

Sexual Attraction In Therapy Clinical Perspectives On Moving Beyond The Taboo A Guide For Training And Practice

Tackling Mental Health Crises - David Kingdon 2012-09-10

Tackling Mental Health Crises provides a practical guide to combining social and psychological responses to mental health problems. David Kingdon and Marie Finn look at what constitutes a crisis, be it an individual crisis presentation or a situational crisis for services. They reject current diagnostic approaches to mental health, focussing instead on a symptom-led approach and keeping an awareness of the intervention experience for clients and carers throughout. Subjects covered include: engaging and assessing the client risk assessment and management emotional, behavioural, cognitive and physical presentations service teams and settings. The emphasis throughout is on taking a holistic look at crisis prevention and management, encompassing both the work that takes place at an individual level and the wider impact of societal and political issues. Containing clear direction and practical advice, combined with numerous case studies and commentary from users and carers themselves, this book will be of great use to anyone involved with dealing with mental health crises.

Compulsive Sexual Behaviours - Silva Neves 2021-05-10

Compulsive Sexual Behaviours offers a unique approach to the struggles people face with their out-of-control sexual behaviours. This comprehensive guide is deeply rooted in the science of sexology and psychotherapy, demonstrating why it is time to re-think the reductive concept of 'sex addiction' and move towards a more modern age of evidence-based, pluralistic and sex-positive psychotherapy. It is an important manual for ethical, safe and efficient treatment within a humanistic and relational philosophy. This book will be an important guide in helping clients stop their compulsive sexual behaviours as well as for therapists to self-reflect on their own morals and ethics so that they can be prepared to explore their clients' erotic mind.

Bullying Among University Students - Helen Cowie 2015-09-16

Bullying Amongst University Students is a pioneering collection of knowledge and evidence exploring the under-researched phenomenon of bullying in universities. Abusive behaviour amongst young people is a serious and pervasive problem that is exacerbated by the rapid advances in electronic communication, and in this book the authors highlight the problem and proceed to facilitate new practices and policies to address it. This book brings together an international team of authors from a range of disciplines, encompassing education, psychology, criminology, law and counselling, who have carried out research in the area of university bullying. Addressing critical dialogues and debates, the authors explore peer on peer violence, intimidation and social exclusion before considering its effects on students and making recommendations for action and further research. Key topics include: Cyberbullying and cyber aggression Rape culture across the university Homophobic and transphobic bullying The impact of bullying on mental health The role of bully and victim across the lifespan Policies and procedures to address bullying International in authorship and scope, this book will be an invaluable resource for students and researchers in fields such as education, psychology, sociology, health studies and criminology. It is also essential reading for university policy-makers and union representatives responsible for the emotional and physical well-being of students.

Practical Ethics in Counselling and Psychotherapy - Linda Finlay 2019-02-25

This book introduces readers to the ethical dilemmas that therapists can face in their therapeutic practices. By mapping the counselling process from beginning to end, it focuses on key ethical issues such as informed consent, confidentiality, boundaries, the use of touch and dual relationships. It draws on a series of in-depth case studies illustrating ethical dilemmas, and presents the reader with reflective questions at the end of each example. The book covers: The Context of Relational Ethics - Relational Ethics within the Therapeutic Relationship - Exploring the complex judgement demanded by the therapeutic process, and looking at how therapy needs to be situation specific.

Relational-centred Research for Psychotherapists - Linda Finlay 2009-10-12

An accessible, practical introduction to carrying out qualitative research

in psychotherapy and counselling for practitioners who want or who are required to contribute to the profession's evidence base. Gives clear guidance on how to set up and conduct small scale research that is based in clinical practice Assumes no prior knowledge of qualitative research and is aimed specifically at psychotherapists Recognises development of the evidence base for psychotherapy through qualitative research as a key objective for practitioners

The Therapeutic Frame in the Clinical Context - Maria Luca 2012-11-12

How does the therapeutic frame help therapists in their practice? The Therapeutic Frame in the Clinical Context examines some of the key issues inherent in the intimate and very often intense therapeutic relationship. It addresses and clarifies perspectives on the creation of a therapeutic environment that is conducive to therapy. The book addresses specific aspects of the therapeutic frame. How does a client feel about unexpectedly meeting her psychotherapist's son or daughter? How does a psychotherapist or counsellor practice within a 'frameless', often intrusive environment, in acute hospital wards? How does a counsellor manage the frame in the face of a life-threatening illness? Using a wealth of examples from clinical practice, The Therapeutic Frame in the Clinical Context examines these issues and more, in a range of settings including the NHS, private practice, and the workplace, and provides valuable guidelines from a range of theoretical perspectives, including Jungian and psychoanalytic.

