

# Sexual Problems In Marriage Help From A Christian Counselor

**Sexuality and Sex Therapy** - Mark A. Yarhouse  
2014-03-07

The field of human sexuality is one of ever-increasing complexity, particularly for Christian therapists and psychologists seeking to be faithful to Scripture, informed by science and sensitive to culture. In *Sexuality and Sex Therapy*, Mark Yarhouse and Erica Tan offer a survey and appraisal of this field from a Christian perspective, which grounds sex therapy in the biblical affirmation of physicality and the redemptive purposes of human life. Integrating the latest research within a Christian worldview, the authors explore sexual dysfunctions as well as various clinical issues and treatments. Not only have Yarhouse and Tan written a standard resource for Christian therapists and counselors, but they also challenge the church to talk more honestly and openly about the blessing of human sexuality. Christian Association for Psychological Studies (CAPS) Books explore how Christianity relates to mental health and behavioral sciences including psychology, counseling, social work, and marriage and family therapy in order to equip Christian clinicians to support the well-being of their clients.

*Christian Marital Counseling* - Everett L. Worthington Jr. 2000-10-03

Everett Worthington provides a Christian perspective and biblically based theory of marriage and marriage counseling. With an analysis of the individual, the couple and the family, Everett uses techniques drawn from several psychological schools of thought, combined with solid biblical principles to help guide counselors through the process of intervention, assessment and implementation of methods for change.

*Pastor, Our Marriage Is in Trouble* - Charles L. Rassieur 2014-04-04

Acting with genuine care and concern, pastors can be effective in helping married couples

resolve difficulties and discover reconciliation, joy, and love. The question often is, "How do I do it?" In *Pastor, Our Marriage Is in Trouble*, Charles L. Rassieur, an experienced counselor, outlines a step-by-step approach that takes the pastor from beginning to end in a process of short-term intervention and counseling. A helpful tool in the process is the Pastoral Marriage Counseling Questionnaire, which can be used in gathering essential information about both spouses and their relationships. In addition, you'll find important information about: a rationale for the need and opportunity for pastoral intervention in troubled marriages how the marriage counseling process begins with the initial pastoral contact with one or both spouses help for the pastor in preparing for individual counseling sessions with each spouse important topics for marriage counseling regardless of which approach or model is used the last two sessions of counseling: deciding whether to end counseling, to refer the couple to other professional resources, or to contract with the couple for further counseling sessions

***Intended for Pleasure*** - Ed Wheat 1981

Combines scriptural teachings on love and marriage with the latest medical information on human sexuality to lead Christian couples to a full awareness of the pleasures that can be found in sexual union

***Christian Counseling Ethics*** - Randolph K. Sanders 1997-06-09

A client raises spiritual questions. Can a Christian therapist working in a government agency talk with a client about faith? A young couple with two children asks a Christian counselor to help them negotiate an end to their marriage. What responsibility does the counselor have to try to repair the relationship? A youth group member confidentially reveals to the pastor that he is taking drugs. Should the pastor tell the boy's parents? A counselor who teaches a college course has a client show up for class.

What should she do? These are just a few of the complex dilemmas that therapists, counselors and pastors face nearly every day. Handling these situations appropriately is critical for both the client's progress and the professional's personal credibility and protection from liability. State and federal codes, professional association statements and denominational guidelines have been drawn up to address ethical issues like competence, confidentiality, multiple relationships, public statements, third parties and documentation. In this book you'll find them all compiled and interpreted in light of Christian faith and practice. Written by qualified professional counselors and respected academic instructors, this book is an indispensable resource for understanding and applying ethics in Christian counseling today.

Pastoral Responses to Sexual Issues - William V. Arnold 1993-01-01

This excellent book offers help to pastors and other caring Christians who must act as "triage officers" on the front lines of congregational and community life and who believe in and want to explore the importance of sexual issues in ministry. William Arnold believes that our sexuality is a defining element for understanding who we are and who God is. For a pastor to work with people in a helpful and redemptive manner, this powerful force must be faced with courage and care. However, the pastor must be aware that attempts to care can be damaging if there is not an openness to learning more about the multiple forces at work in our sexuality. The pastor's awareness must be physiological, psychological, and theological. William Arnold stresses self-awareness as the key to dealing with sexual issues and advises the pastor not to rely strictly on intellectual information.

