

The Truth About Men And Sex Intimate Secrets From The Doctors Office

Passionate and Pious Monique Moultrie 2017-12-15 In *Passionate and Pious* Monique Moultrie explores the impact of faith-based sexual ministries on black women's sexual agency to trace how these women navigate sexuality, religious authority, and their spiritual walk with God. Providing churchwomen a space to candidly discuss these issues, these popular ministries exist largely beyond the traditional church, with dialogues about sex taking place in chat rooms and through text messages, social media, email, and other media. Moultrie foregrounds televangelist Juanita Bynum's construction of the black Christian sexual identity these ministries promote while emphasizing how churchwomen reconcile these prescriptive identities with their individual experiences. What does it mean for senior women to exercise sexual agency when their church standing could be questioned? What does celibacy mean for women who experience same-sex desire while believing that such desire goes against God's will? Advancing a womanist sexual ethics, Moultrie reframes biblical interpretations and conceptions of what constitutes a healthy relationship to provide a basis for sexual decision making that does not privilege monogamy or deny female pleasure, thereby calling on black churchwomen to experience responsible and life-enhancing sex.

The Technology of Orgasm Rachel P. Maines 2001-06-15 The author explores hysteria in Western medicine throughout the ages and examines the characterization of female sexuality as a disease requiring treatment. Medical authorities, she writes, were able to defend and justify the clinical production of orgasm in women as necessary to maintain the dominant view of sexuality, which defined sex as penetration to male orgasm - a practice that

consistently fails to produce orgasm in a majority of the female population. This male-centered definition of satisfying and healthy coitus shaped not only the development of concepts of female sexual pathology but also the instrumentation designed to cope with them.

The Truth About Men DeVon Franklin 2020-02-25 The New York Times bestselling author of *The Wait* and “spiritual teacher for our times” (Oprah Winfrey) frankly and openly explores why men behave the way they do and what everyone—men and women alike—need to know about it. We hear it all the time. Men cheat. Men love power. Men love sex. Men are greedy. Men are dogs. But is this really the truth about men? In this groundbreaking book, DeVon Franklin dishes the real truth by making the compelling case that men aren’t dogs but all men share the same struggle. He provides the manual for how men can change, both on a personal and a societal level by providing practical solutions for helping men learn how to resist temptation, how to practice self-control, and how to love. But *The Truth About Men* isn’t just for men. DeVon tells female readers everything they need to know about men. He offers women a real-time understanding of how men’s struggles affect them, insights that can help them navigate their relationships with men and information on how to heal from the damage that some misbehaving men may have inflicted. This book is a raw, informative, and accessible look at an issue that threatens to tear our society apart yet it offers a positive way forward for men and women alike.

Lesbian Sex Secrets for Men Jamie Goddard 2000 This frank, frolicsome, and wonderfully illuminating book draws on the sexual advice and sex secrets of lesbians to help men become better lovers.

The Penis Book Aaron Spitz, M.D. 2018-02-20 What’s the weirdest thing you’ve ever wanted to know about the penis but were afraid to ask? Dr. Aaron Spitz has that answer—and many more. Let Dr. Spitz—who served as assistant clinical professor at UC Irvine’s

Department of Urology for 15 years and who is a regularly featured guest on The Doctors—become your best friend as he fearlessly guides you through the hairiest and the scariest questions in *The Penis Book*. An unflinching, comprehensive guide to everything from sexually transmitted infections to the science of blood flow, *The Penis Book* prominently features an easy-to-follow holistic five-step plan for optimum penis health, including plant-based eating recommendations, information on some penis-healthy foods, and suggested exercises for penis wellbeing. Useful to men and women alike, *The Penis Book* is a one-stop-shop for the care and maintenance of the penis in your life.

