

# How To Perform Tantric Sex

*Tantric Sex* Harley Maxwell 2021-09-06 Have you ever wanted to spice up your sex life more than you have before? Is there a better way to do it? Well, tantric sex is one of the best ways to do it! All sex is about pleasure, sure, but tantric sex places an emphasis on focusing on pleasure while you're having sex. Think: mindfulness during sex. You probably already know how beneficial mindfulness is in your everyday life can be, but you might not have thought about how beneficial it can be in bed. With tantric sex, it's more than just the act of sex, it's a much deeper principle that you can understand and get a lot out of. For most people, they don't realize the benefits of tantric sex, and how tantric sex differs from the normal sex you might have. But, you're in luck, for this book will give you an in-depth look at tantric sex, what is it, and how you can enjoy this with your partner. In this, we'll give you a deep, realistic understanding of the different elements of tantric sex that there are out there, including the theory behind it, the different positions, and ways to truly experience the tantric orgasm as either a man or a woman. Tantric sex will change your way of sexual intercourse, and change the experiences too. That's why it's so important to understand tantric sex, the important elements behind it, and some of the different faces of it. Tantric sex will help you experience greater, more powerful orgasms, and also experience a newfound desire for sexual exploits. So what are you waiting for? It's time to experience the fun and thrill of tantric sex, and this fun book will help you learn the power of this type of sex. This book also covers: Mind-blowing techniques of tantric sex Various aspects of sex and foreplay How to get your body and mind ready for sex. Benefits of massage, meditation and yoga Different types of tantric sex ...And much more...

This book is for couples who want to lust after each other for years and years, well past the honeymoon phase. This includes positions for couples early on in their relationship, married couples, couples who want to restore their spark, couples who are trying to get pregnant, couples who are already pregnant and every other couple in between. This is written for couples who want to do everything they can to ensure their sex life stays interesting, new and exciting. How to have fulfilling and more sustaining outcomes of both the sexual and spiritual experiences than before? So, stop, take a moment, close your eyes, and think about everything that makes you feel alive. Now, give yourself the freedom to read and partake in all of those pleasures, and then you will truly understand the power of the Tantric Sex. Are you ready to get started? Then Buy it now and get your copy!

**Tantric Sex: A Beginners Guide With Tantric Sex Positions For an Incredible Life. Erotic Pleasure With Secret Kama Sutra Positions** Roxy Colt 2021-02-14 55% OFF for Bookstores! NOW at \$ 35.95 instead of \$ 45.95! Have you ever wanted to spice up your sex life more than you have before? Is there a better way to do it? Well, tantric sex is one of the best ways to do it! Your Customers Will Never Stop to Use This Awesome Sex Book All sex is about pleasure, sure, but tantric sex places an emphasis on focusing on pleasure while you're having sex. Think: mindfulness during sex. You probably already know how beneficial mindfulness is in your everyday life can be, but you might not have thought about how beneficial it can be in bed. With tantric sex, it's more than just the act of sex, it's a much deeper principle that you can understand and get a lot out of. For most people, they don't realize the benefits of tantric sex, and how tantric sex differs from the normal sex you might have. But, you're in luck, for this book will give you an in-depth look at tantric sex, what is it, and how you can enjoy this with your partner. In this, we'll give you a deep, realistic

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understanding of the different elements of tantric sex that there are out there, including the theory behind it, the different positions, and ways to truly experience the tantric orgasm as either a man or a woman. Tantric sex will change your way of sexual intercourse, and change the experiences too. That's why it's so important to understand tantric sex, the important elements behind it, and some of the different faces of it. Tantric sex will help you experience greater, more powerful orgasms, and also experience a newfound desire for sexual exploits. So what are you waiting for? It's time to experience the fun and thrill of tantric sex, and this fun book will help you learn the power of this type of sex. This book also covers: Mind-blowing techniques of tantric sex Various aspects of sex and foreplay How to get your body and mind ready for sex. Benefits of massage, meditation and yoga Different types of tantric sex ...And much more This book is for couples who want to lust after each other for years and years, well past the honeymoon phase. This includes positions for couples early on in their relationship, married couples, couples who want to restore their spark, couples who are trying to get pregnant, couples who are already pregnant and every other couple in between. This is written for couples who want to do everything they can to ensure their sex life stays interesting, new and exciting. How to have fulfilling and more sustaining outcomes of both the sexual and spiritual experiences than before? So, stop, take a moment, close your eyes, and think about everything that makes you feel alive. Now, give yourself the freedom to read and partake in all of those pleasures, and then you will truly understand the power of the Tantric Sex. "Life these days is increasingly disconnected and often the emphasis in relationships is on making money or raising kids-intimacy only becomes a goal when the relationship already suffers." Buy it NOW and let your customers get addicted to this amazing book

**Tantric Sex** Avaya Alorveda 2020-07-26 Do you want to discover the ancient secrets to experience

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mind-blowing Tantric Sex and Improve Your Relationship? Then Keep Reading. Gratifying sex requires both parties to feel deeply connected to each other. Without even a semblance of connection, sex just isn't as good. In the whole history, nothing more than Tantric secrets can give you the keys for the real pleasure of body and soul. Tantra, derived from ancient Sanskrit language, means "to weave energy". Practicing Tantra is about transcending the sexual and spiritual planes. This is done by engaging in spontaneous, deeply meditative, and intimate sex. In order for your sex life to improve, you must be willing to learn and practice Tantra. Once you do, you will be able to flow with your body's rhythm, find out what gives it pleasure and figure out the way it feels pleasure. So, how can you apply ancient Hinduism and Buddhism principles to achieve mind-blowing Tantric sex? Get yourself your very own copy of the "Tantra" and "Tantric Sex", a 2 in 1 books bundle by Avaya Alorveda that will guide you in a life-changing journey! What makes this guide unique is that readers can start their journey towards physical and spiritual sex. Here is where you will learn principles that can help reach a deep, intimate connection with your partner! Over the course of this life-changing 2-in-1 guide, you will discover Awaken and worship the God or Goddess within you so you can have better sex and deeper, more intimate relationships Achieve multiple orgasms using centuries-old Tantric sex teachings that are still relevant in the modern world Improve your Tantric sex experiences using proven, expert-approved tips that will change your life and relationships for the better Master the art of sacred sex to reach your soul's ecstasy! you will be able to awaken your sexual energy with the teachings of Tantra illuminated. The best sex positions for couples, massage and meditation techniques. And so much more! What's inside this bundle of two books: Book 1: Tantra Introduction Guide to Tantra Philosophy, Traditions and Practices Samsara (The Cyclic Existence) and Nirvana (The Other World Time, Bondage And The Goddess Kali Divine Play Of

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Shakti And Shiva Discipleship and The Tantric Path The Subtle Body And Its Environment  
Awakening The Serpent Power Book 2: Tantric Sex A Guide in the Tantric Philosophy to discover  
Tantric Sex Positions, Tantric Massage and Tantric Meditation Tantra, Tantric Sex and its Benefits  
Communication Essentials and How to Breathe To Ecstasy Distinguish And Worship The God Or  
Goddess Within You How to Prepare Your Body and the Purification Path Positions And Techniques  
Multiple Orgasm, Female Orgasm and Tantric Sex Teachings Tips to Improve Tantric Sex Pleasure  
This life-changing guide provides proven ancient knowledge that focuses not only on erotic aspects  
but also on the importance of history, practices, and traditions behind the Tantra philosophy. In  
simple words, after getting this book, the secrets Tantric techniques that you will discover will  
improve your sex life thanks to a new and deeply spiritual vision. Are You Ready To Mastery All The  
Ancient Secrets Of Pleasure? Let's discover all of them: Scroll up, Click to Get This Book, and let  
Tantra Secrets become part of your life.

[Learn Tantric Sex](#) Aventuras De Viaje 2014-06-24 Note: How to Have Great Sex by Aventuras De  
Viaje contains all the information in this book plus a whole lot more! Inside This Book are the  
Secrets to Having the Best Sex You Will Ever Have Learn exactly what tantric sex is all about and  
connect on a deeper level with yourself and your lover. Discover how to... Create the mindset of the  
tantric lover Achieve the most pleasurable orgasms you'll ever have Give your lover the most  
pleasurable orgasms he/she will ever have, and give them again, and again, and again Whether you  
are a man, woman or couple, there are exercises in here to bring out the inner sex god in everyone.  
Contains over 50 tantric exercises! Read Learn Tantric Sex today and start feeling the most  
pleasurable sensations you'll ever have.

