

# The Good Wives Guide To Taking Charge A Female Led Relationship Primer

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**Ultimate Guide To Martin Scorsese And His Directing Techniques - Indie Film Hustle**

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*Structural violence and the need for compassionate use of ... - BMC Public Health*  
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**The Most Powerful New Yorkers List - New York Magazine**

**The Ultimate Guide to Tease & Denial** - Georgia Ivey Green  
2015-11-27

DescriptionThe Ultimate Guide To Tease & Denial is more than just about what to do when you want to tease your guy sexually. It's about taking control of your sex-life and getting what you want from it. There is a step-by-step guide that will walk you through your first month of teasing so that you can get used to doing those things you need to do to make things better. A must read for chastity enthusiasts. Tease and denial has never been so simple. Whether you want to utilize chastity in your relationship or not, makes no difference in a modern, healthy relationship. Reading this book will give you insights into your partner's motivations like nothing before. You can take control of what you want and leave the rest to him. "The Ultimate Guide to Tease & Denial is a refreshing outlook on the sexual aspect of female domination that many women find cumbersome. I remember the days when I thought being a tease was a bad thing but Mistress Ivey has completely changed my perspective with her book. She empowers women by teaching not only how to use our inherent sexual charm to mold men's behavior but why it is important to release that inner naughty girl that many of us were taught to hide. This book has opened so many new channels of thought for me as it clearly points out how vital it is to express my love for my partner by using my feminine charms to seduce him every day and in many exciting ways while keeping him hung up and thirsty for more." Te-Erika "Queenie" Patterson (Publisher) ConquerHim.Com Celebrating The Beauty of Female Led Relationships

[Female-Led Relationship Guide](#) - Conner Hayden 2020-01-06

The #1 thing men secretly desire of women, yet typically won't admit it. Are you the one who likes to be in control, especially when it comes to making decisions for you and your partner? Do you and your significant other naturally fall into the dominant female and submissive male roles in your relationship, yet do not feel as if you utilize this couple dynamic to its fullest potential? Have you heard of or seen your friends in a female led relationship, the idea peaking your interest, but do not know how to implement this lifestyle into your own daily routine? Through years on

end, men have always been the dominant one in relationships, telling the woman what to do, taking care of finances, and typically taking the lead in the bedroom. Because women are quickly becoming more and more aware of the influence they can have on the world and thus breaking out of their shells, female led relationships are becoming increasingly popular in today's modern times, and for a good reason. According to Her Way, having the woman be the dominant partner in a relationship has many benefits, some of which include: A better sex life Improved communication Less pressure on the man to make sure his wife or girlfriend is happy Increased satisfaction in the relationship A relationship based on female dominance isn't solely about the control, but also about how it sets a stronger foundation for both sides of the party. In Female Led Relationship Guide, you will discover: Why a female led relationship doesn't necessarily mean BDSM, and how you can make it work for both you and your partner The key to finding the right balance between the dominant and submissive, and if it's even possible How this couple dynamic can be the solution to intimacy issues, as well as build the foundation for a healthy relationship The #1 thing you must do before beginning a female led relationship, or else it will do you and your partner more harm than good The major topics of concern to address with your significant other, and how to go about discussing them The shocking reason why men seek out dominant women to take charge in a relationship -- it may not be what you think! The varying degrees of dominance that can cater to anyone's comfort zone and lifestyle And much more. Don't worry, if you and your partner are interested in adopting a relationship built on female dominance but don't want this aspect of your life to be public, you don't have to. How you approach this lifestyle is completely up to you, whether it be something you do only behind closed doors or something you carry out regardless of where you are. Ladies, even if you're unsure about being the dominant one in the relationship and don't know if it suits your personality, the degree in which you dominate your partner depends on your wants and needs. Female led relationships aren't black or white, you can easily form your own perfect combination that will satisfy any and all of your desires. Do

your relationship a favor and join the modern version of relationships where women are the ones who take charge. Keep up -- the times are changing! If you want to explore the powers of female dominance and experience another level of connection with your partner, then scroll up and click the "Add to Cart" button right now.

