

Sex Hormones Meaning

Hormonageddon Sacha Dobler 2021-09-21

True Nature Michael R. Kauth 2000-08-31 This volume presents an updated and truly interactionist theory of sexual attraction, in which biologically based erotic processing biases are continually exploited or challenged by social and cultural conditions. From this perspective, social orientation is viewed as a process rather than an outcome. The author takes an interdisciplinary approach that draws upon data from anthropology, sociology, gender studies, social constructionism, behavioral and developmental psychology, evolutionary biology, genetics, endocrinology, and cognitive functioning to support his theory. This text will be of interest to sexologists, evolutionary biologists, psychologists and other social scientists interested in human sexuality

Sex Hormones in Neurodegenerative Processes and Diseases Gorazd Drevensek 2018-05-02 The book provides chapters on sex hormones and their modulation in neurodegenerative processes and pathologies, from basic molecular mechanisms, physiology, gender differences, to neuroprotection and clinical aspects for potential novel pharmacotherapy approaches. The book contains 14 chapters written by authors from various biomedical professions, from basic researchers in biology and physiology to medicine and veterinary medicine, pharmacologists, psychiatrist, etc. Chapters sum up the past and current knowledge on sex hormones, representing original new insights into their role in brain functioning, mental disorders and neurodegenerative diseases. The book is written for a broad range of audience, from biomedical students to highly profiled medical specialists and biomedical researchers, helping them to expand their knowledge on sex hormones in neurodegenerative processes and opening new questions for further investigation.

Sex Hormones Raghvendra Dubey 2012-02-08 Sex Hormones not only regulate reproductive function, but they also play a prominent role in the biology and physiology of several organs/tissues and in the pathophysiology of several diseases. During the last two decades, the information on the mechanisms of action of sex hormones, such as estrogens and androgens, has rapidly evolved from the conventional nuclear receptor dependent mechanisms to include additional non-nuclear, non-genomic and receptor-independent mechanisms. This highlights the need to update the current knowledge on sex hormones and their mode of action. Increasing evidence that exogenous/epigenetic factors can influence sex hormone production and action highlights the need to update our knowledge on the mechanisms involved. This book provides a systematic and updated overview of the male/female sex-hormones and their impact in the biology and physiology of various organs. Additionally, the book discusses their positive and negative association with the pathophysiology of various diseases (e.g. osteoporosis, cardiovascular-disease, hypogonadism, reproduction, cancer) and their therapeutic potential.

The Alchemy of Love and Lust Theresa L. Crenshaw 1997-07-01 From Simon & Schuster, *The Alchemy of Love and Lust* is Theresa L. Crenshaw's guide to how our sex hormones influence our relationships. *The Alchemy of Love and Lust* identifies the role our hormones play in the different sexual stages, exploring the age-old concept of chemistry between the sexes and how hormones can determine the course of human relationships.

Women and Epilepsy Michael R. Trimble 1991 *Women and Epilepsy* Edited by M.R. Trimble Reader in Behavioural Neurology, Department of Neurology, Institute of Neurology, Queen Square, and Consultant Physician in Psychological Medicine, The National Hospital for Neurology and Neurosurgery, Queen Square, London, UK The purpose of this book is to reveal some of the very special problems of women with epilepsy. This is a multidisciplinary subject—ranging from psychosocial issues to clinical management—which has not previously been covered in a single text. Contributors drawn from diverse areas each lend their own expertise and perspectives to the overall theme. The topics are presented authoritatively and in a thought-provoking manner, such that the book will be important reading not just to epileptologists but to all those who care for female patients with epilepsy. They include chapters on assessment of the quality of life in epilepsy,

counselling techniques, epidemiology, developmental differences between the sexes, problems of adolescence, sex hormones and contraception, catamenial epilepsy, teratogenesis and congenital malformations.

The Hormone Diet Natasha Turner 2010-07-06 Outlines a three-step program designed to correct hormonal imbalances for potential health benefits, explaining how to identify problem areas in order to address such challenges as weight gain, insomnia, and mood disorders.

