

Lust For Enlightenment Buddhism And Sex

Buddha Nature and Animality David Jones 2007-08 Buddha Nature and Animality is about peaceful living. In discussions about the relation between humans and their animal relatives, a central theme is that Buddhism represents the most viable philosophical/religious alternative to the malaise surrounding us when we confront ecological problems. This recognition points to the notion of compassion. The author seeks beyond the limits imposed by discourses of ethics and assumes a more radical approach to seek the roots of the perspectives that allow the conceptual space for the problematic dialogues in the first place. Rather than viewing animals as distinct beings sharing our environs, the author attempts to give the animals soul back to spirituality.

The Way of Judo John Stevens 2013-08-13 A martial arts biography of the legendary founder of judo, Jigoro Kano, and the colorful coterie of disciples who wanted to carry on his legacy Kodokan judo, one of the most well-known martial arts in the world today, was originated by Jigoro Kano (1860–1938), a martial artist and career educator who developed the art after studying several types of jujutsu, sumo, and Western wrestling. Openness and refinement were hallmarks of his personal and professional style, and he relentlessly searched for the best way to practice, teach, and perform techniques. This biography shows how Kano saw judo as a vehicle not just for self-defense, but for physical, spiritual, and moral development as well. His teachings clearly emphasize his ideal of judo as a way of self-cultivation that leads to physical health, ethical behavior, and ultimately a better society. Kano was a tireless activist who promoted the practical application of judo's principles in all realms of life—in one's

personal behavior, for education, in work, for economic benefit, and in both the local and international political arenas. Kano's students were a colorful, sometimes notorious bunch, and this book reveals how several went on to become famous—or infamous—in their own right. They include a prime minister of Japan, the leader of the Communist party in China, a famous novelist, a spy, high-level military leaders, and a media mogul, among many others.

Why Buddhism is True Robert Wright 2017-08-08 Author Robert Wright shows how Buddhist meditative practice can loosen the grip of anxiety, regret, and hatred, and deepen your appreciation of beauty and other people." -- Adapted from book jacket.

The Power of Denial Bernard Faure 2009-01-10 Innumerable studies have appeared in recent decades about practically every aspect of women's lives in Western societies. The few such works on Buddhism have been quite limited in scope. In *The Power of Denial*, Bernard Faure takes an important step toward redressing this situation by boldly asking: does Buddhism offer women liberation or limitation? Continuing the innovative exploration of sexuality in Buddhism he began in *The Red Thread*, here he moves from his earlier focus on male monastic sexuality to Buddhist conceptions of women and constructions of gender. Faure argues that Buddhism is neither as sexist nor as egalitarian as is usually thought. Above all, he asserts, the study of Buddhism through the gender lens leads us to question what we uncritically call Buddhism, in the singular. Faure challenges the conventional view that the history of women in Buddhism is a linear narrative of progress from oppression to liberation. Examining Buddhist discourse on gender in traditions such as that of Japan, he shows that patriarchy--indeed, misogyny--has long been central to Buddhism. But women were not always silent, passive victims. Faure points to the central role not only of nuns and mothers (and wives) of monks but of female mediums and courtesans, whose colorful relations with Buddhist monks he considers in particular.

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Ultimately, Faure concludes that while Buddhism is, in practice, relentlessly misogynist, as far as misogynist discourses go it is one of the most flexible and open to contradiction. And, he suggests, unyielding in-depth examination can help revitalize Buddhism's deeper, more ancient egalitarianism and thus subvert its existing gender hierarchy. This groundbreaking book offers a fresh, comprehensive understanding of what Buddhism has to say about gender, and of what this really says about Buddhism, singular or plural.

[An Introduction to Buddhist Ethics](#) Peter Harvey 2000-06-22 A systematic introduction to Buddhist ethics aimed at anyone interested in Buddhism.

