

Humor After The Tumor One Woman Looks At Her Year With Breast Cancer

Pretty Is What Changes - Jessica Queller
2008-04-01

Faced with the BRCA mutation—the so-called “breast cancer gene”—one woman must answer the question: When genetics can predict how we may die, how then do we decide to live? Eleven months after her mother succumbs to cancer, Jessica Queller has herself tested for the BRCA gene mutation. The results come back positive, putting her at a terrifyingly elevated risk of developing breast cancer before the age of fifty and ovarian cancer in her lifetime. Thirty-four, unattached, and yearning for marriage and a family of her own, Queller faces an agonizing

choice: a lifetime of vigilant screenings and a commitment to fight the disease when caught, or its radical alternative—a prophylactic double mastectomy that would effectively restore life to her, even as it would challenge her most closely held beliefs about body image, identity, and sexuality. Superbly informed and armed with surprising wit and style, Queller takes us on an odyssey from the frontiers of science to the private interiors of a woman’s life. *Pretty Is What Changes* is an absorbing account of how she reaches her courageous decision and its physical, emotional, and philosophical consequences. It is also an incredibly moving

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story of what we inherit from our parents and how we fashion it into the stuff of our own lives, of mothers and daughters and sisters, and of the sisterhood that forms when women are united in battle against a common enemy. Without flinching, Jessica Queller answers a question we may one day face for ourselves: If genes can map our fates and their dark knowledge is offered to us, will we willingly trade innocence for the information that could save our lives? Praise for *Pretty Is What Changes* “By turns inspiring, sorrowful and profoundly moving. Queller’s sense of humor and grace transform the most harrowing of situations into a riveting and heartfelt memoir.”—Kirkus Reviews “Seamless and gripping. Readers will be rooting for Queller and her heroic decision to confront her genetic destiny.”—Publishers Weekly “Jessica Queller gives us a warm, chilling, unflinching look at her personal journey of survival with style. The ending will surprise you. Her prescience is astounding. Her courage is inspirational. Brava

Jessica!”—Marisa Acocella Marchetto, author of *Cancer Vixen*

The Bright Hour - Nina Riggs 2017-06-19

A New York Times Bestseller: ‘You can read a multitude of books about how to die, but Riggs, a dying woman, will show you how to live.’ Most Anticipated Summer Reading Selection by * The Washington Post * Glamour * The Seattle Times * Real Simple * The Atlanta Journal-Constitution In 2015 poet and writer Nina Riggs was diagnosed with breast cancer, and it metastasised later that year. She was thirty-eight years old, married to the love of her life and the mother of two small boys; her mother had died only a few months earlier from multiple myeloma. *The Bright Hour: A Memoir of Living and Dying* is Nina’s intimate, unflinching account of ‘living with death in the room’. She tells her story in a series of absurd, poignant and often hilarious vignettes drawn from a life that has ‘no real future or arc left to it, yet still goes on as if it does’. This unforgettable memoir leads

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the reader into the innermost chambers of the writer's life: into the mind and heart, the work and home and family, of a young woman alternately seeking to make peace with and raging against the reality of her approaching death. Nina Riggs received her MFA in poetry in 2004 and published a book of poems, *Lucky*, in 2009. She wrote about life with metastatic breast cancer on her blog, *Suspicious Country*; her recent work appeared in the *Washington Post* and the *New York Times*. She lived with her husband and sons and dogs in Greensboro, North Carolina. Starred reviews from * Kirkus Reviews * Publishers Weekly * Library Journal * **REVIEWS FOR THE BRIGHT HOUR BY NINA RIGGS** 'Profound and poignant...I put down *The Bright Hour* a slightly different, and better, person - unbearably sad and also feeling, as Riggs did, "the hug of the world.'" *O Magazine* 'Stunning...heartrending...this year's *When Breath Becomes Air*.' *The Washington Post*

'Often funny and absurd, *The Bright Hour* is about sitting with your own mortality, and the idea of your life coming to an end always being in the room with you...Nina reminds us not to waste time under the covers and instead get out there and make the most of it.' Frankie 'Gorgeous and brave, Nina Riggs's memoir explodes with life and insight even amid ruin—with lines so poetic they knocked the wind out of me. It's heartbreaking, funny, clear-eyed, and entirely devoid of cliché. This book is her hard-won treasure, and ours.' Dr Lucy Kalanithi, author of *When Breath Becomes Air* "Beautiful and haunting." Matt McCarthy, *USA Today* "Deeply affecting...simultaneously heartbreaking and funny." *People*, (Book of the Week) "Vivid, immediate." Laura Collins-Hughes, *The Boston Globe* 'How a woman can have this much emotional clarity and narrative power while fighting for her life should astonish every last one of us. Magical. Unforgettable.' Kelly Corrigan 'A luminous, heartbreaking symphony