Sex Differences in Cognitive Abilities Diane F. Halpern 2000-02 In the third edition of her popular text, *Sex Differences in Cognitive Abilities*, Diane Halpern tackles fundamental questions about the meaning of sex differences in cognition and why people are so afraid of the differences. She provides a comprehensive context for understanding the theories and research on this controversial topic. The author employs the psychobiosocial model of cognition to negotiate a cease fire on the nature-nurture wars and offers a more holistic and integrative conceptualization of the forces that make people unique. This new edition reflects the explosion of theories and research in the area over the past several years. New techniques for peering into the human brain have changed the nature of the questions being asked and the kinds of answers that can be expected. There have been surprising new findings on the influence of sex hormones on cognitive abilities across the life span, as well as an increasing number of studies examining how attention paid to category variables such as one's sex, race, or age affects unconscious and automatic cognitive processes. Written in a clear, engaging style, this new edition takes a refreshing look at the science and politics of cognitive sex differences. Although it is a comprehensive and up-to-date synthesis of scientific theory and research into how, why, when, and to what extent females and males differ in intellectual abilities, it conveys complex ideas and interrelationships among variables in an engrossing and understandable manner, bridging the gap between sensationalized 'pop' literature and highly technical scientific journals. Halpern's thought-provoking perspectives on this controversial topic will be of interest to students and professionals alike. [features used for book mailer] FEATURES: *Includes new information about sex differences and similarities in the brain, the role of sex hormones on cognition (including exciting new work on hormone replacement therapy during menopause), new perspectives from evolutionary psychology, the way stereotypes and other group-based expectations unconsciously and automatically influence thought, the influence of pervasive sex-differentiated child rearing and other sex role effects, and understanding how research is conducted and interpreted. *Takes a cognitive process approach that examines similarities and differences in visuospatial working memory, verbal working memory, long-term acquisition and retrieval, sensation and perception, and other stages in information processing. *Provides a developmental analysis of sex differences and similarities in cognition extending from the early prenatal phase into very old age. *Tackles both political and scientific issues and explains how they influence each other--readers are warned that science is not value-free. *Uses cross-cultural data and warns readers about the limitations on conclusions that have not been assessed in multiple cultures. *Includes many new figures and tables that summarize complex issues and provide section reviews. It is a beautifully written book by a master teacher who really cares about presenting a clear and honest picture of contemporary psychology's most politicized topic.

[Sex Hormone and the Neurobiology of Affective Disorders](#) Fushun Wang 2021-04-21

Sex and the Developing Brain Margaret M. McCarthy 2017-08-31 The brains of males and females, men and women, are different, that is a fact. What is debated is how different and how important are those differences. Sex differences in the brain are determined by genetics, hormones, and experience, which in humans includes culture, society, and parental and peer expectations. The importance of nonbiological variables to sex differences in humans is paramount, making it difficult if not impossible to parse out those contributions that are truly biological. The study of animals provides us the opportunity to understand the magnitude and scope of biologically based sex differences in the brain, and understanding the cellular mechanisms provides us insight into novel sources of brain plasticity. Many sex differences are established during a developmental sensitive window by differences in the hormonal milieu of males versus females. The neonatal testis produces

large amounts of testosterone which gains access to the brain and is further metabolized into active androgens and estrogens which modify brain development. Major parameters that are influenced by hormones include neurogenesis, cell death, neurochemical phenotype, axonal and dendritic growth, and synaptogenesis. Variance in these parameters results in sex differences in the size of particular brain regions, the projections between brain regions, and the number and type of synapses within particular brain regions. The cellular mechanisms are both region and endpoint specific and invoke many surprising systems such as prostaglandins, endocannabinoids, and cell death proteins. Epigenetic modifications to the genome both establish and maintain sex differences in the brain and behavior. By understanding when, why, and how sex differences in the brain are established, we may also learn the source of strong gender biases in the relative risk and severity of numerous neurological diseases and disorders of mental health. Boys are much more likely to be diagnosed with autism spectrum or attention and hyperactivity disorders, as well as speech and language deficits, compared to girls. By contrast, women are more likely to suffer from affective disorders, such as depression, anxiety, compulsion, and eating disorders and more likely to experience autoimmune and neurodegenerative disorders. Schizophrenia with an early onset is more common in males but a late-onset version is markedly more frequent in females. Male biased disorders have origins in development while female biased disorders are almost exclusively post-puberty. This remarkable shift in disease risk demands our attention. Novel insights into the biological origins of disease are also gained by comparing and contrasting the same processes in different sexes.