[Tantra Yoga Secrets](#) Mukunda Stiles 2011-08-01 The practice of Tantra Yoga is considered to be the highest and most rapid path to enlightenment. Master teacher Mukunda Stiles offers 18 lessons in Tantra Yoga, a practice of transformational self-healing in which we can deepen awareness of our bodies, their energy forces, and the connections to the natural world around you and those you love. While many movements today describe tantra as a sexual practice promising longer and better orgasms, increased stamina, and ecstasy, the real Tantra aims to awaken Kundalini, the dormant potential force in the human personality. The Tantra tradition includes a vast range of practical teachings leading to the expansion of human consciousness and the liberation of primal energy. By heightening their awareness to this connective energy, readers will learn to embrace and develop a higher level of intimacy, the heart of tantra. Stiles explains this intimate and life-changing practice with grace, structure, and clarity--an easy-to-follow Tantra Yoga workshop in book form. Tantra Yoga Secrets will empower readers to overcome emotions, gain new knowledge, and live a more fulfilling spiritual lifestyle.

[Charming Cadavers](#) Liz Wilson 1996-12 In this highly original study of sexuality, desire, the body, and women, Liz Wilson investigates first-millennium Buddhist notions of spirituality. She

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argues that despite the marginal role women played in monastic life, they occupied a very conspicuous place in Buddhist hagiographic literature. In narratives used for the edification of Buddhist monks, women's bodies in decay (diseased, dying, and after death) served as a central object for meditation, inspiring spiritual growth through sexual abstention and repulsion in the immediate world. Taking up a set of universal concerns connected with the representation of women, Wilson displays the pervasiveness of androcentrism in Buddhist literature and practice. She also makes persuasive use of recent historical work on the religious lives of women in medieval Christianity, finding common ground in the role of miraculous afflictions. This lively and readable study brings provocative new tools and insights to the study of women in religious life.

Buddhism After Patriarchy Rita M. Gross 1993-01-01 This book surveys both the part women have played in Buddhism historically and what Buddhism might become in its post-patriarchal future. The author completes the Buddhist historical record by discussing women, usually absent from histories of Buddhism, and she provides the first feminist analysis of the major concepts found in Buddhist religion. Gross demonstrates that the core teachings of Buddhism promote gender equity rather than male dominance, despite the often sexist practices found in Buddhist institutions throughout history.

Cosmopolitan Dharma Sharon Smith 2016-04-08 Cosmopolitan Dharma, through an analysis of the diverse voices of racial, sexual and gender minority Buddhists, explores how cultural politics from the ground up can offer a more inclusive philosophy and lived experience of spirituality for Western Buddhism.

Zen Women Grace Schireson 2009-10-27 This landmark presentation at last makes heard the centuries of Zen's female voices. Through exploring the teachings and history of Zen's female ancestors, from the time of the Buddha to ancient and modern female masters in China, Korea, and Japan, Grace

Schireson offers us a view of a more balanced Dharma practice, one that is especially applicable to our complex lives, embedded as they are in webs of family relations and responsibilities, and the challenges of love and work. Part I of this book describes female practitioners as they are portrayed in the classic literature of "Patriarchs' Zen"--often as "tea-ladies," bit players in the drama of male students' enlightenments; as "iron maidens," tough-as-nails women always jousting with their male counterparts; or women who themselves become "macho masters," teaching the same Patriarchs' Zen as the men do. Part II of this book presents a different view--a view of how women Zen masters entered Zen practice and how they embodied and taught Zen uniquely as women. This section examines many urgent and illuminating questions about our Zen grandmothers: How did it affect them to be taught by men? What did they feel as they trying to fit into this male practice environment, and how did their Zen training help them with their feelings? How did their lives and relationships differ from that of their male teachers? How did they express the Dharma in their own way for other female students? How was their teaching consistently different from that of male ancestors? And then part III explores how women's practice provides flexible and pragmatic solutions to issues arising in contemporary Western Zen centers.