*Sex Guide: This Book Includes: Tantric Techniques, Secret Positions, Dirty Talk and Sex Life for*

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*Couples. Ways to Transform Your* Lauren Richardson 2021-02-08 This Boxset Includes: 1. Tantric Sex 2. Sex Positions 3. Dirty Talk 4. Sex Life Looking for tips to spice up your sex life? Do you want to improve your relationship with your partner? Do you want to be a master of sex and seduction? Then keep reading... Having good and rewarding sex is One the most beautiful things in Life. It makes you feel Happier and Healthier. It surely helps in Creating Intimacy and Complicity with you Partner and Enjoying a Beautiful and Long love Story. Many couples go into a relationship believing they know everything they need to know about how to please their partner. That may be true initially, but even for the best of couples, lovemaking can eventually become yet another chore on your list of things to do Sex Guide will help you and your partner get out of a rut, explore sex play, and give your sex life a much-needed boost In the chapters of this book you will find advice on how to upset your sex life by listening to your body and looking for your pleasure In Manuscript 1 "Tantric Sex" you will discover: Understanding what tantric philosophy is Meaning of love and sex for Tantra philosophy - intimacy Advantages and differences with traditional sex How best to prepare your mind and body for tantric sex using techniques for foreplay, massage, and masturbation Tantra exercises and massages for sexual fulfillment of couples Improve Tantric Sex With These Tips - And much more! In Manuscript 2 "Sex Positions" you will discover: How to better connect to your partner on more than a physical level for more passionate lovemaking (Emotional and physical intimacy) The benefits for the couple of the knowledge of sexual positions Sex positions for maximum intimacy, for more adventure, for a challenge, and for pleasure Positions for every skill level, easy to expert with advantages, drawbacks and differences Fun with sex toys Importance of Sexual Fantasies - And much more! In Manuscript 3 "Dirty Talk" you will discover: Defining Dirty Talk A look at the psychology of dirty talk Because dirty talk can be useful for both sex Dirty phrases

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whispered in public How to overcome taboos by talking dirty in bed Masturbation and sexy talk - And much more! In Manuscript 4 "Sex Life" you will discover: The science behind pleasure and orgasms How to achieve the proper sexual health and how to value sex in the couple How you achieve terrific orgasms with your partner and also by yourself. Easy tips to make your partner more exciting Sexual techniques that upset the couple Break down taboos with bdsm - hints for beginners with basic techniques to revitalize - And much more! Today is the perfect day to change your love life and give your relationship the push it needs to revitalize it and make it just as good or even better than old times. All you have to do is click on that BUY NOW button, and you will be able to begin your journey to becoming the best sexual and romantic partner you can ever be.

**Tantric Sex Positions** Joanne Bennet 2020-12-07 Do you want to spice up your sex life and learn a lot of simple yet tantalizing Tantric sex positions? If your answer is YES, keep reading According to the most recent research in the sexology field 100% of the people feel that the root cause of their sexual dissatisfaction is a lack of fun and variety in their positions! For this reason in this book you will find: How to Amp up your energy Tantric Sex positions Tantra orgasm yantra e mantra ...And Much More... Many couple underestimate the importance of good sex and so about 40% of separations of couples happens because of weak sexual performance. So, do not ignore the problem because it is a matter of your life and just because of this small issue do not let your loving partners go away from you. Mastering these tricks will not be difficult and the result will exceed all your expectations. So, if you want to reach full sexual potential and become a relentless, stunningly inventive lover just Click "Buy Now"!

**Kama Sutra and Tantric Sex Pictures Positions Guide** Jessica Hamilton 2021-04-18 Do you want to discover the best Sex Positions for Couples and master the secrets of Kama Sutra and

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Tantric Sex? Do you want to spice up your sex life with Sex Games? Do you want to learn how to improve your relationship and intimacy with your partner? Do you want to know How to Bring the excitement of your partner to the top? Are you ready to learn ways to Boost your Sex Life? If yes then this Book is for you! This is The Most Amazing Sex Guide around, with 4 Manuscripts in 1 Book: 1 - Kama Sutra Essentials 2 - Kama Sutra Ultimate 3 - Tantric Sex Basis 4 - Tantric Sex Core You no longer have to lose your time and resources looking around. In this book, you will learn everything and anything you want and need to know about how to bring your couple sex life to the next level. You will discover several Sex Positions for Couples, Kama Sutra Secrets, Tantric Sex Practices, Sex Secrets, etc, all juiced up with several illustrations. In Manuscript 1 "Kama Sutra Essentials" you will discover - What is Kama Sutra and its benefits - What is love for Kama Sutra - How to succeed in flirting and courtship - How can you become a master in seduction - How to enjoy the best sex positions of the Kama Sutra In Manuscript 2 "Kama Sutra Ultimate" you will discover - How to enjoy the best most secrets sex positions of the extended Kama Sutra - How to excel at oral sex with several positions - What masturbation techniques can you use to better discover yourself - What type of orgasm should you aim at and how to get them - In which cases you should go for a threesome and how can you enjoy at best this experience - And much more! In Manuscript 3 "Tantric Sex Basis" you will discover - What is Tantra and its benefits - How Tantra helps in connecting the sensory, emotional, cognitive level with spiritual - How can you get the best out of Tantra meditation with the use of Mantra and Yantras - Why and how you should practice Tantric sex In Manuscript 4 "Tantric Sex Core" you will discover - What are the best Tantric sex positions - How can you best use the Tantric Chair to enhance your sex experience - How to give and receive Tantric sex massages - How can you discover and reach the super orgasm - How to improve your vaginal sensory capabilities

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with the Yoni Egg - And much more! Join the thousands that have already benefitted from the learning of this amazing bundle and improve your life forever. Do yourself, your partner, and everyone else that you will potentially have sex with a favor, read this book! Give your partner the present of informing yourself about how to bring them enjoyment like never before. Wait no longer, get your copy today!

Tantric Sex for Men Diana Richardson 2010-06-18 A revolutionary approach to male sexuality offers the keys to achieving sexual fulfillment • Teaches how to retain semen for increased vitality and longer lovemaking • Explains the relationship-strengthening benefits of deep, sustained penetration • Includes foreplay approaches and position sequences Fulfilling sex nourishes love, increases vitality, and boosts mental health. Unfortunately, prevailing attitudes about male sexuality and what is good sex work against these innate features by focusing on the excitement of ejaculation as the one and only goal. Using the tantric guidelines they have practiced for more than 25 years, Diana and Michael Richardson show men how to move beyond their preconceptions of sex as a goal-oriented--and often unintentionally stressful--event so they can relax into sex as a meditative union of complementary energies. They explain how retaining semen allows for increased vitality and extended lovemaking sessions and show the relationship-strengthening benefits of deep, sustained penetration. They also explain how to perform soft penetration and how to avoid premature ejaculation. Tantric Sex for Men includes tried-and-true foreplay approaches, diagrams of sexual position sequences, ways to increase sexual sensitivity through awareness, and how to have ecstatic experiences through reaching a woman's body on a sexually deeper level. The authors also demonstrate how the sexual organs can be used to heal both men and women physically, emotionally, and spiritually.

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*SEX POSITIONS FOR COUPLES AND TANTRIC SEX* Savannah J. Clark 2021-02-16 Do you want to learn how to revitalize your sexual relationship and make your wishes come true? Do you want a complete tantric sex guide with stories and sex positions for men, women and beginners? If yes, then keep reading... We have sex; we make love for our metamorphosis, to evolve. And we can evolve only if we live the sexual desire to the full, as a transforming force, which brings us to our individual and couple realization. Through sexuality our soul vibrates, lights up and our being gives birth to the unknown I who lives within us. Sexuality, actually, is Aphrodite's and his son Eros' gift to men. Having sex is good for love and, therefore, you have to do it always better, make it more appetizing and interesting. For example, by experimenting with various sexual positions, we can stimulate the sexual nerve centers and enhance our own and partner's eroticism. Of course, the imagination and creativity of the couple's members are indispensable, as is the predisposition of the couple to experimentation and participation. Having good sex, in fact, rewards individuals, makes them more creative, raises their mood and psycho physical well-being, because sex is - as already mentioned - the most important factor in a couple's life. Through sexuality, as well as the choice of preferred sexual positions, the couple expresses their personality, their culture, the type of relationship that exists between their members, marking their own and others' evolution. Instead "Tantric sex" is a way of increasing the passion in your sex. Tantric sex helps you to increase the intimacy and comfort levels that you share with your partner. It also helps you to derive enhanced satisfaction and pleasure from sex. Tantric sex is a much older concept than what people believe it to be. It is believed to be a very old Hindu practice. It helps a person to tune into his own energy centers and also helps him to align his energy centers with his partner's energy centers. There are no hard and fast rules for tantric sex. There are a few techniques and guidelines that are enough to make you

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understand the basics of tantric sex. Tantric sex will help you get rest at a very deep level. This book covers the following topics: - Couple relationship - Sexual positions for beginners and advanced - The differences between male and female orgasm - Couple sex for a pregnant woman - Tips to overcome anxiety and insecurity - Sexual Fantasies and Fetishism - Oral sex on a woman - Find out why a relationship needs sex and new positions - The best sexual positions - The tantric psychology - The basis of tantric sex - How to practice this discipline without needing an instructor - Techniques to learn how to do tantric massage and exercises - Tantric sex positions ...And much more Ready to get started? Click "Buy Now"!