Why Men Fake It Dr. Abraham Morgentaler, MD, M.D., FACS 2013-04-16 Harvard Professor Abraham Morgentaler, MD, offers a rare view into the secret world of his patients, providing a startling new perspective on men, sex, and relationships What really drives men to do what they do? *Why Men Fake It* uses the real-life stories of Dr. Morgentaler's patients to let us in on the secrets of men and to examine the current state of male sexuality in science and medicine as well as in relationships and popular culture. In this frank and open discussion of the subject, Dr. Morgentaler will make men and women alike question what we think we know about gender, motivation, sexuality, relationships, and, ultimately, the definition of a "man." From the biology and science behind the "Bionic Penis," to the psychology behind men faking orgasms, *Why Men Fake It* will change the conversation about male sexual health, and will introduce the world to sex and relationships from a new point of view. Dr. Morgentaler's exploration of male sexuality, from the Masters and Johnson era through the introduction of Viagra, Feminism and the internet, provides the basis for his provocative and revolutionary ideas regarding men and sex- a topic that, until now, has been either sensationalized or stereotyped by the media—to give us the definitive guide to men, as we've never seen them before. From

these stories you will gain a surprising perspective on the minds and motivations of men: committed, caring, loving and sometimes clumsy individuals doing their best to be great partners in their relationships.

NOT "Just Friends" Shirley Glass 2007-11-01 One of the world's leading experts on infidelity provides a step-by-step guide through the process of infidelity—from suspicion and revelation to healing, and provides profound, practical guidance to prevent infidelity and, if it happens, recover and heal from it. You're right to be cautious when you hear these words: "I'm telling you, we're just friends." Good people in good marriages are having affairs. The workplace and the Internet have become fertile breeding grounds for "friendships" that can slowly and insidiously turn into love affairs. Yet you can protect your relationship from emotional or sexual betrayal by recognizing the red flags that mark the stages of slipping into an improper, dangerous intimacy that can threaten your marriage.

Ebony 2004

Sex After Seventy James A. Grant 2018-09-12 Sex has been used to sell nearly everything in our modern culture, but almost no attention has been given to the personal importance of it in all of our lives, and most of us really know very little about it. Sex can and should be a major part of life for all adults and for all seniors thorough their golden years. In early chapters, the author challenges you to use the mirror of critical examination of yourself and your partner to identify areas of relationship and sexual technique weaknesses. In chapters VII and VIII, he is shockingly candid with very detailed specifics of sexual facts and techniques including little known topics such as first encounter sexual imprinting, micro body movements, female ejaculation, A-spot, G-spot, U-spot and other erogenous zones, the magic sexual frequency of .8 Hertz, hip scooping, why erectile dysfunction doesnt matter, anatomical variations, sexual fantasies, types of orgasms, effective sexual positions, sexual aids, and specific

directions about how to make yourself sexual royalty. In *SEX AFTER SEVENTY* the author discusses specifics about the importance of understanding ourselves to get past false information that we have been subjected to our entire lives from well-meaning and not so well-meaning influences. He urges us to think for ourselves.

Male Body Abraham Morgentaler 1993-09 More and more, men are recognizing the need to educate themselves about their own bodies. This physician's guide to what every man should know about his sexual health is an informative and reassuring reference written to meet the increasing interest in male health issues. 8 line drawings.

The Advocate 2004-08-17 *The Advocate* is a lesbian, gay, bisexual, transgender (LGBT) monthly newsmagazine. Established in 1967, it is the oldest continuing LGBT publication in the United States.

The Sex Surrogate Jessica Gadziala 2017-02-03 AVA has been suffering from sexual dysfunction for years. Tired of not being able to have a normal relationship with a man, she is steered in the direction of DR. CHASE HUDSON, a psychologist and sexual surrogate. When she signed up for her sessions, she wasn't prepared for his god-like good looks or her instant, intense, and growing connection with him. But as things heat up... and professional lines get blurred, she is forced to confront the question: What are you supposed to do when you start falling for your sex surrogate?