Love & Obey Female Led Affirmations - Marisa Rudder 2021-02

Queen Marisa's fans will love her new positive Female Led Affirmations. Learn the power of these secret and erotic affirmations and how they can help you to submit to your Queen and live your best female led life. Marisa's affirmations are based on positive psychology, neuroscience, visualization and personal development techniques. Better Female Led Relationships await you with Love & Obey Female Led Affirmations. Today, many men think submitting to a woman is the most intimate act they have ever experienced and they feel honored to submit but they often find it difficult to achieve complete submission and fully accept a woman as their leader. Read this book and learn how to reprogram your subconscious mind to: SUBMIT TO LOVING FEMALE AUTHORITY ACKNOWLEDGE FEMALE SUPERIORITY ACCEPT A FEMALE LED LIFESTYLE AGREE TO FEMALE SEXUAL FREEDOM SURRENDER YOUR MALE SEXUALITY These Female Led Positive life affirmations remind you of the joy of real submission and female sexual control. Yes, you can become a pro at living a female led life by changing your thoughts. In 1 year of repeating my Erotic Female Led Affirmations, you'll transform your mindset from patriarchal to matriarchal; one affirmation, one day, and one year at a time. There are reasons all men need submission boosting affirmations: ELIMINATE PAST PATRIARCHAL CONDITIONING REPROGRAM YOUR MIND TO FEMALE LED THINKING Even men already living in a female led relationship need these daily affirmations. All men need help eliminating selfishness, male egos and male-led social conditioning in order to submit to loving female authority. Men don't leap out of bed acknowledging female superiority. Even men who are working hard to please their Queen's demands, pressures, to-do's and responsibilities need help to surrender completely to female control. Harness the power of Marisa's affirmations and

positive erotic thinking to achieve inspiration, wisdom, and the courage to submit to your Queen.

Scandi Rustic - Rebecca Lawson 2020-10-20

Award-winning bloggers and instagrammers Reena Simon and Rebecca Lawson are renowned for their love affair with all things Scandi. In their first book, Scandi Rustic Style, they reveal how to create a home that takes elements of Scandinavian design and introduces rustic natural materials and textures to create a Scandi-inspired interior that is cozy, relaxed, and inviting. Come with Rebecca and Reena on a journey that takes in the very best in Scandi Rustic homes. Whether you live in an urban apartment, a country cottage, or a blank-canvas new-build, this relaxed, sustainable, modern rustic style will work perfectly for your home.

Surrender, Submit, Serve Her - Key Barrett 2016-12-22

What is 'Female Leadership'? It's accepting that 'She knows best' in all matters. From the finances to the household to how best to accomplish long-term goals. It's trusting in Her judgement to run things and embracing 'Her way'. This doesn't make the man weak, just the opposite, because men are the best at 'getting things done' when the task is clearly defined but difficult to do. A Female Dominant Household plays to both side's strengths and minimizes weaknesses, leading to Female empowerment, greater satisfaction in the relationship, trust, bonding and yes, mind-blowing sex. Surrender, Submit, Serve Her seeks to help implement your Female Led household through tools like the Command and Conquer meeting (commanding and conquering tasks and roadblocks, not people), laying out the contract of servitude (clearly defining her dominion and removing unnecessary confusion) and crafting your own pledge that personalizes and empowers the act of his submission. Surrender, Submit, Serve Her has been nominated for the BDSM Writers Con 2017 Golden Flogger Awards for BEST BDSM Book of the Year in the Non-fiction category. Updated for 2018! Better formatting and new content.