**Tantric Sex for Couples** Zoe Loxley 2021-01-20 Are you ready to Embark on a Seven Night Journey to Awaken Your Sexuality and Unlock Pure Erotic Energy? Discover How by reading on... Would you like to: Awaken your ancestral instincts? Uncover all the pleasures that tantric sex provides? Find out the spiritual side of sex? Be able to reach valley orgasm and enjoy sexual ecstasy? If so, then you've come to the right place. In this guide, the author takes you by the hand on a seven-night journey to awaken your sexuality, empower your intimacy and wake up the tantric being inside of you. Try to think of the typical sex, without romance: that's what you do quickly, with him who often comes before her, few looks and many worries...We are light years away from the concept of tantric sex, of slow and overwhelming spiritual and physical union that we all dreamed of at least once in our lives. Tantric sex will literally transform what you know about pleasure with new techniques, positions and massages. Here's what this incredible book can offer you: Tantric sex concepts: Discover the true story of tantra and how to recognize the tantric being in each of us. Three golden rules for tantric sex: Find out what things exactly you have to do to evolve your sex life. Four key principles for sexual ecstasy: Learn how to easily reach sexual ecstasy and discover the joy of valley

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orgasm. Tantric sex positions: Uncover how to have sex for hours, prolong the pleasure to infinity and experience an extreme orgasm Tantric sex massage: Find out the benefits of tantric sex massage and how to use it to awaken your senses. Guide to awakening: Follow the detailed seven-night journey that will take you from scratch to practice tantric sex Guide to enhancing intercourse: Combine valuable tips with tantric exercises and techniques to enhance your new dimension of sex. And much, much more... If you are looking for a way to turn your sexual experiences as a couple into something supernatural, then look no further. In this guide we will explain everything you need to know about tantra for two. The seven-night journey is waiting for you, are you ready? Order Now and Get Your Copy Today!

**Tantric Sex** Madison Streep 2020-06-09 Do you want to know what Tantric Sex for Couples is all about? Do you want to know the best tantric sex positions? Do you want to unlock your deepest sexual, physical, emotional, mental and spiritual energy? Do you want to enjoy sex like never before? Then this book is for you! Many couples suffer from communication issues, lack of quality time, insufficient intimacy, unsatisfying sex life. Tantra practices have turned for many adopters a successful way to improve in all those areas. Tantra brings an intelligent approach to life, sex and has the effect of enhancing intimacy and deepening love. So how you can stop missing out on this incredible experience that Tantra can offer? You have come to the right place. This book has got you covered as it contains all the Tantra knowledge you need to bring your sex, emotions, mental fulfillment to the next level and discover your hidden sources of energy. You will also be helped by several illustrations. You will master the art of Tantra which you have wished to know before and you will not believe how you have done without until now! In this book you will discover: - What is Tantra and its benefits - How Tantra helps in connecting the sensory, emotional, cognitive level with

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spiritual - How can you get the best out of Tantra meditation with the use of Mantra and Yantras - Why and how you should practice Tantric sex - What are the best Tantric sex positions - How can you best use the Tantric Chair to enhance your sex experience - How to give and receive Tantric sex massages - How can you discover and reach the maximum enjoyment - How to benefit from the use of the Yoni Egg And much more! Most books on Tantra Sex touch only the surface and miss to provide the why, how and links among the different elements of Tantra, and they very often have limited or no illustrations at all. This is instead a complete 360 degrees book on Tantra! If you are a beginner, you can start your journey towards full sex enjoyment and unlock your full energy. If you have some experience, get ready to upgrade your level up! Do yourself, your partner and everyone else that you will potentially have sex with a favor, read this book! Give your partner the present of informing yourself about how to bring them enjoyment like never before. Scroll up and get your copy by clicking the "Buy Now with 1-Click" button!

**Tantric Sex: The Complete Guide to Discover the Best Tantric Secrets for Meditation, Yoga, Massage, and Obtain a New Sex Life Full** Evelyn Jaymes 2020-10-07

Did you know that tantric sex is NOT all about sex? Or that it could be a path to healing several other areas of your life? What if you could experience full-body orgasms that lasted for hours? Doesn't that sound incredible? The truth is, the strength of your relationship is not forged during the dates you have or how much time you spend together as a couple. A strong, loving bond that can withstand the test of time is built during the most precious and intimate moments you share with your partner. It is built during sex. Having sex should be more than just satisfying your hormonal lust or desires. Sex should be a time when you connect with your partner in a way so deep, you're both brought to the brink of ultimate bliss. Originating in India sometime between 300 and 400 of the Common Era (CE), the concept of

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tantra can be detected dating back to 2000 BC. Ancient civilizations have long been harnessing the power of this remarkable practice, and the modern world we live in is only now waking up all the glorious possibilities tantric sex can bring. Tantric sex is not a religion. It is a practice and a way of life. It doesn't just teach you the various sex methods you could use for greater pleasure alone. It teaches you how to give and receive the loving energy between a pair of lovers. It teaches you about awakening the internal spirit, the energy of life that flows within us all to connect with your spiritual side, and restore meaning to your life. It reminds us that our bodies are a temple and that within every man and woman, there resides a God and Goddess. Tantric sex is about connecting with your partner so deeply that in that union, you feel like you may have found your soul mate at last. You Will Learn: Tantra's emotional and cultural origins Why tantric sex is better than regular sex How to bring out your partner's sensual side Overcoming the myths to discover the truth How to awaken your body and free your mind The true power of breath and what it can do for your sexual experience How to harness the power of your sexual energy How to transform your sexual energy using your chakras How to manipulate the senses for greater intimacy What the erotic awakening massage can do for you Understanding the universal hum The best tantric sex positions to try today There's more to tantra than meets the sexual eye, and this book aims to help you understand why it should be seen as a way to connect meaningfully with your partner rather than seeing it as nothing more than a way for you to have an orgasm. Embrace tantra fully, and you'll live your life with freedom and passion you never knew before. Tantra doesn't just teach you how to connect with your partner. It teaches you how to connect with your world. Tantra is a practice that benefits both men and women, and we'll provide step-by-step guides about how you can work together with your partner the way you are supposed to. This book is not going to tell you how to do it. It's going to

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show you how to do it. Are You Ready to Change Your Sexual Experience for the Better? Download Now! Your sexual awakening awaits.

**Beginner's Guide to Tantric Massage** J.D. Rockefeller 2015-10-01 Like others, you have probably wondered what tantric sex is and how to incorporate it into your own sex life. Well, tantric sex isn't directed to only experience pleasure through intercourse, but also to acknowledge your body and mind. That is why tantric sex's spiritual aspect is the same with yoga. For starters, it is recommended to practice the techniques in established relationships because you will feel more comfortable sharing your body with your partner. Tantric sex is also recognized as a slow form of sex, which increases intimacy. It can be performed by anyone interested to reboot their sex life and search for a new depth to love making. In this book, you will be further taken into the world of tantric sex that will help you learn more about the techniques, sex positions, and other things related to it.

**Sex Positions for Couples** Amelia Reid 2020-05-12 Are you tired of doing the same sex position with your partner? Do you want to spice things up by trying new sex positions that will definitely boost your sex performance? If yes, then this is the right book for you. Through reading this book, you will be challenged. It will require you to look within yourself in order to find the areas of your sex life and your relationship that you wish to work on and change. This is not always an easy task, but I assure you that it is worth the effort. You may read this book alone, or you may wish to read through it with your partner. Either way, sharing what you discover about yourself, your partner and your sex life will be extremely beneficial to rekindling that sexual flame and the passion you once had. Opening the lines of communication is essential for maintaining a strong and deep relationship, and this book will teach you how to do this. This book will teach you how to keep the fire burning

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bright in your marriage and how to make it burn even brighter. The longer you have been in a relationship doesn't have to signify the amount your frequency of having sex has decreased by. There are so many movies and television shows that tell us that marriage and having kids means the end of intimacy and sex. This does not have to be the case! After reading this book, you will be hopeful too. Contained here are tips and suggestions on exactly how to continue to have an intimate and loving relationship for years and years. This book will help guide you into new territory that you can explore with each other and that will help you grow stronger through this journey of discovery. Read this book together, or take turns reading each chapter and then putting what you learn into practice. The following chapters will teach you the best sex positions for you and your partner to try in a variety of scenarios and situations, as well as how to keep your passion and connection alive outside of the bedroom. This book covers: Tantric techniques Extra kama sutra positions What is tantric sex? Understanding what tantric philosophy is The benefits of tantric sex A woman's orgasm How best to prepare your mind and body for tantric sex using techniques for foreplay, massage, and masturbation Sexual personality Sex positions Tantric sex Advanced positions Advanced tips Kama sutra bonus ...And Much More The key to reading this book is to keep an open mind. By reading this with an open mind, you will be receptive to all of the information that it contains. There will be things that you may have never known before, about yourself, your relationship or your partner. Keeping an open mind will allow you to fully understand and learn from all of the things that become apparent to you as you read. Just as you would want your partner to keep an open mind when discussing your relationship or your sex life with you, you will need to do the same when reading this book or discussing these things with them. Ready to get started? Click "Buy Now"!