The Intimate Connection Dr. Kevin Leman 2019-04-30 Creating a happy, lifelong marriage is about much more than physical compatibility. It's about a lifestyle of 24-7 intimacy that bonds couples in a mutually satisfying relationship. In *The Intimate Connection*, bestselling marriage expert Dr. Kevin Leman explores key secrets to the love life couples crave. He helps readers - understand each other's needs, backgrounds, and personalities (and how those factors influence every marital interaction) - talk so their spouse really listens - turn negative

game-playing into positive behaviors that help couples grow closer - create deep, long-lasting intimacy that's divorce-proof Whether couples are new to marriage or have been married a long time, Dr. Leman's time-tested strategies will create the kind of exciting intimacy, mutual respect, and fulfilling communication that will keep husbands and wives in each other's arms for a lifetime.

Turn Up the Heat Kevin Leman 2009 With his trademark humor and wit, Dr. Leman offers frank answers to the questions all of us have about sex.

Closer Than a Garment - Marital Intimacy Al-Jibaly 2018-12-06 This book covers various aspects of marriage according to the authentic Sunnah. Marriage plays a most central role in the human life, and has been largely discussed by the scholars of Islam through the ages, resulting in numerous writings and treatises. This unique title covers a number of different aspects in marriage, including human sexuality, Islamic etiquettes of intimacy, prohibited acts of intimacy, ghusl, the 'awrah, zina', birth control, indecent acts, and more.

Standards for Sexuality Education in Europe : a framework for policy makers, educational and health authorities and specialists Bundeszentrale für Gesundheitliche Aufklärung 2010

Women Who Love Too Much Robin Norwood 2014-11-27 THE INTERNATIONAL NO.1 BESTSELLER HELPING MILLIONS OF WOMEN FIND HEALTHIER RELATIONSHIPS 'A life-changing book' Erica Jong Is your relationship the most important thing in your life? Are you constantly thinking and talking about your partner, or finding excuses for their bad behaviour? If you have ever found yourself obsessing over an undeserving partner, this book was written for you. Many women are repeatedly drawn into unhappy and destructive relationships, and then struggle to make these doomed relationships work. In this bestselling psychology book, leading relationship and marriage therapist Robin Norwood reveals why we get into unhealthy relationships and how

powerfully addictive they are - and shares her effective framework for finding and sustaining love. Updated edition with a new introduction What readers are saying: 'A must read for everyone, women and men alike' 'One of the best self-help books I have read' 'A life changing book - brutally honest and straightforward - yet full of love and compassion' 'Such an insightful read' 'Brilliant, life-changing'

The Way of the Wise Dr. Kevin Leman 2013-02-01 Do not forget my teaching, but keep my commands in your heart, for they will prolong your life many years and bring you prosperity. Let love and faithfulness never leave you." These and other seemingly simple lessons were hard-won for a hardheaded young man who was more "wise guy" than "wise" early in life. Now, internationally known psychologist and New York Times bestselling author Dr. Kevin Leman shares the biblical wisdom that has shaped him into the successful, joy-filled person he is today. With his trademark wit and humorous stories from his personal life, Dr. Leman shows readers how to jump-start or revitalize their lives both spiritually and practically with words from one of the wisest men of all time. (Hint: It's not him.) Dr. Leman offers hope, courage, and a fresh perspective on living a great life, all in a compact, readable package. This lively and inspiring book makes the perfect gift for professionals, graduates, and anyone who could benefit from simple truths for living well.

Jet 1987-11-16 The weekly source of African American political and entertainment news.

7 Things He'll Never Tell You Kevin Leman 2011-07-14 Kevin Leman wants you to know that men are less complicated than you give them credit for. At the core of men, you'll find a sensitive, emotional being that needs to feel loved, respected and needed. Men are very protective of their core. It's this protective behavior that keeps men from openly sharing their feelings with women. But, Kevin Leman knows that the more you understand and are sensitive to the fears, anxieties, and insecurities that make the

men in your life behave the way they do, the stronger your relationships will be.

The Way of the Superior Man David Deida 2008-09 Deida explores the most important issues in men's lives--from career and family to women and intimacy to love and spirituality--to offer a practical guidebook for living a masculine life of integrity, authenticity, and freedom.