I Love Jesus, But I Want to Die - Sarah J. Robinson 2021-05-11

A compassionate, shame-free guide for your darkest days "A one-of-a-

kind book . . . to read for yourself or give to a struggling friend or loved one without the fear that depression and suicidal thoughts will be minimized, medicalized or over-spiritualized.”—Kay Warren, cofounder of Saddleback Church What happens when loving Jesus doesn’t cure you of depression, anxiety, or suicidal thoughts? You might be crushed by shame over your mental illness, only to be told by well-meaning Christians to “choose joy” and “pray more.” So you beg God to take away the pain, but nothing eases the ache inside. As darkness lingers and color drains from your world, you’re left wondering if God has abandoned you. You just want a way out. But there’s hope. In *I Love Jesus, But I Want to Die*, Sarah J. Robinson offers a healthy, practical, and shame-free guide for Christians struggling with mental illness. With unflinching honesty, Sarah shares her story of battling depression and fighting to stay alive despite toxic theology that made her afraid to seek help outside the church. Pairing her own story with scriptural insights, mental health research, and simple practices, Sarah helps you reconnect with the God who is present in our deepest anguish and discover that you are worth everything it takes to get better. Beautifully written and full of hard-won wisdom, *I Love Jesus, But I Want to Die* offers a path toward a rich, hope-filled life in Christ, even when healing doesn’t look like what you expect.

**How To Set Up An FLR** - Georgia Green 2013-06-06

'How To Set Up An FLR' is a straight forward, no nonsense book that tells it like it is. Georgia Ivey Green (also known as Mistress Ivey) tells her readers the truth about Female Led Relationships instead of feeding their fantasies like so many others have done in the past. She talks about real life and how to implement a female led relationship that fits you in real life, not in some fantasy you may have picked up from the Internet. Couples gain the knowledge to avoid common pitfalls and ease into an FLR where both parties can feel comfortable. She takes the fantasy out and puts the reality in. 'How To Set Up An FLR' was originally a highly successful ebook for your favorite e-reader. Now it is available in paperback so you can hold it in your hand, write comments and notes in the margins, or quickly access any page for the information you need. There are many sections that you will want to refer back to for years to

come. This book is invaluable to those wishing to establish a successful female led relationship. It will guide couples just starting out as well those who may have tried to set up an FLR before and failed. It covers such things as approaching your partner, creating an agreement, limits, and, yes, even cuckolding. If you have ever thought about converting your relationship to an FLR, then you really ought to read this book first. It could save your relationship.

**Femdom for Nice Girls** - Lucy Fairbourne 2017-10-20

A female-friendly guide to the erotic domination of the male by the female in a way that will benefit both. Each chapter is followed by a self-guided journal section, where you are encouraged to explore and clarify your feelings and responses to the themes being explored, thus helping both lovers illuminate mutual desires, needs and boundaries.

**Ladies Introduction to Male Chastity** - Jules Scot 2017-06-22

An introduction to male chastity by a lady for ladies. No fantasies, just the reality. An easy way to gain a basic understanding of your partner's kink.

**The Witch and the Tsar** - Olesya Salnikova Gilmore 2023-08-22

"A delicate weaving of myth and history, *The Witch and the Tsar* breathes new life into stories you think you know."—Hannah Whitten, New York Times bestselling author of *For the Wolf* In this stunning debut novel, the maligned and immortal witch of legend known as Baba Yaga will risk all to save her country and her people from Tsar Ivan the Terrible—and the dangerous gods who seek to drive the twisted hearts of men. As a half-goddess possessing magic, Yaga is used to living on her own, her prior entanglements with mortals having led to heartbreak. She mostly keeps to her hut in the woods, where those in need of healing seek her out, even as they spread rumors about her supposed cruelty and wicked spells. But when her old friend Anastasia—now the wife of the tsar, and suffering from a mysterious illness—arrives in her forest desperate for her protection, Yaga realizes the fate of all of Russia is tied to Anastasia’s. Yaga must step out of the shadows to protect the land she loves. As she travels to Moscow, Yaga witnesses a sixteenth century Russia on the brink of chaos. Tsar Ivan—soon to become Ivan the

Terrible—grows more volatile and tyrannical by the day, and Yaga believes the tsaritsa is being poisoned by an unknown enemy. But what Yaga cannot know is that Ivan is being manipulated by powers far older and more fearsome than anyone can imagine. Olesya Salnikova Gilmore weaves a rich tapestry of mythology and Russian history, reclaiming and reinventing the infamous Baba Yaga, and bringing to life a vibrant and tumultuous Russia, where old gods and new tyrants vie for power. This fierce and compelling novel draws from the timeless lore to create a heroine for the modern day, fighting to save her country and those she loves from oppression while also finding her true purpose as a goddess, a witch, and a woman.