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of wit, wisdom, pain, parenting and perseverance against insurmountable odds.’ Starred Review, Kirkus Reviews ‘A moving reminder of the precious gift of life.’ Mindfood ‘The Bright Hour is, as the subtitle indicates, an account of life and death, but it’s the living that shines, in this gloriously irreverent, sometimes objective account of the author’s terminal cancer.’ Good Reading ‘[A] deeply moving (and often funny) memoir.’ Marie Claire ‘Incredibly insightful...A meditation on life and how to live and, in the end, how to die.’ Australian ‘[Riggs] doesn't gloss over what lies ahead, and the results are at times hilarious. Heartbreaking, honest and uplifting.’ Woman’s Day ‘In this tender memoir Riggs displays a keen awareness of and reverence for all the moments of life—both the light, and the dark, “the cruel, and the beautiful”’ Publishers Weekly ‘This gorgeous chronicle of the last year of her life - brimming with seemingly mundane details about parenting, buying a couch, getting a puppy - is a

gentle reminder to cherish each day.’ Best New Books, Entertainment Weekly ‘Touching and wickedly funny.’ Glamour ‘The antithesis of grim: an irreverent and poignant Baedeker through the country of illness.’ Wall Street Journal ‘Her observations about cancer are frank and unsentimental [but] they are also tart and hilarious...Like the bestselling *When Breath Becomes Air*, the work she left behind is a beautiful testament to the quiet magic of everyday life and making the most of the time we are given, whether it’s spent taking last-minute trips to Paris, wallpapering the mudroom, or reveling in a newly purchased couch.’ New York Post ‘As a poet she composed *The Bright Hour* with delicacy, love of language, full awareness, and a realism that almost hurts to read and absorb...A family history, a personal memoir, and a roadmap for others to follow, *The Bright Hour* is a story to embrace, learn from and recommend to good friends.’ Book Reporter ‘This is one of those confusing books that will

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have you teary while also snorting with laughter. Basically, you will need tissues...The Bright Hour is filled with wonderful wit and irreverence in the face of death, making it truly memorable.' Whimn 'While the looming presence of impending death is ubiquitous throughout the book, it's also a work teeming with limitless love, humour and perseverance...It's a truly inspiring and—in the end—uplifting memoir; the kind of work that makes you want to take a step back and get a better look at your life to remind yourself what really matters.' Best New Books to Read This Summer, Reader's Digest [UK] 'There is an inevitable rolling sadness throughout the memoir - but it is never depressing because, although [Riggs's] body is succumbing to the condition, her mind is sharp and alert: a creative, imaginative intelligence.' Sydney Morning Herald 'Deeply affecting...A simultaneously heartbreaking and funny account of living with loss and the spectre of death. As she lyrically, unflinchingly details her reality,

she finds beauty and truth that comfort even amid the crushing sadness.' Who Weekly 'The Bright Hour is Nina Riggs' magnum opus and it's a great legacy. This memoir is an absolute gem which will offer great relief and comfort for people finding themselves facing similar circumstances either in their own illness or through their loved ones. For the other readers this work is a poignant and stirring reminder of how to live life to the full and to appreciate the things you love, and to accept the things that you cannot change. It's so incredibly heart-breaking and gorgeous. Thank you Nina.' AU Review 'Warm, elegant and, above all, encouraging.' Good Weekend 'Riggs brings a poet's eye for detail to her story.' Otago Daily Times 'Warm, honest and insightful.' Good Housekeeping [UK] 'There's plenty of life lessons and beautiful lines you'll want to circle and then send to your mates.' Cosmopolitan [UK] 'A thoughtful and heartbreaking exploration of what makes life meaningful in a