How to Make Love All Night (and Drive a Woman Wild)

Barbara Keesling 1994 Drawn from ancient wisdom and modern research, this manual helps men, and the women who love them, get the most possible pleasure out of sex by learning how to make love longer and more intensely.

The Viagra Myth Abraham Morgentaler 2003-09-24 In *The Viagra Myth* Dr. Abraham Morgentaler (a practicing urologist on the faculty of Harvard Medical School) shows us that while Viagra has proved enormously helpful to many men, it has also uncovered previously ignored aspects of identity and authenticity in sexuality and relationships. Some men, for example, may fear telling their partner they are using Viagra, yet still struggle with the hope of being loved for their true self. Women who discover their partner has resorted to a secret sexual enhancer may complain, "I thought it was me who turned you on . . ." Viagra may improve a man's sexual abilities, but there may also be a profound cost involved. If you or your partner is using or considering Viagra, or even if you are only wondered what it might be like to have a better sex life, this book is essential reading. It will provide insight and instruction about the reality of quick-fix solutions, sexuality, personal growth, and meaningful relationships.

Jet 1987-11-16 The weekly source of African American political and entertainment news.

Tame the Mind Asha Menon MD 2020-03-31 "This wonderfully written book inspired by real-life issues throws light on the challenges we face in our relationships and the perils of modern

society. It explores shades of human nature and why we behave, in ways detrimental to our well being." Neil's asexual marriage troubles him. Sylvia, a divorcee wants nothing to do with men. When their paths cross, each finds a soulmate in the other. Yet due to the forces of nature, they feel compelled to part ways so that the other can find happiness. Neil is on a journey to understand himself, and how he fits into the female sexual realm. His dilemma as he cruises through life has been brought to light as 'Men do not talk about their issues.' Sylvia is on a journey to understand love and happiness and when faced with her friend's mortality to discover the 'True Purpose of Life.' Quotes from the book: "Men rarely shared their emotions with others. They discuss their conquests but not their failures." "Inundated by the success stories splashed all over, most of us lesser mortals walked on this earth in a state of dereliction." "Somewhere we are not only capable of drowning our partner's best but also bringing out the worse." "The purpose of this book is to bust the confusion and myth surrounding love, sex, and happiness. We are moving away from our core in pursuit of larger-than-life fantasies flashed at us, thus creating havoc in our minds and living with an understated dissatisfaction. This book reflects on why the best life is not about big cars and big houses but something deeper and meaningful. To understand what that is, please read the book. From the author: As a physician, I began counseling my patients more than prescribing medications. This novel hints at solutions to stay happy in marriage, to heal relationships and to attain the one element the human mind needs to find happiness. Through the journey of Sylvia and Neil, this book helps to figure out the most important ingredient for success without which even the richest of the rich remain poor. My hope for you as a reader is that you will be able to connect with some of the stories narrated in this book. If this book helps you in some way, my purpose would be met.

Sexually Woke Susan Hardwick-Smith 2020-09-29 What if it were

possible to have the best sex of your life at 40, or even 70? With over twenty years of experience as a highly regarded physician and founder of the largest all-female-staffed OB/GYN practice in the nation, Dr. Susan Hartwick-Smith, also known as Dr. Susan, presents *Sexually Woke*, a surprisingly frank and thought-provoking look at midlife sexuality. This optimistic new perspective is based not only on wisdom gained from sharing intimate stories with thousands of patients, but also on her own very candid journey as a menopausal woman navigating life post-divorce. Through a unique and comprehensive research study and subsequent interviews, Dr. Susan outlines the misconception and conditioning around our attitudes to mature sex and shares the intimate secrets of a cohort of women who have discovered the path to a vibrant, deeply connected and intimated sex life after 40. These women are the mysterious "Sexually Woke", and their surprising secrets are now available to all of us. Through her own story, as well as the raw and uncensored interviews with study participants that include the "Sexually Woke", Dr. Susan re-frames the second half of life as an open field of possibility in which to play, explore, and finally be your true self. While openly discussing our tremendous struggles-with kids, aging parents, changing careers, divorce, death, abuse, sexual trauma, and personal illness-she teaches us that the wisdom of midlife allows us to look inward in order to recognize the importance of sex in making our lives whole. A reawakened sex life, an essential step towards living life to its fullest, is no longer the secret knowledge of a few outliers. The path to deep sexual connection and satisfaction in midlife and beyond is available to anyone who is ready to commit and willing to embark on the journey with Dr. Susan and *Sexually Woke*.