**How To Handle Disobedience** - Sharyn Ferns 2019-12-27

"My submissive won't do what I want!" This is a common complaint, especially for new femdoms. This guide will help. Whether your submissive forgets to do things you've asked of them, or doesn't complete tasks you set, or thinks it's fun to disobey, or outright says 'no' when you ask something of them, this guide is for you. As a new Domme, disobedience can shake your confidence and leave you struggling because you just aren't sure what to do. Maybe you've tried a bunch of things to get your dynamic back on track, but it hasn't worked out as you'd hoped. This short, sharp, practical 'How To' femdom guide is for you. Discover why your submissive disobeys, what makes them obey, and how you can build a dynamic that makes them want to fall over themselves to obey you. Far past the basics of building a relationship where obedience is a given, this guide presents an actionable strategy for handling your submissive's disobedience: SLAPS\*. SLAPS is an acronym that describes 5 practical steps that will not only help you handle your submissive's disobedience, but that will also strengthen your dynamic while you're at it. S - Seek Clarity L - Listen A - Agree P - Punish (optional) S - Start fresh SLAPS is not just going to help you to deal with an instance of disobedience, but will help you use the experience to better understand your submissive, to improve communication, to increase intimacy, and to make your dynamic and your relationship better. The toolset and strategies in this guide reach wider than simple

disobedience and you can apply them more broadly, but if you just want to deal with your submissive not doing what you want, it will absolutely help you. \*This guide contains no actual slaps!

**Cuckolding** - Marisa Rudder 2017-07-03

You may be talking about Cuckolding and you may be ready to try it. I will share with you everything I have learned from my own experiences and the experiences of my hundreds of thousands of readers, fans and social media followers. Opening up your marriage and welcoming new people in to your life is no easy or simple task, if you don't want it to become a train wreck for your relationship. I'll show you how to have all the necessary conversations. I'll show you how to set up an open relationship in a compassionate and ethical way so that both partners can be fulfilled and happy with the experiences. I will share the wisdom of Cuckolds, Hot wives and the Outside Partners. This is the fourth and perhaps most widely anticipated must-read book in the Bestselling Love & Obey Female Led Relationship series by Marisa Rudder. It is a do-it-yourself recipe book for success. It is a how-to have a successful and happy open relationship. In the midst of all the hype, I will offer you, the authentic journey in open relationships; cuckolding, hotwifing, swapping, threesomes, polyamory and more. I'll show you the most common mistakes and false starts, as well as, the hottest success scenarios that will launch your love life into a new stratosphere. Forget everything you have heard before about Cuckolding and open relationships. Marisa's Revolutionary how-to guide is just as groundbreaking as the rest of her Loving Female Led Relationship advice. If you've decided to cuckold your husband, or your husband was the one who encouraged you to cuckold him, or even if he is trying to accept the idea of you cuckolding him, you probably have many questions and you should because, cuckolding is easy. There are important lessons, you both should know before you start. Fantasy is one thing but reality is something else. What are the rules and boundaries you must know before you start? How do you finding an outside lover / bull? Can you have your cake and eat it too? Can you enjoy your marriage, and still have sex with another man? Will your husband get jealous? Will you want to run off with your outside

partner? These are all things you need to consider. Should your husband watch? Should you do it alone? This book covers opening up your sexuality to outside people, the pitfalls and the ways to make everything click into place. You'll be able to evaluate if this open FLR lifestyle is right for you. If you are a happily married woman in a female led relationship and even having satisfying sex life with your husband do you really need to walk on the wild side with a bull? How do you stay healthy, safe and discrete? Welcome to the thrilling and revolutionary new guide to Cuckolding.