Without and Within Jayasaro (Ajahn) 2015

Create Your Own Religion Daniele Bolelli 2013-01-01 Create Your Own Religion is a call to arms--an open invitation to question all the values, beliefs, and worldviews that humanity has so far held as sacred in order to find the answers we need to the very practical problems facing us. Writer, philosopher, and professor of comparative religion, Daniele Bolelli, leads the reader through three thousand years of mythology, misogyny, misinformation, and the flat-out lies about "revealed truth" that continue to muddle our ability to live a peaceful life, free of guilt and shame and the ultimate fear of death. "Our worldviews are in desperate

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need of some housecleaning," says Bolelli. "We enter the 21st century still carrying on our backs the prejudices and ways of thinking of countless past generations. What worked for them may or may not still be of use, so it is our job to make sure to save the tools that can help us and let go of the dead weight."

The Cosmic Embrace John Stevens 1999 Here is a survey, through art from around the world, of the sacred dimension of sexuality. It demonstrates beyond a doubt that the notion of sexual relationships as something honorable, nonpossessive, fulfilling, and beneficial is nothing new, nor is the idea limited to the traditions of the mystic East. John Stevens shows how world sexual traditions have always had the spiritual as their highest goal. His survey looks at art from China, India, Native American traditions, ancient Europe, Japan, the South Pacific, Southeast Asia, Tibet, Greece, Africa, and Mexico, as well as art by modern artists like Eric Gill. The book includes an extensive bibliography.

Tantra & Erotic Trance John Ryan Haule 2012-11-01 In Volume One of this study, "Outer Work," we described managing our orgasmic response so as to cultivate "erotic trance," the altered state of consciousness that is the foundation of all Tantric activity; and we used it to climb the "diamond ladder" of mystical ascent to a rung characterized by the management of overwhelming emotions. Now in Volume Two, "Inner Work," we turn our attention away from "outer" goals having to do with our physiology and our relation to society at large and its prescriptions, to the much more subtle "interior" changes occurring in our consciousness. Continuing our climb up the rungs of the diamond ladder, we are introduced to the landscape of mysticism, a topography whose several regions are each characterized by the mastery of a different psychological capacity. Yoga gives us an interior ladder in the form of the subtle body that is comprised of the chakras, each of which opens onto a distinctly different emotional realm. In this work our "feeling function" becomes highly differentiated. Tibetan mandala

meditation disciplines our imaginative capacity, as we bring the heavenly palace of copulating gods and goddesses into being. By cultivating emptiness, we pare away our attachments to the memories that have been holding us back and the aspirations that narrow our future so that we can dwell in the present moment, without the props of doctrine and method. Passing beyond our personal self, we are introduced to the divine oneness of the cosmos, pulsing between accomplished union and the vision of that with which we are united. We return from such ecstasy to live our temporal lives on two planes simultaneously as spiritual wayfarers.

Interracial Intimacy in Japan Gary P. Leupp 2003-01-01 Gary Leupp describes and analyzes intimate relationships between Western men and Japanese women throughout the entire early modern period and into the first few decades of the modern period, when Westerners came to reside in the Treaty Ports. This subject has been largely overlooked by Western scholars, until now.

Celibacy and Religious Traditions Carl Olson 2008 For an educated, general readership and for use in college courses, this text introduces the role of celibacy, or a lack of it, in various religious traditions, and the contributors present the rationale for its observance (or not) within the context of each tradition.

The New Buddhism James William Coleman 2002-05-16 In our multicultural society, faiths formerly seen as exotic have become attractive alternatives for many people seeking more satisfying spiritual lives. This is especially true of Buddhism, which is the focus of constant media attention--thanks at least in part to celebrity converts, major motion pictures, and the popularity of the Dalai Lama. Following this recent trend in the West, author James Coleman argues that a new and radically different form of this ancient faith is emerging. The New Buddhism sheds new light on this recent evolution of Buddhist practice in the West. After briefly recounting the beginnings and spread of Buddhism in the

East, Coleman chronicles its reinterpretation by key Western teachers in the nineteenth and twentieth centuries, ranging from the British poet Sir Edwin Arnold to the Beat writer Alan Watts. Turning to the contemporary scene, he finds that Western teachers have borrowed liberally from different Buddhist traditions that never intersect in their original contexts. Men and women practice together as equals; ceremonies and rituals are simpler, more direct, and not believed to have magical effects. Moreover, the new Buddhism has made the path of meditation and spiritual awakening available to everyone, not just an elite cadre of monks. Drawing on interviews with noted teachers and lay practitioners, as well as a survey completed by members of seven North American Buddhist centers, Coleman depicts the colorful variety of new Buddhists today, from dilettantes to devoted students and the dedicated teachers who guide their spiritual progress. He also details the problems that have arisen because of some Western influences--especially with regard to gender roles, sex, and power. Exploring the appeal of this exotic faith in postmodern society and questioning its future in a global consumer culture, *The New Buddhism* provides a thorough and fascinating guide to Western Buddhism today.

