

How To Get Her To Like You

No More Mr Nice Guy - Robert A. Glover 2022-02-18

Originally published as an e-book that became a controversial media phenomenon, No More Mr. Nice Guy! landed its author, a certified marriage and family therapist, on The O'Reilly Factor and the Rush Limbaugh radio show. Dr. Robert Glover has dubbed the "Nice Guy Syndrome" trying too hard to please others while neglecting one's own needs, thus causing unhappiness and resentment. It's no wonder that unfulfilled Nice Guys lash out in frustration at their loved ones, claims Dr. Glover. He explains how they can stop seeking approval and start getting what they want in life, by presenting the information and tools to help them ensure their needs are met, to express their emotions, to have a satisfying sex life, to embrace their masculinity and form meaningful relationships with other men, and to live up to their creative potential.

What Women Want When They Test Men - Bruce Bryans 2015-08-13

Discover What Women Want in a Man and How They Secretly Test You For it If you pay close enough attention to what really attracts women, you'll find that what women want is a man with a backbone. Women want to be with a man who knows how to take the lead and make decisions; one who has strong personal boundaries and knows how to love her like...a man. Unfortunately, a lot of men have difficulty accepting the truth that many women prefer to be with a man who isn't afraid to stand up to them, who challenges them, and who refuses to be pushed around by women (or anything else for that matter). This is especially true of women who seek a more traditional male-female gender role dynamic in their romantic relationships. Even if a man knows how to attract women, cultivating a mind-blowing relationship with one requires a different set of skills entirely. Women want men who can make them feel secure - men with strong boundaries and unwavering commitment. Sadly, most dating and relationship books rarely show men how to keep a woman happy without them having to sacrifice their manhood in the process. How to Understand Women and Pass Their Tests With Unshakeable Confidence Men around the world have no idea that the women they know and love are testing them. These men go about their lives interacting with the opposite sex in absolute darkness, ignorant to the fact that they're being judged, appraised, approved, and rejected based on their subconscious reactions to female testing. If you had no idea that women test men and why they have to, you're about to take a journey onto a road less traveled - the more mysterious side of female psychology and how women think. Attract Women Through Authenticity and Be the Strong Man a Woman Wants For a Relationship It's important for a man to learn how to walk that thin line between caring, thoughtful lover and firm, assertive leader. The man who masters the art of being the perfect gentleman and a strong alpha male is the ideal specimen to a high-quality woman. This is what you're going to learn in this book. So if you're dating or in a relationship and women constantly create drama, lose interest in you, or manipulate you, it's time you finally got some advice from one of the only relationship books for men that won't turn you into a doormat. Here's what you're going to learn inside: How to be radically honest with a woman and why this makes her MORE attracted to you. The reason why women test men CONSISTENTLY and how to use this knowledge to deepen a woman's desire. (Hint: This is the key to female psychology and how women think.) How to be confident with difficult women. What women want in a man and how to give it to them. How to make a woman happy without becoming a complete doormat of a man. How to seduce your wife and get her in the mood by responding like a MAN whenever she "pokes the bear." How to be firm and say "No" to the woman you love without destroying intimacy. How to keep a woman interested in you by doing the ONE thing MOST men are deathly afraid of doing. How to avoid unnecessary arguments, fights, and drama with a woman by using a simple communication technique. The best way to secretly test a woman's level of romantic interest in you (as well as her emotional maturity) before making a long-term commitment. How to stop living in fear of what a woman might think, say, or do if she disagrees with or disapproves of you in any way. And much, much more... Would You Like to Know More? Get started right away and learn how to become the attractive man that has zero difficulty keeping a

woman's respect, desire, and unwavering support. Scroll to the top of the page and select the 'buy button' now.