Love & Obey - MS Marisa Rudder 2018-03-22

Put the fire back in your relationship! This brand new book is destined to be the most revolutionary, breakthrough, and fastest growing relationship guide of the next 20 years! This phenomenal book is bound to be an International Bestseller! Love & Obey, is now available for the first time ever in trade paperback. In this revolutionary new guide to understanding a Female Led Relationship and how it will fulfill the woman and the man's needs, desires, and behaviors. You will be living together as a happy couple. Men report 97% of the time that they are getting more satisfaction, sexual and otherwise, than ever before since experiencing loving female authority. Known as the "Caribbean Queen," Marisa Rudder provides a practical and proven way for men and women to improve their communication by acknowledging their differences and discovering the importance of this loving female authority in a relationship. This type of relationship allows your Alpha Male to be himself while completely 100% devoted, worshipping and obedient to you as his Queen, which allows you both to enjoy a spiritual and sexually blissful relationship. No other Female Led Relationship guide on the market will give you the same level of evidence-based insight sure to help you strengthen, nurture, and live the relationship you've always wanted!

**Femdom Academy** - Lady Sas 2021-02-17

The private Mistress Lady Sas lives BDSM. She writes one of the most popular Femdom blogs in Germany and shares her BDSM expertise in this course. This book is aimed at Femdoms and subs, singles and

couples, beginners and advanced, who are looking for a contemporary course and guide to BDSM. With many helpful tips and countless practical ideas for great sessions and shining eyes. "Femdom Academy" goes far beyond BDSM basics and is also aimed at advanced players who are open to fresh impulses. Content Foreword - 7 Introduction - 9 About the Author - - 9 How Did the Femdom Academy Come About? - - 11 Contemporary SM Instead Clichés from the 90s - - 12 Everyone Has to Find Their Own SM Style - - 14 Lesson 1. The Mindset of a Femdom and a Sub - - 15 Understanding and Living the Femdom Role - - 17 The Intonation of a Femdom - - 19 Why Does a Man Submit? - 20 The Silence Challenge - - 24 The Femdom Mindset - - 28 The Malesub Mindset - - 30 The SSC Principle - 31 The RACK Principle - 33 Short Theory Section - - 35 Lesson 2. The Relationship Between Mistress and Sub - - 38 Rules Help to Distinguish Between Everyday Life and BDSM - - 41 Create Your Own Role - - 45 Lesson 3. Prepare the Session - - 52 The Location - - 52 What Should I Wear? - 55 Lesson 4. Start the Session - - 57 Greeting the Mistress - 58 Practical Tips - - 60 Practical Examples - - 62 A Mistress Needs No Reason - - 63 Topping from the Bottom - - 66 Lesson 5. The Language of a Mistress - 68 Practical Exercise - - 68 Role Models Are Not Always Easy to Find - - 69 The Art of Verbal Eroticism - 72 Lesson 6. One Session and 1,000 Possibilities - - 78 The Most Important SM Practices - - 81 Lesson 7. How to Come up with Creative Ideas for Your Session - - 143 The Mechanics of Imagination: "Carrot and Stick" - - 144 The Idea of a "Challenge" - - 146 The Idea of a "Surprise" - - 147 Lesson 8. Concrete Ideas for Your Session - - 161 Lesson 9. Your Equipment - - 156 Lesson 10: Safety and Communication During the Session - 163 Saying No - - 167 Slave Questionnaire - - 169 Golden SM Safety Rules - - 176 Covering - - 179 Lesson 11: Sexual Gratification - 181 The Orgasms of the Femdom - - 181 The Ruined Orgasm - 185 Forced Orgasms - 186 Prostate Milking - - 187 Lesson 12: Ending the Session - 191 The Follow-up Conversation - - 193 Hygiene - - 197 Lesson 13: Personal Development - 198 Goals for Femdoms - - 200 The Session Log - - 201 The Slave Contract - - 202 Lesson 14: Finding a Play Partner - 220 Finding the Right Play Partner: 10 Tips for Malesubs - 223 Finding the Right Play Partner: 10 Tips for