Testosterone for Life: Recharge Your Vitality, Sex Drive, Muscle Mass, and Overall Health Abraham Morgentaler 2008-11-02 "Dr. Morgentaler, an internationally recognized expert in sexual medicine and male hormones, shares his secrets for a healthy

life." --Irwin Goldstein, M.D., Director of Sexual Medicine, Alvarado Hospital, San Diego, and Editor-in-Chief, Journal of Sexual Medicine "A highly valuable resource. Finally debunks many of the myths about testosterone's safety, which has been an impediment to its appropriate usage for far too long." --David E. Greenberg, M.D., President, Canadian Society for the Study of the Aging Male From a Harvard doctor and a leading expert on testosterone--the groundbreaking book that shows you how to raise your testosterone levels--and live your life to the fullest Better sex. Increased vitality. More muscle. Improved health. Greater mental agility. These are just a few of the life-enhancing benefits that men with low levels of testosterone can experience when they increase their testosterone level. If you've noticed a decrease in your sex drive; experienced erectile dysfunction; or felt tired, depressed, and unmotivated, this authoritative, up-to-date guide from an expert at Harvard Medical School will help you determine if you have low testosterone--a surprisingly common but frequently undiagnosed condition among middle-aged men. Learn how to: Recognize the symptoms of low testosterone Diagnose the problem with simple tests Find the treatment that's right for you Explore options your doctor might not know about Reduce your risk of cardiovascular disease and obesity

The Advocate 2001-08-14 The Advocate is a lesbian, gay, bisexual, transgender (LGBT) monthly newsmagazine. Established in 1967, it is the oldest continuing LGBT publication in the United States.

Private Life Of Chairman Mao Zhisui Li 2010-02-23 For the first time, here is the extraordinary true story of one of the most powerful men, and ruthless dictators, who ever lived. Mao Zedong had control over more people for a longer period than any other leader in history. In this intimate biography we learn not only about the imperial grandeur of his life in a country racked by poverty and the vicious infighting at his court, but also about his

extraordinary personal habits that equal those of deceased Korean supreme leader, Kim Jong Il, another infamous and idiosyncratic dictator, equally deified and worshipped by his followers: Mao's teeth turned black because he would only brush them with tea; he hardly ever bathed but then received Krushchev in his swimming pool where he obliged the Soviet President to join him. Li's revealing account also chronicles Mao's voracious sexual appetite that led to the seduction of thousands of peasant women because he believed in the mythical healing power of sex. Zhisui Li spent more time with Mao than perhaps any other person. He witnessed first-hand the catastrophic events that Mao's dotage and paranoia sparked in a country that revered him as a demi-god. *The Private Life of Chairman Mao* is a landmark biography, as fascinating as it is important to the understanding of modern China, and a must buy for fans of *Wild Swans*.

On My Own Country 1880*

Ebony 2004-01 EBONY is the flagship magazine of Johnson Publishing. Founded in 1945 by John H. Johnson, it still maintains the highest global circulation of any African American-focused magazine.

Sheet Music Kevin Leman 2010-09-28 For married couples and those engaged to be married, *Sheet Music* is a practical guide to sex according to God's plan. In his characteristic style, Kevin Leman addresses a wide spectrum of people, from those with no sexual experiences to those with past sexual problems or even abuse. Using frank descriptions, this book has a warm and friendly tone that will help couples overcome awkwardness in discussing an issue important to all married couples.