How To Be A Better Boyfriend - Bruce Bryans 2020-05-10

Discover How to Become Better 'Boyfriend Material' For a High-Quality Woman If you don't know how to be a good boyfriend or even how to make a woman fall in love with you (for good), then you probably feel a bit powerless when it comes to understanding women. But if you want to become an irresistible catch to your dream girl, you MUST do least two things: 1. You must become the kind of man she can respect, and... 2. You need to know how to keep her happy in a relationship. Someday you WILL meet that special girl who possesses everything you've ever wanted in a woman. And if she's a high-quality woman, you know...The Total Package, you're probably only going to get ONE CHANCE to impress her. Attracting a Total 10 woman is one thing, but keeping her happy (and well-behaved) in a relationship is a whole different ballgame. You need to know how to keep her interested in you before you meet her, because living with the unforgettable memory of that one great girl you let get away may haunt you for the rest of your life. This is the sad reality that most guys know all too well. How to Make Your Girlfriend Happy and Keep Her Attracted to You Even after you figure out how to get a girlfriend, you must learn how to make your girlfriend happy while in a relationship. Building a relationship with your dream girl is quite different than learning how to attract women, but sadly, most guys fail to make the distinction. In How To Be A Better Boyfriend, you'll learn how to be a good boyfriend to a high-value woman, the secrets to making your girlfriend happy, and how to understand women in relationships. This is the best relationship advice for men who want to become better boyfriend material. Because let's face it; if that one-of-a-kind woman you want and love doesn't see you as "Boyfriend Material", your chances of building and maintaining a fun and fulfilling relationship with her are next to zero. Here's a quick peak at what you'll learn inside: The keys to making a woman happy without becoming her doormat or losing her romantic interest. (This will help you to avoid getting dumped or ending up in the dreaded "FRIEND-ZONE"!) You'll discover how to stop giving your power away to women, and what to do to get more RESPECT and affection from your girlfriend. The nine simple words that can make your girlfriend AMAZINGLY happy if you use them often. How women think and what their emotional needs are in a relationship. How to understand women and the one thing you can improve about yourself to make your girlfriend want you more. (Hint: It has nothing to do with your looks or how much money you make!) The answer to the age-old question of "what do women want" and how to be the man who can deliver it! How to cultivate a more cheat-proof, drama free relationship where the woman you desire wants nothing more than to treat you like a king. How to effectively deal with arguments and disagreements with your girlfriend like a man, and earn her unwavering loyalty. How to learn your girlfriend's love language so that she feels much more loved and appreciated. The secret to staying true and devoted to her while maintaining her interest and affections. This is a great way to strengthen your relationship with the woman you love. How to make her want you more by learning how to be romantic. And much, much more... Would You Like to Know More? Get started right away and learn how to become an irresistible catch to the woman of your dreams. Scroll to the top of the page and select the 'buy button' now.

[I Like You, I Hate Her](#) - J.R. Rogue 2022-01-27

Jo I'm not bad; they just write me that way. That's what I tell myself—the lie I peddle in interviews. If they want a bad girl, I can be their bad girl. Their villain. “Everyone loves a scandal. And you’re the queen of scandals..” Years ago, I broke the heart of the biggest pop star in the world. And then I became the Sexiest Man Alive’s biggest regret. I am not that venomous girl anymore. But I know a life-changing role when I see one. “At his name, my heart stills. The man I hate and want. The bane of my existence...” Being Tristan Kane’s on-screen love interest will be good for my career. And bad for my heart. For him? I aim to devastate

both. Tristan The world thinks it's easy being the son of Hollywood royalty. But they don't know the burdens I wear. Or the regrets in my chest—that all say her name. "We will be nothing more than co-stars. Not friends. Not anything more..." Loving Josephine Ouellette goes against my late father's wishes. Fits into my meddling manager's plans. And pisses my sister off. "...forget the world, they can't have this moment. This is our story, and no one gets a say in it." But I'm tired of living in his shadow. Living for their games. I fell in love with a villain. And no one loves harder than the scorned.

How to Talk to Women - Ray Asher 2020-04-21

Discover How to Master the Art of Conversation, Effortlessly Engage and Deeply Connect with Women and Dramatically Improve Your Dating Life! Tired of freezing up when in close proximity to an attractive woman you'd like to talk to? Do you often run out of things to say when talking with a woman, only to watch her slowly lose interest? If you want to stop all these in your life, then keep reading... Learning how to effortlessly talk to women and getting them to open up to you is a skill that so few men have and can open up a world that you never knew existed. Women are more likely to do you favors and even date you if you know how to properly connect with them. And it doesn't have to be difficult. In this powerful guide, Ray Asher condenses his years of struggles, trials and errors and his eventual discovery of the secrets of deeply connecting with women using the power of conversation to help you bring the kind of women you desire into your life. How to Talk to Women, the only book you'll ever need to connect with women on a level she'd never experienced before. Here's a taste of what you'll discover inside How to Talk to Women The 4 surefire conversational topics that are universally engaging to women 5 foolproof ways to have memorable conversations with women Simple tips to help you avoid turning off a woman with "mansplaining" An effective conversational template that you never run out of things to say 10 powerful listening tips to make a woman feel completely understood by you Effortless ways to get her to discuss sexual topics with you How to get past the small talk and get into a deep conversation with a woman 6 topics to avoid like the plague when in a conversation with a woman you're interested in How to tell an insanely good story that will have her hanging onto your every word Pro tips to help you smoothly ask for her digits And much, much more... Whether you're completely clueless when it comes to women, or you're looking to sharpen your conversational skills with them, this guide will get you started on the way to a more charming, attractive version of yourself. ** FAST ACTION FREE Bonus: Get a simple and powerful resource that will help you easily understand, quickly recall and immediately practice all your newfound knowledge and skills, even if you have severe gynophobia or are an introvert! ** If you're ready to finally learn how to effortlessly talk to and attract women without breaking a sweat and say goodbye to overwhelming shyness, now is the time. So, what are you waiting for? Scroll up to the top of this page and pick up your copy now by clicking the "BUY NOW" button!