Tantric Sex Kaylee Reed 2020-12-16 ARE YOU LOOKING FOR NEW EXPERIENCES WHILE

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PRACTICING SEX WITH YOUR PARTNER? THEN KEEP READING... Late, do you think you and your partner feel disconnected? Do you think your sex life has become monotonous? Do you feel like adding a little spice to your sex life and getting rid of the routine? Do you think there is something that prevents you from forming a strong bond with your partner? Want to improve the privacy ratio? Do you want to learn the different ways you can get more fun? Want to learn the different ways you can please your partner? If your answer is yes to any of the questions mentioned above, then this is the perfect book for you. Your reason for exploring the concept of tantric sex could range from curiosity to your lack of establishing a spiritual connection with your partner. Whatever their motivation, this is the perfect book to start with the teachings of tantric sex. Tantric sex is much more than establishing a physical connection between two couples. It's about connecting with your partner on an emotional and spiritual level. It is the Union of the feminine and masculine energies present in the body to form a spiritual connection. Tantric sex will help revitalize your body, mind, and soul. Tantra can be practiced in different ways, and tantric sex is one of those ways that will help awaken the latent sexual energy present in your body to help you achieve greater pleasure. Tantric sex will help increase the heat between the leaves and add a new dimension to your sex life. In the book you will learn: - definition of tantric sex - contributes to a healthier lifestyle - sexual energy - the energy of the kundalini - the importance of the seven chakras - reduce stress levels - feelings with a partner - deceleration in sex - fun zone - male and female erogenous zone - the spiritual phase of sexual energy - relieves anxiety and depression - Ying a symbol of yang in tantric sex - male and female bodies of opposite polarities - positions for gentle penetration - positions for deep penetration AND MUCH MORE.. All information about tantric sex, different positions and variations will help you form a bond with your partner that goes beyond the physical field. So, what

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are you waiting for? Let's get started!

Tantra for Couples Richard Jakes 2020-04-08 Filled with various sex positions, a more profound sense of connection, and sure way to get repeated orgasms, Tantra for couples will change your sex life forever. Tantra for couples is a book that explores the tantric sex positions. It brings a slower yet effective way of making love to the ones we adore. It beats the regular quickies and fast sex styles that many are used to. In this book, you will be able to not only experience sex on a new dimension, but you will also learn how to reduce your stress levels to enable you to enjoy the experience. Here, you will be experiencing a god-like feeling to your experience because the book will engage the use of every sense of your body as well as every method to heighten the experience. It will not only build a deeper connection between you and your partner, but it will also heal you of past hurts, pain, and anger. Moreover, you are getting access to unlock some exciting parts of yourself. While many people would have recommended that you open your souls to the new reality by visiting the deepest parts of the forests, cutting your hair, and avoiding human connection, this book will guide you on how to use sex to have the experience. It uses the human relationships to get a quicker result than the insight many would have gained from going the ways of monks. This book covers the following topics: - What is Tantra? - The best tantric sex position that you'll need to learn to improve your sexual compatibility - The single most important rule to take your intimacy to the next level - Sacred sex positions that you should try at least on time in your life - Preparing your mind for sex - Secret mind sex games - Tantric exercises which can make you perform better in bed - Tantric massages and yoga - How to connect with your partner's sexual needs and fulfill their sexual desires You have here just the right tool for a great sex experience that was always the method of royalties and lords, which has always kept them satisfied with themselves and others.

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## **Tantric Sexuality for Beginners Learn How to Have Mindblowing Sex Using Tantra**

**Techniques for Men, Woman and Couples** Panagiotis Papadopoulos 2020-05-08 How to spice up the bedroom with tantric techniques, even if your sex life is completely vanilla. Are you and your partner bored in the bedroom? Have you lost that spark that existed in the beginning of your relationship? Do you long to feel the passion that used to leave you unable to keep your hands off each other? You need tantric sex, and luckily for you, this book is a complete guide. Sex isn't just a physical experience, but an emotional one too. It involves more than just your body. It also involves your spirit. Tantric sex teaches you how to get in touch with your essence, your chakras, and your spirituality so that you approach love making with your whole being. Once you do, you'll experience your partner like never before. Of course, tantra isn't just for those in relationships. Since tantra is all about connection, this book will also show you how to connect with yourself first and a partner second. In addition, you'll discover: What tantra is and why it applies in the bedroom The seven chakras and how they relate to tantra The secrets of sex magic How to achieve an energy orgasm Tantric sex tips for men, women, and couples And so much more! You can experience sex on a whole new level with the help of tantra. There are no complicated positions that are impossible to achieve, and you don't have to have any special training. Tantra is for everyone and at the end of the day, that's what matters. If you're ready for mindblowing sex and a heightened connection with your partner, click "add to cart" and give tantric sex a try today.

**Kama Sutra & Tantric Sex** Ava J Cole 2020-07-14 Are you looking for a complete guide on kama sutra? Do you want to discover how to perform great tantric sex? Then keep reading... Sex is not only important, but it is fundamental. For Maslow, when he elaborates his famous pyramid of basic needs of individual, he puts sex at the base of needs of person, together with nutrition, breathing,

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sleep and homeostasis. Maslow includes sex in the same range of primary needs because, according to his theory, it is linked to conservation instinct. Without satisfying these needs, including sexual needs, it will be impossible to move on to the levels considered "existential" such as security, belonging, esteem and self-fulfillment. Tantric sex is an old Hindu practice that has been in existence for a very long time and signifies the intertwining and extension of vitality. It is a moderate type of sex that is said to build closeness and make a mind-body association that can prompt groundbreaking climaxes. If that sounds confounding, consider it along these lines - if fast in and out sex is what could be compared to a takeaway, tantric sex is a happy moment, gradually and affectionately arranged and even more sweet because of the waiting. Tantric sex is beneficial for you if... You need to turn out to be much increasingly cozy with your accomplice You are searching for something new to do in bed You need to attempt to reconnect with your significant other or beau The uplifting news is Tantric sex is not 'objective arranged', which means you do not need to buckle down at realizing what to do. Try to take your psyche off your climax and rather center on making foreplay charming and compensating until you are prepared to take it to its regular end. This book covers What is Kama Sutra? History Philosophy of Kama Sutra Kama Sutra and Love Intimacy What Is Tantra? Tantra Philosophy Tantra And Meditation Benefits Of Tantric Sex Exercise For Tantric Sex And Massage ...And Much More If you need to give it a go, attempt the accompanying: - Start by turning down the lights and closing out the remainder of the world. - Do not surrender: If you do not last past 10 minutes, attempt once more. Tantric sex sets aside some effort to get to grasps with on the grounds that we're altogether used to sex in a western manner - this implies we anticipate that sex should have a conspicuous beginning, center and end. - Get settled: Try resting with your accomplice on the floor and gradually begin to contact one another, taking as much time as necessary to

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comfortable advance around their body. - Loosen your body: Tantra is tied in with moving vitality through the body, so shake your appendages energetically to invigorate and unblock your framework before you start. - Experiment: Try an assortment of contacts - firm knead, light padded contacts, and delicate stroking. The point here is to increase his faculties in a moderate and extraordinary way with the goal that you are building him to a pinnacle yet not taking him the whole distance and the other way around. Performed in the correct manner this can draw out sex and your pleasure for a considerable length of time. - Think about breathing: If you discover your mind begins to meander, re-center around your relaxing. Breathe in as your accomplice breathes out and the other way around - it can help improve the association among you and keep your psyche on what's going on. With training you can relinquish this thought and appreciate sex without considering the end well as have the option to control your body so you can defer peak and increment the quality of your climaxes. Ready to get started? Click "Buy Now"!

*Tantric Sex* Jeffery Dawson 2015-06-25 TANTRIC SEX GUIDE! Embrace the Passion and Spiritual Healing of Tantric Sex! Looking For Sexual Healing? Better Communication With Your Lover? Erotic Pleasure? Extended Ecstasy? Timed Bliss? Then THIS BOOK IS FOR YOU! Embrace the Passion and Spiritual Healing of Tantric Sex! Are you curious about Tantric Sex? Do you need guidance to get started? Would you like to know how Tantric Sex can free your body and soul? When you purchase *Tantric Sex: Guide to Sexual Healing Communication and Erotic Pleasure*, you'll learn what Tantra is, its history, and how it relates to tantric sex. You'll discover many aspects of Tantric Sex: Tantric Positions Tantric Exercises and Breathing Myths and Truths about Tantric Sex and Tantra The Ten Pledges of Tantra Mantras and Yantras LEARN THE SECRETS OF TIMED BLISS! *Tantric Sex: Guide to Sexual Healing Communication and Erotic Pleasure* describes the benefits of Tantric Sex,

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including individual growth and heightened orgasms. You'll learn about Tantric Sex relationships, how to handle power struggles and how this practice empowers both men and women. Increase Love, Alleviate Depression and Create a Positive Effect on the World. You'll discover many techniques and positions and even learn how to give a Tantric massage! Purchase *Tantric Sex: Guide to Sexual Healing Communication and Erotic Pleasure* now, and enter a whole new world of sexuality and spirituality! .