Sexual Identities and Sexuality in Social Work - Dr Priscilla Dunk-West 2012-12-28

Sexuality and sexual identity have been relatively marginalized areas in both social work education and practice. However, changes in policy and legislation in the UK and other countries over the past decade have brought discussions of sexuality into the mainstream public service agenda. In social work and social care, gay and lesbian citizenship rights have been explicitly recognised. In the fields of adoption and fostering new regulations and guidance have helped improve and develop practice around assessment and intervention. It remains the case, however, that sex is often perceived as a problem area within social work and social care, discussed only in relation to sexually diverse communities or in the realm of dysfunction or pathology. This collection aims to generate a more proactive and challenging discussion of sexuality and sexual identity in social work. Its starting point is that sexuality is an essential aspect of individual identity, that users must be able to express their sexuality, and that it is essential for social workers to be able to respond and discuss sexual issues appropriately. The contributions are informed by feminist research, considering, in particular, the experiences of women working in and using social care services since the 1990s. In addition to a consideration of the wider policy, legislative and service providers' perspectives, the book includes reflective accounts as well as research-led contributions, offering a comprehensive and balanced account of this important field, which aims to inform both theory and practice.

Touch in Psychotherapy - Edward W. L. Smith 2001-02-01

Should a therapist ever shake hands with a client, or touch a client's hand or shoulder? There are taboos against erotic touch in psychotherapy, for excellent reasons, but what about nonerotic touch? These latter forms of physical contact are not explicitly taboo and they can be powerful forms of communication. Research and clinical experience indicate that they can contribute to positive therapeutic change when used appropriately. What, then, is appropriate use?

Becoming a Therapist - Malcolm C. Cross 2003-09-02

A unique practical manual, facilitating the movement and growth of the reader, whilst raising awareness of resistance to change.

Counseling Techniques - Zondervan, 2018-10-16

Counseling Techniques provides a useful resource for any type of counseling practitioner. Presenting a wide variety of the most effective and commonly used techniques associated with various diagnoses, theoretical bases, and client populations, it offers experienced therapists and students alike a single, trustworthy resource for clinical reference and guidance. Each chapter includes a user-friendly, step-by-step

explanation of the techniques covered. Sections survey the following:
 Basic types of techniques (cognitive, behavioral, experiential, and more)
 Techniques for children, adolescents, adults, couples, and families
 Techniques for a wide variety of individual and family issues, including emotional dysregulation, shame, loss, sexual abuse, trauma, domestic violence, attachment wounds, and much more Featuring a lineup of top-notch, highly experienced counselors and thoroughly integrated with a Christian worldview, *Counseling Techniques* will equip therapists and students in various helping disciplines for the frequent clinical issues that arise in all forms of counseling.

Ethics and Professional Issues in Couple and Family Therapy - Megan J. Murphy 2016-10-04

Ethics and Professional Issues in Couple and Family Therapy, Second Edition builds upon the strong foundations of the first edition. This new edition addresses the 2015 AAMFT Code of Ethics as well as other professional organizations' codes of ethics, and includes three new chapters: one on in-home family therapy, a common method of providing therapy to clients, particularly those involved with child protective services; one chapter on HIPAA and HITECH Regulations that practicing therapists need to know; and one chapter on professional issues, in which topics such as advertising, professional identity, supervision, and research ethics are addressed. This book is intended as a training text for students studying to be marriage and family therapists.

Relational Depth - Rosanne Knox 2012-12-17

This wide-ranging textbook offers a fascinating survey of the latest thinking and research on in-depth therapeutic encounters by bringing together the latest theory, research and practice on working at relational depth with clients in counselling and psychotherapy. By exploring the meaning, challenges and experiences of relational depth, it provides insight into an important dimension of therapeutic practice and, for many, will act as a guide to new ways of thinking about their therapeutic relationships. This book is an essential read for all trainees and practitioners in counselling and psychotherapy who want to deepen their levels of therapeutic relating.

Sexual Attraction in Therapy - Maria Luca 2013-12-24

Sexual Attraction in Therapy presents new findings from multiple perspectives into the complex phenomenon of sexual attraction in therapy. Detailed clinical examples and strategies from expert contributors demonstrate how therapists can engage with sexual attraction, when it arises, in positive ways that facilitate client progress and ensure appropriate professional conduct. Challenges practitioners to think about sexual attraction as a normal dynamic developing through the unique intimacy of the therapy encounter Presents new findings from research to enrich understanding of the lived experience of therapists and how they confront, avoid, make use of the process of sexual attraction Provides clinical examples to highlight common challenges faced by practitioners, the strategies they use to overcome them and how they normalize the 'taboo' of sexual attraction to make positive use of it in therapy Makes an important contribution to current literature on professional practice, an area of increasing importance as more emphasis is placed on issues of ethics, ongoing supervision and appropriate professional conduct Expert contributors include Doris McIlwain, Michael Worrell, John Sommers-Flanagan and Martin Milton

Handbook for Theory, Research, and Practice in Gestalt Therapy - Philip Brownell 2009-03-26