[13 Things Mentally Strong Women Don't Do](#) - Amy Morin 2019-01-10

The emergence of the #MeToo and #TimesUp movements have awakened society and encouraged women to find their voice and claim back their power. Contending with a host of difficult issues that demand psychological strength - in this crucial book, prominent psychotherapist and licensed clinical social worker Amy Morin gives women the techniques to build mental muscle in 13 steps. Delving into critical issues like sexism, social media, social comparison, and social pressure, Amy offers thoughtful, intelligent advice, practical tips, and specific strategies; combining them with her personal experiences, stories from former patients, and both well-known and untold examples from women from across industries and pop culture. Throughout, she explores the areas women - and society at large - must focus on to become (and remain) mentally strong. Amy reveals that healthy, mentally tough women don't insist on perfection; they don't compare themselves to other people; they don't see vulnerability as a weakness; they don't let self-doubt stop them from reaching their goals. Insightful, grounded, and extremely timely, 13 THINGS MENTALLY STRONG WOMEN DON'T DO can help every woman flourish - and Amy will take readers on this journey with her, every step of the way.

Attract The Right Girl - Bruce Bryans 2013-02-15

How to Find Your Dream Girl and Be the Man She Can't Resist Learning how to get a girlfriend or even how to make women want you are challenges that a lot of guys continue to struggle with. Even for guys who already know how to attract women, it's still tough for them when they're ready to find the woman of

their dreams, make her fall in love, and build a great relationship with her. But if that wasn't enough pressure, it gets worse... If a man FAILS to find the RIGHT woman to build a fulfilling, drama-free, and passionate relationship with, the consequences of his choices will be BRUTAL. Guys who don't know how to get the girl they REALLY want are doomed to a life of unfulfilling, lifeless relationships with shallow, low-quality, boring, average, and even perhaps emotionally damaged women that will make their lives a LIVING HELL. How to Get a Girlfriend Who's Faithful, Loyal, and Deeply Supportive of You Every high-quality woman who knows what she wants in a man is searching, waiting, preparing, and even praying for her perfect DREAM guy to show up. She's not waiting for a perfect man, but the man who's perfect for her; the kind of guy that she not only finds irresistibly attractive but highly compatible with her as well. How to Get the Girl, Keep Her Interested, and Avoid the Friend-Zone Any guy can learn how to attract women, and with a little effort you can learn how to get a girlfriend pretty easily. But if you want to know how to get the girl you REALLY want, you're in luck! In this book you'll discover more than just how to get a girl to like you, but how to find and choose the most amazing girlfriend to build a relationship with. Here's what you'll learn inside: The secret reason why increasing your standards as a man will get you better results with the woman you REALLY want to date. Why choosing a "Total Package" girlfriend will save you A LOT of headache and heartache in the long run. How to make women want you while avoid wasting time on women who aren't compatible with you. You'll learn what to do to ensure that your interaction with a good woman starts off on the right foot. Learn the ONE rare quality of a phenomenal woman and why you NEED to have this kind woman in your life for keeps. The key to bringing out a woman's inner beauty and making her crave for your attention. The EXACT way a high-quality woman shows her love and appreciation for the man in her life. Decipher if she meets your standards or not by watching the way she behaves in these situations. It's a DEAD giveaway to how she'll treat YOU in the future. Learn how to choose a girlfriend (or even how to choose a wife) by observing how she handles a certain something that can make or break ANY relationship. Discover the qualities that reveal whether or not a woman will become a bitter, LIFE-SUCKING shrew later on in life or a reliable source of strength and happiness. How to get the girl and make her chase you by embodying the FIVE qualities that a high-quality woman NEEDS in a man. If you can fully make these key traits a part of your character, you'll naturally become much more attractive to your dream girl. Find out the most powerful turn on for a high-quality woman and how you can use it to make her want YOU. How to get a girl to like you and stand out from every other guy she's met by doing these two counter-intuitive things. Most guys never even show up on a woman's radar because of these two limiting mindsets. Learn how to avoid them! And much, much more... Would You Like to Know More? Get started right away and discover how to get the girl you want and keep her deeply attracted to you. Scroll to the top of the page and select the "buy button" now.