Sex Hormone Pharmacology Janet Brotherton 1976

Biochemistry of Women: Clinical Concepts Alan S. Curry 1974

Exploring the Biological Contributions to Human Health Institute of Medicine 2001-07-02 It's obvious why only men develop prostate cancer and why only women get ovarian cancer. But it is not obvious why women are more likely to recover language ability after a stroke than men or why women are more apt to develop autoimmune diseases such as lupus. Sex differences in health throughout the lifespan have been documented. Exploring the Biological Contributions to Human Health begins to snap the pieces of the puzzle into place so that this knowledge can be used to improve health for both sexes. From behavior and cognition to metabolism and response to chemicals and infectious organisms, this book explores the health impact of sex (being male or female, according to reproductive organs and chromosomes) and gender (one's sense of self as male or female in society). Exploring the Biological Contributions to Human Health discusses basic biochemical differences in the cells of males and females and health variability between the sexes from conception throughout life. The book identifies key research needs and opportunities and addresses barriers to research. Exploring the Biological Contributions to Human Health will be important to health policy makers, basic, applied, and clinical researchers, educators, providers, and journalists-while being very accessible to interested lay readers.

The Influence of Sex Steroid Hormones on Cognition in Normative and Clinical Populations of Older Men / Rose H. Matousek 2008 "The main goal of this dissertation was to investigate whether changes in sex steroid hormone levels were associated with changes in cognitive function in both healthy and clinical populations of elderly men. Study 1 was an exploratory investigation of the hormonal correlates of a wide variety of cognitive functions in healthy, older men whose mean age was 69 years. Its results demonstrated that endogenous levels of testosterone were related to performance on spatial tasks in a curvilinear fashion, while a similar curvilinear association related endogenous levels of estradiol to performance on verbal tasks. However, because of the correlational nature of the study, causation could not be determined. In order to further investigate the effects of sex steroid hormones on cognitive test performance in men, a randomized, placebo-controlled treatment study was undertaken. Study 2 was designed to investigate the individual effects of testosterone and estrogen on cognition in a clinical population of elderly men with prostate cancer who were about to be treated with a gonadotropin releasing-hormone analog (GnRH) that causes pharmacological suppression of testicular function. After 12 weeks of testicular suppression, "add-back" estrogen or placebo was randomly administered concurrent with GnRH administration

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for an additional 12 weeks. These pharmacologic endocrine manipulations allowed the isolation of the effects of estrogen on cognition in men with prostate cancer. In contradistinction to the hypotheses, no significant changes in cognitive performance were found in these men following 12-weeks of testicular suppression with a GnRH analog despite significant treatment-related changes in their sex hormone levels, and a detrimental effect of 12-weeks of add-back estradiol treatment was observed on verbal memory instead of the hypothesized beneficial effect. The failure to find the expected results of the hormonal manipulations on cognitive functions in the men with prostate cancer may be a result of the short duration of treatments, the oral route of estradiol administration, the confounding effects of hypogonadism on sex steroid hormone receptor responsiveness and/or comorbid health conditions on cognition. Taken together, the results of these two studies suggest that hormone-cognition relationships in both healthy men and in men with prostate cancer are complex and need to be interpreted within the context of age-related changes in sex steroid hormone dynamics and brain function."--

Sex and Cognition Doreen Kimura 2000-07-24 Doreen Kimura provides an intelligible overview of what is known about the neural and hormonal bases of sex differences in behavior, particularly differences in cognitive ability. In this fact-driven book, Doreen Kimura provides an intelligible overview of what is known about the neural and hormonal bases of sex differences in behavior, particularly differences in cognitive ability. Kimura argues that women and men differ not only in physical attributes and reproductive function, but also in how they solve common problems. She offers evidence that the effects of sex hormones on brain organization occur so early in life that, from the start, the environment is acting on differently wired brains in girls and boys. She presents various behavioral, neurological, and endocrinological studies that shed light on the processes giving rise to these sex differences in the brain.