Femdoms - - 227 Lesson 15. Happiness in BDSM - 232 Glossary/Terms - 237 Bonus - 249 Reader comments "A great book that has given me many new ideas and impulses." - Dominatrix Lisa "Very interesting, worth reading for beginners and advanced. Even we, who have been active in this genre for many years, found new inspiration. Clearly structured and logically built, the book is a pageturner." - Manuela "The book describes very sensitively and in detail how a femdom relationship can work best. It reveals secrets of the experienced, charming Lady Sas and encourages the open-minded readers to experience something new on the further way. Very well done and incredibly rich in advice." - Fluffy "Certainly the best book I have read so far on the subject of BDSM. And I have read many." - Mistress Emma

**At Her Feet** - TammyJo Eckhart 2011-03-28

Look beyond the fantasies of whip-cracking dominatrixes and cowering slaveboys, and you'll find real women and men in caring, consensual female-dominant relationships. Yet, given that social norms grant the majority of power to men, how do these relationships work? TammyJo and Fox have been building their female-dominant relationship for many years, and have gathered their most important discoveries and theories into this important manual. You'll learn: - how to take your roles beyond the bedroom - the role of rituals, contracts and protocols in day-to-day femdom life - how to achieve training and growth that complement the nature of the relationship - how each individual can get his or her needs met within the context of a consensual disparity in power - how to integrate fetish desires into the relationship - how to cope with the realities of life (illness, work, family) without losing touch with the relationship ... and much more.

**Total Femdom** - M. J. Rennie 2019-05-22

M. J. Rennie's sizzling collection of short stories TOTAL FEMDOM pays homage to dominant women in relationships ranging from the fantastic to the familiar. Our sexy take-charge heroines flaunt their feminine powers in settings as varied as a post-apocalyptic nightmare world to the fringes of outer space, with sedate suburban neighborhoods supplying most of the locations in between. An understanding but thoroughly strict

wife puts her lingerie-loving hubby through a ritual dress up session in Sissy Maid, before initiating a series of inventive intimacies. TWO TIMES PAY features an attractive woman and her male partner, who work hard throughout the week, reserving their evenings and weekends for gaming, drinking, and Feminine Dominant sex. DWEEB WITH A BRIGHT FUTURE tells of a nerdy young man with little knowledge of the opposite sex who meets a young woman with decidedly advanced ideas. In CARTOON UNIVERSE, an aging scientist remembers the thousands of times he has submitted to his sexually provocative wife, recalling why their encounters never cease to thrill him. In title tale TOTAL FEMDOM, a feminist cult takes a professional seducer in hand after his most recent conquest, putting him at the mercy of the woman he intended to rob! These stories and many more demonstrate why M. J. Rennie is among our most accomplished authors in the Femdom genre. ADULTS ONLY. Retro cover art by Rebecca.

**Awaken the Power Within** - Marisa Rudder 2017-07-03

This book was written by Marisa Rudder for MEN. You probably know Marisa as the bestselling author of Love & Obey, "The world's best loving Female Led Relationship" guide for your woman. This second book REAL MEN WORSHIP WOMEN was specifically written for the MAN who wants to live in a loving Female Led Relationship. This is your ultimate Gentleman's Guide to Loving Female Authority and how to live happily in a Female Led Relationship.? You'll learn Marisa's best kept secrets on how to find, attract and maintain a happy relationship with the dominant woman of your dreams. If you already have a woman, who resists the idea of a Female Led Relationship, Marisa will show you how to seduce her in no time at all into becoming your powerful Mistress. In this book, you will learn how to make your wildest sexual fantasies come true (including orgasm denial, chastity, cuckolding, threesomes and group sex). But Marisa also wants you to remember that a Female Led Relationship is more than just amazing, kinky sex. It's also a way of life, a lifestyle controlled and run by your woman. So you'll learn how to become your woman's loving, trained and obedient gentleman who is eager to serve.