The Passion Book Gendun Chopel 2018-04-18 *The PassionBook* is the most famous work of erotica in the vast literature of Tibetan Buddhism, written by the legendary scholar and poet Gendun Chopel (1903-1951). Soon after arriving in India in 1934, he discovered the Kama Sutra. Realizing that this genre of the erotic was unknown in Tibet, he set out to correct the situation. His sources were two: classical Sanskrit works and his own experiences with his lovers. Completed in 1939, his "treatise on passion" circulated in manuscript form in Tibet, scandalizing and arousing its readers. Gendun Chopel here condemns the hypocrisy of both society and church, portraying sexual pleasure as a force of nature and a human right for all. On page after page, we find the exuberance of someone discovering the joys of sex,

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made all the more intense because they had been forbidden to him for so long: he had taken the monastic vow of celibacy in his youth and had only recently renounced it. He describes in ecstatic and graphic detail the wonders he discovered. In these poems, written in beautiful Tibetan verse, we hear a voice with tints of irony, self-deprecating wit, and a love of women not merely as sources of male pleasure but as full partners in the play of passion.

Men, Homosexuality, and the Gods Ronald Long 2013-02-01

Compare worldwide religious regulations involving gay sex and masculinity! *Men, Homosexuality, and the Gods: An Exploration into the Religious Significance of Male Homosexuality in World Perspective* is an eye-opening look at the traditions of particular religions and their edicts concerning gay sex. This book examines the origins of holy directives involving homosexuality—whether forbidden, tolerated, or mandatory—and establishes a link between theology, sex roles, and the sensitive issue of masculinity. This text draws a parallel between homosexuality and the idea of religion, suggesting that gay rights can be understood as a freedom of religion issue. While most readers are familiar with the traditional Islamic, Christian, and Hebrew prohibitions against sex between two males, this book also reveals other historic religions from around the world that neither opposed nor looked down on homosexuality. *Men, Homosexuality, and the Gods* argues that masculinity is the universal theme that formed historical interpretation—warriors and men of high status could not be sexually receptive or “feminine” and still be called “men.” This intriguing text shows how the modern homophile movements are in effect redefining masculinity to obliterate the stigma of being a sexually receptive man. *Men, Homosexuality, and the Gods* examines the significance of homosexuality in such religions as: the Sambians of New Guinea the Taoists of Ancient China Plato and the later Stoics Islamic Sufism Native American culture Hebrew Scriptures early Christianity Buddhism *Men,*

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Homosexuality, and the Gods is an enlightening book that honors homosexual claims to moral integrity and appreciates religion and religious figures without rancor. Easy-to-read and free of technical language, this volume is for anyone who has an academic, professional, or personal interest in theology and homosexuality. The author is available for speaking engagements and can be contacted at Ronldlong@aol.com

Tantra of the Tachikawa Ryu John Stevens 2010

"Enlightenment can only be realized through sexual union, the supreme Buddha activity."

Yoga Journal 1990-11 For more than 30 years, Yoga Journal has been helping readers achieve the balance and well-being they seek in their everyday lives. With every issue, Yoga Journal strives to inform and empower readers to make lifestyle choices that are healthy for their bodies and minds. We are dedicated to providing in-depth, thoughtful editorial on topics such as yoga, food, nutrition, fitness, wellness, travel, and fashion and beauty.