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person's remaining days...Buried within this agonizing tale are moments of levity—I laughed out loud many, many times—and flashes of poetry...A book every doctor and patient should read.' USA Today 'With The Bright Hour, Riggs leaves behind a literary legacy that captures both her incredible talent and her unwavering love for her family...Her lyrical, honest prose immerses the reader in her world; you feel the fear, the despair, the joy...But though one might expect a tome of sadness and despair from a writer with only months left to live, Riggs fills her memoir with vivid, messy, beautiful life.' News Observer 'Deeply moving...It will likely make you tear up, for the children and husband she left behind, and the way in which she graciously shares the last moments of her life. It will also remind you to live in the present moment, taking in everything - big or small - and encourage you to fill your days with what, and who, you love.' M2 Woman 'Equally heartbreaking and hilarious...The Bright Hour is

difficult to read, but more difficult to put down. It made me laugh and cry simultaneously, and I can't recall the last book that did that to me...Easily one of the best I have read this year.' Hot Chicks with Big Brains 'The Bright Hour is clearly a project that helped Riggs accept her fate, and we as readers are given a glimpse into that very earnest, beautiful, and sad conclusion. This is not a happy book. But it's an important one that will make you take a step back and reflect on your own life in a way you normally don't have time to do.' Yahoo NZ 'This haunting memoir leads the reader into the innermost chambers of the writer's life: into the mind and heart, the work and home and family of a young woman alternately seeking to make peace with, and raging against, the reality of her approaching death. While sadness is inevitable, this is not a discouraging chronicle. As the body succumbs to the ailment, the mind is sharp and vigilant: an inspired, creative intelligence...Her criterions are many, from Montaigne to Stevie

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Wonder, but at the core of her meditations is the thirst for life, its meaning and an unbelievable blend of light and joy.' PS News
Breast Cancer Husband - Marc Silver
2004-09-29

A guide for men whose wives contract breast cancer offers emotional support and advice every husband needs, including guidance from breast cancer doctors and the shared experiences of those who have gone through the same ordeal. Original. 30,000 first printing.

When My World Was Very Small - Ruth Rakoff 2010-09-28

In the whirlwind of life with three young sons, an active member in her tight-knit community, Ruth Rakoff felt in supreme control of her wide world. But when a routine mammogram revealed a tumor, that world rapidly shrunk down to the size of one breast. And so begins the journey of biopsy, surgery, chemotherapy, all accompanied by tidal waves of anxiety and grief: how to tell the children? Should she consider having a

healthy breast removed, in case the cancer returns? Will food ever taste good again? Amid all the worry and change, there is also overwhelming gratitude for a stalwart network of family and friends who strive to help and support, to comfort and delight — even as everyone longs for the old normal of daily life. Through stories, confessions and anecdotes, Ruth Rakoff shows just what is at stake when cancer shows up at the party uninvited. There is no sugarcoating of either the physical or emotional pain of dealing with the disease or the effects of the poisons used to combat it. But for Rakoff, a life without laughter is not worth living. Brazen and irreverent, Ruth tells us that socks, no matter how luxurious, are not a cancer present. That no number of crystal-waving shamans can beat the healing power of good food, good friends and a raucous night on the town. And that just because you have cancer, you don't have to be a better person. Far more than just a recounting of disease and recovery,

When My World Was Very Small is an intimate, colorful, one-of-a-kind memoir that celebrates life, love and family.

I Don't Wanna Be Pink - Dena Taylor
2019-08-23

A month before she was to celebrate her fortieth birthday in Italy, Dena Taylor was diagnosed with breast cancer. In seconds, she was transformed from enthusiastic traveler to frightened patient. Told with grace, candor, and inimitable wit, I Don't Wanna Be Pink is the story of a single, independent woman and the tumor that threatens to change her life. With support from a colorful cast of loved ones and her own determination, Taylor contends with painful procedures and upsetting encounters with callous insurance reps, well-meaning strangers, and potential lovers. In her darkest moments, she doubts her strength and worthiness of love. Ultimately, she grapples with whether she must join the pink, public march of advocacy or give herself permission to live life

undefined by disease.

Defeating Breast Cancer - Stacey Keen
2004-12

When Dr. Stacey Keen, a radiologist, viewed her own screening mammogram, she immediately knew she had cancer. Defeating Breast Cancer: A Physician's Story of Healing, Martial Arts and Life maps out her journey through diagnosis, treatment, and triumph. In telling her story, Dr. Keen relays not only her mental and emotional journey, but also her experience with complementary medicine (acupuncture) and her traditional course of treatment (surgery followed by chemotherapy and radiation therapy). Dr. Keen is candid, witty, and knowledgeable, and she offers a unique perspective as medical expert, patient, and survivor in one. Doctors, as well as cancer patients and their loved ones, will come away from her uplifting book well-informed, less apprehensive of life-saving treatments, and armed with invaluable resources. Dr. Keen's tale of survival brings

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encouragement, hope, and empowerment to anyone struggling with breast cancer or other life-threatening illnesses. Humor, positive attitude, and the best of Eastern and Western philosophy and medicine: I enlisted them all to maximize my chances of survival and to grow through this experience. Those who seek a somber tome about breast cancer should look elsewhere. Those who stay with me through these pages will glimpse a way of coping with cancer that I hope can brighten their lives.