God, Desire, and a Theology of Human Sexuality David H. Jensen 2013-01-01 This work of constructive theology examines human sexuality in light of Christian faith and doctrine. Jensen moves beyond the hot-button social debates about sexual orientation and sexual practices to look for healing. The seven

chapters consider Scripture and sex; the connections between the triune, covenantal God and human sexuality; Christ's incarnation and resurrection as affirming the beauty of flesh; eschatology and sexual identity; the ramifications of the Lord's Supper for human sexuality; vocation and Christian callings to marriage, celibacy, and singleness; and sexual ethics.

The Truth About Men and Sex Abraham Morgentaler 2015-03-03

Do men actually fake orgasms? How? And why would they? At the heart of these questions lie provocative new insights into men, sex and relationships that defy society's accepted thinking. The Truth About Men and Sex changes the conversation about male sexual health, introducing the world to sex and relationships from a previously untold point of view.

Your Penis Michel Lenois 2021-02-27 The full book about the little fireman. This is the book you've been waiting for -- an in-depth look at the penis that tells you everything you need and want to know, including the chapter many will turn to first: how to increase the size of your penis, what works and what doesn't. Your Penis is an exhaustive guide to the willy, the dick, the Johnson, examining its anatomy, function, dimensions, familiar problems and cultural significance. There are sections on what mistreatments it is frequently subjected to, how to dress it up, how to make it grow, how to help it age well and what nicknames we've given it (there are over 126!). This book is replete with interesting facts from the human and animal worlds: Did you know that the argonaut octopus has a detachable penis that can swim to the female's mantle in order to fertilize her? That Rasputin's pecker is preserved in formaldehyde at the Museum of Eroticism in Saint Petersburg? That certain foreskins acquired from circumcisions are used in the creation of cosmetic creams? That the penis is quite capable of tanning? Written by a general practitioner from a scientific and medical point of view, but with anecdotes and a little bit of cheeky mischief thrown in, Your Penis gives us improbable stories, fascinating clinical cases and loads of

useful information. Contents of this book include: Penises of the animal world, from snail to elephant Erections -- including nocturnal and post-mortem erections Sizes -- how to measure, what's "normal," and some remarkable penises Increasing the size of the penis -- food supplements, gels, injections, extenders, surgery Erectile dysfunction -- including dysfunction caused by drugs and alcohol and how to fix Circumcision -- for and against Hygiene, piercings and tattoos Aging and the urinary system and prostate Legends of priapism, candiru fish, fractured penis, penis weightlifting

Ebony 2004-01 EBONY is the flagship magazine of Johnson Publishing. Founded in 1945 by John H. Johnson, it still maintains the highest global circulation of any African American-focused magazine.

Keep It Up Florence Comite 2013-10-08 Do You Have Low T? As a man ages, a slow decline takes root that, day to day, is imperceptible. Sometime around age 30, levels of the male hormone testosterone begin to drop each year. One morning he looks in the mirror and sees someone who he doesn't recognize. He's tired-looking, lacks motivation, his belly is sagging over his belt, his mind is foggy, and maybe his sex drive has evaporated. What happened? Oh, you're just getting older, people tell him—even his doctor! Endocrinologist Florence Comite, MD, doesn't believe we should accept aging as is. In fact, she has helped many men to turn around their health for the better. She believes any man can restore his body, mind, and energy; prevent disease; and feel strong, confident, and in control once again. How? By using her Precision Medicine analysis, a highly personalized plan of action designed to combat the decline triggered by the age-related fall in testosterone. This book will show you how to quantify your own health and then make lifestyle changes that will reduce your belly fat and risk of diabetes, revitalize your sex drive and strengthen your erections, and give you more muscle and greater mental agility. Because testosterone

affects all of the above aspects of a man's vitality, Dr. Comite shows readers how the cutting-edge science of hormone optimization for men with low testosterone is an effective way to prevent the disorders of aging.