Chastity - Marisa Rudder 2020-11-20

CHASTITY | The Guide to Male Chastity is the latest book in Marisa Rudder's Female Led Relationship Series. This amazing Chastity book will change your life. Imagine your man treating you like a Queen and getting more pleasure out of pleasuring you than receiving pleasure himself. Imagine your man doing whatever you tell him without complaining. Imagine your man gladly doing the housework, laundry, grocery shopping, cooking, dishes and more? With the techniques and training guidelines in my book, you can have such a man. In fact, you may already be living with a man who has the potential to become this perfect man. A modern Love and Obey Female Led Relationship or marriage includes male chastity and orgasm control. The wife decides when her husband is allowed to orgasm. The wife is in charge and the husband submits to her loving female authority. Her man is completely obedient. Women will learn how to use their feminine power to control their man's sexuality. Women will learn how to tame and train a man. Men will learn the value of submitting to loving female authority. Men will become more loving, devoted and romantic. Women will take charge of the relationship or marriage and their men will become obedient. The woman's authority and sexuality are worshiped by their man. At Love and Obey, we believe that whoever controls the pussy makes the rules. Pussy denial is used to guide your husband's behavior and this makes your Female Led Relationship more permanent. Men will worship us as goddesses and serve us as queens and obey us as their mistresses. Your Love and Obey Female Led Lifestyle, including Male Chastity, is the future of relationships and marriages. This book is essential reading for women interested in a loving female led relationship and men interested in loving, obeying and serving a superior female.

**A Woman's Guide to a Female Led Relationship** - Victoria West 2017-01-05

I am writing this book for the woman who is interested in being in a Female Led Relationship. It is for the women who is at her wits end and is tired of the same old thing with the same men. She is tired of being an object in her relationship. She is tired of not getting satisfied in bed. She

is tired of "sleeping on the wet spot" while her lover rolls over and falls asleep. She is tired of being overlooked and taken for granted. This is not a book of erotic titillating stories. While in later chapters I will give you a variety of ideas to take "erotic control" of your partner, my primary purpose is to give you a realistic illustration as to what to expect and think about when you are in a relationship like this. We have all dated that guy who wanted sex all the time and was really kinky in the bedroom. The kind of guy that wants to do it in the back yard while you're wearing a red satin teddy or a guy who wants to watch while you are pleasuring yourself with your magic vibrating egg. But a Female Led Relationship is more than just kinky sex. It's actually a very small part of it. It is first and foremost a relationship between two consenting adults. It isn't just one or two steamy and kinky moments of passion. It's a way of living. It's a lifestyle with the woman at the helm.

Locked-In Love: How Two Weeks in Chastity Can End the Barter System, Renew Courtship and Make a Better Husband. - Key Barrett 2018-09-24

Author Key Barrett started out writing a journal for chastity. He decided that he wanted to be locked up in chastity for seven days in order to better understand the motivation behind chastity and the emotional aspects so he could write about it with greater understanding in both his fiction and nonfiction. So he spoke with his wife and she agreed to let him go seven days in chastity with her holding the key, only unlocking him if he needed it for safety reasons, to make sure everything is working properly, or if she had sexual interest in freeing him. What started as a simple one week journal quickly blossomed into something else entirely. By the third day he was feeling butterflies just when his wife touched his hand. By day four, she noticed he was much more engaged in their household and being an active and proactive partner. What started as a week for him quickly became two weeks for them both to journal. Through chastity and communication, they identified a sexual trade-off that existed in their marriage, a 'barter system' wherein every action he engaged in had an undercurrent of sexual pressure, a literal tat-for-tit. Freed from it through a chastity device, they were able to enjoy each other on a more meaningful and trusting level. And in

lowering the quantity of sex, they raised the quality. This book takes what they learned, plus surveys and research derived from male chastity users, and shows couples how they too can end the barter system,

increase communication and bring back the courtship phase, butterflies and all. Learn what you can do to improve your marriage, increase intimacy, feel more connected emotionally, and make her daily life easier with a simple, sexy, fun exercise in chastity.

## The Good Wives Guide To Taking Charge A Female Led Relationship Primer:

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