapy, and meditation

Slow Sex - Nicole Daedone 2014-07-02

Explains how to use the growing practice of Orgasmic Meditation to slow down, connect emotionally, and achieve authentic female sexual satisfaction.

Taoist Secrets of Love - Mantak Chia 1984

entered here make the process of linking sexual energy and transcendent states of consciousness accessible to the reader.

Anatomia Energetica - Livio J. Vinardi 2005-12

Energetic dimensions of the human body. Chakras and radiations. Include practical exercises.

The Tao of Love and Sex - Jolan Chang 1977

The Tao of Love and Sex is a revealing and vivid account of the ancient Chinese sexual teachings and techniques banned by the invading Mongols in the 13th century. The book describes, through text and contemporary illustrations, the ways in which Taoist teachings about sexual love can be used as a means to achieving ecstasy and as a therapeutic and healing force. The modern Western reader can here discover the ancient Eastern methods of ejaculation control, types of thrust, love-making positions, erotic kissing, the conquest of impotence and about sex and longevity. Frank and explicit, yet inseparable from the Taoist spiritual tradition, *The Tao of Love and Sex* will enrich the variety, subtlety and sheer sexual pleasure of all who read it.

The Passion of Michel Foucault - James Miller 2000

Based on extensive new research and a bold interpretation of the man and his texts, *The Passion of Michel Foucault* is a startling look at one of this century's most influential philosophers. It chronicles every stage of Foucault's personal and professional odyssey, from his early interest in dreams to his final preoccupation with sexuality and the nature of personal identity.

Sexo, ¡despierta! - Laura Van Dembroucke 2021-07-07

Laura hunde el bisturí, al mejor estilo de una prolija bióloga, para detectar juicios, sentimientos, pensamientos, proyecciones, conflictos y emociones, propias y ajenas, y saber cómo operan como creencias limitantes o habilitadoras de una sexualidad plena. Un gran aporte es que no se queda en el plano biológico, fisiológico y mental, sino que en sintonía con los más avanzados estudios e investigaciones actuales cruza hacia un campo que engloba a todo ello, el de la vibración energética. ***---*** Que los pensamientos y emociones ligados a la sexualidad puedan transformar la Biología, es un concepto que subyace a todo el texto dada la importancia de escapar de enfoques deterministas y cerrados. ***---*** El déficit de conocimiento hace necesario, por ejemplo, recalcar el alcance y las prácticas posibles con el punto G femenino, el punto P masculino y tantas otras zonas erógenas y de sensibilidad, para lo cual es indispensable saber encontrarlas, conocer su estructura y distintas fases de funcionamiento, más allá de mitos e imágenes cinematográficas impuestas. ***---*** ¡Sexo, despierta! Llave a mi plenitud propone un camino de emancipación, empoderamiento sexual y revitalización de la pasión, el amor, la fantasía y el éxtasis, que por tratarse de la energía más poderosa con la que contamos, resulta vital recorrerlo o iniciarlo conscientemente en algún momento de la existencia, más allá de que el almanaque indique la adultez cronológica.

Bodies that Matter - Judith Butler 1993

The author of "Gender Trouble" further develops her distinctive theory of gender by examining the workings of power at the most material dimensions of sex and sexuality. Butler examines how the power of heterosexual hegemony forms the matter of bodies, sex, and gender.

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