Talking to My Tatas - Dana Brantley-Sieders
2022-02-15

Talking To My Tatas gives breast cancer patients and survivors easy access to the latest science from breast cancer researcher and survivor Dana Brantley-Sieders. From surgery, tumor genomic testing, and cutting-edge therapies to mental health, sexual health, and avoiding pseudoscience scams, she delivers the goods with a side of humor and hope.

My Breast - Joyce Wadler 1997-11

On April 13, 1992, New York magazine published Joyce Wadler's cover story, "My Breast". During the next 48 hours, an entire city responded to Wadler's courage in confronting her fear of breast cancer. This book is the expanded, full-length version of Joyce Wadler's story. (Addison Wesley)

Humor After the Tumor - Patty Gelman
2009-12-30

Breast cancer survivor Patty Gelman recounts her journey through "Cancer World" in a series of anecdotes, chronicling her year-long struggle with the disease in an upbeat, colloquial, and often candidly funny way. Typical of her unyieldingly positive attitude is the way that Gelman breaks the news to her mother, also a cancer survivor: "Well, it's my turn now!" Instead of keeping a journal during her treatment, Gelman preferred to share her experiences online, a choice she found surprisingly therapeutic. What started as periodic e-mails to family and friends soon

developed into a book many cancer patients are turning to for hope. E-mails also served as an outlet and a built-in support group when her mother contracted lung cancer and passed on within the year. Gelman's story becomes larger than her disease, exploring the task of coping with the unexpected, and the value of family.

War on Breast Cancer - Anaroma B. Romano
2007-10-12

Self-breast examination and annual mammography is important in detecting breast cancer in its early stage. Reporting any abnormalities of the breast early and getting treatment early is the key to survival.

When You're Hot, You're Hot - Jan King
2012-12-11

Jan King has traveled under the bridge of menopause county and come out on the other side with a completely irreverent look at the changes women's bodies inevitably go through. What's so funny about hot flashes, you wonder? After reading *When You're Hot, You're Hot*,

you'll know the answer: nothing, really. But you will have had the pleasure of getting the real scoop on menopause from one of the funniest writers out there. Jan unleashes her ready wit on her experiences with menopause and breast cancer to show you how to laugh your way through trying times. Read this book, and, suddenly, the Change can turn into the unthinkable . . . a laughing matter.

I Lost Two Boobs and Gained Two Balls -
Gail Rognan 2015-10-23

As a healthy fifty-eight-year-old woman, a cancer diagnosis rocked author Gail Rognan's world. In *I Lost Two Boobs and Gained Two Balls*, Rognan shares how she moved from fear and doubt to strength and serenity. She offers a raw, candid account of how she "grew a pair" and found her voice, realizing that in order to live she had to speak up and risk being judged and criticized. Her unconventional path to healing is both a memoir and a practical, supportive resource for anyone whose life has been touched by cancer.

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Each chapter offers tips and resources for current cancer patients and chronicles the steps Rognan took in her own journey. By facing her illness and possible death head-on, she is offering knowledge that may make it easier for those who also have a difficult path to travel. By sharing her story, she sheds light on the darkness and guides you each step of the journey. Her story shares how you can learn how: • our mind, body, and spirit intersect to help us heal ourselves; • alternative health treatments can be combined with traditional health treatments; • to listen to ourselves so we can avoid illness; and • our illness can teach us about who we really are. Realistic and inspiring, *I Lost Two Boobs and Gained Two Balls* offers a poignant story for those touched by cancer.