[The Game](#) - Neil Strauss 2011-09-29

THE 2.5 MILLION COPY SELLING WORLDWIDE PHENOMENON MEN WILL DENY IT, WOMEN WILL DOUBT IT. I BEG YOU FOR YOUR FORGIVENESS IN ADVANCE . . . The Game recounts the incredible adventures of an everyday man who transforms himself from a shy, awkward writer into the quick-witted, smooth-talking Style, a character irresistible to women. But just when life is better than he could ever have dreamed, he falls head over heels for a woman who can beat him at his own game. Jaw-dropping and hilarious, The Game reveals the naked truth about sex, love, relationships - and getting exactly what you want.

Mindset Your Manners - Nicole Gravagna 2016-11-18

As a trained neuroscientist, the author explains the behavior and related emotions stemming from conflict in relation to neurobiology. The exercises provided throughout the book coupled with numerous personal stories (including her own) all help point out these patterns of our beliefs. Through neuroscience, we can see why conflict and change are so hard. It's our wiring! With this knowledge, you can overcome struggle and get on with your exceptional life.

How to Be a 3% Man, Winning the Heart of the Woman of Your Dreams - Corey Wayne 2017-06-22

This book teaches men how to completely understand women in the dating world and long term relationships so they can meet and date the woman of their dreams. It teaches men how to approach and date the women of their dreams all the while remaining who they truly are inside. The book teaches you

strategies to still be yourself and be the type of man women are naturally attracted to. By applying the simple strategies for success you can overcome any insecurities and doubts you have about yourself even when you are dating a woman that totally intimidates you. It takes the reader step by step from getting clear about the type of woman they want to attract to maintaining the magic after twenty years of marriage. The book was written for men that are single and searching as well as for men that are already involved with their dream woman. It teaches men how to completely win the heart of the woman of their dreams and keep her head over heels in love with them for life. Order now!

Make Him Yours - Mark Rosenfeld 2019-12-12

How much more time will you waste with the wrong men? If you already have the perfect man in your life or are consistently meeting great men dating, this is NOT the book for you. But if you're like the majority of other good women out there who have had a run of men who don't respect you, don't care for you or don't put effort into you, then this book is absolutely for you. Deep down you know true, fulfilling love is out there for you. But after enough low-value relationships or dates, who's to blame you for starting to doubt it will ever happen for you. The result is you spend nights stuck in your head wondering if there is something wrong with you. You linger about why men can't or won't see your value. You look around and see all your friends in relationships while you are perpetually single, even when you have so much going for you. Mark Rosenfeld has coached thousands of women across the world. His life-changing videos have received over 50,000,000 views and he has become Australia's leading dating and relationship coach for one reason - he gets results. Whether its confidence, clarity, or a genuine, connected soulmate, women the world over look to Mark as a progressive, honest and practical coach who leads them through the midst of uncertainty and doubt that modern dating can be, to shine through and attract the man they deserve. In 'Make Him Yours; Beating The Odds Of Modern Dating', you'll discover ...The 7 Non-Physical Attraction Triggers that make him decide if you're a 'casual date' or 'wife material' The 4-Boyfriend Benefits you're probably getting used for (hint: It's not sex) The 3-Step process to set standards that makes a man respect and WANT to comply The Top 10 Places to meet men offline, and the simple OPEN mindset that gets hot guys talking to you anywhere, anytime (if that's what you want) The 7 Modern Dating Habits you can use in 2020 to swing the dating pendulum in your favour

I Like You, I Love Her - J.R. Rogue 2018-09-27

Severin It feels like I've been in love with Bryan Winthrop my entire life. Before he kissed me in front of the entire school. As he danced with her the night of our senior prom. After his younger brother, Ben, made me smile through my tears. "It'll never work with him. He will never leave her..." It's been more than ten years since I let myself fall for the boy whose heart wasn't mine. And the Prom King's lips are finally mine to kiss. "When I came back here I wasn't expecting to see you, and when I did, I felt this tumble..." But he's still keeping me in the shadows. As his younger brother breaks me open in the day. Ben You shouldn't covet whom your brother desires. Our pastor father would say he taught me better than that. But I knew over ten years ago my brother didn't deserve her. And nothing's changed since she came back into both our lives. "You think what you felt for my brother back then was love, but what I felt can't be the same?" I'm still the one who makes her laugh—the one who challenges her. And he's still the one treating her like a dirty little secret. "You really are a watercolor, Severin Thompson. I can read you..." You shouldn't covet whom your brother desires. This summer, I'll remind him of that.