*Sexual Problems in Marriage* - F. Philip Rice 1978-01-01

**Solving Marriage Problems** - Jay E. Adams 1986

This book will help counselors understand and deal with the typical problems that arise in a marriage. The approach is to offer not merely solutions, but biblical solutions. Chapter by chapter, each problem that is brought into focus is addressed by Scripture, and a solution arising from Scripture is developed. Unless one

understands what a biblical marriage is supposed to be, it is difficult to solve marriage problems. For that reason, Dr. Adams spends the first few chapters developing a biblical model. Then he treats many of the specific kinds of problems that typically arise : life patterns, priorities, children, sex roles, in-laws, and so forth. - Back cover.

**The Christian Counselor's Manual** - Jay E. Adams 2010-09-21

The Christian Counselor's Manual is a companion and sequel to Dr. Jay Adams' influential *Competent to Counsel*, which first laid out a vision of "nouthetic" counseling—a strictly biblical approach to behavioral counseling and therapy. This practical guide takes the approach of nouthetic counseling introduced in the earlier volume and applies it to a wide range of issues, topics, and techniques in counseling, including: Who is qualified to be a counselor? How can counselees change? How does the Holy Spirit work? What role does hope play in therapy? What is the function of language in a counseling session? How do we ask the right questions? What often lies behind depression? How do we deal with anger? What is schizophrenia? These and hundreds more questions are answered and explained from a biblical perspective in this comprehensive resource for the Christian counselor. A full set of indexes, a detailed table of contents, and a full complement of diagrams and forms make this an outstanding reference book for and Christian counselor.

**Questions Couples Ask Behind Closed Doors**

- James P. Osterhaus 1996

This book answers questions that affect nearly every marriage. These true stories, clear explanations, and "Take Action" sections will help you and your spouse explore the hidden dynamics of your relationship and work together to make it stronger.

Marriage Counseling - Everett L. Worthington Jr. 2009-09-20

Marriages are in trouble today. That is clear. Effective methods of combating this trend are less evident. Counselors, pastors and social workers need more than mere theories or mere moralizing. They need a practical and comprehensive model for understanding couples and their problems. They need a thoroughly Christian perspective that is biblical,

compassionate and human. Everett Worthington provides this in an integrated, biblically based theory of marriage and marriage therapy with analysis at three levels: the individual, the couple and the family. The model he has constructed, with techniques drawn from the major psychological schools, is standard enough to guide counselors in actual interventions and powerful enough to produce change. A thoroughgoing overview of the assessment process includes practical, workable guidelines for: creating realistic, mutually-agreeable goals for counselor and clients; estimating the number of sessions needed to reach those goals; and planning the actual assessment, intervention and termination sessions. Next Worthington offers specific techniques for enhancing cooperative change, intimacy, communication, conflict resolution and forgiveness within the marriage. But keeping couples from slipping back into old patterns is one of the counselor's most difficult tasks. So Worthington concludes with suggestions for solidifying change and effectively concluding the counseling relationship. Here is a text that will be a standard for counselors, pastors and mental health professionals in the years to come.

Counseling for Sexual Disorders - Joyce Penner 1990

Part of the Resources for Christian Counseling Series, this volume deals with sexual dysfunction and therapeutic techniques in the context of biblical standards of morality. The authors are a husband and wife team with vast counseling experience.

Overcoming Lust - Jim Vander Spek 2011-10

You can overcome lust and sexual sin!

Overcoming Lust is written for you if you are struggling with sexual sin or are helping others who are struggling. It includes: - Ten chapters that will help you understand lust and how to gain victory over it. - Ten additional chapters that will show you what the Bible teaches about lust. - Helpful discussion questions at the end of each chapter. - Many real life examples and stories to learn from. If you diligently apply the truths found in Overcoming Lust, you will gain victory over lust and begin living in a way that pleases God. Visit [Overcoming-Lust.com](http://Overcoming-Lust.com) for information about the author, blog posts, book endorsements and additional resources for

overcoming lust.

**Counseling Couples in Conflict** - James N. Sells 2011-01-28

Most therapeutic approaches, especially those of a cognitive orientation, are not very effective in dealing with high conflict relationships--couples often heading toward divorce by the time they seek help. Counseling Couples in Conflict is a resource for counselors and therapists who want to be ready for these uniquely difficult cases. Utilizing a relational conflict and restoration model Mark Yarhouse and James Sells point the way beyond the cycle of pain towards marital healing. Christian Association for Psychological Studies (CAPS) Books explore how Christianity relates to mental health and behavioral sciences including psychology, counseling, social work, and marriage and family therapy in order to equip Christian clinicians to support the well-being of their clients.