**Sex Position for Couples and Tantric Sex** J. Savannah Clark 2020-05-06 Do you want to learn how to revitalize your sexual relationship and make your wishes come true.? Do you want a complete tantric sex guide with stories and sex positions for men, women and beginners? If yes, then keep reading...We have sex; we make love for our metamorphosis, to evolve. And we can evolve only if we live the sexual desire to the full, as a transforming force, which brings us to our individual and couple realization. Through sexuality our soul vibrates, lights up and our being gives birth to the unknown I who lives within us. Sexuality, actually, is Aphrodite's and his son Eros' gift to men. Having sex is good for love and, therefore, you have to do it always better, make it more appetizing and interesting. For example, by experimenting with various sexual positions, we can stimulate the sexual nerve centers and enhance our own and partner's eroticism. Of course, the imagination and creativity of the couple's members are indispensable, as is the predisposition of the couple to experimentation and participation. Having good sex, in fact, rewards individuals, makes them more creative, raises their mood and psycho physical well-being, because sex is - as already mentioned - the most important factor in a couple's life. Through sexuality, as well as the choice of preferred sexual positions, the couple expresses their personality, their culture, the type of relationship that exists between their members, marking their own and others' evolution. If you are a beginner, sex

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can make you feel overwhelmed, especially if you are clueless about simple positions. Therefore, you should make the first step of learning the most relaxed positions that you could try out with your partner and get the best out of it. Instead "Tantric sex" is a way of increasing the passion in your sex. Tantric sex helps you to increase the intimacy and comfort levels that you share with your partner. It also helps you to derive enhanced satisfaction and pleasure from sex. Tantric sex is a much older concept that what people believe it to be. It is believed to be a very old Hindu practice. It helps a person to tune into his own energy centers and also helps him to align his energy centers with his partner's energy centers. There are no hard and fast rules for tantric sex. There are a few techniques and guidelines that are enough to make you understand the basics of tantric sex. Tantric sex will help you get rest at a very deep level. When your body is rested, it can be calmer and more composed and will derive more pleasure from sex. You and your partner should definitely indulge in tantric sex. When you and your partner make tantric sex a part of your life, you will be able to understand its uses and will also be able to reap its many benefits. You should understand that tantric sex is for everybody. It is for each and every person who wants to derive intimacy in a relationship and pleasure in sex. If you acquaint yourself with the right information and knowledge then you will understand that tantric sex is also for you. All that you need is the right knowledge and the right guidance. This book covers the following topics: \*Couple relationship\* Sexual positions for beginners and advanced \*The differences between male and female orgasm\* Couple sex for a pregnant woman \*Tips to overcome anxiety and insecurity\* Sexual Fantasies and Fetishism \*Oral sex on a woman\* Find out why a relationship needs sex and new positions \*The best sexual positions\* The history and origins of tantric sex \*The tantric psychology\* The basis of tantric sex \*How to practice this discipline without needing an instructor\* Techniques to learn how to do tantric massage and

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exercises\*Tantric sex positions\*Attainment of ecstasy\*Female orgasm, multiple orgasm\*Improve your performance thanks to these tips \*Intense and prolonged coitus\*The importance of your breath...And much moreReady to get started? Click "Buy Now"!

**Tantric Sex** Jasmine Veda 2016-06-13 33 Tantric Sex Techniques For Couples & Singles Too! - Are you and your partner having any relationship issues right now? - Were you in love once, but love and sex seem to have lost their appeal for a while now? - Do you no longer feel excited when having sex with your partner? Do you fantasise about other people or situations while having sex - do you struggle to stay rooted in the present moment? - Do you struggle to make space for lovemaking because of work, childcare, a vibrant social life or any other demands? - Do you struggle to communicate with your partner, with your discussions leading to arguments more often than not? - Have you been single for a while, wondering if you will ever find that someone special for you? Do you find it difficult to open up to strangers? Do you feel like you will never find love again? - Do you feel like you lack creativity in some or all areas of life? If you answered YES to any of the questions above then this book is for you! In this book, you will learn what tantra and tantric sex are all about using 33 practical techniques for you and your partner to try. There are tantric techniques for singles too! Scroll To The Top & Click The "BUY NOW" Button You'll be so happy you did!

**Tantric Sex Guide for Couples** Samantha Mandala 2021-07-25 Is your sex life getting boring and repetitive? Are you looking for ways to rekindle the passion in your relationship and increase the complicity with your partner? Do you want to discover new sex positions and master the secrets of Tantric sex? Do not go further; this is the book for you! "Tantric Sex Guide For Couples" is the perfect reading to spice things up in the bedroom and improve your relationship. Thanks to this book, you will be able to connect on a completely different level with your partner and discover new

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aspects of your relationship. This book is not just about exotic sexual positions; it can help revitalize lost enthusiasm, increase complicity and ultimately rekindle the fire of passion. Your sexual intimacy will never be the same again. Tantric Sex Guide for Couples contains: History of Tantra from the origins to the present Tantra and the way of liberation Shiva and Shakti duality - Understand your sexual energy Tantric Yoga with illustrated positions Step by step breathing techniques How to touch your Shiva How to touch your Shakti Tantric step by step illustrated sex positions Tantric massage Orgasm secrets And many more! The "Tantric Sex Guide for Couples" is a concentrate of information and ideas that will help you not to fall into the trap of routine. Take your first steps on a journey that will lead you to discover the nuances of sex and achieve ultimate pleasure for you and your partner! Are you ready to master the secrets of sex? Click the BUY NOW button!

**Tantric Sex** Carla Nox 2021-03-18 □ 55% OFF for Bookstores! □ How perfect is your sex life? Does sex totally thrill you? Do you achieve sexual satisfaction? As a woman, how often do you reach orgasm? Is your sex life behind closed door fun or do you reel from sexual dissatisfaction as a result of lack of sexual adventure? If your answer is "yes" to at least one of these questions, then keep reading.... We are very happy to present our new book: Tantric Sex - a book that will transform your sexual energy and sex life while using secrets and techniques of sensual tantric massages and tantra meditation. Intimate relationships - it's where most juice in life comes from; it is where the most pain comes for most people. It is too important to just dabble in it. In this particular book, we put together the information and knowledge of tantra and how to achieve intimate relationships that last for hours, learn sexual massages that control our mind, and incredible orgasms that you will be able to reach through meditation techniques. What you discover here? What exactly tantric sex entails so that you know the what's in it for you and your partner How to prepare your body and mind for a

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tantric sex encounter How to optimize your tantric sex communication for greater intimacy and greater sexual experience How to use the principles of tantric sex to last longer in bed and perhaps be able to go several rounds to unleash the randy horse within you How to apply the tantric principles of self-love and self-control to make your sex life enviable How to reinvent your relationship from inside out, to fall in love again and to "reset" the passion and lust you once had for each other to have multiple orgasm inducing sexual encounters and more And much more! Don't be left behind! Thousands of people are reinventing their sex lives with tantric sex. Buy it NOW and let your customers get addicted to this amazing book!

Tantric Sex Adriano Valentino 2016-09-08 BONUS: A FREE copy of Sex Positions: 21 Positions To F\*ck Her Brains Out Is Included Within This Book! Would You Like To Discover How To Take Your Sexual Pleasure, Sex Drive, And Performance To An Exciting New Level? Do you feel sometimes that your sex life with your partner has lost its spark? Or that you would like to experience more pleasure out of sex than you currently do? Have you ever imagined far more pleasure in a sexual fantasy than real life? Imagine if you could make a HUGE increase in the pleasure and excitement of sex to make yourself and others happier! You might also be thinking, how can applying the art of Tantric Sex help me, and what is it? Tantric Sex is a POWERFUL spiritual yet also physical form of sex that has been around for generations, with the goal of increasing sexual energy and control to achieve AMAZING orgasms for both men and women and STRENGTHENING the bonds of a relationship! By doing specific tantric techniques, tricks and exercises to relax and build sexual energy, you can eliminate your worries, improve performance for yourself and your lover, and overall to just enjoy a level of pleasure previously UNIMAGINABLE! So "Adriano," What makes your book different from all the other ones on Amazon? My book contains very little to no useless information, and explains

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complicated concepts in SIMPLE, EASY ways to help you understand what Tantric Sex is about, and how to APPLY what you learn in SIMPLE, EASY PRACTICAL methods and steps! I know that YOU want FAST, EFFECTIVE advice, not a fiction novel. Here Is A Summary Of What You Will Be Taught - What Is Tantric Sex And What Is The Purpose Of It? - The Best 5 Sex Positions To Blow Your Partner's Mind And Yourself! - Many Different Sex Techniques - How To Last Longer In Bed Using Your Body And Mind, Therapy, And Even Medical Methods! - Over A Dozen Different Foods To Increase Your Sex Drive Naturally! - And A HUGE Section With Plenty Of Other Tips, Tricks, And Ideas To Increase The Pleasure! And More! This Book Will Guide You Step-By-Step, And Give You Plenty Of Room To Be Creative! If You Are Not %100 Satisfied With This Book, You Can Return This Book To Amazon Within 7 Days For A Full Refund, Guaranteed! Click The Buy Now Button And Start Seeing Results Immediately For Only \$10.38 On Paperback! You Can Also Buy The Kindle Version Along With The Paperback For Only \$0.99 Through Kindle Matchbook!

**The Heart of Tantric Sex** Diana Richardson 2010-05-11 After many years of exploration, Diana Richardson found that the ancient practice of Tantra, with its unique, intelligent approach to sex, had the effect of enhancing intimacy and deepening love. Here she has adapted Tantra for modern Western lovers in a practical, sympathetic way. Tantric Sex can transform your experience into a more sensual, loving and fulfilling one.