Models - Mark Manson 2017-09-11

"You can become irresistibly attractive to women without changing who you are." So says Mark Manson, superstar blogger and author of the international bestseller, *The Subtle Art of Not Giving a F*ck*, a self help book that packs a punch. Mark brings the same approach to teaching men what they need to know about attracting women. In *Models* he shows us how much it sucks trying to attract women using the tricks and tactics recommended by other books. Instead, he says, men need to focus on seduction as an emotional process not a physical or social one. What matters is the intention, the motivation, the authenticity. To improve your dating life you must improve your emotional life - how you feel about yourself and how you express yourself to others. Funny, irreverent and confronting, *Models* is a mature and honest guide on how a man can attract women by giving up the bullsh*t and becoming an honest broker. "A detailed guide to modern sexual ethics" Sydney Morning Herald "There's nothing subtle about Mark Manson. He's crude and

vulgar and doesn't give a f*ck . . . He's as painfully honest as he is outrageously funny" Huffington Post [The Five Love Languages](#) - Gary Chapman 2009-12-17

Marriage should be based on love, right? But does it seem as though you and your spouse are speaking two different languages? #1 New York Times bestselling author Dr. Gary Chapman guides couples in identifying, understanding, and speaking their spouse's primary love language-quality time, words of affirmation, gifts, acts of service, or physical touch. By learning the five love languages, you and your spouse will discover your unique love languages and learn practical steps in truly loving each other. Chapters are categorized by love language for easy reference, and each one ends with simple steps to express a specific language to your spouse and guide your marriage in the right direction. A newly designed love languages assessment will help you understand and strengthen your relationship. You can build a lasting, loving marriage together. Gary Chapman hosts a nationally syndicated daily radio program called A Love Language Minute that can be heard on more than 150 radio stations as well as the weekly syndicated program Building Relationships with Gary Chapman, which can both be heard on [fivelovelanguages.com](#). *The Five Love Languages* is a consistent New York Times bestseller - with over 5 million copies sold and translated into 38 languages. This book is a sales phenomenon, with each year outselling the prior for 16 years running!

Like a Girl - Lori Degman 2019

Once upon a time, "like a girl" was an insult. Not anymore! In every walk of life, girls are demonstrating their creativity, perseverance, and strength. From civil rights activist Rosa Parks, who stood up for her beliefs by staying seated, to astronaut Sally Ride, the 24 women profiled here took risks, broke barriers, and transformed the world. This tribute to girl power will inspire young women everywhere.

[How to Text a Girl](#) - Chase Amante 2016

"One of the world's most vaunted dating experts shows you what to text, when to text it, and why... So you can get the dates and girlfriends you deserve..." --

Dating Sucks, But You Don't - Connell Barrett 2021-05-11

From renowned international dating coach comes an essential, must-have dating guide for men looking to gain confidence and find lasting love in the #MeToo era. Rejection. Ghosting. Not knowing how to talk to women. For many men, dating just sucks. But it doesn't have to. There's a simple, yet powerful, way to gain instant confidence and attract a great girlfriend: Be authentic. Whether you want to confidently approach women, get quality matches on dating apps, or learn how to avoid the "friend zone," *Dating Sucks, but You Don't* is your step-by-step blueprint for landing your soulmate. Using the power of "radical authenticity," you'll unlock your most awesome self and learn how to: -Be magnetic as you...even if you're not rich, tall, or great-looking -Always know what to say to ignite chemistry -Get dates and connect with great women without using creepy "pickup artist" tricks -Conquer fear and anxiety and confidently approach women (in a way they love) -Get great matches and dates on Tinder, Bumble, Match, Hinge, or any other dating app -Be a true gentleman of the #MeToo era who respects women and understands the boundaries surrounding consent -Create a healthy, supportive relationship with someone who loves you for you You definitely don't suck. And when you have total self-confidence and great results, neither does dating.