Exploring Sexuality and Spirituality 2020-10-20 Exploring Spirituality and Sexuality: An Introduction to an Interdisciplinary Field is a collection of scholarly essays which focuses on the multiple interrelations of spirituality and sexuality, including such facets as intimate relationships, inner cultivation, gender empowerment, gender empowerment, sex education, eroticism, and ecstasy embodiments.

Lust for Enlightenment John Stevens 1990-12-08 Over the centuries, Buddhism has responded to sexuality in a variety of fascinating ways, sometimes suppressing the sexual urge, sometimes sublimating it, sometimes cultivating it, and, on the highest levels, transforming it. This book reveals how Buddhists, beginning with Shakyamuni Buddha himself, relate to the "inner fire" that drives humankind. Included are chapters on the Buddha's love life before his enlightenment and his later relationships with women; the tantric approach to sex among Buddhists of ancient India, Tibet, China, and Japan; Zen in the art

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of love; and a positive discussion of women and Buddhism.

Women in the Footsteps of the Buddha Kathryn R. Blackstone

2013-11-19 A detailed exploration of the quest for liberation on the part of the early bhikkunis. Only text in the Buddhist tradition of known female authorship. Important to anyone investigating women's own perspective on their religion. Also provides a clear statement about how renunciants understand nibbana.

What the Buddha Taught Walpola Rahula 2014-07-01

Buddhism continues to enjoy increasing interest in the West, both for its emphasis on reflection and meditation and as an object of scholarship. Drawing the words actually spoken by the Buddha, Rahula gives a full account of his fundamental teachings, from the Buddhist attitude of mind and meditation to the Buddha's teaching in the contemporary world. The text also features a selection of texts from original Buddhist literature.

Siddhartha Hermann Hesse 1998 Siddhartha is a classic novel by German author Hermann Hesse. It is a work of historical fiction, and tells the story of a man and his spiritual journey during the time of Gautama Buddha.

Buddhist Ethics: A Very Short Introduction Damien Keown

2005-06-23 The latter half of the twentieth century witnessed a growing interest in Buddhism, and it continues to capture the imagination of many in the West who see it as either an alternative or a supplement to their own religious beliefs.

Numerous introductory books have appeared in recent years to cater for this growing interest, but almost none devotes attention to the specifically ethical dimension of the tradition. For complex cultural and historical reasons, ethics has not received as much attention in traditional Buddhist thought as it has in the West, and publications on the subject are few and far between. Here, Damien Keown, author of *Buddhism: A Very Short Introduction*, illustrates how Buddhism might approach a range of fascinating moral issues ranging from abortion and suicide to cloning.

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Oxford University Press contains hundreds of titles in almost every subject area. These pocket-sized books are the perfect way to get ahead in a new subject quickly. Our expert authors combine facts, analysis, perspective, new ideas, and enthusiasm to make interesting and challenging topics highly readable.

Sexuality in Classical South Asian Buddhism José Ignacio Cabezón 2017-10-10 "More than twenty-five years in the making, this detailed sourcebook on Buddhist understandings of sexuality, desire, ethics, and deviance in classical South Asia is filled with both engaging translations and original and provocative analysis. Cabezón marshals an incredible array of scriptures, legal and medical texts, and philosophical treatises, explaining the subtleties of this ancient literature in lucid prose. This work will be of immense interest not only to scholars of Buddhism and gender studies but also to lay readers who want to learn more about traditional Buddhist attitudes toward sex"--Page 2 of dust jacket.

Against the Stream Noah Levine 2009-10-13 Buddha was a revolutionary. His practice was subversive; his message, seditious. His enlightened point of view went against the norms of his day—in his words, "against the stream." His teachings changed the world, and now they can change you too. Presenting the basics of Buddhism with personal anecdotes, exercises, and guided meditations, bestselling author Noah Levine guides the reader along a spiritual path that has led to freedom from suffering and has saved lives for 2,500 years. Levine should know. Buddhist meditation saved him from a life of addiction and crime. He went on to counsel and teach countless others the Buddhist way to freedom, and here he shares those life-changing lessons with you. Read and awaken to a new and better life.