Ride 'Em Cowgirl! Sex Position Secrets for Better Bucking

Dr. Sadie Allison 2007-10-24 Over 1 Million Copies Sold! Over 100 titillating "point-n-play" illustrations to spice up your lovemaking Discover all the strokes, squeezes & sensations your lover wants (but isn't telling you) Arousing penis thrills to give her ohmigod! orgasms during intercourse Secret touches to set off eye-popping G-spot & HE-spot (prostate) climaxes Learn your own custom-fit with your lover for the most satisfying lovemaking ever! Grab the reigns and enjoy the most erotic ride of your life! A truly modern communication tool, this gem of a book empowers women and men to experience the best lovemaking of their lives. In Ride 'Em Cowgirl!, Dr. Sadie teaches how to enlighten and stimulate your sexual appetite, then reveals new lovemaking angle variations and techniques that set off deep, body-wide orgasms that'll take your breath away! Her secret? Dr. Sadie tailors each position to your body shape together with your lover's body shape, with special attention to your own unique penis-vagina fit. And instead of page after page of impossible pretzel poses, she illustrates over 100 ways to tweak the positions you already love, that'll heighten your lovemaking pleasures. Comfortably! Whether you're just getting started--or you're longtime lovers eager to take the monotony out of monogamy--Dr. Sadie's fun, conversational style and hands-on encouragement will guide you to the romance and passion you crave. You'll instantly see why Dr. Sadie encourages you to read this book together with your lover--in bed!

The Sex-Starved Wife Michele Weiner Davis 2008-01-01 In 2003, bestselling author and relationship expert Michele Weiner Davis' groundbreaking book, *The Sex-Starved Marriage* described the problems that occur in marriage when one spouse is vastly

more interested in sex than the other and more importantly, what the couple could do to fix things. The book created quite a stir, but no one expected what happened next. Weiner Davis was flooded with e-mails, letters, and phone calls from women, not with "headaches" and other predictable excuses for avoiding sex, but from women who were desperately unhappy because their husbands weren't the least bit interested in sex. Nothing these women said or did got their men to understand the pain and isolation that comes from a sexual void, and despite heartfelt pleas, they were unable to convince their husbands to seek professional help. Add to this the unspoken taboo about discussing low libido in men, and these women were left to believe that they were the only ones dealing with this problem. If this sounds like your situation, Weiner Davis wants to tell you that you are not alone, and it is not your fault: there is a whole host of reasons why your husband might be experiencing low desire. Although Weiner Davis explains reasons men lose interest in sex--biological issues, personal troubles, and relationship problems--she's convinced that understanding the cause of a problem won't make your sex life any juicier; doing something about it will. The Sex-Starved Wife gives you the tools you need to present the information in the book so that your husband will not become defensive. You'll even learn methods for overcoming sexual dysfunctions such as performance anxiety, premature ejaculation, and effective ways for dealing with pornography or infidelity. If you and your spouse need additional support, Weiner Davis offers concrete advice on how to get your man to visit his doctor or seek other professional help. When it comes to marriage, Weiner Davis has seen it all. She knows how important loving, satisfying sex is to a healthy marriage. The straightforward, psychobabble-free advice in this book will help you create the intimacy and connection for which you've been longing.

She Comes First Ian Kerner 2019-10-10 Did you know that the clitoris has 8000 nerve endings, twice as many as the penis? Here

is everything you've wondered about the female orgasm and how to make it happen. A witty, well-researched and revealing guide to giving your lover an orgasm every time. More than just foreplay, Ian Kerner argues that oral sex is the key to a great sex life for both partners. Short sections cover philosophy, technique, step-by-step instructions and detailed anatomical information, essential to both beginners and experienced lovers. 'It's time to close the sex gap and create a level playing field in the exchange of pleasure, and cunnilingus is far more than just a means for achieving this noble end; it's the cornerstone of a new sexual paradigm, one that exuberantly extols a shared experience of pleasure, intimacy, respect and contentment. It's also one of the greatest gifts of love a man can bestow upon a woman.' Ian Kerner

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