[Milton's Comus](#) - John Milton 1871

[Getting a Woman, What to Text Her to Love You, & Keeping a Conversation](#) - J Covey 2020-01-12

4-In-1: This Is How to Get a Girlfriend, What to d104 Her to Love You, and How to Keep a Conversation Are You Finding It Difficult to Get a Woman to Fall Madly in Love with You, Know What to d104 Her and How to Key a Conversation Going? Your Final and Permanent Solution (All Nice Guys and Most Alpha Males Don't Know) Is Here-100% GUARANTEED! Inside this comprehensive book is Inside this comprehensive book is "HOW TO WIN GIRLFRIENDS ATTRACT WOMEN AND INFLUENCE PEOPLE: Alpha Male Dating Advice Models to Guide Men Avoid Being a Nice Guy or Friend Zoned by Girls with 7 Effective Relationship Habits and Law of Attraction to Get a Woman Fall in Love Like a Bad Boy," and "HOW TO TEXT A GIRL: Men's Ultimate d104ing and Dating Advice Guide to Get a Woman Hooked and Fall in Love Via Online Flirty, Dirty, and Witty Messages in 7 Days Like an Alpha Male (WhatsApp, Facebook, Tinder, Twitter, or Any Chat App)" and "HOW TO TEXT A GIRL CONT.: A Practical d104ing and Relationship Advice Guide for Men to

Attract and Seduce Women with Examples of Flirty, Dirty, Naughty, and Witty d104 Messages." and "CONVERSATION CASANOVA SKILL FOR MEN: Dating Advice Guide on How to Start and Keep a Fun and Flirty Communication with Women and In a Relationship Like a Pro." It's sad, but I'm glad it happened... My heart is heavy to share this story-it's embarrassing and I don't want you to laugh yet. Listen, if I count how many times I have been friend-zoned, you'll feel depressed on my behalf. The last one was many years ago when I was studying in Singapore. The next day, after my heartbreak, my roommate, Michael, called me and said, "Barack Obama is around. He's at Orchard to meet with Lee Kuan Yew-come, come, come." Michael didn't know what I was going through. He was at Orchard having fun, but I was at home feeling heartbroken and Obama wasn't the solution I needed at that moment-I needed a relationship expert. Luckily, I have become that person I needed and I'll guide you through the ups and downs of how women work, how to get any woman without being friend-zoned and many more things acclaimed dating gurus won't tell you. In all things, honesty and foundation are key, and that's how we'll start. Skip this stage and you'll be in trouble... You've been lied to by dating gurus. Listen, my case was worse than yours. I thought it was because I came from a not-so-rich family or because I wasn't too tall and handsome. The truth is: I was in my head. I was the one killing myself-just the same way you're mentally sabotaging yourself without knowing. I wish someone had told me all the things I discovered throughout my struggles in understanding women-it would've saved me time and energy. Imagine the shame and pains you feel emotionally, but you have no one to run to for help except Google, yet there are too many inaccurate info by "acclaimed gurus"

trying to fill your brain with pickup lines. Sometimes, you feel resentful towards women because they either rejected or friend-zoned you. This makes you feel undesirable and angry. From today, things will forever change for you with the info you'll discover soon. After learning these secrets, don't revenge women-forgive them, but flaunt your newly found confidence and skills. Get your copy today.

Breakup Bootcamp - Amy Chan 2020-12-03

'The literary equivalent of a hug from a wordly big sister when you are at your lowest ebb' - Sunday Times
 'A new kind of relationship guide for women' - Arianna Huffington
 A self-affirming, holistic guide to transforming heartbreak into healing Amy Chan hit rock bottom when she discovered that her boyfriend cheated on her. Although she was angry and broken-hearted, Chan soon came to realize that the breakup was the shakeup she needed to redirect her life. Instead of descending into darkness, she used the pain of the breakup as a bridge to self-actualization. She devoted herself to learning various healing modalities from the ancient to the scientific, and dived into the psychology of love. It worked. Fast forward years later, Amy completely transformed her life, her relationships and founded a breakup bootcamp helping countless of women heal their hurt. In Breakup Bootcamp, Amy Chan directs her experience into a practical, thoughtful guide to turning broken hearts into an opportunity to break out of complacency and destructive habits. Dubbed 'the Chief Heart Hacker,' Amy Chan grounds her practical advice and tried and tested methods rooted in cutting-edge psychology and research, helping readers heal and reclaim their self-love. Relatable, life-changing, and backed by sound scientific research, Breakup Bootcamp can help anyone turn their greatest heartbreak into a powerful tool for growth

How To Get Her To Like You:

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