Sex-steroid Interactions with Growth Hormone Johannes D. Veldhuis 1999 This text presents the proceedings of an international symposium held from October 22-25 in Naples, Florida. The proceedings provide insights and concepts gained by molecular, cellular and neuroendocrine research into mechanistic interactions of the reproductive and somatotrophic axes. Chapters include discussions of the impact of sex steroids on growth hormone secretion in both children and adults sex steroids, growth hormone releasing factor, and how sex steroids modulate growth hormone action on target tissues and differential effects of growth hormone secretagogues in men and women. This volume is designed for physicians, scientists and other health professionals interested or trained in clinical and basic endocrinology, growth or reproduction.

The Adam Principle John Money 1993 Brings together 40 years of research on the subject of gender identity and gender role. Suitable for lay readers and gives both a scientific and historical explanation.

Sex Differences in Sports Medicine Ellen Casey, MD 2016-05-28 This is the first book dedicated to the musculoskeletal, physiological, hormonal, and other differences between the sexes as they manifest in sports medicine. Organized anatomically from head to toe, this unique reference focuses on the sex-specific differences of men and women to inform clinical care and the management of common sports injuries. Other chapters cover nutrition, hormones, concussion, pain, sports cardiology and pulmonology, and the particular care of adolescent and geriatric patients. The editors have assembled a world-class team of specialists to collaborate on each chapter, and specially commissioned illustrations and tables help visualize the data and findings. While some books focus on "the female athlete" as a discrete category, this book discusses how the many physical stresses of athletics affect both sexes based on the inherent biological differences. The goal is to foster a more comprehensive understanding of the latest research and practice in sports medicine as it applies to all patients. As the field of sports medicine has grown exponentially over the last few decades, this book will serve as an essential resource for physicians, trainers, coaches, and anyone involved in athletics and medicine. Key Features: Provides an evidence-based review of how sex differences affect the risk of injury, presentation, and clinical course of sports-related injuries Anatomically based chapters highlight differences in static structures, dynamic movement, and pathology between

the sexes Authors summarize key differences at the end of each chapter Includes special chapters on running and throwing, sports cardiology, sports pulmonology, nutrition, and unique athlete populations

The Role of Gonadal Hormones During Infancy in Determining Adult Sexual Behavior of the Rat Richard Francis Mullins (Jr.) 1966

Brain Storm Rebecca M. Jordan-Young 2011-10-15 Female and male brains are different, thanks to hormones coursing through the brain before birth. That's taught as fact in psychology textbooks, academic journals, and bestselling books. And these hardwired differences explain everything from sexual orientation to gender identity, to why there aren't more women physicists or more stay-at-home dads. In this compelling book, Rebecca Jordan-Young takes on the evidence that sex differences are hardwired into the brain. Analyzing virtually all published research that supports the claims of "human brain organization theory," Jordan-Young reveals how often these studies fail the standards of science. Even if careful researchers point out the limits of their own studies, other researchers and journalists can easily ignore them because brain organization theory just sounds so right. But if a series of methodological weaknesses, questionable assumptions, inconsistent definitions, and enormous gaps between ambiguous findings and grand conclusions have accumulated through the years, then science isn't scientific at all. Elegantly written, this book argues passionately that the analysis of gender differences deserves far more rigorous, biologically sophisticated science. "The evidence for hormonal sex differentiation of the human brain better resembles a hodge-podge pile than a solid structure...Once we have cleared the rubble, we can begin to build newer, more scientific stories about human development."