A Cup of Comfort for Breast Cancer Survivors - Colleen Sell 2008-08-17

If stories are medicine, then this collection will help keep hopes up and spirits alive on the road to recovery. Readers will applaud the bravery of

50 exceptional survivors as they tell their unique experiences with breast cancer. Every breast cancer survivor has a different story, but they all have one thing in common: courage. From dealing with diagnosis to undergoing chemotherapy, facing hair loss and possibly the loss of a breast, these fearless women undergo more than anyone ever should. These stories pay tribute to these women and their battles, and celebrate their victories. In this stunning new collection, readers will find compelling, inspiring, and uplifting personal essays about the experiences and emotions of living with—and after—breast cancer. \$50 of every copy will be donated to Susan G. Komen for the Cure® *What's a Body to Do?* - Lea Susan Chartock 2002 *What's a Body To Do?* The Breast Cancer Case Manager is part personal narrative, part resource guide, part personal organizer and workbook. It's designed to help newly diagnosed women start coping with their own cancer treatment. Written by a writer who was

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diagnosed with invasive ductal carcinoma shortly after her 49th birthday, the Case Manager contains all the useful advice and information she received from the people she met on her own journey through Cancerland: doctors, nurses, cancer counselors, social workers, support group members. The Case Manager is organized chronologically, covering diagnosis, surgery, treatment, dealing with health plans, managing mental health, what it means to be a "survivor" and more. The key chapters break down into two parts: first the humorous/ironic tale of the author's own experience with highlighted "tips" along the way, and second the "personal organizer." The organizer contains: annotated resource sections containing a selection of books, groups and Internet sites that provide reliable information without being overwhelming suggested questions to ask doctors diary pages master appointment record address book place to record pathology and test reports chemo and

radiation "symptom journals" The organizer provides the patient a way to keep all her "information" in one place, in a format compact enough to take along whenever she goes to the doctor's office. The narrative is filled with humor--if not exactly laugh-out-loud-so-hard-till-you-cry funny, at least smile-in-understanding, wince-with-the-irony funny. Why? Because studies show that a good laugh is therapeutic, not to mention a very practical defense mechanism that can help anyone get through the terrible and terrifying experience of breast cancer treatment. Despite the hundreds of books about breast cancer on the market, no other book is a case manager. No other single book provides the breast cancer patient a pre-packaged personal organizer to manage her own treatment -- so important when a woman is faced with the myriad, new and often bewildering details of being a cancer patient. The goal of What's a Body To Do? The Breast Cancer Case Manager is to make it easier for women to take

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back control of their lives and manage their own, unique treatment. Knowledge is power, and the Case Manager provides women the launching pad from which to acquire it. Early reviews: "Pack up your hopes, a knowledgeable health care team, your social supports, and your spiritual beliefs to bring along on the journey through cancer treatment—you have a wealth of inner strength available to you, which The Breast Cancer Cas

Boobless Mammal - Dana Ch. Levy 2020-12-07
It was June of 2019, and thirty-one-year-old interior designer Dana Ch. Levy had just gotten engaged—but then she received bad news. She was diagnosed with breast cancer. In *Boobless Mammal*, she shares the story of her journey. In this memoir, she tells how she broke off her engagement, froze her eggs before starting chemotherapy, and began treatment. Levy chronicles a life in turmoil, dealing with a terrifying diagnosis. She embarks on a healing journey where she embraces her feelings with

honesty. The experience gave her clarity, making her realize the story she had been telling herself—the romantic one—was the wrong one. Cancer served as a catalyst to open windows to emotions that had been closed for a long time. *Boobless Mammal* revisits painful memories from her childhood and adolescence, turning the pain into life lessons. Despite the drama, Levy's witty sense of humor and sarcasm prevails, bringing levity to each situation. From her Jewish home in Lima, Peru, where she currently lives, to the tropical weather of Miami and finally, the vibrant city of New York, the three become meaningful, yet contrasting settings. [Chemo Summer](#) - Jane Hoggar 2017-01-31
In *Chemo Summer* Jane Hoggar takes the reader through a light-hearted and informative account of her discovery of breast cancer and its cure. Cancer of any description has the capacity to chill those it affects and their loved ones. But for Jane Hoggar early discovery and diagnosis provided for a satisfactory resolution. And it's

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these small details that might well help people in a similar situation. For example, Jane did not discover a lump, which is the usual thing in breast cancer, but a 'sag' when she raised her arms and it was her insistence that something was wrong that resulted in a vital early medical diagnosis. All the side issues are covered in the book, effects of chemo and radiotherapy, hair loss and wigs, changes in diet and exercise, making Chemo Summer a valuable and engaging look into a serious and often frightening subject.