**The Complete Guide to Modern Tantric Sex** Susan Bridget 2020-09-19 Do you want to discover the ancient secrets to experience mind-blowing Tantric Sex and Improve Your Relationship? Then Keep Reading. After many years of exploration, the ancient practice of Tantra, with its unique, intelligent approach to sex, had the effect of enhancing intimacy and deepening love. Here the author has adapted Tantra for modern Western lovers in a practical, sympathetic way. Tantric Sex

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can transform your experience into a more sensual, loving and fulfilling one. In order for your sex life to improve, you must be willing to learn and practice Tantra. Once you do, you will be able to flow with your body's rhythm, find out what gives it pleasure and figure out the way it feels pleasure. So, how can you apply ancient Hinduism and Buddhism principles to achieve mind-blowing Tantric sex? Get yourself your very own copy of *The Complete Guide to Modern Tantric Sex* that will guide you in a life-changing journey! What makes this guide unique is that readers can start their journey towards physical and spiritual sex. Here is where you will learn principles that can help reach a deep, intimate connection with your partner! From *The Complete Guide to Modern Tantric Sex*, you will discover: Awaken and worship the God or Goddess within you so you can have better sex and deeper, more intimate relationships Achieve multiple orgasms using centuries-old Tantric sex teachings that are still relevant in the modern world Improve your Tantric sex experiences using proven, expert-approved tips that will change your life and relationships for the better Master the art of sacred sex to reach your soul's ecstasy! you will be able to awaken your sexual energy with the teachings of Tantra illuminated. The best sex positions for couples, massage and meditation techniques. And so much more! Bonus: Massage and Tantric Meditation Tantra, Tantric Sex and its Benefits Communication Essentials and How to Breathe To Ecstasy Distinguish And Worship The God Or Goddess Within You How to Prepare Your Body and the Purification Path Positions And Techniques Multiple Orgasm, Female Orgasm and Tantric Sex Teachings Tips to Improve Tantric Sex Pleasure This life-changing guide provides proven ancient knowledge that focuses not only on erotic aspects but also on the importance of history, practices, and traditions behind the Tantra philosophy. In simple words, after getting this book, the secrets Tantric techniques that you will discover will improve your sex life thanks to a new and deeply spiritual vision. Let's discover all of

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them: Scroll up, Click to Get This Book, and let Tantra Secrets become part of your life.

Tantric Sex Nicole Bliss 2020-04-06 Do you want to unlock your deepest sexual, physical, emotional, mental and spiritual energy? Do you want to enjoy sex like never before? If yes then keep reading... Many people either they are in a relationship or not suffer from communication issues, lack of quality time, insufficient intimacy, unsatisfying sex life. Tantra practices have turned for many adopters a successful way to improve in all those areas. Tantra brings an intelligent approach to life, sex and has the effect of enhancing intimacy and deepening love. So how you can stop missing out on this incredible experience that Tantra can offer? You have come to the right place. This book has got you covered as it contains all the Tantra knowledge you need to bring your sex, emotions, mental fulfillment to the next level and discover your hidden sources of energy. You will also be helped by several illustrations. You will master the art of Tantra which you have wished to know before and you will not believe how you have done without until now! In this book you will discover: What is Tantra and its benefits How Tantra helps in connecting the sensory, emotional, cognitive level with spiritual How can you get the best out of Tantra meditation with the use of Mantra and Yantras Why and how you should practice Tantric sex What are the best Tantric sex positions How can you best use the Tantric Chair to enhance your sex experience How to give and receive Tantric sex massages How can you discover and reach the super orgasm How to improve your vaginal sensory capabilities with the Yoni Egg How can a man learn to control ejaculation to reach the maximum enjoyment And much more! Most books on Tantra Sex touch only the surface and miss to provide the why, how and links among the different elements of Tantra, and they very often have limited or no illustrations at all. This is instead a complete 360 degrees book on Tantra! If you are a beginner, you can start your journey towards full sex enjoyment and unlock your full energy. If you have some experience, get

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ready to upgrade your level up! Do yourself, your partner and everyone else that you will potentially have sex with a favor, read this book! Give your partner the present of informing yourself about how to bring them enjoyment like never before. What are you waiting for? Scroll up and get your copy by clicking the "Buy Now with 1-Click" button

**Kama Sutra & Tantric Sex** Madison Streeep 2020-05-23 Do you want to master the secrets of oriental sex with Kama Sutra and Tantric Sex? Do you want to spice up your sex life? Do you want to learn how to improve your relationship and intimacy with your partner? Do you want to become an expert in sex and seduction? Then this book is for you! This is The Ultimate Oriental Sex Guide with 2 Manuscripts in 1 Book: 1 - Kama Sutra 2 - Tantric Sex You no longer have to lose your time and resources looking around. In this book you will learn everything and anything you want and need to know about how to bring your sex life to the next level. You will discover all Kama Sutra Secrets and how to leverage Tantric Sex to the maximum, all juiced up with several illustrations. You will learn things you didn't even know you needed to know but that will make you wonder how you ever lived without! In Manuscript 1 "Kama Sutra" you will discover What is Kama Sutra and its benefits What is love for Kama Sutra How to succeed in flirting and courtship How can you become a master in seduction How enjoy at best the 100+ sex positions of the extended Kama Sutra including, standing, relaxing, woman dominates, man dominates, sitting, acrobatic positions How to excel at oral sex with several positions What masturbation techniques can you use to better discover yourself What type of orgasm should you aim at and how to get them In which cases you should go for a threesome and how can you enjoy at best this experience And much more! In Manuscript 2 "Tantric Sex" you will discover What is Tantra and its benefits How Tantra helps in connecting the sensory, emotional, cognitive level with spiritual How can you get the best out of Tantra meditation with the use of

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Mantra and Yantras Why and how you should practice Tantric sex What are the best Tantric sex positions How can you best use the Tantric Chair to enhance you sex experience How to give and receive Tantric sex massages How can you discover and reach the super orgasm How to improve your vaginal sensory capabilities with the Yoni Egg How can a man learn to control ejaculation to reach the maximum enjoyment And much more! What sets this book apart is that it gives you a well-rounded approach on how to increase intimacy, explore new sex positions, how to communicate about sex, about everything else that involves sex, and how to ensure you are giving each other the most pleasure possible. Kama Sutra & Tantric Sex is waiting for you to open it up and explore all it has to offer you. Do yourself a favor, your partner a favor, and everyone that you will ever have sex with a favor by reading this book and informing yourself to the fullest extent. Give your partner the gift of informing yourself about how to please them like never before. Scroll up and get your copy by clicking the "Buy Now with 1-Click" button and you will be able to begin your journey to becoming the best sexual and romantic partner you can ever be.

**Sex** Madison Streep 2020-06-18 Do you want to discover the best Sex Positions for Couples and master the secrets of Kama Sutra and Tantric Sex? Do you want to spice up your sex life with Sex Games? Do you want to learn how to improve your relationship and intimacy with your partner? If yes then this Book is for you! This is The Most Complete Sex Guide around, with 4 Manuscripts in 1 Book: 1 - Sex Positions for Couples 2 - Kama Sutra 3 - Tantric Sex 4 - Sex Games. You no longer have to lose your time and resources looking around. In this book you will learn everything and anything you want and need to know about how to bring your couple's sex life to the next level. You will discover several Sex Positions for Couples, Kama Sutra Secrets, Tantric Sex Practices and the best Sex Games, all juiced up with several illustrations. In Manuscript 1 "Sex Positions for Couples" you

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much more! Do yourself, your partner and everyone else that you will potentially have sex with a favor, read this book! Give your partner the present of informing yourself about how to bring them enjoyment like never before. Wait no longer, Scroll up and get your copy by clicking the "Buy Now" button!

*Sex Position for Couples and Tantric Sex* J Savannah Clark 2020-04-25 Do you want to learn how to revitalize your sexual relationship and make your wishes come true.? Do you want a complete tantric sex guide with stories and sex positions for men, women and beginners? If yes, then keep reading...We have sex; we make love for our metamorphosis, to evolve. And we can evolve only if we live the sexual desire to the full, as a transforming force, which brings us to our individual and couple realization. Through sexuality our soul vibrates, lights up and our being gives birth to the unknown I who lives within us. Sexuality, actually, is Aphrodite's and his son Eros' gift to men. Having sex is good for love and, therefore, you have to do it always better, make it more appetizing and interesting. For example, by experimenting with various sexual positions, we can stimulate the sexual nerve centers and enhance our own and partner's eroticism. Of course, the imagination and creativity of the couple's members are indispensable, as is the predisposition of the couple to experimentation and participation. Having good sex, in fact, rewards individuals, makes them more creative, raises their mood and psycho physical well-being, because sex is - as already mentioned - the most important factor in a couple's life. Through sexuality, as well as the choice of preferred sexual positions, the couple expresses their personality, their culture, the type of relationship that exists between their members, marking their own and others' evolution. If you are a beginner, sex can make you feel overwhelmed, especially if you are clueless about simple positions. Therefore, you should make the first step of learning the most relaxed positions that you could try out with your