The Leydig Cell Anita H. Payne 1996

Allergic Disorders and Sex Hormone Disrupters Kevin Royd Brooks 2007

The Greatest Experiment Ever Performed On Women Barbara Seaman 2003-07-09 "If a menopausal woman has pain or makes trouble, pound her hard on the jaw." (Egyptian medical text, 2000 B.C.) For almost a century women have been taking some form of estrogen to combat the effects of menopause and aging, and more recently to prevent a host of diseases, from osteoporosis to Alzheimer's to heart disease. For most of that hundred years, doctors have been prescribing estrogen in either its organic or synthetic forms, and women have gone to their pharmacists and dutifully filled their prescriptions. In some cases, menopause sufferers who were experiencing the most extreme symptoms were in search of relief from hot flashes, night sweats, dryness, and more, but increasingly in recent years, women began receiving estrogen sometimes with progesterone as "hormone therapy," not because they were in immediate danger of anything but rather as a preventative. But was this regimen warranted? Did doctors know enough about estrogen and its effects to be widely prescribing it for such a range of ailments? Or were women being used as guinea pigs in a great experiment, an experiment the author terms "The Greatest Experiment Ever Performed on Women"? Since the 1960s, women's health icon Barbara Seaman has been one of the lone voices in journalism to question whether doctors have sufficient justification to be writing so many estrogen prescriptions, or whether it is the pharmaceutical industry that is driving the research, marketing, and use of hormone replacement therapy. In 2002, several important women's health studies revealed that estrogen may cause more problems in patients than it is correcting or preventing, and that in fact it has a dismal record in terms of prevention. This groundbreaking book illuminates today's "menopause industry," tracing the history of estrogen use from its early purveyors, including a well-meaning British doctor who lost control of the marketing of DES and therefore inadvertently led to the DES baby crisis, to Nazi experimentation with women and estrogen, to the present, and looks at how an experiment of this proportion could have been conducted without oversight, intervention, or real knowledge as to what its effects would be.

Steroid Hormones Ralph Isadore Dorfman 1975

Sex, Meaning and the Menopause Sue Brayne 2011-08-04

Sex, Hormones, and Behaviour Ruth Porter 1979

Biological Actions of Sex Hormones Harold Burrows 2013-10-31 Originally published in 1945

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this book presents a detailed study of the nature of sex hormones and the reactions of living tissues towards them, providing a co-ordinated summary of experimental inquiries in the field. A variety of tables and illustrative figures are also included, together with a glossary and a list of references. This book will be of value to anyone with an interest in the history of science and endocrinology.

The Sexy Years Suzanne Somers 2004-03-09 Getting older can be brutal—women gain weight, lose their sex drive, experience hot flashes, suffer memory loss, become short-tempered, find it difficult to sleep, and on and on. It's not so easy for men, either—they start to lose energy and stamina as they age, too (and they have to live with women going through menopause). After years of being thin and fit and full of energy, Suzanne herself encountered the “Seven Dwarfs of Menopause”—Itchy, Bitchy, Sweaty, Sleepy, Bloated, Forgetful, and All-Dried-Up. Instead of living out the rest of her life cranky, sleep-deprived, and libido-less, Suzanne set out to discover how she could get her mind, body, and life back and banish those pesky dwarfs for good. The result is *The Sexy Years: Discover the Hormone Connection—The Secret to Fabulous Sex, Great Health, and Vitality, for Women and Men*. In this passionately argued and enormously practical book, Suzanne supports her own research and experiences with the expertise of leading doctors in the field of women's and men's health and sexuality to create an inspiring, accessible call-to-arms to women to radically rethink how they approach life after fifty, and give them the tools to turn their lives around. Suzanne has discovered that the second half of life has been more rewarding, fun, and purposeful than her younger years. The key to her happiness? Taking natural bioidentical hormones. Natural hormones, which mimic the hormones produced in our own bodies that are almost completely lost with aging, are the answer to the symptoms of menopause that plague women. Recent findings from the medical community show that synthetic hormone replacement therapy (HRT) may be harmful to women—thus, thousands of women are looking for what else they can do to alleviate their symptoms. In *The Sexy Years*, Suzanne comes to the rescue with a step-by-step plan and detailed information about how women can take control of their health, for themselves and for their men, including:

- What the differences are between synthetic and bioidentical hormones, and why bioidentical hormones help women lose weight, reinvigorate their sex lives, and fight the symptoms of aging
- How doctors do not receive adequate training about hormones and are slaves to the pharmaceutical industry, and what questions every woman must ask her physician about hormone replacement therapy and her health
- How Suzanne turned her life around, with information about how often she visits her doctor, blood work, what hormones she takes, how to get these hormones, and more
- What male menopause, or andropause, is and how men can also take bioidentical hormones and regain the energy they had in their youth
- What a variety of specialists think about natural hormones, health, and sexuality—Suzanne shares the best advice from these doctors and provides a resource list of physicians and pharmacies