The Red Thread Bernard Faure 1998-10-26 Is there a Buddhist discourse on sex? In this innovative study, Bernard Faure reveals Buddhism's paradoxical attitudes toward sexuality. His remarkably broad range covers the entire geography of this

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religion, and its long evolution from the time of its founder, Xvkyamuni, to the premodern age. The author's anthropological approach uncovers the inherent discrepancies between the normative teachings of Buddhism and what its followers practice. Framing his discussion on some of the most prominent Western thinkers of sexuality--Georges Bataille and Michel Foucault--Faure draws from different reservoirs of writings, such as the orthodox and heterodox "doctrines" of Buddhism, and its monastic codes. Virtually untapped mythological as well as legal sources are also used. The dialectics inherent in Mahvyvna Buddhism, in particular in the Tantric and Chan/Zen traditions, seemed to allow for greater laxity and even encouraged breaking of taboos. Faure also offers a history of Buddhist monastic life, which has been buffeted by anticlerical attitudes, and by attempts to regulate sexual behavior from both within and beyond the monastery. In two chapters devoted to Buddhist homosexuality, he examines the way in which this sexual behavior was simultaneously condemned and idealized in medieval Japan. This book will appeal especially to those interested in the cultural history of Buddhism and in premodern Japanese culture. But the story of how one of the world's oldest religions has faced one of life's greatest problems makes fascinating reading for all.

Sex, Sin, and Zen Brad Warner 2010-08-31 With his one-of-a kind blend of autobiography, pop culture, and plainspoken Buddhism, Brad Warner explores an A-to-Z of sexual topics — from masturbation to dating, gender identity to pornography. In addition to approaching sexuality from a Buddhist perspective, he looks at Buddhism — emptiness, compassion, karma — from a sexual vantage. Throughout, he stares down the tough questions: Can prostitution be a right livelihood? Can a good spiritual master also be really, really bad? And ultimately, what's love got to do with any of it? While no puritan when it comes to non-vanilla sexuality, Warner offers a conscious approach to sexual ethics and intimacy — real-world wisdom for our times.

Mastering the Core Teachings of the Buddha Daniel Ingram
2020-01-20 The very idea that the teachings can be mastered will arouse controversy within Buddhist circles. Even so, Ingram insists that enlightenment is an attainable goal, once our fanciful notions of it are stripped away, and we have learned to use meditation as a method for examining reality rather than an opportunity to wallow in self-absorbed mind-noise. Ingram sets out concisely the difference between concentration-based and insight (vipassana) meditation; he provides example practices; and most importantly he presents detailed maps of the states of mind we are likely to encounter, and the stages we must negotiate as we move through clearly-defined cycles of insight. Its easy to feel overawed, at first, by Ingram's assurance and ease in the higher levels of consciousness, but consistently he writes as a down-to-earth and compassionate guide, and to the practitioner willing to commit themselves this is a glittering gift of a book. In this new edition of the bestselling book, the author rearranges, revises and expands upon the original material, as well as adding new sections that bring further clarity to his ideas.

Writing as Enlightenment John Whalen-Bridge 2011-08-01
Explores the prevalence of Buddhist ideas in American literature since the 1970s.

Women in Buddhism Diana Y. Paul 1985-04-23 "In seeking to explore the interrelationships between, and mutual influence of, varieties of sexual stereotypes and religious views of the Mahayana Buddhist tradition, *Women in Buddhism* succeeds in drawing our attention to matters of philosophical importance. Paul examines the 'image' of women which arise in a number of Buddhist texts associated with Mahayana and finds that, while ideally the tradition purports to be egalitarian, in actual practice it often betrayed a strong misogynist prejudice. Sanskrit and Chinese texts are organized by theme and type, progressing from those which treat the traditionally orthodox and negative to those which set forth a positive consideration of soteriological paths for

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women. . . . In *Women in Buddhism*, Diana Paul may be forcing our consideration of the problem of female enlightenment. Thus the main purport and accomplishment of her scholarship is revolutionary."—*Philosophy East and West*

Buddhism in a Nutshell Narada Thera 2017-09-01 This new Pariyatti Edition of the classic *Buddhism in a Nutshell* is an excellent introductory overview of the fundamental principles of Buddhist doctrine. Topics covered include: the life of the Buddha, the Dhamma (Is it a philosophy? A religion? An ethical system?), the Four Noble Truths, the Law of Kamma, Rebirth, Dependent Origination, Anatta, and Nibbana. Recommended for beginners.