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partner and get the best out of it. Instead "Tantric sex" is a way of increasing the passion in your sex. Tantric sex helps you to increase the intimacy and comfort levels that you share with your partner. It also helps you to derive enhanced satisfaction and pleasure from sex. Tantric sex is a much older concept than what people believe it to be. It is believed to be a very old Hindu practice. It helps a person to tune into his own energy centers and also helps him to align his energy centers with his partner's energy centers. There are no hard and fast rules for tantric sex. There are a few techniques and guidelines that are enough to make you understand the basics of tantric sex. Tantric sex will help you get rest at a very deep level. When your body is rested, it can be calmer and more composed and will derive more pleasure from sex. You and your partner should definitely indulge in tantric sex. When you and your partner make tantric sex a part of your life, you will be able to understand its uses and will also be able to reap its many benefits. You should understand that tantric sex is for everybody. It is for each and every person who wants to derive intimacy in a relationship and pleasure in sex. If you acquaint yourself with the right information and knowledge then you will understand that tantric sex is also for you. All that you need is the right knowledge and the right guidance. This book covers the following topics: -Couple relationship-Sexual positions for beginners and advanced-The differences between male and female orgasm-Couple sex for a pregnant woman-Tips to overcome anxiety and insecurity-Sexual Fantasies and Fetishism-Oral sex on a woman-Find out why a relationship needs sex and new positions-The best sexual positions-The history and origins of tantric sex-The tantric psychology-The basis of tantric sex-How to practice this discipline without needing an instructor-Techniques to learn how to do tantric massage and exercises-Tantric sex positions-Attainment of ecstasy-Female orgasm, multiple orgasm-Improve your performance thanks to these tips -Intense and prolonged coitus-The importance of your breath...And

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**Great Sex Made Simple** Mark A. Michaels 2012-12-08 Take your sex life from ordinary to extraordinary with this fun and easy-to-use beginner's guide to authentic Tantra. Explore new and surprising sources of sensual delight with fifty-four Tantric techniques for enhancing intimacy and deepening pleasure. Proving that Tantric lovemaking doesn't have to take hours, Tantra experts Mark A. Michaels and Patricia Johnson present straightforward, simple practices that anyone can do. Along with fundamental principles of Tantric sex, you will discover amazing ways to prolong arousal, satisfy your partner, maximize bliss, and reach higher states of consciousness. Erotic trigger points Massage Fantasy and role-play Kissing Self-pleasuring Breathwork Eye-gazing Meditation Praise: "Patricia Johnson and Mark A. Michaels have written a compassionate and accessible guide to an often mysterious but valuable tradition, and made it relevant for today's readers who want to find more connection, spirituality, and care in their lives and love."—Naomi Wolf, author of *Vagina* and *The Beauty Myth* "Great Sex will be a useful resource for individuals seeking to enrich their sexual experiences to open their minds to new possibilities of intimacy."—ForeWord Winner of the 2013 IPPY Award (Gold, Sexuality/Relationships category) Finalist for two ForeWord Awards (Self-Help Category and Family & Relationships Category)

[Sex Position for Couples](#) Amelia Reid 2020-05-11 Are you tired of doing the same sex position with your partner? Do you want to spice things up by trying new sex positions that wil definitely boost your sex performance? If yes, then this is the right book for you. Through reading this book, you will be challenged. It will require you to look within yourself in order to find the areas of your sex life and your relationship that you wish to work on and change. This is not always an easy task, but I assure you that it is worth the effort. You may read this book alone, or you may wish to read through

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it with your partner. Either way, sharing what you discover about yourself, your partner and your sex life will be extremely beneficial to rekindling that sexual flame and the passion you once had. Opening the lines of communication is essential for maintaining a strong and deep relationship, and this book will teach you how to do this. This book will teach you how to keep the fire burning bright in your marriage and how to make it burn even brighter. The longer you have been in a relationship doesn't have to signify the amount your frequency of having sex has decreased by. There are so many movies and television shows that tell us that marriage and having kids means the end of intimacy and sex. This does not have to be the case! After reading this book, you will be hopeful too. Contained here are tips and suggestions on exactly how to continue to have an intimate and loving relationship for years and years. This book will help guide you into new territory that you can explore with each other and that will help you grow stronger through this journey of discovery. Read this book together, or take turns reading each chapter and then putting what you learn into practice. The following chapters will teach you the best sex positions for you and your partner to try in a variety of scenarios and situations, as well as how to keep your passion and connection alive outside of the bedroom. This book covers: Tantric techniques Extra kama sutra positions What is tantric sex? Understanding what tantric philosophy is The benefits of tantric sex A woman's orgasm How best to prepare your mind and body for tantric sex using techniques for foreplay, massage, and masturbation Sexual personality Sex positions Tantric sex Advanced positions Advanced tips Kama sutra bonus ...And Much More The key to reading this book is to keep an open mind. By reading this with an open mind, you will be receptive to all of the information that it contains. There will be things that you may have never known before, about yourself, your relationship or your partner. Keeping an open mind will allow you to fully understand and learn from all of the things that become

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apparent to you as you read. Just as you would want your partner to keep an open mind when discussing your relationship or your sex life with you, you will need to do the same when reading this book or discussing these things with them. Ready to get started? Click "Buy Now"!

Tantric Sex Grace Mason 2017-01-08 Off late, do you feel that you and your partner feel disconnected? Do you feel that your sex life has become monotonous? Do you feel like adding some spice back into your sex life and breaking free of the routine? Do you feel that there's something that is stopping you from forming a strong bond with your partner? Do you want to improve the intimacy quotient? Do you want to learn the different ways in which you can attain greater pleasure? Do you want to learn the different ways in which you can pleasure your partner? If your answer is yes for any of the questions that have been mentioned above, then this is the perfect book for you. Your reason for exploring the concept of Tantric sex could range from curiosity to your want of establishing a spiritual connection with your partner. Regardless of your reason, this is the perfect book for getting you started with the teachings of Tantric sex. Tantric sex is so much more than simply establishing a physical bond between two partners. It is about connecting with your partner on an emotional and a spiritual level. It is the union of the female and the male energies present in the body, for forming a spiritual connection. Tantric sex will help in revitalizing your body, mind, and soul. Tantra can be practiced in different forms and Tantric sex is one of those forms that will help in awakening the dormant sexual energy present in your body for helping you attain greater pleasure. Tantric sex will help in turning up the heat between the sheets and add a new dimension to your sex life. In the course of this book, you will learn: The meaning of Tantric sex and its various benefits. The essentials of Tantric sex and the worship of the God or Goddess within. Preparation of your body for Tantric sex. Essentials of Tantric communication. The different Tantric sex positions and

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techniques. The basic teachings of Tantric sex. Various Tantric sex exercises and yoga positions. The ways in which Tantric sex can be made use of for male and female orgasms. All the information regarding Tantric sex, the different positions, and variations will help you in forming a bond with your partner that surpasses the physical realm. So, what are you waiting for? Let's get started! Buy your copy today!

**Sex** Madison Streepp 2020-05-23 Do you want to spice up your sex life? Do you want to master the secrets of oriental sex with Kama Sutra and Tantric Sex? Do you want to learn how to improve your relationship and intimacy with your partner? If yes then this Book is for you! This is The Most Complete Sex Guide around, with 4 Manuscripts in 1 Book: 1 - Kama Sutra 2 - Sex Positions for Couples 3 - Tantric Sex 4 - Sex Games. You no longer have to lose your time and resources looking around, In this book you will learn everything and anything you want and need to know about how to bring your sex life to the next level. You will discover several Sex Positions, Kama Sutra Secrets, Tantric Sex Practices, Sex Secrets and the best Sex Games, all juiced up with several illustrations. In Manuscript 1 "Kama Sutra" you will discover - What is Kama Sutra and its benefits - What is love for Kama Sutra - How to succeed in flirting and courtship - How can you become a master in seduction - How enjoy at best the 100+ sex positions of the extended Kama Sutra including, standing, relaxing, woman dominates, man dominates, sitting, acrobatic positions - How to excel at oral sex with several positions - What masturbation techniques can you use to better discover yourself - What type of orgasm should you aim at and how to get them - In which cases you should go for a threesome and how can you enjoy at best this experience - And much more! In Manuscript 2 "Sex Positions for Couples" you will discover: - How can you improve intimacy and compatibility with your partner - How to prepare your mind and body for sex - How is foreplay done best - What are the best sex

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*Tantric Sex For Couples* alexia Reid 2019-10-26 Did you know there are ancient techniques to guide you through a sexual intimacy you've only dreamed of? Are you aware that these techniques are so powerful that you will not only experience the greatest orgasmic sensations you can imagine, but that you will develop a significant expansion of self, a spiritual connection, and soulful healing, that

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cannot be delivered by any manufactured means? This ancient Hindu form of tantra dates back nearly 5,000 years and teaches us that life itself is an endless cycle of sex full of myriad sensations. The act of sex is ultimately an act of one's most honest and vulnerable expression of one's spirituality. Based on this, tantra teaches us the ways to create a supreme connection with every piece of life and how to worship that in the sexual experiences we share. By practicing these ways, we find ourselves in a calm and peaceful state of acceptance each day, and we find ourselves reaching new heights of sensual pleasures at night. If you've ever longed for better communication with your lover, or if you've needed a new element to your sex life together now more than ever, the time has come to learn how. If you've ever craved for sexual healing and true intimacy, satiate your desires. If you've ever fantasized about deeply erotic pleasures and hours of sexual bliss, make it real. This book tells you how. Inside the cover of these lessons you'll discover: \* The origins of tantra and its assimilation into western culture \* How to perform tantra yoga that will facilitate better sex \* How to use asanas and vinyasas to your benefit \* Your romantic union can benefit from non-sexual tantric practices \* The differences between regular sex and tantric sex \* Why individuals use tantra for better health and better sex \* How to initiate intimate sexual conversation with your partner \* Ways to eliminate negative emotions and insecurities with tantric sex \* Ways to heal sexual abuse through tantra \* How to use breath as your ultimate guide to pleasure \* Poses and sexual positions to increase libido and orgasm \* How to abandon obligation and expectation for euphoria \* The effects of mindfulness and meditation for better living and better sex \* Everything you need to know to prepare for a tantric sex experience \* How to cultivate a perfect sacred space to practice tantra and sex \* How to prepare the body for tantric bliss \* The mindset and emotional factors that come with sex \* How to suppress orgasm for a prolonged sexual experience \* What other couples have

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experienced by practicing tantric sex \* The added benefits tantra can have on your relationship \* How tantra in the bedroom spills ecstasy into other facets of your life \* How to liberate yourself and your partner through sex Follow the layout of this book from build up to a crescendo and learn the secrets and pleasures of ultimate sexual union. The opposite of a quickie, tantric sex is about the journey, not the destination. Learn how to enjoy the ride. Illuminate your life with sex. Purchase and download this book now in order to start the process of transforming your sex life. Your intimacy will never be the same again. You will discover the crazy amazing potential that you have been hiding in you. Be sure to achieve the best sex life. While at it, please leave a review on Amazon.