With bioidentical hormone replacement therapy, Suzanne has found the fountain of youth, the elixir that has made her feel thirty years old again. In combination with her Somersize diet and fitness plan, which she also writes about here, Suzanne has never felt better. The beauty of growing older, she maintains, is that you can combine the wisdom of age with the vitality of youth. Suzanne makes it perfectly clear how women and men can regain their zest for life at any age. These really are the sexy years!

Bridging Gaps Between Sex and Gender in Neurosciences Annie Duchesne 2020-07-14

Sex and the Brain Gillian Einstein 2007-10-19 A collection of foundational texts on the nature and behavioral consequences of sex differences in the brain, allowing readers to follow the development of a rapidly growing but contentious field and giving them the tools to analyze emerging scientific findings from many perspectives. This collection of foundational papers on sex differences in the brain traces the development of a much-invoked, fast-growing young field at the intersection of brain and behavior. The reader is introduced to the meaning and nature of sexual dimorphisms, the mechanisms and consequences of steroid hormone action, and the impact of the field on interpretations of sexuality and gender. Building on each other in point-counterpoint fashion, the papers tell a fascinating story of an emerging science working out its core assumptions. Experimental and theoretical papers, woven together by editor's introductions, open a window onto

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knowledge in the making and a vigorous debate between reductionist and pluralist interpreters. Five major sections include papers on conceptual and methodological background, central nervous system dimorphisms, mechanisms for creating dimorphisms, dimorphisms and cognition, and dimorphisms and identity. Each section builds from basic concepts to early experiments, from experimental models to humans, and from molecules to mind. Papers by such leading scholars as Arthur Arnold, Frank Beach, Anne Fausto-Sterling, Patricia Goldman-Rakic, Doreen Kimura, Simon LeVay, Bruce McEwen, Michael Merzenich, Bertram O'Malley, Geoffrey Raisman, and Dick Swaab, illustrate a rich blend of perspectives, approaches, methods, and findings. *Sex and the Brain* will show students how a scientific paper can be analyzed from many perspectives, and supply them with critical tools for judging a rapidly emerging science in a contentious area.

Sex and the Developing Brain Margaret McCarthy 2010-08-01 The brains of males and females, men and women, are different—that is a fact. What is debated is how different and how important those differences are. Sex differences in the brain are determined by genetics, hormones, and experience, which in humans includes culture, society, and parental and peer expectations. The importance of nonbiological variables to sex differences in humans is paramount, making it difficult if not impossible to parse out those contributions that are truly biological. The study of animals provides us the opportunity to understand the magnitude and scope of biologically based sex differences in the brain and understanding the cellular mechanisms provides us insight into novel sources of brain plasticity. Many sex differences are established during a developmental sensitive window by differences in the hormonal milieu of males versus females. The neonatal testis produces large amounts of testosterone, which gains access to the brain and is further metabolized into active androgens and estrogens, which modify brain development. Major parameters that are influenced by hormones include neurogenesis, cell death, neurochemical phenotype, axonal and dendritic growth, and synaptogenesis. Variance in these parameters results in sex differences in the size of particular brain regions, the projections between brain regions, and the number and type of synapses within particular brain regions. The cellular mechanisms are both region and endpoint specific and invoke many surprising systems such as prostaglandins, endocannabinoids, and cell death proteins. By understanding when, why, and how sex differences in the brain are established, we may also learn the source of strong gender biases in the relative risk and severity of numerous neurological diseases and disorders of mental health, including but not limited to autism, dyslexia, attention deficit disorder, schizophrenia, Alzheimer's, multiple sclerosis, Parkinson's, and major depressive disorder. Table of Contents: Introduction / Sex Determination versus Sex Differentiation / Masculinization, Feminization, and Defeminization / Steroid Hormones Are Potent Modulators of Brain Development / Sex Differences in the Brain Are Established During a Developmental Sensitive Window / Sex Differences in Physiology and Behavior Are Coordinated / Knockouts of the Rule: Mice with Null Mutations of Steroid Receptors, Steroidogenic Enzymes, and Binding Proteins / Steroids Influence Multiple Endpoints to Organize the Brain / Cellular Mechanisms of Steroid-Mediated Organization of the Brain / Winged Messengers: Lessons from Birds and Flies / Sexual Differentiation of the Primate Brain / Sexual Differentiation of the Human Brain / Overcoming the Hegemony of Hormones: Genes Matter Too / The Value of Understanding the Effect of Sex on the Developing Brain / References