Mindfulness, Bliss, and Beyond Brahm 2006-08-11 "Better than sex!" That's how Ajahn Brahm describes meditation, and his enthusiasm is contagious. A self-described meditation junkie, Brahm, the author of the popular "Who Ordered This Truckload of Dung?", shares his recipe for bliss in this practical, energizing new book. "The Meditator's Handbook" is a complete, stem-to-stern guide to the subject, with precise step-by-step instructions for traversing the stages of practice and overcoming obstacles. Drawing on his working-class roots, Brahm explains difficult concepts clearly and easily, so that beginners understand them, while those who already meditate gain new insight. Full of surprises, delightfully goofy humor, and entertaining stories that inspire, instruct, and illuminate, "The Meditator's Handbook" encourages novices and gives a shot in the arm to more experienced practitioners.

Blue Truth David Deida 2004-11 You are deeper than your life shows, and you know it. You are more loving than your relationships allow, more brilliant than your career suggests. In your secret depth of being, you are infinite, creative, boundless, and utterly unable to press your full glory into the world. Or so it seems. In *Blue Truth*, David Deida presents a treasury of skills and insights for uncovering and offering your true heart of purpose, passion, and unquenchable love. In part one, Deida

shows you how to open as the entirety of the moment, feeling as deep inside and as far outside as you can, for as long as now opens. In part two, he reveals how to walk this path in the wilderness of intimate relationship, illuminating the art and play of sexual gifting, including how to expertly navigate the tangle of anger, jealousy, fear, lust, and much, much more. In June 2006, *Blue Truth* was named by *Spirituality & Health* magazine as one of the Best Spiritual Books of 2005, in the Personal Growth category.

Sharing Jesus Holistically with the Buddhist World David S. Lim 2005 This book contains the works of a group of Evangelical mission "reflective practitioners," who are committed to developing ways to evangelize the Buddhist peoples of the world. As various forms of Buddhism gain popularity, this network tries to disclose creative approaches to reach them with the gospel communicated in culturally sensitive ways and with transformational impact. The five major dimensions of a holistic witness among Buddhist peoples discussed in this book are: experiential dialogue, intellectual dialogue, biblical exposition, cultural sensitivity, and economic development. We invite readers to gain access to the first volume, *Sharing Jesus in the Buddhist World*, which consists of nine papers that provide the framework and some concrete models of cultural-sensitive "contextualized" witness to peoples of Buddhist faith. It will serve as a rich resource for those concerned with the issues raised in this book.

Buddha's Bedroom Cheryl Fraser 2020-01-24 In this playful and sexually savvy guide, "Dr. Cheryl" Fraser presents enlivening mindfulness practices, techniques from couples and sex therapy, and the wisdom of Buddhist teachings to help couples spark the passion and thrill they've been seeking. With this spiritually scintillating book, couples can break the monotony of familiar routines and bring a little nirvana back to the bedroom for a more exciting, loving, and fulfilling and relationship.

Buddhism and Peace Chanju Mun 2006 *Buddhism and Peace*:

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Theory and Practice is among the most comprehensive books on this topic to date. Of the seven international seminars on Buddhism and Leadership for Peace, which have gained worldwide reputation in leading discussions on Buddhism and peace, the seventh seminar was the most successful. Thirty-one eminent scholars and activists among the more than forty participants presented papers on Buddhism and peace from the varying perspectives of their expertise. The two major Buddhist traditions, the Theravada and the Mahayana, are equally represented in this book. Likewise, a balance is struck in this book in terms of the number of articles dealing with theory and those concentrating on practice. The result is a collection of essential readings on the application of Buddhist wisdom for peace activists, scholars of religion, social scientists, and others in these troubled times, Buddhists and non-Buddhists alike.

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