*Tantric Sex* Rachel Meurisse 2020-10-10 Do You Want To Discover Ancient Sex Techniques And Reach A New Level Of Pleasure? Are you...  curious about trying new sex techniques?  looking for ways to make your relationship even more intimate?  dreaming of multiple orgasms? Then you should definitely try tantric sex! Contrary to what you may have heard, tantric sex is not some weird esoteric orgy. It is an ancient Hindu practice that aims to achieve a complete sexual union that's not just physical. Tantric sex is just as much about emotional intimacy and releasing each other's sexual energy. It's also about respect and adoration. The sexual act is just a part of the Tantric experience, which also includes massage, intense eye contact, and other erotic practices. Here are some benefits of Tantric sex: It releases sexual energy, breaking taboos and insecurities It deepens and strengthens your emotional bond MULTIPLE ORGASMS in both women and men! Yes, you've hear it correctly! Does this sound good? OK, so how do you practice Tantric sex? First of all, you need a loving partner. Second, you need this book. Here's what this book will teach you: The biggest secret to preparing an unforgettable Tantric experience The special little things that make Tantric foreplay different from "normal" foreplay Some Tantric sex positions to try out The ancient art of Tantric

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massage How to reach mind-blowing orgasms and help your partner do the same Is Tantric sex boring? Even if you strongly prefer quickies, calmly adoring and caressing your loved one is a highly satisfying experience that's anything but boring. What if you're into BDSM? Don't worry: you can channel your sexual energy in many ways once you've liberated it through Tantric foreplay. In Tantra, there IS a place for domination and submission. Just try it! Are you ready for spectacular sex? It's just a click away! Get Your Copy Now to Transform Your Sex Life

*Tantric SEX POSITIONS for Couples* Dom Lothario 2020-04-27 this book includes - Tantric SEX - Sex Positions for Couples - Dirty Talk If you want to make your sexual fantasies a pleasurable reality, then keep reading Do you want to learn tricks that will make anyone go wild in bed? Do you want to experience tantric sex with easy to learn positions? Do you want to learn the language of lust and spice up your sex life? Well, tantric sex is one of the best ways to do it! For any healthy relationship to prosper, couples need to indulge in healthy sex. Sex isn't just one of the basic primal needs, but rather a way to create a strong bond amongst couples. When we talk about sex, the topic itself can be quite vast. Not everyone gets to enjoy the best level of sex. This book aspires to help you reconnect with your inner sexual drive. Learn the best ways to maximize your sexual potential and live your every fantasy. With these expert tips, you can transform your sexual life and experience growth. If you want your relationship to stay young, you need to be wild in love. This is why most successful couples who show intimacy even at old age are the ones who do not fail to experiment. Your age isn't a delimiter to the number of times you need to have sex. This should be based on your stamina and how your body reacts to your partner. So, if all these have been a cause of concern or if you are just curious to know how an enhanced sex drive could trigger a much-needed change in your life, we are here for you with the right book to pick and read. In this book, we'll give you a deep,

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realistic understanding of the different elements and existing varieties, including the theory behind it, different positions, and ways to truly experience a tantric orgasm for both men and women. Tantric sex will change the way you have sex. That's why it's so important to understand all the elements behind it. Also you will learn that the language of lust can drive even the tamest lovers mad with raw, passionate, carnal desire. So much of sexual talk focuses on techniques and positions for ways to stimulate the erogenous zones in your body for maximum pleasure. Here's a sneak peek of what you'll learn... ●Basics of Tantric sex and the benefits it offers ●Specific positions from The Trantic art to use in any situation you could imagine ●All the right things to do to arouse your partner before sex ●How to drive your partner wild with dirty talk ●What to say before, during and after an orgasm ●Understanding what your partner likes and doesn't like ●Sexual behaviours men and woman should be a aware of ●How to use sex toys to your advantage during a multiple orgasm ●Oral sex techniques that has potential to transform sexual drive ●Performance tips that could lead to the ultimate orgasm ●How to stimulate all the senses of your partner throughout the proper massage technique At the end of the day, tantric sex can lead to some seriously amazing experiences. Until you have learned about it, you will never know what you are missing. Taking the time to thoroughly read this book will provide you with the knowledge and understanding, so you and your partner can decide if this is a world you would like to delve into. So, are you all set to get started? So don't wait, scroll up, click the "BUY NOW" button and improve yo

**Kama Sutra and Tantric Sex Pictures Positions Guide** Jessica Hamilton 2021-04-18 Do you want to discover the best Sex Positions for Couples and master the secrets of Kama Sutra and Tantric Sex? Do you want to spice up your sex life with Sex Games? Do you want to learn how to improve your relationship and intimacy with your partner? Do you want to know How to Bring the

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excitement of your partner to the top? Are you ready to learn ways to Boost your Sex Life? If yes then this Book is for you! This is The Most Amazing Sex Guide around, with 4 Manuscripts in 1 Book: 1 - Kama Sutra Essentials 2 - Kama Sutra Ultimate 3 - Tantric Sex Basis 4 - Tantric Sex Core You no longer have to lose your time and resources looking around. In this book, you will learn everything and anything you want and need to know about how to bring your couple sex life to the next level. You will discover several Sex Positions for Couples, Kama Sutra Secrets, Tantric Sex Practices, Sex Secrets, etc, all juiced up with several illustrations. In Manuscript 1 "Kama Sutra Essentials" you will discover - What is Kama Sutra and its benefits - What is love for Kama Sutra - How to succeed in flirting and courtship - How can you become a master in seduction - How to enjoy the best sex positions of the Kama Sutra In Manuscript 2 "Kama Sutra Ultimate" you will discover - How to enjoy the best most secrets sex positions of the extended Kama Sutra - How to excel at oral sex with several positions - What masturbation techniques can you use to better discover yourself - What type of orgasm should you aim at and how to get them - In which cases you should go for a threesome and how can you enjoy at best this experience - And much more! In Manuscript 3 "Tantric Sex Basis" you will discover - What is Tantra and its benefits - How Tantra helps in connecting the sensory, emotional, cognitive level with spiritual - How can you get the best out of Tantra meditation with the use of Mantra and Yantras - Why and how you should practice Tantric sex In Manuscript 4 "Tantric Sex Core" you will discover - What are the best Tantric sex positions - How can you best use the Tantric Chair to enhance your sex experience - How to give and receive Tantric sex massages - How can you discover and reach the super orgasm - How to improve your vaginal sensory capabilities with the Yoni Egg - And much more! Join the thousands that have already benefitted from the learning of this amazing bundle and improve your life forever. Do yourself, your partner, and

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everyone else that you will potentially have sex with a favor, read this book! Give your partner the present of informing yourself about how to bring them enjoyment like never before. Wait no longer, get your copy today!

The Origins of Yoga and Tantra Geoffrey Samuel 2008-03-27 Yoga, tantra and other forms of Asian meditation are practised in modernized forms throughout the world today, but most introductions to Hinduism or Buddhism tell only part of the story of how they developed. This book is an interpretation of the history of Indic religions up to around 1200 CE, with particular focus on the development of yogic and tantric traditions. It assesses how much we really know about this period, and asks what sense we can make of the evolution of yogic and tantric practices, which were to become such central and important features of the Indic religious scene. Its originality lies in seeking to understand these traditions in terms of the total social and religious context of South Asian society during this period, including the religious practices of the general population with their close engagement with family, gender, economic life and other pragmatic concerns.

**Sex** Adriano Valentino 2016-12-13 Three Different Sexual Instruction Topics In One! Learn Everything From Tantric Sex, Sex Positions, And "Dirty Talk" To Take The Fun To A Whole New Level! This book will contain 3 manuscripts related to the topics of Tantric Sex, Sex Positions, And Dirty Talk. Over 100 pages of Quality Content!The following titles are included in this book: Tantric Sex: A Beginners Guide For Couples Based On The Art Of Tantra Sex Positions: 21 Illustrated Positions To F\*ck Her Brains Out Dirty Talk: Unleash Excitement And Desire With Over 100 Examples And Tips Three Books In One Valued At \$2.99 Each, And Only \$3.99 For The Bundle, Save Money And Take Yours Today!

# How To Perform Tantric Sex

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