Sex and Gender Aspects in Clinical Medicine Sabine Oertelt-Prigione 2011-11-15 This book is a concise, easy to read professional text with a focus on practical aspects. All chapters include tables on sex/gender differences in symptoms and management and a series of suggestions to the novice in the field. Chapters are specialty-specific. The focus is not on women's health, but the presentation of differences in clinical symptoms, management and outcomes in women and men. Gender Medicine strives to employ the knowledge about these differences to improve diagnosis, better understand pathogenesis and advance patient-oriented therapy.

Testosterone Rebecca M. Jordan-Young 2019-10-15 An Independent Publisher Book Awards Gold Medal Winner A Progressive Book of the Year A TechCrunch Favorite Read of the Year "Deeply researched and thoughtful." —Nature "An extended exercise in myth busting." —Outside "A critique

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of both popular and scientific understandings of the hormone, and how they have been used to explain, or even defend, inequalities of power.” —The Observer Testosterone is a familiar villain, a ready culprit for everything from stock market crashes to the overrepresentation of men in prisons. But your testosterone level doesn’t actually predict your appetite for risk, sex drive, or athletic prowess. It isn’t the biological essence of manliness—in fact, it isn’t even a male sex hormone. So what is it, and how did we come to endow it with such superhuman powers? T’s story begins when scientists first went looking for the chemical essence of masculinity. Over time, it provided a handy rationale for countless behaviors—from the boorish to the enviable. Testosterone focuses on what T does in six domains: reproduction, aggression, risk-taking, power, sports, and parenting, addressing heated debates like whether high-testosterone athletes have a natural advantage as well as disagreements over what it means to be a man or woman. “This subtle, important book forces rethinking not just about one particular hormone but about the way the scientific process is embedded in social context.” —Robert M. Sapolsky, author of *Behave* “A beautifully written and important book. The authors present strong and persuasive arguments that demythologize and defetishize T as a molecule containing quasi-magical properties, or as exclusively related to masculinity and males.” —Los Angeles Review of Books “Provides fruitful ground for understanding what it means to be human, not as isolated physical bodies but as dynamic social beings.” —Science

The Clinical Utility of Compounded Bioidentical Hormone Therapy National Academies of Sciences, Engineering, and Medicine 2020-10-22 The U.S. Food and Drug Administration (FDA) has approved dozens of hormone therapy products for men and women, including estrogen, progesterone, testosterone, and related compounds. These products have been reviewed for safety and efficacy and are indicated for treatment of symptoms resulting from hormonal changes associated with menopause or other endocrine-based disorders. In recent decades, an increasing number of health care providers and patients have turned to custom-formulated, or compounded, drug preparations as an alternative to FDA-approved drug products for hormone-related health concerns. These compounded hormone preparations are often marketed as "bioidentical" or "natural" and are commonly referred to as compounded bioidentical hormone therapy (cBHT). In light of the fast-growing popularity of cBHT preparations, the clinical utility of these compounded preparations is a substantial public health concern for various stakeholders, including medical practitioners, patients, health advocacy organizations, and federal and state public health agencies. This report examines the clinical utility and uses of cBHT drug preparations and reviews the available evidence that would support marketing claims of the safety and effectiveness of cBHT preparations. It also assesses whether the available evidence suggests that these preparations have clinical utility and safety profiles warranting their clinical use and identifies patient populations that might benefit from cBHT preparations in lieu of FDA-approved BHT.