[The Silver Lining](#) - Hollye Jacobs 2014-03-18
A NEW YORK TIMES BESTSELLER As a healthy, happy thirty-nine-year-old mother with no family history of breast cancer, being diagnosed with the disease rocked Hollye Jacobs's world. Having worked as a nurse, social worker, and child development specialist for fifteen years, she suddenly found herself in the position of moving into the hospital bed. She was trained as a clinician to heal. In her role as patient, the healing process became personal. Exquisitely

illustrated with full-color photographs by Hollye's close friend, award-winning photographer Elizabeth Messina, *The Silver Lining* is both Hollye's memoir and a practical, supportive resource for anyone whose life has been touched by breast cancer. In the first section of each chapter, she describes with humor and wisdom her personal experience and gives details about her diagnosis, treatment, side effects, and recovery. The second section of each chapter is told from Hollye's point of view as a medical expert. In addition to providing a glossary of important terms and resources, she addresses the physical and emotional aspects of treatment, highlights what patients can expect, and provides action steps, including: What to do when facing a diagnosis How to find the best and most supportive medical team What questions to ask What to expect at medical tests How to talk with and support children How to relieve or avoid side effects How to be a supportive friend or family member How to find

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Silver Linings Looking for and finding Silver Linings buoyed Hollye from the time of her diagnosis throughout her double mastectomy, chemotherapy, radiation, and recovery. They gave her the balance and perspective to get her through the worst days, and they compose the soul of the book. The Silver Lining of Hollye's illness is that she can now use the knowledge gleaned from her experience to try to make it better for those who have to follow her down this difficult path. This is why she is sharing her story. Hollye is the experienced girlfriend who wants to help shed some light in the darkness, provide guidance through the confusion, and hold your hand every step of the way. At once comforting and instructive, realistic and inspiring, The Silver Lining is a visually beautiful, poignant must-read for everyone who has been touched by cancer.

[The 10 Best Questions for Surviving Breast Cancer](#) - Dede Bonner 2008-09-30

A good mind knows the right answers...but a

great mind knows the right questions. And never are the Best Questions more important than after a diagnosis of breast cancer. Drawing on cutting-edge research and original interviews -- including with former surgeon general C. Everett Koop, bestselling author Dr. Susan Love, well-known breast cancer survivors like Betty Rollin, and experts at the top cancer-care centers in the world -- [The 10 Best Questions™](#) for Surviving Breast Cancer is a guide you'll take with you into your doctor's office and keep close to you through every step of your treatment and recovery. In addition to the medical questions, you'll also learn what you need to ask your friends, colleagues, and loved ones so that the rest of your life doesn't take a backseat to your diagnosis: "How many days I can afford to be out?" (p. 211) "What questions are my children likely to ask?" (p. 261) "When will I be comfortable being intimate again with my partner?" (p. 234) With a wealth of resources and up-to-the-minute information, [The 10 Best](#)

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Questions™ for Surviving Breast Cancer shows you how to move past a scary diagnosis and use the power of questions to become your own best advocate for your emotional, mental, physical, and financial health.

The Heroics of Falling Apart - Dan Gordon
2007-04-23

Sometimes we need to see other people do something that's scary first, and then we can take that first step into the unknown ourselves. Conventional wisdom says one must "fight" breast cancer, but fighting is not for everyone. For some, falling apart proves to be the better response. *The Heroics of Falling Apart: One Couple's Breast Cancer Journey* is the story of how one couple found their own authentic way to survive the ordeal of coping with a life-threatening illness. In separate voices, Judy and Dan Gordon relate and reflect on their yearlong journey with Judy's cancer, from diagnosis through the end of treatment. *The Heroics of Falling Apart* examines the broad range of

experiences from the surprisingly different viewpoints of patient and caregiver, and does so with a candidness and humor that others facing a similar journey will find touching and inspiring, as well as informative. In the wake of a cancer diagnosis, there is an overwhelming amount of things to do-decisions to be made, questions to ponder, and emotions and people with which to cope. Often, simply knowing that there is no right or wrong way to get through it makes the journey bearable, a fact made strikingly clear through the Gordons' deeply personal and detailed account of their journey. *First, You Cry* - Betty Rollin 2010-09-07
NBC News correspondent Betty Rollin, glamorous, successful, and happily married, had it all -- and then she learned that she had a malignant tumor in her breast. Written with wit, warmth, and soul searching honesty, *First, You Cry* is the inspiring, true story about how one woman transformed the most terrifying ordeal of her life into a new beginning. Now with a new

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introduction and epilogue, this unique memoir serves as a fascinating retrospective of the twenty-five years since Rollin's first mastectomy

and, given the continuing threat of breast cancer, tells a story that will inform all women as it touches them with its honesty and even, humor.

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