No More Headaches - Juli Slattery 2011-09-09

Both husbands and wives can be extremely frustrated by the differences in sexual needs and expectations between them. This frustration manifests itself as fighting, resentment, feelings of either guilt or rejection, and general marital strife. There are few safe and appropriate places to ask the questions about sex that frustrate and confuse women most. In No More Headaches, Juli Slattery provides that place with honest answers that target women's specific needs. Her warm and compassionate style come through as she examines the underlying issues that prevent couples from having a satisfying sex life. Helping husbands and wives understand and address the sexual relationship with their spouse will improve the marriage by reducing stress and frustration in that area, which will reduce stress in other areas of marriage as well. Each chapter contains questions for reflection and questions for couples to discuss. Juli Slattery has extensive experience speaking to women about marriage, parenting, and family issues at retreats and conferences as well as on television and radio.

**The Handbook of Christian Counseling** -

Timothy Foster 2005-10-18

Whether you are a professional counselor meeting with a troubled couple or a layperson comforting a grieving friend, counseling is something you may find yourself called to do at times. From his years of experience as a clinical

psychologist, Dr. Timothy Foster has distilled the basics of what to do and how to do it in this practical guide. In addition to offering sample counseling dialogues, explaining a variety of verbal and nonverbal techniques, and candidly discussing how to avoid harmful entanglements, Foster gives advice on: -Counseling dos and don'ts -Helping people who are depressed - Understanding how emotions work -Solving marital difficulties -Dealing with grief -Helping people confront themselves -And much more 'The Handbook of Christian Counseling' is an essential reference you will want to keep on hand for easily accessible answers when others turn to you in their time of need.

**The Quick-Reference Guide to Sexuality & Relationship Counseling** - Tim Clinton  
2010-04

This A-Z guide assists people--helpers--pastors, professional counselors, youth workers, and everyday believers--to easily access a full array of information to aid them in (formal and informal) counseling situations.

**A Christian Guide to Sexual Counseling** - Mary Ann Mayo 2003-01-17

Sexual counseling is not a task that pastors and general Christian counselors usually consider theirs. If one is to venture into the field, he or she must have a solid foundation of reliable information - both physiological and psychological - and confidence that caring intervention will make a difference. This book has been written to provide reliable information and also building a basis of confidence for Christian counselors. 'A Christian Guide to Sexual Counseling' offers counselors procedures for helping couples with sexual problems by first exploring the ambivalent messages that church and culture have conveyed about sexuality. Because the primary sex organ of both the male and the female is the mind, attitudes and concepts must be scrutinized, weighed, and approved or disapproved. As the author so forcefully maintains, sexual counseling will always be trying to repair distortions if sound

sex education does not become a priority for the church. Many contemporary Christians are wary of sex therapy because of the notoriety of charlatans and pop sex psychologists. But faddish theories do not comprise the basis for the mainstream of sex therapy. There are sound biological and psychological bases for sexual counseling. And Christian spirituality is not - or should not be - disjoined from treatment of sexual problems. So Mayo brings body, mind, and spirit together in her assessment of the common problems and the appropriate treatments. The book includes discussions of the following areas: -- attitudes of the church toward sexuality -- the responsibility of Christian leaders to offer positive teaching -- normal sexual functioning -- common sexual problems in a marriage -- the role and possible outcomes of sexual counseling -- female problems -- male problems -- special concerns for singles -- premarital education

**When Two Become One** - Christopher McCluskey 2006-07-01

Healthy, vibrant sex between husband and wife is the deepest expression of love. And God intended it to be that way. More than a how-to book on better sex, *When Two Become One* offers a vision of lovemaking that encourages a deeper experience of intimacy in the physical, spiritual, and emotional realms. It introduces *The Lovemaking Cycle*®, a model for examining lovemaking in order to solve intimacy problems. Included are discussion questions that encourage spouses to communicate with each other. Finally, a book for Christian husbands and wives that blends both emotional and sexual fulfillment in one volume. This is a perfect resource for married couples and counselors, and makes a great gift for engaged couples. *Intimacy Cover-Up* - P. Roger Hillerstrom  
A straight-forward, biblical approach to the why's and how's of sexual abstinence before marriage by a counselor and his twenty-something daughter. Includes relevant, non-offensive discussions about some of the most common intimacy myths.

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