I'm Too Young to Get Old Judith Reichman 1996 If you're a woman over forty, you probably have questions and concerns about your health. Unlike your mother or grandmother, you do not want to go passively (or silently) through the next half of your life. "No one seems to care about out forty-something contraceptive needs. Pregnancy is the last thing I want at this point. What are my options?" "If I take the Pill and I'm over forty, am I at increased risk for cancer?" Or: "I know I've put it off, but I'm ready now, and I want to be pregnant--yesterday!" What are my chances--and the risks involved?" "I'm going through menopause, and I'm not sure I like the idea of taking hormone replacement therapy for the rest of my life. How do I know if it's right for me? What other choices do I have?" "I'm too busy to consult a score of specialists to keep on the 'proper' health track. Is there a single checklist I can follow so I know what tests to take and when?" In *I'm Too Young to Get Old*, renowned gynecologist Judith Reichman, M.D., creator of two acclaimed PBS series on menopause and health, gives women over forty the information they need to make their health care choices. Yes, we need to know what happens to our hormones, but that doesn't mean we should be defined in terms of our reproductive system. As Dr. Reichman writes: "My patients have matured with me, and most of us are now over forty. Many have struggled with their health as they aged, while other seemed to mature with vibrancy, pleasure, and an increasing appreciation of their lives. What

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explains these differences? We traverse a complicated passage: our hormones fluctuate, and so do our moods, body temperatures, and sleep patterns. We have to make choices about birth control, then hormone control. We should be concerned about cancer prevention and detection, heart disease, osteoporosis, joint problems, and thyroid problems. We want to control our weight and our wrinkles. And in the midst of all this, we are taking care of aging parents, aging children, or dealing with our mates' midlife problems (both physical and psychological) or possibly going through divorce, getting back in the job market, or leaving it, and wondering how we reached forty so fast." Dr. Reichman addresses all these concerns and more with clarity and wit. She tackles subjects often given short shrift: avoiding hysterectomy, coping with urinary incontinence, exploring sexuality from forty to ninety (see the chapter on "Sex, Hormones, and Rock 'n' Roll"), preparing for a health second half of life despite our abuses of the first half, and more. Written in a warm, accessible style and laced with the humorous perspective of someone who's gone through this stage of life herself, *I'm Too Young to Get Old* has all the authoritative, up-to-date information you need to take control of your future health.

Testosterone Rex Cordelia Fine 2018-02-20 "Beliefs about men and women are as old as humanity itself, but Fine's funny, spiky book gives reason to hope that we've heard Testosterone rex's last roar." —Annie Murphy Paul, New York Times Book Review Many people believe that, at its core, biological sex is a fundamental force in human development. According to this false-yet-familiar story, the divisions between men and women are in nature alone and not part of culture. Drawing on evolutionary science, psychology, neuroscience, endocrinology, and philosophy, *Testosterone Rex* disproves this ingrained myth and calls for a more equal society based on both sexes' full human potential.

The Role of Theory in Sex Research Kinsey Institute for Research in Sex, Gender, and Reproduction 2000 Attempting to bridge the epistemological gaps between "positivist" and "postmodern" approaches to theoretical models of sexual behavior, this book brings together essays and discussion by scholars representing a range of viewpoints and contrasting theoretical approaches. The essays examine four areas: sexuality through the life cycle, sexual orientation, individual differences in sexual risk taking, and adolescent sexual behavior.

Health, Risk, and Adversity Catherine Panter-Brick 2010 Research on health involves evaluating the disparities that are systematically associated with the experience of risk, including genetic and physiological variation, environmental exposure to poor nutrition and disease, and social marginalization. This volume provides a unique perspective - a comparative approach to the analysis of health disparities and human adaptability - and specifically focuses on the pathways that lead to unequal health outcomes. From an explicitly anthropological perspective situated in the practice and theory of biosocial studies, this book combines theoretical rigor with more applied and practice-oriented approaches and critically examines infectious and chronic diseases, reproduction, and nutrition.

Sex Hormones in Experimental Autoimmune Encephalomyelitis, an Animal Model for Multiple Sclerosis Karen Marie Palaszynski 2004

Gonadal Hormones and Sex Differences in Behavior Sheri A. Berenbaum 1998 First Published in 1998. Routledge is an imprint of Taylor & Francis, an informa company.

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