Many books have been written about gestalt therapy. Not many have been written on the relationship between gestalt therapy and psychotherapy research. The *Handbook for Theory, Research, and Practice in Gestalt Therapy* is a needed bridge between these two concerns, and a timely addition to scholarly literature on gestalt therapy itself. In 2007 an international team of experienced gestalt therapists devoted themselves to create this book, and they have collaborated with one another to produce a challenging and enriching addition to the literature relevant to gestalt therapy. The book discusses the philosophy of science, the need for research specifically focused on gestalt therapy, and the critical realism and natural attitude found in both research and gestalt praxis. It provides discussions of qualitative and quantitative research, describes the methods of gestalt therapy as based in a unified theory, and illustrates the application of research in the contexts of emerging gestalt research communities. The discussion contained in this book is needed at a time when warrant for the practice of psychotherapy is increasingly sought in the empirical support available through psychotherapy research—the so called evidence-based movement—and at a time when public policy is increasingly driven by the call for "what works."

Working with Sexual Attraction in Psychotherapy Practice and Supervision - Biljana van Rijn 2020-07-29

Working with Sexual Attraction in Psychotherapy Practice and Supervision addresses some of the challenges associated with sexual attraction in psychotherapy practice and supervision, as well as within services, and helps therapists, supervisors, and managers to navigate them with openness and self-reflection. The book focuses on practical and applied issues, using a relational humanistic-integrative theoretical approach as a backdrop for understanding. Split into three parts, it deals with issues related to clinical practice, supervision and ethical issues. Chapters support in-depth exploration in all three arenas of practice and are completed by editors providing a reflective summary. Enriched with case examples and research written by senior relational practitioners, the book will be beneficial to therapists, supervisors, and service managers in the field of psychotherapy.

School Bullying and Mental Health - Helen Cowie 2017-07-20

Bullying amongst young people is a serious and pervasive problem, and recent rapid advances in electronic communication technologies have provided even more tools for bullies to exploit. *School Bullying and Mental Health* collates current research evidence and theoretical perspectives about school bullying in one comprehensive volume, identifying the nature and extent of bullying and cyberbullying at school, as well as its impact on children and young people's emotional health and well-being. There are many negative consequences of bullying, and children and young people who have been victimised often suffer long-term psychological problems, such as increased levels of anxiety, depressive symptoms, social isolation, loneliness and suicidal ideation. Perpetrators of bullying also have a heightened risk of experiencing problems such as anxiety and depression, as well as eating disorders and antisocial behaviour. Founded on rigorous academic research, this important book tackles the negative consequences of bullying, and bullying culture itself, by examining the social and cultural contexts that perpetuate such behaviour from childhood through adolescence and potentially into adulthood. Containing contributions from an international team of authors, this book explores current interventions to prevent and reduce school bullying and to alleviate its negative effects on the mental health of children and young people. In-depth discussion of the profound implications of this research for researchers, practitioners and policymakers makes this book essential reading for those interested in bullying culture and the mental health and well-being of children and adolescents.

An Introduction to Countertransference - Claire Cartwright 2022-03-17

This book provides step-by-step guidance on identifying, understanding and managing countertransference. It pays particular attention to ethical and cultural issues.

The Brain That Changes Itself - Norman Doidge 2008-08-07

An introduction to the science of neuroplasticity recounts the case stories of patients with mental limitations or brain damage whose seemingly unalterable conditions were improved through treatments that involved the thought re-alteration of brain structure.

Clinical Interviewing - John Sommers-Flanagan 2016-11-15

Fully updated guide to proven, practical strategies for conducting effective interviews - including access code to online videos *Clinical Interviewing* is the essential guide to conducting initial interviews, suicide assessment, mental status examinations, and psychotherapy skill development. The Sixth Edition includes: Updates focusing on latest trends in clinical interviewing research and practice Updated information on technology-based interviewing Access to over 70 videos that show the authors discussing and demonstrating crucial interviewing techniques Online instructor's manual and resources to facilitate teaching Fresh case examples to help apply interviewing skills and concepts New coverage of special populations and multicultural considerations Expanded skills coverage to help facilitate client insight and action This new edition also includes a Registration Access Card with a unique one-time code to access the Wiley Interactive E-Text (Powered by VitalSource), enhanced with dynamic content, including instructional videos and practice questions to further enrich student learning. It provides uninterrupted, mobile access anywhere, anytime.

Five Minutes a Day to an Upgraded Therapy Practice - Stephanie Ellis 2021-08-11

Five Minutes a Day to an Upgraded Therapy Practice is a compilation of short, useful suggestions based on classic theory, current research, and wisdom gathered over fifteen years of clinical practice, supervision, and graduate teaching in psychology and counseling. Chapters include highly

practical upgrades on standard therapy techniques and ideas for continual therapist development (that respect the busy life of the mental health professional!). The book is made up of ten sections, each with ten

short chapters, each readable in under five minutes. It is an indispensable resource for practicing mental health clinicians, including counselors, clinical social workers, psychologists, and other helpers, as well as advanced students in counseling or similar graduate programs.

Sexual Attraction In Therapy Clinical Perspectives On Moving Beyond The Taboo A Guide For Training And Practice:

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